

# GymTrainer

## AI

Your AI-Powered Personal Trainer



AI

### AI Workout Planning

Claude AI builds personalised weekly plans for your goals



MIC

### Voice Set Logging

Log sets completely hands-free while mid-workout



LIVE

### Real-Time Streaming

Watch your trainer think and build your plan live



UP

### Progress Tracking

Charts and workout history to see your gains



1

#### Sign Up

Set your goals



2

#### Chat

Talk to your AI trainer



3

#### Train

Follow your plan



4

#### Track

See your progress

## Powered By

### Claude AI

Anthropic's reasoning model

### React Native

Cross-platform with Expo

### FastAPI

Python backend

### Azure

Cloud infrastructure

Get the APK & Start Training

Ask Shoten for the latest build