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SELECTED RESULTS DISTRICT GENDER East Jaintia Hills Female **SELECTED PARTICIPANTS - AGE, RANK & PERFORMANCES** Nishwa Lamare 15 70 3.65 49.10 2.78 1 Ibitlang Sukhlain 19 84 2 3.57 46.30 3.20 10.18

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Nalarisha Shylla

Christian Dkhar

Twinkle Rymbai

Yoometre Malang

Kani Pyrngap

Dakermonlang Swer

Manbhaki Dkhar

Jessika Dkhar

Cecilia Dkhar

Evangelist Rymbai

Faith Patwet

Turoi Phawa

Jenifear Dkhar

Perima Sunar

Marymagdalina Phawa

lohribiang Langstang

Kami Sunar

Iba Swer

Lekini Lamurong

Nefia Phniaw

Kyntieaw Shadap

Sanika Siangshai

Dawanpyntngen Pakem

Unity Dkhar

Riwa Kyndait

Lydia Phawa

Sonia Ryngkhlem

Graceful Sympli

Debora Darnei

Risuk Bareh

Emlangki Shadap

Nichwa Lamare

Susmita Dkhar

Niharika Pegu

Sanidaka Phawa

Carefully Thubru

Safira Theite

Riwan Paslein

Sakani Langstang

Maiden Myrchiang Rosika Sympli

Jamuna Dkhar

Heinidaroi Shadap

Lawei Phawa

Parimeka Khongngain

Merina Dkhar

Anamika Dkhar

Darivia Syad

Daphishisha Syad

Fierifacias Pala

Bethelda Sukhlain

Lina Swer

Juh Bareh

Jecica Langwar

Vanissa Sutnga

Nazareen Sympli

Triem Dkhar

Hamyllin Dkhar

Lififirst Dkhar

Deborah Phawa

Ribiang Sana

Merchia Shylla

Enimary Lamurong Olivia Dkhar

Yoolangki Pakem

Emika Tlang

Marsanki Kya

Deinihipaia Pale

Daephi Lamo

Meridaka Kanai

Nang Suchiang

Badahun Talang

Emon Pajuh

Ridakani Shadap

Sankini Dkhar

Sharmynrap Susngi

Darisa Biam

Anushka Rai

Arwanisha Dkhar

Anu Magar

Pretty Kanai

Merryfull Ksoo

Anisha Lamare

Sociful Pajuh

Ribajanai Dkhar

Jina Shadap

Ardakini Bareh

Youphika Lyngdoh

Soniya Subba

larishisha Nongtdu

Ibalahun Syrti

Geniality Paslein

Sahihimary Nongtdu

Lutmon Massar

Emika Suiam

Laski Dkhar

Daiohika Swer

Harigoshen Nongtdu

Banginkmen Sutong

Jubilee Darnei

Sita Rai

Sonalika Bareh

Santina Pakem

Wanlang Chyrmang Bibiana Shylla

Sicily Malang

Heiniwandaka Pdang

Nisa Acharya

Gyalmu Sherpa

Binu Bareh

Wandkijuh Syrti

Runika Langstang Tushi Nath

Pynbhaka Langstang

Daemika Bareh

Ferlina Lyngdoh

Jessimary Law

Gayatri Biswas

Rimpi Das

Torisa Law

Bliaw Dkhar

Joyful Paslein

Felicida Swer

Ebapynhun Dkhar

Angelica Bareh

Hajanki Sayoo Dahunshisha Langstang

Ibani Pala

Dakaruhipaia Syih

Lalila Basumatry

Nishwa Pakem

Iwalin Latam

Ferry Lyngdoh

Riya Rymbai

Rini Lamurong

Dahun Dkhar

Priya Kanai

Lyda Shylla

Dakapaia Syrti

Sonia Nongtdu

Badarisuk Syih

Embeya Michichi

Daphibudki Langstang

Arimiki Sukhlian

Tokhmihbha Pakem

Anamika Kumari

Sylvia Rymbai

Yomika Sukhlin

ljuh-Hi Siangshai

Evan Suchen

Pynhunlangki Phawa

Ruksana Begum

Trisha Biswas

Pynroiki Shyrmang

Eva Dkhar

Ardaroi Salahe

Rabina Talang

Linda Langstang

Ibanpynshai Dkhar

Evadaka Manar

Neawmeke Dkhar

Varya Swer

Anisa Sympli

Anita Gympad

Nangkyrkhu Lamurong

Ribaitki Dkhar

Deligent Shadap

Becareful Langstang

Darishisha Dkhar

Difana Langstang Saphida Paslein

Kympad Lamare

Sonali Rai

Maistika Rymbai

Sanwakani Dkhar

Phidalia Pakem

Maika Dkhar

Hakarisha Dkhar

Isyneimetre Sukhlain

Anastacia Syad Priya Thapa

Grateful Siangshai

Nafisa Sutnga Rimika Suchiang

Susmita Nath

Bygrace Paslein

Hakani Syrti

Jingkyrmen Sumer

Kyntang Lapasam

Pynkupbor Lapasam

Wandakaru Lapasam

Regina Lyngdoh

Priyanka Paul

Esabella Nongtdu

Note:

• Elite performances :

• Blank values represent no data found

• Overall rank is the participant's rank across all districts.

• District rank is participant's rank within that particular district.

20m sprint: Equal to or under 3.00secs (male). Equal to or under 3.50secs (female) Vertical Jump: Equal to or higher than 60.0cms (male). Equal to or higher than 50.0cms (female) 10m Ladder Run: Equal to or Under 2.30secs (male). Equal to or Under 2.75secs (female) Compass Drill: Equal to or Under 8.00secs (male). Équal to or Under 9.00secs (female)

• Ranking are calculated by forming a cumulative score of all tests and comparing how a given participant against the district or overall average

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NEXT PAGE

arms Physical testing