

Cues	Diagnosis	Objectives	Interventions	Rationale	Evaluation
<p>Subjectives:</p> <p>1. @01:10:17 in the movie, the father said: "Son, son, no...the courts explained and the doctors said it too, it wasn't her that's doing those things."</p> <p>Objectives:</p> <p>1. The father convinced himself & his son that it wasn't his mother who killed his siblings, but the doctor's diagnosis said the mother was suffering from a psychotic break secondary to postpartum psychosis.</p>	Anxiety r/t to loss of immediate loved ones as manifested by strong denial of unpleasant events.	At the end of 4 hours, the patient's anxiety should be reduced and verbalizes admission to therapy.	<p>1) Introduce yourself and build rapport and a trusting relationship with the patient.</p> <p>2) Do relaxation exercises with the patient like deep breathing, progressive muscle relaxation, guided imagery and mindfulness meditation.</p> <p>3) Listen to the patient's version of events.</p> <p>4) Encourage the patient to grieve for his loss.</p> <p>5. Instruct patient to enroll in therapy</p> <p>6. Offer education about the grieving process, emphasizing that denial is a common initial reaction and provide information about the normalcy of grief reactions and the importance of acknowledging and processing emotions.</p> <p>7. Use therapeutic communication techniques to help the patient express their feelings and thoughts and avoid confrontation but gently encourage the patient to explore their emotions.</p>	<p>1) To make the patient cooperate.</p> <p>2) To effectively reduce anxiety in non-chemical ways and to facilitate open communication .</p> <p>3) To gain perspective and depth as to the patient's cognitive status.</p> <p>4) To grieve allows raw emotions to naturally flow paving its way to healing</p> <p>5) To help uncover underlying causes of anxiety. Therapy provides tools and teaches the individual how to use them.</p> <p>6) Providing education about the grieving process helps normalize the patient's experience and reduces feelings of isolation. Understanding</p>	The patient's anxiety is reduced and verbalized admission to therapy.

				<p>that denial is a common response validates the patient's emotions and helps them navigate through the grieving process.</p> <p>7) Professional counseling and therapy provide specialized support in coping with grief. Group therapy offers a sense of community and shared experience, reducing feelings of isolation and promoting healing through shared understanding.</p>	
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