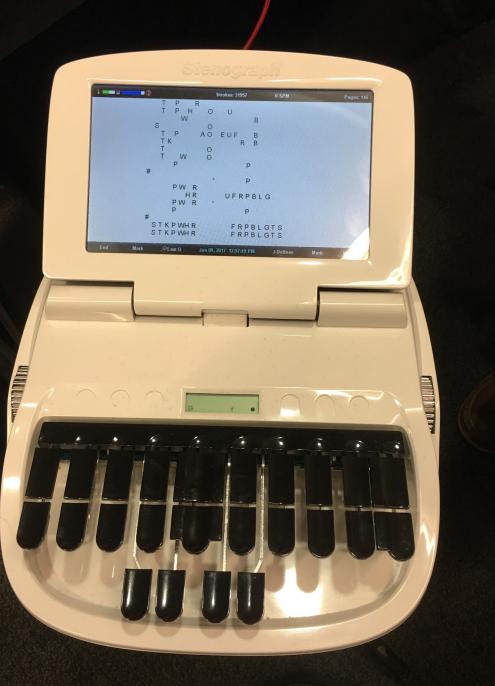
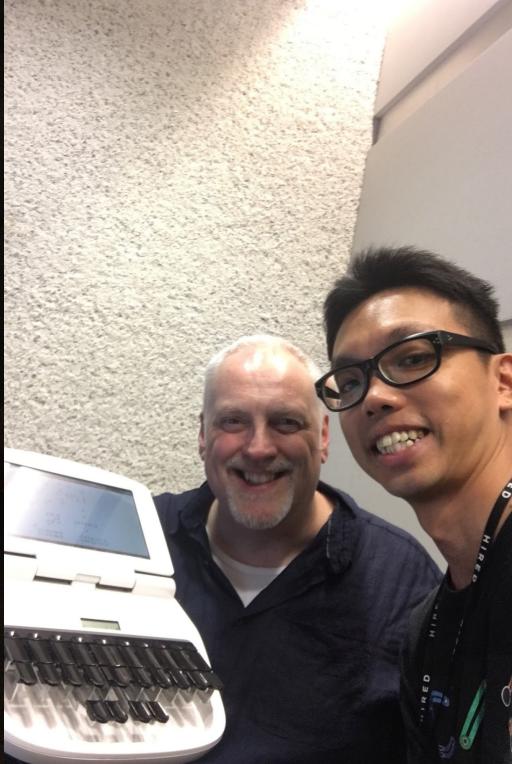
# Typing at the speed of thought

Do you type as fast as you think?

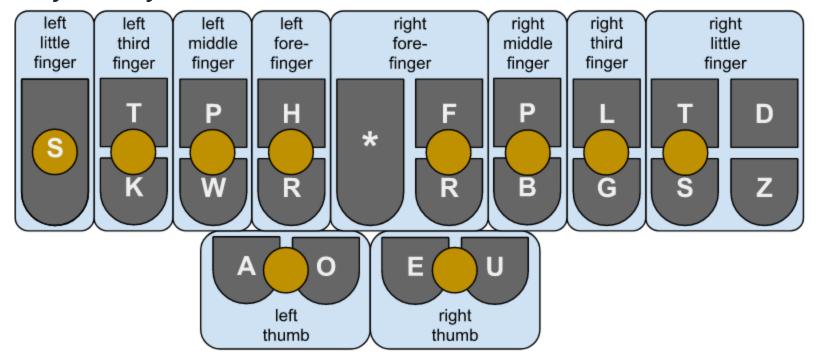




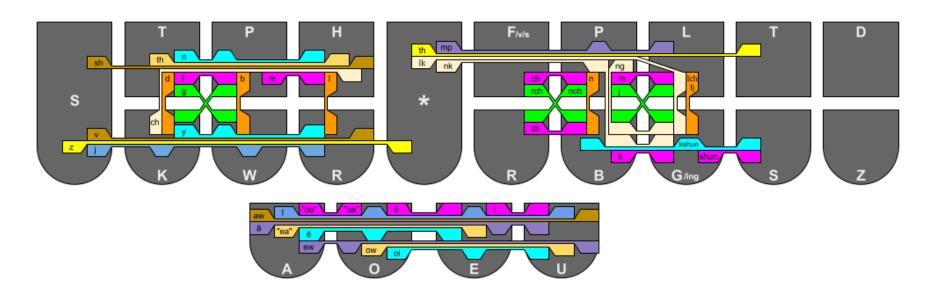


## What is stenography?

- press key chords instead of individual keys (e.g. KAT for cat)
- phonetic/mnemonic instead of spelling
- your fingers almost never leave the "home position"
- only 22 keys!



### What is steno?



## **History of steno**

- first stenotype was invented in 1879
- is the typing version of shorthand writing
- mostly used in courtrooms
- expensive hardware, software and training





1879 1911

## **History of steno**

• steno paper

```
RA
                                  (new line) >>
       RA
                                  this
      Η
                                  is
            EU
                       S
                                  an
                 PB
        Α
  ΚP
                 P L
                                  example
                 PL
                                  of
              F
                                  machine
   Ρ
     Н
                 PB
                                  shorthand
      н А
                 PΒ
                        D
                                  from
   Р
      R
                                  a
        Α
ST
            Ε
                 PB
                                  steno
           Ε
        AO E
  K
                                  keyboard
        AO
                R
                        D
   PW
                                  with
    W
   Ρ
        Α
           EU
                                  paper
            Ε
              R
                                  (period)
              FPLT
```

## Why steno?

- speed
  - average typist = 40wpm
  - top QWERTY typist = 120wpm
  - speech = 180wpm
  - steno students = 100-120wpm (in 6mths)
  - certified stenographer = 240wpm @ 99.9% accuracy
  - world record = 360wpm @ 97.23% accuracy
- ergonomics
  - fingers mostly at home position
  - even better than DVORAK and COLEMAK
- makes your brain work faster?
  - same as what the abacus does for mental arithmetic

## How do you type \_\_\_\_\_?

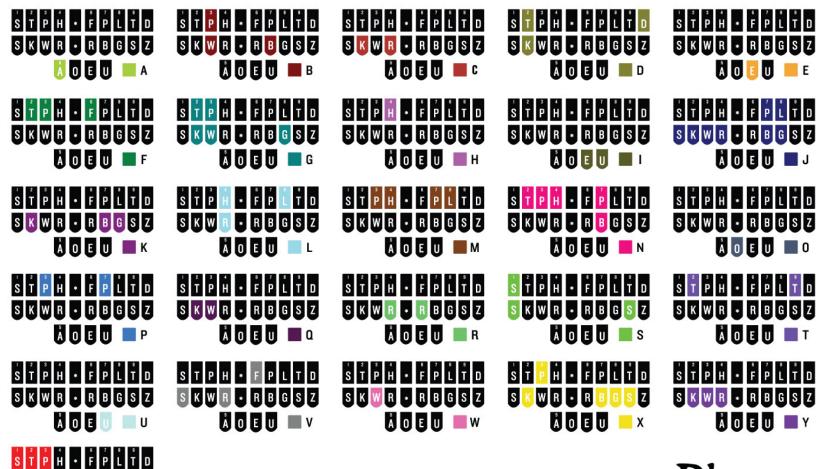
- a quick brown fox jumps over the lazy dog
- AEU KWEUBG PWROUPB TPOBGS SKWR\*UPLS OEFR -T HRAEZ
  TKOG

## How do you type \_\_\_\_\_?

- anagrams (post/stop/pots)
  - post = POEST, stop = STOP, pots = POTS
- homophones
  - vowel disambiguators
    - road = RAOD, rode = ROED
    - pair = PAEUR, pear = PAER
  - chords for missing letters
    - sight = SAOEUT, site = SAO\*EUT, cite = KRAOEUT
- multi-syllabic words
  - python = pie + thon = PAOEU/THOPB
- dictionary, briefs
- for anything else, there's fingerspelling

| 'a': <b>AEU</b>          | 'could': <b>KO</b>                  | 'new': <b>NU</b>                       | 'through': <b>THRU</b> |
|--------------------------|-------------------------------------|--|------------------------|
| 'about': <b>B</b>        | 'describe': <b>SKRI</b>             | 'of': <b>F</b>                         | 'to': <b>TO</b>        |
| 'actually': <b>TWAIL</b> | 'described': <b>SKRID</b>           | 'only': <b>OENL</b>                    | 'today': <b>TOED</b>   |
| 'after': <b>AF</b>       | 'do': <b>DO</b>                     | 'opinion': <b>P-N</b>                  | 'two': <b>TWO</b>      |
| 'against': <b>GENS</b>   | 'easy': <b>EZ</b>                   | 'other': <b>OER</b>                    | 'understand': URND     |
| 'almost': <b>L-M</b>     | 'even': <b>EEN</b>                  | 'others': <b>OERS</b>                  | 'understanding': URNGD |
| 'amount': <b>AMT</b>     | 'ever': <b>-FR</b>                  | 'otherwise': O*ERZ                     | 'unless': <b>N-LS</b>  |
| 'another': <b>NOER</b>   | 'every': <b>EFR</b>                 | 'probably': <b>PROBL</b>               | 'upon': <b>PON</b>     |
| 'any': <b>NI</b>         | 'example': <b>XM</b>                | 'question': <b>KWE</b>                 | 'very': <b>VE</b>      |
| 'anything': <b>NIG</b>   | 'have': <b>V</b>                    | 'receive': <b>SEEF</b>                 | 'were': <b>WR</b>      |
| 'are': <b>R-</b>         | 'having': <b>V-G</b>                | 'received': SEEFD                      | 'what': <b>WHA</b>     |
| 'ask': <b>SK</b>         | 'he': E                             | 'said': <b>SAID</b>                    | 'where': <b>W-R</b>    |
| 'be': <b>B</b>           | Т: 1                                | 'somebody': <b>S-B</b>                 | 'whether': WHR         |
| 'became': <b>BAIM</b>    | 'idea': <b>Y-D</b>                  | 'somehow': <b>SMOU</b>                 | 'which': WI            |
| 'because': <b>BAUS</b>   | 'ideas': <b>Y-DZ</b>                | 'someone': <b>SMN</b>                  | 'who': <b>WHO</b>      |
| 'become': <b>B-BG</b>    | 'if': F                             | 'someplace': SPLAIS                    | 'with': <b>W</b>       |
| 'becomes': <b>B-BGS</b>  | 'in': <b>TPH</b>                    | 'something': <b>S-G</b>                | 'within': <b>WN</b>    |
| 'been': <b>BN</b>        | 'include': <b>KLU</b>               | 'sometimes': STayeMS                   | 'without': WOUT        |
| 'before': <b>BF</b>      | 'included': <b>KLUD</b>             | 'somewhere': <b>SWR</b> or <b>SW-R</b> | 'would': <b>WO</b>     |
| 'beginning': <b>GING</b> | 'includes': <b>KLUS</b>             | 'that': <b>THA</b>                     | 'yes': <b>YE</b>       |
| 'being': <b>-BG</b>      | 'including': <b>KLUG</b>            | 'the': <b>-T</b>                       | 'you': <b>U</b>        |
| 'by': <b>BI</b>          | 'interest': <b>T-R</b> or <b>TR</b> | 'there': <b>THR</b>                    | 'you'd': <b>UD</b>     |
| 'can': <b>K</b>          | 'is': <b>S-</b>                     | 'therefore': THR-F                     | 'you'll': <b>UL</b>    |
| 'continue': <b>T-N</b>   | 'many': <b>MAEN</b>                 | 'they': <b>THE</b>                     | 'you're': <b>UR</b>    |
| 'continued': <b>T-ND</b> | 'move': <b>MOF</b>                  | 'this': <b>TH</b>                      | 'you've': <b>UF</b>    |

## STENO ALPHABET



SKWR•RBGSZ

Å O E U Z



http://ploversteno.org

## Other interesting stuff

- FizzBuzz in JS (https://www.youtube.com/watch?
   v=RBBiri3CD6w)
- Longer code in Python (https://www.youtube.com/watch?
   v=jRFKZGWrmrM)
- Super fast typeracer (http://data.typeracer.com/pit/profile? user=stedno)

## **Getting started with steno**

- software
  - Plover (http://www.openstenoproject.org/plover/)
- hardware
  - NKRO keyboard
  - ortholinear keyboards (Planck, Gherkin, etc)
  - stenomod (https://stenomod.blogspot.com/)
  - specialized stenotype (Stenograph, Tréal, etc)
- books
  - https://sites.google.com/site/ploverdoc/home
  - https://www.gitbook.com/book/morinted/plovertheory/details
- community
  - https://discord.me/plover











#### References

- Learn Plover (https://sites.google.com/site/ploverdoc/)
- Open Steno Project (http://www.openstenoproject.org/)
- History of Writing Machines
   (http://www.stenograph.com/history-writers)
- World Record (http://www.guinnessworldrecords.com/worldrecords/fastest-realtime-court-reporter-(stenotype-writing))

**Questions?**