

## Women in Agriculture: Unsung Heroes of Food Security

**Author**: *Ozair Alam*, R & D Head, Eco Fast Agri Solution Private Limited

Women play crucial a yet underrecognized role in agriculture, contributing significantly to food production, processing, and marketing. In rural areas, women often manage farms, care livestock, and handle post-harvest activities, all while balancing household responsibilities.

Despite their contributions, women face numerous challenges, including limited access to land, credit, and training. Empowering women through education, skill development, and policy support can unlock their full potential, enhancing productivity and food security.

Organizations and initiatives focusing on gender equity in agriculture are making strides in creating opportunities for women. By

acknowledging and supporting their roles, we can ensure inclusive and sustainable growth in the agricultural sector.