

The structure of
laser pulses

The structure of laser pulses

Pulse characteristics

- Temporal and spectral representation
- Fourier transforms
- Temporal and spectral widths
- Instantaneous frequency
- Chirped pulses

Gaussian and chirped Gaussian pulses

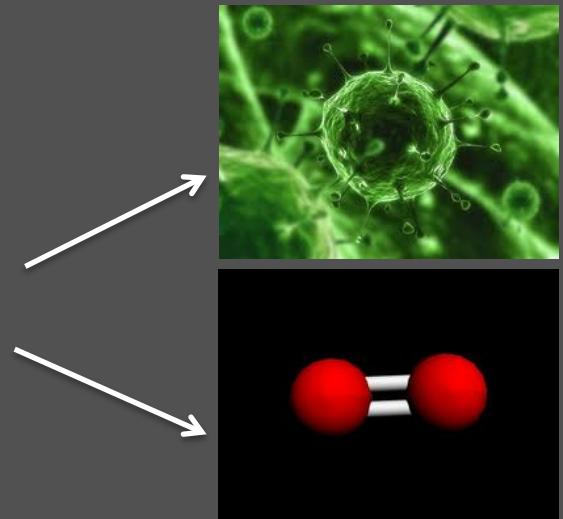
- Temporal properties
- Spatial properties
- Linear systems and filters
- The chirp filter

Why pulsed lasers?

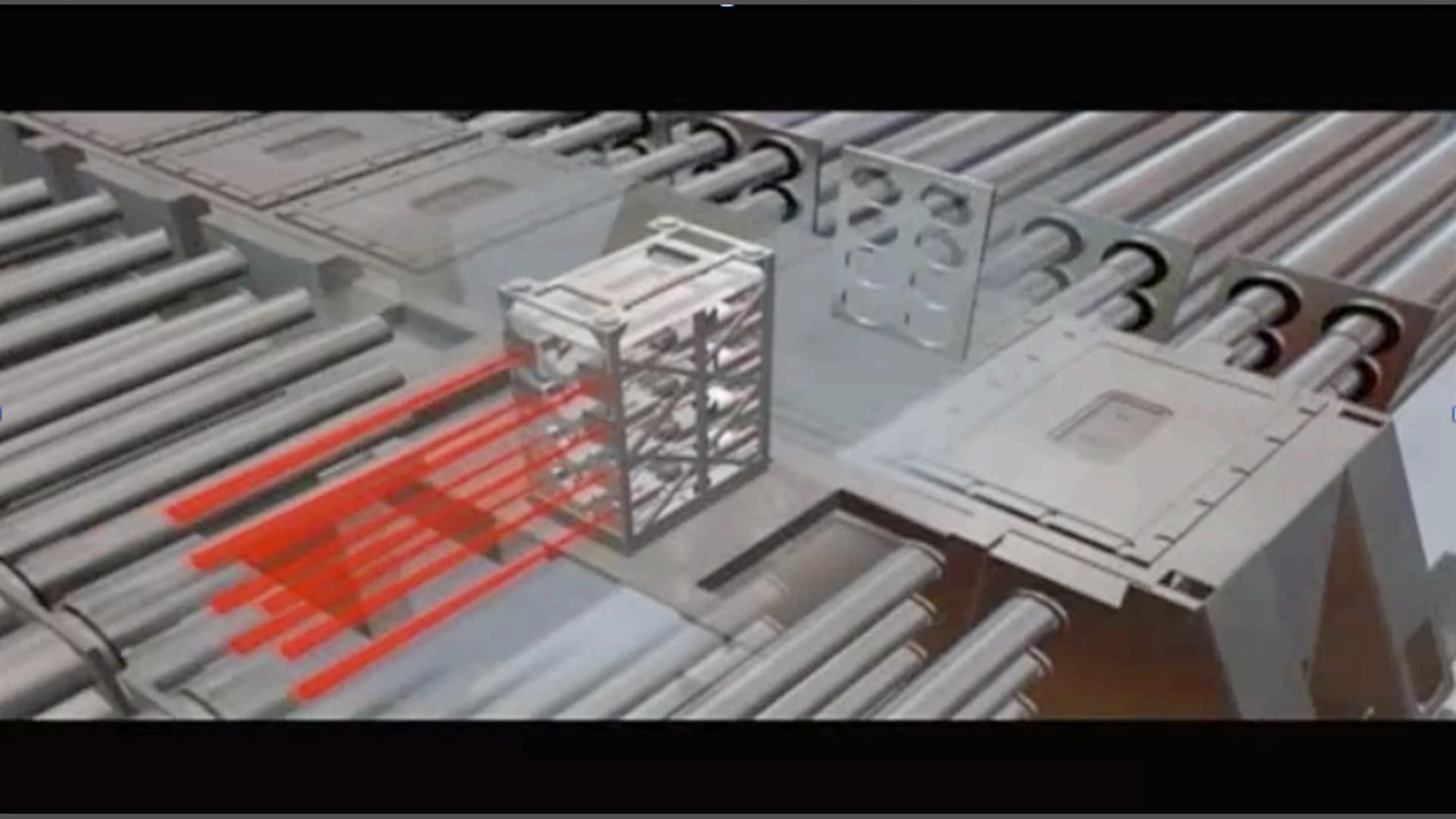
$$\text{Power} = \text{Energy} / \text{time}$$

Concentrating the optical energy in a (short) pulse increases the power of the laser.

1 μs	microsecond	10^{-6} s	0.3 km
1 ns	nanosecond	10^{-9} s	0.3 m
1 ps	picosecond	10^{-12} s	0.3 mm
1 fs	femtosecond	10^{-15} s	0.3 μm
1 as	attosecond	10^{-18} s	0.3 nm

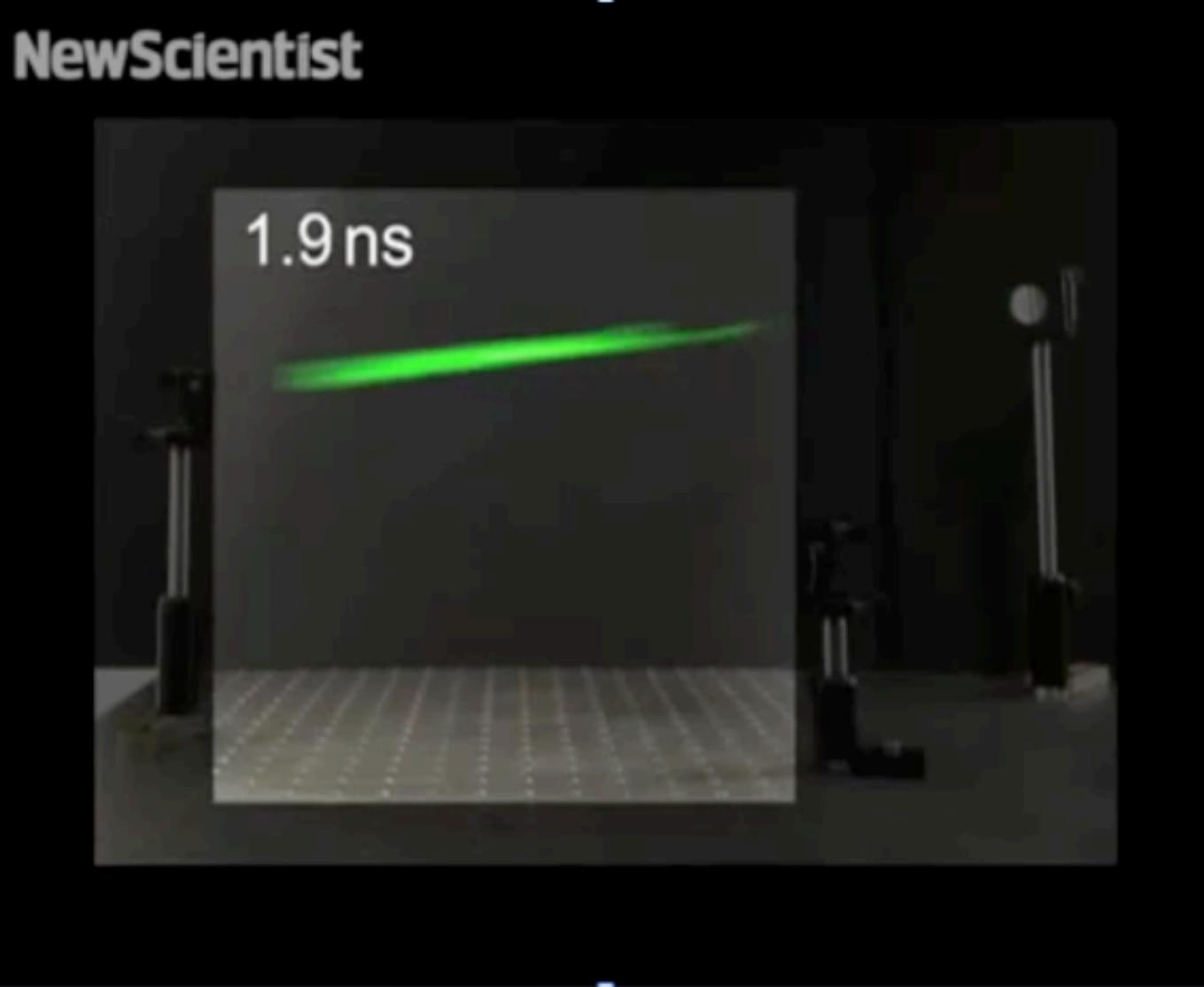


Ultrashort laser pulses are the shortest events produced by mankind



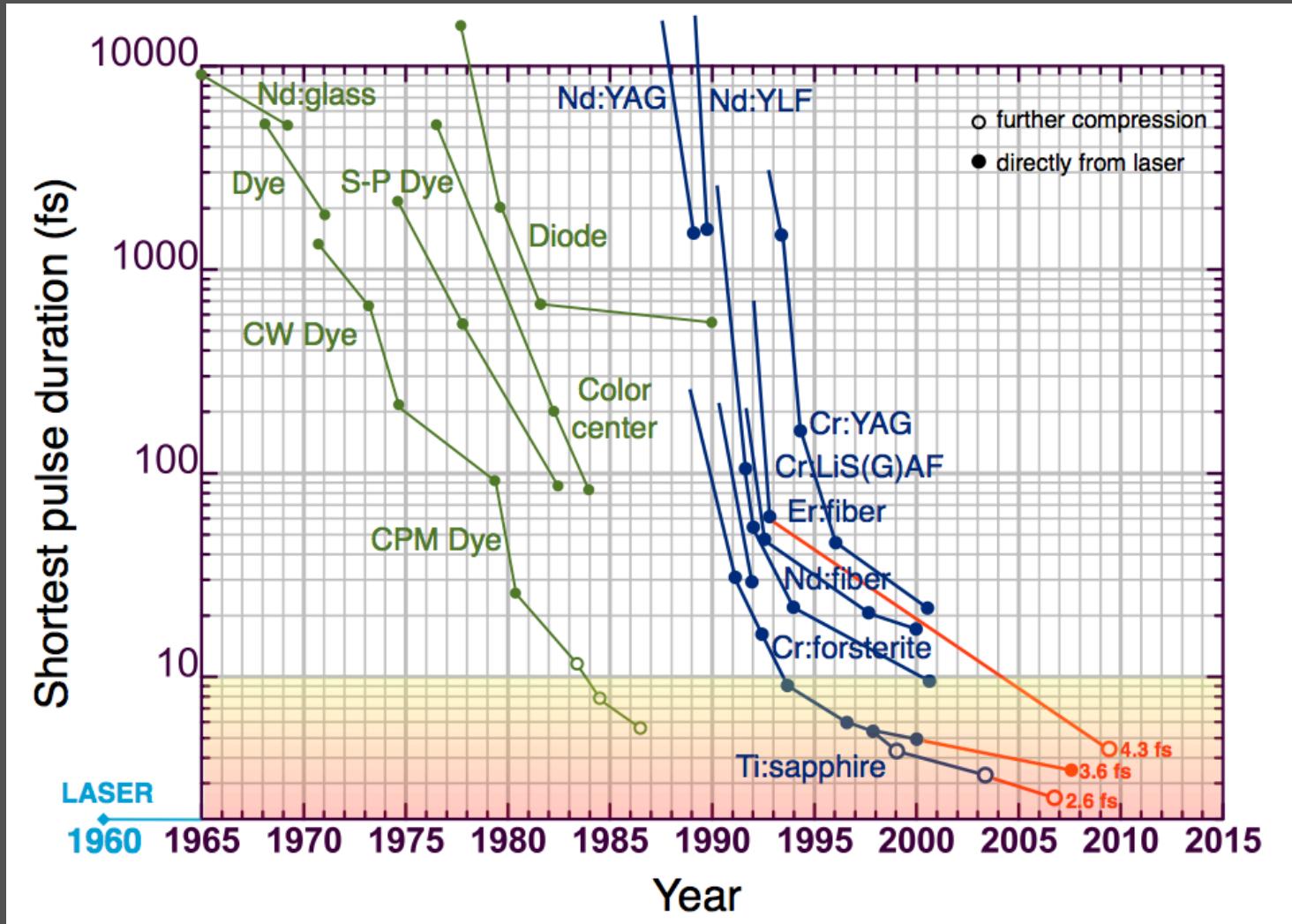
<https://lasers.llnl.gov/media/video-gallery>

NewScientist



<https://youtu.be/Uq0H4-nvBB8>

Progress in short-pulse generation



How to represent a basic optical pulse?

1. Choose the **central frequency** ν_0

$$\exp(i2\pi\nu_0 t) = \exp(i\omega_0 t)$$

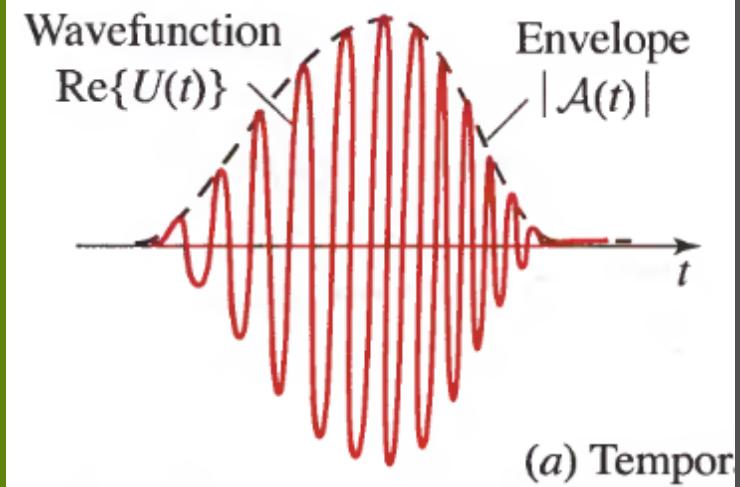
2. Define the **complex envelope** $A(t)$

$$A(t) = |A(t)| \exp[i\varphi(t)]$$

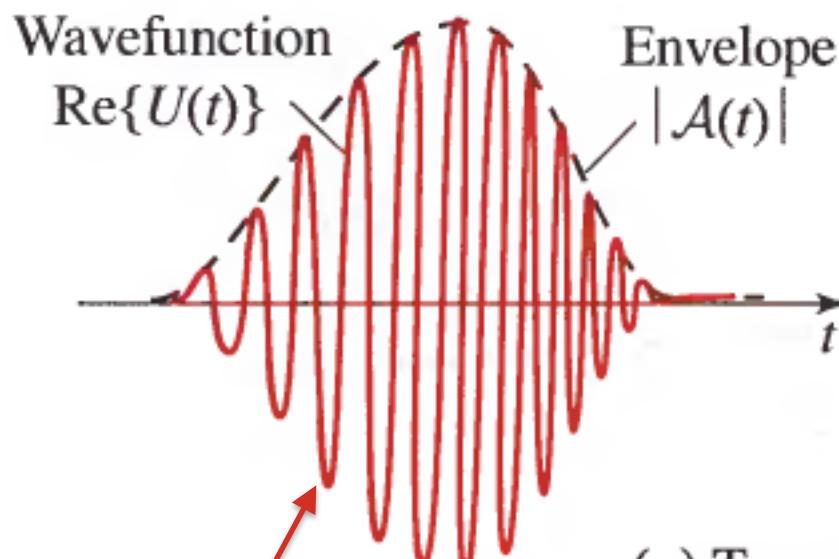
↑ ↑
amplitude phase

3. Multiply them

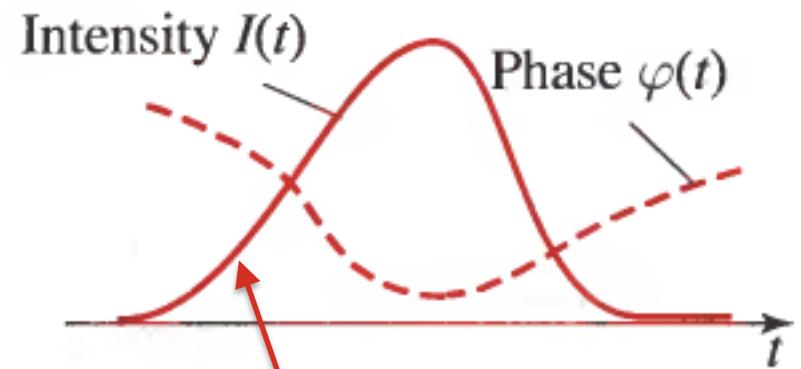
$$\begin{aligned} U(t) &= A(t)e^{i\omega_0 t} \\ &= |A(t)|e^{i(\omega_0 t + \varphi(t))} \end{aligned}$$



Temporal representation of an optical pulse



$$\text{Re}\{U(t)\} = |A(t)| \cos[\omega_0 t + \varphi(t)]$$



$$I(t) = |U(t)|^2 = |A(t)|^2$$

Intensity and types of pulses

The usual definition applies:

$$I(t) = |U(t)|^2 = |A(t)|^2$$

Some frequent types of laser pulses (τ is called the **width**):

Gaussian

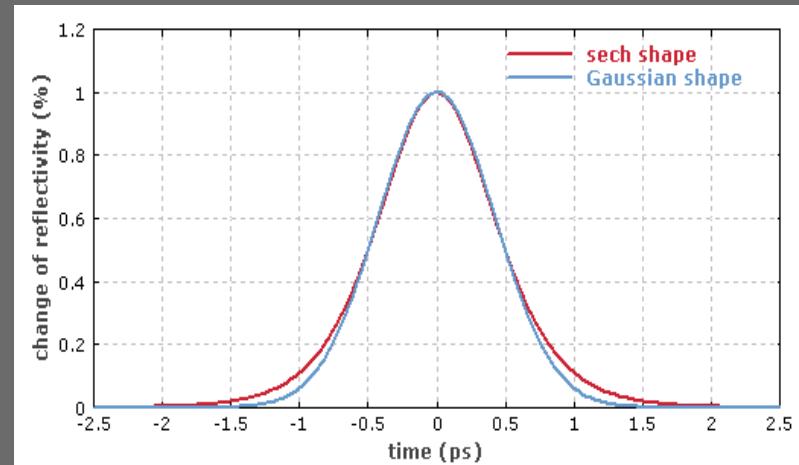
$$I(t) \propto \exp\left(-2t^2 / \tau^2\right)$$

Lorentzian

$$I(t) \propto \frac{1}{1 + t^2 / \tau^2}$$

Hyperbolic secant

$$\begin{aligned} I(t) &\propto \operatorname{sech}^2(t / \tau) \\ &= \left(\frac{2}{e^{t/\tau} + e^{-t/\tau}} \right)^2 \end{aligned}$$



A pulse can be described in the time or frequency domains

They are fully equivalent. To switch between one description and the other we use **Fourier transforms** (FT):

time

$$U(t) = |A(t)|e^{i(\omega_0 t + \varphi(t))}$$

amplitude

phase

frequency

$$\begin{aligned} V(\omega) &= \int U(t) \exp(-i\omega t) \\ &= |V(\omega)| \exp[i\psi(\omega)] \end{aligned}$$

spectral amplitude

spectral phase

Fourier transform

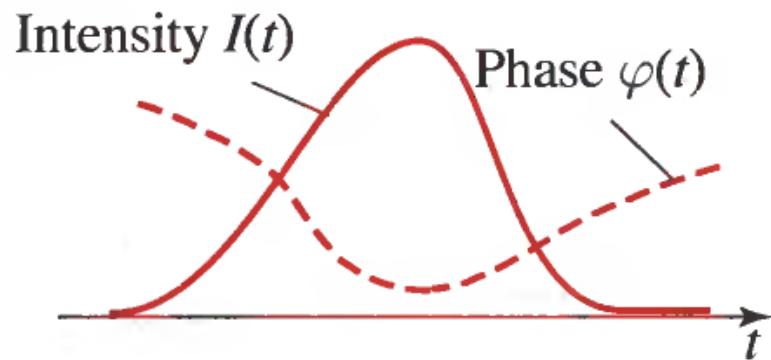
FT's are always applied to **amplitude** (or electric field), not intensity.

This concept is essential for understanding laser pulses.

Temporal and spectral descriptions

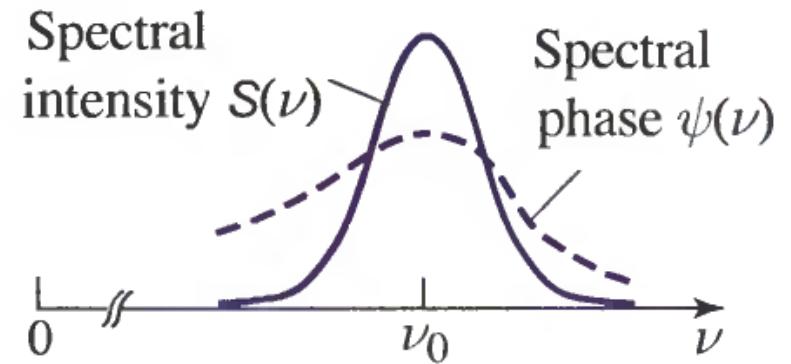
time

$$U(t) = |A(t)| \exp[i\varphi(t)]$$



frequency

$$|V(\omega)| \exp[i\psi(\omega)]$$



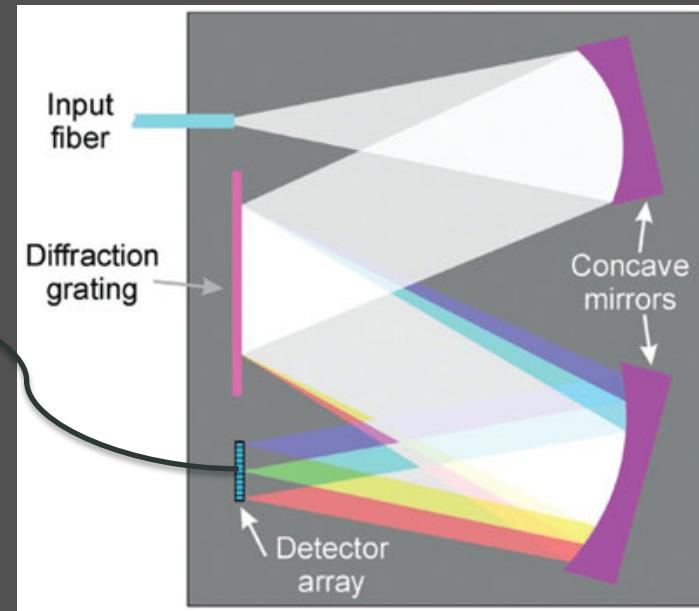
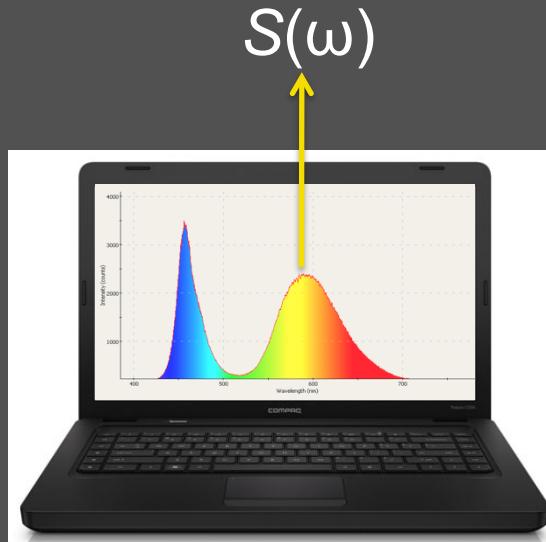
The spectral amplitude and intensity

Just like for the time description we can also define a **spectral intensity**:

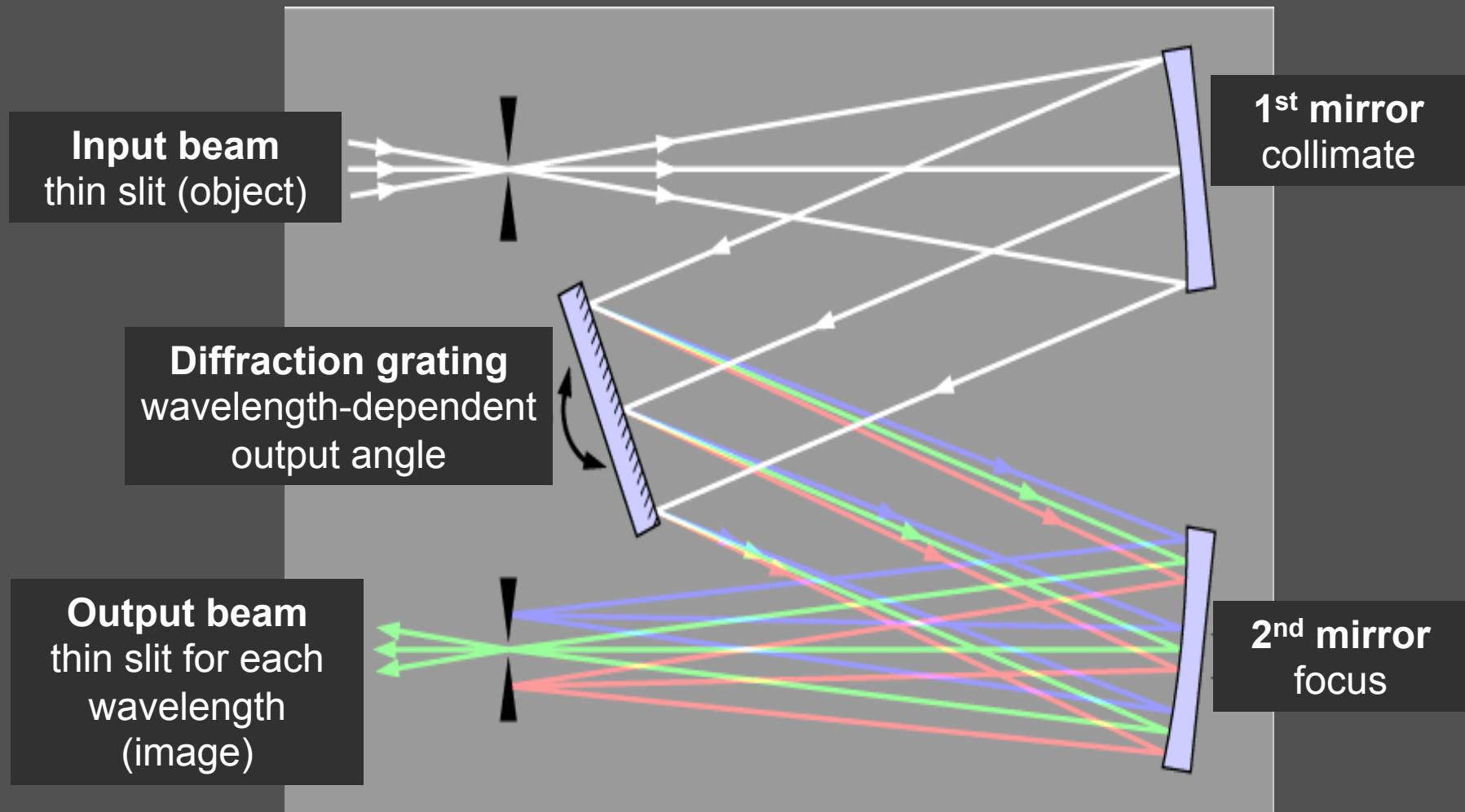
$$I(t) = |U(t)|^2$$

$$S(\omega) = |V(\omega)|^2$$

The spectral intensity has a concrete physical meaning: it is the value measured by a **spectrometer**



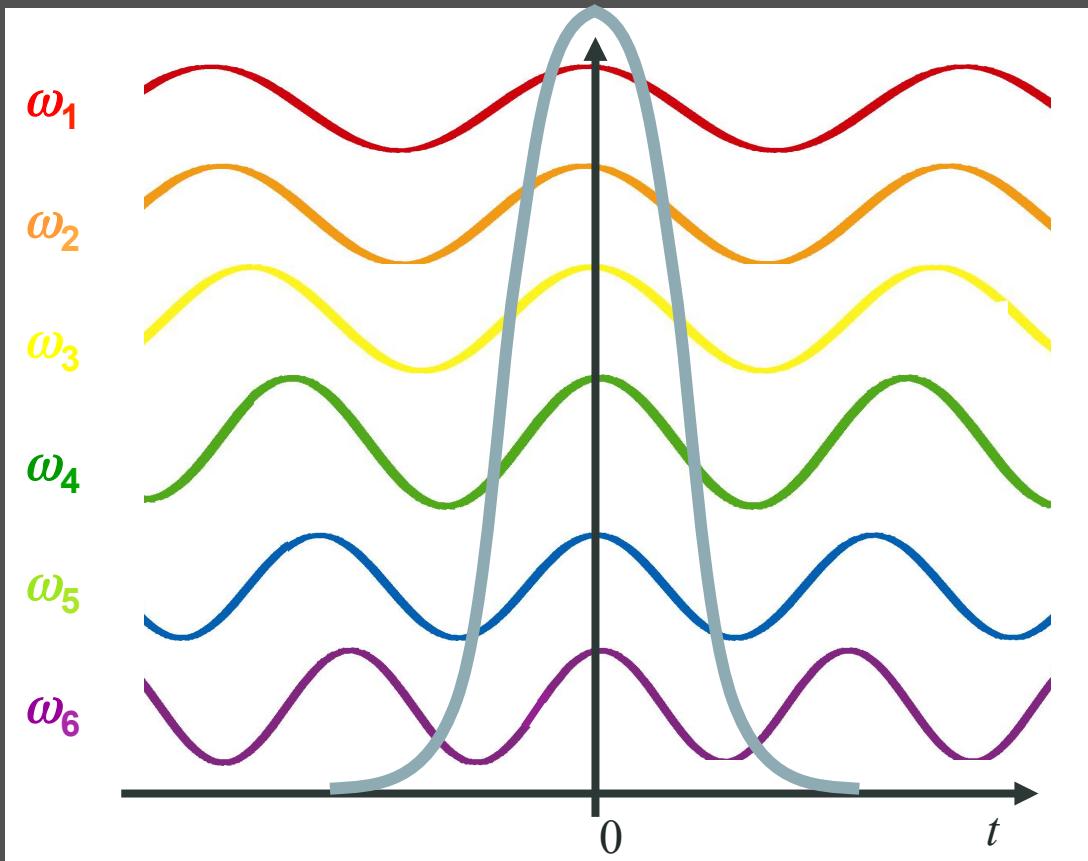
How does a spectrometer work?



What is the spectral phase?

The spectral phase is the phase of each of the frequencies that compose the function.

$$|V(\omega)| \exp[i\psi(\omega)]$$



In this example we have $\psi(\omega) = 0$.

This leads to the formation of a pulse at $t = 0$ (**constructive interference**) and zero elsewhere (**destructive interference**).

Fourier transforms

The principle is that you can express any function $A(t)$ as a superposition of **harmonic functions** of different amplitude and phase:

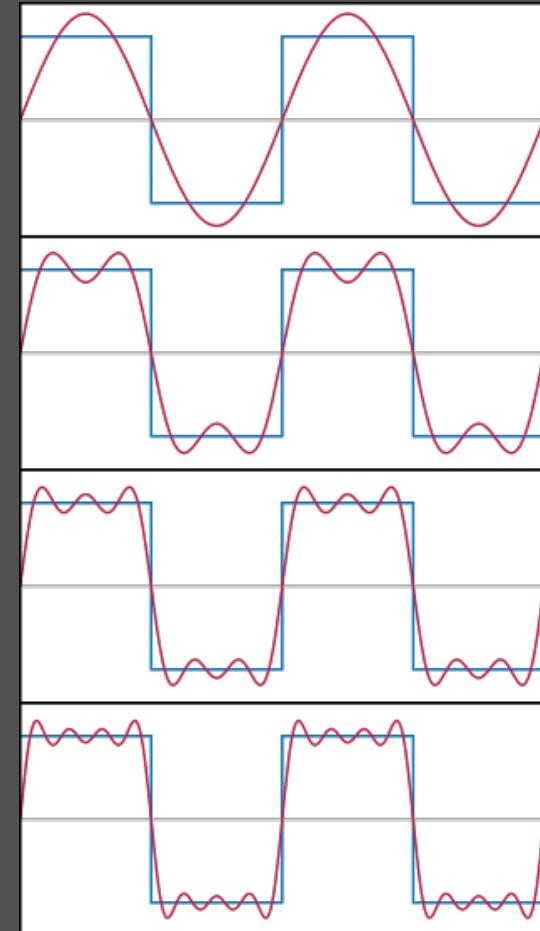
$$f(t) = \int \tilde{f}(\omega) \exp(i\omega t)$$

Coefficient Harmonic
function

The (complex) coefficients can be determined by calculating the integral

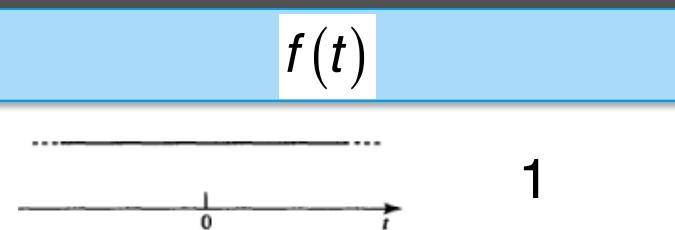
$$\tilde{f}(\omega) = \int f(t) \exp(-i\omega t)$$

Inverse Fourier transform



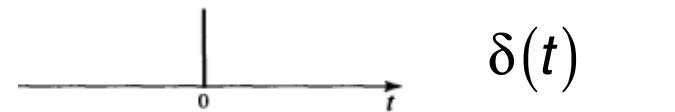
Examples of important FT's

uniform



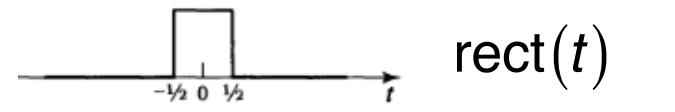
$$1$$

impulse



$$\delta(t)$$

rectangular



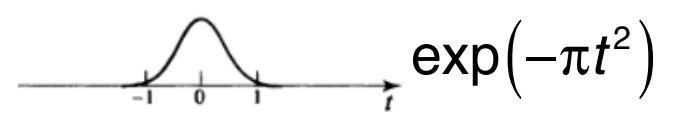
$$\text{rect}(t)$$

exponential



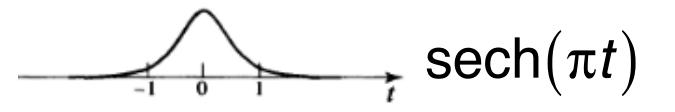
$$\exp(-|t|)$$

Gaussian

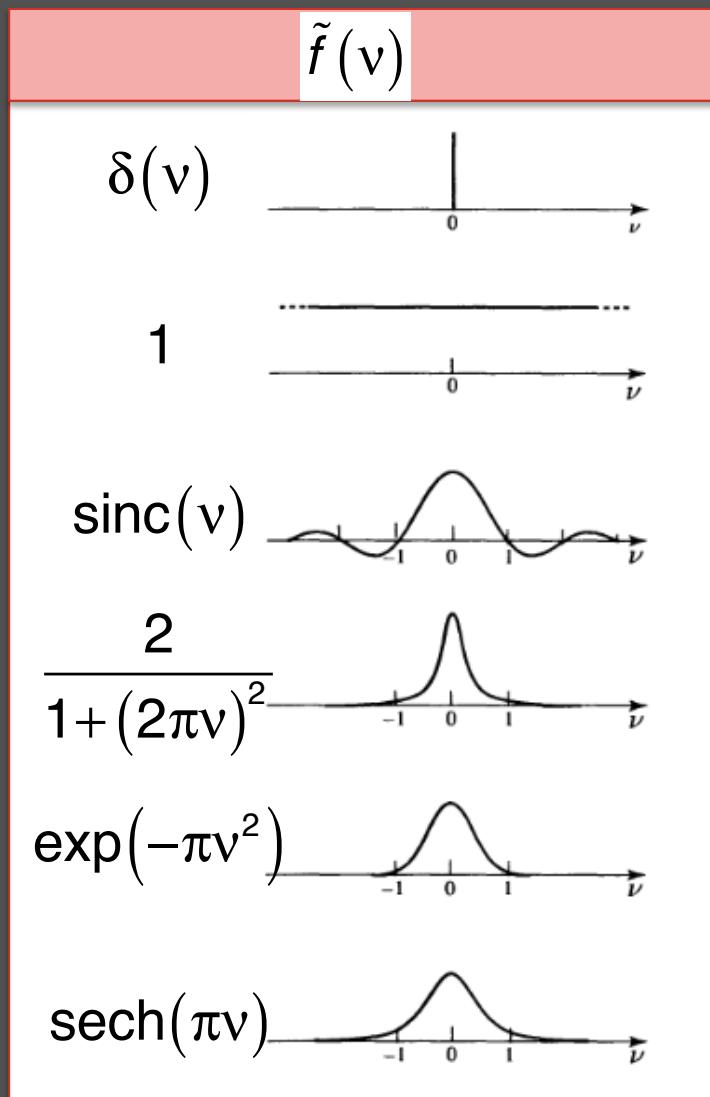


$$\exp(-\pi t^2)$$

hyperbolic
secant



$$\text{sech}(\pi t)$$



Interesting properties of FT's

- Linearity

$$\mathcal{F}(f_1 + f_2) = \mathcal{F}(f_1) + \mathcal{F}(f_2)$$

$$\mathcal{F}[f(t)] = \tilde{f}(\omega) :$$

- Scaling

$$\mathcal{F}[f(t / \tau)] = \tilde{f}(\tau\omega) / \tau$$

- Time translation τ

$$\mathcal{F}[f(t - \tau)] = \tilde{f}(\omega)e^{-i\omega\tau}$$

- Frequency transl. ω_0

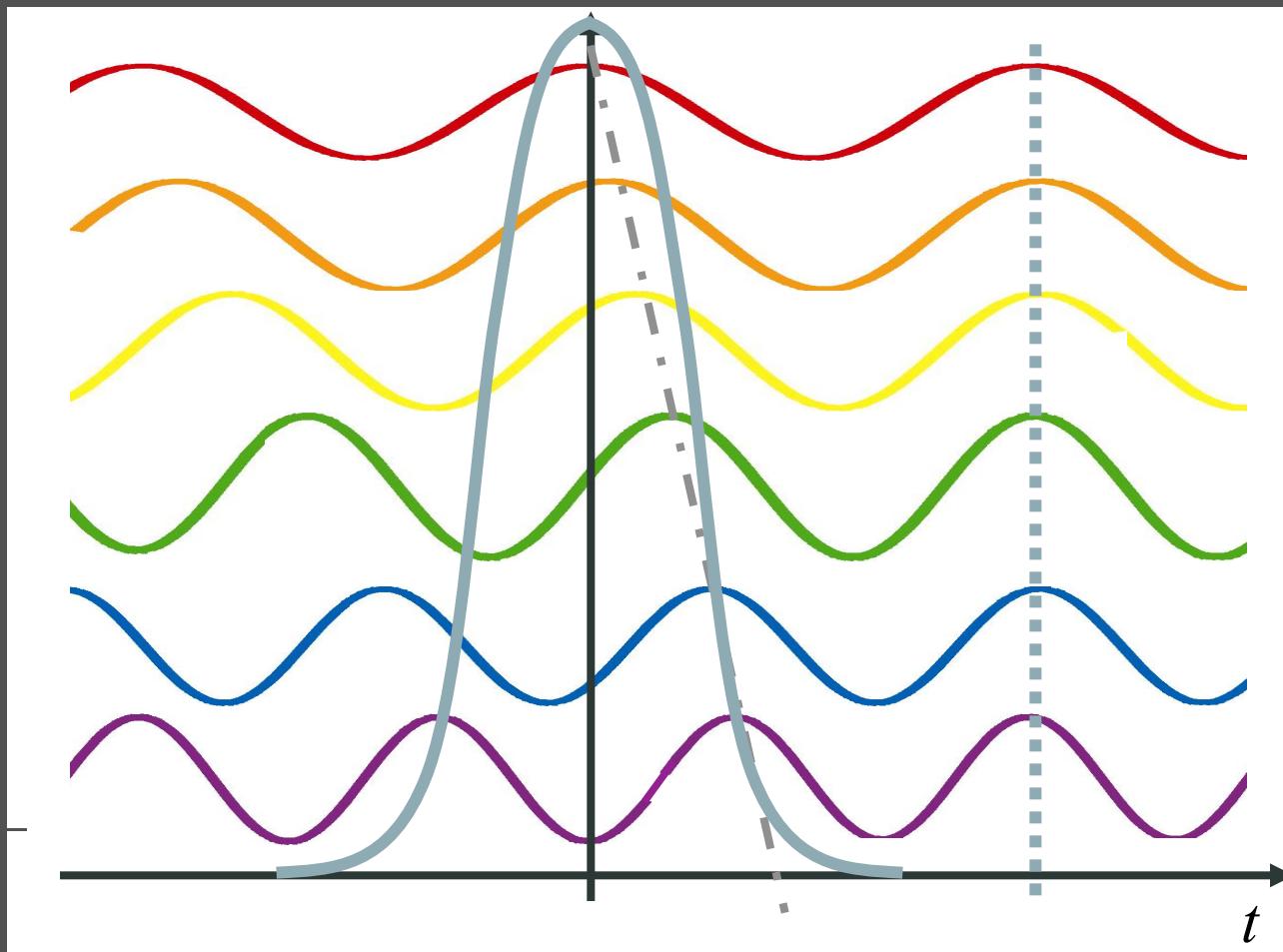
$$\mathcal{F}[f(t)e^{i\omega_0 t}] = \tilde{f}(\omega - \omega_0)$$

- Parseval's theorem

$$\int |f(t)|^2 dt = \int |\tilde{f}(\omega)|^2 d\omega$$

Example: time translation

$$\mathcal{F}[f(t - \tau)] = \tilde{f}(\omega) e^{-i\omega\tau}$$



$$\psi(\omega_1) = 0$$

$$\psi(\omega_2) = 0.2 \pi$$

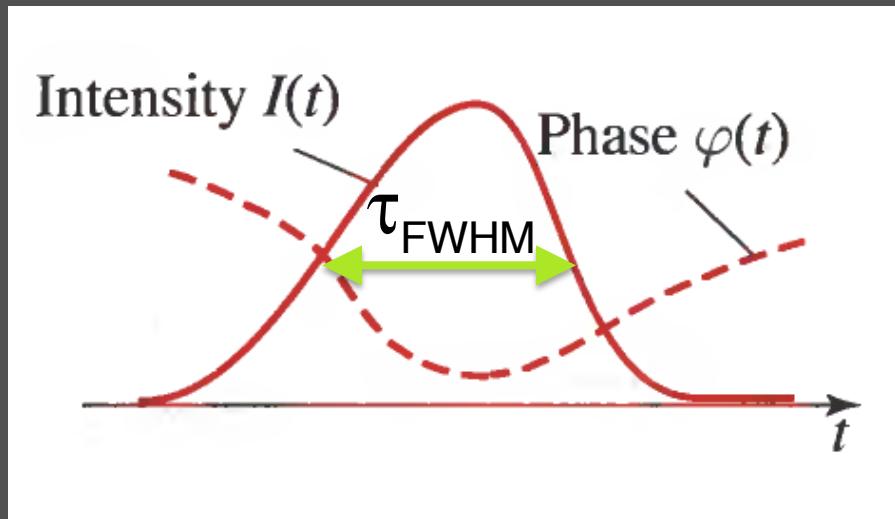
$$\psi(\omega_3) = 0.4 \pi$$

$$\psi(\omega_4) = 0.6 \pi$$

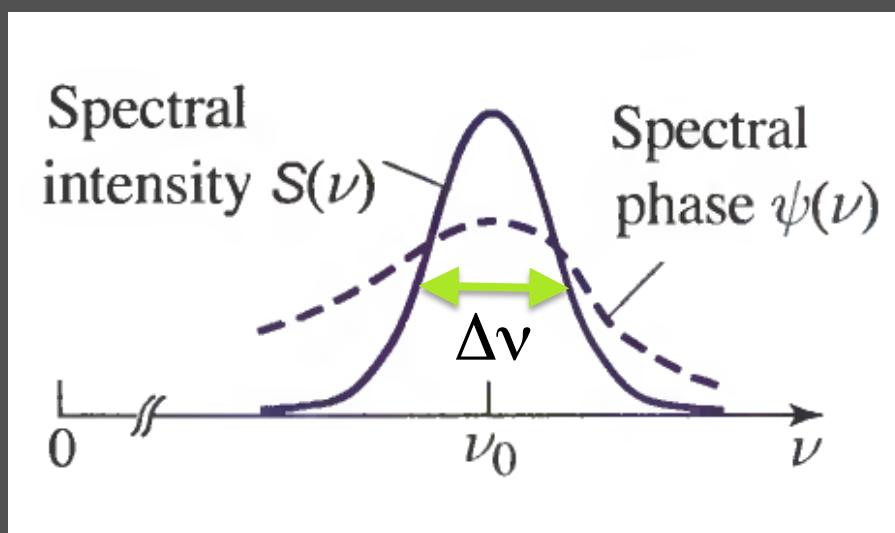
$$\psi(\omega_5) = 0.8 \pi$$

$$\psi(\omega_6) = \pi$$

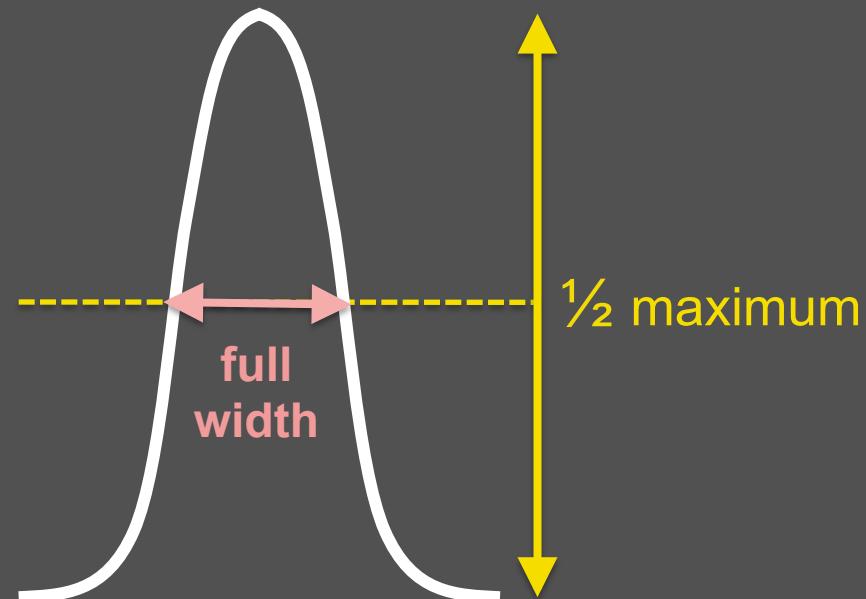
Temporal and spectral widths



= widths of the temporal and spectral intensities.



A commonly used measure is the **Full Width at Half Maximum** (FWHM):



Relation between temporal and spectral widths

Because of the Fourier transform relationship the following relationship holds ($\Delta\omega = 2\pi\Delta\nu$):

$$\tau_{\text{FWHM}} \times \Delta\nu \geq \sim 1$$

- The exact value depends of the pulse shape (e.g. 0.44 for a Gaussian temporal shape – *Homework!*)
- This is similar to the result for a mode-locked laser
- It is also similar to a Heisenberg uncertainty principle

This is a fundamental result – especially for very short pulses

Exercise: spectral width in frequency and in wavelength

Normally it is more practical to express a spectral width in terms of a wavelength range (e.g. nm) than in terms of a frequency range (e.g. THz).

- a) Show that for $\Delta\nu \ll \nu$ the following relationship between $\Delta\lambda$ and $\Delta\nu$ holds:

$$\Delta\lambda \approx \frac{\lambda_0^2}{c} \Delta\nu$$

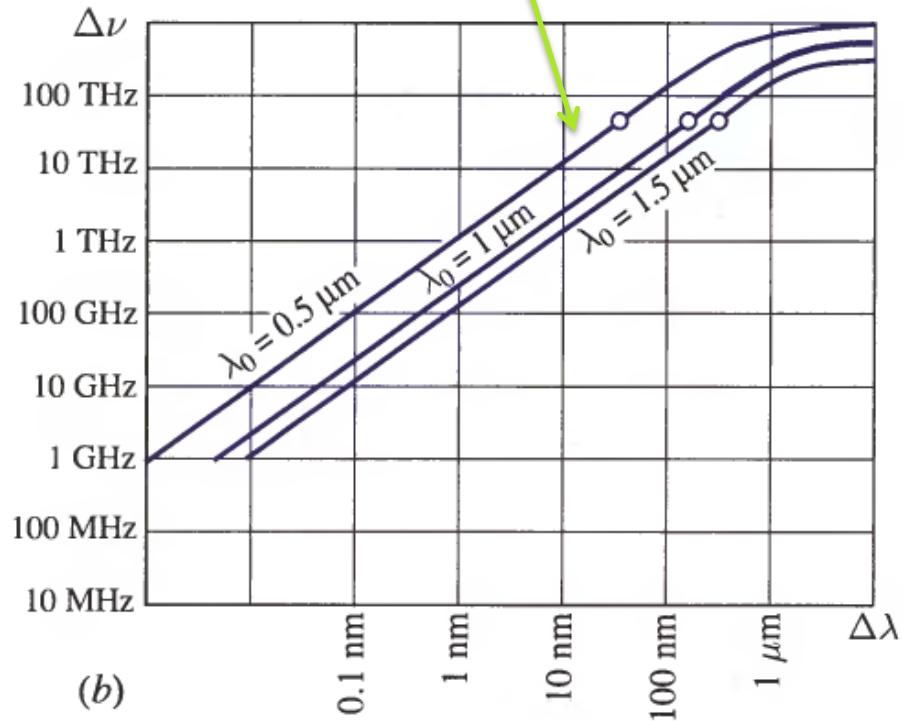
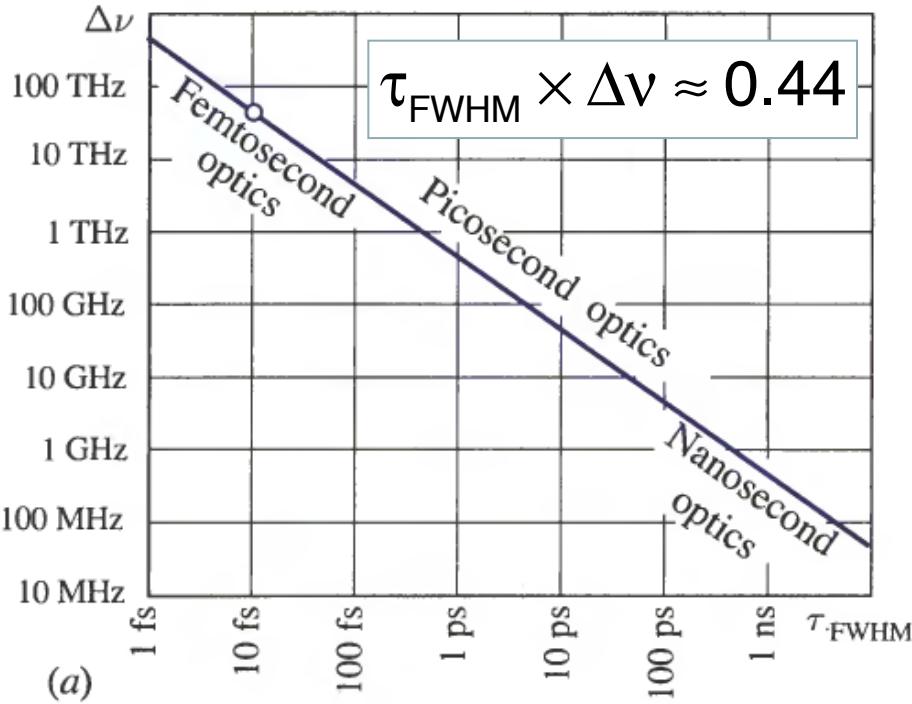
- b) For a spectral width $\Delta\nu = 10$ THz, calculate $\Delta\lambda$ at 0.55 μm and 1.1 μm .
(Answer: 10 nm; 40 nm)

Relation between widths for a Gaussian pulse

In terms of the wavelength width:

$$\Delta\lambda \approx \frac{\lambda_0^2}{c} \Delta\nu$$

depends on the wavelength!



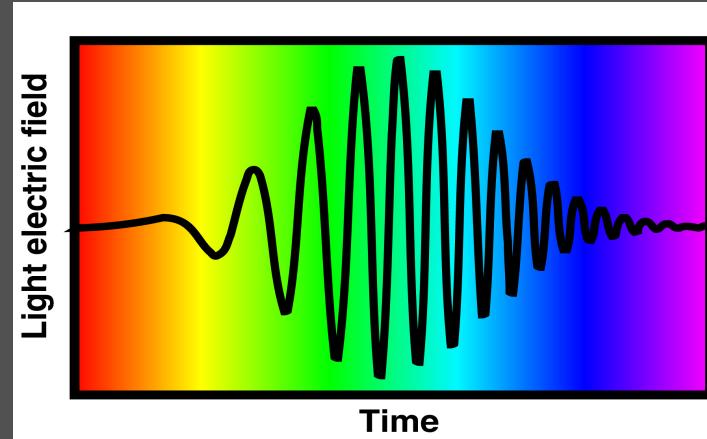
Instantaneous frequency – what is the “instant color” of a pulse?

$$U(t) = |A(t)|e^{i(\omega_0 t + \varphi(t))}$$

The **instantaneous frequency** is defined as the **time derivative** of the **temporal phase**:

$$\omega_i = \frac{d}{dt} [\omega_0 t + \varphi(t)] = \omega_0 + \frac{d\varphi}{dt}$$

$$v_i = v_0 + \frac{1}{2\pi} \frac{d\varphi}{dt}$$



A particular case of interest is the **linearly varying phase**:

$$\varphi(t) = \alpha t$$

$$\Rightarrow \omega_i = \omega_0 + \alpha$$

This simply corresponds to a **fixed frequency shift**.

Chirped pulses

Another very important case is when **the instantaneous frequency varies with time**. Such pulses are called **chirped**.

$$\varphi''(t) = \frac{d^2\varphi}{dt^2} \begin{cases} > 0 & \text{up-chirped} \\ < 0 & \text{down-chirped} \end{cases}$$

The simplest case is a **linearly varying instantaneous frequency**. This corresponds to a **quadratic temporal phase**:

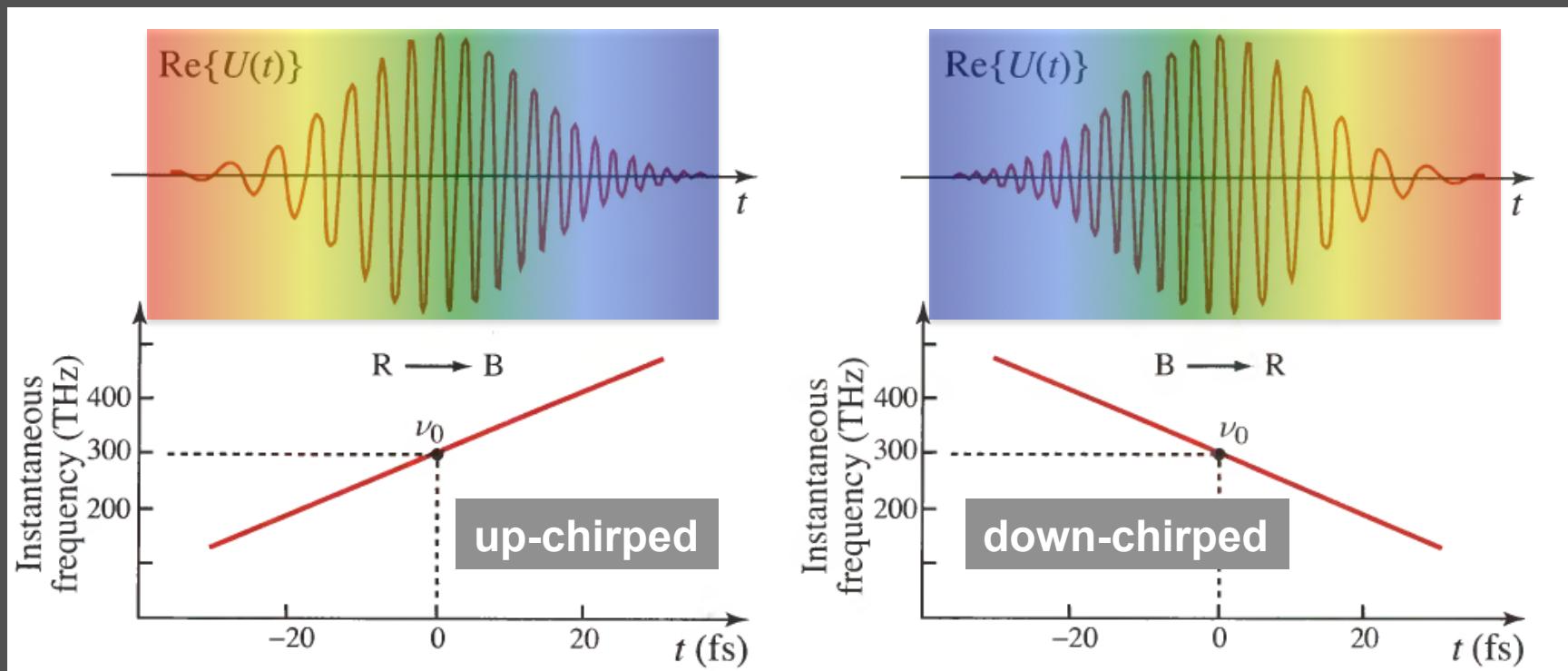
$$\begin{aligned}\varphi(t) &= \omega_0 t + at^2 / \tau^2 \\ \omega_i &= \varphi' = \omega_0 + (2a / \tau^2)t \\ \frac{d^2\varphi}{dt^2} &\equiv \varphi'' = 2a / \tau^2\end{aligned}$$

chirp parameter

$$a = \frac{1}{2}\varphi''\tau^2$$

Pulses with linear chirp

$$\tau = 20 \text{ fs}, \nu_0 = 300 \text{ THz}$$



Linearly chirped pulses are the basis for the technique of **chirped pulse amplification (CPA)** which is used in modern high power lasers.

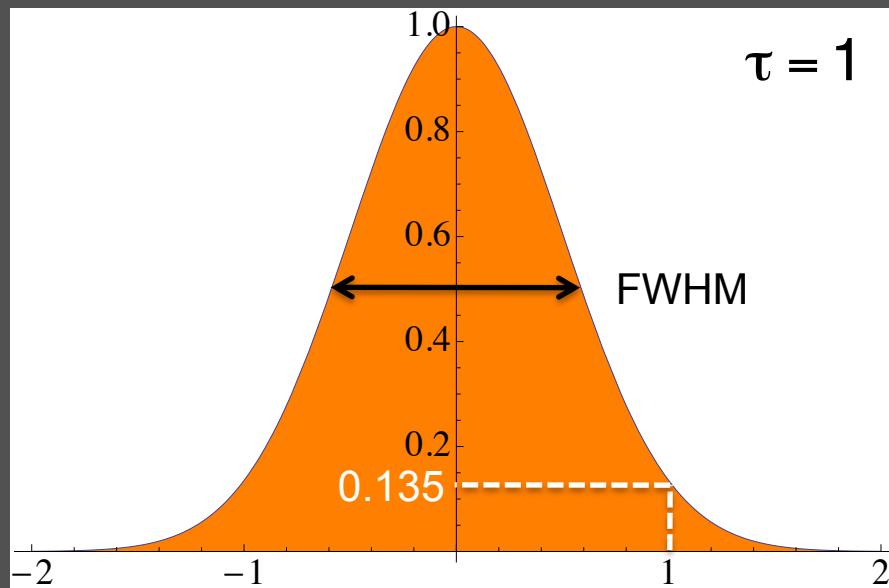
Gaussian pulses

Describing pulses using the Gaussian function is very practical, even if in reality a pulse may not be *exactly* Gaussian.

$$A(t) = A_0 \exp(-t^2/\tau^2)$$

$$I(t) = I_0 \exp(-2t^2/\tau^2)$$

Amplitude and intensity of a
transform-limited Gaussian pulse
(n.b. the phase is constant)



$$\begin{aligned} t &= \tau : \\ I(t) &= I_0 \exp(-2) \\ &\approx 0.135 I_0 \end{aligned}$$

Exercise – transform-limited Gaussian pulse properties

Demonstrate the following relations for a **transform limited Gaussian pulse**



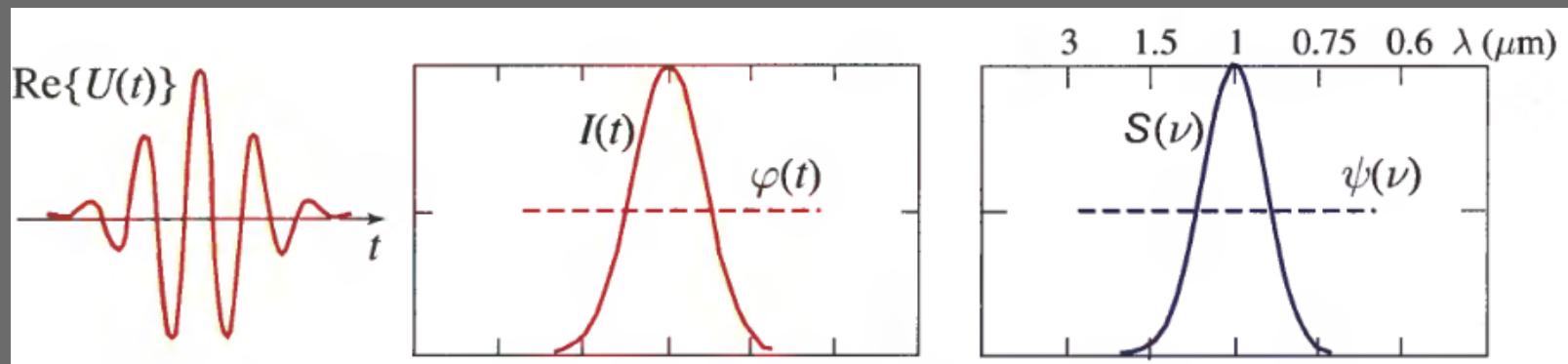
$$\tau_{\text{FWHM}} = \sqrt{2 \ln 2} \tau \approx 1.18 \tau$$

$$S(\omega) \propto \exp\left[-\frac{\tau^2}{2}(\omega - \omega_0)^2\right]$$

$$\Delta\nu = 0.375/\tau = 0.44/\tau_{\text{FWHM}}$$

$$A(t) = A_0 \exp(-t^2/\tau^2)$$

$$I(t) = I_0 \exp(-2t^2/\tau^2)$$



Why “transform-limited”?

A **transform-limited Gaussian pulse** obeys the relation

$$\tau_{\text{FWHM}} \times \Delta\nu = \frac{2\ln 2}{\pi} \approx 0.44$$

This is the **minimum duration × bandwidth** product allowed by the Fourier transform. The transform-limited Gaussian pulse is the “ideal” pulse. We can also say that it is “*Fourier-transform limited*”.

For a **chirped Gaussian pulse** we **always** have

$$\tau_{\text{FWHM}} \times \Delta\nu > \frac{2\ln 2}{\pi}$$

Chirped Gaussian pulses

More generally, a Gaussian pulse may have the form:

$$A(t) = A_0 \exp(-\alpha t^2)$$

$$\alpha = (1 - ia)/\tau^2$$

This is called a
chirped Gaussian pulse

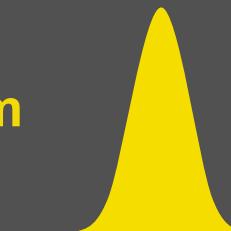
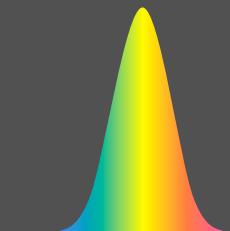
$$A(t) = A_0 \exp\left(-t^2/\tau^2\right) \exp\left(iat^2/\tau^2\right)$$

Intensity $I(t) = |A(t)|^2 = A_0 \exp(-2t^2/\tau^2)$

Phase $\varphi(t) = at^2/\tau^2$

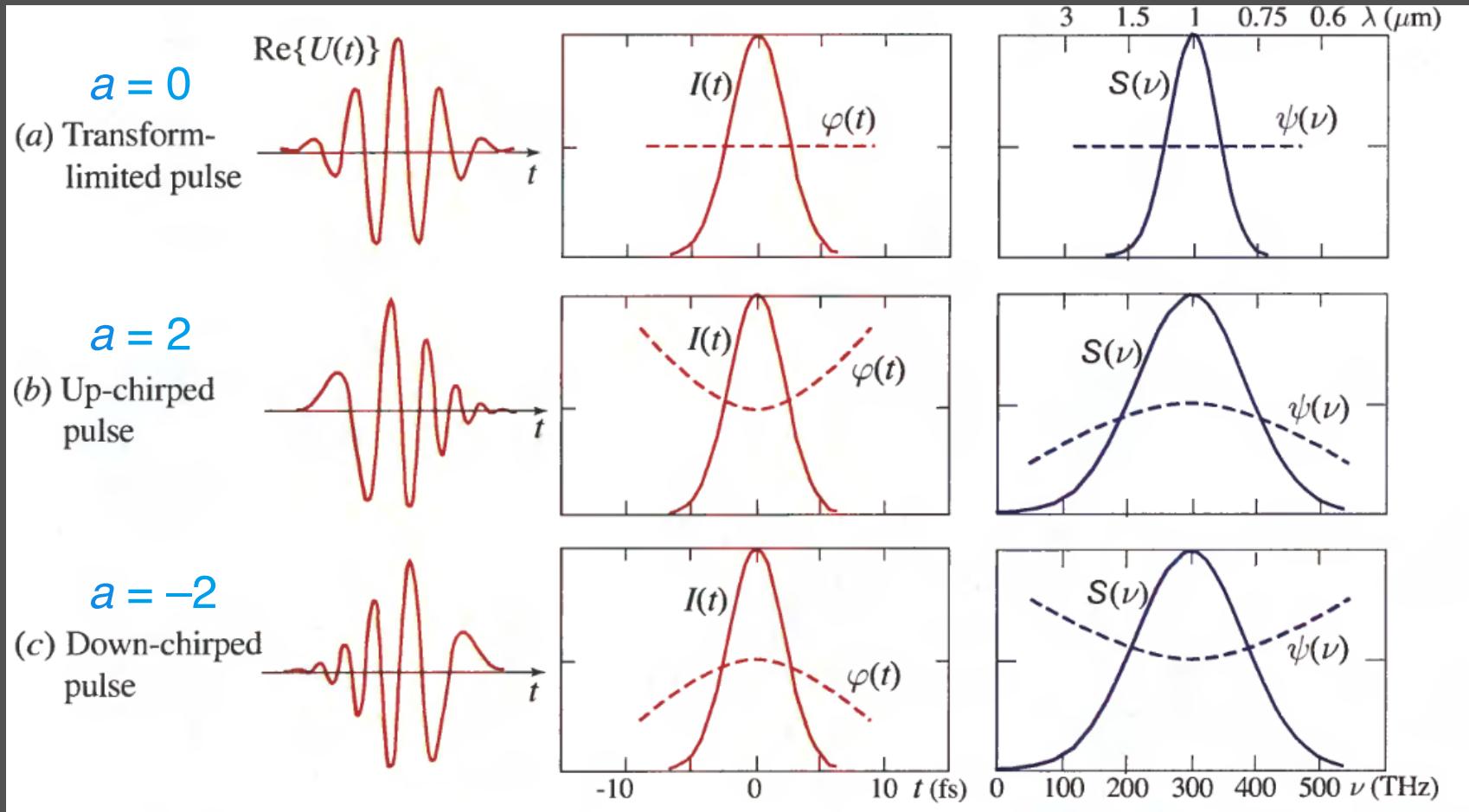
Instant. frequency $\omega_i(t) = \varphi'(t) = 2at/\tau^2$

Transform-limited and chirped Gaussian pulses: properties

	transform limited	chirped
		
	$A(t) = A_0 \exp(-t^2 / \tau^2)$	$A(t) = A_0 \exp(-(1-ia)t^2 / \tau^2)$
$I(t)$	$I_0 \exp(-2t^2 / \tau^2)$	$I_0 \exp(-2t^2 / \tau^2)$
τ_{FWHM}	$\sqrt{2 \ln 2} \tau \approx 1.18 \tau$	$\sqrt{2 \ln 2} \tau \approx 1.18 \tau$
$S(\omega)$	$\propto \exp\left[-\frac{\tau^2}{2}(\omega - \omega_0)^2\right]$	$\exp\left[-\frac{\tau^2(\omega - \omega_0)^2}{2(1+a^2)}\right]$
$\Delta\nu$	$0.44 / \tau_{\text{FWHM}}$	$\frac{0.44}{\tau_{\text{FWHM}}} \sqrt{1+a^2}$
ω_i	ω_0	$\omega_0 + \boxed{2a/\tau^2} t$

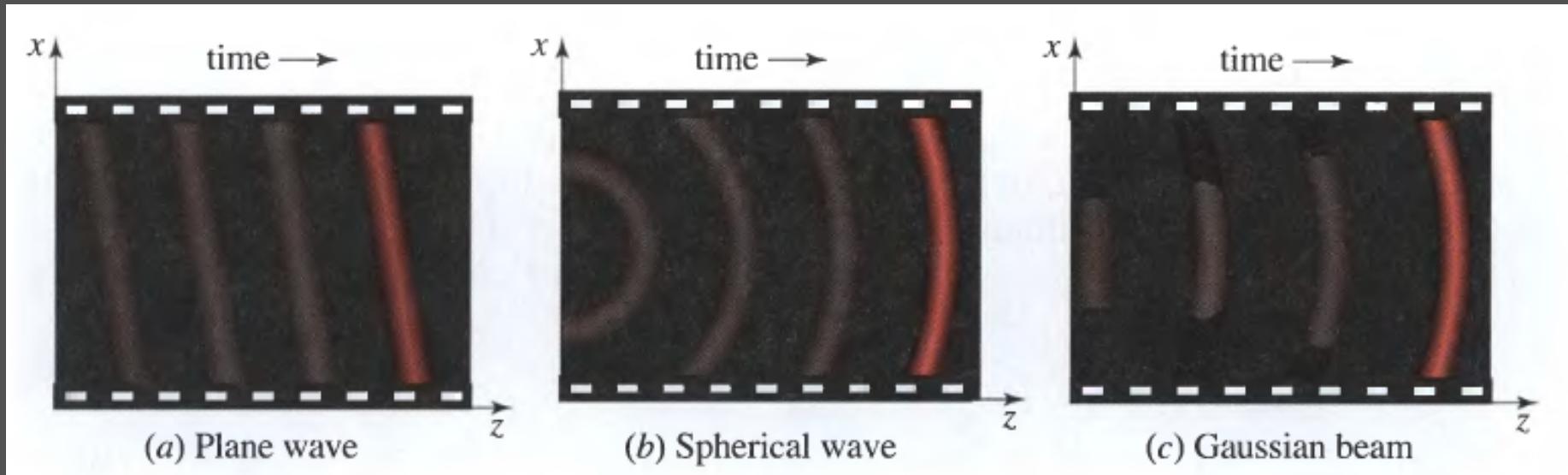
Transform-limited and chirped Gaussian pulses: properties

Example for a $\lambda_0 = 1 \mu\text{m}$, $\tau_{\text{FWHM}} = 5 \text{ fs}$ pulse. Chirped pulse with $a = \pm 2$.



Spatial properties of laser pulses

In free space, or in a linear, homogeneous and non-dispersive medium, an optical pulse obeys the wave equation. Using the same considerations as we did for wave optics the solutions are of the type:



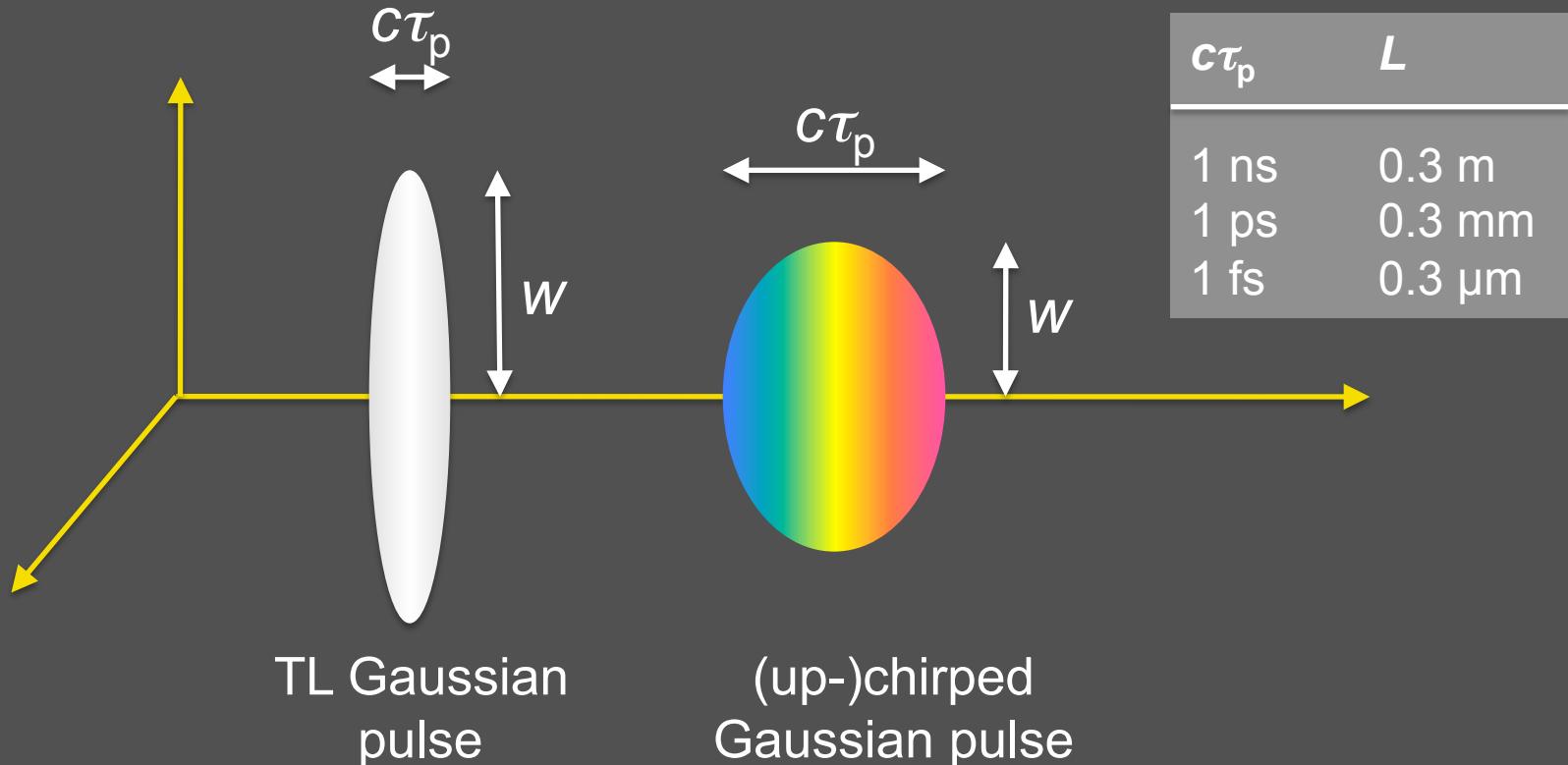
$$U(r,t) = A(t - z/c) e^{i\omega_0(t-z/c)}$$

$$I(t) = |A^2(t)|$$

$$A(\rho, z, t) = g(t - z/c) \frac{iz_0}{z + iz_0} \exp\left(-i \frac{\pi}{\lambda_0} \frac{\rho^2}{z + iz_0}\right)$$

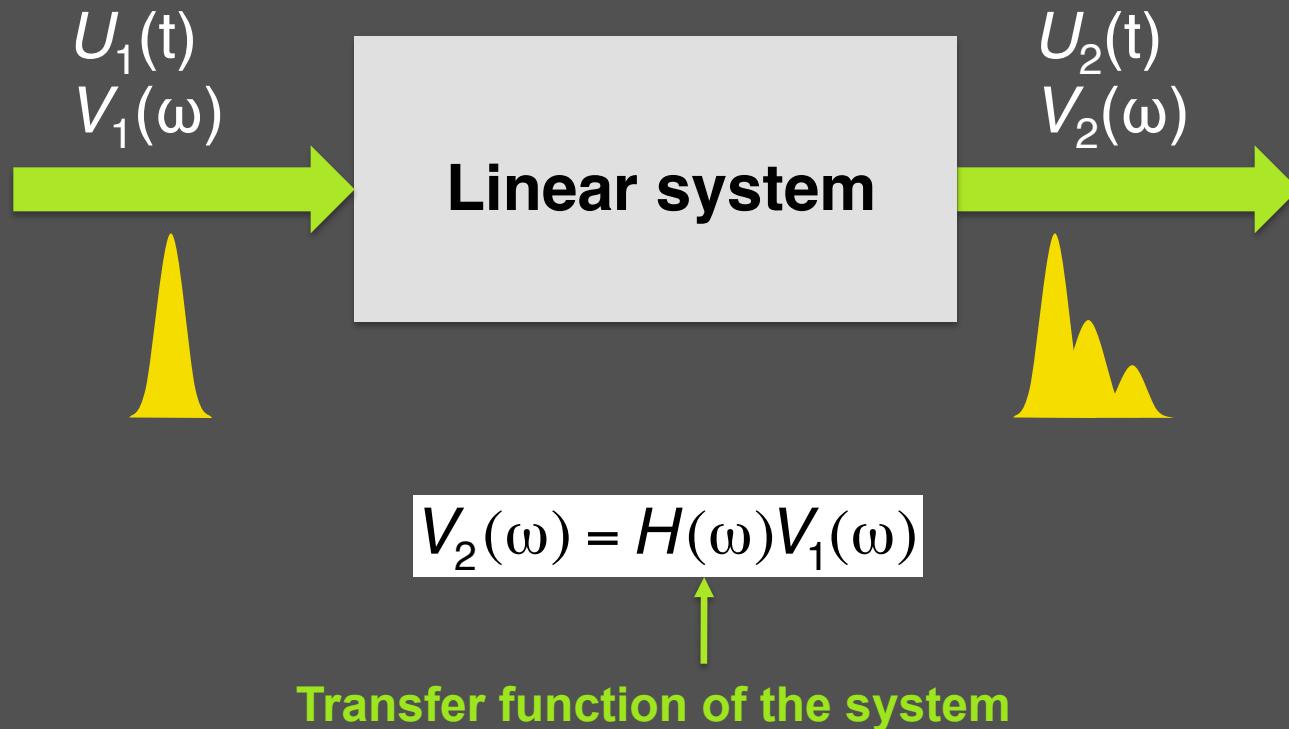
What does a Gaussian pulse look like?

This is a pulse that is **Gaussian both in space and in time**.



Linear systems*

The transmission of an optical pulse through an arbitrary linear optical system can be described in terms of the **theory of linear systems**.
(*see *Fund. Photonics* Appendix B)



Linear filtering of an optical pulse

For an optical pulse centered around ω_0 we only need $H(\omega)$ at frequencies inside the spectral width $\Delta\omega$.

If $\Delta\omega \ll \omega_0$ it is more practical to work with the complex envelope $A(t)$ instead of the wavefunction $U(t)$.

$$U(t) = A(t)e^{i\omega_0 t} \rightarrow V(\omega) = \tilde{A}(\omega - \omega_0) \equiv \tilde{A}(\delta\omega)$$

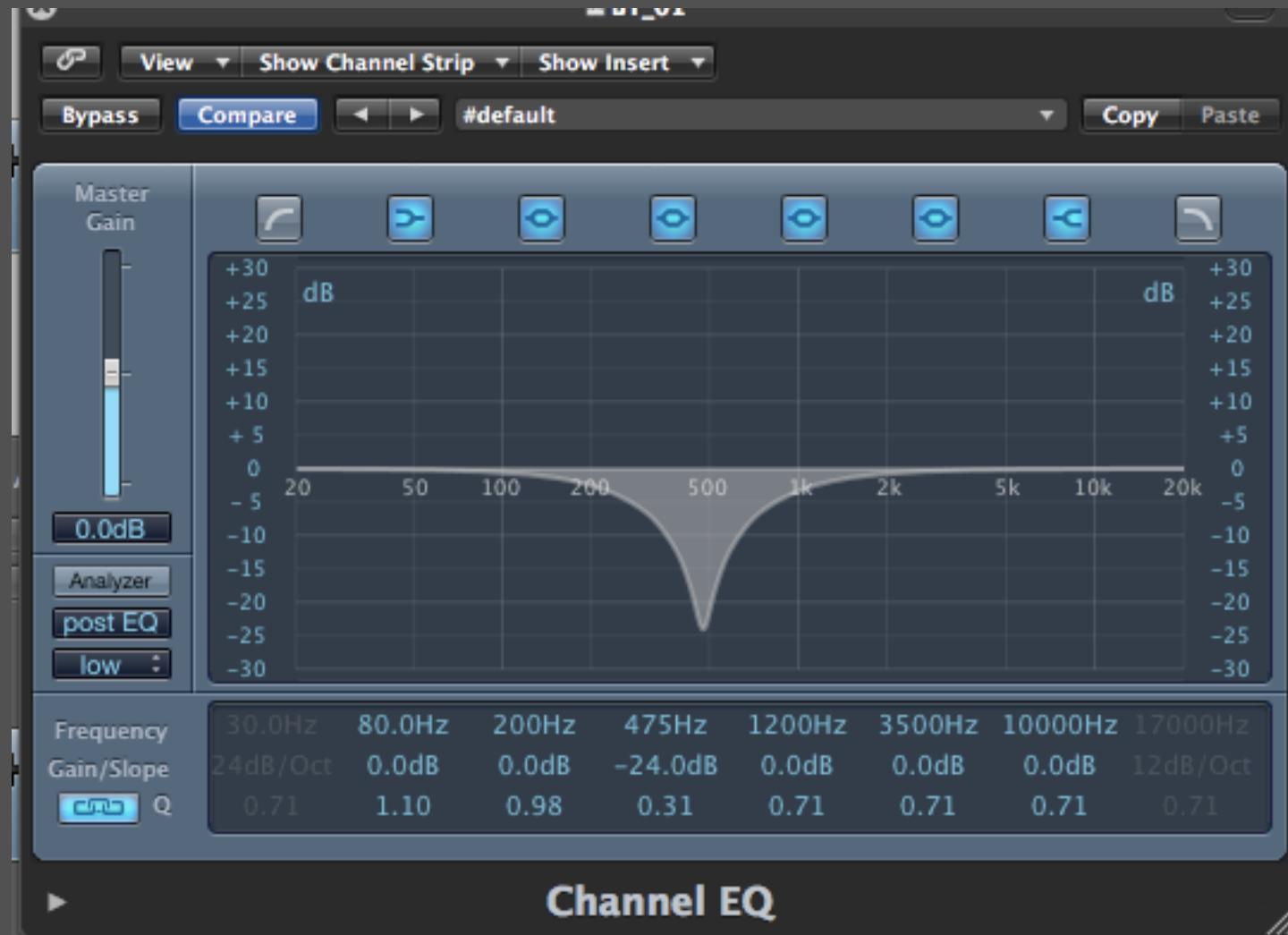
$$\tilde{A}_2(\delta\omega) = \tilde{H}_e(\delta\omega)\tilde{A}_1(\delta\omega)$$

↑
envelope transfer function

(Note that we can also write in the time domain: the FT of a product is a convolution, and $H_e(t)$ is the *impulse response function* = the inverse FT of the envelope transfer function.)

$$\begin{aligned} A_2(t) &= H_e(t) * A_1(t) \\ &= \int H_e(t-t') A_1(t') dt' \\ H_e(t) &= FT^{-1}\{\tilde{H}_e(\omega)\} \end{aligned}$$

Example: using an equalizer to attenuate sound frequencies



The ideal filter

An **ideal filter**

- preserves the shape of the input pulse
- multiplies by a constant
($G > 1$: amplifier; $G < 1$: attenuator)
- may delay the pulse by a fixed time τ_d
(remember the *time-delay* property of FT's)

$$\tilde{H}_e(\delta\omega) = H_0 \exp(-i\delta\omega\tau_d)$$

$$G = |H_0|^2$$

Example: a slab of ideal material with thickness d , ref. index n and distributed attenuation coefficient α (m^{-1}):

$$\tilde{H}_e(\omega) = \underbrace{\exp(-\alpha d/2)}_{H_0} \underbrace{\exp(-i\omega nd/c_0)}_{\exp(-i\delta\omega\tau_d)}$$

A neutral density filter



The chirp filter

It's the most important type of filter in optics. Its phase is a **quadratic function of frequency**:

b = **chirp coefficient** (s^2)

$b > 0$: up-chirping

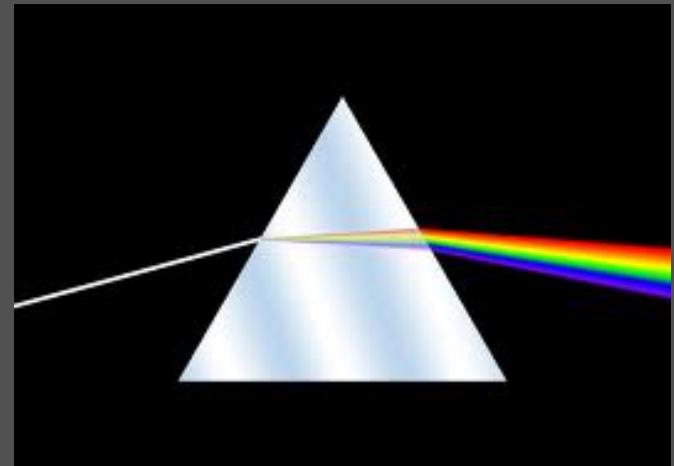
$b < 0$: down-chirping

$$\tilde{H}_e(\delta\omega) = \exp\left(-i b \frac{\delta\omega^2}{4}\right)$$

$$H_e(t) = \frac{1}{\sqrt{ib/2}} \exp\left(i \frac{t^2}{b}\right)$$

Chirp filters can be cascaded: the sum of two chirp filters with coeff. b_1 and b_2 is equal to a single filter $b = b_1 + b_2$.

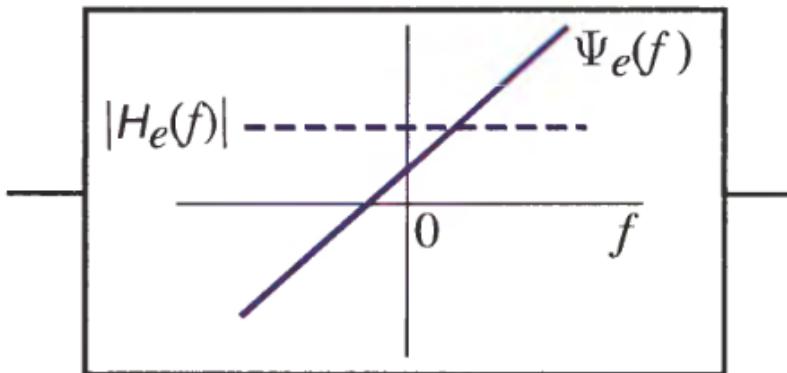
Pulse dispersion by a prism may be described in terms of chirped filters.



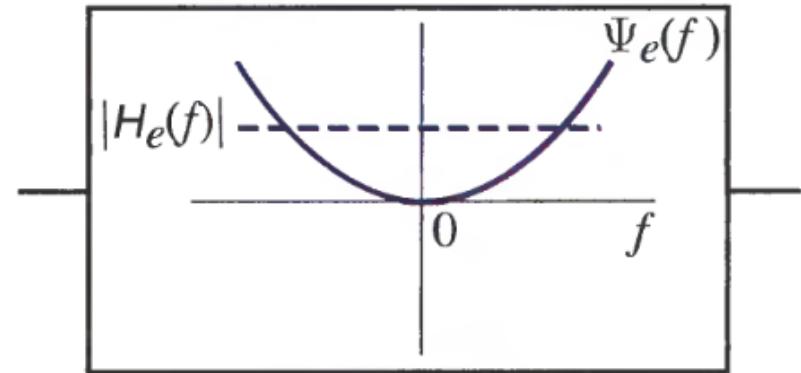
Ideal vs. chirp filters

$$H_0 \exp(-i \delta \omega \tau_d)$$

$$\exp\left(-i b \frac{\delta \omega^2}{4}\right)$$



(a) Ideal filter



(b) Chirp filter

Arbitrary filter \approx chirped filter + ideal filter

If the magnitude and phase of an arbitrary filter $H_e(\omega)$ vary slowly within the spectral width of the pulse, we may assume the following:

$$\begin{aligned} |\tilde{H}(\omega_0 + \delta\omega)| &\approx |\tilde{H}(\omega_0)| = |H_0| \\ \psi(\omega_0 + \delta\omega) &\approx \psi_0 + \psi' \delta\omega + \frac{1}{2} \psi'' \delta\omega^2 \quad (\text{Taylor series around } \omega_0) \end{aligned}$$

$$\tilde{H}_e(\delta\omega) \approx |H_0| \exp \left[-i \left(\psi_0 + \psi' \delta\omega + \frac{1}{2} \psi'' \delta\omega^2 \right) \right]$$

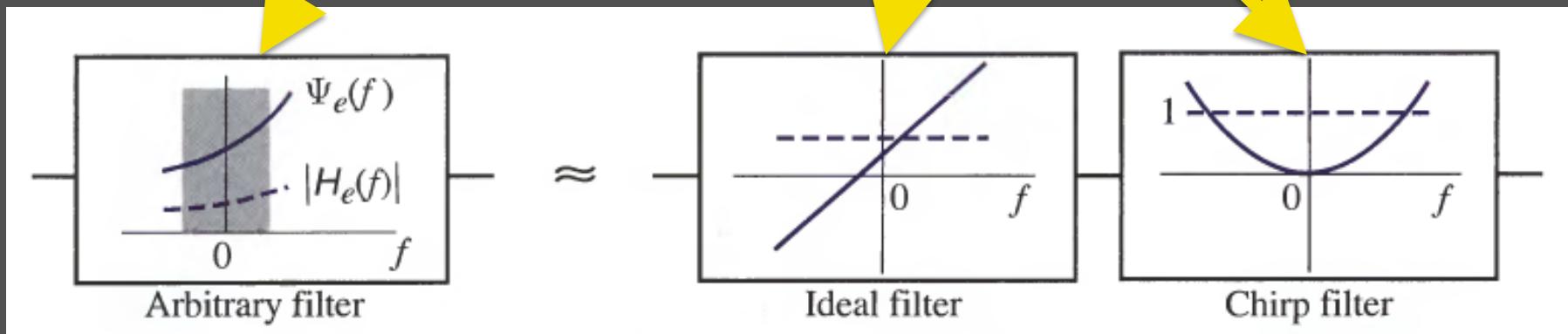
constant phase

linear filter $\tau_d = \psi'$

chirped filter $b = 2\psi''$

Arbitrary filter \approx chirped filter + ideal filter

$$\tilde{H}_e(\delta\omega) \approx |H_0| \exp \left[-i \left(\psi_0 + \psi' \delta\omega + \frac{1}{2} \psi'' \delta\omega^2 \right) \right]$$



A treatment based on ideal + chirped filters is enough to understand several important phenomena related to the propagation and modification of short laser pulses.
 (more complex systems may require higher order terms: $\psi^{(3)}$, $\psi^{(4)}$, etc)

Exercise: chirp filtering of a transform-limited Gaussian pulse

Calculate and interpret the effect of a chirp filter with chirp parameter b on a transform limited Gaussian pulse of amplitude A_{10} and width τ_1 . Determine the new duration, chirp parameter and amplitude.

$$\tilde{H}_e(\delta\omega) = \exp(-ib\delta\omega^2/4)$$
$$A_1(t) = A_{10} \exp(-t^2/\tau_1^2)$$

Steps:

- 1) Calculate the Fourier-transform $\tilde{A}_1(\delta\omega)$
- 2) Multiply by the chirped filter to obtain $\tilde{A}_2(\delta\omega)$
- 3) Compare $\tilde{A}_2(\delta\omega)$ with a general chirped Gaussian pulse

Chirp filtering of a transform-limited Gaussian pulse: results

Width

$$\tau_2 = \tau_1 \sqrt{1 + b^2 / \tau_1^4}$$

Chirp parameter

$$a_2 = b / \tau_1^2$$

Amplitude

$$A_{20} = \frac{A_{10}}{\sqrt{1 + ib / \tau_1^2}}$$

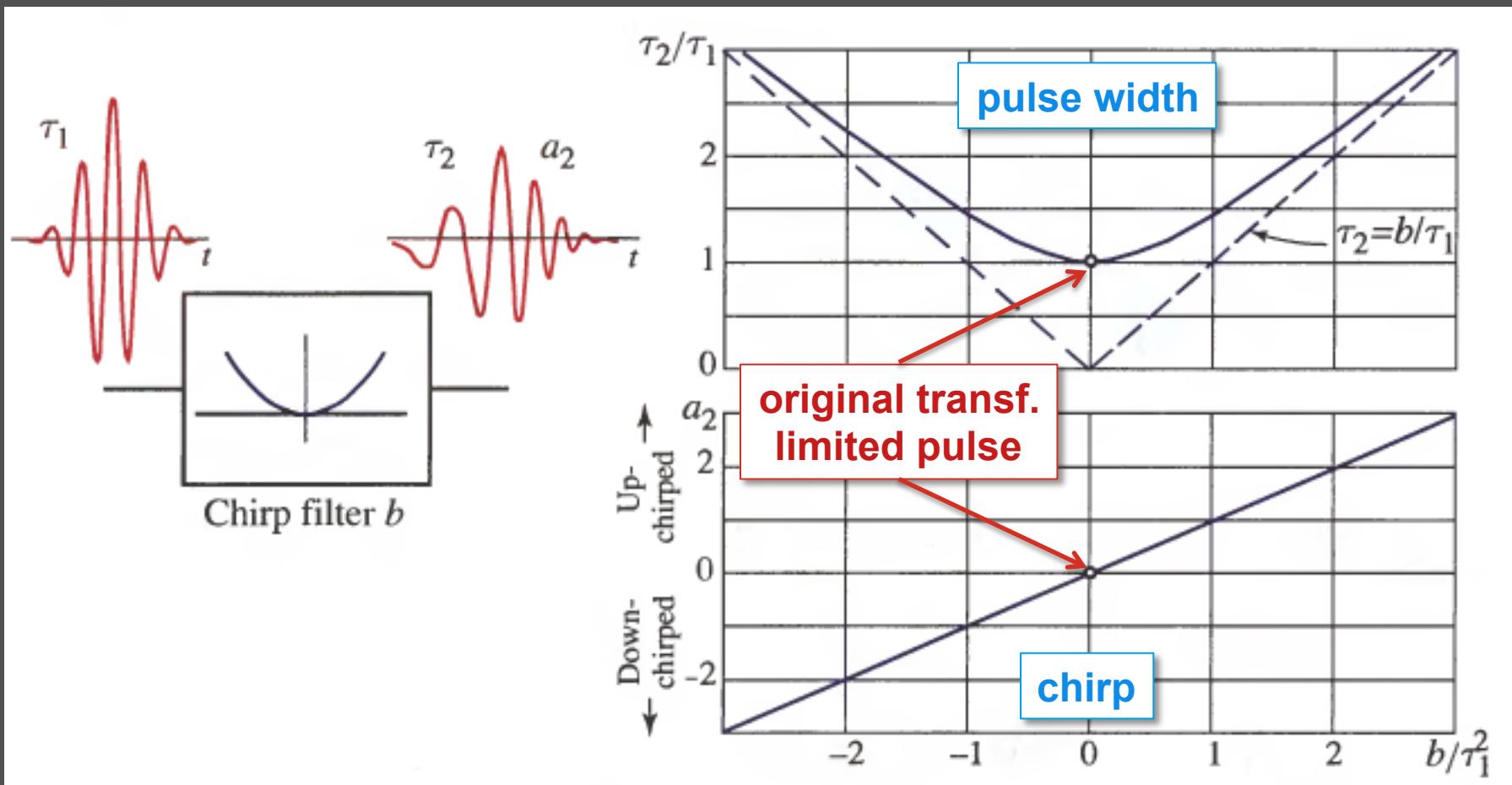
- The **temporal width increases** by a factor depending on b .
- The **initial TL pulse becomes chirped** with chirp parameter proportional to b .
- The spectral width remains the same.

$$b = \tau_1^2 \rightarrow \tau_2 = \sqrt{2}\tau_1$$

$$b \gg \tau_1^2 \rightarrow \tau_2 \approx |b| / \tau_1$$



Chirp filtering of a transform-limited Gaussian pulse: results



Chirp filtering of a chirped Gaussian pulse

In this case the chirped filter is applied to an already chirped Gaussian pulse with chirp a_1

$$\tilde{H}_e(\delta\omega) = \exp(-ib\delta\omega^2/4)$$

$$A_1(t) = A_{10} \exp(-(1-ia_1)t^2/\tau_1^2)$$

Width

$$\tau_2 = \tau_1 \sqrt{1 + 2a_1 b / \tau_1^2 + (1 + a_1^2)b^2 / \tau_1^4}$$

Chirp parameter

$$a_2 = a_1 + (1 + a_1^2)b / \tau_1^2$$

The great difference now is that the output pulse can be **shorter** than the original one.

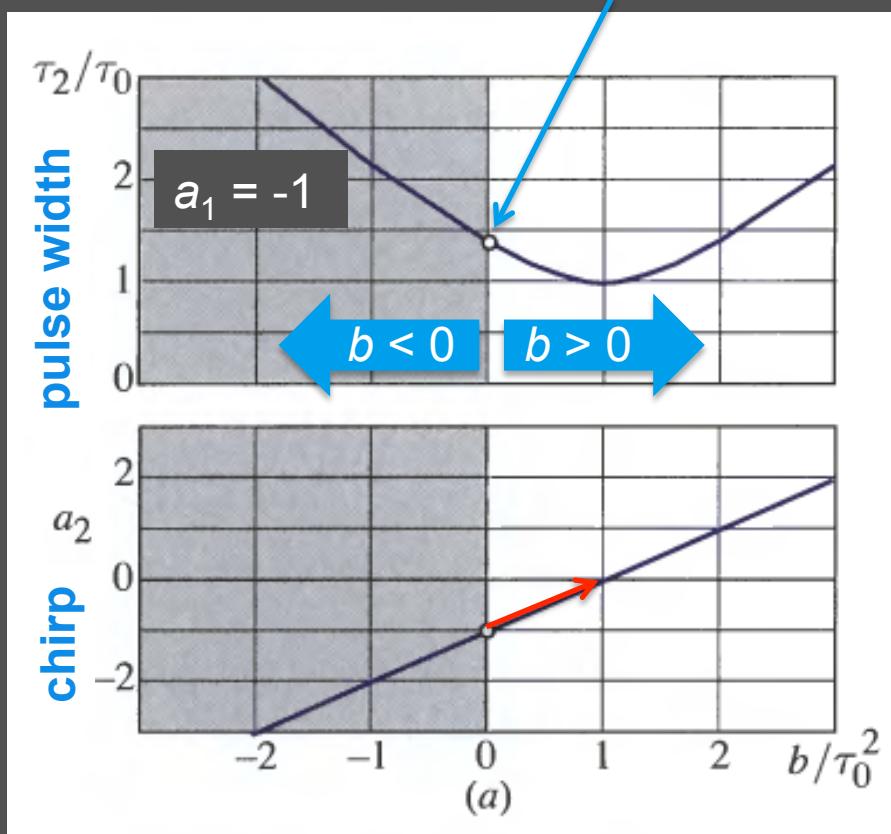
The minimum width τ_0 and required chirp coeff. b are:

$$\tau_0 = \frac{\tau_1}{\sqrt{1 + a_1^2}}$$

$$b_{\min} = -a_1 \tau_0^2 = -\frac{a_1}{1 + a_1^2} \tau_1^2$$

Example: Compression and expansion of laser pulses (1)

Input pulse: $A_1(t) = A_{10} \exp\left(-\left(1 - ia_1\right)t^2 / \tau_1^2\right)$



$$a_1 = -1$$

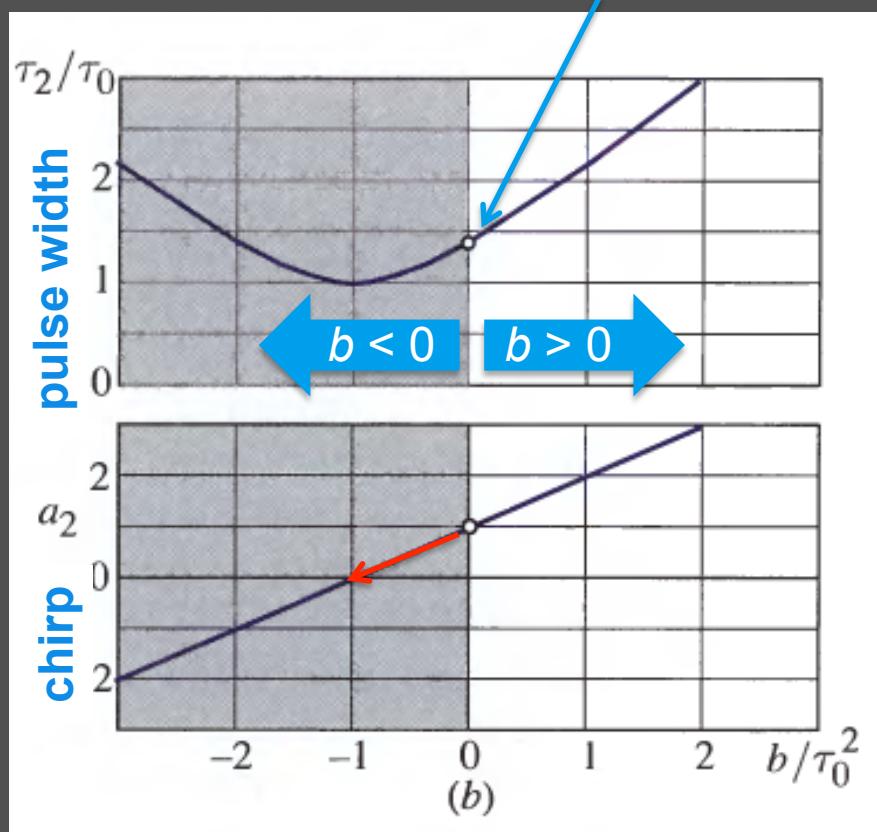
$$b_{\min} = -\frac{a_1}{1+a_1^2} \tau_1^2 = \frac{1}{2} \tau_1^2$$

$$\tau_0 = \frac{\tau_1}{\sqrt{1+a_1^2}} = \frac{\tau_1}{\sqrt{2}}$$

$$\therefore b_{\min} = \tau_0^2$$

Example: Compression and expansion of laser pulses (2)

Input pulse: $A_1(t) = A_{10} \exp\left(-\left(1 - ia_1\right)t^2 / \tau_1^2\right)$



$$a_1 = 1$$

$$b_{\min} = -\frac{a_1}{1+a_1^2} \tau_1^2 = -\frac{1}{2} \tau_1^2$$

$$\tau_0 = \frac{\tau_1}{\sqrt{1+a_1^2}} = \frac{\tau_1}{\sqrt{2}}$$

$$\therefore b_{\min} = -\tau_0^2$$

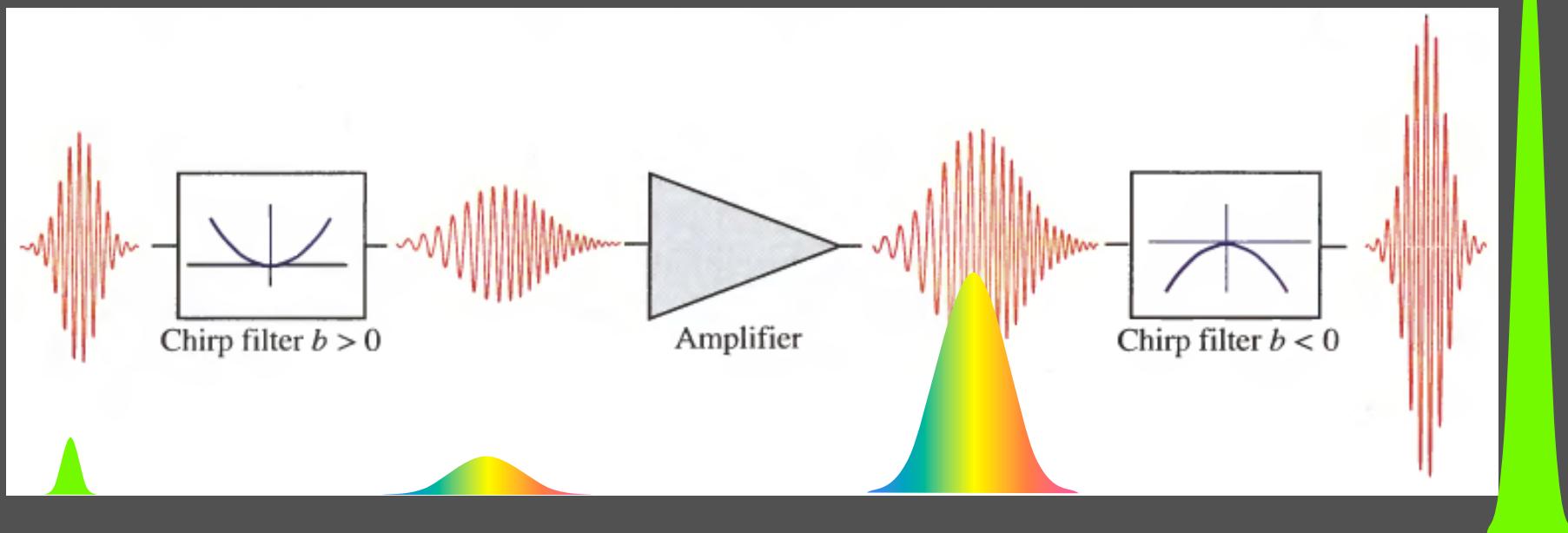
In the mid-1980's high power (~TW) lasers were very large

$$\text{Intensity} = \frac{\text{Energy}}{\text{Area} \times \text{time}}$$



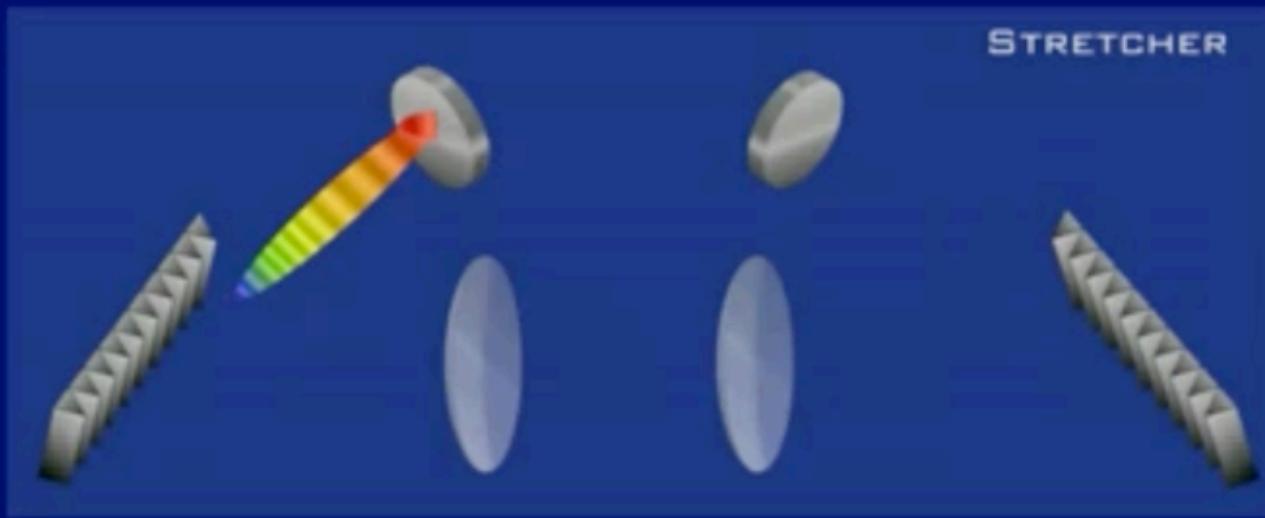
Application: Chirped pulse amplification

CPA was introduced in 1986 and represented a revolution in the amplification of very short laser pulses.

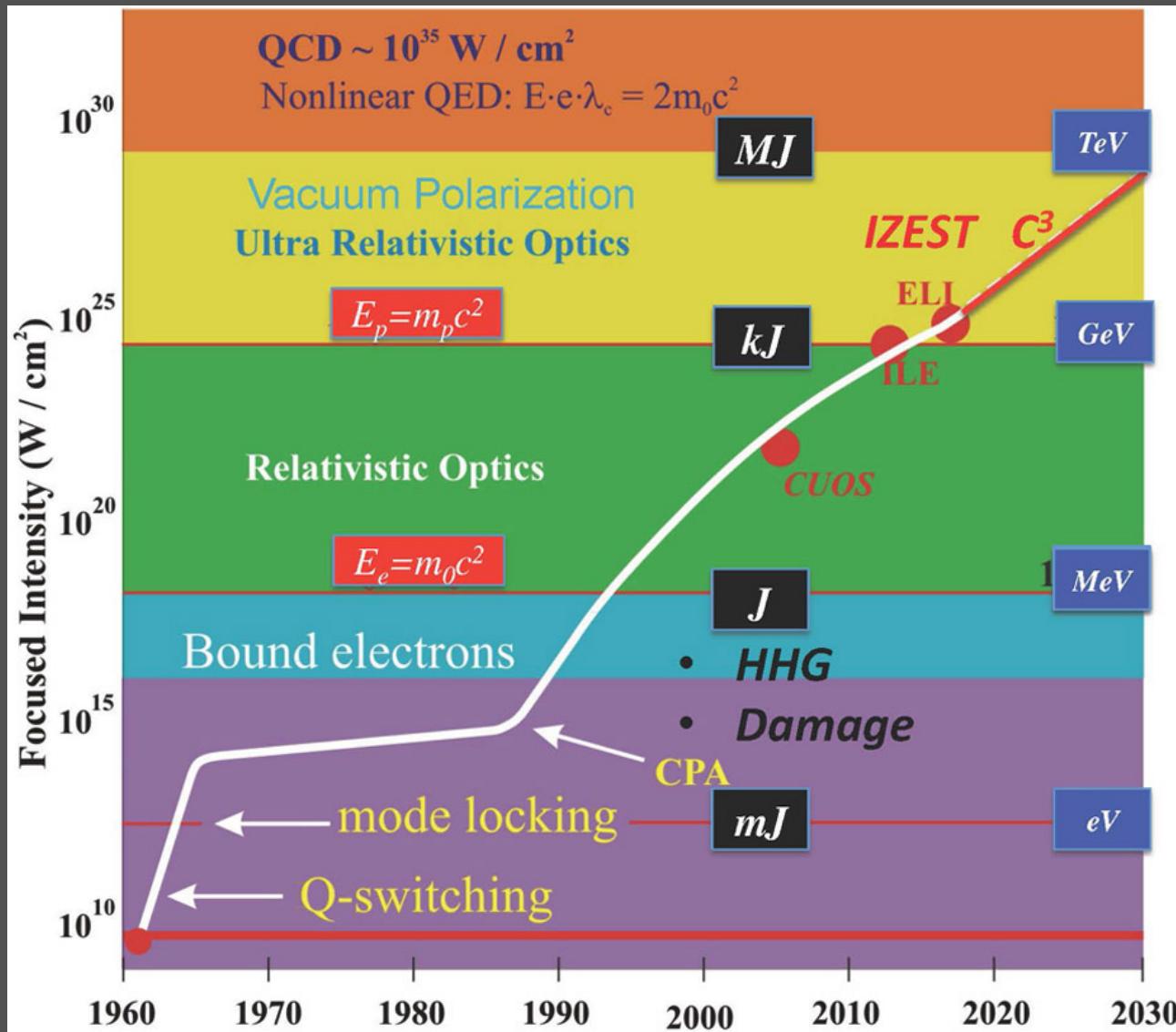


TL pulse → Stretching → Amplification → Compression

Typical CPA setup

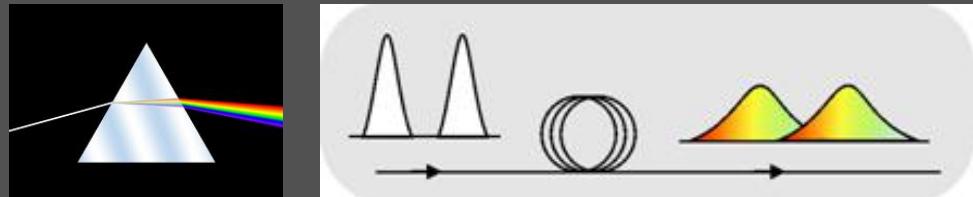


Evolution of peak laser intensity

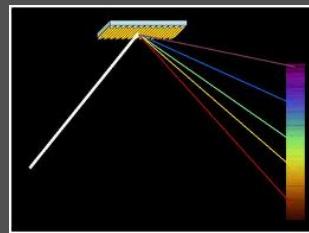


Examples of implementation of chirp filters

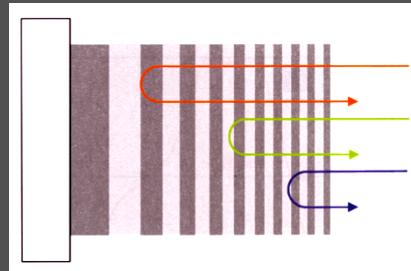
- Material dispersion



- Angular dispersion

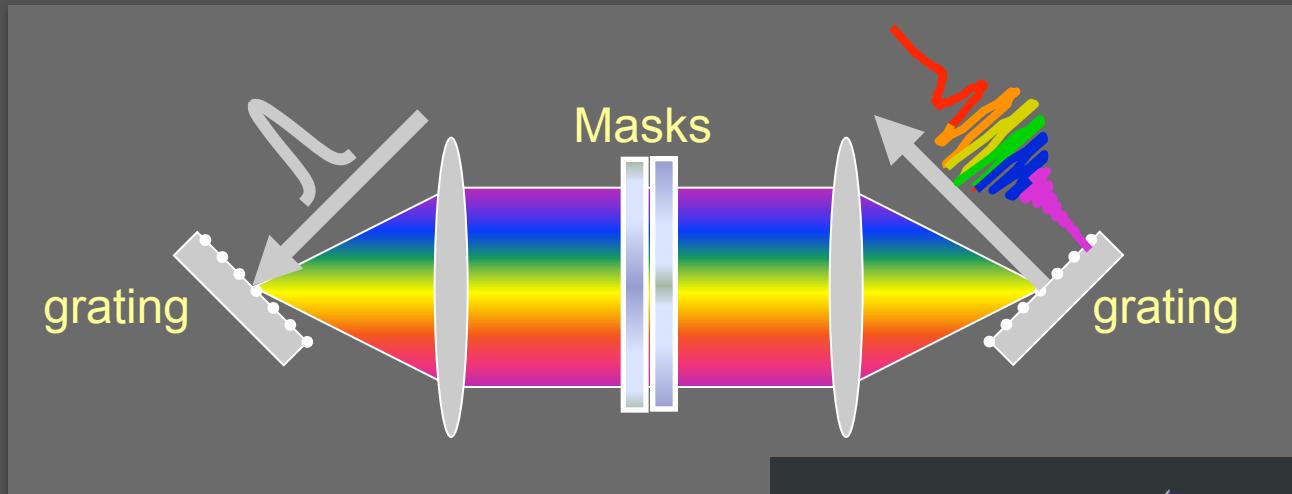


- Interferometric dispersion



- Others: polarization dispersion, nonlinear dispersion...

Pulse shaping



- To generate pulses that control chemical reactions or other phenomena
- To generate trains of pulses for telecommunications
- To precompensate for distortions that occur in dispersive media

