Submitted By:

Jyoti Mody

Category:

Salad

Name:

CPK Thai Crunch Salad - Serves 4



Ingredients:

Lime-Cilantro Dressing

1/2 cup vegetable oil

1/4 cup rice vinegar

1/2 cup coarsely chopped cilantro

1/4 cup minced red bell pepper

1/4 cup honey

4 tsp Dijon Mustard

2 tsp sesame oil

2 tsp lime juice

2 cloves garlic

dash salt

dash ground black pepper

Spicy Peanut Sauce

1/2 cup crunchy peanut butter

6 Tbsp Hoisin sauce

2 Tbsp Rice vinegar

2 Tbsp light brown sugar

1 Tbsp Chilli sauce (or Chilli-garlic sauce)

1 tsp sesame oil

1/2 tsp minced ginger

1/2 cup water

Wonton wrappers (to make crispy wonton strips) optional handful bean threads (optional)

1 cup cooked peeled edamame (thaw shelled packs from TJs)

- 1 cup salted peanuts
- 12 cups chopped napa cabbage, chopped (1 large head)
- 2 cups thinly sliced red cabbage
- 2 cups shredded or julienned carrot
- 1 cup juliened cucumber
- 4 green onions, chopped (green part only)

Directions:

Make lime-cilantro dressing by combining all ingredients in a blender on high speed for 20 seconds, or until cilantro is chopped fine but not entirely pureed. Cover and chill. Make spicy peanut sauce by combining all ingredients in a small saucepan over medium/low heat. Heat until sauce is hot, but not boiling and sugar is dissolved. Pour mixture in a blender and blend for 20 seconds. Cover and chill.

Toast peanuts on low heat.

To build salad - combine cabbages, carrot, cucumber, edamame, green onion and toasted peanuts. Pour Cilantro-lime dressing over the salad and toss well. Put salad on a plate then drizzle peanut sauce across the plate in a zig-zag manner. Sprinkle few green onions and/or peanuts on top.