

# Demographics for Neena L Weible

PATIENT INFORMATION						CELL PHONE (409) 225-3524	
NAME (Last, First Middle) Weible, Neena L			MRN 000000082159	SSN# ###-##-7413	BIRTHDATE 01/18/1952	LANGUAGE English	
ADDRESS 3650 Optimist Way, Apt# 115A Orange, TX 77630			REFERRING PHYSICIAN		SECONDARY/BILLING ADDRESS (if Applicable) 4655 Daris Lane Beaumont, TX 77708		
			PRIMARY CARE PROVIDER Anwar, Syed I				
HOME PHONE (409) 225-3524	DAY PHONE (409) 833-9797 x.1294		EMAIL ADDRESS nelewe@aol.com			HOME PHONE	
MARITAL STATUS Divorced	STUDENT N	SMOKER N	VETERAN N	EMERGENCY CONTACT NAME Brown, Kimberly S			CONTACT PHONE (409) 350-2781
PRIMARY EMPLOYER				SECONDARY EMPLOYER (if Applicable)			
ADDRESS				ADDRESS			
WORK PHONE				WORK PHONE			
RESPONSIBLE PARTY INFORMATION (if Different than above)							
NAME (Last, First Middle)				SSN#	BIRTHDATE	LANGUAGE	SEX
ADDRESS				RELATIONSHIP TO PATIENT		SECONDARY/BILLING ADDRESS (if Applicable)	
				PRIMARY CARE PROVIDER			
HOME PHONE	DAY PHONE		EMAIL ADDRESS			HOME PHONE	
MARITAL STATUS	STUDENT	SMOKER	VETERAN				
PRIMARY INSURANCE							
NAME OF INSURANCE COMPANY Texan Plus Classic			PHONE (866) 230-2513	POLICY# 166300696			
ADDRESS PO Box 17900 Austin, TX 78760-7900			EFFECTIVE DATE	GROUP#			
			EXPIRATION DATE	DEDUCTIBLE \$0.00	COPAY AMT \$0.00		
NAME OF INSURED Weible, Neena L			RELATIONSHIP Self				
SECONDARY INSURANCE (if Applicable)							
NAME OF INSURANCE COMPANY UMR			PHONE (866) 868-7252	POLICY# 12667842			
ADDRESS PO Box 30541 Salt Lake City, UT 84130-0541			EFFECTIVE DATE	GROUP#			
			EXPIRATION DATE	DEDUCTIBLE \$0.00	COPAY AMT \$10.00		
NAME OF INSURED Weible, Neena L			RELATIONSHIP Self				

## Vitals Signs for Neena L Weible

Date	Temperature (F)	Temperature (C)	Blood Pressure	Pulse	Respiration Rate	O2	Height (in)	Height (cm)	Weight (lbs)	Weight (kg)	BMI
11/13/2019 2:00 PM			140/86	94	20	95	60.00	152.40	175.00	79.379	34.18
10/04/2019 8:45 AM			140/80								
10/04/2019 8:45 AM	99.2	37.3	152/84	87	16	93	60.00	152.40	176.00	79.832	34.37
10/01/2019 3:00 PM			156/89	76		96	60.00	152.40	171.50	77.791	33.49
09/30/2019 1:30 PM	98.3	36.8	118/86	95	16	94	60.00	152.40	174.50	79.152	34.08
01/30/2019 3:45 PM			120/82	69	18	94	60.00	152.40	179.00	81.193	34.95

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2929 Calder, Suite 100

3570 College, Suite 200

2010 Dowlen

6510 Folsom

Lumberton - 137B LHS Drive

Nederland/Port Arthur - 2400 Highway 365, Suite 201

Orange - 610 Strickland Drive, Suite 140

(409) 833-9797

## Chart Note - 11/13/19 SETMA Orange

Patient	Neena Weible
Date of Birth	01/18/1952
Age	67 Years
Race	Declined to specify
Preferred Language	English
Sex	F
Visit Type	Office Visit
Medical Record	85682

### Acute Diagnoses

#### Status

Benign essential hypertension  
Hypothyroidism (acquired)  
Grief  
Body mass index (BMI) 34.0-34.9, adult

### Patient-Centered Medical Home: Patient's Stated Goal For This Visit

feel better

### Chief Complaints

depression

### Chronic Conditions

Severe obesity  
Osteopenia after menopause  
Chronic GERD  
Opioid use disorder  
Body mass index (bmi) 34.0-34.9, adult  
Hx MRSA infection  
Panlobular emphysema

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Facet arthritis of cervical region  
Atherosclerotic heart disease of native coronary artery with angina pectoris  
Hyperparathyroidism  
Aortic atherosclerosis  
Keratoconjunctivitis sicca  
Benign essential hypertension  
Fredrickson type 2a hyperlipoproteinemia  
Hypothyroidism (acquired)  
CAD in native artery  
Stricture and stenosis of esophagus  
Osteoarthritis of hand  
Trochanteric bursitis of both hips  
Primary osteoarthritis of both knees  
Cervical spondylosis without myelopathy  
Lumbosacral spondylosis without myelopathy  
Dry eye syndrome of bilateral lacrimal glands  
Vitreous degeneration of both eyes  
DJD (degenerative joint disease), lumbosacral  
Keratoconjunctivitis sicca not specified as Sjogren's  
History of colonic polyps  
Vitamin D deficiency  
Lateral epicondylitis  
Spinal stenosis of lumbar region  
NSAID long-term use

## **Chief Complaint 1- depression**

Frequency - with no pattern

Severity - mild

Change - no change

Aggravated By - None

Relieved By - None

### Associated Symptoms

None

### Pertinent Negatives

Headache

Dizziness

Chest Pain

Shortness of Breath

### Comments

Mother recently passed away--LGoins, LVN

2 mo ago, doing ok doesnt want meds yet, no anhedonia or withdrawal  
needs refills, lab due in feb

## **Nursing**

### **Medications (active prior to today)**

Medication Name	Sig Desc	Start Date	Stop Date	Refilled	Elsewhere
Symbicort 160 mcg-4.5	inhale 2 puff by inhalation	10/22/2018		10/22/2018	N

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mcg/actuation HFA aerosol inhaler	route every day in the morning and evening				
fluticasone 50 mcg/actuation nasal spray,suspension	spray 1 spray by intranasal route every day in each nostril	10/22/2018	10/22/2018	N	
Vitamin D2 50,000 unit capsule	TAKE ONE CAPSULE BY MOUTH EVERY TWO WEEKS	03/20/2019	03/20/2019	N	
esomeprazole magnesium 40 mg capsule,delayed release	take 1 capsule by oral route every day	03/20/2019	03/20/2019	N	
lisinopril 20 mg tablet	take 1 Tablet by Oral route 2 times every week for blood pressure	04/30/2019	11/13/2019	11/13/2019	N
levofloxacin 500 mg tablet	take 1 tablet by oral route every 24 hours	09/30/2019	11/13/2019		N
cyanocobalamin (vit B-12) 1,000 mcg/mL injection solution	inject 0.1 milliliter by intramuscular route every week	//			Y
Lastacraft 0.25 % eye drops	instill 1 drop by ophthalmic route every day into affected eye(s)	10/01/2019	10/01/2019	N	
LIQUID CALCIUM 600-VIT D3 BUCCAL	15 ml orally twice daily	10/01/2019	11/13/2019	10/01/2019	N
Reglan 10 mg tablet	take 1 tablet by oral route 4 times every day 30 minutes before meals and at bedtime as needed	10/01/2019	10/01/2019	10/01/2019	N
Restasis 0.05 % eye drops in a dropperette	instill 1 drop by ophthalmic route every 12 hours into both eyes every day	10/01/2019	10/01/2019	N	
celecoxib 200 mg capsule	take 1 capsule by oral route every day as needed	10/01/2019	10/01/2019	N	
Tylenol-Codeine #4 300 mg-60 mg tablet	take 1 tablet by oral route every 8 hours as needed	10/01/2019	10/01/2019	N	
levothyroxine 50 mcg tablet	TAKE ONE TABLET BY MOUTH EVERY DAY	10/31/2019	11/13/2019	11/13/2019	N
Zyrtec 10 mg tablet	take 1 tablet by oral route every day	//			Y

## Medication Reconciliation

Medications reconciled today.

## Medication Reviewed

Adherence	Medication Name	Sig Desc	Elsewhere	Status
taking as directed	Symbicort 160 mcg-4.5 mcg/actuation HFA aerosol inhaler	inhale 2 puff by inhalation route every day in the morning and evening	N	Verified
taking as directed	fluticasone 50 mcg/actuation nasal spray,suspension	spray 1 spray by intranasal route every day in each nostril	N	Verified
taking as directed	Vitamin D2 50,000 unit capsule	TAKE ONE CAPSULE BY MOUTH EVERY TWO WEEKS	N	Verified
taking as directed	esomeprazole magnesium 40 mg capsule,delayed release	take 1 capsule by oral route every day	N	Verified

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taking as directed	lisinopril 20 mg tablet	take 1 Tablet by Oral route 2 times every week for blood pressure	N	Verified
taking as directed	cyanocobalamin (vit B-12) 1,000 mcg/mL injection solution	inject 0.1 milliliter by intramuscular route every week	Y	Verified
taking as directed	Lastacaft 0.25 % eye drops	instill 1 drop by ophthalmic route every day into affected eye(s)	N	Verified
taking as directed	Reglan 10 mg tablet	take 1 tablet by oral route 4 times every day 30 minutes before meals and at bedtime as needed	N	Verified
taking as directed	Restasis 0.05 % eye drops in a dropperette	instill 1 drop by ophthalmic route every 12 hours into both eyes every day	N	Verified
taking as directed	celecoxib 200 mg capsule	take 1 capsule by oral route every day as needed	N	Verified
taking as directed	Tylenol-Codeine #4 300 mg-60 mg tablet	take 1 tablet by oral route every 8 hours as needed	N	Verified
taking as directed	levothyroxine 50 mcg tablet	TAKE ONE TABLET BY MOUTH EVERY DAY	N	Verified
taking as directed	Zyrtec 10 mg tablet	take 1 tablet by oral route every day	Y	Verified

## Immunizations

Immunization	Status	Ordered Date	Completed Date
Flucelvax Quad	Completed	11/13/2019 02:00 PM	11/13/2019 2:22:00 PM
Flucelvax Quad	Completed	10/25/2018 09:29 AM	10/22/2018 9:29:33 AM
Pneumo (2 yrs or older)(PPV)	Completed	02/23/2018 11:15 AM	2/23/2018 12:07:16 PM
Influenza	Completed	10/25/2017 10:45 AM	10/25/2017 10:53:44 AM
Pneumococcal conjugate PCV 13	Completed	12/08/2016 02:45 PM	12/8/2016 4:08:23 PM
Influenza, split virus, injectable, 5 years and older Afluria 2015-2016	Completed	12/08/2016 02:45 PM	10/11/2016 12:00:00 AM
Influenza, split virus, injectable, 3 years and older Afluria 2015-2016	Completed	01/21/2016 08:36 PM	10/1/2015 12:00:00 AM
Influenza, seasonal, injectable	Pending	09/23/2015 07:45 AM	
Influenza, seasonal, injectable, 3 yrs or older (4 yr+) Fluvirin	Completed	08/22/2014 12:00 AM	9/5/2012 12:00:00 AM
Influenza, seasonal, injectable, 3 yrs or older (4 yr+) Fluvirin	Completed	08/22/2014 12:00 AM	9/12/2012 12:00:00 AM
pneumococcal, unspecified formulation	Completed	08/22/2014 12:00 AM	5/21/2005 12:00:00 AM
Tetanus toxoid (adsorbed)	Completed	08/22/2014 12:00 AM	3/17/2010 12:00:00 AM
Influenza, seasonal, injectable, 3 yrs or older (4 yr+) Fluvirin	Completed	08/22/2014 12:00 AM	10/17/2012 12:00:00 AM
Influenza, seasonal, injectable, 3 yrs or older (4 yr+) Fluvirin	Completed	08/22/2014 12:00 AM	9/2/2010 12:00:00 AM
Influenza, seasonal, injectable, 3 yrs or older (4 yr+) Fluvirin	Completed	08/22/2014 12:00 AM	11/5/2009 12:00:00 AM
Influenza, seasonal, injectable, 3 yrs or older (4 yr+) Fluvirin	Completed	08/22/2014 12:00 AM	9/10/2013 12:00:00 AM
Flu	Completed	09/03/2014 02:58 PM	9/3/2014 3:01:56 PM
Influenza	Completed	07/09/2013 08:30 AM	11/5/2009 12:00:00 AM
Influenza, seasonal, injectable, 6-35 mos (Fluzone)	Completed	04/28/2014 07:00 AM	9/12/2011 12:00:00 AM

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Influenza, seasonal, injectable, 6-35 mos (Fluzone)	Completed	04/28/2014 07:00 AM	7/2/2012 12:00:00 AM
BCG percutaneous	Completed	04/28/2014 07:00 AM	3/20/2013 12:00:00 AM
Tdap	Completed	04/28/2014 07:00 AM	4/28/2014 12:00:00 AM

## Health Maintenance

The patient's health maintenance was reviewed today.

Physical Exam - 05/15/2014

BMP - 09/30/2019

Bone Density - 03/21/2018

Cartoid Doppler - 11/02/2016

CBC - 09/30/2019

Chemistry - 09/30/2019

Chest X-Ray - 10/26/2016

Colonoscopy - 07/21/2004

CPK - 10/26/2016

Creatinine - 09/30/2019

CRP - 09/30/2019

Dental Care - 01/05/2004

Dilated Eye Exam - 10/17/2013

Echocardiogram - 01/05/2017

EGD - 07/21/2007

EKG - 10/26/2016

Eye Exam - 08/14/2014

Flu Shot - 10/22/2018

HFP - 09/30/2019

HGB - 07/07/2016

Lipids - 09/30/2019

Mammogram - 03/22/2018

Microalbumin - 09/30/2019

PFT - 02/01/2016

Pneumovax - 02/23/2018

Breast Exam - 04/21/2009

PT/INR - 09/27/2011

Rectal Exam - 04/21/2009

Stress Test - 01/22/2016

Tetanus - 04/28/2014

Thyroid Profile - 10/22/2018

Urinalysis - 09/30/2019

uTSH - 01/30/2019

## Patient's Preferred Specialists

Dental - Dr.Weaver

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Gastroenterology - Dr.Holland

Ophthalmology - Dr.Mark Harmon

## Other Preferred Specialists

Dr Kumar, Rheumatology

## Histories

### **Past Medical History**

#### PAST MEDICAL/SURGICAL HISTORY

Disease/disorder	Onset Date	Management	Date
		Tonsillectomy	1983
		Hysterectomy, partial	1980
		Appendectomy	1969
		Bladder suspension	1980
		Cholecystectomy	2005
Chickenpox W/spec			
Complication			
Concuss NOS			
Unspecified			
fx L Ankle & L upper fibu	2003		
fx L Wrist			
fx rt ankle	2003		
Measles W/o			
Complications			
Mumps W/o			
Complications			
Renal Failure Acute	2011		
Unspecifie			
strep infection / HA	2009		
Streptococcal			
Infection-multiple x/yr, age15-33			

### **Social History**

Ethnicity - Not Hispanic or Latino

Occupation - Retired RN

Sexuality - heterosexual

Marital Status - divorced

#### Tobacco Use

Smoking status: Former smoker.

#### Alcohol Use

approximately 0.00 ounces/week.

approximately 0.00 ounces/week.

approximately 0.00 ounces/week.

#### Caffeine

Approximately 1 cups/cans per day

## Family History

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Relationship	Family Member Name	Deceased	Age at Death	Condition	Onset Age	Cause of Death
				Family history of Substance abuse		N
				Family history of Alcoholism		N
					N	
					N	
				Family history of Depression		N
				Family history of Diabetes mellitus type 2		N
				No family history of Mental illness		N
				Family history of Hypothyroidism		N
				Family history of Hyperlipidemia		N
				Family history of Hypertension		N
Brother		Y		MI	54	N
Brother		Y		Diabetes,RA	54	N
Daughter		N		hyperlipidemia		N
Daughter		N		Diabetes mellitus		N
Father		Y		Congenital Liver Disease	62	N
Father		Y		Alcoholism,Cirrhosis	62	N
Grand daughter		N		Turner's Syndrome,MVP		N
Grand daughter		N		thyroid,GYN,HTN,re n		N
Maternal Grandfather		Y		MI	52	N
Maternal Grandfather		Y		Coronary artery disease	52	N
Maternal Grandmother		Y		Kidney CA	80	N
Maternal Grandmother		Y		Thyroid CA	80	N
Maternal Uncle		Y		Thyroid CA	52	N
Maternal Uncle		Y		Throat CA	52	N
Mother		N		HTN, COPD,		N
Mother		N		Depression		N
Sister		N		RA		N
Sister		N		Alcoholic Cirrhosis		N
Son		N		Ulcerative Colitis		N
Son		N		Gout		N

## Review of Systems

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## Source of Information

Patient

## Patient's Stated Goal For This Visit

feel better

## **Allergies**

Description	Onset
ACETAMINOPHEN	
HYDROCODONE BITARTRATE	
SIMVASTATIN	
SULFAMETHOXAZOLE	04/06/2004
CEFTRIAXONE SODIUM	04/06/2004
LIDOCAINE	04/06/2004
TRIMETHOPRIM	04/06/2004

## **Constitutional**

Patient Denies

Headache, Dizziness, Shortness of breath,

## **Cardiac**

Patient Denies

Chest pain at rest, Nausea, Cough,

## **Respiratory**

Patient Denies

Cough, Chest pain, Shortness of breath,

## **Gastrointestinal**

Patient Denies

Nausea, Vomiting, Abdominal pain,

## **Female Genitourinary**

Patient Confirms

Urge incontinence, Stress incontinence,

Last Menstrual Period - 01/01/1980

Patient Denies

Sexually active,

## **Physical Exam**

### **Vital Signs**

#### **HEIGHT**

Time	ft	in	cm	Last Measured	Height Position	%
1:54 PM	5.0	0.00	152.40	02/23/2018		

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## WEIGHT/BSA/BMI

Time	lb	oz	kg	Context	%	BMI kg/m2	BSA m2
1:54 PM	175.00		79.379			34.18	

## BLOOD PRESSURE

Time	BP mm/Hg	Position	Side	Site	Method	Cuff Size
1:54 PM	140/86	sitting	left	arm	manual	adult

## TEMPERATURE/PULSE/RESPIRATION

Time	Temp F	Temp C	Temp Site	Pulse/min	Pattern	Resp/ min
1:54 PM				94		20

## PULSE OXIMETRY/FIO2

Time	Pulse Ox (Rest %)	Pulse Ox (Amb %)	O2 Sat	O2 LPM	Timing	FiO2 %	L/min	Delivery Method
1:54 PM	95			RA				

## MEASURED BY

Time	Measured by
1:54 PM	Lyndsi R. Goins

Body Fat - 34.5 %

Protein Requirement - 95 grams/day

## Circumferences (Performed 11/13/2019)

Abdomen - 49 inches

Chest - 46.50 inches

## Constitutional

Level of Consciousness - Normal

Level of Distress - Normal

Nourishment - mildly obese

Overall Appearance - Normal

## Psychiatric

### Mood

Mood - Euthymic

### Affect

Range - Normal

### Sensorium

#### Speech

Appropriate

#### Orientation

Level of Consciousness - Normal

Level of Distress - Normal

Nourishment - mildly obese

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Overall Appearance - Normal

## Thought

Coherent - Yes

Insight - Good

## **Screener and Opioid Assessment for Patients with Pain (SOAPP)**

### **Latest Lab Results**

<b>CBC</b>	<b>Value</b>	<b>Date</b>	<b>Normal Range</b>
WBC	6.9 x10 <sup>3</sup> /uL	09/30/2019	3.7-10.1 x10 <sup>3</sup> /uL
HGB	12.1 g/dL	09/30/2019	11.5-15.0 g/dL
HCT	37.0 %	09/30/2019	34.5-45.0 %
PLT	269 10 <sup>3</sup> /uL	09/30/2019	155-400 10 <sup>3</sup> /uL
RBC	4.40 10 <sup>6</sup> /	09/30/2019	3.80-4.70 10 <sup>6</sup> /
MCV	84.0 fl	09/30/2019	81-96 fl
MCH	27.4 pg	09/30/2019	27.0-32.0 pg
MCHC32.6 g/dL	09/30/2019	31.8-35.4 g/dL	
Lymph#	1.3 10 <sup>3</sup> /	09/30/2019	1.1-3.0 10 <sup>3</sup> /
Lymph%	19.1 %	09/30/2019	18.0-48.3 %
Eos#	0.2 10 <sup>3</sup> /	09/30/2019	0.0-0.4 %
Eos%	2.9 2.9	09/30/2019	0.6-7.3 %

<b>Urinalysis</b>	09/30/2019
Color	LIGHT YELLOW
Clarity	Clear
pH	7.50
Spec Grav	1.013
Glucose	Negative
URO	
Ketones	Negative
Leukocytes	Negative
Nitrates	Negative
Bilirubin	Negative
Blood	Negative
Protein	Negative

<b>BMP</b>	<b>Value</b>	<b>Date</b>
Na	141 mmol/L	09/30/2019
K	4.1 mmol/L	09/30/2019
Chloride	104 mmol/L	09/30/2019
CO2	30 mmol/L	09/30/2019
Glucose	91 mg/dL	09/30/2019
BUN	10 mg/dL	09/30/2019

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Creatinine	0.6 mg/dL	09/30/2019
Ca	9.2	09/30/2019

## CMP

ALB	3.8 g/dL	09/30/2019
AST	16 u/L	09/30/2019
ALT	25 u/L	09/30/2019
ALP	93 u/L	09/30/2019
BILI-D	0.1 mg/dL	09/30/2019
BILI-T	0.3 mg/dL	09/30/2019
TP	7.0 g/dL	09/30/2019

## Thyroid

T3	1.40 ng/mL	10/22/2018
T4	11.50 ng/dL	10/22/2018
TSH	1.20 ulu/mL	01/30/2019

## Lipids Result

	Date	Normal Range
Cholesterol	205 mg/dL	<199 mg/dL
HDL	58 mg/dL	>50 mg/dL
CHOL/HDL Ratio	3.50	<4.2 NA
LDL	NA	NA
Triglycerides	126 mg/dL	<150 mg/dL

## Occult Blood

OB	Negative	03/25/2010
OB2	Negative	03/25/2010
OB3	Negative	03/25/2010

## Other

Amylase	41 u/L	08/19/2010
Lipase	108 u/L	08/19/2010
PT	11.9 seconds	09/27/2011
INR	0	09/27/2011
Ferritin	20 ng/mL	04/11/2014
Iron	55 ug/dL	11/09/2011
Glyco Hemoglobin	5.8 %	07/07/2016
BNP	14.00 pg/mL	10/26/2016
CPK	116 u/L	10/26/2016
Troponin	0.00 ng/dL	08/19/2010
B12	472.00 pg/mL	10/22/2018
ESR	32 mm/hr	09/30/2019
Magnesium	1.9 mg/dL	10/26/2016
Micral Strip	Negative	09/30/2019

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Uric Acid

6.5 mg/dL

07/23/2012

## Assessment

Benign essential hypertension

Hypothyroidism (acquired)

Grief

Body mass index (BMI) 34.0-34.9, adult

## Chronic Conditions

Severe obesity

Osteopenia after menopause

Chronic GERD

Opioid use disorder

Body mass index (bmi) 34.0-34.9, adult

Hx MRSA infection

Panlobular emphysema

Facet arthritis of cervical region

Atherosclerotic heart disease of native coronary artery with angina pectoris

Hyperparathyroidism

Aortic atherosclerosis

Keratoconjunctivitis sicca

Benign essential hypertension

Fredrickson type 2a hyperlipoproteinemia

Hypothyroidism (acquired)

CAD in native artery

Stricture and stenosis of esophagus

Osteoarthritis of hand

Trochanteric bursitis of both hips

Primary osteoarthritis of both knees

Cervical spondylosis without myelopathy

Lumbosacral spondylosis without myelopathy

Dry eye syndrome of bilateral lacrimal glands

Vitreous degeneration of both eyes

DJD (degenerative joint disease), lumbosacral

Keratoconjunctivitis sicca not specified as Sjogren's

History of colonic polyps

Vitamin D deficiency

Lateral epicondylitis

Spinal stenosis of lumbar region

NSAID long-term use

## Framingham Cardiovascular Risk

10 Year CVD Risk - 15%

10 Year Stroke Risk - 13%

## Global Cardiovascular Risk Score

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Current Score - 3.8 points

(A Global Cardiovascular Risk Score below 4 is desirable. Above 4, the patient is at increased risk of a cardiovascular event.)

## Plan

Medication Renewed

Return to clinic if new symptoms arise

Current Medication List Given to Patient

setma83\_hosp\_plan{Unexpected Value}

## Active Medications

Start Date	Brand	Dose	Sig Desc
11/13/2019	LEVOTHYROXINE SODIUM	50 mcg	TAKE ONE TABLET BY MOUTH EVERY DAY
11/13/2019	LISINOPRIL	20 mg	one po bid
10/01/2019	LASTACRAFT	0.25 %	instill 1 drop by ophthalmic route every day into affected eye(s)
10/01/2019	REGLAN	10 mg	take 1 tablet by oral route 4 times every day 30 minutes before meals and at bedtime as needed
10/01/2019	RESTASIS	0.05 %	instill 1 drop by ophthalmic route every 12 hours into both eyes every day
10/01/2019	CELECOXIB	200 mg	take 1 capsule by oral route every day as needed
10/01/2019	TYLENOL-CODEINE NO.4	300 mg-60 mg	take 1 tablet by oral route every 8 hours as needed
03/20/2019	VITAMIN D2	50,000 unit	TAKE ONE CAPSULE BY MOUTH EVERY TWO WEEKS
03/20/2019	ESOMEPRAZOLE MAGNESIUM	40 mg	take 1 capsule by oral route every day
10/22/2018	SYMBICORT	160 mcg-4.5 mcg/actuation	inhale 2 puff by inhalation route every day in the morning and evening
10/22/2018	FLUTICASONE PROPIONATE	50 mcg/actuation	spray 1 spray by intranasal route every day in each nostril
	CYANOCOBALAMIN INJECTION	1,000 mcg/mL	inject 0.1 milliliter by intramuscular route every week
	ZYRTEC	10 mg	take 1 tablet by oral route every day

## Disease Management Tools Accessed

Hypertension

## Evaluation and Management

99213 - Established Patient, Expanded Problem

## Follow Up

Acute

3 month(s)

# Document note on 11/13/2019 2:00 PM for Neena L Weible

Patient: Weible , Neena

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**Approved by Robert D. Cox M.D. 11/13/19**

11/13/2019 02:00 PM

# Document note on 11/13/2019 2:00 PM for Neena L Weible

Patient: Weible , Neena  
Visit Date: 11/13/19  
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2929 Calder, Suite 100

3570 College, Suite 200

2010 Dowlen

6510 Folsom

Lumberton - 137B LHS Drive

Nederland/Port Arthur - 2400 Highway 365, Suite 201

Orange - 610 Strickland Drive, Suite 140

(409) 833-9797

## Chart Note - 11/13/19 SETMA Orange

Patient	Neena Weible
Date of Birth	01/18/1952
Age	67 Years
Race	Declined to specify
Preferred Language	English
Sex	F
Visit Type	Office Visit
Medical Record	85682

### Acute Diagnoses

#### Status

Benign essential hypertension  
Hypothyroidism (acquired)  
Grief  
Body mass index (BMI) 34.0-34.9, adult

### Patient-Centered Medical Home: Patient's Stated Goal For This Visit

feel better

### Chief Complaints

depression

### Chronic Conditions

Severe obesity  
Osteopenia after menopause  
Chronic GERD  
Opioid use disorder  
Body mass index (bmi) 34.0-34.9, adult  
Hx MRSA infection  
Panlobular emphysema

# Document note on 11/13/2019 2:00 PM for Neena L Weible

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Facet arthritis of cervical region  
Atherosclerotic heart disease of native coronary artery with angina pectoris  
Hyperparathyroidism  
Aortic atherosclerosis  
Keratoconjunctivitis sicca  
Benign essential hypertension  
Fredrickson type 2a hyperlipoproteinemia  
Hypothyroidism (acquired)  
CAD in native artery  
Stricture and stenosis of esophagus  
Osteoarthritis of hand  
Trochanteric bursitis of both hips  
Primary osteoarthritis of both knees  
Cervical spondylosis without myelopathy  
Lumbosacral spondylosis without myelopathy  
Dry eye syndrome of bilateral lacrimal glands  
Vitreous degeneration of both eyes  
DJD (degenerative joint disease), lumbosacral  
Keratoconjunctivitis sicca not specified as Sjogren's  
History of colonic polyps  
Vitamin D deficiency  
Lateral epicondylitis  
Spinal stenosis of lumbar region  
NSAID long-term use

## **Chief Complaint 1- depression**

Frequency - with no pattern

Severity - mild

Change - no change

Aggravated By - None

Relieved By - None

### Associated Symptoms

None

### Pertinent Negatives

Headache

Dizziness

Chest Pain

Shortness of Breath

### Comments

Mother recently passed away--LGoins, LVN

2 mo ago, doing ok doesnt want meds yet, no anhedonia or withdrawal  
needs refills, lab due in feb

## **Nursing**

### **Medications (active prior to today)**

Medication Name	Sig Desc	Start Date	Stop Date	Refilled	Elsewhere
Symbicort 160 mcg-4.5	inhale 2 puff by inhalation	10/22/2018		10/22/2018	N

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mcg/actuation HFA aerosol inhaler	route every day in the morning and evening				
fluticasone 50 mcg/actuation nasal spray,suspension	spray 1 spray by intranasal route every day in each nostril	10/22/2018	10/22/2018	N	
Vitamin D2 50,000 unit capsule	TAKE ONE CAPSULE BY MOUTH EVERY TWO WEEKS	03/20/2019	03/20/2019	N	
esomeprazole magnesium 40 mg capsule,delayed release	take 1 capsule by oral route every day	03/20/2019	03/20/2019	N	
lisinopril 20 mg tablet	take 1 Tablet by Oral route 2 times every week for blood pressure	04/30/2019	11/13/2019	11/13/2019	N
levofloxacin 500 mg tablet	take 1 tablet by oral route every 24 hours	09/30/2019	11/13/2019		N
cyanocobalamin (vit B-12) 1,000 mcg/mL injection solution	inject 0.1 milliliter by intramuscular route every week	//			Y
Lastacraft 0.25 % eye drops	instill 1 drop by ophthalmic route every day into affected eye(s)	10/01/2019	10/01/2019	N	
LIQUID CALCIUM 600-VIT D3 BUCCAL	15 ml orally twice daily	10/01/2019	11/13/2019	10/01/2019	N
Reglan 10 mg tablet	take 1 tablet by oral route 4 times every day 30 minutes before meals and at bedtime as needed	10/01/2019	10/01/2019	10/01/2019	N
Restasis 0.05 % eye drops in a dropperette	instill 1 drop by ophthalmic route every 12 hours into both eyes every day	10/01/2019	10/01/2019	N	
celecoxib 200 mg capsule	take 1 capsule by oral route every day as needed	10/01/2019	10/01/2019	N	
Tylenol-Codeine #4 300 mg-60 mg tablet	take 1 tablet by oral route every 8 hours as needed	10/01/2019	10/01/2019	N	
levothyroxine 50 mcg tablet	TAKE ONE TABLET BY MOUTH EVERY DAY	10/31/2019	11/13/2019	11/13/2019	N
Zyrtec 10 mg tablet	take 1 tablet by oral route every day	//			Y

## Medication Reconciliation

Medications reconciled today.

## Medication Reviewed

Adherence	Medication Name	Sig Desc	Elsewhere	Status
taking as directed	Symbicort 160 mcg-4.5 mcg/actuation HFA aerosol inhaler	inhale 2 puff by inhalation route every day in the morning and evening	N	Verified
taking as directed	fluticasone 50 mcg/actuation nasal spray,suspension	spray 1 spray by intranasal route every day in each nostril	N	Verified
taking as directed	Vitamin D2 50,000 unit capsule	TAKE ONE CAPSULE BY MOUTH EVERY TWO WEEKS	N	Verified
taking as directed	esomeprazole magnesium 40 mg capsule,delayed release	take 1 capsule by oral route every day	N	Verified

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taking as directed	lisinopril 20 mg tablet	take 1 Tablet by Oral route 2 times every week for blood pressure	N	Verified
taking as directed	cyanocobalamin (vit B-12) 1,000 mcg/mL injection solution	inject 0.1 milliliter by intramuscular route every week	Y	Verified
taking as directed	Lastacaft 0.25 % eye drops	instill 1 drop by ophthalmic route every day into affected eye(s)	N	Verified
taking as directed	Reglan 10 mg tablet	take 1 tablet by oral route 4 times every day 30 minutes before meals and at bedtime as needed	N	Verified
taking as directed	Restasis 0.05 % eye drops in a dropperette	instill 1 drop by ophthalmic route every 12 hours into both eyes every day	N	Verified
taking as directed	celecoxib 200 mg capsule	take 1 capsule by oral route every day as needed	N	Verified
taking as directed	Tylenol-Codeine #4 300 mg-60 mg tablet	take 1 tablet by oral route every 8 hours as needed	N	Verified
taking as directed	levothyroxine 50 mcg tablet	TAKE ONE TABLET BY MOUTH EVERY DAY	N	Verified
taking as directed	Zyrtec 10 mg tablet	take 1 tablet by oral route every day	Y	Verified

## Immunizations

Immunization	Status	Ordered Date	Completed Date
Flucelvax Quad	Completed	11/13/2019 02:00 PM	11/13/2019 2:22:00 PM
Flucelvax Quad	Completed	10/25/2018 09:29 AM	10/22/2018 9:29:33 AM
Pneumo (2 yrs or older)(PPV)	Completed	02/23/2018 11:15 AM	2/23/2018 12:07:16 PM
Influenza	Completed	10/25/2017 10:45 AM	10/25/2017 10:53:44 AM
Pneumococcal conjugate PCV 13	Completed	12/08/2016 02:45 PM	12/8/2016 4:08:23 PM
Influenza, split virus, injectable, 5 years and older Afluria 2015-2016	Completed	12/08/2016 02:45 PM	10/11/2016 12:00:00 AM
Influenza, split virus, injectable, 3 years and older Afluria 2015-2016	Completed	01/21/2016 08:36 PM	10/1/2015 12:00:00 AM
Influenza, seasonal, injectable	Pending	09/23/2015 07:45 AM	
Influenza, seasonal, injectable, 3 yrs or older (4 yr+) Fluvirin	Completed	08/22/2014 12:00 AM	9/5/2012 12:00:00 AM
Influenza, seasonal, injectable, 3 yrs or older (4 yr+) Fluvirin	Completed	08/22/2014 12:00 AM	9/12/2012 12:00:00 AM
pneumococcal, unspecified formulation	Completed	08/22/2014 12:00 AM	5/21/2005 12:00:00 AM
Tetanus toxoid (adsorbed)	Completed	08/22/2014 12:00 AM	3/17/2010 12:00:00 AM
Influenza, seasonal, injectable, 3 yrs or older (4 yr+) Fluvirin	Completed	08/22/2014 12:00 AM	10/17/2012 12:00:00 AM
Influenza, seasonal, injectable, 3 yrs or older (4 yr+) Fluvirin	Completed	08/22/2014 12:00 AM	9/2/2010 12:00:00 AM
Influenza, seasonal, injectable, 3 yrs or older (4 yr+) Fluvirin	Completed	08/22/2014 12:00 AM	11/5/2009 12:00:00 AM
Influenza, seasonal, injectable, 3 yrs or older (4 yr+) Fluvirin	Completed	08/22/2014 12:00 AM	9/10/2013 12:00:00 AM
Flu	Completed	09/03/2014 02:58 PM	9/3/2014 3:01:56 PM
Influenza	Completed	07/09/2013 08:30 AM	11/5/2009 12:00:00 AM
Influenza, seasonal, injectable, 6-35 mos (Fluzone)	Completed	04/28/2014 07:00 AM	9/12/2011 12:00:00 AM

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Influenza, seasonal, injectable, 6-35 mos (Fluzone)	Completed	04/28/2014 07:00 AM	7/2/2012 12:00:00 AM
BCG percutaneous	Completed	04/28/2014 07:00 AM	3/20/2013 12:00:00 AM
Tdap	Completed	04/28/2014 07:00 AM	4/28/2014 12:00:00 AM

## Health Maintenance

The patient's health maintenance was reviewed today.

Physical Exam - 05/15/2014

BMP - 09/30/2019

Bone Density - 03/21/2018

Cartoid Doppler - 11/02/2016

CBC - 09/30/2019

Chemistry - 09/30/2019

Chest X-Ray - 10/26/2016

Colonoscopy - 07/21/2004

CPK - 10/26/2016

Creatinine - 09/30/2019

CRP - 09/30/2019

Dental Care - 01/05/2004

Dilated Eye Exam - 10/17/2013

Echocardiogram - 01/05/2017

EGD - 07/21/2007

EKG - 10/26/2016

Eye Exam - 08/14/2014

Flu Shot - 10/22/2018

HFP - 09/30/2019

HGB - 07/07/2016

Lipids - 09/30/2019

Mammogram - 03/22/2018

Microalbumin - 09/30/2019

PFT - 02/01/2016

Pneumovax - 02/23/2018

Breast Exam - 04/21/2009

PT/INR - 09/27/2011

Rectal Exam - 04/21/2009

Stress Test - 01/22/2016

Tetanus - 04/28/2014

Thyroid Profile - 10/22/2018

Urinalysis - 09/30/2019

uTSH - 01/30/2019

## Patient's Preferred Specialists

Dental - Dr.Weaver

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Gastroenterology - Dr.Holland

Ophthalmology - Dr.Mark Harmon

## Other Preferred Specialists

Dr Kumar, Rheumatology

## Histories

### **Past Medical History**

#### PAST MEDICAL/SURGICAL HISTORY

Disease/disorder	Onset Date	Management	Date
		Tonsillectomy	1983
		Hysterectomy, partial	1980
		Appendectomy	1969
		Bladder suspension	1980
		Cholecystectomy	2005
Chickenpox W/spec			
Complication			
Concuss NOS			
Unspecified			
fx L Ankle & L upper fibu	2003		
fx L Wrist			
fx rt ankle	2003		
Measles W/o			
Complications			
Mumps W/o			
Complications			
Renal Failure Acute	2011		
Unspecifie			
strep infection / HA	2009		
Streptococcal			
Infection-multiple x/yr, age15-33			

### **Social History**

Ethnicity - Not Hispanic or Latino

Occupation - Retired RN

Sexuality - heterosexual

Marital Status - divorced

#### Tobacco Use

Smoking status: Former smoker.

#### Alcohol Use

approximately 0.00 ounces/week.

approximately 0.00 ounces/week.

approximately 0.00 ounces/week.

#### Caffeine

Approximately 1 cups/cans per day

## Family History

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Relationship	Family Member Name	Deceased	Age at Death	Condition	Onset Age	Cause of Death
				Family history of Substance abuse		N
				Family history of Alcoholism		N
					N	
					N	
				Family history of Depression		N
				Family history of Diabetes mellitus type 2		N
				No family history of Mental illness		N
				Family history of Hypothyroidism		N
				Family history of Hyperlipidemia		N
				Family history of Hypertension		N
Brother		Y		MI	54	N
Brother		Y		Diabetes,RA	54	N
Daughter		N		hyperlipidemia		N
Daughter		N		Diabetes mellitus		N
Father		Y		Congenital Liver Disease	62	N
Father		Y		Alcoholism,Cirrhosis	62	N
Grand daughter		N		Turner's Syndrome,MVP		N
Grand daughter		N		thyroid,GYN,HTN,re n		N
Maternal Grandfather		Y		MI	52	N
Maternal Grandfather		Y		Coronary artery disease	52	N
Maternal Grandmother		Y		Kidney CA	80	N
Maternal Grandmother		Y		Thyroid CA	80	N
Maternal Uncle		Y		Thyroid CA	52	N
Maternal Uncle		Y		Throat CA	52	N
Mother		N		HTN, COPD,		N
Mother		N		Depression		N
Sister		N		RA		N
Sister		N		Alcoholic Cirrhosis		N
Son		N		Ulcerative Colitis		N
Son		N		Gout		N

## Review of Systems

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Patient: Weible , Neena

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## Source of Information

Patient

## Patient's Stated Goal For This Visit

feel better

## **Allergies**

Description	Onset
ACETAMINOPHEN	
HYDROCODONE BITARTRATE	
SIMVASTATIN	
SULFAMETHOXAZOLE	04/06/2004
CEFTRIAXONE SODIUM	04/06/2004
LIDOCAINE	04/06/2004
TRIMETHOPRIM	04/06/2004

## **Constitutional**

Patient Denies

Headache, Dizziness, Shortness of breath,

## **Cardiac**

Patient Denies

Chest pain at rest, Nausea, Cough,

## **Respiratory**

Patient Denies

Cough, Chest pain, Shortness of breath,

## **Gastrointestinal**

Patient Denies

Nausea, Vomiting, Abdominal pain,

## **Female Genitourinary**

Patient Confirms

Urge incontinence, Stress incontinence,

Last Menstrual Period - 01/01/1980

Patient Denies

Sexually active,

## **Physical Exam**

### **Vital Signs**

#### **HEIGHT**

Time	ft	in	cm	Last Measured	Height Position	%
1:54 PM	5.0	0.00	152.40	02/23/2018		

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## WEIGHT/BSA/BMI

Time	lb	oz	kg	Context	%	BMI kg/m2	BSA m2
1:54 PM	175.00		79.379			34.18	

## BLOOD PRESSURE

Time	BP mm/Hg	Position	Side	Site	Method	Cuff Size
1:54 PM	140/86	sitting	left	arm	manual	adult

## TEMPERATURE/PULSE/RESPIRATION

Time	Temp F	Temp C	Temp Site	Pulse/min	Pattern	Resp/ min
1:54 PM				94		20

## PULSE OXIMETRY/FIO2

Time	Pulse Ox (Rest %)	Pulse Ox (Amb %)	O2 Sat	O2 LPM	Timing	FiO2 %	L/min	Delivery Method
1:54 PM	95			RA				

## MEASURED BY

Time	Measured by
1:54 PM	Lyndsi R. Goins

Body Fat - 34.5 %

Protein Requirement - 95 grams/day

## Circumferences (Performed 11/13/2019)

Abdomen - 49 inches

Chest - 46.50 inches

## Constitutional

Level of Consciousness - Normal

Level of Distress - Normal

Nourishment - mildly obese

Overall Appearance - Normal

## Psychiatric

### Mood

Mood - Euthymic

### Affect

Range - Normal

### Sensorium

Speech

Appropriate

Orientation

Level of Consciousness - Normal

Level of Distress - Normal

Nourishment - mildly obese

# Document note on 11/13/2019 2:00 PM for Neena L Weible

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Overall Appearance - Normal

## Thought

Coherent - Yes

Insight - Good

## **Screener and Opioid Assessment for Patients with Pain (SOAPP)**

### **Latest Lab Results**

<b>CBC</b>	<b>Value</b>	<b>Date</b>	<b>Normal Range</b>
WBC	6.9 x10 <sup>3</sup> /uL	09/30/2019	3.7-10.1 x10 <sup>3</sup> /uL
HGB	12.1 g/dL	09/30/2019	11.5-15.0 g/dL
HCT	37.0 %	09/30/2019	34.5-45.0 %
PLT	269 10 <sup>3</sup> /uL	09/30/2019	155-400 10 <sup>3</sup> /uL
RBC	4.40 10 <sup>6</sup> /	09/30/2019	3.80-4.70 10 <sup>6</sup> /
MCV	84.0 fl	09/30/2019	81-96 fl
MCH	27.4 pg	09/30/2019	27.0-32.0 pg
MCHC32.6 g/dL	09/30/2019	31.8-35.4 g/dL	
Lymph#	1.3 10 <sup>3</sup> /	09/30/2019	1.1-3.0 10 <sup>3</sup> /
Lymph%	19.1 %	09/30/2019	18.0-48.3 %
Eos#	0.2 10 <sup>3</sup> /	09/30/2019	0.0-0.4 %
Eos%	2.9 2.9	09/30/2019	0.6-7.3 %

### **Urinalysis**

Color	LIGHT YELLOW
Clarity	Clear
pH	7.50
Spec Grav	1.013
Glucose	Negative
URO	
Ketones	Negative
Leukocytes	Negative
Nitrates	Negative
Bilirubin	Negative
Blood	Negative
Protein	Negative

### **BMP**

<b>BMP</b>	<b>Value</b>	<b>Date</b>
Na	141 mmol/L	09/30/2019
K	4.1 mmol/L	09/30/2019
Chloride	104 mmol/L	09/30/2019
CO2	30 mmol/L	09/30/2019
Glucose	91 mg/dL	09/30/2019
BUN	10 mg/dL	09/30/2019

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Creatinine	0.6 mg/dL	09/30/2019
Ca	9.2	09/30/2019

## CMP

ALB	3.8 g/dL	09/30/2019
AST	16 u/L	09/30/2019
ALT	25 u/L	09/30/2019
ALP	93 u/L	09/30/2019
BILI-D	0.1 mg/dL	09/30/2019
BILI-T	0.3 mg/dL	09/30/2019
TP	7.0 g/dL	09/30/2019

## Thyroid

T3	1.40 ng/mL	10/22/2018
T4	11.50 ng/dL	10/22/2018
TSH	1.20 ulu/mL	01/30/2019

## Lipids Result

	Date	Normal Range
Cholesterol	205 mg/dL	<199 mg/dL
HDL	58 mg/dL	>50 mg/dL
CHOL/HDL Ratio	3.50	<4.2 NA
LDL	NA	NA
Triglycerides	126 mg/dL	<150 mg/dL

## Occult Blood

OB	Negative	03/25/2010
OB2	Negative	03/25/2010
OB3	Negative	03/25/2010

## Other

Amylase	41 u/L	08/19/2010
Lipase	108 u/L	08/19/2010
PT	11.9 seconds	09/27/2011
INR	0	09/27/2011
Ferritin	20 ng/mL	04/11/2014
Iron	55 ug/dL	11/09/2011
Glyco Hemoglobin	5.8 %	07/07/2016
BNP	14.00 pg/mL	10/26/2016
CPK	116 u/L	10/26/2016
Troponin	0.00 ng/dL	08/19/2010
B12	472.00 pg/mL	10/22/2018
ESR	32 mm/hr	09/30/2019
Magnesium	1.9 mg/dL	10/26/2016
Micral Strip	Negative	09/30/2019

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Uric Acid

6.5 mg/dL

07/23/2012

## Assessment

Benign essential hypertension

Hypothyroidism (acquired)

Grief

Body mass index (BMI) 34.0-34.9, adult

## Chronic Conditions

Severe obesity

Osteopenia after menopause

Chronic GERD

Opioid use disorder

Body mass index (bmi) 34.0-34.9, adult

Hx MRSA infection

Panlobular emphysema

Facet arthritis of cervical region

Atherosclerotic heart disease of native coronary artery with angina pectoris

Hyperparathyroidism

Aortic atherosclerosis

Keratoconjunctivitis sicca

Benign essential hypertension

Fredrickson type 2a hyperlipoproteinemia

Hypothyroidism (acquired)

CAD in native artery

Stricture and stenosis of esophagus

Osteoarthritis of hand

Trochanteric bursitis of both hips

Primary osteoarthritis of both knees

Cervical spondylosis without myelopathy

Lumbosacral spondylosis without myelopathy

Dry eye syndrome of bilateral lacrimal glands

Vitreous degeneration of both eyes

DJD (degenerative joint disease), lumbosacral

Keratoconjunctivitis sicca not specified as Sjogren's

History of colonic polyps

Vitamin D deficiency

Lateral epicondylitis

Spinal stenosis of lumbar region

NSAID long-term use

## Framingham Cardiovascular Risk

10 Year CVD Risk - 15%

10 Year Stroke Risk - 13%

## Global Cardiovascular Risk Score

# Document note on 11/13/2019 2:00 PM for Neena L Weible

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Current Score - 3.8 points

(A Global Cardiovascular Risk Score below 4 is desirable. Above 4, the patient is at increased risk of a cardiovascular event.)

## Plan

Medication Renewed

Return to clinic if new symptoms arise

Current Medication List Given to Patient

setma83\_hosp\_plan{Unexpected Value}

## Active Medications

Start Date	Brand	Dose	Sig Desc
11/13/2019	LEVOTHYROXINE SODIUM	50 mcg	TAKE ONE TABLET BY MOUTH EVERY DAY
11/13/2019	LISINOPRIL	20 mg	one po bid
10/01/2019	LASTACRAFT	0.25 %	instill 1 drop by ophthalmic route every day into affected eye(s)
10/01/2019	REGLAN	10 mg	take 1 tablet by oral route 4 times every day 30 minutes before meals and at bedtime as needed
10/01/2019	RESTASIS	0.05 %	instill 1 drop by ophthalmic route every 12 hours into both eyes every day
10/01/2019	CELECOXIB	200 mg	take 1 capsule by oral route every day as needed
10/01/2019	TYLENOL-CODEINE NO.4	300 mg-60 mg	take 1 tablet by oral route every 8 hours as needed
03/20/2019	VITAMIN D2	50,000 unit	TAKE ONE CAPSULE BY MOUTH EVERY TWO WEEKS
03/20/2019	ESOMEPRAZOLE MAGNESIUM	40 mg	take 1 capsule by oral route every day
10/22/2018	SYMBICORT	160 mcg-4.5 mcg/actuation	inhale 2 puff by inhalation route every day in the morning and evening
10/22/2018	FLUTICASONE PROPIONATE	50 mcg/actuation	spray 1 spray by intranasal route every day in each nostril
	CYANOCOBALAMIN INJECTION	1,000 mcg/mL	inject 0.1 milliliter by intramuscular route every week
	ZYRTEC	10 mg	take 1 tablet by oral route every day

## Disease Management Tools Accessed

Hypertension

## Evaluation and Management

99213 - Established Patient, Expanded Problem

## Follow Up

Acute

3 month(s)

# Document note on 11/13/2019 2:00 PM for Neena L Weible

Patient: Weible , Neena

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**Approved by Robert D. Cox M.D. 11/13/19**

11/13/2019 02:00 PM

# Document note on 10/04/2019 8:45 AM for Neena L Weible

Patient: Weible , Neena  
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2929 Calder, Suite 100

3570 College, Suite 200

2010 Dowlen

6510 Folsom

Lumberton - 137B LHS Drive

Nederland/Port Arthur - 2400 Highway 365, Suite 201

Orange - 610 Strickland Drive, Suite 140

(409) 833-9797

## Chart Note - 10/04/19 SETMA West

**Patient** Neena Weible  
**Date of Birth** 01/18/1952  
**Age** 67 Years  
**Race** Caucasian  
**Preferred Language** English  
**Sex** F  
**Visit Type** Office Visit  
**Medical Record** 85682

### Acute Diagnoses

	Status
Cellulitis of left upper extremity	Improved
Benign essential hypertension	
Body mass index (BMI) 34.0-34.9, adult	

### Patient-Centered Medical Home: Patient's Stated Goal For This Visit

F/U

### Chief Complaints

F/U Cellulitis

### Chronic Conditions

Severe obesity  
Osteopenia after menopause  
Chronic GERD  
Opioid use disorder  
Body mass index (bmi) 34.0-34.9, adult  
Hx MRSA infection  
Panlobular emphysema  
Facet arthritis of cervical region

# Document note on 10/04/2019 8:45 AM for Neena L Weible

Patient: Weible , Neena

Visit Date: 10/04/19

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Atherosclerotic heart disease of native coronary artery with angina pectoris  
Hyperparathyroidism  
Aortic atherosclerosis  
Keratoconjunctivitis sicca  
Benign essential hypertension  
Fredrickson type 2a hyperlipoproteinemia  
Hypothyroidism (acquired)  
CAD in native artery  
Stricture and stenosis of esophagus  
Osteoarthritis of hand  
Trochanteric bursitis of both hips  
Primary osteoarthritis of both knees  
Cervical spondylosis without myelopathy  
Lumbosacral spondylosis without myelopathy  
Dry eye syndrome of bilateral lacrimal glands  
Vitreous degeneration of both eyes  
DJD (degenerative joint disease), lumbosacral  
Keratoconjunctivitis sicca not specified as Sjogren's  
History of colonic polyps  
Vitamin D deficiency  
Lateral epicondylitis  
Spinal stenosis of lumbar region  
NSAID long-term use

## **Chief Complaint 1- F/U Cellulitis**

Location - Left Arm

Frequency - daily

Duration - week(s)

Severity - mild

Change - improvement, steadily

Aggravated By - None

Relieved By - Medications

### Associated Symptoms

Redness

Tenderness

Swelling

### Pertinent Negatives

Tingling

Numbness

Burning

### Comments

SM MA

## **Nursing**

### **Medications (active prior to today)**

Medication Name	Sig Desc	Start Date	Stop Date	Refilled	Elsewhere
Symbicort 160 mcg-4.5	inhale 2 puff by inhalation	10/22/2018		10/22/2018	N

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mcg/actuation HFA aerosol inhaler	route every day in the morning and evening			
levothyroxine 50 mcg tablet	TAKE ONE TABLET BY MOUTH EVERY DAY	10/22/2018	10/22/2018	N
fluticasone 50 mcg/actuation nasal spray,suspension	spray 1 spray by intranasal route every day in each nostril	10/22/2018	10/22/2018	N
Vitamin D2 50,000 unit capsule	TAKE ONE CAPSULE BY MOUTH EVERY TWO WEEKS	03/20/2019	03/20/2019	N
esomeprazole magnesium 40 mg capsule,delayed release	take 1 capsule by oral route every day	03/20/2019	03/20/2019	N
lisinopril 20 mg tablet	take 1 Tablet by Oral route 2 times every week for blood pressure	04/30/2019	04/30/2019	N
levofloxacin 500 mg tablet	take 1 tablet by oral route every 24 hours	09/30/2019		N
cyanocobalamin (vit B-12) 1,000 mcg/mL injection solution	inject 0.1 milliliter by intramuscular route every week	//		Y
Lastacraft 0.25 % eye drops	instill 1 drop by ophthalmic route every day into affected eye(s)	10/01/2019	10/01/2019	N
LIQUID CALCIUM 600-VIT D3 BUCCAL	15 ml orally twice daily	10/01/2019	10/01/2019	N
Reglan 10 mg tablet	take 1 tablet by oral route 4 times every day 30 minutes before meals and at bedtime as needed	10/01/2019	10/01/2019	N
Restasis 0.05 % eye drops in a dropperette	instill 1 drop by ophthalmic route every 12 hours into both eyes every day	10/01/2019	10/01/2019	N
celecoxib 200 mg capsule	take 1 capsule by oral route every day as needed	10/01/2019	10/01/2019	N
Tylenol-Codeine #4 300 mg-60 mg tablet	take 1 tablet by oral route every 8 hours as needed	10/01/2019	10/01/2019	N

## Medication Reconciliation

Medications reconciled today.

## Health Maintenance

The patient's health maintenance was reviewed today.

Physical Exam - 05/15/2014

BMP - 09/30/2019

Bone Density - 03/21/2018

Cartoid Doppler - 11/02/2016

CBC - 09/30/2019

Chemistry - 09/30/2019

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Patient: Weible , Neena

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Chest X-Ray - 10/26/2016

Colonoscopy - 07/21/2004

CPK - 10/26/2016

Creatinine - 09/30/2019

CRP - 09/30/2019

Dental Care - 01/05/2004

Dilated Eye Exam - 10/17/2013

Echocardiogram - 01/05/2017

EGD - 07/21/2007

EKG - 10/26/2016

Eye Exam - 08/14/2014

Flu Shot - 10/22/2018

HFP - 09/30/2019

HGB - 07/07/2016

Lipids - 09/30/2019

Mammogram - 03/22/2018

Microalbumin - 09/30/2019

PFT - 02/01/2016

Pneumovax - 02/23/2018

Breast Exam - 04/21/2009

PT/INR - 09/27/2011

Rectal Exam - 04/21/2009

Stress Test - 01/22/2016

Tetanus - 04/28/2014

Thyroid Profile - 10/22/2018

Urinalysis - 09/30/2019

uTSH - 01/30/2019

## Patient's Preferred Specialists

Dental - Dr.Weaver

Gastroenterology - Dr.Holland

Ophthalmology - Dr.Mark Harmon

## Other Preferred Specialists

Dr Kumar, Rheumatology

## Histories

---

### Past Medical History

#### PAST MEDICAL/SURGICAL HISTORY

Disease/disorder	Onset Date	Management	Date
		Tonsillectomy	1983
		Hysterectomy, partial	1980
		Appendectomy	1969
		Bladder suspension	1980
		Cholecystectomy	2005

# Document note on 10/04/2019 8:45 AM for Neena L Weible

Patient: Weible , Neena

Visit Date: 10/04/19

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Chickenpox W/spec  
Complication  
Concuss NOS  
Unspecified  
fx L Ankle & L upper fibu 2003  
fx L Wrist  
fx rt ankle 2003  
Measles W/o  
Complications  
Mumps W/o  
Complications  
Renal Failure Acute 2011  
Unspecifie  
strep infection / HA 2009  
Streptococcal  
Infection-multiple x/yr,  
age15-33

## Social History

Ethnicity - Not Hispanic or Latino

Occupation - Retired RN

Sexuality - heterosexual

Marital Status - divorced

### Tobacco Use

Smoking status: Former smoker.

### Alcohol Use

approximately 0.00 ounces/week.

approximately 0.00 ounces/week.

approximately 0.00 ounces/week.

### Caffeine

Approximately 1 cups/cans per day

## Family History

Relationship	Family Member Name	Deceased	Age at Death	Condition	Onset Age	Cause of Death
				Family history of Substance abuse	N	
				Family history of Alcoholism	N	
					N	
				Family history of Depression	N	
				Family history of Diabetes mellitus type 2	N	
				No family history of Mental illness	N	
				Family history of Hypothyroidism	N	
				Family history of	N	

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		Hyperlipidemia		
		Family history of		N
		Hypertension		
Brother	Y	MI	54	N
Brother	Y	Diabetes,RA	54	N
Daughter	N	hyperlipidemia		N
Daughter	N	Diabetes mellitus		N
Father	Y	Congenital Liver Disease	62	N
Father	Y	Alcoholism,Cirrhosis	62	N
Grand daughter	N	Turner's Syndrome,MVP		N
Grand daughter	N	thyroid,GYN,HTN,ren		N
Maternal Grandfather	Y	MI	52	N
Maternal Grandfather	Y	Coronary artery disease	52	N
Maternal Grandmother	Y	Kidney CA	80	N
Maternal Grandmother	Y	Thyroid CA	80	N
Maternal Uncle	Y	Thyroid CA	52	N
Maternal Uncle	Y	Throat CA	52	N
Mother	N	HTN, COPD,		N
Mother	N	Depression		N
Sister	N	RA		N
Sister	N	Alcoholic Cirrhosis		N
Son	N	Ulcerative Colitis		N
Son	N	Gout		N

## Review of Systems

### Source of Information

Patient

### Patient's Stated Goal For This Visit

F/U

### Allergies

Description	Onset
ACETAMINOPHEN	
HYDROCODONE BITARTRATE	
SIMVASTATIN	
SULFAMETHOXAZOLE	04/06/2004
CEFTRIAXONE SODIUM	04/06/2004
LIDOCAINE	04/06/2004
TRIMETHOPRIM	04/06/2004

### Constitutional

# Document note on 10/04/2019 8:45 AM for Neena L Weible

Patient: Weible , Neena

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## Patient Denies

Malaise, Fatigue, Fever, Chills, Headache, Dizziness, Syncope,

## Head/Neck

### Patient Denies

Headache, Head tenderness, Jaw pain, Swollen glands, Neck stiffness,

## Cardiac

### Patient Denies

Nausea, Fatigue, Cough, PND, Syncope, Orthopnea,

## Respiratory

### Patient Denies

Difficulty breathing at night, Cough, Chest pain, Choking/Gagging, Cold symptoms, Fever,

## Gastrointestinal

### Patient Denies

Nausea, Vomiting, Hematemesis, Coffee ground emesis, Post tussive emesis, Constipation,

## Female Genitourinary

### Patient Confirms

Urge incontinence, Stress incontinence,

Last Menstrual Period - 01/01/1980

### Patient Denies

Frequent UTIs, Foul smelling urine, Dark Urine, Sexually active,

## Integumentary

### Patient Confirms

Redness,

## Physical Exam

### Vital Signs

#### HEIGHT

Time	ft	in	cm	Last Measured	Height Position	%
9:07 AM	5.0		152.40	02/23/2018	Standing	

#### WEIGHT/BSA/BMI

Time	lb	oz	kg	Context	%	BMI kg/m2	BSA m2
9:07 AM	176.00		79.832	dressed with shoes		34.37	1.84

#### BLOOD PRESSURE

Time	BP mm/Hg	Position	Side	Site	Method	Cuff Size
9:10 AM	140/80					

# Document note on 10/04/2019 8:45 AM for Neena L Weible

Patient: Weible , Neena

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9:07 AM 152/84 sitting left arm manual adult  
Mid-Arm Circumference - 0.0 inches

## TEMPERATURE/PULSE/RESPIRATION

Time	Temp F	Temp C	Temp Site	Pulse/min	Pattern	Resp/ min
9:07 AM	99.2	37.3	ear	87	regular	16

## PULSE OXIMETRY/FIO2

Time	Pulse Ox (Rest %)	Pulse Ox (Amb %)	O2 Sat	O2 LPM	Timing	FiO2 %	L/min	Delivery Method
9:07 AM	93		RA			21		

## PAIN SCALE

Time	Pain Score	Method
9:07 AM	2/10	Numeric Pain Intensity Scale

## MEASURED BY

Time	Measured by
9:10 AM	Alicia Horn
9:07 AM	Shanice A. Merchant

Body Fat - 34.5 %

BMR - 1658 kcal/day

Protein Requirement - 96 grams/day

## Circumferences (Performed 10/04/2019)

Abdomen - 49 inches

Chest - 46.50 inches

## Constitutional

Level of Consciousness - Normal

Orientation - Normal

Level of Distress - Normal

Overall Appearance - Normal

## Eyes

General

Right - Normal

Left - Normal

External

Right - Normal

Left - Normal

Pupil

Right - Normal

Left - Normal

Lid

Right - Normal

Left - Normal

# **Document note on 10/04/2019 8:45 AM for Neena L Weible**

Patient: Weible , Neena

Visit Date: 10/04/19

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Last Dilated Eye Exam - 10/17/2013

Last Eye Exam - 08/14/2014

## **Nasopharynx**

### Nose and Sinuses

External Nose - Normal

Nares

    Right - Normal

    Left - Normal

Mucosa - Normal

Sinuses

    Right - Normal

    Left - Normal

### Mouth

Teeth/Gums - Normal

Tongue - Normal

Buccal Mucosa - Normal

### Throat

Palate/Uvula - Normal

Tonsils - Normal

Pharynx - Normal

## **Neck**

Inspection - Normal

Palpation - Normal

Lymph Nodes - Normal

Thyroid Gland - Normal

Auscultation - Normal

## **Respiratory**

Inspection - Normal

Auscultation - Normal

Cough - Absent

## **Cardiovascular**

Auscultation - Normal

Murmurs - Absent

Bruit - Absent

Peripheral Edema - No

## **Musculoskeletal**

Overview - Normal

## **Neurological**

# Document note on 10/04/2019 8:45 AM for Neena L Weible

Patient: Weible , Neena

Visit Date: 10/04/19

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## Mental Status

Cognitive Abilities - Normal

Emotional Stability - Normal

## Sensory Function

Coordination - Normal

Fine Motor Skills - Normal

Balance and Gait - Normal

## Integumentary

Inspection - Cellulitis changes

Palpation - tenderness

Hair - Normal

### Lesion 1

Location - Arm, left

Color - red

Shape - irregular

Decubitus or skin ulcers seen? No

## Comments

cellulitis improving

## Pain Assessment

On a scale from 0 to 10, the patient reports a pain level of 2 (Mild) today.

## **Screener and Opioid Assessment for Patients with Pain (SOAPP)**

## Latest Lab Results

<b>CBC</b>	<b>Value</b>	<b>Date</b>	<b>Normal Range</b>
WBC	6.9 x10 <sup>3</sup> /uL	09/30/2019	3.7-10.1 x10 <sup>3</sup> /uL
HGB	12.1 g/dL	09/30/2019	11.5-15.0 g/dL
HCT	37.0 %	09/30/2019	34.5-45.0 %
PLT	269 10 <sup>3</sup> /uL	09/30/2019	155-400 10 <sup>3</sup> /uL
RBC	4.40 10 <sup>6</sup> /	09/30/2019	3.80-4.70 10 <sup>6</sup> /
MCV	84.0 fl	09/30/2019	81-96 fl
MCH	27.4 pg	09/30/2019	27.0-32.0 pg
MCHC32.6 g/dL	09/30/2019	31.8-35.4 g/dL	
Lymph#	1.3 10 <sup>3</sup> /	09/30/2019	1.1-3.0 10 <sup>3</sup> /
Lymph%	19.1 %	09/30/2019	18.0-48.3 %
Eos#	0.2 10 <sup>3</sup> /	09/30/2019	0.0-0.4 %
Eos%	2.9 2.9	09/30/2019	0.6-7.3 %

**Urinalysis** 09/30/2019

Color LIGHT YELLOW

Clarity Clear

# Document note on 10/04/2019 8:45 AM for Neena L Weible

Patient: Weible , Neena

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pH	7.50
Spec Grav	1.013
Glucose	Negative
URO	
Ketones	Negative
Leukocytes	Negative
Nitrates	Negative
Bilirubin	Negative
Blood	Negative
Protein	Negative

<b>BMP</b>	<b>Value</b>	<b>Date</b>
Na	141 mmol/L	09/30/2019
K	4.1 mmol/L	09/30/2019
Chloride	104 mmol/L	09/30/2019
CO2	30 mmol/L	09/30/2019
Glucose	91 mg/dL	09/30/2019
BUN	10 mg/dL	09/30/2019
Creatinine	0.6 mg/dL	09/30/2019
Ca	9.2	09/30/2019

<b>CMP</b>		
ALB	3.8 g/dL	09/30/2019
AST	16 u/L	09/30/2019
ALT	25 u/L	09/30/2019
ALP	93 u/L	09/30/2019
BILI-D	0.1 mg/dL	09/30/2019
BILI-T	0.3 mg/dL	09/30/2019
TP	7.0 g/dL	09/30/2019

<b>Thyroid</b>		
T3	1.40 ng/mL	10/22/2018
T4	11.50 ng/dL	10/22/2018
TSH	1.20 ulu/mL	01/30/2019

<b>Lipids Result</b>	<b>Date</b>	<b>Normal Range</b>
Cholesterol	205 mg/dL	<199 mg/dL
HDL	58 mg/dL	>50 mg/dL
CHOL/HDL Ratio	3.50	<4.2 NA
LDL	NA	NA
Triglycerides	126 mg/dL	<150 mg/dL

<b>Occult Blood</b>	
OB	Negative

03/25/2010

# Document note on 10/04/2019 8:45 AM for Neena L Weible

Patient: Weible , Neena  
Visit Date: 10/04/19  
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OB2	Negative	03/25/2010
OB3	Negative	03/25/2010

## Other

Amylase	41 u/L	08/19/2010
Lipase	108 u/L	08/19/2010
PT	11.9 seconds	09/27/2011
INR	0	09/27/2011
Ferritin	20 ng/mL	04/11/2014
Iron	55 ug/dL	11/09/2011
Glyco Hemoglobin	5.8 %	07/07/2016
BNP	14.00 pg/mL	10/26/2016
CPK	116 u/L	10/26/2016
Troponin	0.00 ng/dL	08/19/2010
B12	472.00 pg/mL	10/22/2018
ESR	32 mm/hr	09/30/2019
Magnesium	1.9 mg/dL	10/26/2016
Micral Strip	Negative	09/30/2019
Uric Acid	6.5 mg/dL	07/23/2012

## Fall Risk Assessment

Level of Consciousness/Mental Status - Alert

History of Falls in Past 3 Months - No falls

Ambulation/Elimination Status - Ambulatory/Continent

Vision Status (With or Without Glasses) - Adequate

Gait/Balance - Gait/Balance Normal

Medications - Takes 1-2 of these medications currently and/or within the last seven days

Anesthetics, Antihistamines, Antihypertensives, Antiseizure, Benzodiazepines, Cathartics, Diuretics, Hypoglycemics,

Narcotics, Psychotropics, Sedatives/ Hypnotics

Predisposing Diseases - None present

## Total Fall Risk Score - 2

A score above 10 indicates HIGH RISK.

For patients with a score above 10, steps should be taken to protect the patient from preventable falls.

## Assessment

Cellulitis of left upper extremity                                  Improved  
Benign essential hypertension  
Body mass index (BMI) 34.0-34.9, adult

## Chronic Conditions

# Document note on 10/04/2019 8:45 AM for Neena L Weible

Patient: Weible , Neena

Visit Date: 10/04/19

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Severe obesity  
Osteopenia after menopause  
Chronic GERD  
Opioid use disorder  
Body mass index (bmi) 34.0-34.9, adult  
Hx MRSA infection  
Panlobular emphysema  
Facet arthritis of cervical region  
Atherosclerotic heart disease of native coronary artery with angina pectoris  
Hyperparathyroidism  
Aortic atherosclerosis  
Keratoconjunctivitis sicca  
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Hypothyroidism (acquired)  
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Trochanteric bursitis of both hips  
Primary osteoarthritis of both knees  
Cervical spondylosis without myelopathy  
Lumbosacral spondylosis without myelopathy  
Dry eye syndrome of bilateral lacrimal glands  
Vitreous degeneration of both eyes  
DJD (degenerative joint disease), lumbosacral  
Keratoconjunctivitis sicca not specified as Sjogren's  
History of colonic polyps  
Vitamin D deficiency  
Lateral epicondylitis  
Spinal stenosis of lumbar region  
NSAID long-term use

## Plan

Current and previous labs reviewed

Current and previous x-rays reviewed

Plan was discussed with patient.

The patient indicates they agree with the discussed plan.

Continue current medications & therapy

## Education/Instructions

Teaching, Hypertension monitoring and mgmt.

setma83\_hosp\_plan{Unexpected Value}

## Active Medications

Start Date	Brand	Dose	Sig Desc
10/01/2019	LASTACRAFT	0.25 %	instill 1 drop by ophthalmic route every day into affected eye(s)

# Document note on 10/04/2019 8:45 AM for Neena L Weible

Patient: Weible , Neena

Visit Date: 10/04/19

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10/01/2019	LIQUID CALCIUM 600-VIT D3		15 ml orally twice daily
10/01/2019	REGLAN	10 mg	take 1 tablet by oral route 4 times every day 30 minutes before meals and at bedtime as needed
10/01/2019	RESTASIS	0.05 %	instill 1 drop by ophthalmic route every 12 hours into both eyes every day
10/01/2019	CELECOXIB	200 mg	take 1 capsule by oral route every day as needed
10/01/2019	TYLENOL-CODEINE NO.4	300 mg-60 mg	take 1 tablet by oral route every 8 hours as needed
09/30/2019	LEVOFLOXACIN	500 mg	take 1 tablet by oral route every 24 hours
04/30/2019	LISINOPRIL	20 mg	take 1 Tablet by Oral route 2 times every week for blood pressure
03/20/2019	VITAMIN D2	50,000 unit	TAKE ONE CAPSULE BY MOUTH EVERY TWO WEEKS
03/20/2019	ESOMEPRAZOLE MAGNESIUM	40 mg	take 1 capsule by oral route every day
10/22/2018	SYMBICORT	160 mcg-4.5 mcg/actuation	inhale 2 puff by inhalation route every day in the morning and evening
10/22/2018	LEVOTHYROXINE SODIUM	50 mcg	TAKE ONE TABLET BY MOUTH EVERY DAY
10/22/2018	FLUTICASONE PROPIONATE	50 mcg/actuation	spray 1 spray by intranasal route every day in each nostril
	CYANOCOBALAMIN INJECTION	1,000 mcg/mL	inject 0.1 milliliter by intramuscular route every week

## Evaluation and Management

99213 - Established Patient, Expanded Problem

## Follow Up

### Acute

Follow - up  
3 month(s)

Approved by Alicia Horn APRN 10/04/19

10/04/2019 08:45 AM

# Document note on 10/04/2019 8:45 AM for Neena L Weible

Patient: Weible , Neena  
Visit Date: 10/04/19  
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2929 Calder, Suite 100

3570 College, Suite 200

2010 Dowlen

6510 Folsom

Lumberton - 137B LHS Drive

Nederland/Port Arthur - 2400 Highway 365, Suite 201

Orange - 610 Strickland Drive, Suite 140

(409) 833-9797

## Chart Note - 10/04/19 SETMA West

**Patient** Neena Weible  
**Date of Birth** 01/18/1952  
**Age** 67 Years  
**Race** Caucasian  
**Preferred Language** English  
**Sex** F  
**Visit Type** Office Visit  
**Medical Record** 85682

### Acute Diagnoses

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### Patient-Centered Medical Home: Patient's Stated Goal For This Visit

F/U

### Chief Complaints

F/U Cellulitis

### Chronic Conditions

Severe obesity  
Osteopenia after menopause  
Chronic GERD  
Opioid use disorder  
Body mass index (bmi) 34.0-34.9, adult  
Hx MRSA infection  
Panlobular emphysema  
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Atherosclerotic heart disease of native coronary artery with angina pectoris  
Hyperparathyroidism  
Aortic atherosclerosis  
Keratoconjunctivitis sicca  
Benign essential hypertension  
Fredrickson type 2a hyperlipoproteinemia  
Hypothyroidism (acquired)  
CAD in native artery  
Stricture and stenosis of esophagus  
Osteoarthritis of hand  
Trochanteric bursitis of both hips  
Primary osteoarthritis of both knees  
Cervical spondylosis without myelopathy  
Lumbosacral spondylosis without myelopathy  
Dry eye syndrome of bilateral lacrimal glands  
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History of colonic polyps  
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Lateral epicondylitis  
Spinal stenosis of lumbar region  
NSAID long-term use

## **Chief Complaint 1- F/U Cellulitis**

Location - Left Arm

Frequency - daily

Duration - week(s)

Severity - mild

Change - improvement, steadily

Aggravated By - None

Relieved By - Medications

### Associated Symptoms

Redness

Tenderness

Swelling

### Pertinent Negatives

Tingling

Numbness

Burning

### Comments

SM MA

## **Nursing**

### **Medications (active prior to today)**

Medication Name	Sig Desc	Start Date	Stop Date	Refilled	Elsewhere
Symbicort 160 mcg-4.5	inhale 2 puff by inhalation	10/24/2018		10/22/2018	N

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esomeprazole magnesium 40 mg capsule,delayed release	take 1 capsule by oral route every day	03/20/2019	03/20/2019	N
lisinopril 20 mg tablet	take 1 Tablet by Oral route 2 times every week for blood pressure	04/30/2019	04/30/2019	N
levofloxacin 500 mg tablet	take 1 tablet by oral route every 24 hours	09/30/2019		N
cyanocobalamin (vit B-12) 1,000 mcg/mL injection solution	inject 0.1 milliliter by intramuscular route every week	//		Y
Lastacraft 0.25 % eye drops	instill 1 drop by ophthalmic route every day into affected eye(s)	10/01/2019	10/01/2019	N
LIQUID CALCIUM 600-VIT D3 BUCCAL	15 ml orally twice daily	10/01/2019	10/01/2019	N
Reglan 10 mg tablet	take 1 tablet by oral route 4 times every day 30 minutes before meals and at bedtime as needed	10/01/2019	10/01/2019	N
Restasis 0.05 % eye drops in a dropperette	instill 1 drop by ophthalmic route every 12 hours into both eyes every day	10/01/2019	10/01/2019	N
celecoxib 200 mg capsule	take 1 capsule by oral route every day as needed	10/01/2019	10/01/2019	N
Tylenol-Codeine #4 300 mg-60 mg tablet	take 1 tablet by oral route every 8 hours as needed	10/01/2019	10/01/2019	N

## Medication Reconciliation

Medications reconciled today.

## Health Maintenance

The patient's health maintenance was reviewed today.

Physical Exam - 05/15/2014

BMP - 09/30/2019

Bone Density - 03/21/2018

Cartoid Doppler - 11/02/2016

CBC - 09/30/2019

Chemistry - 09/30/2019

# Document note on 10/04/2019 8:45 AM for Neena L Weible

Patient: Weible , Neena

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Chest X-Ray - 10/26/2016

Colonoscopy - 07/21/2004

CPK - 10/26/2016

Creatinine - 09/30/2019

CRP - 09/30/2019

Dental Care - 01/05/2004

Dilated Eye Exam - 10/17/2013

Echocardiogram - 01/05/2017

EGD - 07/21/2007

EKG - 10/26/2016

Eye Exam - 08/14/2014

Flu Shot - 10/22/2018

HFP - 09/30/2019

HGB - 07/07/2016

Lipids - 09/30/2019

Mammogram - 03/22/2018

Microalbumin - 09/30/2019

PFT - 02/01/2016

Pneumovax - 02/23/2018

Breast Exam - 04/21/2009

PT/INR - 09/27/2011

Rectal Exam - 04/21/2009

Stress Test - 01/22/2016

Tetanus - 04/28/2014

Thyroid Profile - 10/22/2018

Urinalysis - 09/30/2019

uTSH - 01/30/2019

## Patient's Preferred Specialists

Dental - Dr.Weaver

Gastroenterology - Dr.Holland

Ophthalmology - Dr.Mark Harmon

## Other Preferred Specialists

Dr Kumar, Rheumatology

## Histories

### Past Medical History

#### PAST MEDICAL/SURGICAL HISTORY

Disease/disorder	Onset Date	Management	Date
		Tonsillectomy	1983
		Hysterectomy, partial	1980
		Appendectomy	1969
		Bladder suspension	1980
		Cholecystectomy	2005

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Chickenpox W/spec  
Complication  
Concuss NOS  
Unspecified  
fx L Ankle & L upper fibu 2003  
fx L Wrist  
fx rt ankle 2003  
Measles W/o  
Complications  
Mumps W/o  
Complications  
Renal Failure Acute 2011  
Unspecifie  
strep infection / HA 2009  
Streptococcal  
Infection-multiple x/yr,  
age15-33

## Social History

Ethnicity - Not Hispanic or Latino

Occupation - Retired RN

Sexuality - heterosexual

Marital Status - divorced

### Tobacco Use

Smoking status: Former smoker.

### Alcohol Use

approximately 0.00 ounces/week.

approximately 0.00 ounces/week.

approximately 0.00 ounces/week.

### Caffeine

Approximately 1 cups/cans per day

## Family History

Relationship	Family Member Name	Deceased	Age at Death	Condition	Onset Age	Cause of Death
				Family history of Substance abuse	N	
				Family history of Alcoholism	N	
					N	
				Family history of Depression	N	
				Family history of Diabetes mellitus type 2	N	
				No family history of Mental illness	N	
				Family history of Hypothyroidism	N	
				Family history of	N	

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		Hyperlipidemia		
		Family history of		N
		Hypertension		
Brother	Y	MI	54	N
Brother	Y	Diabetes,RA	54	N
Daughter	N	hyperlipidemia		N
Daughter	N	Diabetes mellitus		N
Father	Y	Congenital Liver Disease	62	N
Father	Y	Alcoholism,Cirrhosis	62	N
Grand daughter	N	Turner's Syndrome,MVP		N
Grand daughter	N	thyroid,GYN,HTN,ren		N
Maternal Grandfather	Y	MI	52	N
Maternal Grandfather	Y	Coronary artery disease	52	N
Maternal Grandmother	Y	Kidney CA	80	N
Maternal Grandmother	Y	Thyroid CA	80	N
Maternal Uncle	Y	Thyroid CA	52	N
Maternal Uncle	Y	Throat CA	52	N
Mother	N	HTN, COPD,		N
Mother	N	Depression		N
Sister	N	RA		N
Sister	N	Alcoholic Cirrhosis		N
Son	N	Ulcerative Colitis		N
Son	N	Gout		N

## Review of Systems

### Source of Information

Patient

### Patient's Stated Goal For This Visit

F/U

### Allergies

Description	Onset
ACETAMINOPHEN	
HYDROCODONE BITARTRATE	
SIMVASTATIN	
SULFAMETHOXAZOLE	04/06/2004
CEFTRIAXONE SODIUM	04/06/2004
LIDOCAINE	04/06/2004
TRIMETHOPRIM	04/06/2004

### Constitutional

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## Patient Denies

Malaise, Fatigue, Fever, Chills, Headache, Dizziness, Syncope,

## Head/Neck

### Patient Denies

Headache, Head tenderness, Jaw pain, Swollen glands, Neck stiffness,

## Cardiac

### Patient Denies

Nausea, Fatigue, Cough, PND, Syncope, Orthopnea,

## Respiratory

### Patient Denies

Difficulty breathing at night, Cough, Chest pain, Choking/Gagging, Cold symptoms, Fever,

## Gastrointestinal

### Patient Denies

Nausea, Vomiting, Hematemesis, Coffee ground emesis, Post tussive emesis, Constipation,

## Female Genitourinary

### Patient Confirms

Urge incontinence, Stress incontinence,

Last Menstrual Period - 01/01/1980

### Patient Denies

Frequent UTIs, Foul smelling urine, Dark Urine, Sexually active,

## Integumentary

### Patient Confirms

Redness,

## Physical Exam

### Vital Signs

#### HEIGHT

Time	ft	in	cm	Last Measured	Height Position	%
9:07 AM	5.0		152.40	02/23/2018	Standing	

#### WEIGHT/BSA/BMI

Time	lb	oz	kg	Context	%	BMI kg/m2	BSA m2
9:07 AM	176.00		79.832	dressed with shoes		34.37	1.84

#### BLOOD PRESSURE

Time	BP mm/Hg	Position	Side	Site	Method	Cuff Size
9:10 AM	140/80					

# Document note on 10/04/2019 8:45 AM for Neena L Weible

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9:07 AM 152/84 sitting left arm manual adult  
Mid-Arm Circumference - 0.0 inches

## TEMPERATURE/PULSE/RESPIRATION

Time	Temp F	Temp C	Temp Site	Pulse/min	Pattern	Resp/ min
9:07 AM	99.2	37.3	ear	87	regular	16

## PULSE OXIMETRY/FIO2

Time	Pulse Ox (Rest %)	Pulse Ox (Amb %)	O2 Sat	O2 LPM	Timing	FiO2 %	L/min	Delivery Method
9:07 AM	93		RA			21		

## PAIN SCALE

Time	Pain Score	Method
9:07 AM	2/10	Numeric Pain Intensity Scale

## MEASURED BY

Time	Measured by
9:10 AM	Alicia Horn
9:07 AM	Shanice A. Merchant

Body Fat - 34.5 %

BMR - 1658 kcal/day

Protein Requirement - 96 grams/day

## Circumferences (Performed 10/04/2019)

Abdomen - 49 inches

Chest - 46.50 inches

## Constitutional

Level of Consciousness - Normal

Orientation - Normal

Level of Distress - Normal

Overall Appearance - Normal

## Eyes

General

Right - Normal

Left - Normal

External

Right - Normal

Left - Normal

Pupil

Right - Normal

Left - Normal

Lid

Right - Normal

Left - Normal

# **Document note on 10/04/2019 8:45 AM for Neena L Weible**

Patient: Weible , Neena

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Last Dilated Eye Exam - 10/17/2013

Last Eye Exam - 08/14/2014

## **Nasopharynx**

### Nose and Sinuses

External Nose - Normal

Nares

    Right - Normal

    Left - Normal

Mucosa - Normal

Sinuses

    Right - Normal

    Left - Normal

### Mouth

Teeth/Gums - Normal

Tongue - Normal

Buccal Mucosa - Normal

### Throat

Palate/Uvula - Normal

Tonsils - Normal

Pharynx - Normal

## **Neck**

Inspection - Normal

Palpation - Normal

Lymph Nodes - Normal

Thyroid Gland - Normal

Auscultation - Normal

## **Respiratory**

Inspection - Normal

Auscultation - Normal

Cough - Absent

## **Cardiovascular**

Auscultation - Normal

Murmurs - Absent

Bruit - Absent

Peripheral Edema - No

## **Musculoskeletal**

Overview - Normal

## **Neurological**

# Document note on 10/04/2019 8:45 AM for Neena L Weible

Patient: Weible , Neena

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## Mental Status

Cognitive Abilities - Normal

Emotional Stability - Normal

## Sensory Function

Coordination - Normal

Fine Motor Skills - Normal

Balance and Gait - Normal

## Integumentary

Inspection - Cellulitis changes

Palpation - tenderness

Hair - Normal

### Lesion 1

Location - Arm, left

Color - red

Shape - irregular

Decubitus or skin ulcers seen? No

## Comments

cellulitis improving

## Pain Assessment

On a scale from 0 to 10, the patient reports a pain level of 2 (Mild) today.

## **Screener and Opioid Assessment for Patients with Pain (SOAPP)**

## Latest Lab Results

<b>CBC</b>	<b>Value</b>	<b>Date</b>	<b>Normal Range</b>
WBC	6.9 x10 <sup>3</sup> /uL	09/30/2019	3.7-10.1 x10 <sup>3</sup> /uL
HGB	12.1 g/dL	09/30/2019	11.5-15.0 g/dL
HCT	37.0 %	09/30/2019	34.5-45.0 %
PLT	269 10 <sup>3</sup> /uL	09/30/2019	155-400 10 <sup>3</sup> /uL
RBC	4.40 10 <sup>6</sup> /	09/30/2019	3.80-4.70 10 <sup>6</sup> /
MCV	84.0 fl	09/30/2019	81-96 fl
MCH	27.4 pg	09/30/2019	27.0-32.0 pg
MCHC32.6 g/dL	09/30/2019	31.8-35.4 g/dL	
Lymph#	1.3 10 <sup>3</sup> /	09/30/2019	1.1-3.0 10 <sup>3</sup> /
Lymph%	19.1 %	09/30/2019	18.0-48.3 %
Eos#	0.2 10 <sup>3</sup> /	09/30/2019	0.0-0.4 %
Eos%	2.9 2.9	09/30/2019	0.6-7.3 %

**Urinalysis** 09/30/2019

Color LIGHT YELLOW

Clarity Clear

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pH	7.50
Spec Grav	1.013
Glucose	Negative
URO	
Ketones	Negative
Leukocytes	Negative
Nitrates	Negative
Bilirubin	Negative
Blood	Negative
Protein	Negative

<b>BMP</b>	<b>Value</b>	<b>Date</b>
Na	141 mmol/L	09/30/2019
K	4.1 mmol/L	09/30/2019
Chloride	104 mmol/L	09/30/2019
CO2	30 mmol/L	09/30/2019
Glucose	91 mg/dL	09/30/2019
BUN	10 mg/dL	09/30/2019
Creatinine	0.6 mg/dL	09/30/2019
Ca	9.2	09/30/2019

<b>CMP</b>		
ALB	3.8 g/dL	09/30/2019
AST	16 u/L	09/30/2019
ALT	25 u/L	09/30/2019
ALP	93 u/L	09/30/2019
BILI-D	0.1 mg/dL	09/30/2019
BILI-T	0.3 mg/dL	09/30/2019
TP	7.0 g/dL	09/30/2019

## Thyroid

T3	1.40 ng/mL	10/22/2018
T4	11.50 ng/dL	10/22/2018
TSH	1.20 uIU/mL	01/30/2019

<b>Lipids Result</b>	<b>Date</b>	<b>Normal Range</b>
Cholesterol	205 mg/dL	<199 mg/dL
HDL	58 mg/dL	>50 mg/dL
CHOL/HDL Ratio	3.50	<4.2 NA
LDL	NA	NA
Triglycerides	126 mg/dL	<150 mg/dL

## Occult Blood

OB	Negative	03/25/2010
----	----------	------------

# Document note on 10/04/2019 8:45 AM for Neena L Weible

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OB2	Negative	03/25/2010
OB3	Negative	03/25/2010

## **Other**

Amylase	41 u/L	08/19/2010
Lipase 108 u/L	08/19/2010	
PT	11.9 seconds	09/27/2011
INR	0	09/27/2011
Ferritin	20 ng/mL	04/11/2014
Iron	55 ug/dL	11/09/2011
Glyco Hemoglobin	5.8 %	07/07/2016
BNP	14.00 pg/mL	10/26/2016
CPK	116 u/L	10/26/2016
Troponin	0.00 ng/dL	08/19/2010
B12	472.00 pg/mL	10/22/2018
ESR	32 mm/hr	09/30/2019
Magnesium	1.9 mg/dL	10/26/2016
Micral Strip	Negative	09/30/2019
Uric Acid	6.5 mg/dL	07/23/2012

## **Fall Risk Assessment**

Level of Consciousness/Mental Status - Alert

History of Falls in Past 3 Months - No falls

Ambulation/Elimination Status - Ambulatory/Continent

Vision Status (With or Without Glasses) - Adequate

Gait/Balance - Gait/Balance Normal

Medications - Takes 1-2 of these medications currently and/or within the last seven days

Anesthetics, Antihistamines, Antihypertensives, Antiseizure, Benzodiazepines, Cathartics, Diuretics, Hypoglycemics,

Narcotics, Psychotropics, Sedatives/ Hypnotics

Predisposing Diseases - None present

## **Total Fall Risk Score - 2**

A score above 10 indicates HIGH RISK.

For patients with a score above 10, steps should be taken to protect the patient from preventable falls.

## **Assessment**

Cellulitis of left upper extremity

Improved

Benign essential hypertension

Body mass index (BMI) 34.0-34.9, adult

## **Chronic Conditions**

# Document note on 10/04/2019 8:45 AM for Neena L Weible

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Severe obesity  
Osteopenia after menopause  
Chronic GERD  
Opioid use disorder  
Body mass index (bmi) 34.0-34.9, adult  
Hx MRSA infection  
Panlobular emphysema  
Facet arthritis of cervical region  
Atherosclerotic heart disease of native coronary artery with angina pectoris  
Hyperparathyroidism  
Aortic atherosclerosis  
Keratoconjunctivitis sicca  
Benign essential hypertension  
Fredrickson type 2a hyperlipoproteinemia  
Hypothyroidism (acquired)  
CAD in native artery  
Stricture and stenosis of esophagus  
Osteoarthritis of hand  
Trochanteric bursitis of both hips  
Primary osteoarthritis of both knees  
Cervical spondylosis without myelopathy  
Lumbosacral spondylosis without myelopathy  
Dry eye syndrome of bilateral lacrimal glands  
Vitreous degeneration of both eyes  
DJD (degenerative joint disease), lumbosacral  
Keratoconjunctivitis sicca not specified as Sjogren's  
History of colonic polyps  
Vitamin D deficiency  
Lateral epicondylitis  
Spinal stenosis of lumbar region  
NSAID long-term use

## Plan

Current and previous labs reviewed

Current and previous x-rays reviewed

Plan was discussed with patient.

The patient indicates they agree with the discussed plan.

Continue current medications & therapy

## Education/Instructions

Teaching, Hypertension monitoring and mgmt.

setma83\_hosp\_plan{Unexpected Value}

## Active Medications

Start Date	Brand	Dose	Sig Desc
10/01/2019	LASTACRAFT	0.25 %	instill 1 drop by ophthalmic route every day into affected eye(s)

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10/01/2019	LIQUID CALCIUM 600-VIT D3		15 ml orally twice daily
10/01/2019	REGLAN	10 mg	take 1 tablet by oral route 4 times every day 30 minutes before meals and at bedtime as needed
10/01/2019	RESTASIS	0.05 %	instill 1 drop by ophthalmic route every 12 hours into both eyes every day
10/01/2019	CELECOXIB	200 mg	take 1 capsule by oral route every day as needed
10/01/2019	TYLENOL-CODEINE NO.4	300 mg-60 mg	take 1 tablet by oral route every 8 hours as needed
09/30/2019	LEVOFLOXACIN	500 mg	take 1 tablet by oral route every 24 hours
04/30/2019	LISINOPRIL	20 mg	take 1 Tablet by Oral route 2 times every week for blood pressure
03/20/2019	VITAMIN D2	50,000 unit	TAKE ONE CAPSULE BY MOUTH EVERY TWO WEEKS
03/20/2019	ESOMEPRAZOLE MAGNESIUM	40 mg	take 1 capsule by oral route every day
10/22/2018	SYMBICORT	160 mcg-4.5 mcg/actuation	inhale 2 puff by inhalation route every day in the morning and evening
10/22/2018	LEVOTHYROXINE SODIUM	50 mcg	TAKE ONE TABLET BY MOUTH EVERY DAY
10/22/2018	FLUTICASONE PROPIONATE	50 mcg/actuation	spray 1 spray by intranasal route every day in each nostril
	CYANOCOBALAMIN INJECTION	1,000 mcg/mL	inject 0.1 milliliter by intramuscular route every week

## Evaluation and Management

99213 - Established Patient, Expanded Problem

## Follow Up

### Acute

Follow - up  
3 month(s)

Approved by Alicia Horn APRN 10/04/19

10/04/2019 08:45 AM

# Document note on 10/01/2019 3:00 PM for Neena L Weible

Patient: Weible , Neena  
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2929 Calder, Suite 100

3570 College, Suite 200

2010 Dowlen

6510 Folsom

Lumberton - 137B LHS Drive

Nederland/Port Arthur - 2400 Highway 365, Suite 201

Orange - 610 Strickland Drive, Suite 140

(409) 833-9797

## Chart Note - 10/01/19 SETMA II

**Patient** Neena Weible  
**Date of Birth** 01/18/1952  
**Age** 67 Years  
**Race** Caucasian  
**Preferred Language** English  
**Sex** F  
**Visit Type** Follow - up  
**Medical Record** 85682

### Acute Diagnoses

	Status
Keratoconjunctivitis sicca, not specified as Sjogren's, unspecified laterality	Stable
Cervical spondylosis without myelopathy	Control, fair
Lumbosacral spondylosis without myelopathy	Control, fair
Primary osteoarthritis of both knees	Control, fair
Trochanteric bursitis of both hips	Control, fair
NSAID long-term use	Needs further assessment

Body mass index (BMI) 33.0-33.9, adult

### Chief Complaints

pain  
pain  
pain  
pain  
pain  
pain  
dry

# Document note on 10/01/2019 3:00 PM for Neena L Weible

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dry

## **Chronic Conditions**

Severe obesity  
Osteopenia after menopause  
Chronic GERD  
Opioid use disorder  
Body mass index (bmi) 34.0-34.9, adult  
Hx MRSA infection  
Panlobular emphysema  
Facet arthritis of cervical region  
Atherosclerotic heart disease of native coronary artery with angina pectoris  
Hyperparathyroidism  
Aortic atherosclerosis  
Keratoconjunctivitis sicca  
Benign essential hypertension  
Fredrickson type 2a hyperlipoproteinemia  
Hypothyroidism (acquired)  
CAD in native artery  
Stricture and stenosis of esophagus  
Osteoarthritis of hand  
Trochanteric bursitis of both hips  
Primary osteoarthritis of both knees  
Cervical spondylosis without myelopathy  
Lumbosacral spondylosis without myelopathy  
Dry eye syndrome of bilateral lacrimal glands  
Vitreous degeneration of both eyes  
DJD (degenerative joint disease), lumbosacral  
Keratoconjunctivitis sicca not specified as Sjogren's  
History of colonic polyps  
Vitamin D deficiency  
Lateral epicondylitis  
Spinal stenosis of lumbar region  
NSAID long-term use

## **Chief Complaint 1- pain**

Location - Hands and wrist

Onset - gradual

Radiation - fingers

Quality - aching

Frequency - frequently

Duration - year(s)

Severity - 04/10

Change - no change

Aggravated By - activity

Relieved By - medication

# **Document note on 10/01/2019 3:00 PM for Neena L Weible**

Patient: Weible , Neena

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## Associated Symptoms

stiffness-worsens by end of day

weakness

## Comments

ts,lvn

## **Chief Complaint 2 - pain**

Location - elbows

Onset - gradual

Radiation - forearm

Quality - aching

Frequency - constantly

Duration - year(s)

Severity - rt-04/10, lt- 06/10

Change - no change

Aggravated By - bending, movement

Relieved By - medication

## Associated Symptoms

stiffness

## Comments

redness and swelling of lt forearm

## **Chief Complaint 3 - pain**

Location - neck

Onset - gradual

Radiation - shoulder

Quality - aching

Frequency - constantly

Severity - 05/10

Change - no change

Aggravated By - bending, movement

Relieved By - medication

## Associated Symptoms

stiffness

## **Chief Complaint 4 - pain**

Location - back - lower

Onset - gradual

Radiation - posterior thigh

Quality - aching

Frequency - constantly

Duration - year(s)

Severity - 06/10

# Document note on 10/01/2019 3:00 PM for Neena L Weible

Patient: Weible , Neena

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Change - no change

Aggravated By - walking and standing > 15 min

Relieved By - medication

## Associated Symptoms

stiffness

numbness, tingling Left foot

## **Chief Complaint 5 - pain**

Location - Hips

Onset - gradual

Radiation - both thigh

Quality - aching

Frequency - frequently

Duration - year(s)

Severity - 04/10

Change - relief, intermittently

Aggravated By - walking

Relieved By - position and meds if unable to sit

## Associated Symptoms

stiffness

## **Chief Complaint 6 - pain**

Location - Knees

Onset - gradual

Radiation - both legs

Quality - aching

Frequency - frequently

Duration - year(s)

Severity - 05/10

Change - no change

Context - standing

Aggravated By - walking

Relieved By - medication

## Associated Symptoms

Muscle cramps in calves

stiffness

## **Nursing**

### **Medications (active prior to today)**

Medication Name	Sig Desc	Start Date	Stop Date	Refilled	Elsewhere
Reglan 10 mg tablet	take 1 tablet by oral route 4 times every day 30 minutes before meals and at	02/23/2018	10/01/2019	10/01/2019	N

# Document note on 10/01/2019 3:00 PM for Neena L Weible

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Lastacapt 0.25 % eye drops	bedtime as needed instill 1 drop by ophthalmic route every day into affected eye(s)	02/23/2018 10/01/2019 10/01/2019 N
Restasis 0.05 % eye drops in a dropperette	instill 1 drop by ophthalmic route every 12 hours into both eyes every day	02/23/2018 10/01/2019 10/01/2019 N
LIQUID CALCIUM 600-VIT D3 BUCCAL lidocaine 5 % topical patch	15 ml orally twice daily apply 1 patch by transdermal route every day (May wear up to 12hours.)	02/23/2018 10/01/2019 02/23/2018 N
Aspir-81 81 mg tablet,delayed release	take 1 tablet by oral route every day	02/23/2018 10/01/2019 02/23/2018 N
Symbicort 160 mcg-4.5 mcg/actuation HFA aerosol inhaler	inhale 2 puff by inhalation route every day in the morning and evening	10/22/2018 10/22/2018 N
levothyroxine 50 mcg tablet	TAKE ONE TABLET BY MOUTH EVERY DAY	10/22/2018 10/22/2018 N
fluticasone 50 mcg/actuation nasal spray,suspension	spray 1 spray by intranasal route every day in each nostril	10/22/2018 10/22/2018 N
celecoxib 200 mg capsule	take 1 capsule by oral route every day as needed	01/31/2019 10/01/2019 10/01/2019 N
Vitamin D2 50,000 unit capsule	TAKE ONE CAPSULE BY MOUTH EVERY TWO WEEKS	03/20/2019 03/20/2019 N
esomeprazole magnesium 40 mg capsule,delayed release	take 1 capsule by oral route every day	03/20/2019 03/20/2019 N
Tylenol-Codeine #4 300 mg-60 mg tablet	take 1 tablet by oral route every 8 hours as needed	03/26/2019 10/01/2019 10/01/2019 N
lisinopril 20 mg tablet	take 1 Tablet by Oral route 2 times every week for blood pressure	04/30/2019 04/30/2019 N
levofloxacin 500 mg tablet	take 1 tablet by oral route every 24 hours	09/30/2019 N
cyanocobalamin (vit B-12) 1,000 mcg/mL injection solution	inject 0.1 milliliter by intramuscular route every week	// Y

## Medication Reconciliation

Medications reconciled today.

## Medication Reviewed

Adherence	Medication Name	Sig Desc	Elsewhere	Status
taking as directed	Symbicort 160 mcg-4.5 mcg/actuation HFA aerosol inhaler	inhale 2 puff by inhalation route every day in the morning and evening	N	Verified
taking as directed	levothyroxine 50 mcg tablet	TAKE ONE TABLET BY MOUTH EVERY DAY	N	Verified
taking as directed	fluticasone 50 mcg/actuation nasal spray,suspension	spray 1 spray by intranasal route every day in each nostril	N	Verified
taking as directed	celecoxib 200 mg capsule	take 1 capsule by oral route every day as	N	Verified

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Patient: Weible , Neena

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		needed		
taking as directed	esomeprazole magnesium 40 mg capsule,delayed release	take 1 capsule by oral route every day	N	Verified
taking as directed	Vitamin D2 50,000 unit capsule	TAKE ONE CAPSULE BY MOUTH EVERY TWO WEEKS	N	Verified
taking as directed	Tylenol-Codeine #4 300 mg-60 mg tablet	take 1 tablet by oral route every 8 hours as needed	N	Verified
taking as directed	lisinopril 20 mg tablet	take 1 Tablet by Oral route 2 times every week for blood pressure	N	Verified
taking as directed	levofloxacin 500 mg tablet	take 1 tablet by oral route every 24 hours	N	Verified
taking as directed	cyanocobalamin (vit B-12) 1,000 mcg/mL injection solution	inject 0.1 milliliter by intramuscular route every week	Y	Verified
taking as directed	Lastacaft 0.25 % eye drops	instill 1 drop by ophthalmic route every day into affected eye(s)	N	Verified
taking as directed	LIQUID CALCIUM 600-VIT D3 BUCCAL	15 ml orally twice daily	N	Verified
taking as directed	Reglan 10 mg tablet	take 1 tablet by oral route 4 times every day 30 minutes before meals and at bedtime as needed	N	Verified
taking as directed	Restasis 0.05 % eye drops in a dropperette	instill 1 drop by ophthalmic route every 12 hours into both eyes every day	N	Verified

## Health Maintenance

The patient's health maintenance was reviewed today.

Physical Exam - 05/15/2014

BMP - 09/30/2019

Bone Density - 03/21/2018

Cartoid Doppler - 11/02/2016

CBC - 09/30/2019

Chemistry - 09/30/2019

Chest X-Ray - 10/26/2016

Colonoscopy - 07/21/2004

CPK - 10/26/2016

Creatinine - 09/30/2019

CRP - 11/05/2018

Dental Care - 01/05/2004

Dilated Eye Exam - 10/17/2013

Echocardiogram - 01/05/2017

EGD - 07/21/2007

EKG - 10/26/2016

Eye Exam - 08/14/2014

Flu Shot - 10/22/2018

HFP - 09/30/2019

HGB - 07/07/2016

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Lipids - 09/30/2019  
Mammogram - 03/22/2018  
Microalbumin - 09/30/2019  
PFT - 02/01/2016  
Pneumovax - 02/23/2018  
Breast Exam - 04/21/2009  
PT/INR - 09/27/2011  
Rectal Exam - 04/21/2009  
Stress Test - 01/22/2016  
Tetanus - 04/28/2014  
Thyroid Profile - 10/22/2018  
Urinalysis - 09/30/2019  
uTSH - 01/30/2019

## Patient's Preferred Specialists

Dental - Dr.Weaver  
Gastroenterology - Dr.Holland  
Ophthalmology - Dr.Mark Harmon

## Histories

---

### **Past Medical History**

#### **PAST MEDICAL/SURGICAL HISTORY**

Disease/disorder	Onset Date	Management	Date
		Tonsillectomy	1983
		Hysterectomy, partial	1980
		Appendectomy	1969
		Bladder suspension	1980
		Cholecystectomy	2005
Chickenpox W/spec			
Complication			
Concuss NOS			
Unspecified			
fx L Ankle & L upper fibu	2003		
fx L Wrist			
fx rt ankle	2003		
Measles W/o			
Complications			
Mumps W/o			
Complications			
Renal Failure Acute	2011		
Unspecifie			
strep infection / HA	2009		
Streptococcal			
Infection-multiple x/yr, age15-33			

## Social History

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Ethnicity - Not Hispanic or Latino

Occupation - Retired RN

Sexuality - heterosexual

Marital Status - divorced

## Tobacco Use

Smoking status: Former smoker.

## Alcohol Use

approximately 0.00 ounces/week.

approximately 0.00 ounces/week.

approximately 0.00 ounces/week.

## Caffeine

Approximately 1 cups/cans per day

## **Family History**

Relationship	Family Member Name	Deceased	Age at Death	Condition	Onset Age	Cause of Death
				Family history of Substance abuse		N
				Family history of Alcoholism		N
						N
						N
				Family history of Depression		N
				Family history of Diabetes mellitus type 2		N
				No family history of Mental illness		N
				Family history of Hypothyroidism		N
				Family history of Hyperlipidemia		N
				Family history of Hypertension		N
Brother		Y		MI	54	N
Brother		Y		Diabetes,RA	54	N
Daughter		N		hyperlipidemia		N
Daughter		N		Diabetes mellitus		N
Father		Y		Congenital Liver Disease	62	N
Father		Y		Alcoholism,Cirrhosis	62	N
Grand daughter		N		Turner's Syndrome,MVP		N
Grand daughter		N		thyroid,GYN,HTN,re n		N
Maternal Grandfather		Y		MI	52	N
Maternal Grandfather		Y		Coronary artery disease	52	N
Maternal		Y		Kidney CA	80	N

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## Grandmother

Maternal Grandmother	Y	Thyroid CA	80	N
Maternal Uncle	Y	Thyroid CA	52	N
Maternal Uncle	Y	Throat CA	52	N
Mother	N	HTN, COPD,		N
Mother	N	Depression		N
Sister	N	RA		N
Sister	N	Alcoholic Cirrhosis		N
Son	N	Ulcerative Colitis		N
Son	N	Gout		N

## Review of Systems

### Source of Information

Patient

## Allergies

Description	Onset
ACETAMINOPHEN	
HYDROCODONE BITARTRATE	
SIMVASTATIN	
SULFAMETHOXAZOLE	04/06/2004
CEFTRIAXONE SODIUM	04/06/2004
LIDOCAINE	04/06/2004
TRIMETHOPRIM	04/06/2004

## Constitutional

### Patient Confirms

Night sweats,

### Patient Denies

Fatigue, Fever, Headache, Weakness, Weight loss, Weight gain,

## Eyes

### Visual Acuity (with glasses)

20 / 20	OS	20 / 30
20 / 20	OD	20 / 30
20 / 20	OU	20 / 30

Last Eye Exam - 08/14/2014

Last Dilated Eye Exam - 10/17/2013

### Patient Confirms

Redness, Dryness, Feels like object in eye, Itching,

### Patient Denies

Eye pain, Blurred vision, Diplopia, Acuity changes,

## Head/Neck

### Patient Denies

Headache,

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## **Ears**

Patient Confirms

Difficulty hearing,

Patient Denies

Tinnitus,

## **Nose**

Patient Confirms

Rhinorrhea, Dryness in nose, Loss of smell,

Patient Denies

Epistaxis,

## **Oropharynx**

Patient Confirms

Hoarseness, Dysphagia, Dry mouth, Loss of taste,

Patient Denies

Bleeding gums, Sore tongue,

## **Cardiac**

Patient Confirms

Nausea,

Patient Denies

Chest pain at rest, Chest pain with exertion, Irregular heart beat, Sudden changes in heart beat, Heart murmurs, Fatigue, Cough,

## **Respiratory**

Patient Confirms

Rhinorrhea,

Patient Denies

Difficulty breathing at night, Cough, Fever, Hemoptysis, Peripheral edema, Shortness of breath, Wheezing

## **Gastrointestinal**

Patient Confirms

Nausea, Constipation, Dysphagia,

Patient Denies

Diarrhea, Heartburn, Jaundice, Weight loss, Weight gain, Stomach pain relieved by food or milk,

## **Female Genitourinary**

Patient Confirms

Hesitancy, Nocturia, Urge incontinence, Stress incontinence,

Last Menstrual Period - 01/01/1980

Patient Denies

Dysuria, Hematuria, Pyuria, Vaginal discharge, Vaginal rash, Decreased libido

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## **Musculoskeletal**

Patient Confirms

Extremity pain

Joint pain

Patient Denies

Joint swelling, Muscle spasms, Weakness,

## **Integumentary**

Patient Confirms

Tendency to bruise, Redness, Sun sensitivity, Nodules/bumps,

Patient Denies

Color changes of extremities, Alopecia, Tightness, Rash, Hives,

## **Neurologic**

Patient Denies

Dizziness, Headache, Loss of consciousness, Memory loss,

## **Psychiatric**

Patient Confirms

Anxiety, Apprehension, Depression, Combative, Aggressive, AM Insomnia, PM Insomnia,

Patient Denies

Decreased libido,

## **Endocrine**

Patient Confirms

Polydipsia, Nausea,

Patient Denies

Weight loss, Weight gain, Fainting,

## **Hematologic**

Patient Denies

Anemia, Bleeding tendencies, Blood transfusions, Lymph node enlargement, Tender lymph nodes,

## **Physical Exam**

### **Vital Signs**

#### **HEIGHT**

Time	ft	in	cm	Last Measured	Height Position	%
3:27 PM	5.0		152.40	02/23/2018		

#### **WEIGHT/BSA/BMI**

Time	lb	oz	kg	Context	%	BMI kg/m2	BSA m2
3:27 PM	171.50		77.791	dressed with shoes		33.49	1.81

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## BLOOD PRESSURE

Time	BP mm/Hg	Position	Side	Site	Method	Cuff Size
3:27 PM	156/89	sitting	right	brachial	automatic	adult
Mid-Arm Circumference - 0.0 inches						

## TEMPERATURE/PULSE/RESPIRATION

Time	Temp F	Temp C	Temp Site	Pulse/min	Pattern	Resp/ min
3:27 PM				76	regular	

## PULSE OXIMETRY/FIO2

Time	Pulse Ox (Rest %)	Pulse Ox (Amb %)	O2 Sat	O2 LPM	Timing	FiO2 %	L/min	Delivery Method
3:27 PM	96				RA			

## MEASURED BY

Time	Measured by
3:27 PM	Taylor N. Stinnett

Body Fat - 34.5 %

Protein Requirement - 93 grams/day

## Circumferences (Performed 10/01/2019)

Abdomen - 49 inches

Chest - 46.50 inches

## Visual Acuity

With Glasses

OS - 20 / 20

OD - 20 / 20

OU - 20 / 20

Without Glasses

OS - 20 / 30

OD - 20 / 30

OU - 20 / 30

## **Constitutional**

Level of Consciousness - Normal

Orientation - Normal

Level of Distress - uncomfortable

Nourishment - mildly obese

Overall Appearance - Normal

## **Head/Face**

Hair and Scalp - Normal

Skull - Normal

Facial Features - Normal

TM Joint - Normal

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## Eyes

General

Right - Normal

Left - Normal

External

Right - Normal

Left - Normal

## Visual Acuity

With Glasses

OS 20 / 20

OD 20 / 20

OU 20 / 20

Without Glasses

OS 20 / 30

OD 20 / 30

OU 20 / 30

Last Dilated Eye Exam - 10/17/2013

Last Eye Exam - 08/14/2014

## Ears

### External Ear

Inspection

Right - Normal

Left - Normal

Palpation

Right - Normal

Left - Normal

## Nasopharynx

### Nose and Sinuses

External Nose - Normal

Nares

Right - Normal

Left - Normal

Mucosa - Normal

### Mouth

Tongue - Normal

Buccal Mucosa - Normal

### Comments

Salivary gland- parotid and sub-mandibular gland not enlarged , non- tender

## Neck

Inspection - Normal

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Palpation - + paraspinal muscles tenderness

Lymph Nodes - Normal

Thyroid Gland - Normal

Range of motion without resistance.

Flexion

40 degrees

Extension

40 degrees

Rotation

Left - 50 degrees

Right - 50

Lateral Flexion

Left - 25 degrees

Right - 25 degrees

## Reflexes

Triceps

Left - 2+

Right - 2+

Biceps

Left - 2+

Right - 2+

## **Respiratory**

Inspection - Normal

Auscultation - Normal

Cough - Absent

## **Cardiovascular**

Auscultation - Normal

Murmurs - Absent

JVP - Normal

## Cardio Intima Media Thickening

Left

Right

Thickening (mm)

Blockage Present

Percent Blocked

## **Abdomen**

Inspection - surgical scars

## **Back**

### Inspection

No skin abnormalities

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No muscle spasm present

No spine abnormalities present

Shoulder Height - symmetric

## Comments

- + tenderness of trapezius and interscapular muscles, + tenderness of middle thoracic spine

## Palpation

Pain on palpation

L4L5

soft tissues musculoskeletal lumbo-sacral

SI Joint - tender

No sensorimotor abnormalities

## Range of Motion Standing

Flexion forward 30 degrees without pain

Extension, arching back approximately 10 degrees without pain

Right lateral flexion approximately 20 degrees without pain

Left lateral flexion approximately 20 degrees without pain

Right rotation approximately 20 degrees without pain

Left rotation approximately 20 degrees without pain

## Range of Motion Sitting

Reflexes

Patellar, Left - +2 - average; normal

Patellar, Right - +2 - average; normal

Achilles, Left - +1 - diminished; low normal

Achilles, Right - +1 - diminished; low normal

Plantar, Left - Toes downward

Plantar, Right - Toes downward

## Range of Motion Lying

SLRT

Left - 60 degrees

Right - 60 degrees

## Musculoskeletal

### Comments

MUSCULOSKELETAL EXAMINATION---SHOULDER - no supraspinatus wasting, no swelling, + lat. and ant. Joint tenderness, + tenderness over AC joint, ROM-rt- abd- 130, Rotation- Int- 60, Ext-60. It- abd- 140, Rotation- Int- 60, Ext-60

ELBOW- no deformity, no swelling, + lateral epicondyle tenderness- rt> lt, no effusion, ROM-0-120.

WRIST- no deformity, no swelling, no synovitis, no dorsal tenderness ROM- DF -60, PF- 60.

HAND- + Heberden's node, no swelling, no synovitis, + tenderness of pip and dip joints, mcp joint non-tender, + tenderness over 1st carpometacarpal joint, Tinel's and Phalen's sign negative, no sensory deficit, no muscle wasting, moderate hand grip.

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HIP- no fixed flexion deformity, no swelling, - ant. joint line tenderness, ++ Trochanteric tenderness- lt> rt, ROM- fle- 90, abd- 40, add- 20, rotation- Int- 20, ext- 30

KNEE- - quadriceps wasting, no swelling, no effusion, no synovitis, + tenderness over patellofemoral joint and medial joint line-rt> lt, ROM- 0-90

ANKLE, FEET and LEG- no swelling, + tenderness of sub-talar and 1st MTP joint, mid-tarsal and ankle joint non-tender, ROM- df-20, pf -40,

## Neurological

### Mental Status

Cognitive Abilities - Normal

Emotional Stability - Normal

### Sensory Function

Balance and Gait - Normal

## Integumentary

Inspection - Normal

Palpation - Normal

Hair - Normal

Nails - Normal

## Screener and Opioid Assessment for Patients with Pain (SOAPP)

## Plan

### Active Medications

Start Date	Brand	Dose	Sig Desc
10/01/2019	LASTACRAFT	0.25 %	instill 1 drop by ophthalmic route every day into affected eye(s)
10/01/2019	LIQUID CALCIUM 600-VIT D3		15 ml orally twice daily
10/01/2019	REGLAN	10 mg	take 1 tablet by oral route 4 times every day 30 minutes before meals and at bedtime as needed
10/01/2019	RESTASIS	0.05 %	instill 1 drop by ophthalmic route every 12 hours into both eyes every day
10/01/2019	CELECOXIB	200 mg	take 1 capsule by oral route every day as needed
10/01/2019	TYLENOL-CODEINE NO.4	300 mg-60 mg	take 1 tablet by oral route every 8 hours as needed
09/30/2019	LEVOFLOXACIN	500 mg	take 1 tablet by oral route every 24 hours
04/30/2019	LISINOPRIL	20 mg	take 1 Tablet by Oral route 2 times every week for blood pressure
03/20/2019	VITAMIN D2	50,000 unit	TAKE ONE CAPSULE BY MOUTH EVERY TWO WEEKS
03/20/2019	ESOMEPRAZOLE MAGNESIUM	40 mg	take 1 capsule by oral route every day
10/22/2018	SYMBICORT	160 mcg-4.5	Puff 1 of 25 puff by inhalation route every

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		mcg/actuation	day in the morning and evening
10/22/2018	LEVOTHYROXINE SODIUM	50 mcg	TAKE ONE TABLET BY MOUTH EVERY DAY
10/22/2018	FLUTICASONE PROPIONATE	50	spray 1 spray by intranasal route every day in each nostril
	CYANOCOBALAMIN INJECTION	mcg/actuation 1,000 mcg/mL	inject 0.1 milliliter by intramuscular route every week

## Lab

CRP

## Plan Comments

Texas PMP site reviewed-- score 190

## Evaluation and Management

99214 - Established Patient, Detailed Problem

## Follow Up

### Acute

Follow - up  
3 month(s)

---

Approved by Vijay Kumar MD 10/01/19

10/01/2019 03:00 PM

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2929 Calder, Suite 100

3570 College, Suite 200

2010 Dowlen

6510 Folsom

Lumberton - 137B LHS Drive

Nederland/Port Arthur - 2400 Highway 365, Suite 201

Orange - 610 Strickland Drive, Suite 140

(409) 833-9797

## Chart Note - 10/01/19 SETMA II

Patient	Neena Weible
Date of Birth	01/18/1952
Age	67 Years
Race	Caucasian
Preferred Language	English
Sex	F
Visit Type	Follow - up
Medical Record	85682

### Acute Diagnoses

	Status
Keratoconjunctivitis sicca, not specified as Sjogren's, unspecified laterality	Stable
Cervical spondylosis without myelopathy	Control, fair
Lumbosacral spondylosis without myelopathy	Control, fair
Primary osteoarthritis of both knees	Control, fair
Trochanteric bursitis of both hips	Control, fair
NSAID long-term use	Needs further assessment

Body mass index (BMI) 33.0-33.9, adult

### Chief Complaints

pain  
pain  
pain  
pain  
pain  
pain  
dry

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dry

## **Chronic Conditions**

Severe obesity  
Osteopenia after menopause  
Chronic GERD  
Opioid use disorder  
Body mass index (bmi) 34.0-34.9, adult  
Hx MRSA infection  
Panlobular emphysema  
Facet arthritis of cervical region  
Atherosclerotic heart disease of native coronary artery with angina pectoris  
Hyperparathyroidism  
Aortic atherosclerosis  
Keratoconjunctivitis sicca  
Benign essential hypertension  
Fredrickson type 2a hyperlipoproteinemia  
Hypothyroidism (acquired)  
CAD in native artery  
Stricture and stenosis of esophagus  
Osteoarthritis of hand  
Trochanteric bursitis of both hips  
Primary osteoarthritis of both knees  
Cervical spondylosis without myelopathy  
Lumbosacral spondylosis without myelopathy  
Dry eye syndrome of bilateral lacrimal glands  
Vitreous degeneration of both eyes  
DJD (degenerative joint disease), lumbosacral  
Keratoconjunctivitis sicca not specified as Sjogren's  
History of colonic polyps  
Vitamin D deficiency  
Lateral epicondylitis  
Spinal stenosis of lumbar region  
NSAID long-term use

## **Chief Complaint 1- pain**

Location - Hands and wrist

Onset - gradual

Radiation - fingers

Quality - aching

Frequency - frequently

Duration - year(s)

Severity - 04/10

Change - no change

Aggravated By - activity

Relieved By - medication

# **Document note on 10/01/2019 3:00 PM for Neena L Weible**

Patient: Weible , Neena

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## Associated Symptoms

stiffness-worsens by end of day

weakness

## Comments

ts,lvn

## **Chief Complaint 2 - pain**

Location - elbows

Onset - gradual

Radiation - forearm

Quality - aching

Frequency - constantly

Duration - year(s)

Severity - rt-04/10, lt- 06/10

Change - no change

Aggravated By - bending, movement

Relieved By - medication

## Associated Symptoms

stiffness

## Comments

redness and swelling of lt forearm

## **Chief Complaint 3 - pain**

Location - neck

Onset - gradual

Radiation - shoulder

Quality - aching

Frequency - constantly

Severity - 05/10

Change - no change

Aggravated By - bending, movement

Relieved By - medication

## Associated Symptoms

stiffness

## **Chief Complaint 4 - pain**

Location - back - lower

Onset - gradual

Radiation - posterior thigh

Quality - aching

Frequency - constantly

Duration - year(s)

Severity - 06/10

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Change - no change

Aggravated By - walking and standing > 15 min

Relieved By - medication

## Associated Symptoms

stiffness

numbness, tingling Left foot

## **Chief Complaint 5 - pain**

Location - Hips

Onset - gradual

Radiation - both thigh

Quality - aching

Frequency - frequently

Duration - year(s)

Severity - 04/10

Change - relief, intermittently

Aggravated By - walking

Relieved By - position and meds if unable to sit

## Associated Symptoms

stiffness

## **Chief Complaint 6 - pain**

Location - Knees

Onset - gradual

Radiation - both legs

Quality - aching

Frequency - frequently

Duration - year(s)

Severity - 05/10

Change - no change

Context - standing

Aggravated By - walking

Relieved By - medication

## Associated Symptoms

Muscle cramps in calves

stiffness

## **Nursing**

### **Medications (active prior to today)**

Medication Name	Sig Desc	Start Date	Stop Date	Refilled	Elsewhere
Reglan 10 mg tablet	take 1 tablet by oral route 4 times every day 30 minutes before meals and at	02/23/2018	10/01/2019	10/01/2019	N

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Lastacapt 0.25 % eye drops	bedtime as needed instill 1 drop by ophthalmic route every day into affected eye(s)	02/23/2018 10/01/2019 10/01/2019 N
Restasis 0.05 % eye drops in a dropperette	instill 1 drop by ophthalmic route every 12 hours into both eyes every day	02/23/2018 10/01/2019 10/01/2019 N
LIQUID CALCIUM 600-VIT D3 BUCCAL lidocaine 5 % topical patch	15 ml orally twice daily apply 1 patch by transdermal route every day (May wear up to 12hours.)	02/23/2018 10/01/2019 02/23/2018 N
Aspir-81 81 mg tablet,delayed release	take 1 tablet by oral route every day	02/23/2018 10/01/2019 02/23/2018 N
Symbicort 160 mcg-4.5 mcg/actuation HFA aerosol inhaler	inhale 2 puff by inhalation route every day in the morning and evening	10/22/2018 10/22/2018 N
levothyroxine 50 mcg tablet	TAKE ONE TABLET BY MOUTH EVERY DAY	10/22/2018 10/22/2018 N
fluticasone 50 mcg/actuation nasal spray,suspension	spray 1 spray by intranasal route every day in each nostril	10/22/2018 10/22/2018 N
celecoxib 200 mg capsule	take 1 capsule by oral route every day as needed	01/31/2019 10/01/2019 10/01/2019 N
Vitamin D2 50,000 unit capsule	TAKE ONE CAPSULE BY MOUTH EVERY TWO WEEKS	03/20/2019 03/20/2019 N
esomeprazole magnesium 40 mg capsule,delayed release	take 1 capsule by oral route every day	03/20/2019 03/20/2019 N
Tylenol-Codeine #4 300 mg-60 mg tablet	take 1 tablet by oral route every 8 hours as needed	03/26/2019 10/01/2019 10/01/2019 N
lisinopril 20 mg tablet	take 1 Tablet by Oral route 2 times every week for blood pressure	04/30/2019 04/30/2019 N
levofloxacin 500 mg tablet	take 1 tablet by oral route every 24 hours	09/30/2019 N
cyanocobalamin (vit B-12) 1,000 mcg/mL injection solution	inject 0.1 milliliter by intramuscular route every week	// Y

## Medication Reconciliation

Medications reconciled today.

## Medication Reviewed

Adherence	Medication Name	Sig Desc	Elsewhere	Status
taking as directed	Symbicort 160 mcg-4.5 mcg/actuation HFA aerosol inhaler	inhale 2 puff by inhalation route every day in the morning and evening	N	Verified
taking as directed	levothyroxine 50 mcg tablet	TAKE ONE TABLET BY MOUTH EVERY DAY	N	Verified
taking as directed	fluticasone 50 mcg/actuation nasal spray,suspension	spray 1 spray by intranasal route every day in each nostril	N	Verified
taking as directed	celecoxib 200 mg capsule	take 1 capsule by oral route every day as	N	Verified

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		needed		
taking as directed	esomeprazole magnesium 40 mg capsule,delayed release	take 1 capsule by oral route every day	N	Verified
taking as directed	Vitamin D2 50,000 unit capsule	TAKE ONE CAPSULE BY MOUTH EVERY TWO WEEKS	N	Verified
taking as directed	Tylenol-Codeine #4 300 mg-60 mg tablet	take 1 tablet by oral route every 8 hours as needed	N	Verified
taking as directed	lisinopril 20 mg tablet	take 1 Tablet by Oral route 2 times every week for blood pressure	N	Verified
taking as directed	levofloxacin 500 mg tablet	take 1 tablet by oral route every 24 hours	N	Verified
taking as directed	cyanocobalamin (vit B-12) 1,000 mcg/mL injection solution	inject 0.1 milliliter by intramuscular route every week	Y	Verified
taking as directed	Lastacaft 0.25 % eye drops	instill 1 drop by ophthalmic route every day into affected eye(s)	N	Verified
taking as directed	LIQUID CALCIUM 600-VIT D3 BUCCAL	15 ml orally twice daily	N	Verified
taking as directed	Reglan 10 mg tablet	take 1 tablet by oral route 4 times every day 30 minutes before meals and at bedtime as needed	N	Verified
taking as directed	Restasis 0.05 % eye drops in a dropperette	instill 1 drop by ophthalmic route every 12 hours into both eyes every day	N	Verified

## Health Maintenance

The patient's health maintenance was reviewed today.

Physical Exam - 05/15/2014

BMP - 09/30/2019

Bone Density - 03/21/2018

Cartoid Doppler - 11/02/2016

CBC - 09/30/2019

Chemistry - 09/30/2019

Chest X-Ray - 10/26/2016

Colonoscopy - 07/21/2004

CPK - 10/26/2016

Creatinine - 09/30/2019

CRP - 11/05/2018

Dental Care - 01/05/2004

Dilated Eye Exam - 10/17/2013

Echocardiogram - 01/05/2017

EGD - 07/21/2007

EKG - 10/26/2016

Eye Exam - 08/14/2014

Flu Shot - 10/22/2018

HFP - 09/30/2019

HGB - 07/07/2016

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Patient: Weible , Neena

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Lipids - 09/30/2019  
Mammogram - 03/22/2018  
Microalbumin - 09/30/2019  
PFT - 02/01/2016  
Pneumovax - 02/23/2018  
Breast Exam - 04/21/2009  
PT/INR - 09/27/2011  
Rectal Exam - 04/21/2009  
Stress Test - 01/22/2016  
Tetanus - 04/28/2014  
Thyroid Profile - 10/22/2018  
Urinalysis - 09/30/2019  
uTSH - 01/30/2019

## Patient's Preferred Specialists

Dental - Dr.Weaver  
Gastroenterology - Dr.Holland  
Ophthalmology - Dr.Mark Harmon

## Histories

---

### **Past Medical History**

#### **PAST MEDICAL/SURGICAL HISTORY**

Disease/disorder	Onset Date	Management	Date
		Tonsillectomy	1983
		Hysterectomy, partial	1980
		Appendectomy	1969
		Bladder suspension	1980
		Cholecystectomy	2005
Chickenpox W/spec			
Complication			
Concuss NOS			
Unspecified			
fx L Ankle & L upper fibu	2003		
fx L Wrist			
fx rt ankle	2003		
Measles W/o			
Complications			
Mumps W/o			
Complications			
Renal Failure Acute	2011		
Unspecifie			
strep infection / HA	2009		
Streptococcal			
Infection-multiple x/yr, age15-33			

## Social History

# Document note on 10/01/2019 3:00 PM for Neena L Weible

Patient: Weible , Neena

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Ethnicity - Not Hispanic or Latino

Occupation - Retired RN

Sexuality - heterosexual

Marital Status - divorced

## Tobacco Use

Smoking status: Former smoker.

## Alcohol Use

approximately 0.00 ounces/week.

approximately 0.00 ounces/week.

approximately 0.00 ounces/week.

## Caffeine

Approximately 1 cups/cans per day

## **Family History**

Relationship	Family Member Name	Deceased	Age at Death	Condition	Onset Age	Cause of Death
				Family history of Substance abuse		N
				Family history of Alcoholism		N
						N
						N
				Family history of Depression		N
				Family history of Diabetes mellitus type 2		N
				No family history of Mental illness		N
				Family history of Hypothyroidism		N
				Family history of Hyperlipidemia		N
				Family history of Hypertension		N
Brother		Y		MI	54	N
Brother		Y		Diabetes,RA	54	N
Daughter		N		hyperlipidemia		N
Daughter		N		Diabetes mellitus		N
Father		Y		Congenital Liver Disease	62	N
Father		Y		Alcoholism,Cirrhosis	62	N
Grand daughter		N		Turner's Syndrome,MVP		N
Grand daughter		N		thyroid,GYN,HTN,re n		N
Maternal Grandfather		Y		MI	52	N
Maternal Grandfather		Y		Coronary artery disease	52	N
Maternal		Y		Kidney CA	80	N

# Document note on 10/01/2019 3:00 PM for Neena L Weible

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Grandmother

Maternal Grandmother	Y	Thyroid CA	80	N
Maternal Uncle	Y	Thyroid CA	52	N
Maternal Uncle	Y	Throat CA	52	N
Mother	N	HTN, COPD,		N
Mother	N	Depression		N
Sister	N	RA		N
Sister	N	Alcoholic Cirrhosis		N
Son	N	Ulcerative Colitis		N
Son	N	Gout		N

## Review of Systems

Source of Information

Patient

### Allergies

Description	Onset
ACETAMINOPHEN	
HYDROCODONE BITARTRATE	
SIMVASTATIN	
SULFAMETHOXAZOLE	04/06/2004
CEFTRIAXONE SODIUM	04/06/2004
LIDOCAINE	04/06/2004
TRIMETHOPRIM	04/06/2004

### Constitutional

Patient Confirms

Night sweats,

Patient Denies

Fatigue, Fever, Headache, Weakness, Weight loss, Weight gain,

### Eyes

Visual Acuity (with glasses)

20 / 20	OS	20 / 30
20 / 20	OD	20 / 30
20 / 20	OU	20 / 30

Last Eye Exam - 08/14/2014

Last Dilated Eye Exam - 10/17/2013

Patient Confirms

Redness, Dryness, Feels like object in eye, Itching,

Patient Denies

Eye pain, Blurred vision, Diplopia, Acuity changes,

### Head/Neck

Patient Denies

Headache,

# Document note on 10/01/2019 3:00 PM for Neena L Weible

Patient: Weible , Neena

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## **Ears**

Patient Confirms

Difficulty hearing,

Patient Denies

Tinnitus,

## **Nose**

Patient Confirms

Rhinorrhea, Dryness in nose, Loss of smell,

Patient Denies

Epistaxis,

## **Oropharynx**

Patient Confirms

Hoarseness, Dysphagia, Dry mouth, Loss of taste,

Patient Denies

Bleeding gums, Sore tongue,

## **Cardiac**

Patient Confirms

Nausea,

Patient Denies

Chest pain at rest, Chest pain with exertion, Irregular heart beat, Sudden changes in heart beat, Heart murmurs, Fatigue, Cough,

## **Respiratory**

Patient Confirms

Rhinorrhea,

Patient Denies

Difficulty breathing at night, Cough, Fever, Hemoptysis, Peripheral edema, Shortness of breath, Wheezing

## **Gastrointestinal**

Patient Confirms

Nausea, Constipation, Dysphagia,

Patient Denies

Diarrhea, Heartburn, Jaundice, Weight loss, Weight gain, Stomach pain relieved by food or milk,

## **Female Genitourinary**

Patient Confirms

Hesitancy, Nocturia, Urge incontinence, Stress incontinence,

Last Menstrual Period - 01/01/1980

Patient Denies

Dysuria, Hematuria, Pyuria, Vaginal discharge, Vaginal rash, Decreased libido

# Document note on 10/01/2019 3:00 PM for Neena L Weible

Patient: Weible , Neena

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## **Musculoskeletal**

Patient Confirms

Extremity pain

Joint pain

Patient Denies

Joint swelling, Muscle spasms, Weakness,

## **Integumentary**

Patient Confirms

Tendency to bruise, Redness, Sun sensitivity, Nodules/bumps,

Patient Denies

Color changes of extremities, Alopecia, Tightness, Rash, Hives,

## **Neurologic**

Patient Denies

Dizziness, Headache, Loss of consciousness, Memory loss,

## **Psychiatric**

Patient Confirms

Anxiety, Apprehension, Depression, Combative, Aggressive, AM Insomnia, PM Insomnia,

Patient Denies

Decreased libido,

## **Endocrine**

Patient Confirms

Polydipsia, Nausea,

Patient Denies

Weight loss, Weight gain, Fainting,

## **Hematologic**

Patient Denies

Anemia, Bleeding tendencies, Blood transfusions, Lymph node enlargement, Tender lymph nodes,

## **Physical Exam**

### **Vital Signs**

#### **HEIGHT**

Time	ft	in	cm	Last Measured	Height Position	%
3:27 PM	5.0		152.40	02/23/2018		

#### **WEIGHT/BSA/BMI**

Time	lb	oz	kg	Context	%	BMI kg/m2	BSA m2
3:27 PM	171.50		77.791	dressed with shoes		33.49	1.81

# Document note on 10/01/2019 3:00 PM for Neena L Weible

Patient: Weible , Neena

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## BLOOD PRESSURE

Time	BP mm/Hg	Position	Side	Site	Method	Cuff Size
3:27 PM	156/89	sitting	right	brachial	automatic	adult
Mid-Arm Circumference - 0.0 inches						

## TEMPERATURE/PULSE/RESPIRATION

Time	Temp F	Temp C	Temp Site	Pulse/min	Pattern	Resp/ min
3:27 PM				76	regular	

## PULSE OXIMETRY/FIO2

Time	Pulse Ox (Rest %)	Pulse Ox (Amb %)	O2 Sat	O2 LPM	Timing	FiO2 %	L/min	Delivery Method
3:27 PM	96				RA			

## MEASURED BY

Time	Measured by
3:27 PM	Taylor N. Stinnett

Body Fat - 34.5 %

Protein Requirement - 93 grams/day

## Circumferences (Performed 10/01/2019)

Abdomen - 49 inches

Chest - 46.50 inches

## Visual Acuity

With Glasses

OS - 20 / 20

OD - 20 / 20

OU - 20 / 20

Without Glasses

OS - 20 / 30

OD - 20 / 30

OU - 20 / 30

## **Constitutional**

Level of Consciousness - Normal

Orientation - Normal

Level of Distress - uncomfortable

Nourishment - mildly obese

Overall Appearance - Normal

## **Head/Face**

Hair and Scalp - Normal

Skull - Normal

Facial Features - Normal

TM Joint - Normal

# Document note on 10/01/2019 3:00 PM for Neena L Weible

Patient: Weible , Neena

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## Eyes

General

Right - Normal

Left - Normal

External

Right - Normal

Left - Normal

## Visual Acuity

With Glasses

OS 20 / 20

OD 20 / 20

OU 20 / 20

Without Glasses

OS 20 / 30

OD 20 / 30

OU 20 / 30

Last Dilated Eye Exam - 10/17/2013

Last Eye Exam - 08/14/2014

## Ears

### External Ear

Inspection

Right - Normal

Left - Normal

Palpation

Right - Normal

Left - Normal

## Nasopharynx

### Nose and Sinuses

External Nose - Normal

Nares

Right - Normal

Left - Normal

Mucosa - Normal

### Mouth

Tongue - Normal

Buccal Mucosa - Normal

### Comments

Salivary gland- parotid and sub-mandibular gland not enlarged , non- tender

## Neck

Inspection - Normal

# **Document note on 10/01/2019 3:00 PM for Neena L Weible**

Patient: Weible , Neena

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Palpation - + paraspinal muscles tenderness

Lymph Nodes - Normal

Thyroid Gland - Normal

Range of motion without resistance.

Flexion

40 degrees

Extension

40 degrees

Rotation

Left - 50 degrees

Right - 50

Lateral Flexion

Left - 25 degrees

Right - 25 degrees

## Reflexes

Triceps

Left - 2+

Right - 2+

Biceps

Left - 2+

Right - 2+

## **Respiratory**

Inspection - Normal

Auscultation - Normal

Cough - Absent

## **Cardiovascular**

Auscultation - Normal

Murmurs - Absent

JVP - Normal

## Cardio Intima Media Thickening

Left

Right

Thickening (mm)

Blockage Present

Percent Blocked

## **Abdomen**

Inspection - surgical scars

## **Back**

### Inspection

No skin abnormalities

# Document note on 10/01/2019 3:00 PM for Neena L Weible

Patient: Weible , Neena

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No muscle spasm present

No spine abnormalities present

Shoulder Height - symmetric

## Comments

- + tenderness of trapezius and interscapular muscles, + tenderness of middle thoracic spine

## Palpation

Pain on palpation

L4L5

soft tissues musculoskeletal lumbo-sacral

SI Joint - tender

No sensorimotor abnormalities

## Range of Motion Standing

Flexion forward 30 degrees without pain

Extension, arching back approximately 10 degrees without pain

Right lateral flexion approximately 20 degrees without pain

Left lateral flexion approximately 20 degrees without pain

Right rotation approximately 20 degrees without pain

Left rotation approximately 20 degrees without pain

## Range of Motion Sitting

Reflexes

Patellar, Left - +2 - average; normal

Patellar, Right - +2 - average; normal

Achilles, Left - +1 - diminished; low normal

Achilles, Right - +1 - diminished; low normal

Plantar, Left - Toes downward

Plantar, Right - Toes downward

## Range of Motion Lying

SLRT

Left - 60 degrees

Right - 60 degrees

## Musculoskeletal

### Comments

MUSCULOSKELETAL EXAMINATION---SHOULDER - no supraspinatus wasting, no swelling, + lat. and ant. Joint tenderness, + tenderness over AC joint, ROM-rt- abd- 130, Rotation- Int- 60, Ext-60. It- abd- 140, Rotation- Int- 60, Ext-60

ELBOW- no deformity, no swelling, + lateral epicondyle tenderness- rt> lt, no effusion, ROM-0-120.

WRIST- no deformity, no swelling, no synovitis, no dorsal tenderness ROM- DF -60, PF- 60.

HAND- + Heberden's node, no swelling, no synovitis, + tenderness of pip and dip joints, mcp joint non-tender, + tenderness over 1st carpometacarpal joint, Tinel's and Phalen's sign negative, no sensory deficit, no muscle wasting, moderate hand grip.

# Document note on 10/01/2019 3:00 PM for Neena L Weible

Patient: Weible , Neena

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HIP- no fixed flexion deformity, no swelling, - ant. joint line tenderness, ++ Trochanteric tenderness- lt> rt, ROM- fle- 90, abd- 40, add- 20, rotation- Int- 20, ext- 30

KNEE- - quadriceps wasting, no swelling, no effusion, no synovitis, + tenderness over patellofemoral joint and medial joint line-rt> lt, ROM- 0-90

ANKLE, FEET and LEG- no swelling, + tenderness of sub-talar and 1st MTP joint, mid-tarsal and ankle joint non-tender, ROM- df-20, pf -40,

## Neurological

### Mental Status

Cognitive Abilities - Normal

Emotional Stability - Normal

### Sensory Function

Balance and Gait - Normal

## Integumentary

Inspection - Normal

Palpation - Normal

Hair - Normal

Nails - Normal

## Screener and Opioid Assessment for Patients with Pain (SOAPP)

## Plan

### Active Medications

Start Date	Brand	Dose	Sig Desc
10/01/2019	LASTACRAFT	0.25 %	instill 1 drop by ophthalmic route every day into affected eye(s)
10/01/2019	LIQUID CALCIUM 600-VIT D3		15 ml orally twice daily
10/01/2019	REGLAN	10 mg	take 1 tablet by oral route 4 times every day 30 minutes before meals and at bedtime as needed
10/01/2019	RESTASIS	0.05 %	instill 1 drop by ophthalmic route every 12 hours into both eyes every day
10/01/2019	CELECOXIB	200 mg	take 1 capsule by oral route every day as needed
10/01/2019	TYLENOL-CODEINE NO.4	300 mg-60 mg	take 1 tablet by oral route every 8 hours as needed
09/30/2019	LEVOFLOXACIN	500 mg	take 1 tablet by oral route every 24 hours
04/30/2019	LISINOPRIL	20 mg	take 1 Tablet by Oral route 2 times every week for blood pressure
03/20/2019	VITAMIN D2	50,000 unit	TAKE ONE CAPSULE BY MOUTH EVERY TWO WEEKS
03/20/2019	ESOMEPRAZOLE MAGNESIUM	40 mg	take 1 capsule by oral route every day
10/22/2018	SYMBICORT	160 mcg-4.5	Puff 1 of 25 puff by inhalation route every

# Document note on 10/01/2019 3:00 PM for Neena L Weible

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		mcg/actuation	day in the morning and evening
10/22/2018	LEVOTHYROXINE SODIUM	50 mcg	TAKE ONE TABLET BY MOUTH EVERY DAY
10/22/2018	FLUTICASONE PROPIONATE	50	spray 1 spray by intranasal route every day in each nostril
	CYANOCOBALAMIN INJECTION	mcg/actuation 1,000 mcg/mL	inject 0.1 milliliter by intramuscular route every week

## Lab

CRP

## Plan Comments

Texas PMP site reviewed-- score 190

## Evaluation and Management

99214 - Established Patient, Detailed Problem

## Follow Up

### Acute

Follow - up  
3 month(s)

---

Approved by Vijay Kumar MD 10/01/19

10/01/2019 03:00 PM

# Document note on 09/30/2019 1:30 PM for Neena L Weible

Patient: Weible , Neena  
Visit Date: 09/30/19  
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2929 Calder, Suite 100

3570 College, Suite 200

2010 Dowlen

6510 Folsom

Lumberton - 137B LHS Drive

Nederland/Port Arthur - 2400 Highway 365, Suite 201

Orange - 610 Strickland Drive, Suite 140

(409) 833-9797

## Chart Note - 09/30/19 SETMA West

Patient	Neena Weible
Date of Birth	01/18/1952
Age	67 Years
Race	Declined to specify
Preferred Language	English
Sex	F
Visit Type	Acute
Medical Record	85682

### Acute Diagnoses

#### Status

Cellulitis of arm, left  
Facet arthritis of cervical region  
Facet arthritis of cervical region  
Opioid use disorder  
Body mass index (BMI) 34.0-34.9, adult

### Patient-Centered Medical Home: Patient's Stated Goal For This Visit

Get Better

### Chief Complaints

Pain

### Chronic Conditions

Severe obesity  
Osteopenia after menopause  
Chronic GERD  
Opioid use disorder  
Body mass index (bmi) 34.0-34.9, adult  
Hx MRSA infection

# Document note on 09/30/2019 1:30 PM for Neena L Weible

Patient: Weible , Neena

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Panlobular emphysema  
Facet arthritis of cervical region  
Atherosclerotic heart disease of native coronary artery with angina pectoris  
Hyperparathyroidism  
Aortic atherosclerosis  
Keratoconjunctivitis sicca  
Benign essential hypertension  
Fredrickson type 2a hyperlipoproteinemia  
Hypothyroidism (acquired)  
CAD in native artery  
Stricture and stenosis of esophagus  
Osteoarthritis of hand  
Trochanteric bursitis of both hips  
Primary osteoarthritis of both knees  
Cervical spondylosis without myelopathy  
Lumbosacral spondylosis without myelopathy  
Dry eye syndrome of bilateral lacrimal glands  
Vitreous degeneration of both eyes  
DJD (degenerative joint disease), lumbosacral  
Keratoconjunctivitis sicca not specified as Sjogren's  
History of colonic polyps  
Vitamin D deficiency  
Lateral epicondylitis  
Spinal stenosis of lumbar region  
NSAID long-term use

## **Chief Complaint 1- Pain**

Location - Left Arm

Frequency - daily

Duration - day(s)

Severity - moderate

Change - no change

Aggravated By - None

Relieved By - None

## **Associated Symptoms**

Redness

Swelling

Burning

## **Pertinent Negatives**

Tingling

Numbness

Itching

## **Comments**

SM MA

## **Nursing**

### **Medications (active prior to today)**

# Document note on 09/30/2019 1:30 PM for Neena L Weible

Patient: Weible , Neena

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Medication Name	Sig Desc	Start Date	Stop Date	Refilled	Elsewhere
Reglan 10 mg tablet	take 1 tablet by oral route 4 times every day 30 minutes before meals and at bedtime as needed	02/23/2018		02/23/2018	N
Lastacraft 0.25 % eye drops	instill 1 drop by ophthalmic route every day into affected eye(s)	02/23/2018		02/23/2018	N
Restasis 0.05 % eye drops in a dropperette	instill 1 drop by ophthalmic route every 12 hours into both eyes every day	02/23/2018		02/23/2018	N
LIQUID CALCIUM 600-VIT D3 BUCCAL lidocaine 5 % topical patch	15 ml orally twice daily apply 1 patch by transdermal route every day (May wear up to 12hours.)	02/23/2018		02/23/2018	N
Aspir-81 81 mg tablet,delayed release	take 1 tablet by oral route every day	02/23/2018		02/23/2018	N
Symbicort 160 mcg-4.5 mcg/actuation HFA aerosol inhaler	inhale 2 puff by inhalation route every day in the morning and evening	10/22/2018		10/22/2018	N
levothyroxine 50 mcg tablet	TAKE ONE TABLET BY MOUTH EVERY DAY	10/22/2018		10/22/2018	N
fluticasone 50 mcg/actuation nasal spray,suspension	spray 1 spray by intranasal route every day in each nostril	10/22/2018		10/22/2018	N
celecoxib 200 mg capsule	take 1 capsule by oral route every day as needed	01/31/2019		01/31/2019	N
Vitamin D2 50,000 unit capsule	TAKE ONE CAPSULE BY MOUTH EVERY TWO WEEKS	03/20/2019		03/20/2019	N
esomeprazole magnesium 40 mg capsule,delayed release	take 1 capsule by oral route every day	03/20/2019		03/20/2019	N
Tylenol-Codeine #4 300 mg-60 mg tablet	take 1 tablet by oral route every 8 hours as needed	03/26/2019		03/26/2019	N
lisinopril 20 mg tablet	take 1 Tablet by Oral route 2 times every week for blood pressure	04/30/2019		04/30/2019	N

## Medication Reconciliation

Medications reconciled today.

## Health Maintenance

The patient's health maintenance was reviewed today.

Physical Exam - 05/15/2014

BMP - 01/30/2019

Bone Density - 03/21/2018

Cartoid Doppler - 11/02/2016

# Document note on 09/30/2019 1:30 PM for Neena L Weible

Patient: Weible , Neena

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CBC - 09/30/2019  
Chemistry - 09/30/2019  
Chest X-Ray - 10/26/2016  
Colonoscopy - 07/21/2004  
CPK - 10/26/2016  
Creatinine - 09/30/2019  
CRP - 11/05/2018  
Dental Care - 01/05/2004  
Dilated Eye Exam - 10/17/2013  
Echocardiogram - 01/05/2017  
EGD - 07/21/2007  
EKG - 10/26/2016  
Eye Exam - 08/14/2014  
Flu Shot - 10/22/2018  
Hemoccult - 03/25/2010  
HFP - 01/30/2019  
HGB - 07/07/2016  
Lipids - 10/22/2018  
Mammogram - 03/22/2018  
Microalbumin - 09/30/2019  
PFT - 02/01/2016  
Pneumovax - 02/23/2018  
Breast Exam - 04/21/2009  
PT/INR - 09/27/2011  
Rectal Exam - 04/21/2009  
Stress Test - 01/22/2016  
Tetanus - 04/28/2014  
Thyroid Profile - 10/22/2018  
Urinalysis - 09/30/2019  
uTSH - 01/30/2019

## Patient's Preferred Specialists

Dental - Dr.Weaver

Gastroenterology - Dr.Holland

Ophthalmology - Dr.Mark Harmon

## Other Preferred Specialists

Dr Kumar, Rheumatology

## **Histories**

---

### **Past Medical History**

#### **PAST MEDICAL/SURGICAL HISTORY**

Disease/disorder	Onset Date	Management	Date
		Tonsillectomy	1983

# Document note on 09/30/2019 1:30 PM for Neena L Weible

Patient: Weible , Neena

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	Hysterectomy, partial	1980
	Appendectomy	1969
	Bladder suspension	1980
	Cholecystectomy	2005
Chickenpox W/spec		
Complication		
Concuss NOS		
Unspecified		
fx L Ankle & L upper fibu	2003	
fx L Wrist		
fx rt ankle	2003	
Measles W/o		
Complications		
Mumps W/o		
Complications		
Renal Failure Acute	2011	
Unspecifie		
strep infection / HA	2009	
Streptococcal		
Infection-multiple x/yr, age15-33		

## Social History

Ethnicity - Not Hispanic or Latino

Occupation - Retired RN

Sexuality - heterosexual

Marital Status - divorced

### Tobacco Use

Smoking status: Former smoker.

## TOBACCO CESSATION INFORMATION

Date	Tobacco Cessation Information
09/30/2019	Smoking effects education
09/30/2019	Smoking cessation education

### Alcohol Use

approximately 0.00 ounces/week.

approximately 0.00 ounces/week.

approximately 0.00 ounces/week.

### Caffeine

Approximately 1 cups/cans per day

## Family History

Relationship	Family Member Name	Deceased	Age at Death	Condition	Onset Age	Cause of Death
				Family history of Substance abuse		N
				Family history of Alcoholism		N
					N	
				Family history of		N

# Document note on 09/30/2019 1:30 PM for Neena L Weible

Patient: Weible , Neena

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		Depression		
		Family history of Diabetes mellitus type 2	N	
		No family history of Mental illness	N	
		Family history of Hypothyroidism	N	
		Family history of Hyperlipidemia	N	
		Family history of Hypertension	N	
Brother	Y	MI	54	N
Brother	Y	Diabetes,RA	54	N
Daughter	N	hyperlipidemia		N
Daughter	N	Diabetes mellitus		N
Father	Y	Congenital Liver Disease	62	N
Father	Y	Alcoholism,Cirrhosis	62	N
Grand daughter	N	Turner's Syndrome,MVP		N
Grand daughter	N	thyroid,GYN,HTN,re n		N
Maternal Grandfather	Y	MI	52	N
Maternal Grandfather	Y	Coronary artery disease	52	N
Maternal Grandmother	Y	Kidney CA	80	N
Maternal Grandmother	Y	Thyroid CA	80	N
Maternal Uncle	Y	Thyroid CA	52	N
Maternal Uncle	Y	Throat CA	52	N
Mother	N	HTN, COPD,		N
Mother	N	Depression		N
Sister	N	RA		N
Sister	N	Alcoholic Cirrhosis		N
Son	N	Ulcerative Colitis		N
Son	N	Gout		N

## Review of Systems

Source of Information

Patient

Patient's Stated Goal For This Visit

Get Better

## Allergies

Description

Onset

# Document note on 09/30/2019 1:30 PM for Neena L Weible

Patient: Weible , Neena

Visit Date: 09/30/19

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ACETAMINOPHEN

HYDROCODONE BITARTRATE

SIMVASTATIN

SULFAMETHOXAZOLE 04/06/2004

CEFTRIAXONE SODIUM 04/06/2004

LIDOCAINE 04/06/2004

TRIMETHOPRIM 04/06/2004

## **Constitutional**

Patient Denies

Malaise, Fatigue, Fever, Chills, Headache, Dizziness, Syncope,

## **Head/Neck**

Patient Denies

Headache, Head tenderness, Jaw pain, Swollen glands, Neck stiffness,

## **Cardiac**

Patient Denies

Nausea, Fatigue, Cough, PND, Nocturia, Syncope, Orthopnea,

## **Respiratory**

Patient Denies

Difficulty breathing at night, Cough, Chest pain, Choking/Gagging, Cold symptoms, Fever,

## **Gastrointestinal**

Patient Denies

Nausea, Vomiting, Hematemesis, Coffee ground emesis, Post tussive emesis, Constipation, Diarrhea,

## **Female Genitourinary**

Patient Confirms

Urge incontinence, Stress incontinence,

Last Menstrual Period - 01/01/1980

Patient Denies

Frequent UTIs, Foul smelling urine, Dark Urine, Sexually active, Suprapubic catheter,

## **Musculoskeletal**

Patient is right-handed.

## **Physical Exam**

### **Vital Signs**

HEIGHT

Time	ft	in	cm	Last Measured	Height Position	%
1:32 PM	5.0		152.40	02/23/2018	Standing	

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## WEIGHT/BSA/BMI

Time	lb	oz	kg	Context	%	BMI kg/m2	BSA m2
1:32 PM	174.50		79.152	dressed with shoes		34.08	1.83

## BLOOD PRESSURE

Time	BP mm/Hg	Position	Side	Site	Method	Cuff Size
1:32 PM	118/86	sitting	left	arm	manual	adult
Mid-Arm Circumference - 0.0 inches						

## TEMPERATURE/PULSE/RESPIRATION

Time	Temp F	Temp C	Temp Site	Pulse/min	Pattern	Resp/ min
1:32 PM	98.3	36.8	ear	95	regular	16

## PULSE OXIMETRY/FIO2

Time	Pulse Ox (Rest %)	Pulse Ox (Amb %)	O2 Sat	O2 LPM	Timing	FiO2 %	L/min	Delivery Method
1:32 PM	94		RA			21		

## PAIN SCALE

Time	Pain Score	Method
1:32 PM	5/10	Numeric Pain Intensity Scale

## MEASURED BY

Time	Measured by
1:32 PM	Shanice A. Merchant

Body Fat - 34.5 %

BMR - 1651 kcal/day

Protein Requirement - 95 grams/day

## Circumferences (Performed 09/30/2019)

Waist - 0.00 inches

Hips - 0.00 inches

Abdomen - 49 inches

Chest - 46.50 inches

Neck - 0.0 inches

## Constitutional

Level of Consciousness - Normal

Orientation - Normal

Level of Distress - Normal

Nourishment - mildly obese

Overall Appearance - Normal

## Eyes

General

Right - Normal

Left - Normal

# Document note on 09/30/2019 1:30 PM for Neena L Weible

Patient: Weible , Neena  
Visit Date: 09/30/19  
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## External

Right - Normal

Left - Normal

## Lid

Right - Normal

Left - Normal

Last Dilated Eye Exam - 10/17/2013

Last Eye Exam - 08/14/2014

## **Neck**

Inspection - Normal

Palpation - Normal

Lymph Nodes - Normal

Thyroid Gland - Normal

Auscultation - Normal

## **Respiratory**

Inspection - Normal

Auscultation - Normal

Cough - Absent

## **Cardiovascular**

Auscultation - Normal

Murmurs - Absent

Peripheral Edema - No

## **Musculoskeletal**

Overview - Normal

## **Neurological**

### Mental Status

Cognitive Abilities - Normal

Emotional Stability - Normal

### Sensory Function

Coordination - Normal

Fine Motor Skills - Normal

Balance and Gait - Normal

## **Integumentary**

Inspection - Cellulitis changes

### Lesion 1

Location - Arm, left

Color - red

# **Document note on 09/30/2019 1:30 PM for Neena L Weible**

Patient: Weible , Neena

Visit Date: 09/30/19

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## Comments

wrist to elbow erythema , warm to touch

## **Psychiatric**

### Mood

Mood - Euthymic

### Affect

Range - Normal

### Sensorium

Orientation

Level of Consciousness - Normal

Orientation - Normal

Level of Distress - Normal

Nourishment - mildly obese

Overall Appearance - Normal

## **Pain Assessment**

On a scale from 0 to 10, the patient reports a pain level of 5 (Moderate) today.

## **Screener and Opioid Assessment for Patients with Pain (SOAPP)**

### **Fall Risk Assessment**

Level of Consciousness/Mental Status - Alert

History of Falls in Past 3 Months - No falls

Ambulation/Elimination Status - Ambulatory/Continent

Vision Status (With or Without Glasses) - Adequate

Gait/Balance - Gait/Balance Normal

Medications - Takes 1-2 of these medications currently and/or within the last seven days

Anesthetics, Antihistamines, Antihypertensives, Antiseizure, Benzodiazepines, Cathartics, Diuretics, Hypoglycemics,

Narcotics, Psychotropics, Sedatives/ Hypnotics

Predisposing Diseases - None present

### **Total Fall Risk Score - 2**

A score above 10 indicates HIGH RISK.

For patients with a score above 10, steps should be taken to protect the patient from preventable falls.

## **Assessment**

Cellulitis of arm, left

Facet arthritis of cervical region

Facet arthritis of cervical region

Opioid use disorder

Body mass index (BMI) 34.0-34.9, adult

# Document note on 09/30/2019 1:30 PM for Neena L Weible

Patient: Weible , Neena

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## Chronic Conditions

Severe obesity  
Osteopenia after menopause  
Chronic GERD  
Opioid use disorder  
Body mass index (bmi) 34.0-34.9, adult  
Hx MRSA infection  
Panlobular emphysema  
Facet arthritis of cervical region  
Atherosclerotic heart disease of native coronary artery with angina pectoris  
Hyperparathyroidism  
Aortic atherosclerosis  
Keratoconjunctivitis sicca  
Benign essential hypertension  
Fredrickson type 2a hyperlipoproteinemia  
Hypothyroidism (acquired)  
CAD in native artery  
Stricture and stenosis of esophagus  
Osteoarthritis of hand  
Trochanteric bursitis of both hips  
Primary osteoarthritis of both knees  
Cervical spondylosis without myelopathy  
Lumbosacral spondylosis without myelopathy  
Dry eye syndrome of bilateral lacrimal glands  
Vitreous degeneration of both eyes  
DJD (degenerative joint disease), lumbosacral  
Keratoconjunctivitis sicca not specified as Sjogren's  
History of colonic polyps  
Vitamin D deficiency  
Lateral epicondylitis  
Spinal stenosis of lumbar region  
NSAID long-term use

## Framingham Cardiovascular Risk

10 Year CVD Risk - 7%

10 Year Stroke Risk - 6%

## Global Cardiovascular Risk Score

Current Score - 1.6 points

(A Global Cardiovascular Risk Score below 4 is desirable. Above 4, the patient is at increased risk of a cardiovascular event.)

## Plan

---

Current and previous labs reviewed

Plan was discussed with patient.

The patient indicates they agree with the discussed plan.

Lab as indicated

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Patient: Weible , Neena

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Schedule Ultrasound

Medication(s) Ordered

Medication side effects and benefits discussed

setma83\_hosp\_plan{Unexpected Value}

Patient given SETMA's LESS initiative.

## **Self-Management**

Excess body weight can negatively affect your health. As a patient, managing your weight is one of the best things you can do for your health. As determined by SETMA's LESS Initiative, your Body Mass Index (BMI) should be at or below 25.0 for optimal health.

As of today's visit, your BMI is 34.08 and IS NOT to goal.

Here are some of your recent BMI values so that you can see your progress in maintaining a healthy weight.

Date	Body Mass Index (BMI)	Status
01/30/2019	34.95	Overweight
11/05/2018	33.78	Overweight
10/22/2018	34.95	Overweight

## **Active Medications**

Start Date	Brand	Dose	Sig Desc
09/30/2019	LEVOFLOXACIN	500 mg	take 1 tablet by oral route every 24 hours
04/30/2019	LISINOPRIL	20 mg	take 1 Tablet by Oral route 2 times every week for blood pressure
03/26/2019	TYLENOL-CODEINE NO.4	300 mg-60 mg	take 1 tablet by oral route every 8 hours as needed
03/20/2019	VITAMIN D2	50,000 unit	TAKE ONE CAPSULE BY MOUTH EVERY TWO WEEKS
03/20/2019	ESOMEPRAZOLE MAGNESIUM	40 mg	take 1 capsule by oral route every day
01/31/2019	CELECOXIB	200 mg	take 1 capsule by oral route every day as needed
10/22/2018	SYMBICORT	160 mcg-4.5 mcg/actuation	inhale 2 puff by inhalation route every day in the morning and evening
10/22/2018	LEVOTHYROXINE SODIUM	50 mcg	TAKE ONE TABLET BY MOUTH EVERY DAY
10/22/2018	FLUTICASONE PROPIONATE	50 mcg/actuation	spray 1 spray by intranasal route every day in each nostril
02/23/2018	REGLAN	10 mg	take 1 tablet by oral route 4 times every day 30 minutes before meals and at bedtime as needed
02/23/2018	LASTACAFT	0.25 %	instill 1 drop by ophthalmic route every day into affected eye(s)
02/23/2018	RESTASIS	0.05 %	instill 1 drop by ophthalmic route every 12 hours into both eyes every day
02/23/2018	LIQUID CALCIUM 600-VIT D3		15 ml orally twice daily
02/23/2018	LIDOCAINE	5 %	apply 1 patch by transdermal route every day (May wear up to 12hours.)

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02/23/2018      ASPIR 81      81 mg      take 1 tablet by oral route every day

## **Disease Management Tools Accessed**

Hypertension

Lipids

Weight Management

## **Lab**

Bilirubin, Direct

CBC

CMP

ESR

Lipid Panel

Micral Strip

Urinalysis

Urine, Albumin/Creatinine Ratio

## **Diagnostics**

Status	Priority	Order
ordered	Stat	Ultrasound: left arm

## **Evaluation and Management**

99213 - Established Patient, Expanded Problem

## **Follow Up**

### Acute

Follow - up

4 day(s)

---

**Approved by Melissa N. Smith APRN    09/30/19**

09/30/2019 01:30 PM

# Document note on 09/30/2019 1:30 PM for Neena L Weible

Patient: Weible , Neena  
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2929 Calder, Suite 100

3570 College, Suite 200

2010 Dowlen

6510 Folsom

Lumberton - 137B LHS Drive

Nederland/Port Arthur - 2400 Highway 365, Suite 201

Orange - 610 Strickland Drive, Suite 140

(409) 833-9797

## Chart Note - 09/30/19 SETMA West

Patient	Neena Weible
Date of Birth	01/18/1952
Age	67 Years
Race	Declined to specify
Preferred Language	English
Sex	F
Visit Type	Acute
Medical Record	85682

### Acute Diagnoses

#### Status

Cellulitis of arm, left  
Facet arthritis of cervical region  
Facet arthritis of cervical region  
Opioid use disorder  
Body mass index (BMI) 34.0-34.9, adult

### Patient-Centered Medical Home: Patient's Stated Goal For This Visit

Get Better

### Chief Complaints

Pain

### Chronic Conditions

Severe obesity  
Osteopenia after menopause  
Chronic GERD  
Opioid use disorder  
Body mass index (bmi) 34.0-34.9, adult  
Hx MRSA infection

# Document note on 09/30/2019 1:30 PM for Neena L Weible

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Panlobular emphysema  
Facet arthritis of cervical region  
Atherosclerotic heart disease of native coronary artery with angina pectoris  
Hyperparathyroidism  
Aortic atherosclerosis  
Keratoconjunctivitis sicca  
Benign essential hypertension  
Fredrickson type 2a hyperlipoproteinemia  
Hypothyroidism (acquired)  
CAD in native artery  
Stricture and stenosis of esophagus  
Osteoarthritis of hand  
Trochanteric bursitis of both hips  
Primary osteoarthritis of both knees  
Cervical spondylosis without myelopathy  
Lumbosacral spondylosis without myelopathy  
Dry eye syndrome of bilateral lacrimal glands  
Vitreous degeneration of both eyes  
DJD (degenerative joint disease), lumbosacral  
Keratoconjunctivitis sicca not specified as Sjogren's  
History of colonic polyps  
Vitamin D deficiency  
Lateral epicondylitis  
Spinal stenosis of lumbar region  
NSAID long-term use

## **Chief Complaint 1- Pain**

Location - Left Arm

Frequency - daily

Duration - day(s)

Severity - moderate

Change - no change

Aggravated By - None

Relieved By - None

## Associated Symptoms

Redness

Swelling

Burning

## Pertinent Negatives

Tingling

Numbness

Itching

## Comments

SM MA

## **Nursing**

### **Medications (active prior to today)**

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Patient: Weible , Neena

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Medication Name	Sig Desc	Start Date	Stop Date	Refilled	Elsewhere
Reglan 10 mg tablet	take 1 tablet by oral route 4 times every day 30 minutes before meals and at bedtime as needed	02/23/2018		02/23/2018	N
Lastacraft 0.25 % eye drops	instill 1 drop by ophthalmic route every day into affected eye(s)	02/23/2018		02/23/2018	N
Restasis 0.05 % eye drops in a dropperette	instill 1 drop by ophthalmic route every 12 hours into both eyes every day	02/23/2018		02/23/2018	N
LIQUID CALCIUM 600-VIT D3 BUCCAL lidocaine 5 % topical patch	15 ml orally twice daily apply 1 patch by transdermal route every day (May wear up to 12hours.)	02/23/2018		02/23/2018	N
Aspir-81 81 mg tablet,delayed release	take 1 tablet by oral route every day	02/23/2018		02/23/2018	N
Symbicort 160 mcg-4.5 mcg/actuation HFA aerosol inhaler	inhale 2 puff by inhalation route every day in the morning and evening	10/22/2018		10/22/2018	N
levothyroxine 50 mcg tablet	TAKE ONE TABLET BY MOUTH EVERY DAY	10/22/2018		10/22/2018	N
fluticasone 50 mcg/actuation nasal spray,suspension	spray 1 spray by intranasal route every day in each nostril	10/22/2018		10/22/2018	N
celecoxib 200 mg capsule	take 1 capsule by oral route every day as needed	01/31/2019		01/31/2019	N
Vitamin D2 50,000 unit capsule	TAKE ONE CAPSULE BY MOUTH EVERY TWO WEEKS	03/20/2019		03/20/2019	N
esomeprazole magnesium 40 mg capsule,delayed release	take 1 capsule by oral route every day	03/20/2019		03/20/2019	N
Tylenol-Codeine #4 300 mg-60 mg tablet	take 1 tablet by oral route every 8 hours as needed	03/26/2019		03/26/2019	N
lisinopril 20 mg tablet	take 1 Tablet by Oral route 2 times every week for blood pressure	04/30/2019		04/30/2019	N

## Medication Reconciliation

Medications reconciled today.

## Health Maintenance

The patient's health maintenance was reviewed today.

Physical Exam - 05/15/2014

BMP - 01/30/2019

Bone Density - 03/21/2018

Cartoid Doppler - 11/02/2016

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CBC - 09/30/2019  
Chemistry - 09/30/2019  
Chest X-Ray - 10/26/2016  
Colonoscopy - 07/21/2004  
CPK - 10/26/2016  
Creatinine - 09/30/2019  
CRP - 11/05/2018  
Dental Care - 01/05/2004  
Dilated Eye Exam - 10/17/2013  
Echocardiogram - 01/05/2017  
EGD - 07/21/2007  
EKG - 10/26/2016  
Eye Exam - 08/14/2014  
Flu Shot - 10/22/2018  
Hemoccult - 03/25/2010  
HFP - 01/30/2019  
HGB - 07/07/2016  
Lipids - 10/22/2018  
Mammogram - 03/22/2018  
Microalbumin - 09/30/2019  
PFT - 02/01/2016  
Pneumovax - 02/23/2018  
Breast Exam - 04/21/2009  
PT/INR - 09/27/2011  
Rectal Exam - 04/21/2009  
Stress Test - 01/22/2016  
Tetanus - 04/28/2014  
Thyroid Profile - 10/22/2018  
Urinalysis - 09/30/2019  
uTSH - 01/30/2019

## Patient's Preferred Specialists

Dental - Dr.Weaver

Gastroenterology - Dr.Holland

Ophthalmology - Dr.Mark Harmon

## Other Preferred Specialists

Dr Kumar, Rheumatology

## **Histories**

---

### **Past Medical History**

#### **PAST MEDICAL/SURGICAL HISTORY**

Disease/disorder	Onset Date	Management	Date
		Tonsillectomy	1983

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	Hysterectomy, partial	1980
	Appendectomy	1969
	Bladder suspension	1980
	Cholecystectomy	2005
Chickenpox W/spec		
Complication		
Concuss NOS		
Unspecified		
fx L Ankle & L upper fibu	2003	
fx L Wrist		
fx rt ankle	2003	
Measles W/o		
Complications		
Mumps W/o		
Complications		
Renal Failure Acute	2011	
Unspecifie		
strep infection / HA	2009	
Streptococcal		
Infection-multiple x/yr, age15-33		

## Social History

Ethnicity - Not Hispanic or Latino

Occupation - Retired RN

Sexuality - heterosexual

Marital Status - divorced

### Tobacco Use

Smoking status: Former smoker.

## TOBACCO CESSATION INFORMATION

Date	Tobacco Cessation Information
09/30/2019	Smoking effects education
09/30/2019	Smoking cessation education

### Alcohol Use

approximately 0.00 ounces/week.

approximately 0.00 ounces/week.

approximately 0.00 ounces/week.

### Caffeine

Approximately 1 cups/cans per day

## Family History

Relationship	Family Member Name	Deceased	Age at Death	Condition	Onset Age	Cause of Death
				Family history of Substance abuse		N
				Family history of Alcoholism		N
						N
						N
				Family history of		N

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		Depression		
		Family history of Diabetes mellitus type 2	N	
		No family history of Mental illness	N	
		Family history of Hypothyroidism	N	
		Family history of Hyperlipidemia	N	
		Family history of Hypertension	N	
Brother	Y	MI	54	N
Brother	Y	Diabetes,RA	54	N
Daughter	N	hyperlipidemia		N
Daughter	N	Diabetes mellitus		N
Father	Y	Congenital Liver Disease	62	N
Father	Y	Alcoholism,Cirrhosis	62	N
Grand daughter	N	Turner's Syndrome,MVP		N
Grand daughter	N	thyroid,GYN,HTN,re n		N
Maternal Grandfather	Y	MI	52	N
Maternal Grandfather	Y	Coronary artery disease	52	N
Maternal Grandmother	Y	Kidney CA	80	N
Maternal Grandmother	Y	Thyroid CA	80	N
Maternal Uncle	Y	Thyroid CA	52	N
Maternal Uncle	Y	Throat CA	52	N
Mother	N	HTN, COPD,		N
Mother	N	Depression		N
Sister	N	RA		N
Sister	N	Alcoholic Cirrhosis		N
Son	N	Ulcerative Colitis		N
Son	N	Gout		N

## Review of Systems

Source of Information

Patient

Patient's Stated Goal For This Visit

Get Better

## Allergies

Description

Onset

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ACETAMINOPHEN

HYDROCODONE BITARTRATE

SIMVASTATIN

SULFAMETHOXAZOLE 04/06/2004

CEFTRIAXONE SODIUM 04/06/2004

LIDOCAINE 04/06/2004

TRIMETHOPRIM 04/06/2004

## **Constitutional**

Patient Denies

Malaise, Fatigue, Fever, Chills, Headache, Dizziness, Syncope,

## **Head/Neck**

Patient Denies

Headache, Head tenderness, Jaw pain, Swollen glands, Neck stiffness,

## **Cardiac**

Patient Denies

Nausea, Fatigue, Cough, PND, Nocturia, Syncope, Orthopnea,

## **Respiratory**

Patient Denies

Difficulty breathing at night, Cough, Chest pain, Choking/Gagging, Cold symptoms, Fever,

## **Gastrointestinal**

Patient Denies

Nausea, Vomiting, Hematemesis, Coffee ground emesis, Post tussive emesis, Constipation, Diarrhea,

## **Female Genitourinary**

Patient Confirms

Urge incontinence, Stress incontinence,

Last Menstrual Period - 01/01/1980

Patient Denies

Frequent UTIs, Foul smelling urine, Dark Urine, Sexually active, Suprapubic catheter,

## **Musculoskeletal**

Patient is right-handed.

## **Physical Exam**

### **Vital Signs**

HEIGHT

Time	ft	in	cm	Last Measured	Height Position	%
1:32 PM	5.0		152.40	02/23/2018	Standing	

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## WEIGHT/BSA/BMI

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## BLOOD PRESSURE

Time	BP mm/Hg	Position	Side	Site	Method	Cuff Size
1:32 PM	118/86	sitting	left	arm	manual	adult
Mid-Arm Circumference - 0.0 inches						

## TEMPERATURE/PULSE/RESPIRATION

Time	Temp F	Temp C	Temp Site	Pulse/min	Pattern	Resp/ min
1:32 PM	98.3	36.8	ear	95	regular	16

## PULSE OXIMETRY/FIO2

Time	Pulse Ox (Rest %)	Pulse Ox (Amb %)	O2 Sat	O2 LPM	Timing	FiO2 %	L/min	Delivery Method
1:32 PM	94		RA			21		

## PAIN SCALE

Time	Pain Score	Method
1:32 PM	5/10	Numeric Pain Intensity Scale

## MEASURED BY

Time	Measured by
1:32 PM	Shanice A. Merchant

Body Fat - 34.5 %

BMR - 1651 kcal/day

Protein Requirement - 95 grams/day

## Circumferences (Performed 09/30/2019)

Waist - 0.00 inches

Hips - 0.00 inches

Abdomen - 49 inches

Chest - 46.50 inches

Neck - 0.0 inches

## Constitutional

Level of Consciousness - Normal

Orientation - Normal

Level of Distress - Normal

Nourishment - mildly obese

Overall Appearance - Normal

## Eyes

General

Right - Normal

Left - Normal

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## External

Right - Normal

Left - Normal

## Lid

Right - Normal

Left - Normal

Last Dilated Eye Exam - 10/17/2013

Last Eye Exam - 08/14/2014

## **Neck**

Inspection - Normal

Palpation - Normal

Lymph Nodes - Normal

Thyroid Gland - Normal

Auscultation - Normal

## **Respiratory**

Inspection - Normal

Auscultation - Normal

Cough - Absent

## **Cardiovascular**

Auscultation - Normal

Murmurs - Absent

Peripheral Edema - No

## **Musculoskeletal**

Overview - Normal

## **Neurological**

### Mental Status

Cognitive Abilities - Normal

Emotional Stability - Normal

### Sensory Function

Coordination - Normal

Fine Motor Skills - Normal

Balance and Gait - Normal

## **Integumentary**

Inspection - Cellulitis changes

### Lesion 1

Location - Arm, left

Color - red

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## Comments

wrist to elbow erythema , warm to touch

## **Psychiatric**

### Mood

Mood - Euthymic

### Affect

Range - Normal

### Sensorium

Orientation

Level of Consciousness - Normal

Orientation - Normal

Level of Distress - Normal

Nourishment - mildly obese

Overall Appearance - Normal

## **Pain Assessment**

On a scale from 0 to 10, the patient reports a pain level of 5 (Moderate) today.

## **Screener and Opioid Assessment for Patients with Pain (SOAPP)**

### **Fall Risk Assessment**

Level of Consciousness/Mental Status - Alert

History of Falls in Past 3 Months - No falls

Ambulation/Elimination Status - Ambulatory/Continent

Vision Status (With or Without Glasses) - Adequate

Gait/Balance - Gait/Balance Normal

Medications - Takes 1-2 of these medications currently and/or within the last seven days

Anesthetics, Antihistamines, Antihypertensives, Antiseizure, Benzodiazepines, Cathartics, Diuretics, Hypoglycemics, Narcotics, Psychotropics, Sedatives/ Hypnotics

Predisposing Diseases - None present

### **Total Fall Risk Score - 2**

A score above 10 indicates HIGH RISK.

For patients with a score above 10, steps should be taken to protect the patient from preventable falls.

## **Assessment**

Cellulitis of arm, left

Facet arthritis of cervical region

Facet arthritis of cervical region

Opioid use disorder

Body mass index (BMI) 34.0-34.9, adult

# Document note on 09/30/2019 1:30 PM for Neena L Weible

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## Chronic Conditions

Severe obesity  
Osteopenia after menopause  
Chronic GERD  
Opioid use disorder  
Body mass index (bmi) 34.0-34.9, adult  
Hx MRSA infection  
Panlobular emphysema  
Facet arthritis of cervical region  
Atherosclerotic heart disease of native coronary artery with angina pectoris  
Hyperparathyroidism  
Aortic atherosclerosis  
Keratoconjunctivitis sicca  
Benign essential hypertension  
Fredrickson type 2a hyperlipoproteinemia  
Hypothyroidism (acquired)  
CAD in native artery  
Stricture and stenosis of esophagus  
Osteoarthritis of hand  
Trochanteric bursitis of both hips  
Primary osteoarthritis of both knees  
Cervical spondylosis without myelopathy  
Lumbosacral spondylosis without myelopathy  
Dry eye syndrome of bilateral lacrimal glands  
Vitreous degeneration of both eyes  
DJD (degenerative joint disease), lumbosacral  
Keratoconjunctivitis sicca not specified as Sjogren's  
History of colonic polyps  
Vitamin D deficiency  
Lateral epicondylitis  
Spinal stenosis of lumbar region  
NSAID long-term use

## Framingham Cardiovascular Risk

10 Year CVD Risk - 7%

10 Year Stroke Risk - 6%

## Global Cardiovascular Risk Score

Current Score - 1.6 points

(A Global Cardiovascular Risk Score below 4 is desirable. Above 4, the patient is at increased risk of a cardiovascular event.)

## Plan

---

Current and previous labs reviewed

Plan was discussed with patient.

The patient indicates they agree with the discussed plan.

Lab as indicated

# Document note on 09/30/2019 1:30 PM for Neena L Weible

Patient: Weible , Neena

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Schedule Ultrasound

Medication(s) Ordered

Medication side effects and benefits discussed

setma83\_hosp\_plan{Unexpected Value}

Patient given SETMA's LESS initiative.

## **Self-Management**

Excess body weight can negatively affect your health. As a patient, managing your weight is one of the best things you can do for your health. As determined by SETMA's LESS Initiative, your Body Mass Index (BMI) should be at or below 25.0 for optimal health.

As of today's visit, your BMI is 34.08 and IS NOT to goal.

Here are some of your recent BMI values so that you can see your progress in maintaining a healthy weight.

Date	Body Mass Index (BMI)	Status
01/30/2019	34.95	Overweight
11/05/2018	33.78	Overweight
10/22/2018	34.95	Overweight

## **Active Medications**

Start Date	Brand	Dose	Sig Desc
09/30/2019	LEVOFLOXACIN	500 mg	take 1 tablet by oral route every 24 hours
04/30/2019	LISINOPRIL	20 mg	take 1 Tablet by Oral route 2 times every week for blood pressure
03/26/2019	TYLENOL-CODEINE NO.4	300 mg-60 mg	take 1 tablet by oral route every 8 hours as needed
03/20/2019	VITAMIN D2	50,000 unit	TAKE ONE CAPSULE BY MOUTH EVERY TWO WEEKS
03/20/2019	ESOMEPRAZOLE MAGNESIUM	40 mg	take 1 capsule by oral route every day
01/31/2019	CELECOXIB	200 mg	take 1 capsule by oral route every day as needed
10/22/2018	SYMBICORT	160 mcg-4.5 mcg/actuation	inhale 2 puff by inhalation route every day in the morning and evening
10/22/2018	LEVOTHYROXINE SODIUM	50 mcg	TAKE ONE TABLET BY MOUTH EVERY DAY
10/22/2018	FLUTICASONE PROPIONATE	50 mcg/actuation	spray 1 spray by intranasal route every day in each nostril
02/23/2018	REGLAN	10 mg	take 1 tablet by oral route 4 times every day 30 minutes before meals and at bedtime as needed
02/23/2018	LASTACAFT	0.25 %	instill 1 drop by ophthalmic route every day into affected eye(s)
02/23/2018	RESTASIS	0.05 %	instill 1 drop by ophthalmic route every 12 hours into both eyes every day
02/23/2018	LIQUID CALCIUM 600-VIT D3		15 ml orally twice daily
02/23/2018	LIDOCAINE	5 %	apply 1 patch by transdermal route every day (May wear up to 12hours.)

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02/23/2018      ASPIR 81      81 mg      take 1 tablet by oral route every day

## **Disease Management Tools Accessed**

Hypertension

Lipids

Weight Management

## **Lab**

Bilirubin, Direct

CBC

CMP

ESR

Lipid Panel

Micral Strip

Urinalysis

Urine, Albumin/Creatinine Ratio

## **Diagnostics**

Status	Priority	Order
ordered	Stat	Ultrasound: left arm

## **Evaluation and Management**

99213 - Established Patient, Expanded Problem

## **Follow Up**

### Acute

Follow - up

4 day(s)

---

**Approved by Melissa N. Smith APRN    09/30/19**

09/30/2019 01:30 PM

# Document note on 01/30/2019 3:45 PM for Neena L Weible

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SETMA I - 2929 Calder, Suite 100

SETMA II - 3570 College, Suite 200

Mark Wilson Clinic - 2010 Dowlen

Lumberton - 137B LHS Drive

Nederland/Port Arthur - 2400 Highway 365, Suite 201

Orange - 610 Strickland Drive, Suite 140

(409) 833-9797

[www.setma.com](http://www.setma.com)

## Chart Note - 01/30/19 SETMA II

**Patient** Neena Weible  
**Date of Birth** 01/18/1952  
**Age** 67 Years  
**Race** Caucasian  
**Preferred Language** English  
**Sex** F  
**Visit Type** Office Visit  
**Medical Record** 85682

### Acute Diagnoses

	Status
Encounter for Medicare annual wellness exam	
Aortic atherosclerosis	
Cellulitis of left elbow	
Atherosclerosis of native coronary artery of native heart with angina pectoris	
Benign essential hypertension	
CAD in native artery	
Chronic GERD	
Fredrickson type 2a hyperlipoproteinemia	
Hyperparathyroidism	
Hypothyroidism (acquired)	
Keratoconjunctivitis sicca	
Osteopenia after menopause	
Panlobular emphysema	
Severe obesity	
Stricture and stenosis of esophagus	
Body mass index (BMI) 34.0-34.9, adult	

### Patient-Centered Medical Home: Patient's Stated Goal For This Visit

stay well

### Chief Complaints

CELLULITIS

# Document note on 01/30/2019 3:45 PM for Neena L Weible

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\* Thyroid Management

## **Chronic Conditions**

Severe obesity  
Osteopenia after menopause  
Chronic GERD  
Opioid use disorder  
Panlobular emphysema  
Facet arthritis of cervical region  
Atherosclerotic heart disease of native coronary artery with angina pectoris  
Hyperparathyroidism  
Aortic atherosclerosis  
Keratoconjunctivitis sicca  
Benign essential hypertension  
Fredrickson type 2a hyperlipoproteinemia  
Hypothyroidism (acquired)  
CAD in native artery  
Stricture and stenosis of esophagus  
Osteoarthritis of hand  
Trochanteric bursitis of both hips  
Primary osteoarthritis of both knees  
Cervical spondylosis without myelopathy  
Lumbosacral spondylosis without myelopathy  
Dry eye syndrome of bilateral lacrimal glands  
Vitreous degeneration of both eyes  
DJD (degenerative joint disease), lumbosacral  
Keratoconjunctivitis sicca not specified as Sjogren's  
History of colonic polyps  
Vitamin D deficiency  
MRSA infection  
Lateral epicondylitis  
Spinal stenosis of lumbar region  
NSAID long-term use

## **Chief Complaint 1- CELLULITIS**

Location - elbow, right

Quality - none

Frequency - persistently

Duration - 2 day(s)

Change - worse, gradually

Aggravated By - none

Relieved By - none

### Associated Symptoms

warm

### Pertinent Negatives

Drainage

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Fever

Injury

## Comments

ah ma

## **Chief Complaint 2 - \* Thyroid Management**

Quality - none

Frequency - persistently

Duration - year(s)

Severity - moderate

Change - no change

Context - none

Aggravated By - None

Relieved By - Medications

## Pertinent Negatives

Intolerance to Cold

Intolerance to Heat

Nervousness

## Comments

ah ma

## **Nursing**

### Medications (active prior to today)

Medication Name	Sig Desc	Start Date	Stop Date	Refilled	Elsewhere
esomeprazole	take 1 capsule by oral route	02/23/2018		02/23/2018	N
magnesium 40 mg capsule,delayed release	every day				
Reglan 10 mg tablet	take 1 tablet by oral route 4 times every day 30 minutes before meals and at bedtime as needed	02/23/2018		02/23/2018	N
Vitamin D2 50,000 unit capsule	TAKE ONE CAPSULE BY MOUTH EVERY TWO WEEKS	02/23/2018		02/23/2018	N
Lastacraft 0.25 % eye drops	instill 1 drop by ophthalmic route every day into affected eye(s)	02/23/2018		02/23/2018	N
Restasis 0.05 % eye drops in a dropperette	instill 1 drop by ophthalmic route every 12 hours into both eyes every day	02/23/2018		02/23/2018	N
LIQUID CALCIUM 600-VIT D3 BUCCAL	15 ml orally twice daily	02/23/2018		02/23/2018	N
lidocaine 5 % topical patch	apply 1 patch by transdermal route every day (May wear up to 12hours.)	02/23/2018		02/23/2018	N
Aspir-81 81 mg tablet,delayed release	take 1 tablet by oral route every day	02/23/2018		02/23/2018	N
Symbicort 160 mcg-4.5	inhale 2 puff by inhalation	10/22/2018		10/22/2018	N

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mcg/actuation HFA aerosol inhaler	route every day in the morning and evening				
levothyroxine 50 mcg tablet	TAKE ONE TABLET BY MOUTH EVERY DAY	10/22/2018	10/22/2018	N	
fluticasone 50 mcg/actuation nasal spray,suspension	spray 1 spray by intranasal route every day in each nostril	10/22/2018	10/22/2018	N	
cyanocobalamin (vit B-12) 1,000 mcg/mL injection solution	inject 1 Milliliter by Intramuscular route every 2 weeks	10/22/2018	06/20/2019	10/22/2018	N
lisinopril 20 mg tablet	take 1 Tablet by Oral route 2 times every week for blood pressure	11/02/2018	11/02/2018	N	
celecoxib 200 mg capsule	take 1 capsule by oral route every day as needed	01/07/2019	01/07/2019	N	
Tylenol-Codeine #4 300 mg-60 mg tablet	take 1 tablet by oral route every 8 hours as needed	01/21/2019	01/21/2019	N	

## Medication Reconciliation

Medications reconciled today.

## Medication Reviewed

Adherence	Medication Name	Sig Desc	Elsewhere	Status
taking as directed	esomeprazole magnesium 40 mg capsule,delayed release	take 1 capsule by oral route every day	N	Verified
taking as directed	Reglan 10 mg tablet	take 1 tablet by oral route 4 times every day 30 minutes before meals and at bedtime as needed	N	Verified
taking as directed	Vitamin D2 50,000 unit capsule	TAKE ONE CAPSULE BY MOUTH EVERY TWO WEEKS	N	Verified
taking as directed	Lastacraft 0.25 % eye drops	instill 1 drop by ophthalmic route every day into affected eye(s)	N	Verified
taking as directed	Restasis 0.05 % eye drops in a dropperette	instill 1 drop by ophthalmic route every 12 hours into both eyes every day	N	Verified
taking as directed	LIQUID CALCIUM 600-VIT D3 BUCCAL	15 ml orally twice daily	N	Verified
taking as directed	lidocaine 5 % topical patch	apply 1 patch by transdermal route every N day (May wear up to 12hours.)	N	Verified
taking as directed	Aspir-81 81 mg tablet,delayed release	take 1 tablet by oral route every day	N	Verified
taking as directed	Symbicort 160 mcg-4.5 mcg/actuation HFA aerosol inhaler	inhale 2 puff by inhalation route every day in the morning and evening	N	Verified
taking as directed	levothyroxine 50 mcg tablet	TAKE ONE TABLET BY MOUTH EVERY DAY	N	Verified
taking as directed	fluticasone 50 mcg/actuation nasal spray,suspension	spray 1 spray by intranasal route every day in each nostril	N	Verified
taking as directed	cyanocobalamin (vit B-12) 1,000 mcg/mL injection solution	inject 1 Milliliter by Intramuscular route every 2 weeks	N	Verified
taking as directed	lisinopril 20 mg tablet	take 1 Tablet by Oral route 2 times every week for blood pressure	N	Verified
taking as directed	celecoxib 200 mg capsule	take 1 capsule by oral route every day as	N	Verified

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taking as directed	Tylenol-Codeine #4 300 mg-60 mg tablet	needed take 1 tablet by oral route every 8 hours N	Verified
taking as directed	Levaquin 500 mg tablet	as needed take 1 tablet by oral route every 24 hours N	Verified

## Health Maintenance

The patient's health maintenance was reviewed today.

Physical Exam - 05/15/2014

BMP - 10/22/2018

Bone Density - 03/21/2018

Cartoid Doppler - 11/02/2016

CBC - 01/30/2019

Chemistry - 01/30/2019

Chest X-Ray - 10/26/2016

Colonoscopy - 07/21/2004

CPK - 10/26/2016

Creatinine - 01/30/2019

CRP - 11/05/2018

Dental Care - 01/05/2004

Dilated Eye Exam - 10/17/2013

Echocardiogram - 01/05/2017

EGD - 07/21/2007

EKG - 10/26/2016

Eye Exam - 08/14/2014

Flu Shot - 10/22/2018

Hemoccult - 03/25/2010

HFP - 10/22/2018

HGB - 07/07/2016

Lipids - 10/22/2018

Mammogram - 03/22/2018

Microalbumin - 05/30/2012

PFT - 02/01/2016

Pneumovax - 02/23/2018

Breast Exam - 04/21/2009

PT/INR - 09/27/2011

Rectal Exam - 04/21/2009

Stress Test - 01/22/2016

Tetanus - 04/28/2014

Thyroid Profile - 10/22/2018

Urinalysis - 10/22/2018

uTSH - 01/30/2019

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## Patient's Preferred Specialists

Dental - Dr.Weaver

Gastroenterology - Dr.Holland

Ophthalmology - Dr.Mark Harmon

## Other Preferred Specialists

Dr Kumar, Rheumatology

## Histories

---

### **Past Medical History**

#### **PAST MEDICAL/SURGICAL HISTORY**

Disease/disorder	Onset Date	Management	Date
		Tonsillectomy	1983
		Hysterectomy, partial	1980
		Appendectomy	1969
		Bladder suspension	1980
		Cholecystectomy	2005
Chickenpox W/spec			
Complication			
Concuss NOS			
Unspecified			
fx L Ankle & L upper fibu	2003		
fx L Wrist			
fx rt ankle	2003		
Measles W/o			
Complications			
Mumps W/o			
Complications			
Renal Failure Acute	2011		
Unspecifie			
strep infection / HA	2009		
Streptococcal			
Infection-multiple x/yr, age15-33			

### **Social History**

Ethnicity - Not Hispanic or Latino

Occupation - Retired RN

Sexuality - heterosexual

Marital Status - divorced

#### Tobacco Use

Smoking status: Former smoker.

### TOBACCO CESSATION INFORMATION

Date	Tobacco Cessation Information
01/30/2019	Smoking effects education
01/30/2019	Smoking cessation education

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## Alcohol Use

approximately 0.00 ounces/week.

approximately 0.00 ounces/week.

approximately 0.00 ounces/week.

## Caffeine

Approximately 1 cups/cans per day

## **Family History**

Relationship	Family Member Name	Deceased	Age at Death	Condition	Onset Age	Cause of Death
				Family history of Substance abuse		N
				Family history of Alcoholism		N
					N	
					N	
				Family history of Depression		N
				Family history of Diabetes mellitus type 2		N
				No family history of Mental illness		N
				Family history of Hypothyroidism		N
				Family history of Hyperlipidemia		N
				Family history of Hypertension		N
Brother		Y		MI	54	N
Brother		Y		Diabetes,RA	54	N
Daughter		N		hyperlipidemia		N
Daughter		N		Diabetes mellitus		N
Father		Y		Congenital Liver Disease	62	N
Father		Y		Alcoholism,Cirrhosis	62	N
Grand daughter		N		Turner's Syndrome,MVP		N
Grand daughter		N		thyroid,GYN,HTN,re n		N
Maternal Grandfather		Y		MI	52	N
Maternal Grandfather		Y		Coronary artery disease	52	N
Maternal Grandmother		Y		Kidney CA	80	N
Maternal Grandmother		Y		Thyroid CA	80	N
Maternal Uncle		Y		Thyroid CA	52	N
Maternal Uncle		Y		Throat CA	52	N

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Mother	N	HTN, COPD,	N
Mother	N	Depression	N
Sister	N	RA	N
Sister	N	Alcoholic Cirrhosis	N
Son	N	Ulcerative Colitis	N
Son	N	Gout	N

## Review of Systems

### Source of Information

Patient

### Patient's Stated Goal For This Visit

stay well

### Allergies

Description	Onset
ACETAMINOPHEN	
HYDROCODONE BITARTRATE	
SIMVASTATIN	
SULFAMETHOXAZOLE	04/06/2004
CEFTRIAXONE SODIUM	04/06/2004
LIDOCAINE	04/06/2004
TRIMETHOPRIM	04/06/2004

### Constitutional

#### Patient Denies

Malaise, Fatigue, Fever, Chills, Headache, Shortness of breath, Flu-like symptoms,

### Eyes

#### Visual Acuity (with glasses)

Last Eye Exam - 08/14/2014

Last Dilated Eye Exam - 10/17/2013

#### Patient Denies

Blurred vision, Faded vision,

### Head/Neck

#### Patient Denies

Headache,

### Nose

#### Patient Denies

Sneezing,

### Cardiac

#### Patient Denies

Chest pain at rest, Chest pain with exertion, Chest pressure, Palpitations, Tachycardia, Irregular heart beat, Dyspnea, Nausea, Fatigue, Cough,

### Respiratory

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## Patient Denies

Cough, Cold symptoms, Fever, Shortness of breath, Sneezing,

## Gastrointestinal

### Patient Denies

Nausea, Vomiting, Abdominal pain,

## Female Genitourinary

### Patient Confirms

Urge incontinence, Stress incontinence,

Last Menstrual Period - 01/01/1980

### Patient Denies

Hematuria, Pyuria, Oliguria, Sexually active,

## Musculoskeletal

Patient is right-handed.

### Patient Denies

Joint swelling, Joint stiffness, Muscle aches,

## Integumentary

### Patient Confirms

Redness, Intact, Rash, Warm/Dry

### Patient Denies

Pruritis, Bruises, Tightness, Lesions,

## Endocrine

### Patient Confirms

Thyroid medications,

### Patient Denies

Intolerance to cold, Intolerance to heat, Nervousness, Nausea,

## Physical Exam

### Vital Signs

#### HEIGHT

Time	ft	in	cm	Last Measured	Height Position	%
4:03 PM	5.0		152.40	02/23/2018	Standing	

#### WEIGHT/BSA/BMI

Time	lb	oz	kg	Context	%	BMI kg/m2	BSA m2
4:03 PM	179.00		81.193	dressed with shoes		34.95	1.85

#### BLOOD PRESSURE

Time	BP mm/Hg	Position	Side	Site	Method	Cuff Size
4:03 PM	120/82	sitting	right	Page 127 of 150	manual	adult

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Mid-Arm Circumference - 0.0 inches

## TEMPERATURE/PULSE/RESPIRATION

Time	Temp F	Temp C	Temp Site	Pulse/min	Pattern	Resp/ min
4:03 PM				69	regular	18

## PULSE OXIMETRY/FIO2

Time	Pulse Ox (Rest %)	Pulse Ox (Amb %)	O2 Sat	O2 LPM	Timing	FiO2 %	L/min	Delivery Method
4:03 PM	94			RA		21		

## MEASURED BY

Time	Measured by
4:03 PM	Angela D. Harrison

Body Fat - 34.5 %

Protein Requirement - 97 grams/day

## Circumferences (Performed 01/30/2019)

Waist - 0.00 inches  
Hips - 0.00 inches  
Abdomen - 49 inches  
Chest - 46.50 inches  
Neck - 0.0 inches

## Constitutional

Level of Consciousness - Normal  
Orientation - Normal  
Level of Distress - Normal  
Overall Appearance - Normal

## Respiratory

Inspection - Normal  
Auscultation - Normal  
Cough - Absent

## Cardiovascular

Auscultation - Normal  
Murmurs - Absent  
Peripheral Edema - No

## Abdomen

Inspection - Normal  
Auscultation - Normal  
Palpation - Normal

## Neurological

Mental Status

# Document note on 01/30/2019 3:45 PM for Neena L Weible

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Cognitive Abilities - Normal

Emotional Stability - Normal

## Sensory Function

Balance and Gait - Normal

## Integumentary

### Lesion 1

Location - elbow, left

Type - cellulitis

Color - red

Arrangement - grouped

## Screener and Opioid Assessment for Patients with Pain (SOAPP)

### Latest Lab Results

<b>CBC</b>	<b>Value</b>	<b>Date</b>	<b>Normal Range</b>
WBC	6.4 $\times 10^3/\mu\text{L}$	01/30/2019	3.7-10.1 $\times 10^3/\mu\text{L}$
HGB	12.4 g/dL	01/30/2019	11.5-15.0 g/dL
HCT	39.7 %	01/30/2019	34.5-45.0 %
PLT	276 $10^3/\mu\text{L}$	01/30/2019	155-400 $10^3/\mu\text{L}$
RBC	4.58 $10^6/\mu\text{L}$	01/30/2019	3.80-4.70 $10^6/\mu\text{L}$
MCV	87.0 fl	01/30/2019	81-96 fl
MCH	27.2 pg	01/30/2019	27.0-32.0 pg
MCHC	31.3 g/dL	01/30/2019	31.8-35.4 g/dL
Lymph#	1.6 $10^3/\mu\text{L}$	01/30/2019	1.1-3.0 $10^3/\mu\text{L}$
Lymph%	25.6 %	01/30/2019	18.0-48.3 %
Eos#	0.2 $10^3/\mu\text{L}$	01/30/2019	0.0-0.4 %
Eos%	2.8 2.8	01/30/2019	0.6-7.3 %

<b>Urinalysis</b>	10/22/2018
Color	COLORLESS
Clarity	Clear
pH	7.00
Spec Grav	1.010
Glucose	Negative
URO	
Ketones	Negative
Leukocytes	Negative
Nitrates	Negative
Bilirubin	Negative
Blood	Negative
Protein	Negative

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BMP	Value	Date
Na	145 mmol/L	01/30/2019
K	4.4 mmol/L	01/30/2019
Chloride	106 mmol/L	01/30/2019
CO2	28 mmol/L	01/30/2019
Glucose	89 mg/dL	01/30/2019
BUN	15 mg/dL	01/30/2019
Creatinine	0.8 mg/dL	01/30/2019
Ca	9.5	01/30/2019

## CMP

ALB	3.8 g/dL	01/30/2019
AST	25 u/L	01/30/2019
ALT	31 u/L	01/30/2019
ALP	118 u/L	01/30/2019
BILI-D	0.0 mg/dL	01/30/2019
BILI-T	0.2 mg/dL	01/30/2019
TP	7.2 g/dL	01/30/2019

## Thyroid

T3	1.40 ng/mL	10/22/2018
T4	11.50 ng/dL	10/22/2018
TSH	0.72 ulu/mL	10/22/2018

## Lipids Result

	Date	Normal Range
Cholesterol	219 mg/dL	<175 mg/dL
HDL	62 mg/dL	>50 mg/dL
CHOL/HDL Ratio	3.50	<4.2 NA
LDL	132 NA	<100 NA
Triglycerides	126 mg/dL	<150 mg/dL

## Occult Blood

OB	Negative	03/25/2010
OB2	Negative	03/25/2010
OB3	Negative	03/25/2010

## Other

Amylase	41 u/L	08/19/2010
Lipase	108 u/L	08/19/2010
PT	11.9 seconds	09/27/2011
INR	0	09/27/2011
Ferritin	20 ng/mL	04/11/2014
Iron	55 ug/dL	11/09/2011
Glyco Hemoglobin	5.8 %	07/07/2016

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BNP	14.00 pg/mL	10/26/2016
CPK	116 u/L	10/26/2016
Troponin	0.00 ng/dL	08/19/2010
B12	472.00 pg/mL	10/22/2018
ESR	18 mm/hr	11/05/2018
Magnesium	1.9 mg/dL	10/26/2016
Micral Strip	Negative	04/11/2014
Uric Acid	6.5 mg/dL	07/23/2012

## **Fall Risk Assessment**

Level of Consciousness/Mental Status - Alert

History of Falls in Past 3 Months - No falls

Ambulation/Elimination Status - Ambulatory/Continent

Vision Status (With or Without Glasses) - Adequate

Gait/Balance - Gait/Balance Normal

Medications - Takes 1-2 of these medications currently and/or within the last seven days

Anesthetics, Antihistamines, Antihypertensives, Antiseizure, Benzodiazepines, Cathartics, Diuretics, Hypoglycemics,

Narcotics, Psychotropics, Sedatives/ Hypnotics

Predisposing Diseases - None present

## **Total Fall Risk Score - 2**

A score above 10 indicates HIGH RISK.

For patients with a score above 10, steps should be taken to protect the patient from preventable falls.

## **Assessment**

Encounter for Medicare annual wellness exam

Aortic atherosclerosis

Cellulitis of left elbow

Atherosclerosis of native coronary artery of native heart with angina pectoris

Benign essential hypertension

CAD in native artery

Chronic GERD

Fredrickson type 2a hyperlipoproteinemia

Hyperparathyroidism

Hypothyroidism (acquired)

Keratoconjunctivitis sicca

Osteopenia after menopause

Panlobular emphysema

Severe obesity

Stricture and stenosis of esophagus

Body mass index (BMI) 34.0-34.9, adult

## **Chronic Conditions**

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Severe obesity  
Osteopenia after menopause  
Chronic GERD  
Opioid use disorder  
Panlobular emphysema  
Facet arthritis of cervical region  
Atherosclerotic heart disease of native coronary artery with angina pectoris  
Hyperparathyroidism  
Aortic atherosclerosis  
Keratoconjunctivitis sicca  
Benign essential hypertension  
Fredrickson type 2a hyperlipoproteinemia  
Hypothyroidism (acquired)  
CAD in native artery  
Stricture and stenosis of esophagus  
Osteoarthritis of hand  
Trochanteric bursitis of both hips  
Primary osteoarthritis of both knees  
Cervical spondylosis without myelopathy  
Lumbosacral spondylosis without myelopathy  
Dry eye syndrome of bilateral lacrimal glands  
Vitreous degeneration of both eyes  
DJD (degenerative joint disease), lumbosacral  
Keratoconjunctivitis sicca not specified as Sjogren's  
History of colonic polyps  
Vitamin D deficiency  
MRSA infection  
Lateral epicondylitis  
Spinal stenosis of lumbar region  
NSAID long-term use

## Framingham Cardiovascular Risk

10 Year CVD Risk - 7%

10 Year Stroke Risk - 4%

## Global Cardiovascular Risk Score

Current Score - 2.8 points

(A Global Cardiovascular Risk Score below 4 is desirable. Above 4, the patient is at increased risk of a cardiovascular event.)

## Plan

Current and previous labs reviewed

Plan was discussed with patient.

The patient indicates they agree with the discussed plan.

Follow-Up Visit

Medication(s) Ordered

Medications reviewed

Continue current medications & therapy

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Lab as indicated

setma83\_hosp\_plan{Unexpected Value}

## Active Medications

Start Date	Brand	Dose	Sig Desc
01/30/2019	LEVAQUIN	500 mg	take 1 tablet by oral route every 24 hours
01/21/2019	TYLENOL-CODEINE NO.4	300 mg-60 mg	take 1 tablet by oral route every 8 hours as needed
01/07/2019	CELECOXIB	200 mg	take 1 capsule by oral route every day as needed
11/02/2018	LISINOPRIL	20 mg	take 1 Tablet by Oral route 2 times every week for blood pressure
10/22/2018	SYMBICORT	160 mcg-4.5 mcg/actuation	inhale 2 puff by inhalation route every day in the morning and evening
10/22/2018	LEVOTHYROXINE SODIUM	50 mcg	TAKE ONE TABLET BY MOUTH EVERY DAY
10/22/2018	FLUTICASONE PROPIONATE	50 mcg/actuation	spray 1 spray by intranasal route every day in each nostril
10/22/2018	CYANOCOBALAMIN INJECTION	1,000 mcg/mL	inject 1 Milliliter by Intramuscular route every 2 weeks
02/23/2018	ESOMEPRAZOLE MAGNESIUM	40 mg	take 1 capsule by oral route every day
02/23/2018	REGLAN	10 mg	take 1 tablet by oral route 4 times every day 30 minutes before meals and at bedtime as needed
02/23/2018	VITAMIN D2	50,000 unit	TAKE ONE CAPSULE BY MOUTH EVERY TWO WEEKS
02/23/2018	LASTACRAFT	0.25 %	instill 1 drop by ophthalmic route every day into affected eye(s)
02/23/2018	RESTASIS	0.05 %	instill 1 drop by ophthalmic route every 12 hours into both eyes every day
02/23/2018	LIQUID CALCIUM 600-VIT D3		15 ml orally twice daily
02/23/2018	LIDOCAINE	5 %	apply 1 patch by transdermal route every day (May wear up to 12hours.)
02/23/2018	ASPIR 81	81 mg	take 1 tablet by oral route every day

## Disease Management Tools Accessed

Hypertension

Lipids

## Lab

Bilirubin, Direct

CBC

CMP

PTH

uTSH

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## **Evaluation and Management**

99213 - Established Patient, Expanded Problem

G0439 - Annual Wellness Visit, Subsequent (Medicare)

## **Follow Up**

Acute

Follow - up

4 month(s)

---

**Approved by Jeffrey S. Anthony APRN    01/30/19**

Southeast Texas Medical Associates, LLP

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SETMA I - 2929 Calder, Suite 100

SETMA II - 3570 College, Suite 200

Mark Wilson Clinic - 2010 Dowlen

Lumberton - 137B LHS Drive

Nederland/Port Arthur - 2400 Highway 365, Suite 201

Orange - 610 Strickland Drive, Suite 140

(409) 833-9797

[www.setma.com](http://www.setma.com)

## Chart Note - 01/30/19 SETMA II

**Patient** Neena Weible  
**Date of Birth** 01/18/1952  
**Age** 67 Years  
**Race** Caucasian  
**Preferred Language** English  
**Sex** F  
**Visit Type** Office Visit  
**Medical Record** 85682

### Acute Diagnoses

	Status
Encounter for Medicare annual wellness exam	
Aortic atherosclerosis	
Cellulitis of left elbow	
Atherosclerosis of native coronary artery of native heart with angina pectoris	
Benign essential hypertension	
CAD in native artery	
Chronic GERD	
Fredrickson type 2a hyperlipoproteinemia	
Hyperparathyroidism	
Hypothyroidism (acquired)	
Keratoconjunctivitis sicca	
Osteopenia after menopause	
Panlobular emphysema	
Severe obesity	
Stricture and stenosis of esophagus	
Body mass index (BMI) 34.0-34.9, adult	

### Patient-Centered Medical Home: Patient's Stated Goal For This Visit

stay well

### Chief Complaints

CELLULITIS

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\* Thyroid Management

## **Chronic Conditions**

Severe obesity  
Osteopenia after menopause  
Chronic GERD  
Opioid use disorder  
Panlobular emphysema  
Facet arthritis of cervical region  
Atherosclerotic heart disease of native coronary artery with angina pectoris  
Hyperparathyroidism  
Aortic atherosclerosis  
Keratoconjunctivitis sicca  
Benign essential hypertension  
Fredrickson type 2a hyperlipoproteinemia  
Hypothyroidism (acquired)  
CAD in native artery  
Stricture and stenosis of esophagus  
Osteoarthritis of hand  
Trochanteric bursitis of both hips  
Primary osteoarthritis of both knees  
Cervical spondylosis without myelopathy  
Lumbosacral spondylosis without myelopathy  
Dry eye syndrome of bilateral lacrimal glands  
Vitreous degeneration of both eyes  
DJD (degenerative joint disease), lumbosacral  
Keratoconjunctivitis sicca not specified as Sjogren's  
History of colonic polyps  
Vitamin D deficiency  
MRSA infection  
Lateral epicondylitis  
Spinal stenosis of lumbar region  
NSAID long-term use

## **Chief Complaint 1- CELLULITIS**

Location - elbow, right

Quality - none

Frequency - persistently

Duration - 2 day(s)

Change - worse, gradually

Aggravated By - none

Relieved By - none

### Associated Symptoms

warm

### Pertinent Negatives

Drainage

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Fever

Injury

## Comments

ah ma

## **Chief Complaint 2 - \* Thyroid Management**

Quality - none

Frequency - persistently

Duration - year(s)

Severity - moderate

Change - no change

Context - none

Aggravated By - None

Relieved By - Medications

## Pertinent Negatives

Intolerance to Cold

Intolerance to Heat

Nervousness

## Comments

ah ma

## **Nursing**

### Medications (active prior to today)

Medication Name	Sig Desc	Start Date	Stop Date	Refilled	Elsewhere
esomeprazole	take 1 capsule by oral route	02/23/2018		02/23/2018	N
magnesium 40 mg capsule,delayed release	every day				
Reglan 10 mg tablet	take 1 tablet by oral route 4 times every day 30 minutes before meals and at bedtime as needed	02/23/2018		02/23/2018	N
Vitamin D2 50,000 unit capsule	TAKE ONE CAPSULE BY MOUTH EVERY TWO WEEKS	02/23/2018		02/23/2018	N
Lastacraft 0.25 % eye drops	instill 1 drop by ophthalmic route every day into affected eye(s)	02/23/2018		02/23/2018	N
Restasis 0.05 % eye drops in a dropperette	instill 1 drop by ophthalmic route every 12 hours into both eyes every day	02/23/2018		02/23/2018	N
LIQUID CALCIUM 600-VIT D3 BUCCAL	15 ml orally twice daily	02/23/2018		02/23/2018	N
lidocaine 5 % topical patch	apply 1 patch by transdermal route every day (May wear up to 12hours.)	02/23/2018		02/23/2018	N
Aspir-81 81 mg tablet,delayed release	take 1 tablet by oral route every day	02/23/2018		02/23/2018	N
Symbicort 160 mcg-4.5	inhale 2 puff by inhalation	1/27/2018		10/22/2018	N

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mcg/actuation HFA aerosol inhaler	route every day in the morning and evening				
levothyroxine 50 mcg tablet	TAKE ONE TABLET BY MOUTH EVERY DAY	10/22/2018	10/22/2018	N	
fluticasone 50 mcg/actuation nasal spray,suspension	spray 1 spray by intranasal route every day in each nostril	10/22/2018	10/22/2018	N	
cyanocobalamin (vit B-12) 1,000 mcg/mL injection solution	inject 1 Milliliter by Intramuscular route every 2 weeks	10/22/2018	06/20/2019	10/22/2018	N
lisinopril 20 mg tablet	take 1 Tablet by Oral route 2 times every week for blood pressure	11/02/2018	11/02/2018	N	
celecoxib 200 mg capsule	take 1 capsule by oral route every day as needed	01/07/2019	01/07/2019	N	
Tylenol-Codeine #4 300 mg-60 mg tablet	take 1 tablet by oral route every 8 hours as needed	01/21/2019	01/21/2019	N	

## Medication Reconciliation

Medications reconciled today.

## Medication Reviewed

Adherence	Medication Name	Sig Desc	Elsewhere	Status
taking as directed	esomeprazole magnesium 40 mg capsule,delayed release	take 1 capsule by oral route every day	N	Verified
taking as directed	Reglan 10 mg tablet	take 1 tablet by oral route 4 times every day 30 minutes before meals and at bedtime as needed	N	Verified
taking as directed	Vitamin D2 50,000 unit capsule	TAKE ONE CAPSULE BY MOUTH EVERY TWO WEEKS	N	Verified
taking as directed	Lastacraft 0.25 % eye drops	instill 1 drop by ophthalmic route every day into affected eye(s)	N	Verified
taking as directed	Restasis 0.05 % eye drops in a dropperette	instill 1 drop by ophthalmic route every 12 hours into both eyes every day	N	Verified
taking as directed	LIQUID CALCIUM 600-VIT D3 BUCCAL	15 ml orally twice daily	N	Verified
taking as directed	lidocaine 5 % topical patch	apply 1 patch by transdermal route every N day (May wear up to 12hours.)	N	Verified
taking as directed	Aspir-81 81 mg tablet,delayed release	take 1 tablet by oral route every day	N	Verified
taking as directed	Symbicort 160 mcg-4.5 mcg/actuation HFA aerosol inhaler	inhale 2 puff by inhalation route every day in the morning and evening	N	Verified
taking as directed	levothyroxine 50 mcg tablet	TAKE ONE TABLET BY MOUTH EVERY DAY	N	Verified
taking as directed	fluticasone 50 mcg/actuation nasal spray,suspension	spray 1 spray by intranasal route every day in each nostril	N	Verified
taking as directed	cyanocobalamin (vit B-12) 1,000 mcg/mL injection solution	inject 1 Milliliter by Intramuscular route every 2 weeks	N	Verified
taking as directed	lisinopril 20 mg tablet	take 1 Tablet by Oral route 2 times every week for blood pressure	N	Verified
taking as directed	celecoxib 200 mg capsule	take 1 capsule by oral route every day as	N	Verified

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taking as directed	Tylenol-Codeine #4 300 mg-60 mg tablet	needed take 1 tablet by oral route every 8 hours N	Verified
taking as directed	Levaquin 500 mg tablet	as needed take 1 tablet by oral route every 24 hours N	Verified

## Health Maintenance

The patient's health maintenance was reviewed today.

Physical Exam - 05/15/2014

BMP - 10/22/2018

Bone Density - 03/21/2018

Cartoid Doppler - 11/02/2016

CBC - 01/30/2019

Chemistry - 01/30/2019

Chest X-Ray - 10/26/2016

Colonoscopy - 07/21/2004

CPK - 10/26/2016

Creatinine - 01/30/2019

CRP - 11/05/2018

Dental Care - 01/05/2004

Dilated Eye Exam - 10/17/2013

Echocardiogram - 01/05/2017

EGD - 07/21/2007

EKG - 10/26/2016

Eye Exam - 08/14/2014

Flu Shot - 10/22/2018

Hemoccult - 03/25/2010

HFP - 10/22/2018

HGB - 07/07/2016

Lipids - 10/22/2018

Mammogram - 03/22/2018

Microalbumin - 05/30/2012

PFT - 02/01/2016

Pneumovax - 02/23/2018

Breast Exam - 04/21/2009

PT/INR - 09/27/2011

Rectal Exam - 04/21/2009

Stress Test - 01/22/2016

Tetanus - 04/28/2014

Thyroid Profile - 10/22/2018

Urinalysis - 10/22/2018

uTSH - 01/30/2019

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## Patient's Preferred Specialists

Dental - Dr.Weaver

Gastroenterology - Dr.Holland

Ophthalmology - Dr.Mark Harmon

## Other Preferred Specialists

Dr Kumar, Rheumatology

## Histories

---

### **Past Medical History**

#### **PAST MEDICAL/SURGICAL HISTORY**

Disease/disorder	Onset Date	Management	Date
		Tonsillectomy	1983
		Hysterectomy, partial	1980
		Appendectomy	1969
		Bladder suspension	1980
		Cholecystectomy	2005
Chickenpox W/spec			
Complication			
Concuss NOS			
Unspecified			
fx L Ankle & L upper fibu	2003		
fx L Wrist			
fx rt ankle	2003		
Measles W/o			
Complications			
Mumps W/o			
Complications			
Renal Failure Acute	2011		
Unspecifie			
strep infection / HA	2009		
Streptococcal			
Infection-multiple x/yr, age15-33			

### **Social History**

Ethnicity - Not Hispanic or Latino

Occupation - Retired RN

Sexuality - heterosexual

Marital Status - divorced

#### Tobacco Use

Smoking status: Former smoker.

### TOBACCO CESSATION INFORMATION

Date	Tobacco Cessation Information
01/30/2019	Smoking effects education
01/30/2019	Smoking cessation education

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## Alcohol Use

approximately 0.00 ounces/week.  
approximately 0.00 ounces/week.  
approximately 0.00 ounces/week.

## Caffeine

Approximately 1 cups/cans per day

## **Family History**

Relationship	Family Member Name	Deceased	Age at Death	Condition	Onset Age	Cause of Death
				Family history of Substance abuse		N
				Family history of Alcoholism		N
					N	
					N	
				Family history of Depression		N
				Family history of Diabetes mellitus type 2		N
				No family history of Mental illness		N
				Family history of Hypothyroidism		N
				Family history of Hyperlipidemia		N
				Family history of Hypertension		N
Brother		Y		MI	54	N
Brother		Y		Diabetes,RA	54	N
Daughter		N		hyperlipidemia		N
Daughter		N		Diabetes mellitus		N
Father		Y		Congenital Liver Disease	62	N
Father		Y		Alcoholism,Cirrhosis	62	N
Grand daughter		N		Turner's Syndrome,MVP		N
Grand daughter		N		thyroid,GYN,HTN,re n		N
Maternal Grandfather		Y		MI	52	N
Maternal Grandfather		Y		Coronary artery disease	52	N
Maternal Grandmother		Y		Kidney CA	80	N
Maternal Grandmother		Y		Thyroid CA	80	N
Maternal Uncle		Y		Thyroid CA	52	N
Maternal Uncle		Y		Throat CA	52	N

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Mother	N	HTN, COPD,	N
Mother	N	Depression	N
Sister	N	RA	N
Sister	N	Alcoholic Cirrhosis	N
Son	N	Ulcerative Colitis	N
Son	N	Gout	N

## Review of Systems

### Source of Information

Patient

### Patient's Stated Goal For This Visit

stay well

### Allergies

Description	Onset
ACETAMINOPHEN	
HYDROCODONE BITARTRATE	
SIMVASTATIN	
SULFAMETHOXAZOLE	04/06/2004
CEFTRIAXONE SODIUM	04/06/2004
LIDOCAINE	04/06/2004
TRIMETHOPRIM	04/06/2004

### Constitutional

#### Patient Denies

Malaise, Fatigue, Fever, Chills, Headache, Shortness of breath, Flu-like symptoms,

### Eyes

#### Visual Acuity (with glasses)

Last Eye Exam - 08/14/2014

Last Dilated Eye Exam - 10/17/2013

#### Patient Denies

Blurred vision, Faded vision,

### Head/Neck

#### Patient Denies

Headache,

### Nose

#### Patient Denies

Sneezing,

### Cardiac

#### Patient Denies

Chest pain at rest, Chest pain with exertion, Chest pressure, Palpitations, Tachycardia, Irregular heart beat, Dyspnea, Nausea, Fatigue, Cough,

### Respiratory

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## Patient Denies

Cough, Cold symptoms, Fever, Shortness of breath, Sneezing,

## Gastrointestinal

### Patient Denies

Nausea, Vomiting, Abdominal pain,

## Female Genitourinary

### Patient Confirms

Urge incontinence, Stress incontinence,

Last Menstrual Period - 01/01/1980

### Patient Denies

Hematuria, Pyuria, Oliguria, Sexually active,

## Musculoskeletal

Patient is right-handed.

### Patient Denies

Joint swelling, Joint stiffness, Muscle aches,

## Integumentary

### Patient Confirms

Redness, Intact, Rash, Warm/Dry

### Patient Denies

Pruritis, Bruises, Tightness, Lesions,

## Endocrine

### Patient Confirms

Thyroid medications,

### Patient Denies

Intolerance to cold, Intolerance to heat, Nervousness, Nausea,

## Physical Exam

### Vital Signs

#### HEIGHT

Time	ft	in	cm	Last Measured	Height Position	%
4:03 PM	5.0		152.40	02/23/2018	Standing	

#### WEIGHT/BSA/BMI

Time	lb	oz	kg	Context	%	BMI kg/m2	BSA m2
4:03 PM	179.00		81.193	dressed with shoes		34.95	1.85

#### BLOOD PRESSURE

Time	BP mm/Hg	Position	Side	Site	Method	Cuff Size
4:03 PM	120/82	sitting	right	Page 143 of 150	manual	adult

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Mid-Arm Circumference - 0.0 inches

## TEMPERATURE/PULSE/RESPIRATION

Time	Temp F	Temp C	Temp Site	Pulse/min	Pattern	Resp/ min
4:03 PM				69	regular	18

## PULSE OXIMETRY/FIO2

Time	Pulse Ox (Rest %)	Pulse Ox (Amb %)	O2 Sat	O2 LPM	Timing	FiO2 %	L/min	Delivery Method
4:03 PM	94			RA		21		

## MEASURED BY

Time	Measured by
4:03 PM	Angela D. Harrison

Body Fat - 34.5 %

Protein Requirement - 97 grams/day

## Circumferences (Performed 01/30/2019)

Waist - 0.00 inches

Hips - 0.00 inches

Abdomen - 49 inches

Chest - 46.50 inches

Neck - 0.0 inches

## Constitutional

Level of Consciousness - Normal

Orientation - Normal

Level of Distress - Normal

Overall Appearance - Normal

## Respiratory

Inspection - Normal

Auscultation - Normal

Cough - Absent

## Cardiovascular

Auscultation - Normal

Murmurs - Absent

Peripheral Edema - No

## Abdomen

Inspection - Normal

Auscultation - Normal

Palpation - Normal

## Neurological

### Mental Status

# Document note on 01/30/2019 3:45 PM for Neena L Weible

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Cognitive Abilities - Normal

Emotional Stability - Normal

## Sensory Function

Balance and Gait - Normal

## Integumentary

### Lesion 1

Location - elbow, left

Type - cellulitis

Color - red

Arrangement - grouped

## Screener and Opioid Assessment for Patients with Pain (SOAPP)

### Latest Lab Results

<b>CBC</b>	<b>Value</b>	<b>Date</b>	<b>Normal Range</b>
WBC	6.4 $\times 10^3/\mu\text{L}$	01/30/2019	3.7-10.1 $\times 10^3/\mu\text{L}$
HGB	12.4 g/dL	01/30/2019	11.5-15.0 g/dL
HCT	39.7 %	01/30/2019	34.5-45.0 %
PLT	276 $10^3/\mu\text{L}$	01/30/2019	155-400 $10^3/\mu\text{L}$
RBC	4.58 $10^6/\mu\text{L}$	01/30/2019	3.80-4.70 $10^6/\mu\text{L}$
MCV	87.0 fl	01/30/2019	81-96 fl
MCH	27.2 pg	01/30/2019	27.0-32.0 pg
MCHC	31.3 g/dL	01/30/2019	31.8-35.4 g/dL
Lymph#	1.6 $10^3/\mu\text{L}$	01/30/2019	1.1-3.0 $10^3/\mu\text{L}$
Lymph%	25.6 %	01/30/2019	18.0-48.3 %
Eos#	0.2 $10^3/\mu\text{L}$	01/30/2019	0.0-0.4 %
Eos%	2.8 2.8	01/30/2019	0.6-7.3 %

<b>Urinalysis</b>	10/22/2018
Color	COLORLESS
Clarity	Clear
pH	7.00
Spec Grav	1.010
Glucose	Negative
URO	
Ketones	Negative
Leukocytes	Negative
Nitrates	Negative
Bilirubin	Negative
Blood	Negative
Protein	Negative

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BMP	Value	Date
Na	145 mmol/L	01/30/2019
K	4.4 mmol/L	01/30/2019
Chloride	106 mmol/L	01/30/2019
CO2	28 mmol/L	01/30/2019
Glucose	89 mg/dL	01/30/2019
BUN	15 mg/dL	01/30/2019
Creatinine	0.8 mg/dL	01/30/2019
Ca	9.5	01/30/2019

## CMP

ALB	3.8 g/dL	01/30/2019
AST	25 u/L	01/30/2019
ALT	31 u/L	01/30/2019
ALP	118 u/L	01/30/2019
BILI-D	0.0 mg/dL	01/30/2019
BILI-T	0.2 mg/dL	01/30/2019
TP	7.2 g/dL	01/30/2019

## Thyroid

T3	1.40 ng/mL	10/22/2018
T4	11.50 ng/dL	10/22/2018
TSH	0.72 ulu/mL	10/22/2018

## Lipids Result

	Date	Normal Range
Cholesterol	219 mg/dL	<175 mg/dL
HDL	62 mg/dL	>50 mg/dL
CHOL/HDL Ratio	3.50	<4.2 NA
LDL	132 NA	<100 NA
Triglycerides	126 mg/dL	<150 mg/dL

## Occult Blood

OB	Negative	03/25/2010
OB2	Negative	03/25/2010
OB3	Negative	03/25/2010

## Other

Amylase	41 u/L	08/19/2010
Lipase	108 u/L	08/19/2010
PT	11.9 seconds	09/27/2011
INR	0	09/27/2011
Ferritin	20 ng/mL	04/11/2014
Iron	55 ug/dL	11/09/2011
Glyco Hemoglobin	5.8 %	07/07/2016

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BNP	14.00 pg/mL	10/26/2016
CPK	116 u/L	10/26/2016
Troponin	0.00 ng/dL	08/19/2010
B12	472.00 pg/mL	10/22/2018
ESR	18 mm/hr	11/05/2018
Magnesium	1.9 mg/dL	10/26/2016
Micral Strip	Negative	04/11/2014
Uric Acid	6.5 mg/dL	07/23/2012

## **Fall Risk Assessment**

Level of Consciousness/Mental Status - Alert

History of Falls in Past 3 Months - No falls

Ambulation/Elimination Status - Ambulatory/Continent

Vision Status (With or Without Glasses) - Adequate

Gait/Balance - Gait/Balance Normal

Medications - Takes 1-2 of these medications currently and/or within the last seven days

Anesthetics, Antihistamines, Antihypertensives, Antiseizure, Benzodiazepines, Cathartics, Diuretics, Hypoglycemics, Narcotics, Psychotropics, Sedatives/ Hypnotics

Predisposing Diseases - None present

## **Total Fall Risk Score - 2**

A score above 10 indicates HIGH RISK.

For patients with a score above 10, steps should be taken to protect the patient from preventable falls.

## **Assessment**

Encounter for Medicare annual wellness exam

Aortic atherosclerosis

Cellulitis of left elbow

Atherosclerosis of native coronary artery of native heart with angina pectoris

Benign essential hypertension

CAD in native artery

Chronic GERD

Fredrickson type 2a hyperlipoproteinemia

Hyperparathyroidism

Hypothyroidism (acquired)

Keratoconjunctivitis sicca

Osteopenia after menopause

Panlobular emphysema

Severe obesity

Stricture and stenosis of esophagus

Body mass index (BMI) 34.0-34.9, adult

## **Chronic Conditions**

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Patient: Weible , Neena

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Severe obesity  
Osteopenia after menopause  
Chronic GERD  
Opioid use disorder  
Panlobular emphysema  
Facet arthritis of cervical region  
Atherosclerotic heart disease of native coronary artery with angina pectoris  
Hyperparathyroidism  
Aortic atherosclerosis  
Keratoconjunctivitis sicca  
Benign essential hypertension  
Fredrickson type 2a hyperlipoproteinemia  
Hypothyroidism (acquired)  
CAD in native artery  
Stricture and stenosis of esophagus  
Osteoarthritis of hand  
Trochanteric bursitis of both hips  
Primary osteoarthritis of both knees  
Cervical spondylosis without myelopathy  
Lumbosacral spondylosis without myelopathy  
Dry eye syndrome of bilateral lacrimal glands  
Vitreous degeneration of both eyes  
DJD (degenerative joint disease), lumbosacral  
Keratoconjunctivitis sicca not specified as Sjogren's  
History of colonic polyps  
Vitamin D deficiency  
MRSA infection  
Lateral epicondylitis  
Spinal stenosis of lumbar region  
NSAID long-term use

## Framingham Cardiovascular Risk

10 Year CVD Risk - 7%

10 Year Stroke Risk - 4%

## Global Cardiovascular Risk Score

Current Score - 2.8 points

(A Global Cardiovascular Risk Score below 4 is desirable. Above 4, the patient is at increased risk of a cardiovascular event.)

## Plan

Current and previous labs reviewed

Plan was discussed with patient.

The patient indicates they agree with the discussed plan.

Follow-Up Visit

Medication(s) Ordered

Medications reviewed

Continue current medications & therapy

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Lab as indicated

setma83\_hosp\_plan{Unexpected Value}

## Active Medications

Start Date	Brand	Dose	Sig Desc
01/30/2019	LEVAQUIN	500 mg	take 1 tablet by oral route every 24 hours
01/21/2019	TYLENOL-CODEINE NO.4	300 mg-60 mg	take 1 tablet by oral route every 8 hours as needed
01/07/2019	CELECOXIB	200 mg	take 1 capsule by oral route every day as needed
11/02/2018	LISINOPRIL	20 mg	take 1 Tablet by Oral route 2 times every week for blood pressure
10/22/2018	SYMBICORT	160 mcg-4.5 mcg/actuation	inhale 2 puff by inhalation route every day in the morning and evening
10/22/2018	LEVOTHYROXINE SODIUM	50 mcg	TAKE ONE TABLET BY MOUTH EVERY DAY
10/22/2018	FLUTICASONE PROPIONATE	50 mcg/actuation	spray 1 spray by intranasal route every day in each nostril
10/22/2018	CYANOCOBALAMIN INJECTION	1,000 mcg/mL	inject 1 Milliliter by Intramuscular route every 2 weeks
02/23/2018	ESOMEPRAZOLE MAGNESIUM	40 mg	take 1 capsule by oral route every day
02/23/2018	REGLAN	10 mg	take 1 tablet by oral route 4 times every day 30 minutes before meals and at bedtime as needed
02/23/2018	VITAMIN D2	50,000 unit	TAKE ONE CAPSULE BY MOUTH EVERY TWO WEEKS
02/23/2018	LASTACRAFT	0.25 %	instill 1 drop by ophthalmic route every day into affected eye(s)
02/23/2018	RESTASIS	0.05 %	instill 1 drop by ophthalmic route every 12 hours into both eyes every day
02/23/2018	LIQUID CALCIUM 600-VIT D3		15 ml orally twice daily
02/23/2018	LIDOCAINE	5 %	apply 1 patch by transdermal route every day (May wear up to 12hours.)
02/23/2018	ASPIR 81	81 mg	take 1 tablet by oral route every day

## Disease Management Tools Accessed

Hypertension

Lipids

## Lab

Bilirubin, Direct

CBC

CMP

PTH

uTSH

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## **Evaluation and Management**

99213 - Established Patient, Expanded Problem

G0439 - Annual Wellness Visit, Subsequent (Medicare)

## **Follow Up**

Acute

Follow - up

4 month(s)

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**Approved by Jeffrey S. Anthony APRN    01/30/19**

Southeast Texas Medical Associates, LLP