

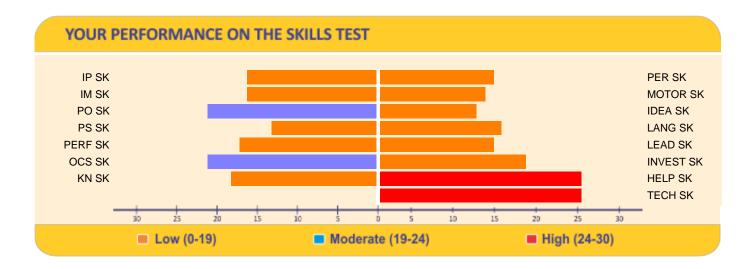
3rd Floor, Kanchan Villa, B. S. Road, Dadar (W), Mumbai - 400 028. Tel: 24384575, 9819478538. E - mail: dishacenter@yahoo.com

Name: Ashish Singh

Qualification: mca

Age: 24

Date: 09-May-2012



Strength Areas

Helping Skills

A high score on this skill indicates that your primary skill lies in being perceptive to the feelings of others, and demonstrating empathy and understanding towards them. You are the **Helper**, and would do well in careers that would require you to listen patiently to others and be warm and sensitive in your interactions with people. You have the ability to adopt an objective, non judgmental approach towards people, and do not quickly pass judgment regarding their actions and behaviours. You have the knack of reaching out to people and drawing them out, and interacting with them in ways that put them at ease.

Suggested Career Options:

- 1.C-Psychology
- 2.Social Work
- 3.Teaching
- 4.Nursing
- 5. Special Education

Technical Skills

A high score on this skill indicates that you possess a flair for technology and machines, and have a facility with understanding how machinery functions. You are the **Technologist**, and will excel in professions that would call for a good understanding of mechanical and technical concepts. Not only do you have the ability to grasp the rules of physics, machinery and technology easily, but you can also apply these in practical areas.

Suggested Career Options:

- 1.Engineering
- 2.Technical Fields
- 3.Computer hardware



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Developmental Areas

Ideation Skills

You find it difficult to think in creative ways and not enjoy professions where you would have to come up with implementable unusual notions and solutions.

Developmental Suggestions

You need to work on your divergent thinking skills, and utilise your imagination in better ways. Some ways to do this include:

- Try to come up with many different ways for solving a problem.
- Think of unusual approaches and ideas to tackle a commonplace situation.
- Attempt riddles and puzzles which need you to think creatively.

Motor/Physical Skills

You find it difficult to have high energy levels and good stamina; thus, you will not enjoy professions that require constant field visits, outdoor work, & strenuous activity.

Developmental Suggestions

You need to improve your physical and motor skills. Some ways to do this include:

- Join a gym or start a daily fitness regimen to build your stamina and agility.
- Go for outdoor activities such as trekking, hiking, rock climbing and so on.
- Learn Yoga, Martial Arts or Aerobics and so forth and practice daily.

Psychologist Signatule



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SKILLS	DEFINITION
Interpersonal Skills	The ability to interact, communicate and get along well with people, and effortlessly establish a smooth relationship with others.
Information Management Skills	Can effortlessly analyse, categorise, sort, and make sense of huge amounts of data and facts
Planning & Organising Skills	Can plan, coordinate, structure, and process complex events/situations with facility within a specified time frame and in an efficient manner.
Precision Skills	Show detail orientation, and are precise and accurate in whatever tasks they take up even if it means investing huge amount of time in the same.
Performance Skills	Can express ideas, thoughts and emotions through an expressive medium such as dance, music, or drama.
Oral Communication Skills	Can express their ideas and thoughts verbally in an impressive and convincing manner, can present and communicate ideas in a manner that the message is reached to the target clearly, unambiguously, and forcefully.
Kinesthetic Skills	Good at tasks that require good eye-hand coordination and finger dexterity, skillful at making or creating things manually.
Motor / Physical Skills	Excel at all tasks requiring outdoor, physical activity, have high energy levels, and good stamina.
Ideation Skills	Can come easily with ideas and thoughts in innovative, creative and imaginative ways; have the ability to think divergently and come up with original ideas and concepts.
Language Skills	Can express themselves well through languages, are skilled at picking up languages and understand the subteleties of language well.
Leadership Skills	Can lead, direct & control the activities of others, at all times keeping the goal in mind, is skilled at initiating & directing activities for self and others toward the achievement of that goal.
Investigative Skills	Can understand natural and scientific phenomena through logic and analysis of facts, can gather relevant data, analyse it and make hypotheses.
Persuasive Skills	Can effectively persuade and convince others to view situations from his perspective, and has the ability to negotiate in a win-win manner.
Helping Skills	Can demonstrate empathy and sensitivity in interactions with others, and can reach out to others in an objective manner.
Technical Skills	Can understand mechanical/technical concepts well and can deal with machines and technology in an efficient and speedy manner.