**GENDER** 

South Garo Hills Female

**SELECTED PARTICIPANTS - AGE, RANK & PERFORMANCES** Jerikchi Marak 15 20 1 Anosha Sangma 17 49 2

Kasanchi Donesha Marak

Palme Jakrimchi Marak

Mikera Olkande Sangma

Aneba Marak

Nangrime Kachimchi Marak

Nanangsha Sangma

Krinchi Momin

Namesa Momin

Sengringchi Sangma

Tesilchi Sangma

Hamchi Marak

Jrimerike Sangma

Tesanchi Sangma

Netusela Shira

Arury Momin

Sepalina Marak

Katchisa Marak

Alchibesha Marak

Chubame Sangma

Nigane Sangma Biakhoih Paite

Chuanbirimchi Sangma

Chiana Sangma

Netusela Shira

Ayuda Sangma

Lily Sangma

Rrangchi Sangma

Kasine Nangrinchi

Cherikme Sangma

Namkame Momin

Sengrimchi Marak

Kasanjakrachi Momin

Silchime Shira

Silsimchi Sangma

Danba Sangma

Saintiabali Marak

Tarisa Momin

Saneva Shira

Cheringra Sangma

Aroma Marak Aramchi Marak

Niksera Sangma

Terimbi Shira

Combe Marak

Tengatchi Sangma

Gracebiana Sangma Sneha Sangma

Tangesa Marak

Dikachira Sangma

Tengkatchi Shira

Terimbi Shira

Chingkamchi Marak

Tresha Marak SGH

Boksamchi Marak

Saintiabali Marak

Merisha Sangma

Namkame Momin

Yanchi Sangma

Jakrime Marak

Terangchi Sangma

Tomtome Sangma

Birime Sangma

Chisime Marak

Chirime Sangma

Teanchi Sangma SGH

Salrime Momin

Chijanggi Sangma

Merisha Sangma

Rutnasha Sangma

Chidambe Marak

Bijime Marak

Megatchi Marak

Niamchi Marak

Mikkatchi Sangma

Nobalchi Shira

Sengringchi Sangma

Donkame Sangma

Wilchira Marak

Pangrime Sangma

Dongkamchi Marak

Satme Sangma

Sengsalina Marak

Anaida Sangma

Meana Sangma

Riasen Marak

Katchisa Marak

Chichawe Sangma

Sildambe Marak

Dongkamchi Marak

Chichawe Sangma

Nengatchi Sangma

Akkamme Marak

Chingedongesa Marak

Amachi Wedora Marak

Ringanchi Sangma

Chigame Marak

Gresy Marak

Balgito Shira

Abbasha Marak

Note:

• Elite performances :

• Blank values represent no data found

Overall rank is the participant's rank across all districts.
District rank is participant's rank within that particular district.
Ranking are calculated by forming a cumulative score of all tests and comparing how a given participant against the district or overall average

20m sprint: Equal to or under 3.00secs (male). Equal to or under 3.50secs (female)

Vertical Jump: Equal to or higher than 60.0cms (male). Equal to or higher than 50.0cms (female)

10m Ladder Run: Equal to or Under 2.30secs (male). Equal to or Under 2.75secs (female)

Compass Drill: Equal to or Under 5.00secs (male). Equal to or Under 9.00secs (female)

**NEXT PAGE** 

**arms** Physical testing

Overall Rank	District Rank ▲	

10.87

10.17

8.94

9.84

9.90

11.00

10.76

10.97

11.66

11.83

10.98

10.91

**DISTRICT** 

67

148

329

364

418

470

476

586

591

607

635

642

647

655

663

663

685

690

690

702

708

714

743

750

768

788

788

794

807

813

813

818

823

831

838

849

849

851

859

863

869

869

872

877

887

892

893

893

897

908

908

913

938

940

942

951

956

960

969

976

978

981

981

1006

1012

1022

1030

1030

1030

1033

1040

1042

1051

1062

1076

1084

1105

1105

1112

1121

1122

1137

1138

1151

1162

1167

1181

1230

1264

1305

1310

1348

1366

1379

1420

1445

1461

1464

1487

13

17

16

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**SELECTED RESULTS** 

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84

85

86

87

88

89

3.96

4.17

3.61

4.25

4.49

4.17

4.49

3.96

4.50

4.04

4.34

4.94

4.40

4.41

4.31

3.46

3.67

3.59

3.74

3.59

3.82

3.83

3.57

3.89

4.20

4.24

4.26

50.90

52.30

33.40

40.70

37.80

43.30

39.70

31.60

47.10

43.40

43.30

42.80

41.70

41.60

41.50

41.30

41.20

41.20

40.60

40.50

40.50 40.30

40.10

39.20

39.00

38.50

37.80

37.80

37.70

37.30

37.10

37.10

36.90

36.80

36.60

36.50 36.00

36.00

35.90

35.70

41.10

35.40

35.40

35.20

29.00

34.90

34.80

34.70

34.70

34.20

34.20 34.10

33.00 32.90

32.80

32.40

32.30

32.20

32.00

31.80

31.70

31.60 31.60

30.60 30.50

30.20

30.00

30.00

30.00

29.90

29.60

29.50

26.70

28.90

28.40

28.00

27.40

27.40

27.10

34.50

26.70

26.90

26.00

25.30

23.50

24.80

32.70

21.50

27.40

25.80

17.10

23.10

22.00

18.80

20.00

31.40

20.30

24.00

16.80

3.78

3.24

3.26

3.54

3.78

3.54

3.53

3.52

3.85

3.91

4.09

3.90

4.13

3.91

12.77

15.31

11.72

12.31

12.77

12.31

14.69

12.26

12.67

12.36

12.58

13.05

13.28

13.26

2.82

3.24

2.43

3.03

3.69

3.61

3.53

3.30

3.50

3.85

3.12

3.65

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