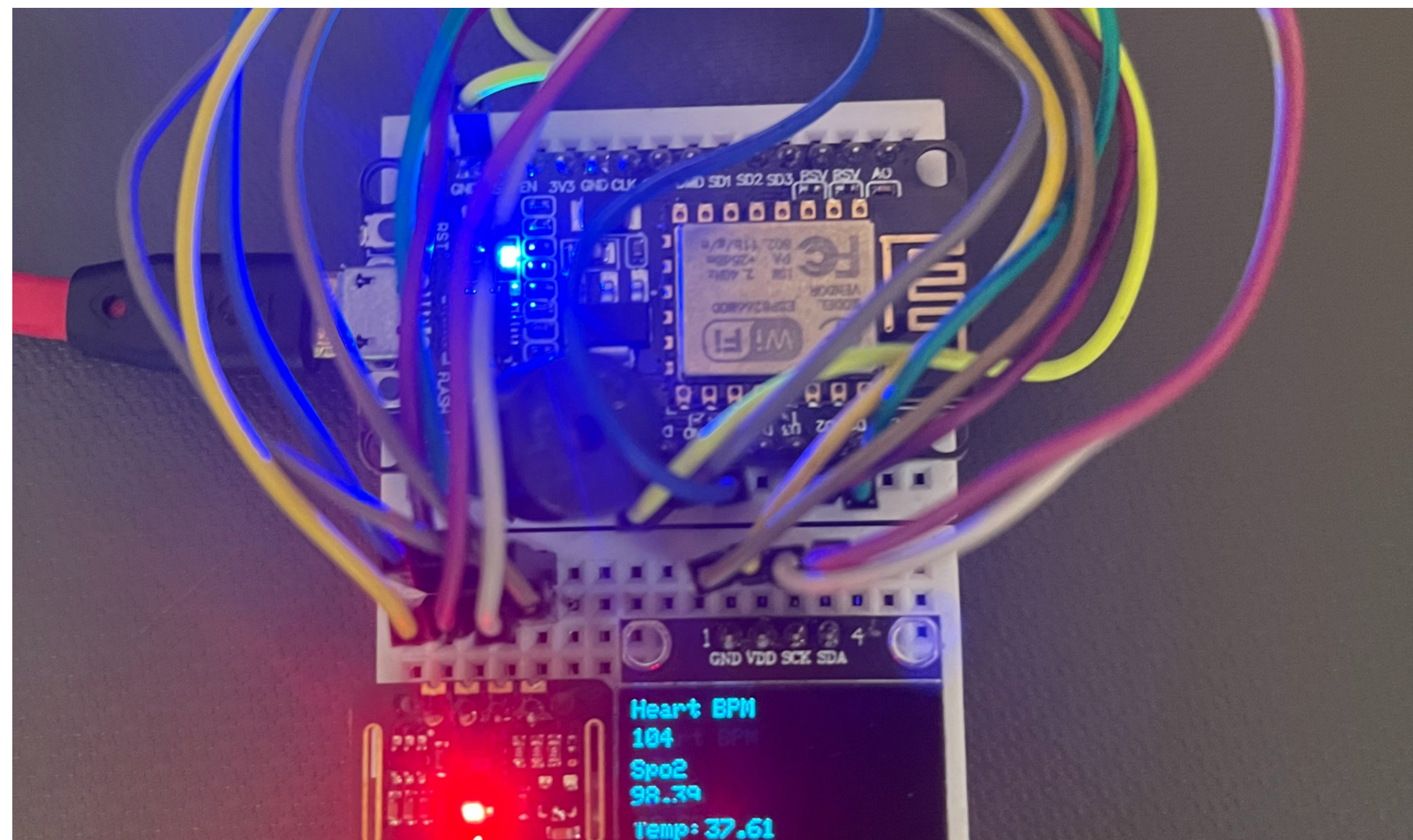




# Heart Rate and SpO2 Monitoring System with Automated Excel Reporting



### 01. Introduction

- Blood oxygen monitoring, heart rate monitoring, and temperature monitoring are all important in healthcare.
- Blood oxygen monitoring involves measuring the oxygen saturation level in a person's blood, which is a critical indicator of respiratory function.
- Heart rate monitoring involves measuring the number of times a person's heart beats per minute, which is a critical indicator of cardiovascular function.
- All Two monitoring techniques can help diagnose and monitor a wide range of medical conditions, and are important tools for healthcare professionals in providing effective treatment and care to patients.

### 03. ESP32 TO GOOGLE SHEETS

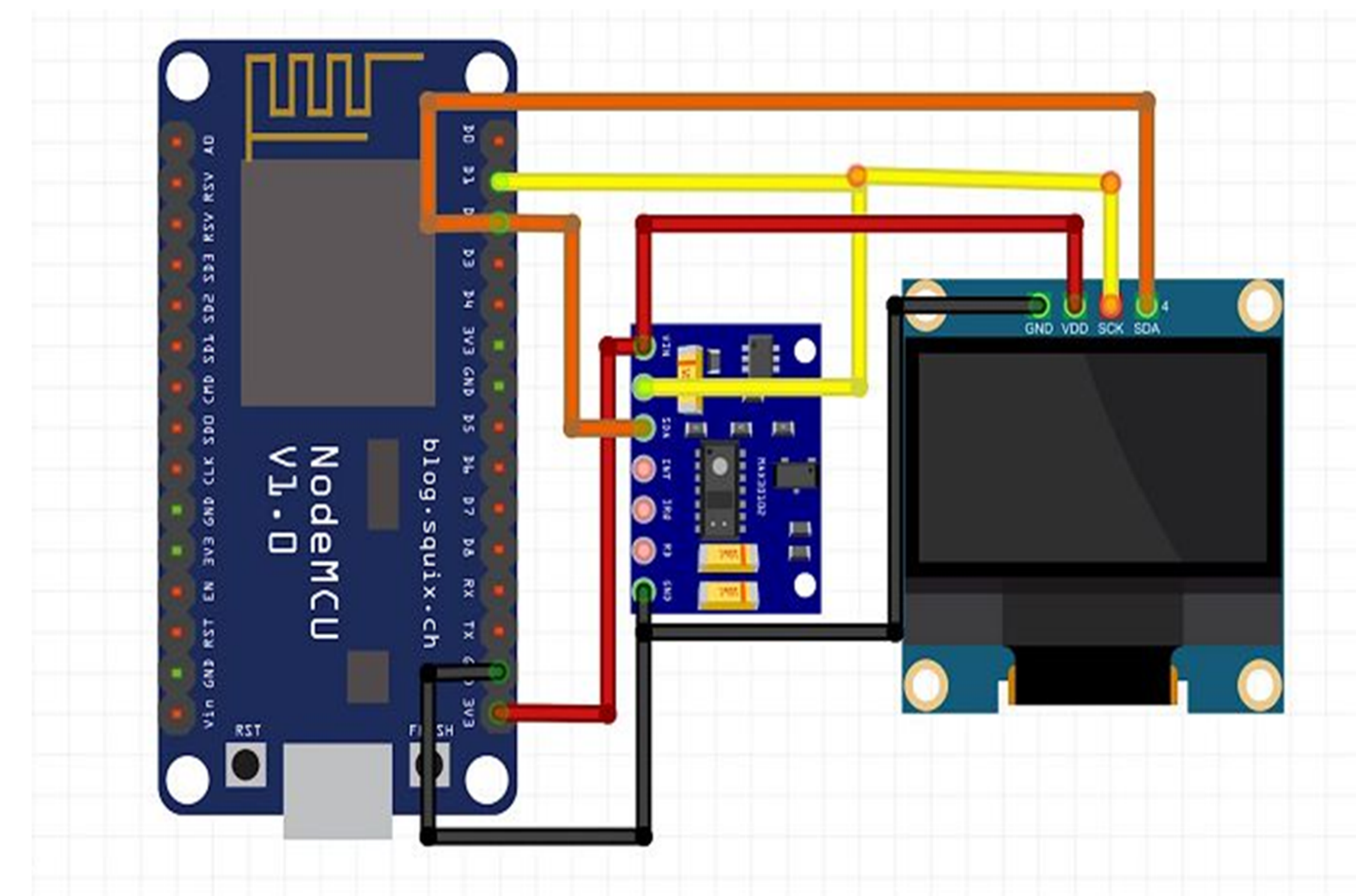
- Google Sheets come to play as these are free, familiar, and most importantly reliable.
- It has a lot of functionalities and built-in integration with many other Google services and APIs.
- We can use this for many IoT applications from simple data logging to live monitoring and management of IoT devices.



- Steps to create data logger using google spreadsheet.
1. Create a new Google Sheet.
  2. Create a header row for your data.
  3. Create a Google Script.
  4. Deploy the script as a web app.
  5. Update your ESP32 code to send data to the Google Sheet.

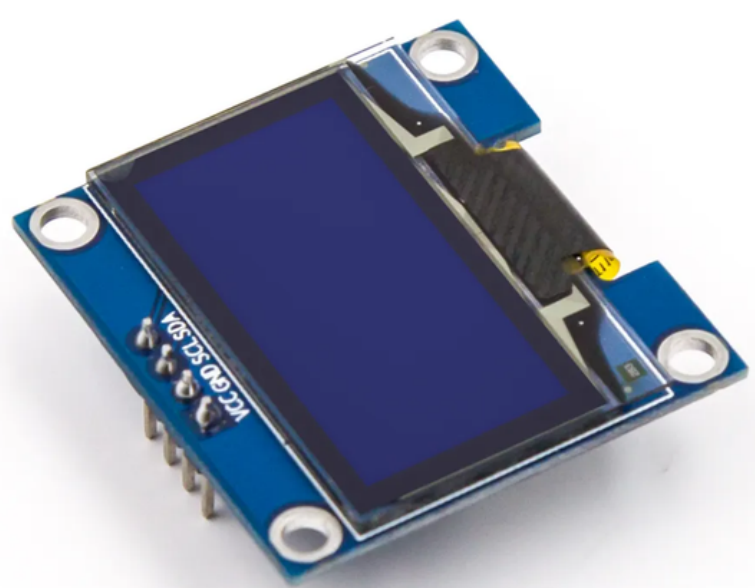
### 02. System Components

- ESP 8266
- MAX 30102
- OLED DISPLAY (0.98 INCHES)
- BREADBOARD
- JUMPER WIRES
- SPEAKER



### 03. Advantages

- Early Detection of Medical Conditions
- Non-Invasive
- monitor blood oxygen levels and heart rate using wireless devices.
- Cost-Effective

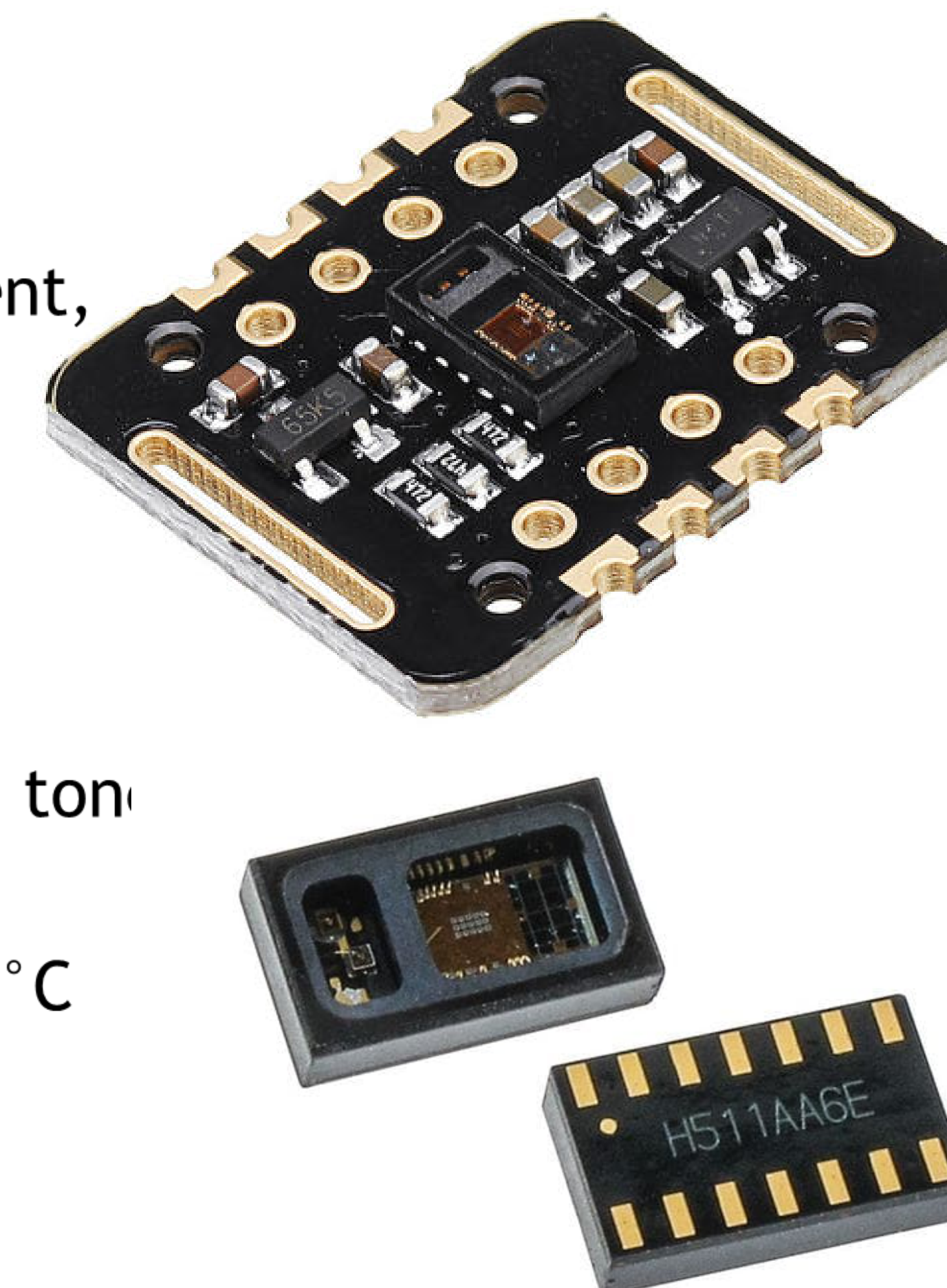


### 04. Disadvantages

- False Readings
- Technical Difficulties
- Privacy Concerns

### 04. MAX 30102

- Operating voltage: 1.8V to 5.5V
- Integrated photodiode and LED driver
- Low-power operation: 600 nA standby current, 4.4 mA active current
- Two LEDs for emitting light and one photodetector for measuring light intensity
- Digital output (I2C interface)
- Adjustable LED brightness for different skin ton and ambient light conditions
- Operating temperature range: -40°C to +85°C
- Size: 5mm x 6.4mm x 1.5mm



### 06. Applications

- Medical Settings
- Sports and Fitness
- Aviation and Aerospace
- Military and Defense

