Meal Match

Account Sign In/Log Out

Home Food Grocery Exercise

Calories Overview

3000 Calories Remaining

Daily Nutrition Goals

Most Recent Nutrient Breakdown

EDIT: Both of these tables will have the micro and macro nutrient information

Meal Match

Login to Your Account

Enter your credentials below to access your account.

Email

Enter your email

Password

Enter your password

Forgot Password? | Log In

Meal Match

Create an Account

Join us by filling in the details below.

Username

Enter your username

Email

Enter your email

Password

Enter your password

Cancel | Sign Up

Meal Match

Account Sign In/Log Out

Home **Food** Grocery Exercise

Food Diary Recipe Search Meal Plan Creation

Food Diary For: <Current Day>

Add Food

Food Name

Enter food name

Meal Type

Breakfast | Lunch | Snacks | Dinner

Save

Today's Food

Scrambled Eggs — Breakfast — 120 cal

Grilled Chicken Salad — Lunch — 250 cal

Apple Slices — Snacks — 50 cal

Spaghetti Bolognese — Dinner — 350 cal

Nutrient Breakdown of Foods inputted For current Day

Meal Match

Account Sign In/Log Out

Home **Food** Grocery Exercise

Food Diary **Recipe Search** Meal Plan Creation

Search For Recipes

Here the user will be able to search for recipes and there will be 20-25 recipes related to their query. EX "Chicken"

New Arrival — Picture of Grilled Chicken — Grilled Chicken — **Calories:** **Protein:** **Fat:**

Best Seller — Chicken Alfredo — Chicken Alfredo — **Calories:** **Protein:** **Fat:**

Limited Edition — Chicken Burger — Chicken Burger — **Calories:** **Protein:** **Fat:**

Meal Match

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Food Diary Recipe Search **Meal Plan Creation**

Table that will start with the amount of macro and micro nutrients remaining for the day, the user has the option to input data and change any variable.

Search For Recipes

Their needs to be a filter feature that will take priority which macro and micro nutrient that is most important.

When the user searches for recipes there will be recipes that meet or are very close to their calories or protein needed.

New Arrival — Picture of Grilled Chicken — Grilled Chicken — **Calories:** **Protein:** **Fat:**

Best Seller — Chicken Alfredo — Chicken Alfredo — **Calories:** **Protein:** **Fat:**

Limited Edition — Chicken Burger — Chicken Burger — **Calories:** **Protein:** **Fat:**

In addition the search feature, when the page is dynamically loaded, there will be recipes that are high in calories or protien to give the user ideas

Calories Protein Fats

This is showing recipes with high calories

New Arrival — Picture of Grilled Chicken — Grilled Chicken — **Calories:** **Protein:** **Fat:**

Best Seller — Chicken Alfredo — Chicken Alfredo — **Calories:** **Protein:** **Fat:**

Limited Edition — Chicken Burger — Chicken Burger — **Calories:** **Protein:** **Fat:**

Meal Match

Account Sign In/Log Out

Home Food **Grocery** Exercise

Grocery List Search Groceries

My Grocery List

Manage your shopping items easily.

Add item

Clear | Create

Items

Broccoli — Vegetables — **2 units**

Bread — Bakery — **1 loaf**

Apples — Fruits — **5 pieces**

Meal Match

Account Sign In/Log Out

Home Food **Grocery** Exercise

Grocery List **Search Groceries**

Find nearby grocery stores

Here is what will show when the user searches

New Arrival — Picture of query — Grocery Store — **Price:**

Best Seller — Picture of query — Grocery Store — **Price:**

Limited Edition — Picture of query — Grocery Store — **Price:**

Meal Match

Account Sign In/Log Out

Home Food Grocery **Exercise**

Exercise Search

Search For Exercises

User will be able to search for exercises, "back, chest".

New Arrival — Picture of Bench Press — Bench Press

Best Seller — Dumbell Press — Dumbell Press

Limited Edition — Seated chest Rea — Seated chest Rea

Meal Match

Account Sign In/Log Out

Home Food Grocery **Exercise**

Exercise Search

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User will be able to search for exercises, "back, chest".

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