

[Date: May 7, 2025]

Dr. Amanda K. Reynolds
City Rheumatology Center
987 Joint Care Avenue
City, State, ZIP
Phone: (555) 876-5432

Re: Emily Carter
Date of Birth: March 18, 1985
Medical Record Number: 654321987

Dear [Recipient/Insurance Provider/Employer],

I am writing to confirm that my patient, Emily Carter, has been under my care since February 10, 2025. After a thorough clinical evaluation, including physical examination, laboratory tests showing elevated rheumatoid factor (RF) and anti-CCP antibodies, and imaging studies revealing joint inflammation, Emily has been diagnosed with rheumatoid arthritis (ICD-10 code: M06.9).

Emily presents with symptoms of joint pain, swelling, morning stiffness lasting over an hour, and decreased range of motion, primarily affecting her hands and wrists.

Treatment Plan:

Emily Carter has been started on disease-modifying antirheumatic drugs (DMARDs), specifically methotrexate 15 mg weekly, along with folic acid supplementation. Nonsteroidal anti-inflammatory drugs (NSAIDs) have been prescribed for symptom relief as needed. Physical therapy has also been recommended to maintain joint function and mobility. Regular follow-up visits are scheduled every 6–8 weeks to monitor disease activity and treatment response.

This diagnosis and treatment plan are medically necessary to control inflammation, prevent joint damage, and improve quality of life.

Please contact me at (555) 876-5432 if you require any additional information.

Sincerely,

Dr. Amanda K. Reynolds, MD
City Rheumatology Center