

Download Instructions: R and R Studio

R Installation

R is an open-source, fully-featured statistical analysis software. You can download R directly from the Comprehensive R Archive Network (CRAN). This complete installation may take 20 to 30 minutes.

Windows:

1. Visit <https://cran.rstudio.com/>
2. Under *Download and Install R*, click *Download R for Windows*.
3. Under *Subdirectories*, click *base*.
4. Click *Download R 4.2.1 for Windows*.
Note: The latest version is 4.2.1 at the time of this document's creation. This site should always have the latest R version automatically shown at the top of the page.
5. Save and then open the file "R-4.2.1-win.exe", and click *Run* to execute it.
6. Follow the instructions in the Setup Wizard.

MacOS:

1. Visit <https://cran.rstudio.com/>
2. Under *Download and Install R*, click *Download R for (Mac) OS X*.
3. Under *Files*, click *R-4.2.1.pkg*.
4. Open the file "R-4.2.1.pkg" and follow the installation instructions.

RStudio Installation

RStudio is recommended to work with, though you can also directly work in R. It is a free, integrated development environment (IDE) for R. To download:

1. Visit <https://www.rstudio.com/products/rstudio/download/>
2. Scroll down to *RStudio Desktop 2022.07.0+548*
3. Click on the *Download RStudio* button automatically recommended for your operating system (see screenshot below).

Data Science for Research Assistants

RStudio Desktop 2022.07.0+548 - [Release Notes](#)

1. Install R. RStudio requires R 3.3.0+ [↗](#).
2. Download RStudio Desktop. Recommended for your system:



Requires macOS 10.15+ (64-bit)

You can also scroll to select an more suitable version for your OS under *All Installers*.

4. Open the downloaded file and follow the installation instructions.