Advanced Topics in Biostatistics 2020/21:

Multiple Linear Regression

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- Revision: ANOVA
- Introduction: Simple linear regression
- Multiple linear regression
 - Estimation of the coefficients
 - Model diagnostics: Assumptions Checking
 - Model diagnostics: Multicollinearity
 - Variable selection
- Conclusions and Outlook

Revision

Prostate volume is typically related to age ...

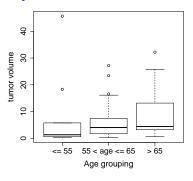
Subject	tumor volume	Age grouping		
1	0.6	≤ 55		
2	0.4	≤ 5 5		
:	i:	i:		
11	2.1	$55 < age \leq 65$		
12	1.3	$55 < age \leq 65$		
:	i:	i:		
55	4.4	> 65		
56	4.7	> 65		

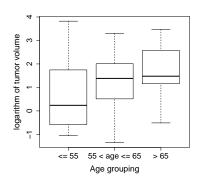
Recall: Differences between two or more groups:

Is there a difference in mean tumor volume with respect to age?

→ Apply One-way ANOVA

One-way ANOVA





 H_0 : Age grouping has no effect on mean tumor volume.

$$F_{treat} = rac{variation\ between\ groups}{variation\ within\ groups} = rac{3.9}{1.3} = 2.9 \qquad \hookrightarrow \quad p = 0.057 \quad ext{(F-test)}$$

 \hookrightarrow Test result does not contradict H_0 ...

Simple linear regression

Does age effect the tumor volume?

$$log.vol = \beta_0 + \beta_1 \cdot age + \varepsilon$$

$$\downarrow 0 \quad \downarrow 0 \quad \downarrow$$

 H_0 : $\beta_1 = 0$: Age has no effect on tumor volume.

Can the effect of age be adjusted for other potential factors?

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Dataset: Prostate tumor volume

Data from n = 97 men who are supposed to undergo prostatectomy:

```
lcavol lweight age 1bph
   vol
                                           1cp
                                                  lpsa
                                                           age.group
17 0.66 -0.4155154
                  3.5160 70
                              1.244155 -0.59784 1.47018
                                                                > 65
18 9.86 2.2884862
                  3.6494 66 -1.386294
                                       0.37156 1.49290
                                                                > 65
19 0.57 -0.5621189 3.2677 41 -1.386294 -1.38629 1.55814
                                                               <= 55
20 1.20 0.1823216 3.8254 70
                             1.658228 -1.38629 1.59939
                                                                > 65
21 3.15 1.1474025 3.4194 59 -1.386294 -1.38629 1.63900 55 < age <= 65
22 7.84 2.0592388 3.5010 60 1.474763 1.34807 1.65823 55 < age <= 65
```

- vol tumor volume
- lcavol: tumor volume on log scale
- lweight: prostate weight on log scale
- age: age
- 1bph: benign prostatic hyperplasia amount on log scale
- 1cp: capsular penetration on log scale
- lpsa: prostate specific antigen on log scale
- age.group: age grouping

Motivation

Goal: model the relationship between the *response variable* tumor volume and the *predictors* prostate weight,age, benign prostatic hyperplasia, capsular penetration, prostate specific antigen

Model	Reponse Variable	Predictors		
Linear Regression	continuous	continuous, categorical		
Logistic Regression	binary	continuous, categorical		
Cox PH regression	survival times	continuous, categorical		

If predictors are categorical with more than two levels, use *dummy* variables:

- Sigma Plot: Analysis -> Statistical -> Dummy Variables
- R: as.factor()

Reminder: Simple linear regression

Model for the relationship between the response variable and *one* predictor variable (e.g. age).

$$Y_i = \beta_0 + \beta_1 \cdot X_i + \varepsilon_i, \quad i = 1, \dots, n$$

$$\text{Variables} = \begin{cases} Y_i &= \text{ observations of the response variable} \\ X_i &= \text{ observations of the predictor variable} \\ \varepsilon_i &= \text{ residuals} \end{cases}$$

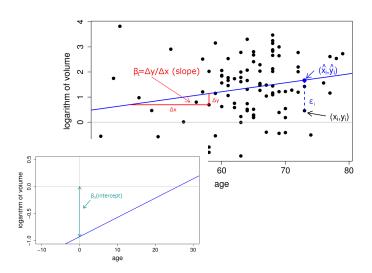
$$\text{Parameters} = \begin{cases} \beta_0 &= \text{ intercept} \\ \beta_1 &= \text{ slope} \end{cases}$$

Questions:

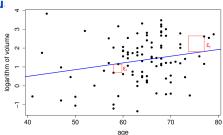
- \hookrightarrow Estimate coefficients β_0 , β_1 .
- \hookrightarrow Is there an effect of the predictor on the response?, e.g.: Test for

$$H_0: \beta_1 = 0$$

Scatterplot and the regression line



Ordinary least squ



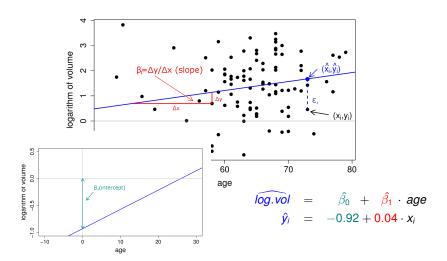
Estimate β_0 , β_1 , such that the sum of the squared residuals (residual = $\varepsilon_i = \hat{Y}_i - Y_i$) is minimized:

$$\sum_{i=1}^{n} (Y_i - \underbrace{(\beta_0 + \beta_1 \cdot X_i)})^2 \stackrel{!}{=} min$$

 \hookrightarrow The *least squares estimators* $\widehat{\beta}_0$, $\widehat{\beta}_1$ of β_0 , β_1 are

$$\widehat{eta}_1 = rac{\sum (X_i - \bar{X})(Y_i - \bar{Y})}{\sum (X_i - \bar{X})^2}$$
 and $\widehat{eta}_0 = \bar{Y} - \widehat{eta}_1 \cdot \bar{X}$

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$$H_0: \beta_1 = 0: \hookrightarrow t = \frac{\hat{\beta_1}}{se(\hat{\beta_1})} = \frac{0.036}{0.016} = 2.25 \quad \hookrightarrow p = 0.027 \quad (Wald - test)$$

Univariable model finds a significant effect of age on tumor volume.

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Multiple linear regression

To model the joint influence of two or more predictor variables, repeated simple linear regressions are not appropriate:

- The combination of two or more variables usually gives a better prediction for the response than considering these variables separately (age and sex of a child predicts height better than just age or sex)
- Correlation Structure is neglected ⇒ Spurious Correlations (Social Status may be significant for lung cancer in a simple linear regression, but not significant when adjusting for smoking)

Multiple Linear regression enables us to

- Find the best linear prediction for the response using a set of predictor variables
- Test if a predictor variable shows a significant effect on the response variable adjusted for the other predictor variables

Multiple linear regression

Model equation:

$$Y_i = \beta_0 + \beta_1 \cdot X_{1,i} + \beta_2 \cdot X_{2,i} + \ldots + \beta_K \cdot X_{K,i} + \varepsilon_i, \quad i = 1, \ldots, n$$

$$\begin{aligned} & \text{Variables} = \begin{cases} Y_i & = \text{ observations of the response variable} \\ X_{1,i}, \dots, X_{K,i} & = \text{ observations of the K predictor variables} \\ \varepsilon_i & = \text{ residuals} \end{cases} \\ & \text{Parameters} = \begin{cases} \beta_0 & = \text{ regression coefficient for intercept} \\ \beta_1, \dots, \beta_K & = \text{ regression coef. for predictor } X_1 \text{ to } X_K \end{cases} \end{aligned}$$

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Estimation of the regression coefficients

Least squares estimation (analogously to simple linear regression)

$$\sum_{i=1}^{n} (Y_i - \underbrace{(\beta_0 + \beta_1 \cdot X_{1,i} + \ldots + \beta_K \cdot X_{K,i})^2}_{= \hat{Y}_i} \stackrel{!}{=} min$$

 $\hookrightarrow \hat{\beta} = (\hat{\beta}_0, \hat{\beta}_1, \dots, \hat{\beta}_K)$: Least squares estimator (LS-estimator)

Assumptions of multiple linear regression

- Linear relationship between the response and the predictor variables
- **2.** The errors $\varepsilon_1, \ldots, \varepsilon_n$
 - 2.1 are uncorrelated
 - 2.2 are normally distributed
 - **2.3** have the same variance (*homoscedasticity*)

These assumptions are required to ensure, that

- the choice of a linear regression model is correct
- the test statistics (see later on) are appropriate to test for the significance of the regression coefficients

What might happen, if assumptions are violated:

Wald-test on volume:	V	Vald-test o	n log-transfo	ormed vo	lume:
Coefficients: Estimate Std. Error t value (Intercept) 4,38065 6,98126 0,627		Estimate	Std. Error		
age 0.04103 0.10858 0.378		0.03562	0.01583		

Dataset: Prostate tumor volume

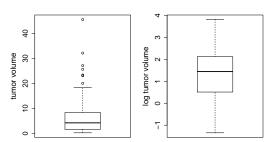
Data from n = 97 men who are supposed to undergo prostatectomy:

```
lcavol lweight age
                                  1bph
                                                   lpsa
                                                            age.group
17 0.66 -0.4155154 3.5160 70
                               1.244155 -0.59784 1.47018
                                                                 > 65
18 9.86 2.2884862 3.6494 66 -1.386294
                                        0.37156 1.49290
                                                                 > 65
19 0.57 -0.5621189 3.2677 41 -1.386294 -1.38629 1.55814
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- age.group: age grouping

Data Transformation

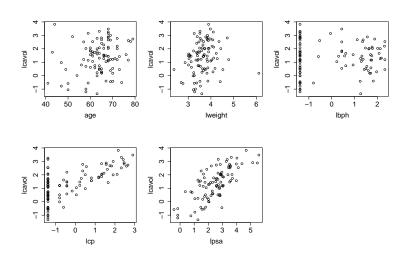
- It is often advisable to transform the responses Y_i (and continuous predictors...) to eliminate skewness.
- If the distributon of the Y_i 's is skewed, the errors ε_i are unlikely to be normally distributed (Assumption 2.2).



Assumptions of multiple linear regression

- Linear relationship between the response and the predictor variables
- **2.** The errors $\varepsilon_1, \ldots, \varepsilon_n$
 - 2.1 are uncorrelated
 - 2.2 are normally distributed
 - **2.3** have the same variance (*homoscedasticity*)

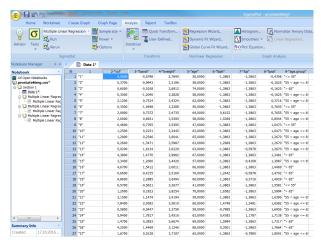
Check the linear relationship



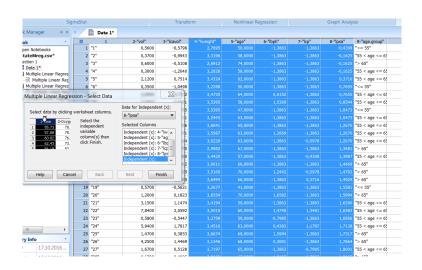
Run Multiple Linear Regression

R:lmfit <- lm(lcavol~lweight+age+lbph+lcp+lpsa,data=dat)

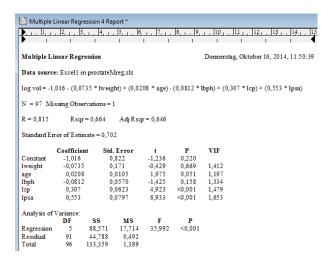
Sigmaplot:



Run Multiple Linear Regression



Results of Multiple Linear Regression



Interpretation of the results

Model:

$$lcavol = -1,016 - (0,0735 * lweight) + (0,0208 * age) - (0,0812 * lbph) + (0,307 * lcp) + (0,553 * lpsa)$$

Regression coefficients:

- Positive effects of age, 1cp and 1psa (higher psa ⇒ higher tumor volume)
- Negative effects of lweight and lbph (higher prostate weight ⇒ lower tumor volume)

Tests:

- The effects of lweight, age and lbph are not significant
- 1cp and 1psa are significant
- age is close to significance and may be worth further investigations

 $R_{\it adjust}^2 = 0.664$: two thirds of the variance in the data is explained by the above regression model.

Model diagnostics

Variance decomposition in the linear regression model:

$$\underbrace{\sum (Y_i - \bar{Y})^2}_{SS_{total}} = \underbrace{\sum (\hat{Y}_i - \bar{Y})^2}_{SS_{regression}} + \underbrace{\sum (Y_i - \hat{Y}_i)^2}_{SS_{error}}$$

SS = Sum of Squares

The multiple coefficient of determination R2

$$R^2 = \frac{SS_{regression}}{SS_{total}}$$

- is a measure for the model fit.
- returns the proportion of variance in the data, which is explained by the regression model.
- For K = 1, R^2 equals the squared Pearson correlation ρ^2 .

Model diagnostics

Problem: R^2 always increases when adding predictor variables to the model, even when these predictors are independent of the response.

 \hookrightarrow A model with 10 predictors tends to have a larger R^2 than a model with 4 predictors, even if the 6 additional variables have nothing to do with the reponse.

The adjusted coefficient of determination

$$R_{adjust}^2: 1-(1-R^2)\left(\frac{n-1}{n-p}\right)$$

adjusts for this effect.

- Linear relationship between the response and the predictor variables
- **2.** The errors $\varepsilon_1, \ldots, \varepsilon_n$
 - 2.1 are uncorrelated
 - 2.2 are normally distributed
 - **2.3** have the same variance (*homoscedasticity*)

Correlation of the residuals $\varepsilon_1, \dots, \varepsilon_n$ is rarely a problem.

Possible sources of Correlation:

- Different observations correspond to measurements of the same patient
- Unobserved groups (patients from the same family...)

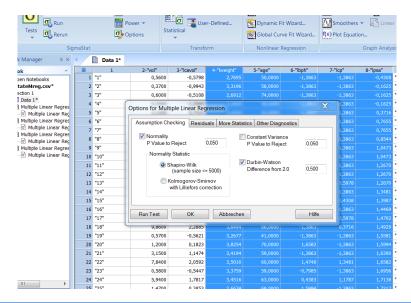
Tools/Tests:

Durbin-Watson Test

- Linear relationship between the response and the predictor variables
- **2.** The errors $\varepsilon_1, \ldots, \varepsilon_n$
 - 2.1 are uncorrelated
 - 2.2 are normally distributed
 - **2.3** have the same variance (*homoscedasticity*)

Tests:

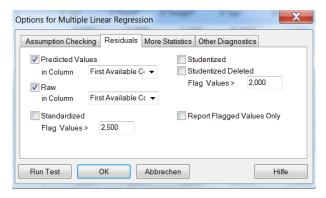
- Shapiro-Wilk / Kolmogorov-Smirnov Test (Normality)
- Tests for Constant Variance

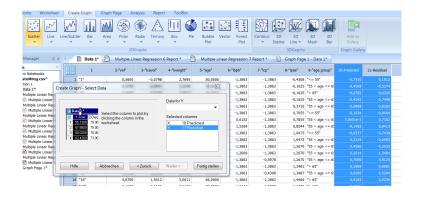


Column SSIncr SSMarg
"lweight" 5,026 0,0907
"age" 4,025 1,919
"lbph" 1,639 0,999
"lcp" 54,221 11,930
"lpsa" 23,660 23,660
The dependent variable "lcavol" can be predicted from a linear combination of the independent variables:
"lweight" 0.669
"age" 0,051
"lbph" 0,158
"lcp" <0,001
"lpsa" <0.001
1psa 40,001
Not all of the independent variables appear necessary (or the multiple linear model may be underspecified). The following appear to account for the ability to predict "lcavol" ($P < 0.05$): "lcp" , "lpsa"
Durbin-Watson Statistic = 2,354 Passed
Normality Test (Shapiro-Wilk) Passed (P = 0,349)
Constant Variance Test: Failed (P = 0,013)
Power of performed test with alpha = 0,050: 1,000

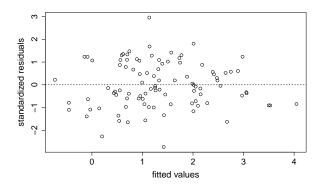
Tests are often overly sensitive for the requirements of linear regression.

- → Additionally use graphical graphical tools
- \hookrightarrow Plot residuals ε_i vs. fitted values \hat{Y}_i





Residual vs. fitted plot for the full model



Can be used to ...

- Check variance homogeneity: If standardized residuals are homoscedastic and the linear regression model is correct, then the residuals spread equally around 0.
- Check linear relationship between predictors and response variable

Residual vs. fitted plot

Faraway, J.J. (2005). Linear models with R

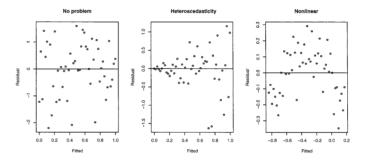


Figure 4.1 Residuals vs. fitted plots—the first suggests no change to the current model while the second shows nonconstant variance and the third indicates some nonlinearity, which should prompt some change in the structural form of the model.

Model diagnostics: Futher reading

Further Plots for Assumption Checking:

- Q-Q-Plot (Normality)
- Scale-Location (homoscedasticity)

Tools for detecting influential observations/outliers:

- Residuals vs. Leverage Plot
- Cook's Distance
- dfbetas

Model Diagnostic Plots (Res vs. Fitted, Q-Q etc.) in R:lmfit <- lm(lcavol~lweight+age+lbph+lcp+lpsa,data=dat) plot(lmfit)

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Model diagnostics: Multicollinearity

- Multicollinearity occurs when two or more of the predictors are highly correlated
- This phenomenon leads to a high variance of the estimators $\hat{\beta}_i$

The variance inflation factor

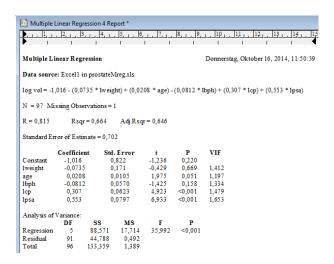
 VIF_i

is the factor by which the variance of $\hat{\beta}_i$ is increased compared to the case, where X_i is uncorrelated with the other predictors.

Rules of Thumb:

- VIF_i > 4 → There may be a problem with multicollinearity
- VIF_i > 10 → There is a severe problem with multicollinearity

Model diagnostics: Multicollinearity



Model diagnostics: Multicollinearity

Possible Reasons for multicollinearity:

- Highly correlated predictors (bmi and weight)
- Two variables represent transformations of the same quantity (bph and log(bph))

	Coefficient	Std. Error	t	P	VIF
Constant	-0,857	0,829	-1,034	0,304	
lweight	-0,160	0,184	-0,867	0,388	1,642
age	0,0198	0,0105	1,879	0,064	1,204
lbph	-0,227	0,130	-1,750	0,084	6,972
1cp	0,321	0,0631	5,082	<0,001	1,527
1psa	0,557	0,0796	7,002	<0,001	1,656
bph	0,0860	0,0688	1,251	0,214	8,010

If possible, avoid multicollinearity by selecting only one of two highly correlated predictors before running the multiple linear regression.

Variable selection

Reasons for variable selection:

- Number of observations low compared to number of variables (< 10 observations per variable)
- High multicollinearity between the predictors
- Desire to obtain a simple model (for scores etc.)

If possible, select the variables before running the multiple linear regression using expert knowledge/literature.

Drawbacks of variable selection:

- Overfitting (model may depend heavily on the specific dataset)
- Test statistics of the reduced model do not account for variable selection and can not be used

Variable selection

DO NOT:

- just select variables which are significant in a simple (univariable) regression model
- report only the estimators and p-values of the significant predictors!

There is nothing wrong with non-significant predictors!

SINCE:

- If the true model is multivariable, a univariable model does not correctly estimate the effect, the p-values and parameters estimates are wrong!
- If the true model is univariable, a multivariable correctly estimates the effect (but with higher variance).

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Variable Selection

Forward Selection:

- Start with an empty model
- In every step, add the predictor which yields the largest improvement of the fit
- Stop, when the fit can no longer be considerably improved

Backward Selection:

- Start with the full model
- In every step, remove the predictor which yields the smallest decline of the fit
- Stop, when the fit is considerably worsened

Variable Selection

Recommendation:

- Run forward selection and backward selection
- If both methods result in the same model, this choice can be considered as sufficiently robust



Results: Forward Selection

Analysis of Variance:

 Group
 DF
 SS
 MS
 F
 F

 Regression
 2
 86,081
 43,040
 85,575
 <0,001</td>

 Residual
 94
 47,278
 0,503

Variables in Model

Group	Coef.	Std. Coeff.	Std. Error	F-to-Remov	ve P
Consta	nt0,0913		0,205		
"lcp"	0,328	0,390	0,0619	28,119	<0,001
"lpsa"	0,532	0,521	0,0750	50,229	<0,001

Variables not in Model

 Group
 F-to-Enter
 F

 "lweight"
 0,262
 0,610

 "age"
 2,092
 0,151

 "lbph"
 1,126
 0,291

Summary Table

Step#		Vars. Removed R	RSqr	Delta RSqr	Vars in Model
1	"1psa"	0,734	0,539	0,539	1
2	"lcp"	0,803	0,645	0,106	2

The dependent variable "lcavol" can be predicted from a linear combination of the independent variables:

"lcp" <0,001

"lpsa" <0,001

Results: Backward Selection

```
Step 3: Column E Removed
R = 0.803
               Rsqr = 0.645
                                Adj Rsqr = 0.638
Standard Error of Estimate = 0.709
Analysis of Variance:
Group
                      SS
                                MS
                                         85,575
                                                   < 0.001
Regression
                     86,081
                               43,040
Residual
                     47.278
                                0.503
Variables in Model
Group
           Coef.
                      Std. Coeff.
                                      Std. Error
                                                   F-to-Remove
Constant
            0,0913
                                        0,205
1cp
           0,328
                         0.390
                                        0.0619
                                                       28,119
                                                                    < 0.001
losa
            0.532
                         0.521
                                        0.0750
                                                       50.229
                                                                    < 0.001
Variables not in Model
Group
          F-to-Enter
              0.262
lweight
                         0.610
              2,092
                         0.151
age
              1,126
                         0.291
lbph
Summary Table
                                                     RSqr
Step #
          Vars, Entered
                           Vars. Removed
                                                               Delta RSqr
                                                                              Vars in Model
                             1weight
                                             0.815
                                                      0,663
                                                                 0,663
                                             0.808
                                                      0.653
                                                                 -0.0102
                                   lbph
                                             0.803
                                                      0.645
                                                                 -0.00780
The dependent variable can be predicted from a linear combination of the independent variables:
             P
          < 0.001
1cp
1psa
           < 0.001
```

The following variables did not significantly add to the ability of the equation to predict Column C and were not included in the final equation: I weight age lbph

Subset of two predictors:

Variables i	n Model	Rsqr=0.64			
Group	Coef.	Std. Coeff.	Std. Error	F-to-Remove	P
Constant	0,0913		0,205		
1cp	0,328	0,390	0,0619	28,119	<0,001
1psa	0,532	0,521	0,0750	50,229	<0,001

The above subset shows a similar fit as the full model:

R = 0,815	R sqr = 0	664 AdjRso	qr = 0,646		
Standard E	rror of Estimate	= 0,702			
	Coefficient	Std. Error	t	P	VIF
Constant	-1,016	0,822	-1,236	0,220	
lweight	-0,0735	0,171	-0,429	0,669	1,412
age	0,0208	0,0105	1,975	0,051	1,197
1bph	-0,0812	0,0570	-1,425	0,158	1,334
1cp	0,307	0,0623	4,923	<0,001	1,479
1psa	0,553	0,0797	6,933	<0,001	1,653

- Always additionally report the results for the full model.
- The p-values of the Wald Tests in the reduced model are wrong.

Conclusions/Guideline

- Always visualise your data first!
- 2 Eventually transform response variables (and continuous predictors) to eliminate skewness
- 3 Check if your model contains highly correlated predictors (e.g bmi and weight, psa and log(psa)). Only keep one of the respective variables
- 4 Run the multiple linear regression.
- 6 Check assumptions using tests (Shapiro-Wilk...) and graphical tools (Residuals vs. Fitted Plot)
- 6 Check for multicollinearity (and outliers/influential observations)
- Interpret the regression coefficients and the corresponding test results (Wald-test).

Your are very welcome to contact us ...

Get statistical support:

Outlook:

21 Oct 2020: Logistic regression

Model	Reponse Variable	Predictors
Linear Regression	continuous	continuous, categorical
Logistic Regression	binary	continuous, categorical
Cox PH regression	survival times	continuous, categorical