

SAYS:(user feedback)

- The app doesn't track my steps correctly.
- I walked a lot today, but my steps are lower than expected.

THINKS:(User thoughts)

- Maybe my phone sensors aren't working.
- Should I switch to another fitness app?



DOES:(User actions)

- Checks phone settings for sensor calibration.
- Compares with another app's step count.
- Writes a negative review.

FEELS:(user emotions)

- Frustrated by incorrect tracking.
- Disappointed in the app's reliability.
- Unmotivated to continue using it.

