

# STRAIN ENERGY

Strain Energy = Stored energy due to deformation  
 = Work done for deformation (Within Elastic limit/Proportionality limit)

**“Strain Energy is capable to doing some work”**

**Resilience:** Strain energy stored within elastic limit.

$$U_R = [A_{\sigma-\epsilon}] * \text{Volume}$$

$$= (1/2) \sigma \epsilon * V$$

By hook's Law,

$$U_R = (1/2) (\sigma^2 V / E)$$

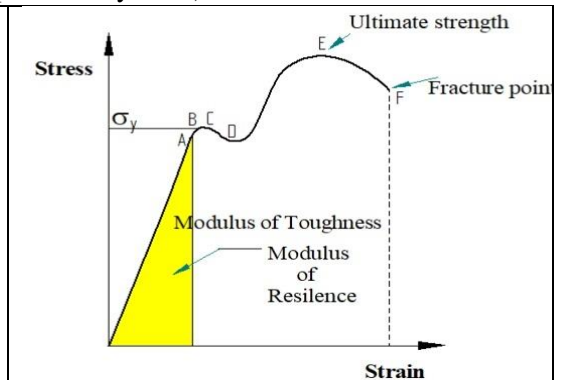
**Proof Resilience:** Maximum Strain energy stored up to elastic limit.

$$U_{PR} = (1/2) (\sigma^2 V / E), \text{ here } \sigma = \text{Stress at elastic limit}$$

**Toughness:** Strain energy stored up to Fracture.

Toughness is maximum amount of shock energy absorbed before fracture.

Toughness is useful for while designing accidental over loading.



Strain Energy / Volume	
Modulus of Resilience	Modulus of Toughness
(Strain Energy/Volume) up to elastic limit/ Proportionality limit	(Strain Energy/Volume) till fracture
$[A_{\sigma-\epsilon}]$ up to Proportionality limit	$[A_{\sigma-\epsilon}]$ till fracture

**Can we change resilience and toughness?** Yes, By Alloying we can change property.

**Toughness depends on Strength and ductility.**

Eg. Hard Steel (0.6%C), Soft Steel (0.1%C), Structure Steel (0.2%C) (Moderate Toughness)

**Young's Modulus remains constant when alloying material.**

Strain Energy Stored due to following loading			
Axial Loading	Bending	Torsion	Shear

## Strain Energy Due to Axial Loading:

<b>For Gradually Applied Load,</b> Work Done = Work Stored $(1/2) P \delta L = (1/2) \sigma \epsilon * \text{Volume}$ From Young's Modulus, $\sigma = P / A$ $U_G = (1/2) (P^2 V / A^2 E)$	<b>P-dl (Deflection Chart)</b> 	<b><math>\sigma</math>-<math>\epsilon</math> (Resistance Diagram)</b> 
<b>For Suddenly Applied Load,</b> Work Done = Work Stored $P \delta L = (1/2) \sigma \epsilon * \text{Volume}$ From Young's Modulus, $\sigma = 2P / A$ $U_S = 4 U_G$	<b>P-dl (Deflection Chart)</b> 	<b><math>\sigma</math>-<math>\epsilon</math> (Resistance Diagram)</b> 
<b>For Impact Load,</b> Work Done = Work Stored $\implies P (h + \delta L) = (1/2) \sigma \epsilon * \text{Volume}$ From Young's Modulus, $\sigma = \frac{P}{A} \left[ 1 + \sqrt{1 + \frac{2AEh}{PL}} \right]$ $\sigma = \sigma_G * \text{Impact Factor, here } \sigma_G = \text{Stress at Gradually Applied}$ $\delta L$ can be found from Young's modulus equation.	<b><math>\sigma</math>-<math>\epsilon</math> (Resistance Diagram)</b> 	

$U = (1/2) (\sigma^2 V / E)$ , here  $\sigma$  put from above derivation.

<b>Strain Energy Stored due to following loading (Gradually Applied)</b>			
<b>Axial Loading</b>	<b>Bending (For Long Beam)</b>	<b>Torsion</b>	<b>Shear (For Short Beam)</b>
$U = \int_0^L \frac{P^2}{2EA} dx$	$U = \int_0^L \frac{M^2}{2EI} dx,$	$U = \int_0^L \frac{T^2}{2GJ} dx,$	$U = \int_0^L \frac{V^2}{2GA} dx$
$U = (1/2) P \delta L$	$U = (1/2) M \theta$	$U = (1/2) T \theta$	$U = (1/2) \tau \phi$

### **Castigliano's Theorem:**

If an elastic Structure is in equilibrium under the action of different forces ( $P_i$  where  $i = 1, 2, \dots$ )

#### **Theorem 1:**

The Partial Derivative of Strain Energy with respect to the **point load** is a deflection of a structure **at the point** of application of load **in the direction** of applied load.

$$\partial U / \partial P_i = \delta_i$$

#### **Theorem 2:**

The Partial Derivative of Strain Energy with respect to **concentrated bending moment/ point couple** is the slope of a structure **at the point** of application of moment **in the sense** of applied load.

$$\partial U / \partial M_i = \theta_i$$

#### **Tip:**

1) If no load present at the desired location to find deflection, then add dummy load 'Q' find,

$$\delta_Q = \partial U / \partial Q \parallel (Q=0)$$

2) If no moment present at the desired location to find slope, then add dummy moment 'M<sub>Q</sub>' find,

$$\theta_Q = \partial U / \partial M_Q \parallel (M_Q=0)$$