Diabetes Risk Predictions

Data Understanding

Seif Kungulio

07/11/2025

Evaluating Dataset

Data Dictionary

Exploratory Data Analysis

Data Loading

Load the dataset and name it Diabetes.df

```
Diabetes.df <- read.csv("diabetes_health_indicators_BRFSS2015.csv", header = TRUE)
```

Examine the dimension of the data frame

```
dim(Diabetes.df)
```

```
## [1] 253680 22
```

Preview the data frame

```
glimpse(Diabetes.df)
```

```
## Rows: 253,680
## Columns: 22
## $ Diabetes_binary
                  <dbl> 0, 0, 0, 0, 0, 0, 0, 0, 1, 0, 1, 0, 0, 1, 0, 0~
## $ HighBP
                  <dbl> 1, 0, 1, 1, 1, 1, 1, 1, 0, 0, 1, 0, 1, 0, 1, 1~
## $ HighChol
                  <dbl> 1, 0, 1, 0, 1, 1, 0, 1, 1, 0, 0, 1, 0, 1, 1, 0, 1~
## $ CholCheck
                  ## $ BMI
                  <db1> 40, 25, 28, 27, 24, 25, 30, 25, 30, 24, 25, 34, 2~
                  <dbl> 1, 1, 0, 0, 0, 1, 1, 1, 0, 1, 1, 1, 0, 0~
## $ Smoker
## $ Stroke
                  ## $ HeartDiseaseorAttack <dbl> 0, 0, 0, 0, 0, 0, 0, 1, 0, 0, 0, 0, 0, 0~
                  <dbl> 0, 1, 0, 1, 1, 1, 0, 1, 0, 0, 1, 0, 0, 0, 1, 1, 1~
## $ PhysActivity
## $ Fruits
                  <dbl> 0, 0, 1, 1, 1, 1, 0, 0, 1, 0, 1, 1, 0, 0, 0, 0, 1~
## $ Veggies
                  ## $ HvyAlcoholConsump
                  ## $ AnyHealthcare
```

```
## $ NoDocbcCost
## $ GenHlth
                       <dbl> 5, 3, 5, 2, 2, 2, 3, 3, 5, 2, 3, 3, 3, 4, 4, 2, 3~
## $ MentHlth
                       <dbl> 18, 0, 30, 0, 3, 0, 0, 0, 0, 0, 0, 0, 0, 0, 30, ~
                       <dbl> 15, 0, 30, 0, 0, 2, 14, 0, 30, 0, 0, 30, 15, 0, 2~
## $ PhysHlth
                       <dbl> 1, 0, 1, 0, 0, 0, 0, 1, 1, 0, 0, 1, 0, 1, 0, 0~
## $ DiffWalk
## $ Sex
                       <dbl> 0, 0, 0, 0, 0, 1, 0, 0, 1, 1, 0, 0, 0, 0, 0~
## $ Age
                       <dbl> 9, 7, 9, 11, 11, 10, 9, 11, 9, 8, 13, 10, 7, 11, ~
## $ Education
                       <dbl> 4, 6, 4, 3, 5, 6, 6, 4, 5, 4, 6, 5, 5, 4, 6, 6, 4~
## $ Income
                       <dbl> 3, 1, 8, 6, 4, 8, 7, 4, 1, 3, 8, 1, 7, 6, 2, 8, 3~
```

Display the first six rows of the data frame

head(Diabetes.df)

```
##
     Diabetes_binary HighBP HighChol CholCheck BMI Smoker Stroke
## 1
                     0
                             1
                                       1
## 2
                     0
                                                  0
                                                     25
                             0
                                       0
                                                              1
                                                                      0
## 3
                     0
                             1
                                       1
                                                  1
                                                     28
                                                              0
                                                                      0
## 4
                     0
                                                     27
                                                                      0
                             1
                                       0
                                                  1
                                                              Ω
## 5
                     0
                             1
                                       1
                                                     24
## 6
                     0
                                                     25
                                                                      0
                             1
                                       1
                                                  1
                                                              1
##
     HeartDiseaseorAttack PhysActivity Fruits Veggies HvyAlcoholConsump
## 1
                          0
                                         0
                                                 0
                                                          1
## 2
                                         1
                          0
                                                 0
                                                          0
                                                                              0
## 3
                          0
                                         0
                                                 1
                                                          0
                                                                              0
## 4
                          0
                                         1
                                                 1
                                                          1
                                                                              0
## 5
                          0
                                                                              0
                                         1
                                                 1
                                                          1
## 6
                          0
                                         1
                                                 1
                                                          1
##
     AnyHealthcare NoDocbcCost GenHlth MentHlth PhysHlth DiffWalk Sex Age
## 1
                                0
                                         5
                                                  18
                                                            15
                  1
                                                                       1
                                                                                7
## 2
                   0
                                1
                                         3
                                                   0
                                                             0
                                                                       0
                                                                           0
## 3
                                         5
                                                            30
                                                                           0
                                                                                9
                                                  30
                                                                       1
                   1
                                1
                                         2
## 4
                   1
                                0
                                                   0
                                                             0
                                                                       0
                                                                           0
                                                                               11
## 5
                   1
                                0
                                         2
                                                   3
                                                             0
                                                                       0
                                                                           0
                                                                               11
                                         2
## 6
                   1
                                0
                                                   0
                                                             2
                                                                       0
                                                                            1
                                                                               10
##
     Education Income
## 1
              4
## 2
              6
                      1
## 3
              4
                      8
## 4
                      6
              3
## 5
              5
                      4
## 6
              6
                      8
```

Display the last six rows of the data frame

tail(Diabetes.df)

```
##
          Diabetes_binary HighBP HighChol CholCheck BMI Smoker Stroke
                                 0
## 253675
                         0
                                           0
                                                     1
                                                         27
                                                                 0
                                                                         0
## 253676
                          0
                                 1
                                           1
                                                     1
                                                         45
                                                                 0
                                                                         0
                                 1
                                                     1
                                                         18
                                                                 0
                                                                         0
## 253677
                         1
                                           1
## 253678
                         0
                                 0
                                           0
                                                     1 28
                                                                 0
                                                                         0
                                           0
## 253679
                         0
                                 1
                                                     1
                                                        23
                                                                 0
                                                                         0
```

```
1 25
## 253680
                                  1
                                            1
                          1
          HeartDiseaseorAttack PhysActivity Fruits Veggies HvyAlcoholConsump
## 253675
                                                      0
## 253676
                                0
                                                                                   0
                                              0
                                                      1
                                                               1
## 253677
                                0
                                              0
                                                      0
                                                               0
                                                                                   0
## 253678
                                0
                                                               0
                                                                                   0
                                              1
                                                      1
## 253679
                                0
                                                      1
                                                               1
## 253680
                                                                                   0
                                1
                                              1
                                                      1
                                                               0
           AnyHealthcare NoDocbcCost GenHlth MentHlth PhysHlth DiffWalk Sex Age
## 253675
                        1
                                     0
                                              1
                                                        0
                                                                  0
## 253676
                        1
                                     0
                                              3
                                                        0
                                                                  5
                                                                            0
                                                                                1
                                                                                     5
## 253677
                                     0
                                              4
                                                        0
                                                                  0
                                                                                0
                                                                                    11
                        1
                                                                            1
                                     0
                                                                                    2
## 253678
                        1
                                              1
                                                        0
                                                                  0
                                                                            0
## 253679
                                     0
                                              3
                                                        0
                                                                                1
                                                                                     7
                        1
                                                                  0
## 253680
                        1
                                              2
                                                        0
                                                                  0
                                                                                     9
##
           Education Income
## 253675
                   6
                           7
## 253676
                   6
## 253677
                   2
                           4
                           2
## 253678
                   5
## 253679
                   5
                           1
## 253680
                   6
                           2
```

Display the structure of the data frame

```
str(Diabetes.df)
```

```
'data.frame':
                    253680 obs. of
                                    22 variables:
   $ Diabetes_binary
                          : num
                                 0 0 0 0 0 0 0 0 1 0 ...
   $ HighBP
                                 1 0 1 1 1 1 1 1 0 ...
##
   $ HighChol
                                 1 0 1 0 1 1 0 1 1 0 ...
                          : num
##
   $ CholCheck
                                 1 0 1 1 1 1 1 1 1 1 ...
                          : num
##
   $ BMI
                                 40 25 28 27 24 25 30 25 30 24 ...
                          : num
## $ Smoker
                          : num
                                 1 1 0 0 0 1 1 1 1 0 ...
   $ Stroke
                          : num
                                 0000000000...
   $ HeartDiseaseorAttack: num
                                 0 0 0 0 0 0 0 0 1 0 ...
##
##
   $ PhysActivity
                                 0 1 0 1 1 1 0 1 0 0 ...
                          : num
  $ Fruits
##
                          : num
                                 0 0 1 1 1 1 0 0 1 0 ...
##
   $ Veggies
                          : num
                                 1 0 0 1 1 1 0 1 1 1 ...
##
   $ HvyAlcoholConsump
                                 0 0 0 0 0 0 0 0 0 0 ...
                          : num
##
   $ AnyHealthcare
                                 1 0 1 1 1 1 1 1 1 1 ...
                          : num
## $ NoDocbcCost
                                 0 1 1 0 0 0 0 0 0 0 ...
                          : num
## $ GenHlth
                                 5 3 5 2 2 2 3 3 5 2 ...
                          : num
##
   $ MentHlth
                          : num
                                 18 0 30 0 3 0 0 0 30 0 ...
##
  $ PhysHlth
                                 15 0 30 0 0 2 14 0 30 0 ...
                          : num
  $ DiffWalk
                                 1 0 1 0 0 0 0 1 1 0 ...
                          : num
##
   $ Sex
                                 0 0 0 0 0 1 0 0 0 1 ...
                          : num
                                 9 7 9 11 11 10 9 11 9 8 ...
##
   $ Age
                          : num
##
   $ Education
                          : num
                                 4 6 4 3 5 6 6 4 5 4 ...
                          : num 3 1 8 6 4 8 7 4 1 3 ...
   $ Income
```

Basic Summary and Structure

Summarize the dataset

| ## | Diabetes_binary | HighBP | HighChol | CholCheck |
|----------|-----------------------|------------------------------|-----------------|------------------------------|
| ## | Min. :0.0000 | Min. :0.000 | Min. :0.0000 | Min. :0.0000 |
| ## | 1st Qu.:0.0000 | 1st Qu.:0.000 | 1st Qu.:0.0000 | 1st Qu.:1.0000 |
| ## | Median :0.0000 | Median:0.000 | Median :0.0000 | Median :1.0000 |
| ## | Mean :0.1393 | Mean :0.429 | Mean :0.4241 | Mean :0.9627 |
| ## | 3rd Qu.:0.0000 | 3rd Qu.:1.000 | 3rd Qu.:1.0000 | 3rd Qu.:1.0000 |
| ## | Max. :1.0000 | Max. :1.000 | Max. :1.0000 | Max. :1.0000 |
| ## | BMI | Smoker | Stroke | ${\tt HeartDiseaseorAttack}$ |
| ## | Min. :12.00 | Min. :0.0000 | Min. :0.00000 | Min. :0.00000 |
| ## | 1st Qu.:24.00 | 1st Qu.:0.0000 | 1st Qu.:0.00000 | 1st Qu.:0.00000 |
| ## | Median :27.00 | Median :0.0000 | Median :0.00000 | Median :0.00000 |
| ## | Mean :28.38 | Mean :0.4432 | Mean :0.04057 | Mean :0.09419 |
| ## | 3rd Qu.:31.00 | 3rd Qu.:1.0000 | 3rd Qu.:0.00000 | 3rd Qu.:0.00000 |
| ## | Max. :98.00 | Max. :1.0000 | Max. :1.00000 | Max. :1.00000 |
| ## | PhysActivity | Fruits | Veggies | HvyAlcoholConsump |
| ## | Min. :0.0000 | Min. :0.0000 | Min. :0.0000 | Min. :0.0000 |
| ## | 1st Qu.:1.0000 | 1st Qu.:0.0000 | 1st Qu.:1.0000 | 1st Qu.:0.0000 |
| ## | Median :1.0000 | Median :1.0000 | Median :1.0000 | Median :0.0000 |
| ## | Mean :0.7565 | Mean :0.6343 | Mean :0.8114 | Mean :0.0562 |
| ## | 3rd Qu.:1.0000 | 3rd Qu.:1.0000 | 3rd Qu.:1.0000 | 3rd Qu.:0.0000 |
| ## | Max. :1.0000 | Max. :1.0000 | Max. :1.0000 | Max. :1.0000 |
| ## | ${\tt AnyHealthcare}$ | NoDocbcCost | ${\tt GenHlth}$ | MentHlth |
| ## | Min. :0.0000 | Min. :0.00000 | Min. :1.000 | Min. : 0.000 |
| ## | 1st Qu.:1.0000 | 1st Qu.:0.00000 | 1st Qu.:2.000 | 1st Qu.: 0.000 |
| ## | Median :1.0000 | Median :0.00000 | Median :2.000 | Median : 0.000 |
| ## | Mean :0.9511 | Mean :0.08418 | Mean :2.511 | Mean : 3.185 |
| ## | 3rd Qu.:1.0000 | 3rd Qu.:0.00000 | 3rd Qu.:3.000 | 3rd Qu.: 2.000 |
| ## | Max. :1.0000 | Max. :1.00000 | Max. :5.000 | Max. :30.000 |
| ## | PhysHlth | DiffWalk | Sex | Age |
| ## | Min. : 0.000 | Min. :0.0000 | Min. :0.0000 | Min. : 1.000 |
| ## | 1st Qu.: 0.000 | 1st Qu.:0.0000 | 1st Qu.:0.0000 | 1st Qu.: 6.000 |
| ## | Median : 0.000 | Median :0.0000 | Median :0.0000 | Median: 8.000 |
| ## | Mean : 4.242 | Mean :0.1682 | Mean :0.4403 | Mean : 8.032 |
| ## | 3rd Qu.: 3.000 | 3rd Qu.:0.0000 | 3rd Qu.:1.0000 | 3rd Qu.:10.000 |
| ## | Max. :30.000 | Max. :1.0000 | Max. :1.0000 | Max. :13.000 |
| ## | Education | Income | | |
| ## | | Min. :1.000 | | |
| ## | 1st Qu.:4.00 | 1st Qu.:5.000 | | |
| ## | | Median :7.000 | | |
| ## | Mean :5.05 | Mean :6.054 | | |
| | 0 1 0 0 00 | 0 1 0 0 000 | | |
| ## ## | | 3rd Qu.:8.000 Max. :8.000 | | |

Skim for extended summary

```
#skim(Diabetes.df)
```

Data Cleaning

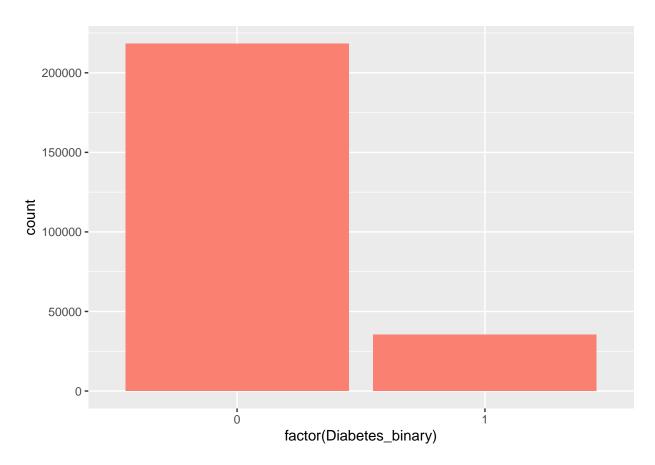
Check for Class Imbalance (target Variable)

Distribution of diabetes classes

```
Diabetes.df %>%
  count(Diabetes_binary) %>%
  mutate(Percent = round(n / sum(n) * 100, 2))
```

Plot the distribution

```
ggplot(Diabetes.df, aes(factor(Diabetes_binary))) +
  geom_bar(fill = "salmon") +
  labs()
```



Check for Missing Values and Data Quality

Check for missing values

colSums(is.na(Diabetes.df))

| ## | Diabetes_binary | HighBP | HighChol |
|----|-----------------|----------------------|-------------------|
| ## | 0 | 0 | 0 |
| ## | CholCheck | BMI | Smoker |
| ## | 0 | 0 | 0 |
| ## | Stroke | HeartDiseaseorAttack | PhysActivity |
| ## | 0 | 0 | 0 |
| ## | Fruits | Veggies | HvyAlcoholConsump |
| ## | 0 | 0 | 0 |
| ## | AnyHealthcare | NoDocbcCost | GenHlth |
| ## | 0 | 0 | 0 |
| ## | MentHlth | PhysHlth | DiffWalk |
| ## | 0 | 0 | 0 |
| ## | Sex | Age | Education |
| ## | 0 | 0 | 0 |
| ## | Income | | |
| ## | 0 | | |

EDA: Visualizing Data

Univariate Analysis (Numeric Variables)

EDA: Determining Relationship