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Code:
package information_security._07_MD5;
import java.security.MessageDigest;
import java.security.NoSuchAlgorithmException;
public class MD5Example {
 public static void main(String[] args) {
   String text = "Hello, I am Aditya";
   try {
     // Create MessageDigest instance for MD5
     MessageDigest md = MessageDigest.getInstance("MD5");
     // Update input text in message digest
     md.update(text.getBytes());
     // Generate MD5 hash
     byte[] digest = md.digest();
     // Convert byte array to hexadecimal string
     StringBuilder sb = new StringBuilder();
     for (byte b : digest) {
       sb.append(String.format("%02x", b & 0xff));
     }
     System.out.println("MD5 Hash of \"" + text + "\": " + sb.toString());
   } catch (NoSuchAlgorithmException e) {
     System.err.println("MD5 algorithm not found.");
OUTPUT:
```

MD5 Hash of "Hello, I am Aditya": ca9155be6022a1984098f5de222bdc34