

User Data

First Name	Last Name	Phone	Email	Date of Birth	Gender	Weight	Height	Activity Level	Dietary Preferences	Health Conditions	Medical History	Health Goals	Membership Status
Admin	Admin	9510819923	admin@gmail.com	2001-10-19	Female	65	178	Moderately_active	vegan	none	none	flexibility	regular
Srushti	Shinde	9510819923	shindesru1910@gmail.com	2001-10-19	female	45	160	sedentary	vegetarian	none	none	weight_loss	Regular
Mansi	Patel	9987567854	Mansi01@gmail.com	2000-07-15	female	65	168	moderately_active	low_carb	none	none	muscle_gain	Regular
Shagufta	Saiyed	8898654678	shaguftasaiyed25@gmail.com	2002-01-25	female	50	160	lightly_active	gluten_free	none	none	flexibility	Regular
Mann	Shinde	9265772286	shindemann344@gmail.com	2008-08-03	male	70	165	sedentary	vegetarian	none	none	weight_loss	regular