**SELECTED RESULTS HOME PAGE GENDER DISTRICT** Male District Rank 3.24 9.40 1 60.90 2.54 3.20 57.70 3.44 7.93 3 3.29 53.80 2.98 8.54 4 54.10 2.70 9.56 3.31 5 3.17 53.30 3.18 8.50 6 52.50 2.73 9.77 3.32 3.52 46.90 2.64 8.41 7 8 3.16 55.20 10.35 2.90 9 3.37 46.90 2.70 8.93 10 3.27 47.10 2.71 9.73 11 3.24 54.40 3.04 10.13 12 49.20 3.06 9.00 3.38 13 3.25 53.10 3.12 10.02 14 3.38 48.00 8.88 15 3.41 52.80 3.20 9.40 16 3.77 57.40 2.90 9.82

SELECTED PARTICIPANTS - AGE, RANK & PERFORMANCES

Jesper Phawa

Kermiki Bareh

Shibonki Kyndait

Batista Phawa

Eligius Rymbai

Jeffer Suting

Arki Phawa

Phernakini Syrti

Kynmo Phawa

Fester Dkhar

Reachingson Tlang

Andrickson Sympli

Himonkiru Thubru

Marbud Sukhlain

Dapnolamki Sympli

Vicky Syrti Shining Phawa	15 17	819 820	16 17	3.77 3.36	57.40 40.00	2.90 2.81	9.82 8.98
Nehtre Pdain  Bikram Magar	18	838 844	18	3.31 3.45	45.10 43.70	3.18 2.79	8.82 9.41
Livingson Lamare  Sawame Bareh	12 15	854 868	20 21	3.38 3.30	54.80 54.20	3.34 3.06	9.62 10.85
Julius Syad Shiborlang Phawa	14 19	888 893	22 23	3.62 3.37	46.00 39.30	2.88 2.76	9.03 9.37
Robin Dkhar Emekijuh Nongtdu	21 15	916 974	24 25	3.22 3.35	55.80 45.20	3.00 3.17	11.86 9.34
Reduce Phyngap  Esalanme Bareh	18 13	980 1019	26 27	3.37	42.60 40.50	3.03 2.89	9.38 8.67
Daoshwa Chyrmang Sanki Dkhar	11	1026 1041	28 29	3.37 3.38	45.40 55.80	2.99 3.30	10.18 10.78
Alfred Ngamlai Enrique Syiemlieh	15 15	1073 1075	30 31	3.36 3.36	42.70 47.50	2.91 2.84	11.27
Marksongrosang Lungtau Emiral Suiam	15 16	1077 1085	32 33	3.50 3.37	47.30 35.60	3.19 3.02	9.51 8.77
Emmanuel Marboh Parson Ngamlai	14 16	1090 1095	34 35	3.34 3.45	48.30 46.70	3.25 2.84	10.17 10.85
Bewithus Sympli Divix Muksor	17 17	1100 1125	36 37	3.48 3.47	49.50 45.90	3.57 2.97	8.75 10.34
Rajendra Basumatry Fisterson Shylla	16 20	1136 1163	38 39	3.78 3.50	52.00 45.80	2.81 3.50	10.70 8.62
Mebankerlang Lamare  Aforce Muksor	15 18	1186 1194	40 41	3.45 3.63	46.80 51.30	2.98 3.02	10.88 10.75
Rimeo Shadap  Lamphrang Patwet	16 15	1201 1207	42 43	3.45 3.55	47.20 44.10	3.38 3.06	9.65 9.86
Friday Pakem Thmulangki Syrti	19 12	1221 1235	44 45	3.27 3.48	44.70 41.50	2.95 3.29	11.50 9.03
Adviser Dkhar Ebenezer Bareh	16 12	1242 1251	46 47	3.46 3.54	39.40 46.40	2.77 3.28	10.60 9.69
Natra Subba Puran Gurung	17 16	1270 1276	48 49	3.42 3.48	44.70 42.80	3.08 3.11	10.69 10.06
Edison Shylla Keshab Das	20 18	1283 1284	50 51	3.36 3.45	48.40	3.19 3.42	10.66 10.04
Edison Muksor Meban Mynsong	13 14	1290 1294	52 53	3.69	53.20 46.70	2.75 3.12	12.36 9.86
Sait Bareh Runeyipaia Nongtdu	12 12	1297 1304	54 55	3.72	43.60 40.10	3.08 2.81	9.40 10.11
Imanuel Ngamlai Equal Lakasang	16 16	1316 1318	56 57	3.66 3.37	39.90 39.70	2.77 3.06	10.16 10.33
Waibhah Mulat Threevenson Phawa	20 14	1326 1342	58 59	3.39 3.60	41.60 47.90	3.11 2.63	10.39 12.21
Clinford Patwet  Daemi Phawa	17 16	1362 1364	60 61	3.37	30.30 55.20	2.84 3.04	9.73 11.96
Zava Thiate  Jeffre Chyrmang	14 15	1392 1394	62 63		49.10 44.70	3.20 3.18	10.57 9.93
Wanshuh Lamurong	17	1416 1419	64	3.35 3.72	47.60 40.50	3.07 2.84	11.96 10.15
Wailadmi Nongtdu  Becare Kamai  Banteilang Lamurong	15 16 21	1419 1445 1447	65 66 67	3.72 3.55 3.57	40.50 40.10 47.30	2.84 2.89 3.07	10.15 10.65 11.15
Teiborlang Mawlong	21	1456	68	3.56	38.00	2.80	10.66
Bandei Salahe  Laitbait Swer	16 20	1472 1482 1483	69 70 71	3.38 3.54 3.64	39.80 44.00 39.30	2.99 3.47 3.28	11.06 9.56 9.06
Jesfer Lyngdoh  Darius Syih  Kyntulang Kyndait	14 18	1483 1507 1509	71 72 73	3.64	39.30 42.00 40.00	3.28	9.06 10.07 9.95
Kyntulang Kyndait  Semiona Darnei  Gideon Theite	16 15	1509 1518 1522	73 74	3.55 3.81 3.61	40.00 35.80	3.19 2.57 2.95	9.95 10.35
Gideon Theite  Nikiru Bareh	15	1522 1528	75 76	3.61 3.54	33.40 43.80	2.95 3.41	9.50 9.90
Fourning Dkhar  Ryankelly Ryngkhlem	15	1539 1560	77 78	3.41	40.70 44.90	3.66	9.12
Stalwart Dkhar Vicky Shylla	14 15	1562 1566	79 80	3.60 3.46	42.70 39.40	3.14 3.40	10.53 9.70
Dibor Dkhar Comingson Suting	14 17	1577 1601	81 82	3.85 3.08	37.00 50.20	3.02 3.42	9.10 12.99
Johnson Pala Firstborn War	17 19	1607 1645	83 84	3.63	40.10 42.40	3.23 3.18	9.83 10.58
Fedrickson Nongtdu  Etyfirst Chadong	14 17	1661 1688	85 86	3.49 3.63	36.60 44.70	2.56 2.92	12.37 12.02
Medahun lakai Highbornson Muksor	16 20	1710 1718	87 88	3.48	34.80 42.20	2.91 3.39	10.53 10.73
Ebenezer Swer Fredrick Dkhar	12 15	1737 1758	89 90	3.41	38.70 47.90	2.85 3.75	11.47 10.88
Nelson Nongtdu Wonderfulglory Darnei	15 13	1775 1783	91 92		41.60 41.20	3.31 3.17	10.56 11.01
Pynshitlang Bareh Nangpoi Pakem	16 13	1794 1796	93 94	3.49	34.10 41.00	2.84 3.11	11.64 11.24
Mewano Swer Leky Dkhar	18 17	1801 1802	95 96	3.65 3.57	36.60 30.90	3.02 2.97	10.80 10.39
Mihsalan Langstang Sainbor Rymbai	15 16	1811 1815	97 98	3.58	41.20 37.90	3.33 3.29	10.83
Marki Dkhar Fernando Nongtdu	16 15	1824 1828	99	3.51	33.30 36.90	3.02 3.41	10.52
laipynskhemdame Langstang Riwanki Swer	15 15	1830 1840	101 102	3.67	33.10 34.70	2.98 3.08	10.50 10.64
Peitmiki Rymbai  Brittyson Pala	13	1855 1873	103	3.88	34.50 36.10	3.34 3.21	9.77
Leki Suting  Dignity Lyngdoh	17 15	1881	105	0.00	49.90 44.20	3.76 3.15	10.93
Khotieit Sumer Swell Dkhar	14	1913 1933	107	3.56	29.20	3.24	11.10
Heavenstar Pyngrope  Welcome Chyrmang	16 17	1936 1938	109		39.50 40.70	3.27 2.97	11.26 12.48
Duniwan Muksor  Rimeo Langstang	11 15	1948 1949	111	3.70 3.66	35.00 29.70	3.19 3.18	10.61
Hero Lamurong  Enrico Dkhar	17 17	1960 1965	113	3.48 3.66	39.80 40.70	3.07 3.05	12.73 12.26
Melvin Shadap	14	1966	115	3.00	42.00	3.65	10.55
Hunlang Bareh  Mykhel Rymbai  Rooney Rymbai	16 14 16	1969 1971 1973	116 117 118	3.78	35.90 38.70 34.00	3.22 3.16 3.24	11.04 11.13 10.73
Rooney Rymbai  Artis Pakem  Kes Phawa	16 15 14	1973 1983 2002	118 119 120	3.63	34.00 39.10 38.40	3.24 3.56 3.22	10.73 10.50 11.71
Luckyson Nongtdu	21	2005	121	3.85	37.70	3.39	11.71
Mechanki Chyrmang  Knowang Lama	15	2006 2010	122 123		43.60 36.90	3.90 3.09	11.97
Mangdika Nampui  Dapmain Suba	13 16	2021	124		36.90 29.10	3.16	11.78
Winikyson Dhkar Heinidame Talang	18 14	2026 2037	126 127	3.77	38.30 33.00	3.66 3.26	10.32 10.38
Amit Dhar Jasterful Shylla	16 15	2046 2054	128 129	3.96	36.50 38.60	3.24 3.68	11.62 9.25
Wanmi Langstang Joristar Dkhar	20 16	2059 2091	130 131	3.56 3.74	43.30 36.50	4.17 3.30	9.94 11.32
Samuelson Nongtdu  Wanker Paslein	13 13	2103 2116	132 133	3.64 3.79	35.60 35.20	3.59 3.71	10.68 9.70
Ganzolo Dkhar Heithmu Dkhar	14 18	2141 2144	134 135	4.13	33.40 33.40	3.26 3.14	11.76 10.22
Shibam Das  Jeneson Dkhar	15	2148	136 137		32.20 35.20	3.60 3.45	10.50 11.58
Welbert Pohing Eni Mynsong	10	2161 2169	138 139	3.83 4.00	37.70 34.20	3.54 3.41	10.89 10.15
Sandeep Dey Offering Tlang	14	2176 2184	140 141		39.90 28.90	3.67 3.36	11.68 11.07
Andrias Syad  Timothe Darnei	12 17	2191 2192	142 143	4.05 3.44	40.60 50.90	3.37 3.18	11.28 15.99
Ritranjan Das Kynsaibormi Manar	17 12	2193 2199	144 145	3.76	36.00 34.80	3.48 3.44	11.34 11.84
Phaibiang Rymbai  Levia Ngamlai	15	2200	146 147	3.55	41.20 34.10	4.01	10.93
Baide Bareh  Albert Pajuh	14	2208 2218	148	3.80	41.20 32.60	3.26 3.39	12.85 11.80
Ewanmi Dkhar Firstborn Law	12	2236 2241	150	4.01	37.60 32.60	3.90 3.59	9.54 11.36
Shibor Langstang Seilang Dkhar	17	2250 2252	152 153	3.92	41.00 31.90	3.67 3.58	12.56 10.31
Jefferson Lamurong  Dikzualla Darnei	16 15	2252 2256 2286	154 155	3.58 3.59	28.70 35.10	3.72 3.21	10.72 13.66
Arbor Bamon  Jeffery Nampui	14 16	2289 2291	156 157	3.72 3.61	39.00 30.90	3.59 3.95	12.50 10.47
Kyntulangi Dkhar  Division Bareh	14	2299	158 159	4.45 3.86	51.50 36.70	3.41 3.39	12.22 12.31
Wamehi Phawa  Alexandro Nongtdu	14 10 21	2304 2305 2315	160 161	4.04 4.00	36.70 41.80 34.80	3.54 3.61	12.31 11.95 10.91
Alexandro Nongtdu  Firstwing Pakem  Mokbul Hussain	19 18	2315 2327 2333	161 162 163	3.85	34.80 32.10 38.80	3.24 4.28	10.91 12.39 10.84
Mokbul Hussain  Kongka Dkhar  Vinison Paslein	18 21 14	2333 2337 2338	163 164 165	3.92	38.80 29.30 31.40	4.28 3.44 3.25	10.84 11.14 13.25
Nanu Subba	17	2360	166	3.62	36.10	4.07	11.56
Pynkhrawbor Rymbai  Rahul Bhandari  Comfortme Swer	20 15	2369 2378 2390	167 168	4.03	32.10 37.50 28.10	3.21 3.59	13.87 12.03
Comfortme Swer  Paul Langstang  Wandan Dirber	15	2390 2404	169 170		28.10 29.20	3.49 3.80	12.62 11.93
Wandap Dkhar  Maldini Syih	11	2411 2435	171 172	4.35 3.83	35.10 39.90	3.26 4.23	11.93
Jason Sutnga Daphishisha Bareh	15 21	2436 2443	173 174	3.80	30.50 24.40	3.86 3.85	11.68 11.56
Mimul Langstang  Lampaski Lapasam	20 19	2456 2461	175 176	3.88	33.20 39.10	3.83 4.16	12.32 13.17
Edingstar Lamurong Areck Kya	14 12	2472 2475	177 178	3.72 4.00	26.40 33.80	4.13 3.70	11.26 12.82
Albert Bareh Dunipaia Pala	12 17	2499 2525	179 180		37.60 33.40	5.20 3.68	10.35 15.42
Dakihaoo Dkhar  Gospel Ngamlai	13 14	2527 2542	181 182	3.76	28.50 27.30	3.30 3.67	15.96 14.33
	20	2549	183	4.22	29.00	3.83	12.35
Ngamon Sutnga Eti Synnah	15	2600	184		26.90	4.10	15.08

Note:

Note:
Overall rank is the participant's rank across all districts.
District rank is participant's rank within that particular district.
Ranking are calculated by forming a cumulative score of all tests and comparing how a given participant against the district or overall average
Elite performances:

20m sprint: Equal to or under 3.00secs (male). Equal to or under 3.50secs (female)
Vertical Jump: Equal to or higher than 60.0cms (male). Equal to or higher than 50.0cms (female)
10m Ladder Run: Equal to or Under 2.30secs (male). Equal to or Under 2.75secs (female)
Compass Drill: Equal to or Under 8.00secs (male). Equal to or Under 9.00secs (female)

Blank values represent no data found

**NEXT PAGE** 

**arms** Physical testing