

This document investigates a system where a randomised measure Z affects an outcome Y via two channels: directly $Z \rightarrow Y$, and indirectly via a mediator $D(Z) \rightarrow Y$.

Causal mediation methods decompose the effect of Z into indirect effects, the proportion of effect going through the $D(Z) \rightarrow Y$ channel, and direct effects, the $Z \rightarrow Y$ channel. Conventional methods assume that D is randomly assigned, conditional on Z and other observed covariates \mathbf{X}_i ; this assumption is unlikely to hold in observation settings, such as relying on quasi-experimental variation in Z .

This document simulates a system where D is not randomly assigned, but is the result of Roy-style selection (based on treatment gains) involving observed selection factors \mathbf{X}_i and unobserved U_i . It shows how conventional estimators, controlling only for observed \mathbf{X}_i behave under different assumptions about the distribution of U_i .

1 Notation

Write Y_i for the observed outcome value e.g., long-run income, for individuals $i = 1, \dots, N$. Suppose Y_i is the outcome of two binary variables, $Z_i = 0, 1$ which is assigned randomly, and $D_i = 0, 1$ which individuals **select into** based on which Z value they receive. The researcher observes D_i, Y_i , but not their respective potential outcomes:

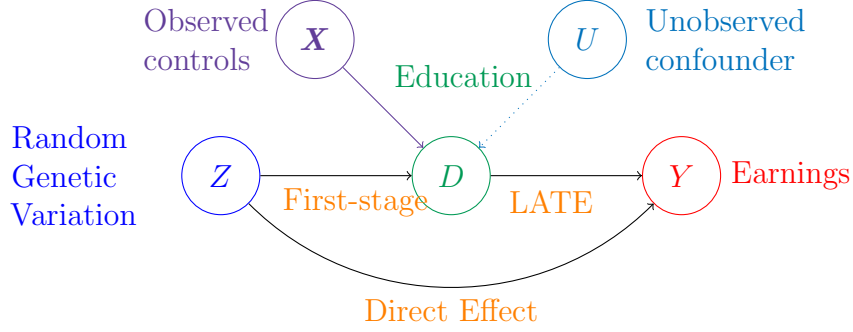
$$\begin{aligned} D_i &= Z_i D_i(1) + (1 - Z_i) D_i(0), \\ &= \begin{cases} D_i(1), & \text{if } Z_i = 1 \\ D_i(0), & \text{if } Z_i = 0 \end{cases} \\ Y_i &= Z_i Y_i(1, D_i(1)) + (1 - Z_i) Y_i(0, D_i(0)) \\ &= \begin{cases} Y_i(1, 1), & \text{if } Z_i = 1, D_i(1) = 1 \\ Y_i(1, 0), & \text{if } Z_i = 1, D_i(1) = 0 \\ Y_i(0, 1), & \text{if } Z_i = 0, D_i(0) = 1 \\ Y_i(0, 0), & \text{if } Z_i = 0, D_i(0) = 0 \end{cases}. \end{aligned}$$

In my empirical work, Z is a binary version of the gene score for education (differenced from parents' values, EA score), $D_i(Z_i)$ is a choice to complete higher education, and Y_i a measure of long-run income. \mathbf{X}_i is demographic information, gender, age, and every measure of socio-economic standing available; U_i is covariates the **researcher wants to control for, but does not observe** in the data they have.

1.1 Direct and Indirect Effects

Causal mediation aims to decompose the reduced form effect of $Z \rightarrow Y$ into two separate pathways: indirectly through D , and directly absent D .

Figure 1: Structural Causal Graph of the Triangular System, $Z \rightarrow D \rightarrow Y$.



$$\text{Reduced Form: } \mathbb{E}[Y_i(1, D_i(1)) - Y_i(0, D_i(0))] = \mathbb{E}[Y_i | Z_i = 1] - \mathbb{E}[Y_i | Z_i = 0]$$

$$\text{Indirect Effect, } D(Z) \rightarrow Y : \mathbb{E}[Y_i(Z_i, D_i(1)) - Y_i(Z_i, D_i(0))]$$

$$\text{Direct Effect, } Z \rightarrow Y : \mathbb{E}[Y_i(1, D_i(Z_i)) - Y_i(0, D_i(Z_i))]$$

The reduced form is the average effect of EA score on later-life earnings; the indirect effect is the effect of EA score operating purely through increased education; the direct effect is the effect of EA score operating absent education.

2 A Regression Framework for Direct and Indirect Effects

Inference for direct and indirect effects can be written in a regression framework, showing how correlation between the error term and the mediator persistently biases estimates.

To motivate a regression framework, write $Y_i(Z, D)$ as a sum of observed factors Z_i, \mathbf{X}_i and unobserved factors.

$$Y_i(Z_i, 0) = \mu_0(Z_i; \mathbf{X}_i) + U_{0,i}, \quad Y_i(Z_i, 1) = \mu_1(Z_i; \mathbf{X}_i) + U_{1,i}$$

μ_0, μ_1 are unknown functions, $U_{0,i}, U_{1,i}$ are mean zero error terms with unknown distributions, independent of Z_i, \mathbf{X}_i — but possibly correlated with D_i .

$$\begin{aligned} Y_i &= Z_i Y_i(1, D_i(1)) + (1 - Z_i) Y_i(0, D_i(0)) \\ &= Y_i(0, D_i(0)) + Z_i [Y_i(1, D_i(1)) - Y_i(0, D_i(0))] \\ &= \underbrace{\mu_{D_i(0); \mathbf{X}_i}(0)}_{\text{Intercept}} + \underbrace{Z_i [\mu_{D_i(1)}(1; \mathbf{X}_i) - \mu_{D_i(0)}(0; \mathbf{X}_i)]}_{\text{Regressor}} \\ &\quad + \underbrace{U_{D_i(0),i} + Z_i (U_{D_i(1),i} - U_{D_i(0),i})}_{\text{Error term, mean zero}} \\ &=: \phi_i + \varphi_i Z_i + \epsilon_i \end{aligned}$$

$$\implies \mathbb{E}[Y_i | Z_i] = \mathbb{E}[\phi_i] + \mathbb{E}[\varphi_i] Z_i + \mathbb{E}[\epsilon_i], \text{ and thus unbiased estimates since } Z_i \perp\!\!\!\perp \varphi_i, \epsilon_i.$$

Z_i is assumed randomly assigned, independent of potential outcomes, so that $U_{0,i}, U_{1,i} \perp\!\!\!\perp Z_i$. Thus, the reduced form regression $Z \rightarrow Y$ leads to unbiased estimates.

The same cannot be said of the regression that estimates direct and indirect effects, without further assumptions.

$$\begin{aligned}
Y_i &= Z_i D_i Y_i(1, 1) \\
&\quad + (1 - Z_i) D_i Y_i(0, 1) \\
&\quad + Z_i (1 - D_i) Y_i(1, 0) \\
&\quad + (1 - Z_i) (1 - D_i) Y_i(0, 0) \\
&= Y_i(0, 0) \\
&\quad + Z_i [Y_i(1, 0) - Y_i(0, 0)] \\
&\quad + D_i [Y_i(0, 1) - Y_i(0, 0)] \\
&\quad + Z_i D_i [Y_i(1, 1) - Y_i(1, 0) - (Y_i(0, 1) - Y_i(0, 0))]
\end{aligned}$$

And so Y_i can be written as a regression equation in terms of the observed factors and error terms.

$$\begin{aligned}
Y_i &= \mu_0(0; \mathbf{X}_i) \\
&\quad + Z_i [\mu_0(1; \mathbf{X}_i) - \mu_0(0; \mathbf{X}_i)] \\
&\quad + D_i [\mu_1(0; \mathbf{X}_i) - \mu_0(0; \mathbf{X}_i)] \\
&\quad + Z_i D_i [\mu_1(1; \mathbf{X}_i) - \mu_0(1; \mathbf{X}_i) - (\mu_1(0; \mathbf{X}_i) - \mu_0(0; \mathbf{X}_i))] \\
&\quad + U_{0,i} + D_i (U_{1,i} - U_{0,i}) \\
&=: \alpha_i + \beta_i D_i + \gamma_i Z_i + \delta_i Z_i D_i + \varepsilon_i
\end{aligned}$$

$\alpha_i, \beta_i, \delta_i$ are the relevant direct effect under $D_i = 1$, indirect effect under $Z_i = 1$, δ_i the interaction effect, and ε_i the remaining error term. Collecting for the expressions of the direct and indirect effects:¹

$$\begin{aligned}
\mathbb{E} [Y_i(Z_i, D_i(1)) - Y_i(Z_i, D_i(0))] &= \mathbb{E} [(\beta_i + Z_i \delta_i) \times (D_i(1) - D_i(0))] \\
\mathbb{E} [Y_i(1, D_i(Z_i)) - Y_i(0, D_i(Z_i))] &= \mathbb{E} [\gamma_i + \delta_i D_i]
\end{aligned}$$

By assumption $Z_i \perp\!\!\!\perp \gamma_i, \varepsilon_i$, so that the regression only gives unbiased estimates if D_i is also conditionally random: $D_i(z) \perp\!\!\!\perp \varepsilon_i \mid \mathbf{X}_i$.

2.1 Selection into Education

Conventional causal mediation work point identifies the indirect and direct effects by additionally **assuming that D_i is randomly assigned**, conditional on $\{\mathbf{X}_i, Z_i\}$ — known as sequential ignorability (Imai et al., 2010).

$$Y_i(z, d) \perp\!\!\!\perp D_i(z') \mid Z_i = z, \mathbf{X}_i, \text{ for all } z, z', d = 0, 1$$

¹These equations have simpler expressions after assuming constant treatment effects; I have avoided this as having compliers, and controlling for observed factors \mathbf{X}_i only makes sense in the case of heterogeneous treatment effects.

In the education context, point identifying direct and indirect effects requires the **researcher controls for all sources of selection-into-education**.

While this assumption may hold true in two-way randomised experiments (e.g., in a laboratory or two-way RCT), it is unlikely to hold in the case of quasi-experimental variation in Z , or when modelling education as a mediator — absent a separate identification strategy for education D . To expand this point in an econometric selection-into-treatment framework, suppose selection follows a Roy model, where individual i weighs the costs and benefits of completing education.

$$D_i(Z_i) = 1 \left\{ \underbrace{C_i(Z_i)}_{\text{Costs}} \leq \underbrace{Y_i(Z_i, 1) - Y_i(Z_i, 0)}_{\text{Gains}} \right\}$$

Education choice $D_i(z)$ is clearly related to $Y_i(z, d)$ in this model, so let's see what the equation looks like in terms of sequential ignorability. As above, decompose costs into observed and unobserved factors.

$$C_i(Z_i) = \mu_C(Z_i; \mathbf{X}_i) + U_{C,i}$$

And so we can write the first-stage selection equation in full.

$$D_i(Z_i) = 1 \left\{ \underbrace{U_{C,i} + U_{0,i} - U_{1,i}}_{\text{Unobserved}} \leq \underbrace{\mu_1(Z_i; \mathbf{X}_i) - \mu_0(Z_i; \mathbf{X}_i) - \mu_C(Z_i; \mathbf{X}_i)}_{\text{Observed}} \right\}$$

Sequential ignorability, where $Y_i(z, d) \perp\!\!\!\perp D_i(z') \mid \mathbf{X}_i$, would then require that $\mathbb{E}[U_{0,i} - U_{1,i} \mid D_i] = 0$ — no unobserved selection! This is unlikely to hold true, unless there is another identification strategy for D_i — in addition to the one used for Z_i .

3 Simulation

This simulation assumes that

1. $\Pr(Z_i = 1) = \frac{1}{2}$ for every individual, so that Z_i is randomly assigned.
2. $U_{0,i}, U_{1,i} \sim \text{BivarNormal}(\rho, 0, 0, \sigma_0, \sigma_1)$, and $U_C = 0$ for simplicity.
3. $N = 1,000$
4. Observed covariates $\mathbf{X}_i = [X_i^1]$ is composed of $X_i^1 \sim N(0, 1)$.

The observed part of potential outcomes, $\mu_D(Z; \mathbf{X}_i)$, are simulated in a linear system, with $\mathbf{X}_i \sim N(5, 1)$ and the following definitions.

$$\begin{aligned} \mu_0(0; \mathbf{X}_i) &= \beta_0 \mathbf{X}_i & &= \mathbf{X}_i \\ \mu_1(0; \mathbf{X}_i) &= \beta_1 \mathbf{X}_i & &= 2\mathbf{X}_i \\ \mu_0(1; \mathbf{X}_i) &= \beta_0 \mathbf{X}_i + \gamma_0 & &= \mathbf{X}_i + 0.5 \\ \mu_1(1; \mathbf{X}_i) &= \beta_1 \mathbf{X}_i + \gamma_1 & &= 2\mathbf{X}_i + 1 \\ \mu_C(0; \mathbf{X}_i) &= 5 \\ \mu_C(1; \mathbf{X}_i) &= 3.75 \end{aligned}$$

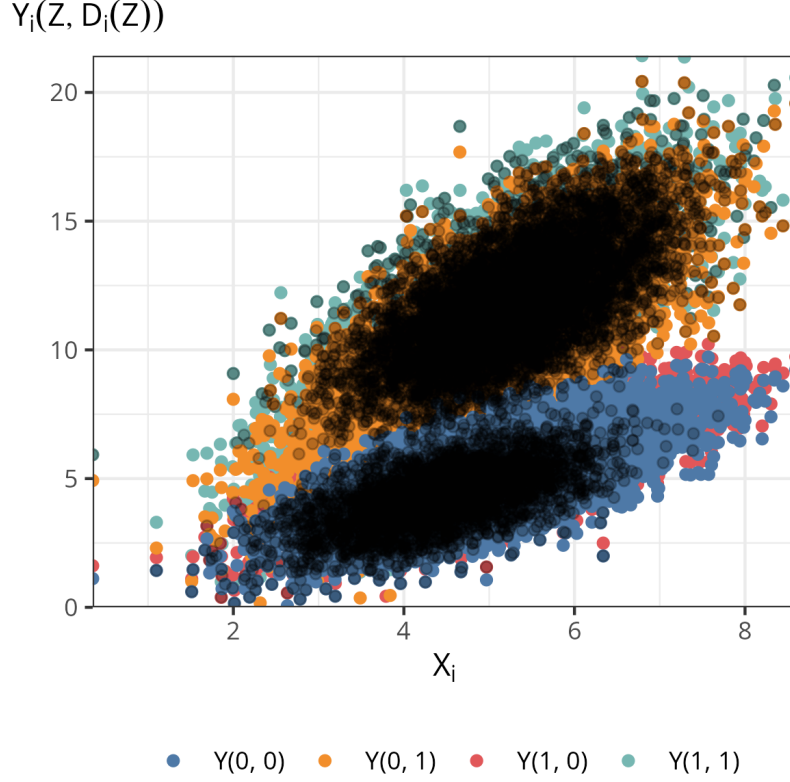
These values have the following properties, relevant to this system:

- There are compliers i.e., $0 < \Pr(D_i(0) < D_i(1))$ since gains to education do not always outweigh costs
- There are no defiers i.e., $0 = \Pr(D_i(0) > D_i(1))$ since opportunity costs of education are higher in $Z_i = 1$
- $\text{Corr}(U_{i,0}, U_{i,1}) = \rho > 0$ indicates positive selection into education, where those with higher incomes more often take education (independently of gains)
- $\sigma_1 \neq \sigma_0$ indicates heteroskedasticity in D_i , where error term variance is correlated with D_i .

What does this system look like?

$$\begin{aligned}
Y_i(Z_i, 0) &= \beta_0 \mathbf{X}_i + \gamma_0 Z_i + U_{0,i}, & Y_i(Z_i, 1) &= \beta_1 \mathbf{X}_i + \gamma_1 Z_i + U_{1,i} \\
D_i(Z_i) &= \mathbb{1} \{ \mu_C(Z_i; \mathbf{X}_i) + U_{C,i} \leq Y_i(Z_i, 1) - Y_i(Z_i, 0) \} \\
\implies Y_i &= \beta_0 \mathbf{X}_i + \gamma_0 Z_i + [(\beta_0 - \beta_1) \mathbf{X}_i] D_i + (\gamma_1 - \gamma_0) Z_i D_i + U_{0,i} + D_i (U_{1,i} - U_{0,i}) \\
&= \mathbf{X}_i + 0.5 Z_i + \mathbf{X}_i D_i + 0.5 Z_i D_i + \underbrace{U_{0,i} + D_i (U_{1,i} - U_{0,i})}_{\text{Correlated error term}} \\
\mathbb{E}[Y_i(Z_i, 1) - Y_i(Z_i, 0)] &= (\beta_1 - \beta_0) \mathbb{E}[\mathbf{X}_i] + (\gamma_1 - \gamma_0) \mathbb{E}[Z_i] + \mathbb{E}[U_{1,i} - U_{0,i}] = 5.25 \\
\mathbb{E}[Y_i(1, D_i(Z_i)) - Y_i(0, D_i(Z_i))] &= \gamma_0 + (\gamma_1 - \gamma_0) \mathbb{E}[D_i] = 0.8313
\end{aligned}$$

Figure 2: Simulated Outcomes, with $\rho, \sigma_0, \sigma_1 = 3/4, 1, 2$.



Note: The transparent black dots are overlaid realised Y_i values. See the first equation for an explanation of how $Y_i(0, 1)$ is only realised for always-takers, $D_i(0) = 1$.

3.1 Varying the Parameter Values

There are three values that define the system, mimicking the famous sample selection model of [Heckman \(1974, 1979\)](#):

| Parameter | Equation | Explanation |
|------------|-------------------------------------|---|
| ρ | $\text{Corr}(U_{i,0}, U_{i,1})$ | Correlation between $D_i = 1$ and $D_i = 0$ error terms |
| σ_0 | $\text{Var}(U_{i,0})^{\frac{1}{2}}$ | Standard deviation of $D_i = 0$ error terms |
| σ_1 | $\text{Var}(U_{i,1})^{\frac{1}{2}}$ | Standard deviation of $D_i = 1$ error terms |

This simulation file varies the values of ρ, σ_0, σ_1 to investigate how the bias in conventional mediation estimates behaves under different assumptions of the unobserved error values U_0, U_1 .

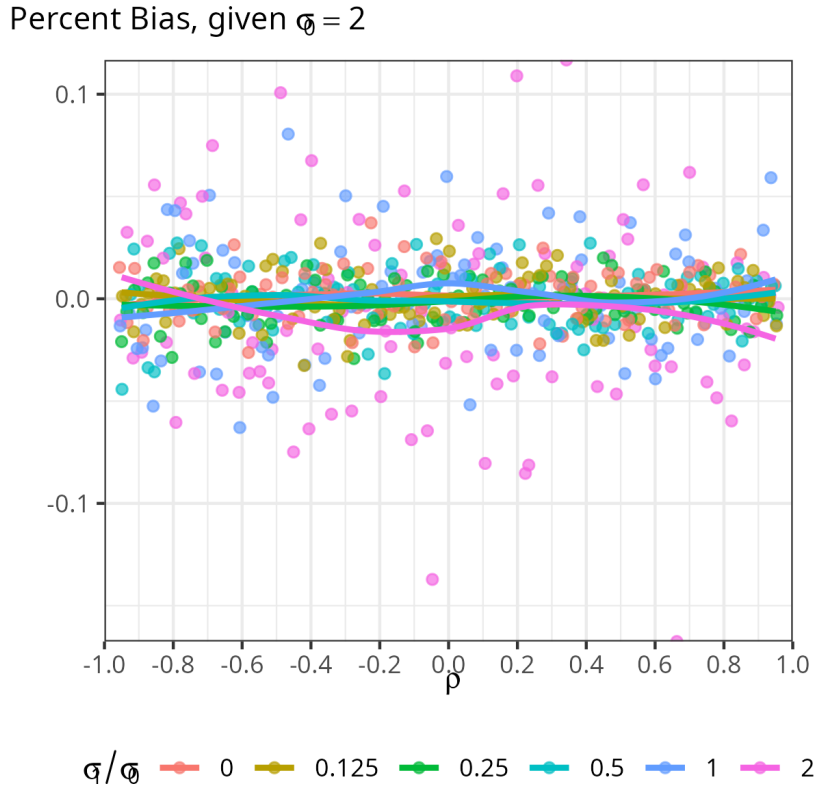
3.2 Bias in the Reduced Form Estimate

I expected the following relationship between these parameter values, and the bias in estimating the **reduced form effect**, $\mathbb{E}[Y_i | Z_i = 1] - \mathbb{E}[Y_i | Z_i = 0]$.

- Increasing both σ_0, σ_1 reduces precision
- $\sigma_1/\sigma_0 \neq 1$ indicates heteroskedasticity along D_i (not bias)
- Changing ρ has no effect on bias (may affect precision).

This is generally confirmed by the simulation, in [Figure 3](#).

Figure 3: Bias in Reduced Form Estimates in Simulated Data, across different ρ, σ_0, σ_1 values.



Note: This figure shows the percent bias in the regression $Y_i = \phi + \theta Z_i + \zeta_i' X_i + \eta_i$, where the y -axis is $(\hat{\theta}_{OLS} - \theta)/\theta$, given θ the true value of the reduced form effect.

3.3 Bias in the Direct and Indirect Effect Estimates

I expected the following relationship between these parameter values, and the bias in estimating the **Direct Effect** $Z \rightarrow Y$: $\mathbb{E}[Y_i(1, D_i(Z_i)) - Y_i(0, D_i(Z_i))]$

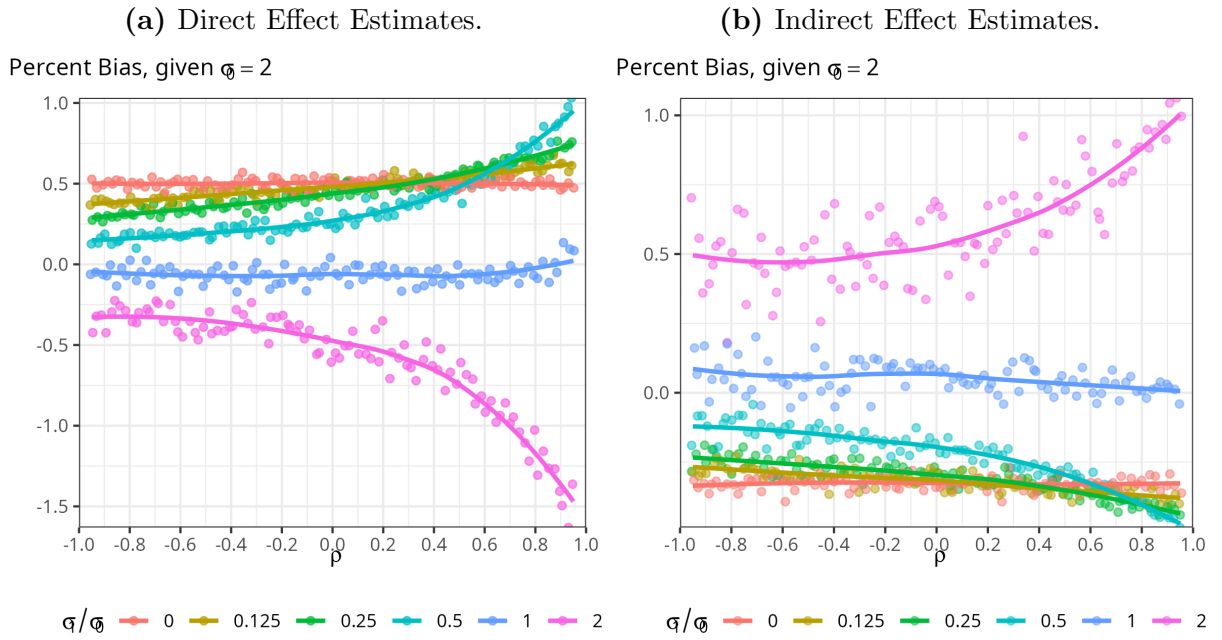
- This estimate relies on estimating $D \rightarrow Y$ by selection-on-observables, so $\rho > 0$ indicates unobserved selection into treatment and downwards biases estimates

- σ_0, σ_1 have ambiguous effects on bias, beyond heteroskedasticity for inference.

I expected the following relationship between these parameter values, and the bias in estimating the **Indirect Effect** $D(Z) \rightarrow Y : \mathbb{E}[Y_i(Z_i, D_i(1)) - Y_i(Z_i, D_i(0))]$.

- This estimate relies on estimating $D \rightarrow Y$ by selection-on-observables, so $\rho > 0$ indicates unobserved selection into treatment and upwards biases estimates
- σ_0, σ_1 have ambiguous effects on bias, beyond heteroskedasticity for inference.

Figure 4: Bias of Point Estimates in Simulated Data, across different ρ, σ_0, σ_1 values.



Note: This figure shows the percent bias in the regression $Y_i = \alpha + \beta D_i + \gamma Z_i + \delta Z_i D_i + \zeta_i' \mathbf{X}_i + \varepsilon_i$, where the y -axis is the corresponding OLS estimate for direct or indirect minus then divided by the true value of the reduced form effect.

4 A Control Function Solution(?)

I have shown above that the mediation equations without sequential ignorability take the following form, with first-stage error term $U_i = -(U_{1,i} - U_{0,i} - U_{C,i})$ and non-parametric regressor $\mu = \mu_1 - \mu_0 - \mu_C$.

$$D_i(Z_i) = \mathbb{1}\{U_i \leq \mu(Z_i; \mathbf{X}_i)\}$$

$$Y_i = \alpha_i + \gamma_i Z_i + \beta_i D_i + \delta_i Z_i D_i + U_{0,i} + D_i(U_{1,i} - U_{0,i})$$

The control function approach solves identification in this exact problem. The classic [Heckman \(1979\)](#) approach does so by maximum likelihood with errors $U_{1,i}, U_{0,i}$ assumed

normal. **This approach works exactly in the simulation above, i.e. with simulated normal errors (and even heterogeneous treatment effects).**

Newer semi-parametric approaches use a two-step approach to avoid assuming the distribution of the error terms (Newey et al., 1999; Imbens and Newey, 2009). The identifying assumption is that error terms in the first and second-stages are correlated, so that first-stage predicted residuals control for endogeneity in the second-stage.

$$\begin{aligned}\widehat{U}_i &= D_i - \mathbb{E}[\widehat{D_i} | \mathbf{X}_i, Z_i] = \widehat{f_D}(\mu(Z_i | \mathbf{X}_i)) \\ Y_i &= \alpha_i + \beta_i D_i + \gamma_i Z_i + \delta_i Z_i D_i + \widehat{U}_i D_i + \varepsilon_i\end{aligned}$$

This assumption holds exactly in the Roy model, with perfectly correlated errors (minus costs variation).

4.1 Discussion:

I don't see any modern applied work using control function estimators....

The control function approach assumes the error terms in the first-stage selection equation are informative for the errors in the second-stage outcome equation; this is trivial in the Roy model, though not the only first-stage selection consistent with the approach. It may make sense for me to write exclusively in a structural setting using the Roy model, and hold off on considering this approach more generally.

I have concerns:

- I only see highly technical econometric theory papers taking the control function approach
- The control function approach here replaces one assumption (D_i randomised) for another (correlated error terms).
- The second assumption is consistent (inspired by) the Roy model; the first assumption is inconsistent with a general labour/natural experiment setting
- Is this approach straying too far into the “structural world” for an applied project?

A Appendix

A.1 Things to look into

Newest thought: Use a semi-parametric two-step control function estimator to get estimates of the direct and indirect effects.

A.1.1 Thought on Sensitivity Analysis

If the above two-step control function works, then controlling for \mathbf{X}_i in the second stage is irrelevant, except for precision (i.e., magnitude of standard errors). So estimates with varying inclusion of controls in \mathbf{X}_i should be unbiased, even if less precise.

This should be investigated, showing the two-step control function estimates sequentially adding controls in \mathbf{X}_i and that there is no general trend (other than more precise estimates).

A.1.2 Explaining Compliance

Sequential ignorability assumes that all levers of selection are controlled for in observed factors \mathbf{X}_i . The next step is getting a measure of how much compliance is unexplained, which is equivalent to how large U_i is in the outcome equation in the Roy model.

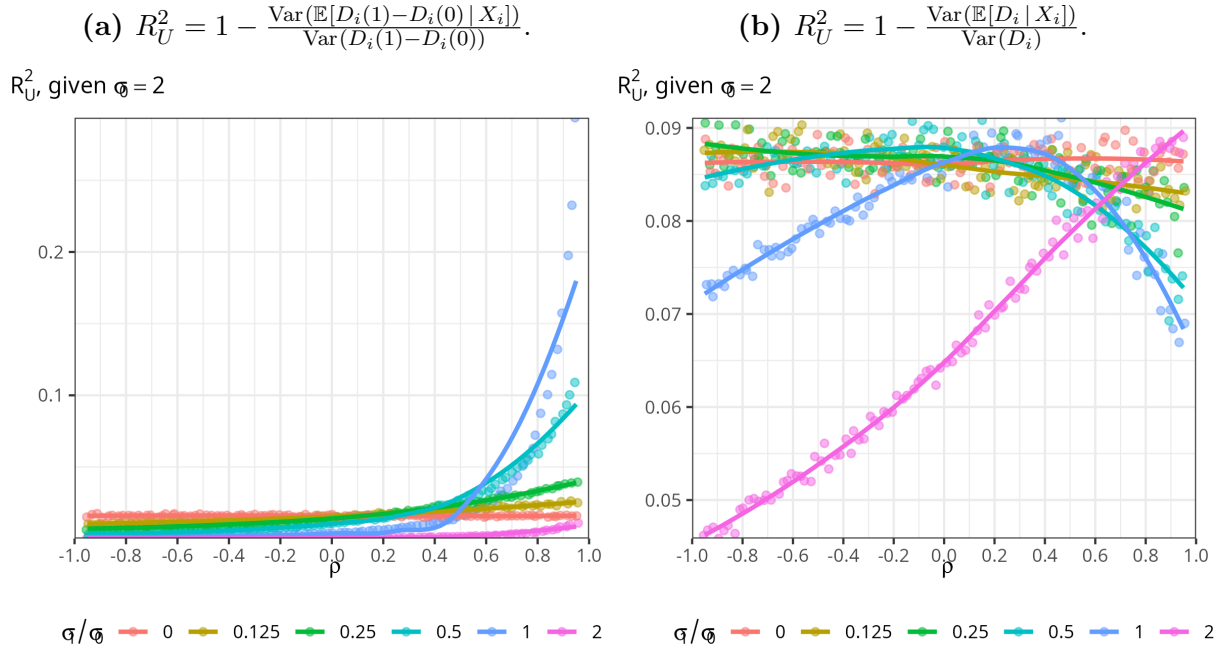
The first option is to measure how much compliance is explained by \mathbf{X}_i .

$$\begin{aligned} \text{Var}(D_i(1) - D_i(0)) &= \underbrace{\text{Var}(\mathbb{E}[D_i(1) - D_i(0) | X_i])}_{\text{Compliance explained by } \mathbf{X}_i} + \underbrace{\mathbb{E}[\text{Var}(D_i(1) - D_i(0) | \mathbf{X}_i)]}_{\text{Compliance unexplained}} \\ \implies R_U^2 &= 1 - \frac{\text{Var}(\mathbb{E}[D_i(1) - D_i(0) | X_i])}{\text{Var}(D_i(1) - D_i(0))} \end{aligned}$$

The second option is to measure how much variation in observed D_i is explained by \mathbf{X}_i , in the spirit of [Altonji et al. \(2005\)](#).

$$\begin{aligned} \text{Var}(D_i) &= \underbrace{\text{Var}(\mathbb{E}[D_i | X_i])}_{\text{Var}(D_i) \text{ explained by } \mathbf{X}_i} + \underbrace{\mathbb{E}[\text{Var}(D_i | \mathbf{X}_i)]}_{\text{Var}(D_i) \text{ unexplained}} \\ \implies R_U^2 &= 1 - \frac{\text{Var}(\mathbb{E}[D_i | X_i])}{\text{Var}(D_i)} \end{aligned}$$

Figure A1: Simulated R_U^2 Values.



Note: This figure shows the true values of R_U^2 in each simulation, based on bivariate normal error terms

Current thoughts: The idea of using R_U^2 seems not useful, given recent thoughts on using a two-step control function estimator. Propose a hypothesis test, based on an estimated R_U^2 values, which (if violated) tests sequential ignorability (maybe only if selection is a Roy model). If $H_0 : R_U^2 = 0$ is rejected, then motivates the use of a control function estimator of the direct and indirect effects, instead of sequential ignorability estimates.

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