



HEALTHY AND AFFORDABLE FOOD CHOICES

List of healthy foods available in VSU market

- Fruits
 - Mango
 - Apple
 - Orange
 - Banana
 - Lanzones
 - Rambutan
 - Dragon Fruit
 - Pili nut
 - Pineapple
 - Avocado
 - Melon
 - Papaya & etc.
- Vegetables
 - Squash
 - Eggplant
 - Ampalaya
 - Okra
 - Cabbage
 - Lettuce
 - Beans
 - Cucumber
 - Sweet Potato & etc.
- Mango shake
- Fish
- Chicken
- Meat
- Corn
- Fruit Juices
- Eatery Vegetable Recipes
- Fresh Milk
- Pie (Buko Pie, Egg Pie, Pineapple Pie)



FRUITS AND FRUIT JUICES



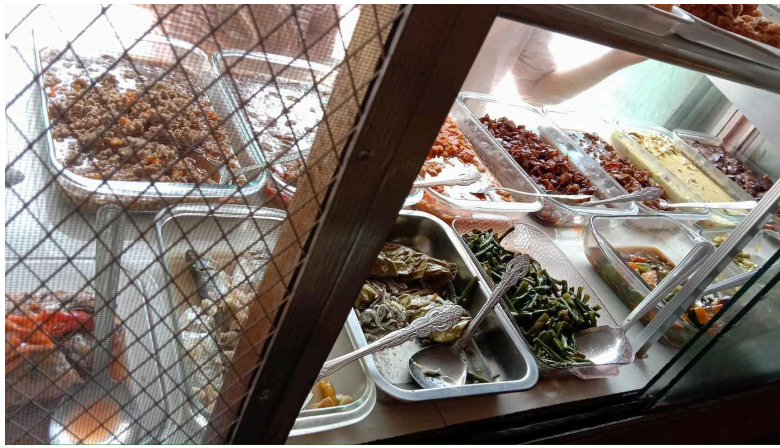
FRESH MILK



VEGETABLES



FISH AND MEAT



EATERY RECIPES



Pure Mango Shake



Pie (Buko Pie, Egg Pie, Pineapple Pie)

Vision:
Mission:

A globally competitive university for science, technology, and environmental conservation.
Development of a highly competitive human resource, cutting-edge scientific knowledge and innovative technologies for sustainable communities and environment.

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