

# Financially Fit.

- I. What is Financially Fit?
  - A. Why should we be Financially Fit?
  - B. Life Being Financially Fit.
- II. Understanding what is a credit score.
  - A. Why is your credit score important?
  - B. What is a good credit score?
  - C. Viewing your credit score.
- III. Improving your credit score
  - A. Dispute any inaccuracies
  - B. Settling with dept collectors
  - C. Making payment arrangements
- IV. Maintaining your credit score
  - A. Pay all debts on time
  - B. Do not close old credit cards
  - C. Keep an eye on your credit report
- V. Budgeting
  - A. How to make a budget
  - B. Downloadable budget sheet
- VI. Start Saving
  - A. Why save for a rainy day?
  - B. Downloadable savings chart
- VII. Couponing
  - A. Couponing 101
  - B. Coupon website link

