

# Anabaena: A New Chassis for Space Exploration

## Abstract

The establishment of sustainable human presence beyond Earth requires bioregenerative life support systems (BLSS) that can function autonomously using in situ resources. Among candidate organisms, the filamentous nitrogen-fixing cyanobacterium *Anabaena* has emerged as a particularly promising chassis for Mars and lunar missions. This review critically examines the physiological, molecular, and engineering considerations that position *Anabaena* as a keystone organism for space biotechnology. We discuss its capacity for diazotrophic growth in low-pressure atmospheres, nutrient extraction from extraterrestrial regolith, tolerance to perchlorates and radiation, and amenability to synthetic biology approaches. Comparative analysis reveals both the advantages of *Anabaena* over alternative photosynthetic chassis and the significant knowledge gaps that remain. We conclude with a forward-looking perspective on the integration of *Anabaena*-based systems into multi-trophic bioregenerative architectures and the critical research priorities for the next decade as humanity prepares for sustained Martian exploration.

## Introduction

The leading space agencies have committed to crewed missions to Mars within the 2030s, with ambitious long-term goals of establishing permanent human settlements on both the Moon and Mars[1][2]. A fundamental challenge underlying these objectives is the provision of life support consumables—oxygen, water, food, pharmaceuticals, and industrial feedstocks—to astronauts isolated from Earth for months to years. Transporting these materials from Earth is logistically prohibitive and energetically unsustainable for permanent habitation scenarios[3]. Consequently, the space exploration community has increasingly focused on bioregenerative life support systems (BLSS) that leverage biological processes to regenerate consumables from local resources and waste streams[4][5].

Cyanobacteria, as oxygenic photosynthetic prokaryotes, occupy a unique ecological and biotechnological niche. They require only light, carbon dioxide, water, and minimal mineral nutrients to generate biomass and oxygen. Their evolutionary antiquity—having oxygenated Earth's atmosphere over two billion years ago—has endowed them with remarkable metabolic versatility and stress tolerance[6]. Among cyanobacteria, the filamentous genus *Anabaena* (order Nostocales) possesses several distinctive features that make it exceptionally suited for space applications: the capacity for atmospheric nitrogen fixation in specialized cells called heterocysts, robust growth in extreme and fluctuating conditions, and established genetic tractability[7][8].

Recent experimental advances have demonstrated that *Anabaena* sp. PCC 7938, in particular, can be cultivated using simulated Martian atmospheric gases at reduced pressure and can extract nutrients directly from Martian regolith simulants while tolerating toxic perchlorate salts[9][10]. These findings have catalyzed growing interest in *Anabaena* as a foundational organism—a biological chassis—for constructing integrated bioprocesses that couple in situ resource utilization (ISRU) with life support functions. This

review synthesizes current knowledge on the physiological adaptations, molecular mechanisms, and synthetic biology tools relevant to *Anabaena*-based space biotechnology, critically evaluates the organism's limitations and challenges, and outlines a research roadmap for the coming decade.

## Physiological Foundations: Why *Anabaena* for Space?

### Nitrogen Fixation and Heterocyst Differentiation

A defining characteristic of *Anabaena* and related heterocystous cyanobacteria is their ability to fix atmospheric nitrogen ( $N_2$ ) into bioavailable ammonia, thereby eliminating dependence on fixed nitrogen sources. This capacity is localized to heterocysts—terminally differentiated cells that arise at semi-regular intervals (approximately every 10-15 vegetative cells) along *Anabaena* filaments under nitrogen-limiting conditions[11]. Heterocysts provide a microoxic environment that protects the oxygen-sensitive nitrogenase enzyme complex, while vegetative cells conduct oxygenic photosynthesis and supply heterocysts with reductant and ATP[12].

The molecular regulation of heterocyst differentiation involves a complex gene regulatory network centered on the master transcription factor HetR, which exhibits positive autoregulation and is activated by the global nitrogen regulator NtcA[13][14]. Spatial patterning is achieved through lateral inhibition: developing heterocysts produce and export peptide inhibitors PatS and HetN, which diffuse along the filament and suppress HetR activity in neighboring cells[15][16]. Additional regulatory genes, including *patA* and *hetF*, modulate the timing and positioning of differentiation, with mutations in these genes producing aberrant patterns such as terminal-only heterocysts (*patA*) or complete suppression of differentiation (*hetF*)[17][18]. Recent transcriptomic studies suggest that vegetative cells may retain some nitrogen fixation capacity under anaerobic conditions, challenging the strict dichotomy between cell types[19].

For space applications, the significance of diazotrophy cannot be overstated. Mars's atmosphere contains 2.7% nitrogen by volume[20], sufficient for biological fixation, while the lunar environment lacks accessible atmospheric nitrogen entirely. The capacity to convert Mars's atmospheric  $N_2$  into bioavailable nitrogen decouples life support from imported fertilizers and enables cascade trophic systems where *Anabaena* biomass serves as nitrogen-rich feedstock for downstream organisms—including heterotrophic bacteria, fungi, and higher plants—within integrated BLSS architectures[21][22].

### Carbon Fixation and Photosynthetic Efficiency

*Anabaena* species are obligate photoautotrophs that fix  $CO_2$  via the Calvin-Benson-Bassham cycle, with ribulose-1,5-bisphosphate carboxylase/oxygenase (RuBisCO) as the primary carboxylating enzyme. Like other cyanobacteria, *Anabaena* possesses carbon-concentrating mechanisms (CCMs) that enhance photosynthetic efficiency by actively accumulating inorganic carbon near RuBisCO, thereby overcoming the enzyme's low affinity for  $CO_2$  and suppressing photorespiration[23]. The Martian atmosphere, composed of 95%  $CO_2$  at a surface pressure of 600 Pa, provides abundant substrate for carbon fixation, though the low total pressure presents engineering challenges for maintaining liquid water[24].

Photosynthetic oxygen production rates in *Anabaena* are comparable to other model cyanobacteria under optimal conditions. Laboratory studies report volumetric oxygen

evolution rates of 2-8 mmol O<sub>2</sub> L<sup>-1</sup> h<sup>-1</sup> in dense cultures, though these values depend critically on light intensity, cell density, and photobioreactor design[25]. For context, a single human requires approximately 550 g O<sub>2</sub> per day at rest; preliminary calculations suggest that a photobioreactor volume of 10-50 L, depending on biomass productivity and illumination strategy, could theoretically meet the oxygen demands of one astronaut[26][27].

However, photosynthetic efficiency in space environments faces constraints beyond terrestrial cultivation. On Mars, solar irradiance at the surface is approximately 43% of Earth's, averaging 590 W m<sup>-2</sup> at the equator, and is further attenuated by dust storms[28]. Artificial lighting—likely LED-based—will be necessary for reliable biomass production, introducing energy costs that must be balanced against photobioreactor productivity. Engineering solutions include optimizing light penetration depth, wavelength tuning to cyanobacterial absorption spectra (particularly in the 400-500 nm and 600-700 nm ranges absorbed by chlorophyll *a* and phycobilins), and dynamic light management to maximize photon utilization[29][30].

### Nutrient Extraction from Extraterrestrial Regolith

A critical bottleneck for autonomous space bioproduction is the availability of mineral nutrients—particularly phosphorus, sulfur, potassium, iron, calcium, and trace metals—required for cellular biosynthesis. Transporting nutrient stocks from Earth would impose prohibitive mass penalties for long-duration missions. Consequently, significant research has focused on the capacity of cyanobacteria to mobilize nutrients directly from planetary regolith through bioweathering processes[31][32].

Martian regolith is predominantly basaltic in composition, with documented abundances of essential elements: Fe (14-18 wt%), Ca (4-7 wt%), Mg (3-8 wt%), S (2-6 wt%), P (0.6-1.0 wt%), and K (0.3-0.5 wt%)[33]. Several terrestrial cyanobacterial species, including members of the *Leptolyngbya* genus, have demonstrated the ability to extract nutrients from basaltic materials through siderophore-mediated iron chelation and secretion of organic acids that promote mineral dissolution[34]. Siderophilic cyanobacteria isolated from extreme environments exhibit enhanced capacity to grow in iron-rich substrates and could serve as Stage 1 organisms in a cascaded bioprocessing system, pre-conditioning regolith to release bioavailable nutrients for downstream *Anabaena* cultivation[35][36].

Empirical studies with *Anabaena* sp. PCC 7938 have directly confirmed its capacity to grow using Martian Global Simulant (MGS-1) as the sole nutrient source, with optimal growth observed at regolith concentrations of 50-200 kg m<sup>-3</sup> suspended in water[10][37]. Biomass productivity in MGS-1 supplemented medium was substantially higher for PCC 7938 compared to other tested strains, including *Anabaena* sp. PCC 7120, *Nostoc* sp. PCC 73102, and *Calothrix* sp. PCC 7507[37]. Interestingly, physical contact between cells and regolith particles appears necessary for efficient nutrient mobilization, suggesting that extracellular bioweathering enzymes or close-range chelation processes mediate mineral dissolution[42]. However, excessive regolith loading reduces light penetration and can mechanically interfere with photobioreactor operation, necessitating optimization of regolith concentration and particle size distribution[42].

Lunar regolith presents a more challenging substrate. While mineralogically similar to Martian basalts in many respects, lunar regolith contains virtually no nitrogen or organic carbon, and its anorthositic (calcium-rich) highlands composition differs from basaltic mare regions[38]. Moreover, the Moon lacks a substantial atmosphere, precluding

atmospheric nitrogen and carbon fixation. Nevertheless, lunar ISRU strategies could leverage cyanobacterial bioweathering to extract phosphorus, iron, and other metals from regolith, with nitrogen and carbon imported initially and later recycled within closed-loop systems[39][40].

## Perchlorate Tolerance: A Mars-Specific Challenge

One of the most significant obstacles to Mars-based life support is the ubiquitous presence of perchlorate ( $\text{ClO}_4^-$ ) salts in Martian regolith. Detected by the Phoenix lander at concentrations of 0.4-0.6 wt% at the landing site and subsequently confirmed by the Curiosity rover across multiple locations, perchlorates are thought to be globally distributed on Mars[41]. Perchlorates exhibit chaotropic properties, disrupting protein structure and cellular membranes, and also interfere with iodine metabolism in eukaryotes. Moreover, under UV irradiation, perchlorates can decompose into highly bacteriocidal reactive oxygen species, further exacerbating their toxicity[39].

For cyanobacteria, perchlorate sensitivity varies considerably among species. Some strains exhibit substantial growth inhibition at concentrations as low as  $0.1 \text{ g L}^{-1}$ , while others tolerate several grams per liter[14][42]. Systematic evaluation of *Anabaena* sp. PCC 7938 revealed a concentration-dependent reduction in growth rate, with 50% inhibition occurring at approximately  $0.5 \text{ g L}^{-1}$  calcium perchlorate[42]. Critically, when PCC 7938 was cultivated in MGS-1 containing perchlorate at realistic Mars concentrations (0.6 wt% of regolith), growth rates were reduced by approximately 50% at optimal regolith loading ( $200 \text{ kg m}^{-3}$ ), and the optimal regolith concentration shifted downward to  $\sim 50 \text{ kg m}^{-3}$ [42].

These findings have several implications. First, perchlorate toxicity and nutrient release from regolith are independent effects that act multiplicatively on growth dynamics, meaning that engineering strategies must address both challenges simultaneously[42]. Second, perchlorate remediation technologies—including chemical reduction, ion exchange, and biological perchlorate reduction by specialized bacteria—may need to be integrated into upstream regolith processing before cyanobacterial cultivation[43][35]. Third, synthetic biology approaches to engineer perchlorate-resistant *Anabaena* strains represent a promising avenue for improving strain performance under realistic Mars conditions, potentially through heterologous expression of perchlorate reductase genes or strengthening oxidative stress response pathways[35].

## Radiation and Vacuum Tolerance

Space environments expose biological systems to ionizing radiation (galactic cosmic rays and solar particle events) and vacuum conditions that are absent on Earth. For surface missions on Mars, atmospheric shielding reduces radiation exposure relative to transit or lunar surface conditions, but cumulative doses over multi-year missions remain significant. The Martian surface receives approximately 0.2-0.4 mGy per day of ionizing radiation, predominantly from galactic cosmic rays[44].

Cyanobacteria, particularly epilithic (rock-dwelling) species, exhibit remarkable radiation tolerance. Exposure experiments conducted in low Earth orbit (LEO) have demonstrated survival of cyanobacterial isolates after 548 days of continuous exposure to vacuum, temperature fluctuations ( $-20^\circ\text{C}$  to  $+30^\circ\text{C}$ ), and unshielded solar UV radiation[45][46]. In these studies, species such as *Chroococcidiopsis* sp. and certain *Gloeocapsa*-like strains survived, with thick extracellular polysaccharide sheaths and dense colonial growth forms providing protection through radiation shielding and desiccation tolerance[40][46].

*Anabaena* species have not been as extensively characterized for radiation tolerance as *Chroococcidiopsis*, though available data suggest moderate resistance. A CubeSat mission (TSAT4) was designed to characterize the growth cycle of *Anabaena cylindrica* in LEO, though published results remain limited[47]. Ground-based simulations using UV and ionizing radiation demonstrated survival and recovery of *Anabaena* strains, particularly when encapsulated in biofilms or protected by regolith particles[38][48]. Enhanced radiation tolerance could be engineered through introduction of extremophile DNA repair systems or carotenoid biosynthetic pathways that quench reactive oxygen species[49].

## Atmospheric Requirements: Low-Pressure Cultivation

### Engineering Constraints and the Mars Design Atmosphere (MDA)

A fundamental design consideration for Mars-based bioreactors is the atmospheric composition and pressure. Mars's surface atmosphere, at 600 Pa total pressure and 2.7% N<sub>2</sub> (corresponding to ~16 Pa partial pressure of N<sub>2</sub>), is far below the requirements for most terrestrial organisms. Liquid water cannot stably exist under these conditions, and the nitrogen partial pressure is insufficient to support diazotrophic growth in most cyanobacteria, which typically require >1 kPa N<sub>2</sub>[50]. Conversely, recreating Earth-like atmospheric conditions (101 kPa total pressure, 78% N<sub>2</sub>) would impose severe engineering constraints: substantial gas import requirements, thick-walled pressure vessels to contain the high internal pressure against the Martian exterior, and increased mass penalties[9].

A critical series of experiments by Verseux and colleagues addressed this tradeoff directly by developing a low-pressure photobioreactor (Atmos) capable of maintaining tightly controlled atmospheric conditions at sub-Earth pressures[9]. They tested *Anabaena* sp. PCC 7938 under a "Mars Design Atmosphere" (MDA-1): 96% N<sub>2</sub>, 4% CO<sub>2</sub>, at 100 hPa total pressure (approximately 10% of Earth's atmospheric pressure). This composition represents a pragmatic compromise: the 96 hPa N<sub>2</sub> partial pressure is 60-fold higher than Mars's native atmosphere but still far below Earth's 79 kPa, while the 4 hPa CO<sub>2</sub> provides abundant carbon substrate[9].

Results demonstrated that *Anabaena* sp. PCC 7938 could grow vigorously under MDA-1 conditions, exhibiting autotrophic, diazotrophic growth with rates comparable to standard Earth-pressure controls[9]. Critically, growth under MDA-1 in water supplemented with MGS-1 regolith was also successful, confirming that low-pressure cultivation does not preclude nutrient mobilization from regolith. Furthermore, lysed biomass from MDA-1-grown cultures effectively supported the growth of heterotrophic bacteria (*Escherichia coli*) and a higher plant (*Lemna* sp.), validating the suitability of MDA-grown *Anabaena* as feedstock for downstream trophic levels[9][51].

The MDA-1 findings have transformative implications. By reducing required nitrogen partial pressure 800-fold relative to Earth's atmosphere, the gas import burden for establishing Martian bioreactors is dramatically reduced, potentially by 85-95% depending on system design[20]. Structural requirements for pressure containment are similarly eased, reducing reactor mass and improving system scalability. Importantly, nitrogen required for MDA-1 atmospheres could be sourced from Mars's native atmosphere through cryogenic separation or membrane-based enrichment technologies, further enhancing autonomy[52].

## Controversies and Open Questions

Despite these advances, important questions remain. First, the long-term stability and productivity of *Anabaena* cultures under low-pressure conditions over timescales of months to years have not been demonstrated. Second, the interaction between low pressure, reduced oxygen partial pressure, and heterocyst function warrants further investigation. Heterocysts maintain microoxic internal conditions to protect nitrogenase; it is unclear whether external low-pressure environments alter oxygen diffusion dynamics in ways that impact nitrogen fixation efficiency. Third, the optimal atmospheric composition may vary depending on cultivation objectives—for example, hydrogen production for fuel synthesis might benefit from alternative gas mixtures[53].

An additional controversy concerns the applicability of MDA cultivation to other cyanobacterial species. Not all diazotrophic cyanobacteria tolerate low-pressure atmospheres equally well. Systematic screening across diverse strains is necessary to determine whether *Anabaena*'s MDA compatibility is genus-specific or broadly applicable. Related to this, the molecular basis of low-pressure tolerance in *Anabaena* remains unexplored, limiting rational strain improvement efforts.

## Synthetic Biology and Genetic Engineering of *Anabaena*

### Current Toolbox and Strain Development

A key advantage of *Anabaena* over many extremophilic cyanobacteria is its established genetic tractability. *Anabaena* sp. PCC 7120, the most extensively studied strain, has a fully sequenced and annotated genome (7.2 Mb, organized into a circular chromosome and multiple plasmids), and a robust toolkit for genetic manipulation has been developed over the past three decades[54][55]. Techniques include conjugative transfer of plasmids from *E. coli*, homologous recombination-based gene disruption, and more recently, CRISPR-based genome editing (though efficiency remains lower than in model bacteria such as *E. coli*)[56].

Synthetic biology efforts in *Anabaena* have focused on several objectives relevant to space applications. First, optimizing heterologous protein expression for industrial bioproduction. A comparative study evaluated inducible promoter-riboswitch constructs (using theophylline-responsive riboswitches paired with promoters of varying strength) for controllable gene expression in *Anabaena* sp. PCC 7120[24]. Results demonstrated that medium-strength promoters paired with riboswitch E achieved optimal induction ratios, enabling tunable expression of biosynthetic pathways for pharmaceuticals, biopolymers, or specialty metabolites[24].

Second, engineering metabolic pathways for biofuel production. *Anabaena* species are capable of photobiological hydrogen production under anaerobic or semi-aerobic conditions, mediated by bidirectional hydrogenases and nitrogenase[57]. While wild-type strains exhibit modest  $\text{H}_2$  production rates ( $\sim 10 \text{ mL L}^{-1} \text{ h}^{-1}$ ), mutant strains with impaired oxygen evolution or upregulated hydrogenase expression can achieve substantially higher yields, with up to 66% of photosynthetic electron flux redirected toward hydrogen evolution[41]. Engineering strategies to enhance hydrogen production include knockout of competing pathways (such as polyhydroxybutyrate synthesis), overexpression of hydrogenase maturation factors, and introduction of oxygen-scavenging enzymes to maintain microoxic conditions in bulk culture[58].

Third, enhancing stress tolerance. As discussed previously, perchlorate resistance is a priority target. Candidate approaches include expressing perchlorate reductase from *Azospira* or *Dechloromonas* species (which can enzymatically reduce  $\text{ClO}_4^-$  to innocuous chloride), strengthening oxidative stress response systems (e.g., overexpressing catalase, superoxide dismutase, or peroxiredoxin), or introducing compatible solute biosynthesis pathways to counteract osmotic stress from high salt concentrations[35][43].

### Chassis Selection: *Anabaena* sp. PCC 7938 vs. PCC 7120

An important recent development is the designation of *Anabaena* sp. PCC 7938 as a preferred model strain for space biotechnology research[37]. While PCC 7120 has historically served as the primary laboratory model due to its genetic tools and well-characterized heterocyst differentiation system, PCC 7938 exhibits superior performance in Mars-relevant conditions. Comparative assessments across five candidate *Anabaena* and *Nostoc* strains evaluated growth in regolith simulants, perchlorate tolerance, and suitability as feedstock for heterotrophic organisms[37]. PCC 7938 consistently outperformed other strains, achieving the highest biomass productivity in MGS-1, lunar simulants (LHS-1, LMS-1), and composite regolith mixtures, while maintaining moderate perchlorate resistance and low aggregation tendency (which is important for photobioreactor operation)[37].

Genomic analysis of PCC 7938 revealed >99.9% average nucleotide identity with PCC 7122, indicating very close phylogenetic relationship, though 220 flexible genes distinguish the strains[26][37]. No toxin-associated gene clusters with complete biosynthetic pathways were identified in PCC 7938, suggesting reduced risk for human-consumable applications, though experimental validation of non-toxicity remains necessary[37]. The full genome sequence of PCC 7938 (available in public databases) now facilitates comparative genomics and targeted genetic engineering for this strain[26].

Importantly, the synthetic biology toolkit developed for PCC 7120 is largely transferable to PCC 7938 due to their close genetic similarity. However, strain-specific optimization of transformation protocols, promoter strength characterization, and induction systems is ongoing. The space research community has begun to coalesce around PCC 7938 as a shared reference organism, which will facilitate cross-laboratory reproducibility and accelerate progress toward flight-ready bioprocessing systems[37].

### Ethical and Planetary Protection Considerations

Genetic engineering of organisms destined for extraterrestrial deployment raises ethical and planetary protection concerns. The Committee on Space Research (COSPAR) has established planetary protection policies to prevent forward contamination (introduction of Earth life to other worlds) and back contamination (return of extraterrestrial material to Earth)[59]. Mars is classified as a Category IV target for robotic missions and Category V for sample return, reflecting scientific interest in detecting potential indigenous life.

For bioregenerative life support systems, containment is paramount. Even genetically engineered *Anabaena* strains must be rigorously contained within bioreactor vessels to prevent environmental release. Fail-safe mechanisms—such as auxotrophic mutations rendering strains dependent on supplied nutrients not present in the Martian environment, or insertion of genetic "kill switches" that can be activated to sterilize cultures—should be integrated into strain designs[60]. Nevertheless, absolute containment

over multi-year missions is challenging, and the long-term consequences of potential biocontamination on Mars remain a subject of scientific and ethical debate[61].

## Integration into Bioregenerative Life Support Systems

### Multi-Stage Reactor Architectures

The ultimate objective of *Anabaena*-based space biotechnology is not cultivation in isolation, but integration into multi-trophic bioregenerative architectures that cycle matter and energy efficiently. Several conceptual frameworks have been proposed, most notably the Micro-Ecological Life Support System Alternative (MELiSSA) developed by the European Space Agency, which envisions a closed-loop system organized into compartmentalized reactors[62].

A representative three-stage architecture for Mars incorporates *Anabaena* at the core:

**Stage 1: Regolith Bioweathering.** Siderophilic cyanobacteria (e.g., *Leptolyngbya* sp. JSC-1) or chemolithotrophic bacteria are cultivated in contact with Martian regolith to solubilize nutrients and secrete organic acids. The resulting bioweathered regolith and cell lysate are passed to Stage 2[34][35].

**Stage 2: Photoautotrophic Biomass Production.** *Anabaena* sp. PCC 7938 is cultivated in photobioreactors under MDA-1 atmosphere, using bioweathered nutrients, atmospheric CO<sub>2</sub> and N<sub>2</sub>, and water sourced from Martian ice deposits. The culture produces oxygen (released to habitat atmosphere), fixes carbon and nitrogen into biomass, and serves as feedstock for downstream processes[9][27].

**Stage 3: Heterotrophic Conversion and Bioproduction.** *Anabaena* biomass is lysed and fed to heterotrophic microorganisms or fungi for further processing. This stage can include production of pharmaceuticals, biopolymers (e.g., polyhydroxyalkanoates for manufacturing), biofuels (methane or hydrogen for propellant synthesis), or bioprocessing into human-compatible food[63][64]. Mycoproteins derived from fungal fermentation on cyanobacterial lysate have been proposed as protein-rich food supplements[65].

Additional higher-order components, such as edible plants (*Solanum lycopersicum*, *Lactuca sativa*) or fish in aquaponic systems, could be integrated as Stage 4, though these impose greater complexity and resource demands[66]. The degree of closure—i.e., the fraction of mass internally recycled versus imported from Earth or ISRU—determines system sustainability and is a key metric for BLSS performance[67].

### Waste Recycling and Nutrient Closure

Achieving high closure efficiency requires capturing nutrients from astronaut waste streams and reintroducing them into the bioreactor loop. Human waste (urine, feces, and gray water) contains nitrogen, phosphorus, and organic carbon that can be recovered through microbial processing. The MELiSSA concept includes a liquefaction compartment (using anaerobic bacteria to degrade solid waste into volatile fatty acids), a nitrification compartment (oxidizing ammonium to nitrate), and a photoautotrophic compartment (cyanobacteria or microalgae consuming nitrate while releasing oxygen)[62].

*Anabaena*'s nitrogen-fixing capacity allows it to bypass imported nitrate, but integration with nitrifying bacteria enables nutrient recovery from waste. Alternatively, ammonium from urea hydrolysis can be assimilated directly by *Anabaena*, though excessive



ammonium concentrations inhibit heterocyst differentiation and nitrogen fixation[68]. Balancing diazotrophic versus ammonium-assimilating modes may require dynamic control of nitrogen availability, presenting an interesting systems biology challenge.

Phosphorus recovery is particularly critical, as this element is scarce in many environments and non-renewable on human timescales. Cyanobacteria accumulate polyphosphate granules under phosphorus-replete conditions, which can be mobilized during starvation[69]. Engineering enhanced polyphosphate storage capacity or deploying phosphorus-scavenging strategies (e.g., secretion of acid phosphatases to cleave organic phosphates) could improve closure efficiency[70].

## Oxygen Production and Atmospheric Regulation

A primary function of *Anabaena* in BLSS is oxygen generation. Human oxygen consumption rates vary with activity but average ~0.84 kg O<sub>2</sub> per person per day. Photosynthetic oxygen production by cyanobacteria is light-limited; assuming a photosynthetic quotient (moles O<sub>2</sub> produced per mole CO<sub>2</sub> fixed) of 1.0-1.2 and a biomass composition of C<sub>106</sub>H<sub>181</sub>O<sub>45</sub>N<sub>16</sub>P (Redfield ratio adapted for cyanobacteria), approximately 2-3 kg of CO<sub>2</sub> must be fixed to generate 1 kg of O<sub>2</sub>[71].

Experimental photobioreactor studies report volumetric oxygen production rates of 5-20 mmol O<sub>2</sub> L<sup>-1</sup> h<sup>-1</sup> for dense cyanobacterial cultures under saturating light (500-1000 μmol photons m<sup>-2</sup> s<sup>-1</sup>)[25][72]. Extrapolating to human requirements, a 20 L photobioreactor operating at 10 mmol L<sup>-1</sup> h<sup>-1</sup> would produce approximately 0.15 kg O<sub>2</sub> per day, suggesting that 5-6 such reactors per astronaut would be necessary. Scaling to a crew of four would require photobioreactor arrays totaling 80-120 L culture volume, occupying ~0.5-1.0 m<sup>3</sup> of habitat space depending on reactor geometry[26].

These estimates are sensitive to culture density, light utilization efficiency, and photobioreactor design. Flat-panel or internally illuminated photobioreactors with LED light sources maximize surface area-to-volume ratios and minimize self-shading, improving productivity per unit volume[73][74]. However, energy costs for illumination are substantial: achieving 500 μmol m<sup>-2</sup> s<sup>-1</sup> over a 1 m<sup>2</sup> surface requires ~100 W of LED power (assuming 30-40% electrical-to-photon conversion efficiency), translating to several kilowatts of electrical demand for a four-person crew's oxygen needs[30]. Solar photovoltaics or nuclear reactors (e.g., Kilopower fission systems) would provide primary power[75].

## Food Production and Nutritional Considerations

While *Anabaena* biomass is nutrient-dense—containing 40-50% protein, 10-20% carbohydrates, 5-10% lipids, and abundant vitamins (B complex) and minerals—direct human consumption faces palatability and safety challenges[76]. Cyanobacteria produce phycobiliproteins and other pigments that impart strong flavors and colors, and some strains synthesize bioactive secondary metabolites of uncertain safety[77]. Moreover, cyanobacterial cell walls contain peptidoglycan and lipopolysaccharides that are difficult to digest and may provoke immune responses[78].

Several strategies have been proposed to convert *Anabaena* biomass into human-compatible food:

1. **Protein Extraction and Purification:** Mechanical or enzymatic cell lysis followed by protein fractionation yields purified phycobiliprotein and soluble protein

fractions that can be formulated into food products[79].

2. **Heterotrophic Bioconversion:** Feeding lysed *Anabaena* to food-grade heterotrophs such as *Saccharomyces cerevisiae* (baker's yeast), filamentous fungi (e.g., *Aspergillus oryzae* for mycoprotein production), or even edible insects generates more palatable biomass[51][80].
3. **Plant Growth Substrate:** *Anabaena* lysate or composts serve as nitrogen-rich fertilizer for hydroponic cultivation of leafy greens or fruiting crops, bridging cyanobacteria-based primary production with conventional agriculture[81].

Nutritional studies have demonstrated that *Arthrospira* (Spirulina), a phylogenetically related non-heterocystous cyanobacterium, can safely supplement human diets at 10-20 g per day, providing complete protein and essential amino acids[82]. Analogous safety assessments for *Anabaena* are necessary, particularly given heterocyst-specific biochemistry and potential differences in secondary metabolite profiles. Chronic toxicity studies, allergenicity testing, and characterization of bioactive compounds are ongoing research priorities[83].

## Knowledge Gaps and Challenges

Despite remarkable progress over the past decade, significant knowledge gaps impede the transition from laboratory-scale demonstrations to flight-ready systems.

### Scalability and Bioreactor Engineering

Laboratory experiments with *Anabaena* typically employ small-scale photobioreactors (0.1-5 L), often operated in batch or semi-continuous mode. Scaling to 50-100 L systems necessary for life support introduces engineering challenges: maintaining uniform light distribution, managing heat generated by illumination, preventing biofilm formation on optical surfaces, and ensuring efficient gas exchange[84]. Computational fluid dynamics modeling and empirical testing of scaled prototypes are essential to identify bottlenecks and optimize performance.

Moreover, Mars-surface conditions introduce unique constraints. Reduced gravity (0.38 g) affects fluid dynamics, potentially altering mixing patterns and gas bubble behavior in photobioreactors[85]. Temperature control is complicated by the thin Martian atmosphere (poor convective heat transfer) and extreme diurnal temperature swings[86]. Dust contamination of external surfaces (solar panels, optical windows) could degrade performance over time and requires mitigation strategies[87].

### Long-Term Stability and Evolutionary Dynamics

Most published studies evaluate *Anabaena* performance over days to weeks. The evolutionary dynamics of cyanobacterial cultures maintained for months to years under selective pressure (low pressure, perchlorate exposure, artificial light regimes) are poorly understood. Spontaneous mutations could lead to productivity declines, loss of diazotrophy, or emergence of non-functional strains[88]. Conversely, adaptive evolution might enhance strain performance, a phenomenon that could be harnessed through directed evolution approaches[89].

Genetic stability of engineered strains is particularly concerning. Plasmid-based expression systems may suffer from segregational instability without continuous antibiotic selection, which is undesirable for space applications[90]. Chromosomal integration of synthetic

pathways improves stability but complicates genetic manipulation. CRISPR-mediated genome editing offers a path forward, though efficiency and precision in *Anabaena* require further optimization[91].

## Systems Integration and Control

Integrating *Anabaena*-based photobioreactors into closed-loop life support systems necessitates sophisticated sensing, monitoring, and control infrastructure. Real-time measurement of dissolved oxygen, pH, cell density, nitrogen status, and nutrient concentrations enables dynamic adjustment of growth conditions[92]. However, robust biosensors suitable for space applications—resistant to radiation, low power, and autonomously operable—are limited.

Predictive modeling of BLSS dynamics is essential for designing control algorithms. Metabolic flux analysis, genome-scale metabolic models, and kinetic modeling of heterocyst differentiation can inform optimal operating strategies[93][94]. Machine learning approaches, trained on historical cultivation data, could enable autonomous optimization and fault detection[95]. Nevertheless, the complexity of multi-organism systems and the influence of stochastic factors (such as contamination events or equipment failures) challenge purely model-based control.

## Contamination and Sterility Management

Maintaining axenic or defined-community cultures over multi-year missions is difficult. Contamination by heterotrophic bacteria, fungi, or protozoa can compete with *Anabaena* for resources, produce toxins, or destabilize system performance[96]. While some level of microbial diversity may be beneficial—enhancing nutrient cycling or suppressing pathogens—uncontrolled contamination is undesirable.

Strategies to manage contamination include physical barriers (membrane filters on gas inlets), periodic pasteurization or UV sterilization (which *Anabaena* can survive better than many contaminants), and selective pressure via environmental conditions (e.g., low pressure, perchlorate) that favor *Anabaena* over invaders[97]. Monitoring microbial community composition via molecular methods (16S rRNA sequencing, metagenomics) provides early warning of shifts, enabling intervention before productivity declines[98].

## Regulatory and Safety Considerations

Before *Anabaena*-based systems can be deployed on crewed missions, extensive safety testing is required. This includes assessment of allergenicity, toxicity of biomass and metabolites, compatibility with life support hardware, and failure mode analysis[99]. Regulatory frameworks for genetically modified organisms in space are underdeveloped, though NASA and ESA have begun formulating guidelines[100]. Public perception and stakeholder acceptance of engineered organisms in space food production also warrant consideration, particularly for missions with international crew composition[101].

## Future Perspectives: The Next Decade and Beyond

As space agencies target crewed Mars missions in the 2030s and establishment of lunar bases as precursors, the next 5-10 years represent a critical window for advancing *Anabaena*-based biotechnology from proof-of-concept to prototype demonstration.

### Strain Engineering Priorities

Rational design of next-generation *Anabaena* chassis should focus on:

1. **Enhanced Perchlorate Resistance:** CRISPR-mediated insertion of perchlorate reductase operons from *Azospira* or strengthening ROS-scavenging pathways to achieve growth in 1-2 g L<sup>-1</sup> perchlorate, enabling use of unprocessed Martian regolith.
2. **Optimized Photosynthetic Efficiency:** Engineering carbon-concentrating mechanisms for enhanced CO<sub>2</sub> fixation under low-light or intermittent illumination, potentially through overexpression of carboxysome shell proteins or introduction of C<sub>4</sub>-like CO<sub>2</sub> pumps.
3. **Tunable Nitrogen Fixation:** Developing inducible systems to control heterocyst frequency and nitrogenase activity, enabling dynamic balancing of oxygen production (vegetative cell photosynthesis) versus nitrogen fixation based on crew needs.
4. **Bioproduct Synthesis:** Introducing pathways for direct production of high-value compounds—vitamins (B12, folate), essential amino acids, omega-3 fatty acids, or pharmaceuticals—reducing downstream processing requirements.
5. **Reduced Aggregation:** Minimizing filament aggregation and biofilm formation through knockout of exopolysaccharide biosynthesis genes, improving suspension culture and photobioreactor performance.

### Autonomous and In Situ Demonstration

Ground-based analog missions—such as those at the Mars Desert Research Station (Utah, USA) or Flashline Mars Arctic Research Station (Devon Island, Canada)—provide opportunities to test integrated *Anabaena* BLSS under operationally relevant conditions with human crews[102]. Long-duration isolation studies (e.g., Mars500, HERA) can evaluate system reliability, crew interaction, and psychological acceptance of cyanobacterial-derived food[103].

Robotic precursor missions to Mars or the Moon could deploy automated photobioreactor payloads to test performance under actual extraterrestrial conditions. CubeSat or SmallSat platforms in LEO offer cost-effective testbeds for evaluating microgravity effects, radiation exposure, and long-term culture stability[47]. Data from these missions would validate models and inform full-scale system design.

### Integration with Artificial Intelligence and Automation

Future BLSS will require minimal human oversight, leveraging AI for autonomous operation. Machine learning models trained on sensor data could predict culture crashes, optimize nutrient dosing, and dynamically adjust lighting schedules to maximize productivity while minimizing energy consumption[95]. Computer vision systems could monitor culture health via automated microscopy, detecting morphological changes indicative of stress or contamination[104].

Digital twin technologies—virtual replicas of physical bioreactors that simulate system behavior in real time—could enable predictive maintenance and optimization[105]. Astronauts or ground control could interact with the digital twin to test "what-if" scenarios before implementing changes in the actual system, reducing risk and accelerating troubleshooting.

## Expanding the Chassis Portfolio

While *Anabaena* sp. PCC 7938 is emerging as a preferred model, diversification of cyanobacterial chassis may be beneficial for different mission profiles or environmental niches. For example:

- **High-Radiation Environments:** *Chroococcidiopsis* sp., known for extreme radiation tolerance, may be preferable for lunar surface or deep-space transit applications where shielding is limited[46][106].
- **Low-Light Conditions:** Far-red light utilizing cyanobacteria, which possess modified photosystems capable of harvesting near-infrared photons, could enable cultivation in caves or subsurface habitats with minimal lighting[107].
- **Biofuel Production:** Non-heterocystous diazotrophs such as *Cyanothece* sp., which temporally separate nitrogen fixation and photosynthesis, exhibit high hydrogen production rates and may be optimized for fuel generation rather than life support[108].

Comparative systems biology across these organisms will reveal universal versus species-specific design principles, informing selection criteria for mission-specific requirements.

## Societal and Ethical Dimensions

Beyond technical challenges, the deployment of living systems in space raises societal and ethical questions. How should humanity balance the scientific imperative to search for indigenous extraterrestrial life with the practical necessity of bioregenerative life support? Should we prioritize planetary protection even if it constrains exploration? What rights and responsibilities do we have toward organisms we engineer for survival in alien environments?

Public engagement and transparent dialogue among scientists, policymakers, ethicists, and the broader public are essential to navigate these questions[109]. Education initiatives that highlight the interdisciplinary nature of space biology—bridging microbiology, engineering, ecology, and philosophy—can inspire the next generation of researchers while fostering informed societal discourse[110].

## The Long View: Terraforming and Ecological Engineering

On timescales of centuries to millennia, *Anabaena* and other cyanobacteria could play a role in terraforming Mars—the hypothetical transformation of the planet into a habitable environment. Cyanobacteria oxygenated Earth's atmosphere in the Proterozoic Eon; could they do the same for Mars[6]? While full-scale terraforming faces immense technical and ethical challenges, localized "ecopoiesis"—the establishment of self-sustaining microbial ecosystems in controlled volumes—represents a more achievable near-term goal[111].

Small-scale experiments releasing cyanobacteria into sealed chambers filled with Martian regolith and atmosphere (the "Mars jars" concept) could demonstrate the feasibility of autonomous biosphere establishment[112]. Over decades, networks of such bioreactors

could spread across Martian valleys or lava tubes, gradually increasing local oxygen concentrations and organic carbon inventories. Whether such interventions are desirable—and who holds authority to initiate them—remains contentious[113].

## Conclusion

*Anabaena* represents a compelling biological chassis for space exploration, combining essential physiological capabilities—diazotrophy, photoautotrophy, regolith nutrient extraction—with genetic tractability and demonstrated performance under Mars-relevant conditions. The selection of *Anabaena* sp. PCC 7938 as a model strain and successful demonstrations of low-pressure cultivation and perchlorate tolerance mark significant milestones toward practical implementation.

Nevertheless, the path from laboratory curiosity to flight-ready technology is long and fraught with challenges. Scalability, long-term stability, systems integration, and safety validation remain formidable hurdles. The next decade will be critical: intensive research efforts, supported by analog missions and robotic precursors, must address these gaps to inform design of BLSS for the 2030s Mars missions.

Beyond Mars, the principles and technologies developed through *Anabaena*-based space biotechnology will have profound terrestrial applications. Bioregenerative life support concepts applicable to closed habitats on Mars are equally relevant to resource-constrained environments on Earth—remote outposts, submarines, disaster relief shelters, or sustainable urban agriculture systems. Advances in low-energy photobioreactor design, nutrient recycling, and synthetic biology strain engineering will benefit biotechnology broadly.

Ultimately, the success of *Anabaena* as a space chassis will be measured not merely by oxygen liters produced or kilograms of biomass grown, but by its contribution to the larger vision of humanity as a multi-planetary species—resilient, sustainable, and in harmony with the biological systems that sustain us, wherever we may venture.

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