



Personal Health Companion

- ✓ Want to know how to Exercise?
- ✓ Want to lead a healthy lifestyle?
- ✓ Want to know how to have healthy diet
 - ✓ Lack of motivation?
 - ✓ Suggestions to exercise ?

twitter 

Visit us at

https://github.com/shikha1990/HealthMonitoringAnalytics_Group3

to check out our

Leaderboard

Workout Calculator

Analysis

Histograms



-Data Collection

Twitter is used to collect user's location. Display health trend of a particular user.

-Workout Calculator

We use the user's age, workout, gender and their situation to calculate the total workout.

-Personal Health Suggestion

Based on the workout calculator, pertinent suggestions are given.

-Professional Health Trend

We provide the trend for different living habits like diet, smoking and drinking.



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