**DEPARTMENT OF COMPUTER SCIENCE AND ENGINEERING**

**YEAR & SEMESTER: III-I ACADEMIC YEAR: 2023-24**

**INNOVATIVE PROJECT ABSTRACT**

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| **Batch No.** | **3B10** | |
| **Title of the**  **Project** | **Fitness and wellness website** | |
| **Student Details** | **Roll no**  21891A05C5  21891A0578  21891A0583  21891A0579 | **Name of the student**  SRIRAMOJU SHIVA PRASAD  CHERUKULA VAMSI KRISHNA REDDY  DOKURI SHILISH REDDY  CHILUKARAJU SURESH |
| **Guide Name** | **Mr K Srinivas** | |
| **Abstract** | A fitness website is an online platform dedicated to health and wellness, providing information, resources, and services related to exercise, nutrition, and overall well-being.  2023 and the coming years are all about fitness. The Covid-19 pandemic has taught people that health plays a major role in life. Being fit is not a concern anymore, it is a part of lifestyle these days.  A wellness and fitness and wellness is an excellent opportunity to tap into this budding industry.    **Benefit of our website:**  1. Set your goals  2. Customize your plan  3. Home workout  4. Acts as fitness pal  5.Online Shopping  6 .Keeps you motivated | |
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