

CIS3200 Term Project Tutorial



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Lab Tutorial

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Predicting BMI from Food Availability

Objectives

This tutorial will teach you how to create the best-performing BMI prediction model of the ones tested in the full project. In this lab, you will learn how to:

- Get data manually from USDA ERS website
- Load data into Microsoft Azure ML Studio
- Transform data
- Train model
- Load data into Elasticsearch
- Visualization

Platform Specifications

- Microsoft Azure Machine Learning Studio (Free tier)
 - o Maximum Nodes per Experiment: 100
 - o Maximum Experiment Duration: 1 hour
 - o Node Execution Performance: Single Node
 - Maximum Storage Space: 10GB
- Elasticsearch Service (Deployment consisting of co-located master/data/ingest node, kibana, ml)
 - o Instance/Configuration: 'gcp.data.highio.1'
 - CPU Cores: 12 cores
 - Memory: 78GB (1GB provisioned)
 - Storage: 3000GB (30GB provisioned)
 - o Instance/Configuration: 'gcp.kibana.1'
 - CPU Cores: 22 cores
 - Memory: 140GB (1GB provisioned)
 - Storage: N/A
 - o Instance/Configuration: 'gcp.ml.1'
 - CPU Cores: 64 cores
 - Memory: 270GB (1GB provisioned)
 - Storage: N/A

Step 1: Get data manually from USDA ERS website

The United States Department of Agriculture's Economic Research Service conducted a Food Acquisition and Purchase Survey across the nation and the participant's responses are available for download at the website:

https://www.ers.usda.gov/data-products/foodaps-national-household-food-acquisition-and-purchase-survey/

You can optionally also download the Documentation at the same link, which contains the codebook files explaining the columns and their meanings in each dataset.

1. Visit website and download csv dataset from link.



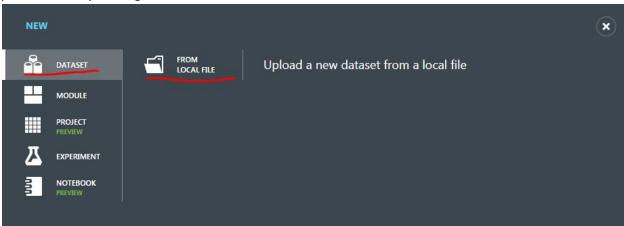
2. Unzip the files into a folder.

Step 2: Load data into Microsoft Azure ML Studio

We need to upload the data into our Azure ML as a dataset before we can use them as modules.

1. Login to your Azure ML Studio account using your school email: https://studio.azureml.net

2. On the bottom left corner, click **New** and click on **Dataset** on the left sidebar that pops up, and upload your csv files by clicking **From Local File**:



3. Navigate to folder where you extracted the dataset, and select **faps_access_puf.csv** and enter the name for the data set **"faps_access_puf"** and click the checkmark.

Upload a new dataset

Choose File faps_access_puf.csv This is the new version of an existing dataset ENTER A NAME FOR THE NEW DATASET: faps_access_puf SELECT A TYPE FOR THE NEW DATASET:	
faps_access_puf	
faps_access_puf	
DAVE STORY, FLORE	
SELECT A TYPE FOR THE NEW DATASET:	
Generic CSV File with a header (.csv)	*
PROVIDE AN OPTIONAL DESCRIPTION:	



4. Repeat above step 3 for the csv files: faps_fafhevent_puf.csv

faps_fafhitem_puf.csv

faps_individual_puf.csv

Step 3: Transforming the data

Before using the data for training the model, we have to clean the data and make sure we only the the columns we need. We also have to make sure the metadata for the columns are correct.

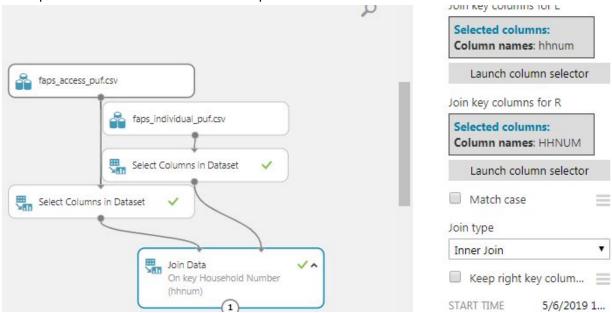
- 1. Make a new experiment by clicking on the **New** button and **Blank Experiment**. Name it something you will remember.
- 2. From your experiment items sidebar, drag and drop the faps_access_puf into the experiment.
- 3. Drag and drop a **Select Columns in Dataset** module into the project.
- 4. Connect the output port from the **faps_access_puf** module to the input port of the **Select Columns in Dataset** module.
- 5. Click on the **Select Columns in Dataset** module and in the properites panel, click **Launch Column Selector**.

```
6. Select the columns By Name from the available columns:
```

```
hhnum, snap1, snap2, snap3, snap4, snap5, snap6, snap8, ss1, ss2, ss3, ss4, ss5, ss6, ss7, ss8, sm1, sm2, sm3, sm4, sm5, sm6, sm7, sm8, co1, co2, co3, co4, co5, co6, co7, co8, cs1, cs2, cs3, cs4, cs5, cs6, cs7, cs8, mlg1, mlg2, mlg3, mlg4, mlg5, mlg6, mlg7, mlg8, dist_co, dist_cs, dist_mlg, ff1, ff2, ff3, ff4, ff5, ff6, ff7, ff8, nonff1, nonff2, nonff3, nonff4, nonff5, nonff6, nonff7, nonff8, nearff_dist, nearnonff_dist
```

- 7. Drag and drop your **faps_individual_puf** dataset into the project, and another **Select Columns in Dataset** module, and connect them together like in step 4.
- 8. Click on the new Select Columns in Dataset module and Launch Column Selector.
- 9. Select the columns **By Name** from the available columns: HHNUM, PNUM, NDINNERSOUT, HEALTHSTATUS, BMICAT, BMI
- 10. Add a **Join Data** module to the experiment, and connect the output ports of both **Select Columns in Dataset** modules to the input ports of **Join Data**. Make sure the one for **faps_access_puf** is on the **left input** and the one for **faps_individual_puf** is on the **right input**.
- 11. In the Join Data property panel, select hhnum for the Join key columns for L, and select HHNUM for the Join key columns for R. Make sure Match case and Keep right key column is unchecked. Set the Join type to Inner Join.

The experiment should look like this at this point:



12. Add the module **Execute Python Script** to the experiment. Connect the **Join Data** output to this module's input and use this code from Github:

https://github.com/shozonu/usda-foodaps-bmi-model/blob/master/py/prep1.py

```
import pandas as pd
def azureml_main(dataframe1 = None, dataframe2 = None):
    # For each row
    for index, row in dataframe1.iterrows():
       hnum = dataframe1['hhnum'].iat[index]
       pnum = dataframe1['PNUM'].iat[index]
       # Append create unique pid by appending pnum to end of hhnum
       pid = int("{}{}".format(hnum, pnum), 10)
       dataframe1["hhnum"].iat[index] = pid
    # Rename columns
    dataframe1.rename(columns={"hhnum" : "pid"}, inplace = True)
    dataframe1.rename(columns={"NDINNERSOUT" : "ndinnersout"}, inplace = True)
    dataframe1.rename(columns={"HEALTHSTATUS" : "healthstatus"}, inplace = True)
    dataframe1.rename(columns={"BMICAT" : "bmicat"}, inplace = True)
    dataframe1.rename(columns={"BMI" : "bmi"}, inplace = True)
    # Drop pnum column
    dataframe1.drop(["PNUM"], axis=1, inplace = True)
    return dataframe1
```

This Python script will create a unique id from the household number and person number field. It will also rename the upper case columns, the new id column, and remove the extra pnum column.

- 13. Add a **Edit Metadata** module. Select the **pid** column. Leave the **Data type** and **Categorical** dropdown menu as **unchanged**. Change the **fields** dropdown to **Clear feature**.
- 14. Add a **Apply SQL Transformation** module. Connect the previous output to this input. We need to remove rows that contain the error flags specified in the official data codebook, using the SQL script from Github: https://github.com/shozonu/usda-foodaps-bmi-model/blob/master/sql/tran1.sql

```
-- Filter out rows with these columns
-- that contain error flags.

SELECT * FROM t1

WHERE bmi > 0

AND bmi != 'V'

AND bmicat != 'V'

AND bmicat != 'E'

AND healthstatus != 'D'

AND ndinnersout != 'D'

AND ndinnersout != 'R';
```

- 15. Connect the previous output to the input of a new **Edit Metadata** module. Select the **bmi** column, and **uncheck allow duplicates**. Make the data type **Floating point**. Set it to **Make non-categorical**. Set the fields to **Label**.
- 16. Connect the previous output to the input of a new **Edit Metadata** module. Select the columns: bmicat,ndinnersout,healthstatus

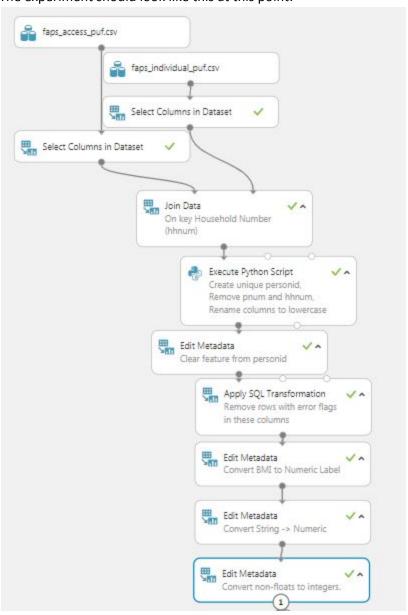
Uncheck allow duplicates. Make the data type **Integer**. Set it to **Make categorical**. Set the fields to **Features**.

17. Connect the previous output to the input of a new **Edit Metadata** module. Select the columns: snap1, snap2, snap3, snap4, snap5, snap6, snap8,

```
ss1,ss2,ss3,ss4,ss5,ss6,ss7,ss8,
sm1,sm2,sm3,sm4,sm5,sm6,sm7,sm8,
co1,co2,co3,co4,co5,co6,co7,co8,
cs1,cs2,cs3,cs4,cs5,cs6,cs7,cs8,
mlg1,mlg2,mlg3,mlg4,mlg5,mlg6,mlg7,mlg8,
ff1,ff2,ff3,ff4,ff5,ff6,ff7,ff8,
nonff1,nonff2,nonff3,nonff4,nonff5,nonff6,nonff7,nonff8
```

Uncheck allow duplicates. Make the data type **Integer**. Set it to **Make non-categorical**. Set the fields to **Unchanged**.

The experiment should look like this at this point:

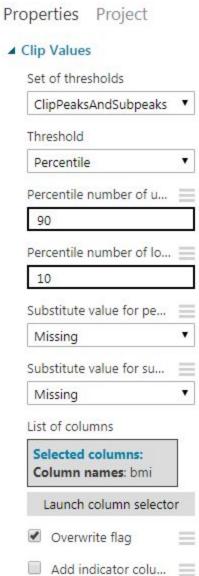


Step 4: Train model

Now that we're done cleaning the data, we can move onto the setting up the training portion for predicting the BMI.

- 1. First we want to remove the outliers so that we can improve overall model performance. Add a Clip Values module to the experiment.
- 2. In the properties panel, set the **Set of thresholds** to **ClipPeaksAndSubpeaks**. Set **Threshold** to **Percentile**. Set the upper percentile to **90** and the lower percentile to **10**. Set **substitute value for peak** to **Missing**. Set **substitute value for subpeak** to **Missing**. Lanch the column selector and select **bmi**. **Check** the **Overwrite flag** box and **uncheck** the **Add Indicator column** box.

It should look like this:



- 3. Add a **Clean Missing Data** module to the experiment and connect the last output to this input. Make sure that **All columns** are selected. Leave the minimum and maximum value ratio at 0 and 1. Make sure cleaning mode is set to **Remove entire row**.
- 4. Connect the last module to a new **Group Data into Bins** module. In the properies panel, set the **Binning mode** to **Quantiles**. Set **Number of bins** to **10**. Set **Quantile normalization** to **percent**. Select the following columns:

```
snap1, snap2, snap3, snap4, snap5, snap6, snap8,
ss1, ss2, ss3, ss4, ss5, ss6, ss7, ss8,
sm1, sm2, sm3, sm4, sm5, sm6, sm7, sm8,
co1, co2, co3, co4, co5, co6, co7, co8,
cs1, cs2, cs3, cs4, cs5, cs6, cs7, cs8,
mlg1, mlg2, mlg3, mlg4, mlg5, mlg6, mlg7, mlg8,
ff1, ff2, ff3, ff4, ff5, ff6, ff7, ff8,
nonff1, nonff2, nonff3, nonff4, nonff5, nonff6, nonff7, nonff8
```

Set the **Output mode** to **Inplace**, and make sure the **Tag columns as categorical** is unchecked.

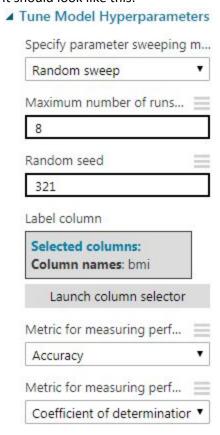
5. Connect the previous output to the input of a new **Split Data** module. Set the **Splitting mode** to **Split Rows**. Set the **Fraction of rows in the first output** to **0.66**. Make sure the **Randomized split** box is **checked**. Set the **Random seed** to **4321**. Set the **Stratified split** to **False**.

Your experiment should look like this at this point:



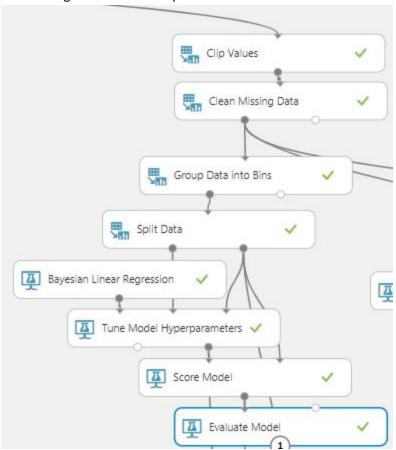
- 6. Add a Bayesian Linear Regression module.
- 7. Add a **Tune Model Hyperparameters** module and connect the **Bayesian Linear Regression** to the untrained model input.
- 8. In the **Tune Model Hyperparameters** properties panel, set it to **Random sweep** with a maximum number of runs of **8**. Set the **Random seed** to **321**. Select the **bmi** column. Set the **Metric for measuring performance for regression** to **Coefficient of determination**.

It should look like this:



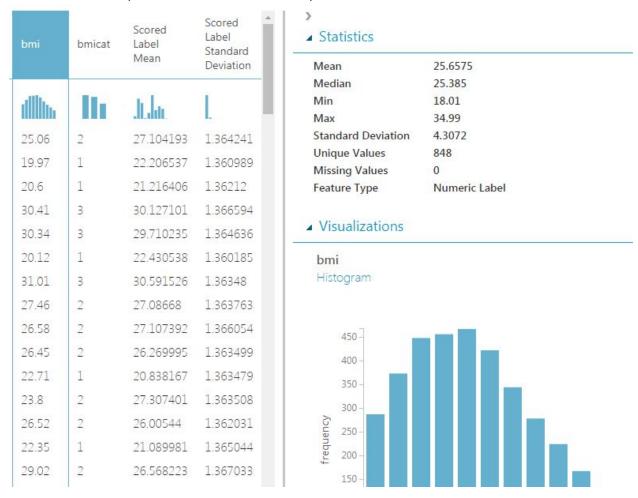
- 9. Connect the first output of the **Split Data** to the second input of **Tune Model Hyperparameters**.
- 10. Connect the second output of **Tune Model Hyperparameters** to the first input of a new **Score Model** module.
- 11. Connect the third output of the **Split Data** module to the third input of **Tune Model Hyperparameters** and the second input of **Score Model**.
- 12. Connect the output of **Score Model** to the first input of a new **Evaluate Model** module.

The training section of the experiment should look like this:



13. Save and run the experiment.

14. Visualize the output of **Score Model** to see the predicted BMI.



We can see that the predicted BMI rows are fairly close to the true BMI most of the time.

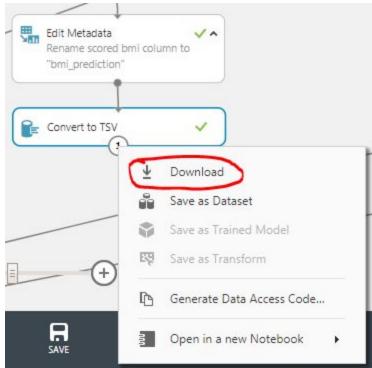
15. Visualize the output of **Evaluate Model** to see the performance of the model.



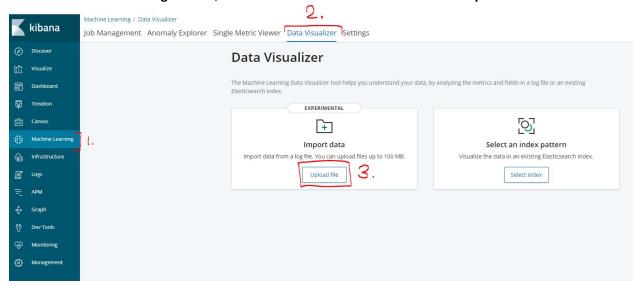
Step 3: Visualization

To better visualize the difference between the true BMI and the predicted BMI, we will export the scored dataset to Elasticsearch and visualize it in a graph.

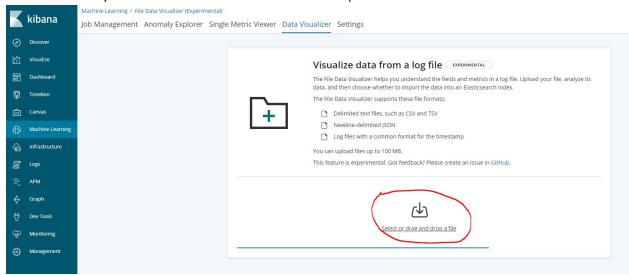
- 1. Connect the output of **Score Model** to the input of a new **Edit Metadata** module.
- 2. In the **Edit Metadata** properties, select the **Scored Label Mean** column. Leave everything unchanged except for **New column names**, set it to **bmi_prediction**.
- 3. Connect the output of the last **Edit Metadata** to the input of a new **Convert to TSV** module.
- 4. Save and run the experiment.
- 5. Right-click on the output of **Convert to TSV** and select **Download** to download the scored dataset. Make sure to rename the downloaded file to something you can remember.



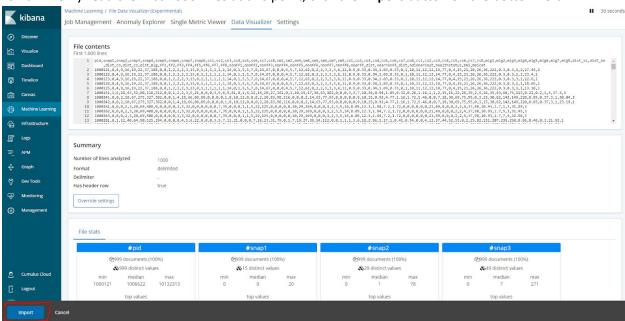
- 6. Log into your Elasticsearch Service dashboard at https://cloud.elastic.co
- 7. Under your deployments, click **Launch Kibana**, and login to your deployment's Kibana with your credentials.
- 8. In the Machine Learning sidebar, click on the Data Visualizer tab and click Upload File.



9. Select the file you've downloaded from Azure ML and upload it.



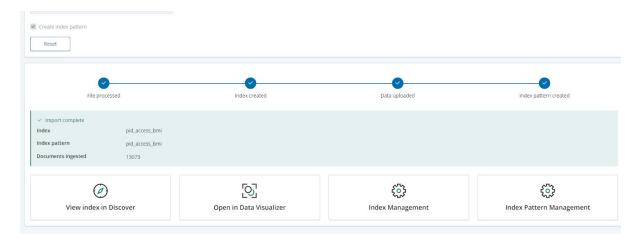
10. It will only read the first 1000 lines at this point, click the **Import** button on the bottom left.



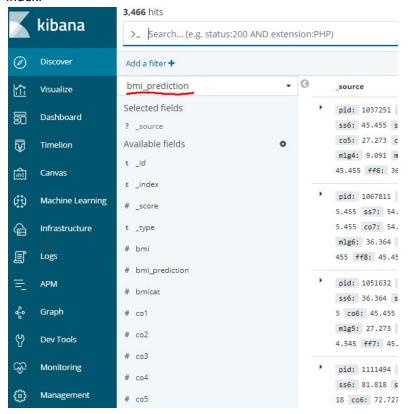
11. Name the index bmi_prediction and click Import.



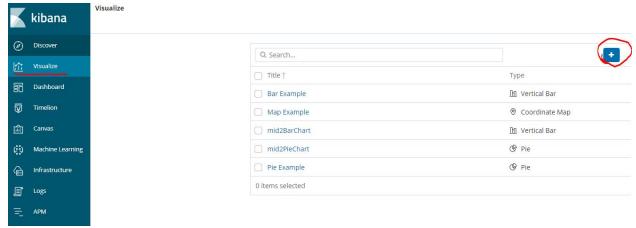
Wait for the upload to finish, it may take a while. It it freezes or hangs, try again and not switch away from the browser window or tab.



12. Verify that the data was successfully imported by going to **Discover** and selecting the **bmi_prediction** index.

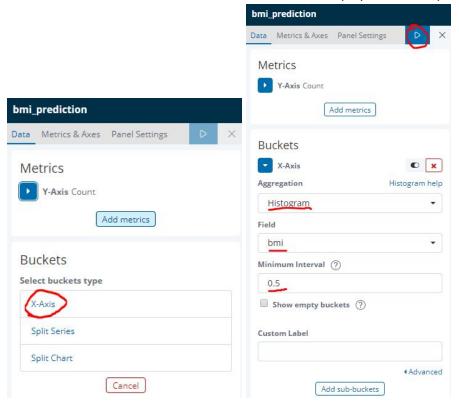


13. Go to Visualize and create a new visualization

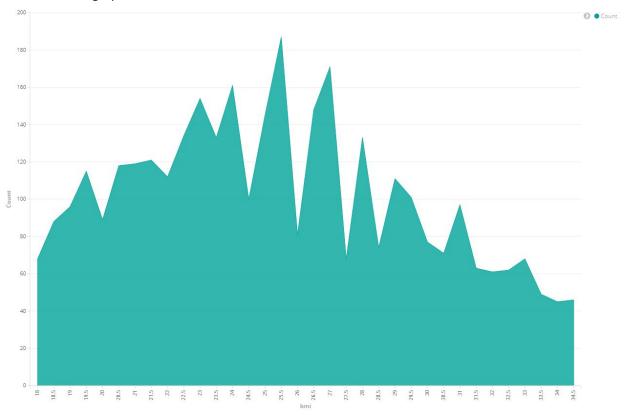


14. For the visualization type, select **Area** and select the **bmi_prediction** index.

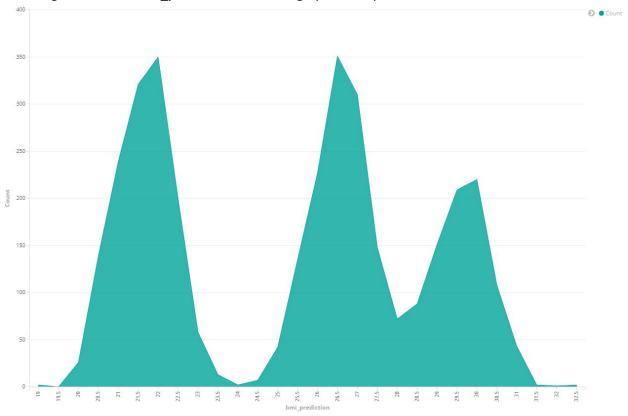
15. Make sure the **Y-Axis** is set to Count. Add a bucket for **X-Axis** and set the aggregation to **Histogram** and field **bmi**. Set the minimum interval to **0.5**. Click the play button to update the graph.



This results in a graph of the true BMI values in the dataset:

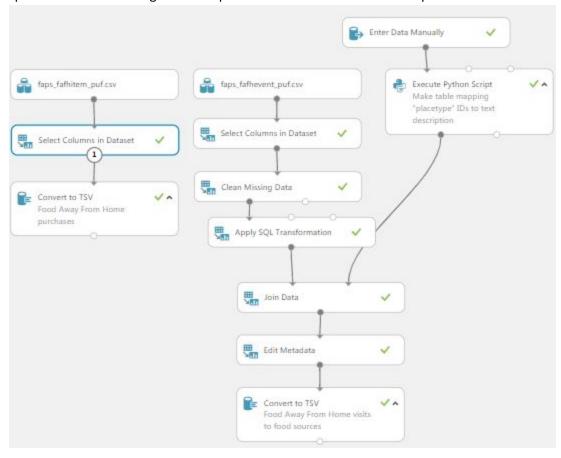


16. Change the field to **bmi_prediction** to see the graph of the predicted bmi:



Step 4 (Optional): Other Visualizations

1. If you want to make a word cloud of restaurants visited and food bought, or a timeline, you can make a new mini-experiment to transform the **faps_fafhitem_puf** and **faps_fafhevent_puf** datasets we uploaded into something we can export to Elasticsearch as well. Set up the modules like so:



- 7. In the **Select Columns in Dataset** for **faps_fafhitem_puf**, select columns: hhnum, eventid, itemnum, itemdesc
- 8. In the **Select Columns in Dataset** for **faps_fafhevent_puf**, select columns: eventid, hhnum, date, placetype, placedist_s, totalpaid, breakfast, lunch, dinner_supper, snack_drink, whogotpnum
- 9. In the **Clean Missing Data** module, select the columns: breakfast,lunch,dinner_supper,snack_drink and set the **Cleaning mode** to **Custom substitution value**. Set the **Replacement value** to **0**.

10. In the **Apply SQL Transformation** module, use the SQL script from Github: https://github.com/shozonu/usda-foodaps-bmi-model/blob/master/sql/fafh event clean.sql

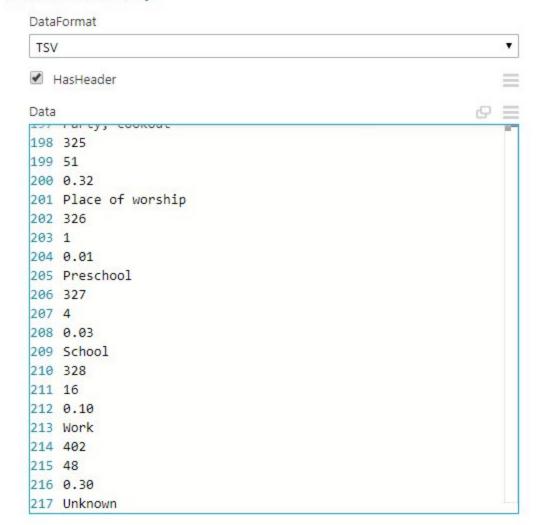
```
update t1 set breakfast = 0 where breakfast < 0;
update t1 set lunch = 0 where lunch < 0;
update t1 set dinner_supper = 0 where dinner_supper < 0;
update t1 set snack_drink = 0 where snack_drink < 0;
update t1 set placedist_s = null where placedist_s < 0;
select * from t1;
```

11. In faps_fafhevent_puf, the placetype column is an integer coded to a specific text description. The code table is in the official data handbook at the USDA ERS dataset link. We can copy the entire table from the handbook but it is not formatted correctly and there are some irrelevant lines. Copy/paste the text from the Github into the Enter Data Manually node:

https://github.com/shozonu/usda-foodaps-bmi-model/blob/master/Data/event_placetype_code_raw.txt

And set the **DataFormat** to **TSV**. **Check** the **HasHeader** box.

▲ Enter Data Manually



12. In the **Execute Python Script** module, use the code from Github to replace the placetype integer code with the string description:

https://github.com/shozonu/usda-foodaps-bmi-model/blob/master/py/fafh event placeid desc.py

```
import pandas as pd
def azureml_main(df = None):
    # Create dictionary to hold values
    arr = {"desc" : [] ,"id" : []}
    for index, row in df.iterrows():
       # Place description occurs every nth row,
       # Corresponding place id occurs every n-3th row
        if((index + 1) % 4 == 0):
            arr["id"].append(int(df["raw"].iat[index - 3]))
            arr["desc"].append(df["raw"].iat[index])
    # Construct new dataframe from dictionary
    data = pd.DataFrame.from_dict(arr)
    # Rearrange columns so that id is first
    cols = data.columns.tolist()
    cols = cols[-1:] + cols[:-1]
    data = data[cols]
    return data
```

- 13. In the Join Data module, set the Join key columns for L to placetype and Join key columns for R to id. Make sure the Match case box is checked. Set the Join type to Inner Join. Make sure the Keep right key column is unchecked.
- 14. In the Edit Metadata module, select whogotpnum and type pnum for the New column names.
- 15. After saving and running the experiment, download the two datasets by right-clicking on the two **Convert to TSV** modules' output and clicking **download**. Make sure to rename the downloaded files to something you can remember.
- 16. Follow the same basic steps in <u>Step 3: Visualization</u> for uploading the data with Kibana: **Machine Learning > Data Visualizer > Import**But for these two datasets, you need to change the import settings when you get to the **Import** stage.

17. For **fafh_item**, click the **Advanced** tab and edit the mappings. Under **itemdesc**, add a comma to the end of the existing line, and add a line:

```
8 * "itemdesc": {
9    "type": "text",
10    "fielddata": true
11    },
```

This allows the text field to be aggregatable for the purposes of making the word cloud.

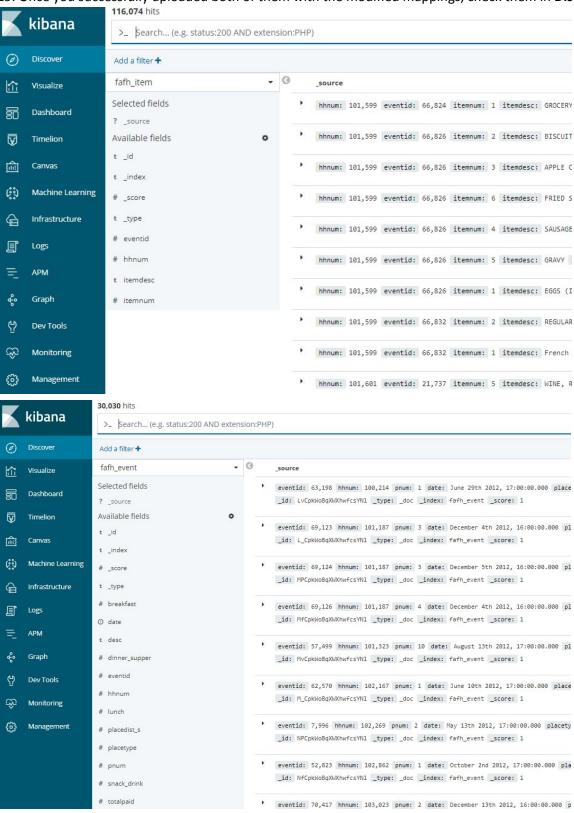
18. We need to change fafh_event as well. Change the desc field and date field like so:

Mappings

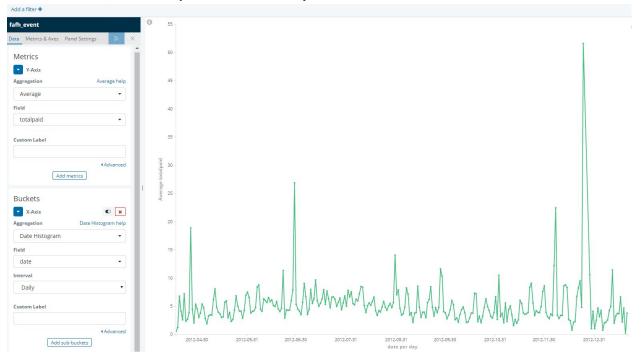
```
1 + {
 2 +
       "breakfast": {
 3
         "type": "long"
 4
       },
 5 +
       "date": {
         "type": "date",
 6
 7
         "format": "MM/dd/yyyy hh:mm:ss a"
 8
       },
       "desc": {
 9 +
         "type": "text",
10
11
         "fielddata": true
12
13 +
       "dinner_supper": {
         "type": "long"
14
15
       },
       "eventid": {
16 -
         "type": "long"
17
18
       },
       "hhnum": {
19 +
20
         "type": "long"
21
       },
```

In order to properly import the date for our time visualization, we needed to change the type to "date" and specify the date format that our dataset used.

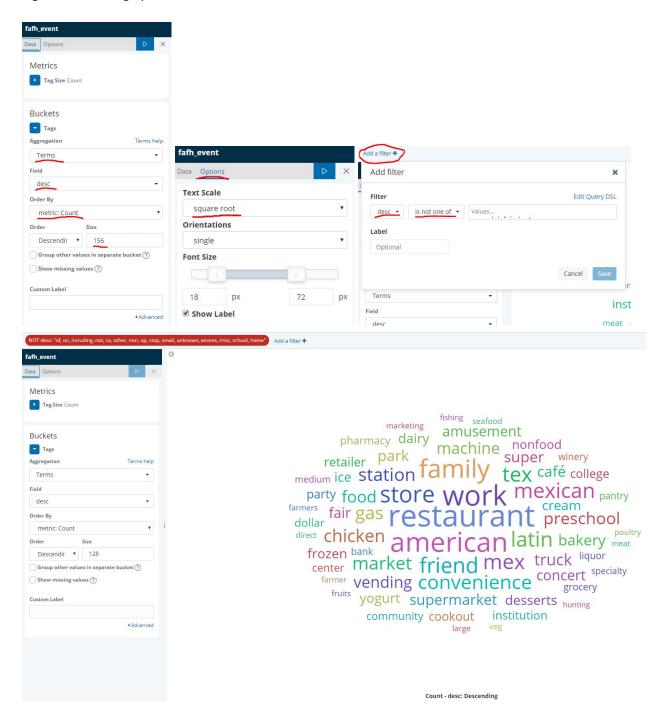
19. Once you successfully uploaded both of them with the modified mappings, check them in **Discover**.



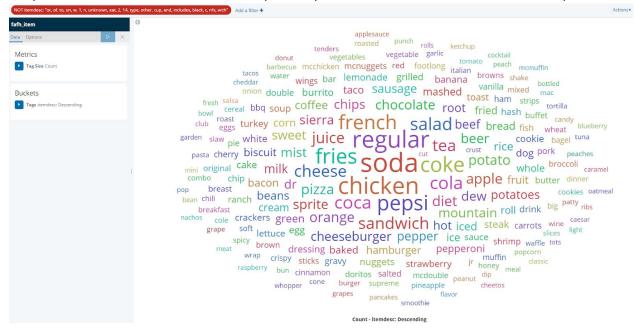
20. In **Visualize**, make a new **Line Graph** with the **fafh_event** index and set their settings as follows to create the time-series graph of average money spent on food during the period. You can set the time filter to **Absolute**, between **April 2012** and **January 2013**.



21. In **Visualize**, make a new **Tag Cloud** with the **fafh_event** index. Set their settings as follows to create a word cloud describing food-away-from-home events. You can add a filter and set it for the **desc** field to be **not one of** any of the words you specify. This can help remove stop words and other non-descriptive tags from showing up in the word cloud.



22. Repeat the same basic steps as step 21 for **fafh_item** to create a word cloud describing food bought away from home. Set the filter words to any words you see in the word cloud that are not helpful.



References

1. Data Source:

https://www.ers.usda.gov/data-products/foodaps-national-household-food-acquisition-and-purchase-survey/

2. Project Github:

https://github.com/shozonu/usda-foodaps-bmi-model

3. Azure ML Studio Specifications:

https://azure.microsoft.com/en-us/pricing/details/machine-learning-studio/

4. Elasticsearch Service Specifications:

https://www.elastic.co/guide/en/cloud/current/ec-reference-hardware.html

5. Azure ML Project Gallery:

https://gallery.cortanaintelligence.com/Experiment/USDA-FoodAPS-BMI-Modeling