

# GymTrainer AI

Your AI-Powered Personal Trainer

AI

## AI Workout Planning

Claude AI builds personalised weekly plans for your goals

MIC

## Voice Set Logging

Log sets completely hands-free while mid-workout

LIVE

## Real-Time Streaming

Watch your trainer think and build your plan live

UP

## Progress Tracking

Charts and workout history to see your gains

## How It Works

1

### Sign Up

Set your goals

2

### Chat

Talk to your AI trainer

3

### Train

Follow your plan

4

### Track

See your progress

## Powered By

### Claude AI

Anthropic's reasoning model

### React Native

Cross-platform with Expo

### FastAPI

Python backend

### Azure

Cloud infrastructure

Get the APK & Start Training

Ask Shoten for the latest build