

Demographics for Sandra O Flowers

PATIENT INFORMATION					CELL PHONE (409) 201-5767		
NAME (Last, First Middle)		MRN	SSN#	BIRTHDATE	LANGUAGE	SEX	
Flowers, Sandra O		000000010035	###-##-6397	07/24/1959	English	F	
ADDRESS 3745 Morningside Beaumont, TX 77703		REFERRING PHYSICIAN		SECONDARY/BILLING ADDRESS (if Applicable) 			
		PRIMARY CARE PROVIDER Aziz, Muhammad T					
HOME PHONE (409) 839-8619	DAY PHONE (409) 201-5767		EMAIL ADDRESS sflowers1@gt.rr.com			HOME PHONE	
MARITAL STATUS Married	STUDENT N	SMOKER N	VETERAN N	EMERGENCY CONTACT NAME Briggs, Tameka			CONTACT PHONE (409) 338-6733
PRIMARY EMPLOYER Charles S Nacol Jewelry Company				SECONDARY EMPLOYER (if Applicable)			
ADDRESS 6220 Phelan Boulevard Beaumont, TX 77706-6120				ADDRESS			
WORK PHONE				WORK PHONE			
RESPONSIBLE PARTY INFORMATION (if Different than above)							
NAME (Last, First Middle)			SSN#	BIRTHDATE	LANGUAGE	SEX	
ADDRESS			RELATIONSHIP TO PATIENT		SECONDARY/BILLING ADDRESS (if Applicable)		
			PRIMARY CARE PROVIDER				
HOME PHONE	DAY PHONE		EMAIL ADDRESS			HOME PHONE	
MARITAL STATUS	STUDENT	SMOKER	VETERAN				
PRIMARY INSURANCE							
NAME OF INSURANCE COMPANY Blue Cross Blue Shield			PHONE (800) 451-0287	POLICY# TTB843774397			
ADDRESS PO Box 660044 DALLAS, TX 75266-0044			EFFECTIVE DATE 01/01/2014		GROUP#		
			EXPIRATION DATE	DEDUCTIBLE \$6000.00	COPAY AMT \$0.00		
NAME OF INSURED Flowers, Sandra O			RELATIONSHIP Self				
SECONDARY INSURANCE (if Applicable)							
NAME OF INSURANCE COMPANY Medicare Secondary			PHONE (877) 392-9865	POLICY# 451296397A			
ADDRESS PO Box 3108 Mechanicsburg, PA 17055-1824			EFFECTIVE DATE 10/01/2010		GROUP#		
			EXPIRATION DATE	DEDUCTIBLE \$0.00	COPAY AMT \$0.00		
NAME OF INSURED Flowers, Sandra O			RELATIONSHIP Self				

Vitals Signs for Sandra O Flowers

Date	Temperature (F)	Temperature (C)	Blood Pressure	Pulse	Respiration Rate	O2	Height (in)	Height (cm)	Weight (lbs)	Weight (kg)	BMI
11/21/2019 11:00 AM			118/68				60.00	152.40	182.00	82.554	35.54
11/21/2019 11:00 AM			118/68	90		93	60.00	152.40	182.00	82.554	35.54
08/15/2019 11:00 AM			144/82	82	20	93	60.00	152.40	182.50	82.781	35.64
05/30/2019 11:00 AM							60.00	152.40	185.00	83.915	36.13
05/16/2019 11:00 AM			137/72	78	20	93	60.00	152.40	185.00	83.915	36.13
02/19/2019 10:30 AM			132/77	93	20	98	60.00	152.40	185.00	83.915	36.13



2929 Calder, Suite 100

3570 College, Suite 200
Lumberton - 137B LHS Drive

2010 Dowlen

6510 Folsom

Nederland/Port Arthur - 2400 Highway 365, Suite 201
Orange - 610 Strickland Drive, Suite 140

(409) 833-9797

Chart Note - 11/21/19 SETMA II

Patient Sandra Flowers
Date of Birth 07/24/1959
Age 60 Years
Race Black or African American
Preferred Language English
Sex F
Visit Type Follow - up
Medical Record 4962

Acute Diagnoses

	Status
Mixed connective tissue disease	Stable
Postmenopausal osteoporosis	Persistent
Lumbosacral spondylosis without myelopathy	Control, fair
Trochanteric bursitis of both hips	Control, fair
High risk medication use	Needs further assessment
Body mass index (BMI) 35.0-35.9, adult	

Chief Complaints

pain
pain
pain
pain
pain
pain
pain

Chronic Conditions

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Chronic respiratory failure with hypoxia, on home O2 therapy

CAD in native artery

Sarcoidosis, lung

Severe obesity

Aortic arch atherosclerosis

Mixed connective tissue disease

Diffuse large cell lymphoma in remission

Interstitial lung disease

Pulmonary hypertension, primary

Opioid dependence, uncomplicated

Aortic dilatation

Tracheostomy complication

Leukocytoclastic vasculitis

Benign essential hypertension

Fredrickson type 4 hyperlipoproteinemia

Old MI (myocardial infarction)

Postmenopausal osteoporosis

CKD (chronic kidney disease) stage 3, GFR 30-59 ml/min

Cortical senile cataract of both eyes

Long term current use of systemic steroids

Cardiomegaly

Nevus of right conjunctiva

High risk medication use

Cataract, nuclear sclerotic senile

Trochanteric bursitis of both hips

Lumbosacral spondylosis without myelopathy

Supplemental oxygen dependent

Stenosis of trachea

Anemia of other chronic disease

Chronic sinusitis

Chief Complaint 1- pain

Location - Hands and wrist

Onset - gradual

Radiation - fingers

Quality - aching

Frequency - frequently

Duration - year(s)

Severity - 04/10

Change - relief, intermittently

Aggravated By - activity

Relieved By - medication

Associated Symptoms

stiffness

Comments

Prolia inj. 08/20/2019.....ts,lvn

Chief Complaint 2 - pain

Location - elbows

Onset - gradual

Radiation - forearm

Quality - aching

Frequency - frequently

Duration - year(s)

Severity - 02/10

Change - relief, intermittently

Aggravated By - bending

Relieved By - medication

Associated Symptoms

stiffness

Chief Complaint 3 - pain

Location - neck

Onset - gradual

Radiation - shoulder

Quality - aching

Frequency - frequently

Severity - 05/10

Change - no change

Aggravated By - bending

Relieved By - medication

Associated Symptoms

stiffness

Chief Complaint 4 - pain

Location - back - lower

Onset - gradual

Radiation - posterior thigh

Quality - aching

Frequency - frequently

Duration - year(s)

Severity - 05/10

Change - no change

Aggravated By - bending

Relieved By - medication

Associated Symptoms

stiffness

Chief Complaint 5 - pain

Location - hips

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Onset - gradual

Radiation - thigh

Quality - aching

Frequency - frequently

Duration - year(s)

Severity - rt- 06/10., lt-04/10

Change - no change

Aggravated By - walking,standing

Relieved By - medication

Associated Symptoms

stiffness

Chief Complaint 6 - pain

Location - knees

Onset - gradual

Radiation - both legs

Quality - aching

Frequency - frequently

Duration - year(s)

Severity - 04/10

Change - no change

Aggravated By - standing

Relieved By - medication

Associated Symptoms

stiffness

Nursing

Medications (active prior to today)

Medication Name	Sig Desc	Start Date	Stop Date	Refilled	Elsewhere
Tyvaso 1.74 mg/2.9 mL (0.6 mg/mL) solution for nebulization	inhale 0.09 milliliter by inhalation route 4 times every day via nebulizer at approximately 4 hour intervals	//			Y
vitamin E 400 unit tablet	take 1 by Oral route every day 1 tab bid	//			Y
metoprolol tartrate 25 mg tablet	TAKE 1 TABLET BY MOUTH TWICE A DAY	12/04/2018		12/04/2018	N
albuterol sulfate 0.63 mg/3 mL solution for nebulization	inhale 1 by Inhalation route 3 times every	02/19/2019		02/19/2019	N
Calcium 500 mg (1,250 mg) + D3 125 unit tablet	take 1 by Oral route once 1 tab tid	//		02/19/2019	Y
Ecotrin Low Strength 81 mg tablet,enteric coated	1 tab po QD	//		02/19/2019	Y
Letairis 10 mg tablet	1 tab po qd	02/19/2019	02/19/2019	02/19/2019	N

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Revatio 20 mg tablet	1 tab po TID	02/19/2019	02/19/2019	N	
Lipitor 20 mg tablet	TAKE 1 TABLET BY MOUTH EVERY DAY	05/13/2019	05/13/2019	N	
Imuran 50 mg tablet	TAKE 1 TABLET BY MOUTH TWICE A DAY	08/15/2019	11/21/2019	11/21/2019	N
folic acid 1 mg tablet	take 5 (5MG) by oral route every day	08/15/2019	11/21/2019	11/21/2019	N
prednisone 1 mg tablet	take 4 Tablet by oral route every day	08/15/2019	11/21/2019	11/21/2019	N
clobetasol 0.05 % topical cream	apply by topical route 2 times every day a thin layer to the affected area(s)	08/15/2019	11/21/2019	11/21/2019	N
Norco 5 mg-325 mg tablet	take 1 tablet by oral route every 12 hours as needed for pain	08/15/2019	11/21/2019	11/21/2019	N
Letairis 10 mg tablet	take 1 tablet by oral route every day	//		08/15/2019	Y

Medication Reconciliation

Medications reconciled today.

Medication Reviewed

Adherence	Medication Name	Sig Desc	Elsewhere	Status
taking as directed	Tyvaso 1.74 mg/2.9 mL (0.6 mg/mL) solution for nebulization	inhale 0.09 milliliter by inhalation route 4 times every day via nebulizer at approximately 4 hour intervals	Y	Verified
taking as directed	vitamin E 400 unit tablet	take 1 by Oral route every day 1 tab bid	Y	Verified
taking as directed	metoprolol tartrate 25 mg tablet	TAKE 1 TABLET BY MOUTH TWICE A DAY	N	Verified
taking as directed	albuterol sulfate 0.63 mg/3 mL solution for nebulization	inhale 1 by Inhalation route 3 times every	N	Verified
taking as directed	Calcium 500 mg (1,250 mg) + D3 125 unit tablet	take 1 by Oral route once 1 tab tid	Y	Verified
taking as directed	Ecotrin Low Strength 81 mg tablet,enteric coated	1 tab po QD	Y	Verified
taking as directed	Letairis 10 mg tablet	1 tab po qd	N	Verified
taking as directed	Revatio 20 mg tablet	1 tab po TID	N	Verified
taking as directed	Lipitor 20 mg tablet	TAKE 1 TABLET BY MOUTH EVERY DAY	N	Verified
taking as directed	Letairis 10 mg tablet	take 1 tablet by oral route every day	Y	Verified
taking as directed	Norco 5 mg-325 mg tablet	take 1 tablet by oral route every 12 hours as needed for pain	N	Verified
taking as directed	folic acid 1 mg tablet	take 5 (5MG) by oral route every day	N	Verified
taking as directed	prednisone 1 mg tablet	take 4 Tablet by oral route every day	N	Verified
taking as directed	Imuran 50 mg tablet	TAKE 1 TABLET BY MOUTH TWICE A DAY	N	Verified
taking as directed	clobetasol 0.05 % topical cream	apply by topical route 2 times every day a thin layer to the affected area(s)	N	Verified

Health Maintenance

The patient's health maintenance was reviewed today.

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BMP - 05/16/2019
Bone Density - 05/30/2019
CBC - 05/16/2019
Chemistry - 12/04/2013
Chest X-Ray - 09/11/2018
CPK - 02/06/2014
Creatinine - 05/16/2019
CRP - 08/15/2019
Dilated Eye Exam - 04/08/2008
Echocardiogram - 06/12/2018
EKG - 10/03/2008
Eye Exam - 01/09/2012
Flu Shot - 11/19/2018
HFP - 05/16/2019
Lipids - 01/11/2018
Mammogram - 11/22/2017
Microalbumin - 12/04/2013
Pneumovax - 12/23/2008
Breast Exam - 11/01/2002
PT/INR - 04/21/2010
Stress Test - 04/21/2016
Tetanus - 03/21/2017
Thyroid Profile - 10/23/2006
Urinalysis - 11/21/2019
uTSH - 01/11/2018

Patient's Preferred Specialists

Cardiology - Nwaukwa

Histories

Past Medical History

PAST MEDICAL/SURGICAL HISTORY

Disease/disorder	Onset Date	Management	Date
		Hysterectomy, partial Cholecystectomy permanent Tracheostomy spleen- biopsy	2008
Chicken Pox			
MI			
Mumps			
Rubeola/Measles			
spleenomegaly -cause-?			
Tracheoesophageal fistula	2008		

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Social History

Ethnicity - Not Hispanic or Latino

Occupation - Disability

Sexuality - heterosexual

Marital Status - married

Tobacco Use

Smoking status: Never smoker.

Family History

Relationship	Family Member Name	Deceased	Age at Death	Condition	Onset Age	Cause of Death
				No family history of Depression		N
				No family history of Substance abuse		N
						N
				Family history of Hypertension		N
						N
				Family history of Diabetes mellitus type 2		N
				No family history of Hyperlipidemia		N
				No family history of Alcoholism		N
				No family history of Mental illness		N
						N
				No family history of Endocrine Disorders		N
		N				N
Father		N				N
Father		N		Hypertension		N
Maternal Aunt		Y		Diabetes mellitus	62	N
Maternal Aunt		Y		Systemic lupus erythematosus	62	N
Mother		N		Rheumatoid arthritis		N
Mother		N		thrombocytopenia		N

Review of Systems

Source of Information

Patient

General Comments

few hyperpigmented lesion on face and fore, + permanent tracheostomy.

Allergies

Description	Onset
Quinolone Anti-infectives	10/26/2000

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Antihistamines (Topica, 10/26/2000
systemic)

Metronidazole 10/26/2000

Penicillins; Cephalosporins; 10/26/2000

Carbapenem; Aztreonam

Sulfonyl;Loop/TZ/CAI;Diazox;Sa 10/26/2000

cch;Cyclam

Constitutional

Patient Confirms

Fatigue,

Patient Denies

Fever, Headache, Weakness, Weight loss, Weight gain,

Eyes

Visual Acuity

20 / 50 OS

20 / 50 OD

20 / 30 OU

Last Eye Exam - 01/09/2012

Last Dilated Eye Exam - 04/08/2008

Patient Confirms

Dryness, Feels like object in eye, Itching,

Patient Denies

Redness, Eye pain, Blurred vision, Diplopia, Acuity changes,

Head/Neck

Patient Denies

Headache,

Ears

Patient Denies

Difficulty hearing, Tinnitus,

Nose

Patient Denies

Rhinorrhea, Dryness in nose, Epistaxis, Loss of smell

Oropharynx

Patient Confirms

Dry mouth,

Patient Denies

Hoarseness, Dysphagia, Loss of taste, Bleeding gums, Sore tongue,

Cardiac

Patient Confirms

Fatigue,

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Patient Denies

Chest pain at rest, Chest pain with exertion, Irregular heart beat, Sudden changes in heart beat, Heart murmurs, Nausea, Cough,

Respiratory

Patient Denies

Difficulty breathing at night, Cough, Fever, Hemoptysis, Peripheral edema, Shortness of breath, Rhinorrhea, Wheezing

Gastrointestinal

Patient Denies

Nausea, Constipation, Diarrhea, Dysphagia, Heartburn, Jaundice, Weight loss, Weight gain, Stomach pain relieved by food or milk,

Female Genitourinary

Patient Denies

Dysuria, Hesitancy, Nocturia, Stress incontinence,

Musculoskeletal

Patient Confirms

Extremity pain

Joint pain

Patient Denies

Joint swelling, Muscle spasms, Weakness,

Integumentary

Patient Confirms

Rash,

Patient Denies

Color changes of extremities, Tendency to bruise, Redness, Sun sensitivity, Alopecia, Tightness, Hives, Nodules/bumps,

Neurologic

Patient Denies

Dizziness, Headache, Loss of consciousness, Memory loss,

Psychiatric

Patient Confirms

PM Insomnia,

Patient Denies

Anxiety, Apprehension, Depression, Combative, Aggressive, AM Insomnia,

Endocrine

Patient Denies

Polydipsia, Weight loss, Weight gain, Fainting, Nausea,

Hematologic

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Patient Confirms

Anemia,

Patient Denies

Bleeding tendencies, Blood transfusions, Lymph node enlargement, Tender lymph nodes,

Physical Exam

Vital Signs

HEIGHT

Time	ft	in	cm	Last Measured	Height Position	%
12:14 PM	5.0		152.40	03/21/2017		
12:05 PM	5.0		152.40	03/21/2017		

WEIGHT/BSA/BMI

Time	lb	oz	kg	Context	%	BMI kg/m2	BSA m2
12:14 PM	182.00		82.554	dressed with shoes		35.54	1.87
12:05 PM	182.00		82.554	dressed with shoes		35.54	1.87

BLOOD PRESSURE

Time	BP mm/Hg	Position	Side	Site	Method	Cuff Size
12:14 PM	118/68	sitting	left	brachial	automatic	adult
12:05 PM	118/68					

Mid-Arm Circumference - 0.0 inches

TEMPERATURE/PULSE/RESPIRATION

Time	Temp F	Temp C	Temp Site	Pulse/min	Pattern	Resp/ min
12:14 PM				90	regular	

PULSE OXIMETRY/FIO2

Time	Pulse Ox (Rest %)	Pulse Ox (Amb %)	O2 Sat	O2 LPM	Timing	FiO2 %	L/min	Delivery Method
12:14 PM	93		RA					

MEASURED BY

Time	Measured by
12:14 PM	Taylor N. Stinnett
12:05 PM	Taylor N. Stinnett

Body Fat - 25 %

Protein Requirement - 99 grams/day

Circumferences (Performed 11/21/2019)

Abdomen - 33 inches

Chest - 38.50 inches

Visual Acuity

With Glasses

OS - 20 / 50

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OD - 20 / 50
OU - 20 / 30

Constitutional

Level of Consciousness - Normal
Orientation - Normal
Level of Distress - Normal
Nourishment - moderately obese

Head/Face

Hair and Scalp - Normal
Skull - Normal
Facial Features - Normal
TM Joint - Normal

Eyes

General

Right - Normal
Left - Normal

External

Right - Normal
Left - Normal

Visual Acuity

With Glasses

OS 20 / 50
OD 20 / 50
OU 20 / 30

Last Dilated Eye Exam - 04/08/2008

Last Eye Exam - 01/09/2012

Ears

External Ear

Inspection

Right - Normal
Left - Normal

Palpation

Right - Normal
Left - Normal

Nasopharynx

Nose and Sinuses

External Nose - Normal

Nares

Right - Normal

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Left - Normal

Mucosa - Normal

Mouth

Tongue - Normal

Buccal Mucosa - Normal

Comments

Permanent tracheostomy in good position, Salivary gland- parotid and sub-mandibular gland not enlarged , non- tender.

Neck

Inspection - Normal

Palpation - +paraspinal muscle tenderness

Lymph Nodes - Normal

Thyroid Gland - Normal

Range of motion without resistance.

Flexion

40 degrees

Extension

40 degrees

Rotation

Left - 60 degrees

Right - 60

Lateral Flexion

Left - 25 degrees

Right - 25 degrees

Reflexes

Triceps

Left - 2+

Right - 2+

Bicipes

Left - 2+

Right - 2+

Comments

permanent Tracheostomy

Respiratory

Inspection - Normal

Auscultation - Normal

Cough - Absent

Comments

Permanent tracheostomy in good position,

Cardiovascular

Auscultation - Normal

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Murmurs - Absent

JVP - Normal

Abdomen

Inspection - surgical scars

Back

Inspection

No skin abnormalities

No muscle spasm present

No spine abnormalities present

Shoulder Height - symmetric

Palpation

Pain on palpation

L3L5

soft tissues musculoskeletal-- lumbo-sacral

SI Joint - tender

No sensorimotor abnormalities

Range of Motion Standing

Flexion forward 30 degrees without pain

Extension, arching back approximately 10 degrees without pain

Right lateral flexion approximately 30 degrees without pain

Left lateral flexion approximately 30 degrees without pain

Right rotation approximately 20 degrees without pain

Left rotation approximately 20 degrees without pain

Range of Motion Sitting

Reflexes

Patellar, Left - +2 - average; normal

Patellar, Right - +2 - average; normal

Achilles, Left - +1 - diminished; low normal

Achilles, Right - +1 - diminished; low normal

Range of Motion Lying

SLRT

Left - 60 degrees

Right - 60 degrees

Musculoskeletal

Comments

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MUSCULOSKELETAL EXAMINATION- SHOULDER- no supraspinatus wasting, no swelling, no lat. and ant. Joint tenderness, + tenderness over AC joint, ROM-rt- abd- 145, Rotation- Int- 70, Ext-70. Lt- abd- 145, Rotation- Int- 70, Ext-70
ELBOW- no deformity, no swelling, + lateral epicondyle tenderness, no effusion, ROM-0-120.
WRIST- no deformity, no swelling, no synovitis, no dorsal tenderness ROM- DF -60, PF- 60.
HAND- no deformity, no swelling, no synovitis, + tenderness of pip joints, dip and mcp joint non-tender, + tenderness over 1st carpometacarpal joint, moderate hand grip.
HIP- no fixed flexion deformity, no swelling, - ant. joint line tenderness, ++ Trochanteric tenderness- rt > lt, ROM- rt-fle- 90, abd- 40, add- 20, rotation- Int- 20, ext- 30, Lt- fle- 90, abd- 40, add- 20, rotation- Int- 20, ext- 40
KNEE- no deformity, - quadriceps wasting, no swelling, no effusion, no synovitis, + tenderness over patellofemoral joint and medial joint line-ROM- 0-90
ANKLE, FEET and LEG- no swelling, + mild tenderness of sub-talar and 1st MTP joint, mid-tarsal and ankle joint non-tender, ROM- df-20, pf -40

Neurological

Mental Status

Cognitive Abilities - Normal

Emotional Stability - Normal

Sensory Function

Balance and Gait - Normal

Integumentary

Palpation - Normal

Hair - Normal

Nails - Normal

Comments

few hyperpigmented lesion on face and forehead

Screener and Opioid Assessment for Patients with Pain (SOAPP)

Plan

Active Medications

Start Date	Brand	Dose	Sig Desc
11/21/2019	NORCO	5 mg-325 mg	take 1 tablet by oral route every 12 hours as needed for pain
11/21/2019	FOLIC ACID	1 mg	take 5 (5MG) by oral route every day
11/21/2019	PREDNISONE	1 mg	take 4 Tablet by oral route every day
11/21/2019	IMURAN	50 mg	TAKE 1 TABLET BY MOUTH TWICE A DAY
11/21/2019	CLOBETASOL PROPIONATE	0.05 %	apply by topical route 2 times every day a thin layer to the affected area(s)
05/13/2019	LIPITOR	20 mg	TAKE 1 TABLET BY MOUTH EVERY DAY
02/19/2019	LETAIRIS	10 mg	1 tab po qd
02/19/2019	REVATIO	20 mg	1 tab po TID
02/19/2019	ALBUTEROL SULFATE	0.63 mg/3 mL	inhale 1 by Inhalation route 3 times every
12/04/2018	METOPROLOL	25 mg	TAKE 1 TABLET BY MOUTH TWICE A

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TARTRATE		DAY
CALCIUM 500 + VITAMIN D	500 mg calcium (1,250 mg)-125 unit	take 1 by Oral route once 1 tab tid
ECOTRIN	81 mg	1 tab po QD
TYVASO	1.74 mg/2.9 mL (0.6 mg/mL)	inhale 0.09 milliliter by inhalation route 4 times every day via nebulizer at approximately 4 hour intervals
VITAMIN E	400 unit	take 1 by Oral route every day 1 tab bid
LETAIRIS	10 mg	take 1 tablet by oral route every day

Lab

BMP

C3

C4

CBC

CRP

ESR

Hepatic Function Panel

Urinalysis

Plan Comments

Texas PMP site reviewed-- score 160

Evaluation and Management

99214 - Established Patient, Detailed Problem

Follow Up

Acute

Follow - up

3 month(s)

Approved by Vijay Kumar MD 11/21/19

11/21/2019 11:00 AM



2929 Calder, Suite 100

3570 College, Suite 200
Lumberton - 137B LHS Drive

2010 Dowlen

6510 Folsom

Nederland/Port Arthur - 2400 Highway 365, Suite 201
Orange - 610 Strickland Drive, Suite 140

(409) 833-9797

Chart Note - 11/21/19 SETMA II

Patient Sandra Flowers
Date of Birth 07/24/1959
Age 60 Years
Race Black or African American
Preferred Language English
Sex F
Visit Type Follow - up
Medical Record 4962

Acute Diagnoses

	Status
Mixed connective tissue disease	Stable
Postmenopausal osteoporosis	Persistent
Lumbosacral spondylosis without myelopathy	Control, fair
Trochanteric bursitis of both hips	Control, fair
High risk medication use	Needs further assessment
Body mass index (BMI) 35.0-35.9, adult	

Chief Complaints

pain
pain
pain
pain
pain
pain
pain

Chronic Conditions

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Chronic respiratory failure with hypoxia, on home O2 therapy

CAD in native artery

Sarcoidosis, lung

Severe obesity

Aortic arch atherosclerosis

Mixed connective tissue disease

Diffuse large cell lymphoma in remission

Interstitial lung disease

Pulmonary hypertension, primary

Opioid dependence, uncomplicated

Aortic dilatation

Tracheostomy complication

Leukocytoclastic vasculitis

Benign essential hypertension

Fredrickson type 4 hyperlipoproteinemia

Old MI (myocardial infarction)

Postmenopausal osteoporosis

CKD (chronic kidney disease) stage 3, GFR 30-59 ml/min

Cortical senile cataract of both eyes

Long term current use of systemic steroids

Cardiomegaly

Nevus of right conjunctiva

High risk medication use

Cataract, nuclear sclerotic senile

Trochanteric bursitis of both hips

Lumbosacral spondylosis without myelopathy

Supplemental oxygen dependent

Stenosis of trachea

Anemia of other chronic disease

Chronic sinusitis

Chief Complaint 1- pain

Location - Hands and wrist

Onset - gradual

Radiation - fingers

Quality - aching

Frequency - frequently

Duration - year(s)

Severity - 04/10

Change - relief, intermittently

Aggravated By - activity

Relieved By - medication

Associated Symptoms

stiffness

Comments

Prolia inj. 08/20/2019.....ts,lvn

Patient: Flowers , Sandra
Visit Date: 11/21/19
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Chief Complaint 2 - pain

Location - elbows
Onset - gradual
Radiation - forearm
Quality - aching
Frequency - frequently
Duration - year(s)
Severity - 02/10
Change - relief, intermittently
Aggravated By - bending
Relieved By - medication

Associated Symptoms

stiffness

Chief Complaint 3 - pain

Location - neck
Onset - gradual
Radiation - shoulder
Quality - aching
Frequency - frequently
Severity - 05/10
Change - no change
Aggravated By - bending
Relieved By - medication

Associated Symptoms

stiffness

Chief Complaint 4 - pain

Location - back - lower
Onset - gradual
Radiation - posterior thigh
Quality - aching
Frequency - frequently
Duration - year(s)
Severity - 05/10
Change - no change
Aggravated By - bending
Relieved By - medication

Associated Symptoms

stiffness

Chief Complaint 5 - pain

Location - hips

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Onset - gradual

Radiation - thigh

Quality - aching

Frequency - frequently

Duration - year(s)

Severity - rt- 06/10., lt-04/10

Change - no change

Aggravated By - walking,standing

Relieved By - medication

Associated Symptoms

stiffness

Chief Complaint 6 - pain

Location - knees

Onset - gradual

Radiation - both legs

Quality - aching

Frequency - frequently

Duration - year(s)

Severity - 04/10

Change - no change

Aggravated By - standing

Relieved By - medication

Associated Symptoms

stiffness

Nursing

Medications (active prior to today)

Medication Name	Sig Desc	Start Date	Stop Date	Refilled	Elsewhere
Tyvaso 1.74 mg/2.9 mL (0.6 mg/mL) solution for nebulization	inhale 0.09 milliliter by inhalation route 4 times every day via nebulizer at approximately 4 hour intervals	//			Y
vitamin E 400 unit tablet	take 1 by Oral route every day 1 tab bid	//			Y
metoprolol tartrate 25 mg tablet	TAKE 1 TABLET BY MOUTH TWICE A DAY	12/04/2018		12/04/2018	N
albuterol sulfate 0.63 mg/3 mL solution for nebulization	inhale 1 by Inhalation route 3 times every	02/19/2019		02/19/2019	N
Calcium 500 mg (1,250 mg) + D3 125 unit tablet	take 1 by Oral route once 1 tab tid	//		02/19/2019	Y
Ecotrin Low Strength 81 mg tablet,enteric coated	1 tab po QD	//		02/19/2019	Y
Letairis 10 mg tablet	1 tab po qd	02/19/2019	02/19/2019	02/19/2019	N

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Revatio 20 mg tablet	1 tab po TID	02/19/2019	02/19/2019	N	
Lipitor 20 mg tablet	TAKE 1 TABLET BY MOUTH EVERY DAY	05/13/2019	05/13/2019	N	
Imuran 50 mg tablet	TAKE 1 TABLET BY MOUTH TWICE A DAY	08/15/2019	11/21/2019	11/21/2019	N
folic acid 1 mg tablet	take 5 (5MG) by oral route every day	08/15/2019	11/21/2019	11/21/2019	N
prednisone 1 mg tablet	take 4 Tablet by oral route every day	08/15/2019	11/21/2019	11/21/2019	N
clobetasol 0.05 % topical cream	apply by topical route 2 times every day a thin layer to the affected area(s)	08/15/2019	11/21/2019	11/21/2019	N
Norco 5 mg-325 mg tablet	take 1 tablet by oral route every 12 hours as needed for pain	08/15/2019	11/21/2019	11/21/2019	N
Letairis 10 mg tablet	take 1 tablet by oral route every day	//	08/15/2019	Y	

Medication Reconciliation

Medications reconciled today.

Medication Reviewed

Adherence	Medication Name	Sig Desc	Elsewhere	Status
taking as directed	Tyvaso 1.74 mg/2.9 mL (0.6 mg/mL) solution for nebulization	inhale 0.09 milliliter by inhalation route 4 times every day via nebulizer at approximately 4 hour intervals	Y	Verified
taking as directed	vitamin E 400 unit tablet	take 1 by Oral route every day 1 tab bid	Y	Verified
taking as directed	metoprolol tartrate 25 mg tablet	TAKE 1 TABLET BY MOUTH TWICE A DAY	N	Verified
taking as directed	albuterol sulfate 0.63 mg/3 mL solution for nebulization	inhale 1 by Inhalation route 3 times every	N	Verified
taking as directed	Calcium 500 mg (1,250 mg) + D3 125 unit tablet	take 1 by Oral route once 1 tab tid	Y	Verified
taking as directed	Ecotrin Low Strength 81 mg tablet,enteric coated	1 tab po QD	Y	Verified
taking as directed	Letairis 10 mg tablet	1 tab po qd	N	Verified
taking as directed	Revatio 20 mg tablet	1 tab po TID	N	Verified
taking as directed	Lipitor 20 mg tablet	TAKE 1 TABLET BY MOUTH EVERY DAY	N	Verified
taking as directed	Letairis 10 mg tablet	take 1 tablet by oral route every day	Y	Verified
taking as directed	Norco 5 mg-325 mg tablet	take 1 tablet by oral route every 12 hours as needed for pain	N	Verified
taking as directed	folic acid 1 mg tablet	take 5 (5MG) by oral route every day	N	Verified
taking as directed	prednisone 1 mg tablet	take 4 Tablet by oral route every day	N	Verified
taking as directed	Imuran 50 mg tablet	TAKE 1 TABLET BY MOUTH TWICE A DAY	N	Verified
taking as directed	clobetasol 0.05 % topical cream	apply by topical route 2 times every day a thin layer to the affected area(s)	N	Verified

Health Maintenance

The patient's health maintenance was reviewed today.

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BMP - 05/16/2019
Bone Density - 05/30/2019
CBC - 05/16/2019
Chemistry - 12/04/2013
Chest X-Ray - 09/11/2018
CPK - 02/06/2014
Creatinine - 05/16/2019
CRP - 08/15/2019
Dilated Eye Exam - 04/08/2008
Echocardiogram - 06/12/2018
EKG - 10/03/2008
Eye Exam - 01/09/2012
Flu Shot - 11/19/2018
HFP - 05/16/2019
Lipids - 01/11/2018
Mammogram - 11/22/2017
Microalbumin - 12/04/2013
Pneumovax - 12/23/2008
Breast Exam - 11/01/2002
PT/INR - 04/21/2010
Stress Test - 04/21/2016
Tetanus - 03/21/2017
Thyroid Profile - 10/23/2006
Urinalysis - 11/21/2019
uTSH - 01/11/2018

Patient's Preferred Specialists

Cardiology - Nwaukwa

Histories

Past Medical History

PAST MEDICAL/SURGICAL HISTORY

Disease/disorder	Onset Date	Management	Date
		Hysterectomy, partial Cholecystectomy permanent Tracheostomy spleen- biopsy	2008
Chicken Pox			
MI			
Mumps			
Rubeola/Measles			
spleenomegaly -cause-?			
Tracheoesophageal fistula	2008		

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Social History

Ethnicity - Not Hispanic or Latino

Occupation - Disability

Sexuality - heterosexual

Marital Status - married

Tobacco Use

Smoking status: Never smoker.

Family History

Relationship	Family Member Name	Deceased	Age at Death	Condition	Onset Age	Cause of Death
				No family history of Depression		N
				No family history of Substance abuse		N
						N
				Family history of Hypertension		N
						N
				Family history of Diabetes mellitus type 2		N
				No family history of Hyperlipidemia		N
				No family history of Alcoholism		N
				No family history of Mental illness		N
						N
				No family history of Endocrine Disorders		N
		N				N
Father		N				N
Father		N		Hypertension		N
Maternal Aunt		Y		Diabetes mellitus	62	N
Maternal Aunt		Y		Systemic lupus erythematosus	62	N
Mother		N		Rheumatoid arthritis		N
Mother		N		thrombocytopenia		N

Review of Systems

Source of Information

Patient

General Comments

few hyperpigmented lesion on face and fore, + permanent tracheostomy.

Allergies

Description	Onset
Quinolone Anti-infectives	10/26/2000

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Antihistamines (Topica, 10/26/2000
systemic)

Metronidazole 10/26/2000

Penicillins; Cephalosporins; 10/26/2000

Carbapenem; Aztreonam

Sulfonyl;Loop/TZ/CAI;Diazox;Sa 10/26/2000

cch;Cyclam

Constitutional

Patient Confirms

Fatigue,

Patient Denies

Fever, Headache, Weakness, Weight loss, Weight gain,

Eyes

Visual Acuity

20 / 50 OS

20 / 50 OD

20 / 30 OU

Last Eye Exam - 01/09/2012

Last Dilated Eye Exam - 04/08/2008

Patient Confirms

Dryness, Feels like object in eye, Itching,

Patient Denies

Redness, Eye pain, Blurred vision, Diplopia, Acuity changes,

Head/Neck

Patient Denies

Headache,

Ears

Patient Denies

Difficulty hearing, Tinnitus,

Nose

Patient Denies

Rhinorrhea, Dryness in nose, Epistaxis, Loss of smell

Oropharynx

Patient Confirms

Dry mouth,

Patient Denies

Hoarseness, Dysphagia, Loss of taste, Bleeding gums, Sore tongue,

Cardiac

Patient Confirms

Fatigue,

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Patient Denies

Chest pain at rest, Chest pain with exertion, Irregular heart beat, Sudden changes in heart beat, Heart murmurs, Nausea, Cough,

Respiratory

Patient Denies

Difficulty breathing at night, Cough, Fever, Hemoptysis, Peripheral edema, Shortness of breath, Rhinorrhea, Wheezing

Gastrointestinal

Patient Denies

Nausea, Constipation, Diarrhea, Dysphagia, Heartburn, Jaundice, Weight loss, Weight gain, Stomach pain relieved by food or milk,

Female Genitourinary

Patient Denies

Dysuria, Hesitancy, Nocturia, Stress incontinence,

Musculoskeletal

Patient Confirms

Extremity pain

Joint pain

Patient Denies

Joint swelling, Muscle spasms, Weakness,

Integumentary

Patient Confirms

Rash,

Patient Denies

Color changes of extremities, Tendency to bruise, Redness, Sun sensitivity, Alopecia, Tightness, Hives, Nodules/bumps,

Neurologic

Patient Denies

Dizziness, Headache, Loss of consciousness, Memory loss,

Psychiatric

Patient Confirms

PM Insomnia,

Patient Denies

Anxiety, Apprehension, Depression, Combative, Aggressive, AM Insomnia,

Endocrine

Patient Denies

Polydipsia, Weight loss, Weight gain, Fainting, Nausea,

Hematologic

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Patient Confirms

Anemia,

Patient Denies

Bleeding tendencies, Blood transfusions, Lymph node enlargement, Tender lymph nodes,

Physical Exam

Vital Signs

HEIGHT

Time	ft	in	cm	Last Measured	Height Position	%
12:14 PM	5.0		152.40	03/21/2017		
12:05 PM	5.0		152.40	03/21/2017		

WEIGHT/BSA/BMI

Time	lb	oz	kg	Context	%	BMI kg/m2	BSA m2
12:14 PM	182.00		82.554	dressed with shoes		35.54	1.87
12:05 PM	182.00		82.554	dressed with shoes		35.54	1.87

BLOOD PRESSURE

Time	BP mm/Hg	Position	Side	Site	Method	Cuff Size
12:14 PM	118/68	sitting	left	brachial	automatic	adult
12:05 PM	118/68					

Mid-Arm Circumference - 0.0 inches

TEMPERATURE/PULSE/RESPIRATION

Time	Temp F	Temp C	Temp Site	Pulse/min	Pattern	Resp/ min
12:14 PM				90	regular	

PULSE OXIMETRY/FIO2

Time	Pulse Ox (Rest %)	Pulse Ox (Amb %)	O2 Sat	O2 LPM	Timing	FiO2 %	L/min	Delivery Method
12:14 PM	93		RA					

MEASURED BY

Time	Measured by
12:14 PM	Taylor N. Stinnett
12:05 PM	Taylor N. Stinnett

Body Fat - 25 %

Protein Requirement - 99 grams/day

Circumferences (Performed 11/21/2019)

Abdomen - 33 inches

Chest - 38.50 inches

Visual Acuity

With Glasses

OS - 20 / 50

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OD - 20 / 50
OU - 20 / 30

Constitutional

Level of Consciousness - Normal
Orientation - Normal
Level of Distress - Normal
Nourishment - moderately obese

Head/Face

Hair and Scalp - Normal
Skull - Normal
Facial Features - Normal
TM Joint - Normal

Eyes

General

Right - Normal
Left - Normal

External

Right - Normal
Left - Normal

Visual Acuity

With Glasses

OS 20 / 50
OD 20 / 50
OU 20 / 30

Last Dilated Eye Exam - 04/08/2008

Last Eye Exam - 01/09/2012

Ears

External Ear

Inspection

Right - Normal
Left - Normal

Palpation

Right - Normal
Left - Normal

Nasopharynx

Nose and Sinuses

External Nose - Normal

Nares

Right - Normal

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Left - Normal

Mucosa - Normal

Mouth

Tongue - Normal

Buccal Mucosa - Normal

Comments

Permanent tracheostomy in good position, Salivary gland- parotid and sub-mandibular gland not enlarged , non- tender.

Neck

Inspection - Normal

Palpation - +paraspinal muscle tenderness

Lymph Nodes - Normal

Thyroid Gland - Normal

Range of motion without resistance.

Flexion

40 degrees

Extension

40 degrees

Rotation

Left - 60 degrees

Right - 60

Lateral Flexion

Left - 25 degrees

Right - 25 degrees

Reflexes

Triceps

Left - 2+

Right - 2+

Bicipes

Left - 2+

Right - 2+

Comments

permanent Tracheostomy

Respiratory

Inspection - Normal

Auscultation - Normal

Cough - Absent

Comments

Permanent tracheostomy in good position,

Cardiovascular

Auscultation - Normal

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Murmurs - Absent

JVP - Normal

Abdomen

Inspection - surgical scars

Back

Inspection

No skin abnormalities

No muscle spasm present

No spine abnormalities present

Shoulder Height - symmetric

Palpation

Pain on palpation

L3L5

soft tissues musculoskeletal-- lumbo-sacral

SI Joint - tender

No sensorimotor abnormalities

Range of Motion Standing

Flexion forward 30 degrees without pain

Extension, arching back approximately 10 degrees without pain

Right lateral flexion approximately 30 degrees without pain

Left lateral flexion approximately 30 degrees without pain

Right rotation approximately 20 degrees without pain

Left rotation approximately 20 degrees without pain

Range of Motion Sitting

Reflexes

Patellar, Left - +2 - average; normal

Patellar, Right - +2 - average; normal

Achilles, Left - +1 - diminished; low normal

Achilles, Right - +1 - diminished; low normal

Range of Motion Lying

SLRT

Left - 60 degrees

Right - 60 degrees

Musculoskeletal

Comments

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MUSCULOSKELETAL EXAMINATION- SHOULDER- no supraspinatus wasting, no swelling, no lat. and ant. Joint tenderness, + tenderness over AC joint, ROM-rt- abd- 145, Rotation- Int- 70, Ext-70. Lt- abd- 145, Rotation- Int- 70, Ext-70
ELBOW- no deformity, no swelling, + lateral epicondyle tenderness, no effusion, ROM-0-120.
WRIST- no deformity, no swelling, no synovitis, no dorsal tenderness ROM- DF -60, PF- 60.
HAND- no deformity, no swelling, no synovitis, + tenderness of pip joints, dip and mcp joint non-tender, + tenderness over 1st carpometacarpal joint, moderate hand grip.
HIP- no fixed flexion deformity, no swelling, - ant. joint line tenderness, ++ Trochanteric tenderness- rt > lt, ROM- rt-fle- 90, abd- 40, add- 20, rotation- Int- 20, ext- 30, Lt- fle- 90, abd- 40, add- 20, rotation- Int- 20, ext- 40
KNEE- no deformity, - quadriceps wasting, no swelling, no effusion, no synovitis, + tenderness over patellofemoral joint and medial joint line-ROM- 0-90
ANKLE, FEET and LEG- no swelling, + mild tenderness of sub-talar and 1st MTP joint, mid-tarsal and ankle joint non-tender, ROM- df-20, pf -40

Neurological

Mental Status

Cognitive Abilities - Normal

Emotional Stability - Normal

Sensory Function

Balance and Gait - Normal

Integumentary

Palpation - Normal

Hair - Normal

Nails - Normal

Comments

few hyperpigmented lesion on face and forehead

Screening and Opioid Assessment for Patients with Pain (SOAPP)

Plan

Active Medications

Start Date	Brand	Dose	Sig Desc
11/21/2019	NORCO	5 mg-325 mg	take 1 tablet by oral route every 12 hours as needed for pain
11/21/2019	FOLIC ACID	1 mg	take 5 (5MG) by oral route every day
11/21/2019	PREDNISONE	1 mg	take 4 Tablet by oral route every day
11/21/2019	IMURAN	50 mg	TAKE 1 TABLET BY MOUTH TWICE A DAY
11/21/2019	CLOBETASOL PROPIONATE	0.05 %	apply by topical route 2 times every day a thin layer to the affected area(s)
05/13/2019	LIPITOR	20 mg	TAKE 1 TABLET BY MOUTH EVERY DAY
02/19/2019	LETAIRIS	10 mg	1 tab po qd
02/19/2019	REVATIO	20 mg	1 tab po TID
02/19/2019	ALBUTEROL SULFATE	0.63 mg/3 mL	inhale 1 by Inhalation route 3 times every
12/04/2018	METOPROLOL	25 mg	TAKE 1 TABLET BY MOUTH TWICE A

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TARTRATE		DAY
CALCIUM 500 + VITAMIN D	500 mg calcium (1,250 mg)-125 unit	take 1 by Oral route once 1 tab tid
ECOTRIN	81 mg	1 tab po QD
TYVASO	1.74 mg/2.9 mL (0.6 mg/mL)	inhale 0.09 milliliter by inhalation route 4 times every day via nebulizer at approximately 4 hour intervals
VITAMIN E	400 unit	take 1 by Oral route every day 1 tab bid
LETAIRIS	10 mg	take 1 tablet by oral route every day

Lab

BMP

C3

C4

CBC

CRP

ESR

Hepatic Function Panel

Urinalysis

Plan Comments

Texas PMP site reviewed-- score 160

Evaluation and Management

99214 - Established Patient, Detailed Problem

Follow Up

Acute

Follow - up

3 month(s)

Approved by Vijay Kumar MD 11/21/19

11/21/2019 11:00 AM

Patient: Flowers, Sandra

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SETMA I - 2929 Calder, Suite 100

SETMA II - 3570 College, Suite 200

Mark Wilson Clinic - 2010 Dowlen

Lumberton - 137B LHS Drive

Nederland/Port Arthur - 2400 Highway 365, Suite 201

Orange - 610 Strickland Drive, Suite 140

(409) 833-9797

www.setma.com

Chart Note - 08/15/19 SETMA II

Patient Sandra Flowers
Date of Birth 07/24/1959
Age 60 Years
Race Black or African American
Preferred Language English
Sex F
Visit Type Follow - up
Medical Record 4962

Acute Diagnoses

	Status
Mixed connective tissue disease	Stable
Postmenopausal osteoporosis	Persistent
Lumbosacral spondylosis without myelopathy	Control, fair
Trochanteric bursitis of both hips	Control, fair
High risk medication use	Needs further assessment
Aortic arch atherosclerosis	
Aortic dilatation	
Atherosclerosis of coronary artery bypass graft of native heart without angina pectoris	
Benign essential hypertension	
CAD in native artery	
Chronic respiratory failure with hypoxia, on home O2 therapy	
Dependence on supplemental oxygen	
Diffuse large cell lymphoma in remission	
Fredrickson type 4 hyperlipoproteinemia	
Interstitial lung disease	
Leukocytoclastic vasculitis	
Old MI (myocardial infarction)	
Pulmonary hypertension, primary	
Sarcoidosis, lung	
Severe obesity	
Tracheostomy complication, unspecified complication type	

Chief Complaints

pain
pain
pain
pain
pain
pain
pain

Chronic Conditions

Chronic respiratory failure with hypoxia, on home O2 therapy
CAD in native artery
Sarcoidosis, lung
Severe obesity
Aortic arch atherosclerosis
Mixed connective tissue disease
Diffuse large cell lymphoma in remission
Interstitial lung disease
Pulmonary hypertension, primary
Opioid dependence, uncomplicated
Aortic dilatation
Tracheostomy complication
Leukocytoclastic vasculitis
Benign essential hypertension
Fredrickson type 4 hyperlipoproteinemia
Old MI (myocardial infarction)
Postmenopausal osteoporosis
CKD (chronic kidney disease) stage 3, GFR 30-59 ml/min
Cortical senile cataract of both eyes
Long term current use of systemic steroids
Cardiomegaly
Nevus of right conjunctiva
High risk medication use
Cataract, nuclear sclerotic senile
Trochanteric bursitis of both hips
Lumbosacral spondylosis without myelopathy
Supplemental oxygen dependent
Stenosis of trachea
Anemia of other chronic disease
Chronic sinusitis

Chief Complaint 1- pain

Location - Hands and wrist

Onset - gradual

Radiation - fingers

Quality - aching

Frequency - frequently

Duration - year(s)

Severity - 03/10

Change - no change

Aggravated By - activity

Relieved By - medication

Associated Symptoms

stiffness

Comments

Prolia inj. 02/25/2019....ws,lvn

Chief Complaint 2 - pain

Location - elbows

Onset - gradual

Radiation - forearm

Quality - aching

Frequency - frequently

Duration - year(s)

Severity - 02/10

Change - relief, intermittently

Aggravated By - bending

Relieved By - medication

Associated Symptoms

stiffness

Chief Complaint 3 - pain

Location - neck

Onset - gradual

Radiation - shoulder

Quality - aching

Frequency - frequently

Severity - 04/10

Change - no change

Aggravated By - bending

Relieved By - medication

Associated Symptoms

stiffness

Chief Complaint 4 - pain

Location - back - lower

Onset - gradual

Radiation - posterior thigh

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Quality - aching

Frequency - frequently

Duration - year(s)

Severity - 05/10

Change - no change

Aggravated By - bending

Relieved By - medication

Associated Symptoms

stiffness

Chief Complaint 5 - pain

Location - hips

Onset - gradual

Radiation - thigh

Quality - aching

Frequency - frequently

Duration - year(s)

Severity - rt- 05/10., lt-05/10

Change - no change

Aggravated By - walking,standing

Relieved By - medication

Associated Symptoms

stiffness

Comments

having pain R hip...ws,lvn

Chief Complaint 6 - pain

Location - knees

Onset - gradual

Radiation - both legs

Quality - aching

Frequency - frequently

Duration - year(s)

Severity - 04/10

Change - relief, intermittently

Aggravated By - standing

Relieved By - medication

Associated Symptoms

stiffness

Nursing

Medications (active prior to today)

Medication Name	Sig Desc	Start Date	Stop Date	Refilled	Elsewhere
-----------------	----------	------------	-----------	----------	-----------

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Tyvaso 1.74 mg/2.9 mL (0.6 mg/mL) solution for nebulization	inhale 0.09 milliliter by inhalation route 4 times every day via nebulizer at approximately 4 hour intervals	//				Y
vitamin E 400 unit tablet	take 1 by Oral route every day 1 tab bid	//				Y
metoprolol tartrate 25 mg tablet	TAKE 1 TABLET BY MOUTH TWICE A DAY	12/04/2018		12/04/2018		N
albuterol sulfate 0.63 mg/3 mL solution for nebulization	inhale 1 by Inhalation route 3 times every	02/19/2019		02/19/2019		N
Calcium 500 mg (1,250 mg) + D3 125 unit tablet	take 1 by Oral route once 1 tab tid	//		02/19/2019		Y
clobetasol 0.05 % topical cream	apply by topical route 2 times every day a thin layer to the affected area(s)	02/19/2019	08/15/2019	08/15/2019		N
Ecotrin Low Strength 81 mg tablet,enteric coated	1 tab po QD	//		02/19/2019		Y
Letairis 10 mg tablet	1 tab po qd	02/19/2019		02/19/2019		N
Revatio 20 mg tablet	1 tab po TID	02/19/2019		02/19/2019		N
Prolia 60 mg/mL subcutaneous syringe	take 1 by Subcutaneous route once	02/19/2019		02/19/2019		N
Lipitor 20 mg tablet	TAKE 1 TABLET BY MOUTH EVERY DAY	05/13/2019		05/13/2019		N
prednisone 1 mg tablet	take 4 Tablet by oral route every day	05/16/2019	08/15/2019	08/15/2019		N
folic acid 1 mg tablet	take 5 (5MG) by oral route every day	05/16/2019	08/15/2019	08/15/2019		N
Imuran 50 mg tablet	TAKE 1 TABLET BY MOUTH TWICE A DAY	05/16/2019	08/15/2019	08/15/2019		N
Norco 5 mg-325 mg tablet	take 1 tablet by oral route every 12 hours as needed for pain	05/16/2019	08/15/2019	08/15/2019		N
Letairis 10 mg tablet	take 1 tablet by oral route every day	//		08/15/2019		Y

Medication Reconciliation

Medications reconciled today.

Medication Reviewed

Adherence	Medication Name	Sig Desc	Elsewhere	Status
taking as directed	Tyvaso 1.74 mg/2.9 mL (0.6 mg/mL) solution for nebulization	inhale 0.09 milliliter by inhalation route 4 times every day via nebulizer at approximately 4 hour intervals	Y	Verified
taking as directed	vitamin E 400 unit tablet	take 1 by Oral route every day 1 tab bid	Y	Verified
taking as directed	metoprolol tartrate 25 mg tablet	TAKE 1 TABLET BY MOUTH TWICE A DAY	N	Verified
taking as directed	Ecotrin Low Strength 81 mg tablet,enteric coated	1 tab po QD	Y	Verified
taking as directed	Calcium 500 mg (1,250 mg) + D3 125 unit tablet	take 1 by Oral route once 1 tab tid	Y	Verified
taking as directed	Letairis 10 mg tablet	1 tab po qd	N	Verified

Document note on 08/15/2019 11:00 AM for Sandra O Flowers

Patient: Flowers , Sandra

Visit Date: 08/15/19

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taking as directed	Revatio 20 mg tablet	1 tab po TID	N	Verified
taking as directed	albuterol sulfate 0.63 mg/3 mL solution for nebulization	inhale 1 by Inhalation route 3 times every	N	Verified
taking as directed	Prolia 60 mg/mL subcutaneous syringe	take 1 by Subcutaneous route once	N	Verified
taking as directed	prednisone 1 mg tablet	take 4 Tablet by oral route every day	N	Verified
taking as directed	folic acid 1 mg tablet	take 5 (5MG) by oral route every day	N	Verified
taking as directed	Imuran 50 mg tablet	TAKE 1 TABLET BY MOUTH TWICE A DAY	N	Verified
taking as directed	Letairis 10 mg tablet	take 1 tablet by oral route every day	N	Verified
taking as directed	Lipitor 20 mg tablet	TAKE 1 TABLET BY MOUTH EVERY DAY	N	Verified
taking as directed	Norco 5 mg-325 mg tablet	take 1 tablet by oral route every 12 hours as needed for pain	N	Verified
taking as directed	clobetasol 0.05 % topical cream	apply by topical route 2 times every day a thin layer to the affected area(s)	N	Verified

Health Maintenance

The patient's health maintenance was reviewed today.

Physical Exam - 01/10/2018

BMP - 05/16/2019

Bone Density - 05/30/2019

CBC - 05/16/2019

Chemistry - 12/04/2013

Chest X-Ray - 09/11/2018

CPK - 02/06/2014

Creatinine - 05/16/2019

CRP - 05/16/2019

Dilated Eye Exam - 04/08/2008

Echocardiogram - 06/12/2018

EKG - 10/03/2008

Eye Exam - 01/09/2012

Flu Shot - 11/19/2018

HFP - 08/15/2019

Lipids - 01/11/2018

Mammogram - 11/22/2017

Microalbumin - 12/04/2013

Pneumovax - 12/23/2008

Breast Exam - 11/01/2002

PT/INR - 04/21/2010

Stress Test - 04/21/2016

Tetanus - 03/21/2017

Thyroid Profile - 10/23/2006

Urinalysis - 08/15/2019

uTSH - 01/11/2018

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Patient: Flowers , Sandra
Visit Date: 08/15/19
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Cardiology - Nwaukwa

Histories

Past Medical History

PAST MEDICAL/SURGICAL HISTORY

Disease/disorder	Onset Date	Management	Date
		Hysterectomy, partial Cholecystectomy permanent Tracheostomy spleen- biopsy	2008

Chicken Pox

MI

Mumps

Rubeola/Measles

spleenomegaly -cause-?

Tracheoesophageal
fistula

2008

Social History

Ethnicity - Not Hispanic or Latino

Occupation - Disability

Sexuality - heterosexual

Marital Status - married

Tobacco Use

Smoking status: Never smoker.

Family History

Relationship	Family Member Name	Deceased	Age at Death	Condition	Onset Age	Cause of Death
				No family history of Depression		N
				No family history of Substance abuse		N
						N
				Family history of Hypertension		N
						N
				Family history of Diabetes mellitus type 2		N
				No family history of Hyperlipidemia		N
				No family history of Alcoholism		N
				No family history of Mental illness		N
						N
				No family history of		N

Document note on 08/15/2019 11:00 AM for Sandra O Flowers

Patient: Flowers , Sandra

Visit Date: 08/15/19

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Endocrine Disorders				
	N			N
Father	N			N
Father	N	Hypertension		N
Maternal	Y	Diabetes mellitus	62	N
Aunt				
Maternal	Y	Systemic lupus erythematosus	62	N
Aunt				
Mother	N	Rheumatoid arthritis		N
Mother	N	thrombocytopenia		N

Review of Systems

Source of Information

Patient

General Comments

few hyperpigmented lesion on face and fore, + permanent tracheostomy.

Allergies

Description	Onset
Quinolone Anti-infectives	10/26/2000
Antihistamines (Topica, systemic)	10/26/2000
Metronidazole	10/26/2000
Penicillins; Cephalosporins; Carbapenem; Aztreonam	10/26/2000
Sulfonyl;Loop/TZ/CAI;Diazox;Sa cch;Cyclam	10/26/2000

Constitutional

Patient Confirms

Fatigue,

Patient Denies

Fever, Headache, Weakness, Weight loss, Weight gain,

Eyes

Last Eye Exam - 01/09/2012

Last Dilated Eye Exam - 04/08/2008

Patient Confirms

Dryness, Feels like object in eye, Itching,

Patient Denies

Redness, Eye pain, Blurred vision, Diplopia, Acuity changes,

Head/Neck

Patient Denies

Headache,

Ears

Patient Denies

Document note on 08/15/2019 11:00 AM for Sandra O Flowers

Patient: Flowers , Sandra

Visit Date: 08/15/19

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Difficulty hearing, Tinnitus,

Nose

Patient Denies

Rhinorrhea, Dryness in nose, Epistaxis, Loss of smell

Oropharynx

Patient Confirms

Dry mouth,

Patient Denies

Hoarseness, Dysphagia, Loss of taste, Bleeding gums, Sore tongue,

Cardiac

Patient Confirms

Fatigue,

Patient Denies

Chest pain at rest, Chest pain with exertion, Irregular heart beat, Sudden changes in heart beat, Heart murmurs, Nausea, Cough,

Respiratory

Patient Denies

Difficulty breathing at night, Cough, Fever, Hemoptysis, Peripheral edema, Shortness of breath, Rhinorrhea, Wheezing

Gastrointestinal

Patient Denies

Nausea, Constipation, Diarrhea, Dysphagia, Heartburn, Jaundice, Weight loss, Weight gain, Stomach pain relieved by food or milk,

Female Genitourinary

Patient Denies

Dysuria, Hesitancy, Nocturia,

Musculoskeletal

Patient Confirms

Extremity pain

Joint pain

Patient Denies

Joint swelling, Muscle spasms, Weakness,

Integumentary

Patient Confirms

Rash,

Patient Denies

Color changes of extremities, Tendency to bruise, Redness, Sun sensitivity, Alopecia, Tightness, Hives, Nodules/bumps,

Neurologic

Document note on 08/15/2019 11:00 AM for Sandra O Flowers

Patient: Flowers , Sandra

Visit Date: 08/15/19

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Patient Denies

Dizziness, Headache, Loss of consciousness, Memory loss,

Psychiatric

Patient Confirms

PM Insomnia,

Patient Denies

Anxiety, Apprehension, Depression, Combative, Aggressive, AM Insomnia,

Endocrine

Patient Denies

Polydipsia, Weight loss, Weight gain, Fainting, Nausea,

Hematologic

Patient Confirms

Anemia,

Patient Denies

Bleeding tendencies, Blood transfusions, Lymph node enlargement, Tender lymph nodes,

Physical Exam

Vital Signs

HEIGHT

Time	ft	in	cm	Last Measured	Height Position	%
11:35 AM	5.0		152.40	03/21/2017		

WEIGHT/BSA/BMI

Time	lb	oz	kg	Context	%	BMI kg/m2	BSA m2
11:35 AM	182.50		82.781	dressed without shoes		35.64	1.87

BLOOD PRESSURE

Time	BP mm/Hg	Position	Side	Site	Method	Cuff Size
11:35 AM	144/82	sitting	left	brachial	automatic	adult

Mid-Arm Circumference - 0.0 inches

TEMPERATURE/PULSE/RESPIRATION

Time	Temp F	Temp C	Temp Site	Pulse/min	Pattern	Resp/ min
11:35 AM				82		20

PULSE OXIMETRY/FIO2

Time	Pulse Ox (Rest %)	Pulse Ox (Amb %)	O2 Sat	O2 LPM	Timing	FiO2 %	L/min	Delivery Method
11:35 AM	93		RA					

PAIN SCALE

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Time	Pain Score	Method
11:35 AM	4/10	Numeric Pain Intensity Scale

MEASURED BY

Time	Measured by
11:35 AM	Wendy Smith

Body Fat - 25 %

BMR - 1985 kcal/day

Protein Requirement - 99 grams/day

Circumferences (Performed 08/15/2019)

Abdomen - 33 inches

Chest - 38.50 inches

Back

Inspection

No skin abnormalities

No muscle spasm present

No spine abnormalities present

Shoulder Height - symmetric

Palpation

Pain on palpation

L4L5

soft tissues musculoskeletal lumbo-sacral

SI Joint - tender

No sensorimotor abnormalities

Range of Motion Standing

Flexion forward 30 degrees without pain

Extension, arching back approximately 10 degrees without pain

Right lateral flexion approximately 30 degrees without pain

Left lateral flexion approximately 30 degrees without pain

Right rotation approximately 20 degrees without pain

Left rotation approximately 20 degrees without pain

Range of Motion Sitting

Reflexes

Patellar, Left - +2 - average; normal

Patellar, Right - +2 - average; normal

Achilles, Left - +1 - diminished; low normal

Achilles, Right - +1 - diminished; low normal

Range of Motion Lying

SLRT

Left - 60 degrees

Right - 60 degrees

Pain Assessment

On a scale from 0 to 10, the patient reports a pain level of 4 (Moderate) today.

Screeners and Opioid Assessment for Patients with Pain (SOAPP)

Assessment

Mixed connective tissue disease	Stable
Postmenopausal osteoporosis	Persistent
Lumbosacral spondylosis without myelopathy	Control, fair
Trochanteric bursitis of both hips	Control, fair
High risk medication use	Needs further assessment
Aortic arch atherosclerosis	
Aortic dilatation	
Atherosclerosis of coronary artery bypass graft of native heart without angina pectoris	
Benign essential hypertension	
CAD in native artery	
Chronic respiratory failure with hypoxia, on home O2 therapy	
Dependence on supplemental oxygen	
Diffuse large cell lymphoma in remission	
Fredrickson type 4 hyperlipoproteinemia	
Interstitial lung disease	
Leukocytoclastic vasculitis	
Old MI (myocardial infarction)	
Pulmonary hypertension, primary	
Sarcoidosis, lung	
Severe obesity	
Tracheostomy complication, unspecified complication type	

Chronic Conditions

Chronic respiratory failure with hypoxia, on home O2 therapy
CAD in native artery
Sarcoidosis, lung
Severe obesity
Aortic arch atherosclerosis
Mixed connective tissue disease
Diffuse large cell lymphoma in remission
Interstitial lung disease
Pulmonary hypertension, primary
Opioid dependence, uncomplicated
Aortic dilatation

Document note on 08/15/2019 11:00 AM for Sandra O Flowers

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Tracheostomy complication
Leukocytoclastic vasculitis
Benign essential hypertension
Fredrickson type 4 hyperlipoproteinemia
Old MI (myocardial infarction)
Postmenopausal osteoporosis
CKD (chronic kidney disease) stage 3, GFR 30-59 ml/min
Cortical senile cataract of both eyes
Long term current use of systemic steroids
Cardiomegaly
Nevus of right conjunctiva
High risk medication use
Cataract, nuclear sclerotic senile
Trochanteric bursitis of both hips
Lumbosacral spondylosis without myelopathy
Supplemental oxygen dependent
Stenosis of trachea
Anemia of other chronic disease
Chronic sinusitis

Plan

Active Medications

Start Date	Brand	Dose	Sig Desc
08/15/2019	IMURAN	50 mg	TAKE 1 TABLET BY MOUTH TWICE A DAY
08/15/2019	FOLIC ACID	1 mg	take 5 (5MG) by oral route every day
08/15/2019	PREDNISONE	1 mg	take 4 Tablet by oral route every day
08/15/2019	CLOBETASOL PROPIONATE	0.05 %	apply by topical route 2 times every day a thin layer to the affected area(s)
08/15/2019	NORCO	5 mg-325 mg	take 1 tablet by oral route every 12 hours as needed for pain
05/13/2019	LIPITOR	20 mg	TAKE 1 TABLET BY MOUTH EVERY DAY
02/19/2019	LETAIRIS	10 mg	1 tab po qd
02/19/2019	REVATIO	20 mg	1 tab po TID
02/19/2019	PROLIA	60 mg/mL	take 1 by Subcutaneous route once
02/19/2019	ALBUTEROL SULFATE	0.63 mg/3 mL	inhale 1 by Inhalation route 3 times every
12/04/2018	METOPROLOL TARTRATE	25 mg	TAKE 1 TABLET BY MOUTH TWICE A DAY
	CALCIUM 500 + VITAMIN D	500 mg calcium (1,250 mg)-125 unit	take 1 by Oral route once 1 tab tid
	ECOTRIN	81 mg	1 tab po QD
	TYVASO	1.74 mg/2.9 mL (0.6 mg/mL)	inhale 0.09 milliliter by inhalation route 4 times every day via nebulizer at approximately 4 hour intervals
	VITAMIN E	400 unit	take 1 by Oral route every day 1 tab bid
	LETAIRIS	10 mg	take 1 tablet by oral route every day

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Lab

C3

C4

CRP

ESR

Urinalysis

Urine Drug Screen - Opiates Only

Comments

pls disregard HFP...

Follow Up

Acute

Follow - up

3 month(s)

Approved by Vijay Kumar MD 08/15/19

Southeast Texas Medical Associates, LLP

08/15/2019 11:00 AM



SETMA I - 2929 Calder, Suite 100

SETMA II - 3570 College, Suite 200

Mark Wilson Clinic - 2010 Dowlen

Lumberton - 137B LHS Drive

Nederland/Port Arthur - 2400 Highway 365, Suite 201

Orange - 610 Strickland Drive, Suite 140

(409) 833-9797

www.setma.com

Chart Note - 08/15/19 SETMA II

Patient Sandra Flowers
Date of Birth 07/24/1959
Age 60 Years
Race Black or African American
Preferred Language English
Sex F
Visit Type Follow - up
Medical Record 4962

Acute Diagnoses

	Status
Mixed connective tissue disease	Stable
Postmenopausal osteoporosis	Persistent
Lumbosacral spondylosis without myelopathy	Control, fair
Trochanteric bursitis of both hips	Control, fair
High risk medication use	Needs further assessment
Aortic arch atherosclerosis	
Aortic dilatation	
Atherosclerosis of coronary artery bypass graft of native heart without angina pectoris	
Benign essential hypertension	
CAD in native artery	
Chronic respiratory failure with hypoxia, on home O2 therapy	
Dependence on supplemental oxygen	
Diffuse large cell lymphoma in remission	
Fredrickson type 4 hyperlipoproteinemia	
Interstitial lung disease	
Leukocytoclastic vasculitis	
Old MI (myocardial infarction)	
Pulmonary hypertension, primary	
Sarcoidosis, lung	
Severe obesity	
Tracheostomy complication, unspecified complication type	

Chief Complaints

pain
pain
pain
pain
pain
pain
pain

Chronic Conditions

Chronic respiratory failure with hypoxia, on home O2 therapy
CAD in native artery
Sarcoidosis, lung
Severe obesity
Aortic arch atherosclerosis
Mixed connective tissue disease
Diffuse large cell lymphoma in remission
Interstitial lung disease
Pulmonary hypertension, primary
Opioid dependence, uncomplicated
Aortic dilatation
Tracheostomy complication
Leukocytoclastic vasculitis
Benign essential hypertension
Fredrickson type 4 hyperlipoproteinemia
Old MI (myocardial infarction)
Postmenopausal osteoporosis
CKD (chronic kidney disease) stage 3, GFR 30-59 ml/min
Cortical senile cataract of both eyes
Long term current use of systemic steroids
Cardiomegaly
Nevus of right conjunctiva
High risk medication use
Cataract, nuclear sclerotic senile
Trochanteric bursitis of both hips
Lumbosacral spondylosis without myelopathy
Supplemental oxygen dependent
Stenosis of trachea
Anemia of other chronic disease
Chronic sinusitis

Chief Complaint 1- pain

Location - Hands and wrist
Onset - gradual
Radiation - fingers

Quality - aching

Frequency - frequently

Duration - year(s)

Severity - 03/10

Change - no change

Aggravated By - activity

Relieved By - medication

Associated Symptoms

stiffness

Comments

Prolia inj. 02/25/2019....ws,lvn

Chief Complaint 2 - pain

Location - elbows

Onset - gradual

Radiation - forearm

Quality - aching

Frequency - frequently

Duration - year(s)

Severity - 02/10

Change - relief, intermittently

Aggravated By - bending

Relieved By - medication

Associated Symptoms

stiffness

Chief Complaint 3 - pain

Location - neck

Onset - gradual

Radiation - shoulder

Quality - aching

Frequency - frequently

Severity - 04/10

Change - no change

Aggravated By - bending

Relieved By - medication

Associated Symptoms

stiffness

Chief Complaint 4 - pain

Location - back - lower

Onset - gradual

Radiation - posterior thigh

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Quality - aching

Frequency - frequently

Duration - year(s)

Severity - 05/10

Change - no change

Aggravated By - bending

Relieved By - medication

Associated Symptoms

stiffness

Chief Complaint 5 - pain

Location - hips

Onset - gradual

Radiation - thigh

Quality - aching

Frequency - frequently

Duration - year(s)

Severity - rt- 05/10., lt-05/10

Change - no change

Aggravated By - walking,standing

Relieved By - medication

Associated Symptoms

stiffness

Comments

having pain R hip...ws,lvn

Chief Complaint 6 - pain

Location - knees

Onset - gradual

Radiation - both legs

Quality - aching

Frequency - frequently

Duration - year(s)

Severity - 04/10

Change - relief, intermittently

Aggravated By - standing

Relieved By - medication

Associated Symptoms

stiffness

Nursing

Medications (active prior to today)

Medication Name	Sig Desc	Start Date	Stop Date	Refilled	Elsewhere
-----------------	----------	------------	-----------	----------	-----------

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Tyvaso 1.74 mg/2.9 mL (0.6 mg/mL) solution for nebulization	inhale 0.09 milliliter by inhalation route 4 times every day via nebulizer at approximately 4 hour intervals	//				Y
vitamin E 400 unit tablet	take 1 by Oral route every day 1 tab bid	//				Y
metoprolol tartrate 25 mg tablet	TAKE 1 TABLET BY MOUTH TWICE A DAY	12/04/2018		12/04/2018		N
albuterol sulfate 0.63 mg/3 mL solution for nebulization	inhale 1 by Inhalation route 3 times every	02/19/2019		02/19/2019		N
Calcium 500 mg (1,250 mg) + D3 125 unit tablet	take 1 by Oral route once 1 tab tid	//		02/19/2019		Y
clobetasol 0.05 % topical cream	apply by topical route 2 times every day a thin layer to the affected area(s)	02/19/2019	08/15/2019	08/15/2019		N
Ecotrin Low Strength 81 mg tablet,enteric coated	1 tab po QD	//		02/19/2019		Y
Letairis 10 mg tablet	1 tab po qd	02/19/2019		02/19/2019		N
Revatio 20 mg tablet	1 tab po TID	02/19/2019		02/19/2019		N
Prolia 60 mg/mL subcutaneous syringe	take 1 by Subcutaneous route once	02/19/2019		02/19/2019		N
Lipitor 20 mg tablet	TAKE 1 TABLET BY MOUTH EVERY DAY	05/13/2019		05/13/2019		N
prednisone 1 mg tablet	take 4 Tablet by oral route every day	05/16/2019	08/15/2019	08/15/2019		N
folic acid 1 mg tablet	take 5 (5MG) by oral route every day	05/16/2019	08/15/2019	08/15/2019		N
Imuran 50 mg tablet	TAKE 1 TABLET BY MOUTH TWICE A DAY	05/16/2019	08/15/2019	08/15/2019		N
Norco 5 mg-325 mg tablet	take 1 tablet by oral route every 12 hours as needed for pain	05/16/2019	08/15/2019	08/15/2019		N
Letairis 10 mg tablet	take 1 tablet by oral route every day	//		08/15/2019		Y

Medication Reconciliation

Medications reconciled today.

Medication Reviewed

Adherence	Medication Name	Sig Desc	Elsewhere	Status
taking as directed	Tyvaso 1.74 mg/2.9 mL (0.6 mg/mL) solution for nebulization	inhale 0.09 milliliter by inhalation route 4 times every day via nebulizer at approximately 4 hour intervals	Y	Verified
taking as directed	vitamin E 400 unit tablet	take 1 by Oral route every day 1 tab bid	Y	Verified
taking as directed	metoprolol tartrate 25 mg tablet	TAKE 1 TABLET BY MOUTH TWICE A DAY	N	Verified
taking as directed	Ecotrin Low Strength 81 mg tablet,enteric coated	1 tab po QD	Y	Verified
taking as directed	Calcium 500 mg (1,250 mg) + D3 125 unit tablet	take 1 by Oral route once 1 tab tid	Y	Verified
taking as directed	Letairis 10 mg tablet	1 tab po qd	N	Verified

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Patient: Flowers , Sandra

Visit Date: 08/15/19

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taking as directed	Revatio 20 mg tablet	1 tab po TID	N	Verified
taking as directed	albuterol sulfate 0.63 mg/3 mL solution for nebulization	inhale 1 by Inhalation route 3 times every	N	Verified
taking as directed	Prolia 60 mg/mL subcutaneous syringe	take 1 by Subcutaneous route once	N	Verified
taking as directed	prednisone 1 mg tablet	take 4 Tablet by oral route every day	N	Verified
taking as directed	folic acid 1 mg tablet	take 5 (5MG) by oral route every day	N	Verified
taking as directed	Imuran 50 mg tablet	TAKE 1 TABLET BY MOUTH TWICE A DAY	N	Verified
taking as directed	Letairis 10 mg tablet	take 1 tablet by oral route every day	N	Verified
taking as directed	Lipitor 20 mg tablet	TAKE 1 TABLET BY MOUTH EVERY DAY	N	Verified
taking as directed	Norco 5 mg-325 mg tablet	take 1 tablet by oral route every 12 hours as needed for pain	N	Verified
taking as directed	clobetasol 0.05 % topical cream	apply by topical route 2 times every day a thin layer to the affected area(s)	N	Verified

Health Maintenance

The patient's health maintenance was reviewed today.

Physical Exam - 01/10/2018

BMP - 05/16/2019

Bone Density - 05/30/2019

CBC - 05/16/2019

Chemistry - 12/04/2013

Chest X-Ray - 09/11/2018

CPK - 02/06/2014

Creatinine - 05/16/2019

CRP - 05/16/2019

Dilated Eye Exam - 04/08/2008

Echocardiogram - 06/12/2018

EKG - 10/03/2008

Eye Exam - 01/09/2012

Flu Shot - 11/19/2018

HFP - 08/15/2019

Lipids - 01/11/2018

Mammogram - 11/22/2017

Microalbumin - 12/04/2013

Pneumovax - 12/23/2008

Breast Exam - 11/01/2002

PT/INR - 04/21/2010

Stress Test - 04/21/2016

Tetanus - 03/21/2017

Thyroid Profile - 10/23/2006

Urinalysis - 08/15/2019

uTSH - 01/11/2018

Document note on 08/15/2019 11:00 AM for Sandra O Flowers

Patient: Flowers , Sandra
Visit Date: 08/15/19
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Cardiology - Nwaukwa

Histories

Past Medical History

PAST MEDICAL/SURGICAL HISTORY

Disease/disorder	Onset Date	Management	Date
		Hysterectomy, partial Cholecystectomy permanent Tracheostomy spleen- biopsy	2008

Chicken Pox

MI

Mumps

Rubeola/Measles

spleenomegaly -cause-?

Tracheoesophageal
fistula

2008

Social History

Ethnicity - Not Hispanic or Latino

Occupation - Disability

Sexuality - heterosexual

Marital Status - married

Tobacco Use

Smoking status: Never smoker.

Family History

Relationship	Family Member Name	Deceased	Age at Death	Condition	Onset Age	Cause of Death
				No family history of Depression		N
				No family history of Substance abuse		N
						N
				Family history of Hypertension		N
						N
				Family history of Diabetes mellitus type 2		N
				No family history of Hyperlipidemia		N
				No family history of Alcoholism		N
				No family history of Mental illness		N
						N
				No family history of		N

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Patient: Flowers , Sandra

Visit Date: 08/15/19

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Endocrine Disorders				
	N			N
Father	N			N
Father	N	Hypertension		N
Maternal	Y	Diabetes mellitus	62	N
Aunt				
Maternal	Y	Systemic lupus erythematosus	62	N
Aunt				
Mother	N	Rheumatoid arthritis		N
Mother	N	thrombocytopenia		N

Review of Systems

Source of Information

Patient

General Comments

few hyperpigmented lesion on face and fore, + permanent tracheostomy.

Allergies

Description	Onset
Quinolone Anti-infectives	10/26/2000
Antihistamines (Topica, systemic)	10/26/2000
Metronidazole	10/26/2000
Penicillins; Cephalosporins; Carbapenem; Aztreonam	10/26/2000
Sulfonyl;Loop/TZ/CAI;Diazox;Sa cch;Cyclam	10/26/2000

Constitutional

Patient Confirms

Fatigue,

Patient Denies

Fever, Headache, Weakness, Weight loss, Weight gain,

Eyes

Last Eye Exam - 01/09/2012

Last Dilated Eye Exam - 04/08/2008

Patient Confirms

Dryness, Feels like object in eye, Itching,

Patient Denies

Redness, Eye pain, Blurred vision, Diplopia, Acuity changes,

Head/Neck

Patient Denies

Headache,

Ears

Patient Denies

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Difficulty hearing, Tinnitus,

Nose

Patient Denies

Rhinorrhea, Dryness in nose, Epistaxis, Loss of smell

Oropharynx

Patient Confirms

Dry mouth,

Patient Denies

Hoarseness, Dysphagia, Loss of taste, Bleeding gums, Sore tongue,

Cardiac

Patient Confirms

Fatigue,

Patient Denies

Chest pain at rest, Chest pain with exertion, Irregular heart beat, Sudden changes in heart beat, Heart murmurs, Nausea, Cough,

Respiratory

Patient Denies

Difficulty breathing at night, Cough, Fever, Hemoptysis, Peripheral edema, Shortness of breath, Rhinorrhea, Wheezing

Gastrointestinal

Patient Denies

Nausea, Constipation, Diarrhea, Dysphagia, Heartburn, Jaundice, Weight loss, Weight gain, Stomach pain relieved by food or milk,

Female Genitourinary

Patient Denies

Dysuria, Hesitancy, Nocturia,

Musculoskeletal

Patient Confirms

Extremity pain

Joint pain

Patient Denies

Joint swelling, Muscle spasms, Weakness,

Integumentary

Patient Confirms

Rash,

Patient Denies

Color changes of extremities, Tendency to bruise, Redness, Sun sensitivity, Alopecia, Tightness, Hives, Nodules/bumps,

Neurologic

Document note on 08/15/2019 11:00 AM for Sandra O Flowers

Patient: Flowers , Sandra

Visit Date: 08/15/19

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Patient Denies

Dizziness, Headache, Loss of consciousness, Memory loss,

Psychiatric

Patient Confirms

PM Insomnia,

Patient Denies

Anxiety, Apprehension, Depression, Combative, Aggressive, AM Insomnia,

Endocrine

Patient Denies

Polydipsia, Weight loss, Weight gain, Fainting, Nausea,

Hematologic

Patient Confirms

Anemia,

Patient Denies

Bleeding tendencies, Blood transfusions, Lymph node enlargement, Tender lymph nodes,

Physical Exam

Vital Signs

HEIGHT

Time	ft	in	cm	Last Measured	Height Position	%
11:35 AM	5.0		152.40	03/21/2017		

WEIGHT/BSA/BMI

Time	lb	oz	kg	Context	%	BMI kg/m2	BSA m2
11:35 AM	182.50		82.781	dressed without shoes		35.64	1.87

BLOOD PRESSURE

Time	BP mm/Hg	Position	Side	Site	Method	Cuff Size
11:35 AM	144/82	sitting	left	brachial	automatic	adult

Mid-Arm Circumference - 0.0 inches

TEMPERATURE/PULSE/RESPIRATION

Time	Temp F	Temp C	Temp Site	Pulse/min	Pattern	Resp/ min
11:35 AM				82		20

PULSE OXIMETRY/FIO2

Time	Pulse Ox (Rest %)	Pulse Ox (Amb %)	O2 Sat	O2 LPM	Timing	FiO2 %	L/min	Delivery Method
11:35 AM	93		RA					

PAIN SCALE

Document note on 08/15/2019 11:00 AM for Sandra O Flowers

Patient: Flowers , Sandra

Visit Date: 08/15/19

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Time	Pain Score	Method
11:35 AM	4/10	Numeric Pain Intensity Scale

MEASURED BY

Time	Measured by
11:35 AM	Wendy Smith

Body Fat - 25 %

BMR - 1985 kcal/day

Protein Requirement - 99 grams/day

Circumferences (Performed 08/15/2019)

Abdomen - 33 inches

Chest - 38.50 inches

Back

Inspection

No skin abnormalities

No muscle spasm present

No spine abnormalities present

Shoulder Height - symmetric

Palpation

Pain on palpation

L4L5

soft tissues musculoskeletal lumbo-sacral

SI Joint - tender

No sensorimotor abnormalities

Range of Motion Standing

Flexion forward 30 degrees without pain

Extension, arching back approximately 10 degrees without pain

Right lateral flexion approximately 30 degrees without pain

Left lateral flexion approximately 30 degrees without pain

Right rotation approximately 20 degrees without pain

Left rotation approximately 20 degrees without pain

Range of Motion Sitting

Reflexes

Patellar, Left - +2 - average; normal

Patellar, Right - +2 - average; normal

Achilles, Left - +1 - diminished; low normal

Achilles, Right - +1 - diminished; low normal

Range of Motion Lying

SLRT

Left - 60 degrees

Right - 60 degrees

Pain Assessment

On a scale from 0 to 10, the patient reports a pain level of 4 (Moderate) today.

Screeners and Opioid Assessment for Patients with Pain (SOAPP)

Assessment

Mixed connective tissue disease	Stable
Postmenopausal osteoporosis	Persistent
Lumbosacral spondylosis without myelopathy	Control, fair
Trochanteric bursitis of both hips	Control, fair
High risk medication use	Needs further assessment
Aortic arch atherosclerosis	
Aortic dilatation	
Atherosclerosis of coronary artery bypass graft of native heart without angina pectoris	
Benign essential hypertension	
CAD in native artery	
Chronic respiratory failure with hypoxia, on home O2 therapy	
Dependence on supplemental oxygen	
Diffuse large cell lymphoma in remission	
Fredrickson type 4 hyperlipoproteinemia	
Interstitial lung disease	
Leukocytoclastic vasculitis	
Old MI (myocardial infarction)	
Pulmonary hypertension, primary	
Sarcoidosis, lung	
Severe obesity	
Tracheostomy complication, unspecified complication type	

Chronic Conditions

Chronic respiratory failure with hypoxia, on home O2 therapy
CAD in native artery
Sarcoidosis, lung
Severe obesity
Aortic arch atherosclerosis
Mixed connective tissue disease
Diffuse large cell lymphoma in remission
Interstitial lung disease
Pulmonary hypertension, primary
Opioid dependence, uncomplicated
Aortic dilatation

Document note on 08/15/2019 11:00 AM for Sandra O Flowers

Patient: Flowers , Sandra

Visit Date: 08/15/19

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Tracheostomy complication
Leukocytoclastic vasculitis
Benign essential hypertension
Fredrickson type 4 hyperlipoproteinemia
Old MI (myocardial infarction)
Postmenopausal osteoporosis
CKD (chronic kidney disease) stage 3, GFR 30-59 ml/min
Cortical senile cataract of both eyes
Long term current use of systemic steroids
Cardiomegaly
Nevus of right conjunctiva
High risk medication use
Cataract, nuclear sclerotic senile
Trochanteric bursitis of both hips
Lumbosacral spondylosis without myelopathy
Supplemental oxygen dependent
Stenosis of trachea
Anemia of other chronic disease
Chronic sinusitis

Plan

Active Medications

Start Date	Brand	Dose	Sig Desc
08/15/2019	IMURAN	50 mg	TAKE 1 TABLET BY MOUTH TWICE A DAY
08/15/2019	FOLIC ACID	1 mg	take 5 (5MG) by oral route every day
08/15/2019	PREDNISONE	1 mg	take 4 Tablet by oral route every day
08/15/2019	CLOBETASOL PROPIONATE	0.05 %	apply by topical route 2 times every day a thin layer to the affected area(s)
08/15/2019	NORCO	5 mg-325 mg	take 1 tablet by oral route every 12 hours as needed for pain
05/13/2019	LIPITOR	20 mg	TAKE 1 TABLET BY MOUTH EVERY DAY
02/19/2019	LETAIRIS	10 mg	1 tab po qd
02/19/2019	REVATIO	20 mg	1 tab po TID
02/19/2019	PROLIA	60 mg/mL	take 1 by Subcutaneous route once
02/19/2019	ALBUTEROL SULFATE	0.63 mg/3 mL	inhale 1 by Inhalation route 3 times every
12/04/2018	METOPROLOL TARTRATE	25 mg	TAKE 1 TABLET BY MOUTH TWICE A DAY
	CALCIUM 500 + VITAMIN D	500 mg calcium (1,250 mg)-125 unit	take 1 by Oral route once 1 tab tid
	ECOTRIN	81 mg	1 tab po QD
	TYVASO	1.74 mg/2.9 mL (0.6 mg/mL)	inhale 0.09 milliliter by inhalation route 4 times every day via nebulizer at approximately 4 hour intervals
	VITAMIN E	400 unit	take 1 by Oral route every day 1 tab bid
	LETAIRIS	10 mg	take 1 tablet by oral route every day

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Patient: Flowers , Sandra
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Lab

C3
C4
CRP
ESR

Urinalysis

Urine Drug Screen - Opiates Only

Comments

pls disregard HFP...

Follow Up

Acute

Follow - up
3 month(s)

Approved by Vijay Kumar MD 08/15/19

Southeast Texas Medical Associates, LLP

08/15/2019 11:00 AM



SETMA I - 2929 Calder, Suite 100

SETMA II - 3570 College, Suite 200

Mark Wilson Clinic - 2010 Dowlen

Lumberton - 137B LHS Drive

Nederland/Port Arthur - 2400 Highway 365, Suite 201

Orange - 610 Strickland Drive, Suite 140

(409) 833-9797

www.setma.com

Chart Note - 05/16/19 SETMA II

Patient Sandra Flowers
Date of Birth 07/24/1959
Age 59 Years
Race Black or African American
Preferred Language English
Sex F
Visit Type Follow - up
Medical Record 4962

Acute Diagnoses

	Status
Mixed connective tissue disease	Stable
Postmenopausal osteoporosis	Persistent
Lumbosacral spondylosis without myelopathy	Control, fair
Trochanteric bursitis of both hips	Control, fair
High risk medication use	Needs further assessment
Body mass index (BMI) 36.0-36.9, adult	

Chief Complaints

pain
pain
pain
pain
pain
pain

Chronic Conditions

Document note on 05/16/2019 11:00 AM for Sandra O Flowers

Patient: Flowers, Sandra

Visit Date: 05/16/19

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Old MI (myocardial infarction)
Diffuse large cell lymphoma in remission
Cortical senile cataract of both eyes
Long term current use of systemic steroids
Cardiomegaly
Aortic arch atherosclerosis
Nevus of right conjunctiva
Fredrickson type 4 hyperlipoproteinemia
Mixed connective tissue disease
Interstitial lung disease
Severe obesity (BMI 35.0-39.9) with comorbidity
Pulmonary hypertension, primary
Postmenopausal osteoporosis
Benign essential hypertension
Opioid dependence, uncomplicated
Mixed collagen vascular disease
Sarcoidosis
Atherosclerosis of coronary artery bypass graft
High risk medication use
CKD (chronic kidney disease) stage 3, GFR 30-59 ml/min
Cataract, nuclear sclerotic senile
Leukocytoclastic vasculitis
Trochanteric bursitis of both hips
Lumbosacral spondylosis without myelopathy
Supplemental oxygen dependent
Aortic dilatation
Tracheostomy complication
Stenosis of trachea
Anemia of other chronic disease
Chronic sinusitis

Chief Complaint 1 - pain

Location - Hands and wrist

Onset - gradual

Radiation - fingers

Quality - aching

Frequency - frequently

Duration - year(s)

Severity - 03/10

Change - no change

Aggravated By - activity

Relieved By - medication

Associated Symptoms

stiffness

Comments

Prolia inj. 02/25/2019....ws,lvn

Chief Complaint 2 - pain

Document note on 05/16/2019 11:00 AM for Sandra O Flowers

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Location - elbows

Onset - gradual

Radiation - forearm

Quality - aching

Frequency - frequently

Duration - year(s)

Severity - 02/10

Change - relief, intermittently

Aggravated By - bending

Relieved By - medication

Associated Symptoms

stiffness

Chief Complaint 3 - pain

Location - neck

Onset - gradual

Radiation - shoulder

Quality - aching

Frequency - frequently

Severity - 04/10

Change - no change

Aggravated By - bending

Relieved By - medication

Associated Symptoms

stiffness

Chief Complaint 4 - pain

Location - back - lower

Onset - gradual

Radiation - posterior thigh

Quality - aching

Frequency - frequently

Duration - year(s)

Severity - 05/10

Change - no change

Aggravated By - bending

Relieved By - medication

Associated Symptoms

stiffness

Comments

ws,lvn

Chief Complaint 5 - pain

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Location - hips

Onset - gradual

Radiation - thigh

Quality - aching

Frequency - frequently

Duration - year(s)

Severity - rt- 05/10., lt-05/10

Change - no change

Aggravated By - walking,standing

Relieved By - medication

Associated Symptoms

stiffness

Chief Complaint 6 - pain

Location - knees

Onset - gradual

Radiation - both legs

Quality - aching

Frequency - frequently

Duration - year(s)

Severity - 04/10

Change - relief, intermittently

Aggravated By - standing

Relieved By - medication

Associated Symptoms

stiffness

Nursing

Medications (active prior to today)

Medication Name	Sig Desc	Start Date	Stop Date	Refilled	Elsewhere
Tyvaso 1.74 mg/2.9 mL (0.6 mg/mL) solution for nebulization	inhale 0.09 milliliter by inhalation route 4 times every day via nebulizer at approximately 4 hour intervals	//			Y
Hyper-Sal 3.5 % solution for nebulization		//	05/16/2019		Y
vitamin E 400 unit tablet	take 1 by Oral route every day 1 tab bid	//			Y
metoprolol tartrate 25 mg tablet	TAKE 1 TABLET BY MOUTH TWICE A DAY	12/04/2018		12/04/2018	N
Imuran 50 mg tablet	TAKE 1 TABLET BY MOUTH TWICE A DAY	02/19/2019	05/16/2019	05/16/2019	N
folic acid 1 mg tablet	take 5 (5MG) by oral route every day	02/19/2019	05/16/2019	05/16/2019	N

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Norco 5 mg-325 mg tablet	take 1 tablet by oral route every 12 hours as needed for pain	02/19/2019	05/16/2019	05/16/2019	N
prednisone 1 mg tablet	take 4 Tablet by oral route every day	02/19/2019	05/16/2019	05/16/2019	N
albuterol sulfate 0.63 mg/3 mL solution for nebulization	inhale 1 by Inhalation route 3 times every	02/19/2019		02/19/2019	N
Calcium 500 mg (1,250 mg) + D3 125 unit tablet	take 1 by Oral route once 1 tab tid	//		02/19/2019	Y
clobetasol 0.05 % topical cream	apply by topical route 2 times every day a thin layer to the affected area(s)	02/19/2019		02/19/2019	N
Ecotrin Low Strength 81 mg tablet,enteric coated	1 tab po QD	//		02/19/2019	Y
Letairis 10 mg tablet	1 tab po qd	02/19/2019		02/19/2019	N
Pennsaid 20 mg/gram/actuation (2 %) topical soln in metered-dose pump	apply 2 pump by topical route 2 times every day to the affected knee(s)	02/19/2019	05/16/2019	02/19/2019	N
Revatio 20 mg tablet	1 tab po TID	02/19/2019		02/19/2019	N
Prolia 60 mg/mL subcutaneous syringe	take 1 by Subcutaneous route once	02/19/2019		02/19/2019	N
fluticasone 50 mcg/actuation nasal spray,suspension	spray 2 spray by intranasal route every day each nostril prn	02/22/2019	05/16/2019		N
Lipitor 20 mg tablet	TAKE 1 TABLET BY MOUTH EVERY DAY	05/13/2019		05/13/2019	N

Medication Reconciliation

Medications reconciled today.

Medication Reviewed

Adherence	Medication Name	Sig Desc	Elsewhere	Status
taking as directed	Tyvaso 1.74 mg/2.9 mL (0.6 mg/mL) solution for nebulization	inhale 0.09 milliliter by inhalation route 4 times every day via nebulizer at approximately 4 hour intervals	Y	Verified
taking as directed	vitamin E 400 unit tablet	take 1 by Oral route every day 1 tab bid	Y	Verified
taking as directed	metoprolol tartrate 25 mg tablet	TAKE 1 TABLET BY MOUTH TWICE A DAY	N	Verified
taking as directed	albuterol sulfate 0.63 mg/3 mL solution for nebulization	inhale 1 by Inhalation route 3 times every	N	Verified
taking as directed	Calcium 500 mg (1,250 mg) + D3 125 unit tablet	take 1 by Oral route once 1 tab tid	Y	Verified
taking as directed	Ecotrin Low Strength 81 mg tablet,enteric coated	1 tab po QD	Y	Verified
taking as directed	clobetasol 0.05 % topical cream	apply by topical route 2 times every day a thin layer to the affected area(s)	N	Verified
taking as directed	Letairis 10 mg tablet	1 tab po qd	N	Verified
taking as directed	Revatio 20 mg tablet	1 tab po TID	N	Verified
taking as directed	Prolia 60 mg/mL subcutaneous syringe	take 1 by Subcutaneous route once	N	Verified
taking as directed	Lipitor 20 mg tablet	TAKE 1 TABLET BY MOUTH EVERY DAY	N	Verified

Document note on 05/16/2019 11:00 AM for Sandra O Flowers

Patient: Flowers, Sandra

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taking as directed	prednisone 1 mg tablet	take 4 Tablet by oral route every day	N	Verified
taking as directed	folic acid 1 mg tablet	take 5 (5MG) by oral route every day	N	Verified
taking as directed	Imuran 50 mg tablet	TAKE 1 TABLET BY MOUTH TWICE A DAY	N	Verified
taking as directed	Norco 5 mg-325 mg tablet	take 1 tablet by oral route every 12 hours as needed for pain	N	Verified

Health Maintenance

The patient's health maintenance was reviewed today.

Physical Exam - 01/10/2018
BMP - 02/19/2019
Bone Density - 02/01/2018
CBC - 02/19/2019
Chemistry - 12/04/2013
Chest X-Ray - 09/11/2018
CPK - 02/06/2014
Creatinine - 02/19/2019
CRP - 02/19/2019
Dilated Eye Exam - 04/08/2008
Echocardiogram - 06/12/2018
EKG - 10/03/2008
Eye Exam - 01/09/2012
Flu Shot - 11/19/2018
HFP - 02/19/2019
Lipids - 01/11/2018
Mammogram - 11/22/2017
Microalbumin - 12/04/2013
Pneumovax - 12/23/2008
Breast Exam - 11/01/2002
PT/INR - 04/21/2010
Stress Test - 04/21/2016
Tetanus - 03/21/2017
Thyroid Profile - 10/23/2006
Urinalysis - 05/16/2019
uTSH - 01/11/2018

Patient's Preferred Specialists

Cardiology - Nwaukwa

Histories

Past Medical History

PAST MEDICAL/SURGICAL HISTORY

Disease/disorder	Onset Date	Management	Date
Hysterectomy, partial			

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Cholecystectomy
permanent 2008
Tracheostomy
spleen- biopsy

Chicken Pox
MI
Mumps
Rubeola/Measles
sleenomegaly -cause-?
Tracheoesophageal 2008
fistula

Social History

Ethnicity - Not Hispanic or Latino

Occupation - Disability

Sexuality - heterosexual

Marital Status - married

Tobacco Use

Smoking status: Never smoker.

Family History

Relationship	Family Member Name	Deceased	Age at Death	Condition	Onset Age	Cause of Death
				No family history of Depression		N
				No family history of Substance abuse		N
				Family history of Hypertension		N
				Family history of Diabetes mellitus type 2		N
				No family history of Hyperlipidemia		N
				No family history of Alcoholism		N
				No family history of Mental illness		N
				No family history of Endocrine Disorders		N
		N				N
Father		N				N
Father		N		Hypertension		N
Maternal Aunt		Y		Diabetes mellitus	62	N
Maternal Aunt		Y		Systemic lupus erythematosus	62	N
Mother		N		Rheumatoid arthritis		N

Mother	N	thrombocytopenia	N
--------	---	------------------	---

Review of Systems

Source of Information

Patient

General Comments

few hyperpigmented lesion on face and fore, + permanent tracheostomy.

Allergies

Description	Onset
Quinolone Anti-infectives	10/26/2000
Antihistamines (Topica, systemic)	10/26/2000
Metronidazole	10/26/2000
Penicillins; Cephalosporins; Carbapenem; Aztreonam	10/26/2000
Sulfonyl; Loop/TZ/CAI; Diazox; Sa cch; Cyclam	10/26/2000

Constitutional

Patient Confirms

Fatigue,

Patient Denies

Fever, Headache, Weakness, Weight loss, Weight gain,

Eyes

Visual Acuity

20 / 50 OS

20 / 50 OD

20 / 30 OU

Last Eye Exam - 01/09/2012

Last Dilated Eye Exam - 04/08/2008

Patient Confirms

Dryness, Feels like object in eye, Itching,

Patient Denies

Redness, Eye pain, Blurred vision, Diplopia, Acuity changes,

Head/Neck

Patient Denies

Headache,

Ears

Patient Denies

Difficulty hearing, Tinnitus,

Nose

Patient Denies

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Rhinorrhea, Dryness in nose, Epistaxis, Loss of smell

Oropharynx

Patient Confirms

Dry mouth,

Patient Denies

Hoarseness, Dysphagia, Loss of taste, Bleeding gums, Sore tongue,

Cardiac

Patient Confirms

Fatigue,

Patient Denies

Chest pain at rest, Chest pain with exertion, Irregular heart beat, Sudden changes in heart beat, Heart murmurs, Nausea, Cough,

Respiratory

Patient Denies

Difficulty breathing at night, Cough, Fever, Hemoptysis, Peripheral edema, Shortness of breath, Rhinorrhea, Wheezing

Gastrointestinal

Patient Denies

Nausea, Constipation, Diarrhea, Dysphagia, Heartburn, Jaundice, Weight loss, Weight gain, Stomach pain relieved by food or milk,

Female Genitourinary

Patient Denies

Dysuria, Hesitancy, Nocturia, Stress incontinence,

Musculoskeletal

Patient Confirms

Extremity pain

Joint pain

Patient Denies

Joint swelling, Muscle spasms, Weakness,

Integumentary

Patient Confirms

Rash,

Patient Denies

Color changes of extremities, Tendency to bruise, Redness, Sun sensitivity, Alopecia, Tightness, Hives, Nodules/bumps,

Neurologic

Patient Denies

Dizziness, Headache, Loss of consciousness, Memory loss,

Psychiatric

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Patient Confirms

PM Insomnia,

Patient Denies

Anxiety, Apprehension, Depression, Combative, Aggressive, AM Insomnia,

Endocrine

Patient Denies

Polydipsia, Weight loss, Weight gain, Fainting, Nausea,

Hematologic

Patient Confirms

Anemia,

Patient Denies

Bleeding tendencies, Blood transfusions, Lymph node enlargement, Tender lymph nodes,

Physical Exam

Vital Signs

HEIGHT

Time	ft	in	cm	Last Measured	Height Position	%
12:17 PM	5.0		152.40	03/21/2017		

WEIGHT/BSA/BMI

Time	lb	oz	kg	Context	%	BMI kg/m2	BSA m2
12:17 PM	185.00		83.915	dressed without shoes		36.13	1.88

BLOOD PRESSURE

Time	BP mm/Hg	Position	Side	Site	Method	Cuff Size
12:17 PM	137/72	sitting	left	brachial	automatic	adult

Mid-Arm Circumference - 0.0 inches

TEMPERATURE/PULSE/RESPIRATION

Time	Temp F	Temp C	Temp Site	Pulse/min	Pattern	Resp/ min
12:17 PM				78		20

PULSE OXIMETRY/FIO2

Time	Pulse Ox (Rest %)	Pulse Ox (Amb %)	O2 Sat	O2 LPM	Timing	FiO2 %	L/min	Delivery Method
12:17 PM	93		RA					

PAIN SCALE

Time	Pain Score	Method
12:17 PM	4/10	Numeric Pain Intensity Scale

MEASURED BY

Time	Measured by
------	-------------

Document note on 05/16/2019 11:00 AM for Sandra O Flowers

Patient: Flowers , Sandra

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12:17 PM Wendy Smith

Body Fat - 25 %

BMR - 2006 kcal/day

Protein Requirement - 100 grams/day

Circumferences (Performed 05/16/2019)

Abdomen - 33 inches

Chest - 38.50 inches

Visual Acuity

With Glasses

OS - 20 / 50

OD - 20 / 50

OU - 20 / 30

Constitutional

Level of Consciousness - Normal

Orientation - Normal

Level of Distress - Normal

Nourishment - moderately obese

Head/Face

Hair and Scalp - Normal

Skull - Normal

Facial Features - Normal

TM Joint - Normal

Eyes

General

Right - Normal

Left - Normal

External

Right - Normal

Left - Normal

Visual Acuity

With Glasses

OS 20 / 50

OD 20 / 50

OU 20 / 30

Last Dilated Eye Exam - 04/08/2008

Last Eye Exam - 01/09/2012

Ears

External Ear

Inspection

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Right - Normal

Left - Normal

Palpation

Right - Normal

Left - Normal

Nasopharynx

Nose and Sinuses

External Nose - Normal

Nares

Right - Normal

Left - Normal

Mucosa - Normal

Mouth

Tongue - Normal

Buccal Mucosa - Normal

Comments

Permanent tracheostomy in good position, Salivary gland- parotid and sub-mandibular gland not enlarged , non- tender.

Neck

Inspection - Normal

Palpation - +paraspinal muscle tenderness

Lymph Nodes - Normal

Thyroid Gland - Normal

Range of motion without resistance.

Flexion

40 degrees

Extension

40 degrees

Rotation

Left - 60 degrees

Right - 60

Lateral Flexion

Left - 30 degrees

Right - 30

Reflexes

Triceps

Left - 2+

Right - 2+

Bicipes

Left - 2+

Right - 2+

Comments

permanent Tracheostomy

Respiratory

Inspection - Normal

Auscultation - Normal

Cough - Absent

Comments

Permanent tracheostomy in good position,

Cardiovascular

Auscultation - Normal

Murmurs - Absent

JVP - Normal

Abdomen

Inspection - surgical scars

Back

Inspection

No skin abnormalities

No muscle spasm present

No spine abnormalities present

Shoulder Height - symmetric

Palpation

Pain on palpation

L4L5

soft tissues musculoskeletal lumbo-sacral

SI Joint - tender

No sensorimotor abnormalities

Range of Motion Standing

Flexion forward 30 degrees without pain

Extension, arching back approximately 10 degrees without pain

Right lateral flexion approximately 30 degrees without pain

Left lateral flexion approximately 30 degrees without pain

Right rotation approximately 20 degrees without pain

Left rotation approximately 20 degrees without pain

Range of Motion Sitting

Reflexes

Patellar, Left - +2 - average; normal

Patellar, Right - +2 - average; normal

Document note on 05/16/2019 11:00 AM for Sandra O Flowers

Patient: Flowers, Sandra

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Achilles, Left - +1 - diminished; low normal

Achilles, Right - +1 - diminished; low normal

Range of Motion Lying

SLRT

Left - 60 degrees

Right - 60 degrees

Musculoskeletal

Comments

MUSCULOSKELETAL EXAMINATION- SHOULDER- no supraspinatus wasting, no swelling, no lat. and ant. Joint tenderness, + tenderness over AC joint, ROM-rt- abd- 145, Rotation- Int- 70, Ext-70. Lt- abd- 145, Rotation- Int- 70, Ext-70

ELBOW- no deformity, no swelling, + lateral epicondyle tenderness, no effusion, ROM-0-120.

WRIST- no deformity, no swelling, no synovitis, no dorsal tenderness ROM- DF -60, PF- 60.

HAND- no deformity, no swelling, no synovitis, + mild tenderness of pip joints, dip and mcp joint non-tender, + tenderness over 1st carpometacarpal joint, moderate hand grip.

HIP- no fixed flexion deformity, no swelling, - ant. joint line tenderness, + Trochanteric tenderness- rt > lt, ROM- rt-fle- 90, abd- 40, add- 20, rotation- Int- 20, ext- 30, Lt- fle- 90, abd- 40, add- 20, rotation- Int- 20, ext- 40

KNEE- no deformity, - quadriceps wasting, no swelling, no effusion, no synovitis, + tenderness over patellofemoral joint and medial joint line-ROM- 0-90

ANKLE, FEET and LEG- no swelling, + tenderness of sub-talar and 1st MTP joint, mid-tarsal and ankle joint non-tender, ROM- df-20, pf -40

Neurological

Mental Status

Cognitive Abilities - Normal

Emotional Stability - Normal

Sensory Function

Balance and Gait - Normal

Integumentary

Palpation - Normal

Hair - Normal

Nails - Normal

Comments

few hyperpigmented lesion on face and forehead

Pain Assessment

On a scale from 0 to 10, the patient reports a pain level of 4 (Moderate) today.

Screener and Opioid Assessment for Patients with Pain (SOAPP)

Plan

Active Medications

Document note on 05/16/2019 11:00 AM for Sandra O Flowers

Patient: Flowers , Sandra

Visit Date: 05/16/19

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Start Date	Brand	Dose	Sig Desc
05/16/2019	PREDNISONE	1 mg	take 4 Tablet by oral route every day
05/16/2019	FOLIC ACID	1 mg	take 5 (5MG) by oral route every day
05/16/2019	IMURAN	50 mg	TAKE 1 TABLET BY MOUTH TWICE A DAY
05/16/2019	NORCO	5 mg-325 mg	take 1 tablet by oral route every 12 hours as needed for pain
05/13/2019	LIPITOR	20 mg	TAKE 1 TABLET BY MOUTH EVERY DAY
02/19/2019	ALBUTEROL SULFATE	0.63 mg/3 mL	inhale 1 by Inhalation route 3 times every
02/19/2019	CLOBETASOL PROPIONATE	0.05 %	apply by topical route 2 times every day a thin layer to the affected area(s)
02/19/2019	LETAIRIS	10 mg	1 tab po qd
02/19/2019	REVATIO	20 mg	1 tab po TID
02/19/2019	PROLIA	60 mg/mL	take 1 by Subcutaneous route once
12/04/2018	METOPROLOL TARTRATE	25 mg	TAKE 1 TABLET BY MOUTH TWICE A DAY
	ECOTRIN	81 mg	1 tab po QD
	CALCIUM 500 + VITAMIN D	500 mg calcium (1,250 mg)-125 unit	take 1 by Oral route once 1 tab tid
	TYVASO	1.74 mg/2.9 mL (0.6 mg/mL)	inhale 0.09 milliliter by inhalation route 4 times every day via nebulizer at approximately 4 hour intervals
	VITAMIN E	400 unit	take 1 by Oral route every day 1 tab bid

Lab

BMP

C3

C4

CBC

CRP

ESR

Hepatic Function Panel

Urinalysis

Urine Drug Screen - Opiates Only

Diagnostics

Status	Priority	Order
ordered	Routine	Bone Density

Evaluation and Management

99214 - Established Patient, Detailed Problem

Follow Up

Acute

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Follow - up

3 month(s)

Approved by Vijay Kumar MD 05/16/19

Southeast Texas Medical Associates, LLP



SETMA I - 2929 Calder, Suite 100

SETMA II - 3570 College, Suite 200

Mark Wilson Clinic - 2010 Dowlen

Lumberton - 137B LHS Drive

Nederland/Port Arthur - 2400 Highway 365, Suite 201

Orange - 610 Strickland Drive, Suite 140

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Chart Note - 05/16/19 SETMA II

Patient Sandra Flowers
Date of Birth 07/24/1959
Age 59 Years
Race Black or African American
Preferred Language English
Sex F
Visit Type Follow - up
Medical Record 4962

Acute Diagnoses

	Status
Mixed connective tissue disease	Stable
Postmenopausal osteoporosis	Persistent
Lumbosacral spondylosis without myelopathy	Control, fair
Trochanteric bursitis of both hips	Control, fair
High risk medication use	Needs further assessment
Body mass index (BMI) 36.0-36.9, adult	

Chief Complaints

pain
pain
pain
pain
pain
pain

Chronic Conditions

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Old MI (myocardial infarction)
Diffuse large cell lymphoma in remission
Cortical senile cataract of both eyes
Long term current use of systemic steroids
Cardiomegaly
Aortic arch atherosclerosis
Nevus of right conjunctiva
Fredrickson type 4 hyperlipoproteinemia
Mixed connective tissue disease
Interstitial lung disease
Severe obesity (BMI 35.0-39.9) with comorbidity
Pulmonary hypertension, primary
Postmenopausal osteoporosis
Benign essential hypertension
Opioid dependence, uncomplicated
Mixed collagen vascular disease
Sarcoidosis
Atherosclerosis of coronary artery bypass graft
High risk medication use
CKD (chronic kidney disease) stage 3, GFR 30-59 ml/min
Cataract, nuclear sclerotic senile
Leukocytoclastic vasculitis
Trochanteric bursitis of both hips
Lumbosacral spondylosis without myelopathy
Supplemental oxygen dependent
Aortic dilatation
Tracheostomy complication
Stenosis of trachea
Anemia of other chronic disease
Chronic sinusitis

Chief Complaint 1 - pain

Location - Hands and wrist

Onset - gradual

Radiation - fingers

Quality - aching

Frequency - frequently

Duration - year(s)

Severity - 03/10

Change - no change

Aggravated By - activity

Relieved By - medication

Associated Symptoms

stiffness

Comments

Prolia inj. 02/25/2019....ws,lvn

Chief Complaint 2 - pain

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Location - elbows

Onset - gradual

Radiation - forearm

Quality - aching

Frequency - frequently

Duration - year(s)

Severity - 02/10

Change - relief, intermittently

Aggravated By - bending

Relieved By - medication

Associated Symptoms

stiffness

Chief Complaint 3 - pain

Location - neck

Onset - gradual

Radiation - shoulder

Quality - aching

Frequency - frequently

Severity - 04/10

Change - no change

Aggravated By - bending

Relieved By - medication

Associated Symptoms

stiffness

Chief Complaint 4 - pain

Location - back - lower

Onset - gradual

Radiation - posterior thigh

Quality - aching

Frequency - frequently

Duration - year(s)

Severity - 05/10

Change - no change

Aggravated By - bending

Relieved By - medication

Associated Symptoms

stiffness

Comments

ws,lvn

Chief Complaint 5 - pain

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Location - hips

Onset - gradual

Radiation - thigh

Quality - aching

Frequency - frequently

Duration - year(s)

Severity - rt- 05/10., lt-05/10

Change - no change

Aggravated By - walking,standing

Relieved By - medication

Associated Symptoms

stiffness

Chief Complaint 6 - pain

Location - knees

Onset - gradual

Radiation - both legs

Quality - aching

Frequency - frequently

Duration - year(s)

Severity - 04/10

Change - relief, intermittently

Aggravated By - standing

Relieved By - medication

Associated Symptoms

stiffness

Nursing

Medications (active prior to today)

Medication Name	Sig Desc	Start Date	Stop Date	Refilled	Elsewhere
Tyvaso 1.74 mg/2.9 mL (0.6 mg/mL) solution for nebulization	inhale 0.09 milliliter by inhalation route 4 times every day via nebulizer at approximately 4 hour intervals	//			Y
Hyper-Sal 3.5 % solution for nebulization		//	05/16/2019		Y
vitamin E 400 unit tablet	take 1 by Oral route every day 1 tab bid	//			Y
metoprolol tartrate 25 mg tablet	TAKE 1 TABLET BY MOUTH TWICE A DAY	12/04/2018		12/04/2018	N
Imuran 50 mg tablet	TAKE 1 TABLET BY MOUTH TWICE A DAY	02/19/2019	05/16/2019	05/16/2019	N
folic acid 1 mg tablet	take 5 (5MG) by oral route every day	02/19/2019	05/16/2019	05/16/2019	N

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Norco 5 mg-325 mg tablet	take 1 tablet by oral route every 12 hours as needed for pain	02/19/2019	05/16/2019	05/16/2019	N
prednisone 1 mg tablet	take 4 Tablet by oral route every day	02/19/2019	05/16/2019	05/16/2019	N
albuterol sulfate 0.63 mg/3 mL solution for nebulization	inhale 1 by Inhalation route 3 times every	02/19/2019		02/19/2019	N
Calcium 500 mg (1,250 mg) + D3 125 unit tablet	take 1 by Oral route once 1 tab tid	//		02/19/2019	Y
clobetasol 0.05 % topical cream	apply by topical route 2 times every day a thin layer to the affected area(s)	02/19/2019		02/19/2019	N
Ecotrin Low Strength 81 mg tablet,enteric coated	1 tab po QD	//		02/19/2019	Y
Letairis 10 mg tablet	1 tab po qd	02/19/2019		02/19/2019	N
Pennsaid 20 mg/gram/actuation (2 %) topical soln in metered-dose pump	apply 2 pump by topical route 2 times every day to the affected knee(s)	02/19/2019	05/16/2019	02/19/2019	N
Revatio 20 mg tablet	1 tab po TID	02/19/2019		02/19/2019	N
Prolia 60 mg/mL subcutaneous syringe	take 1 by Subcutaneous route once	02/19/2019		02/19/2019	N
fluticasone 50 mcg/actuation nasal spray,suspension	spray 2 spray by intranasal route every day each nostril prn	02/22/2019	05/16/2019		N
Lipitor 20 mg tablet	TAKE 1 TABLET BY MOUTH EVERY DAY	05/13/2019		05/13/2019	N

Medication Reconciliation

Medications reconciled today.

Medication Reviewed

Adherence	Medication Name	Sig Desc	Elsewhere	Status
taking as directed	Tyvaso 1.74 mg/2.9 mL (0.6 mg/mL) solution for nebulization	inhale 0.09 milliliter by inhalation route 4 times every day via nebulizer at approximately 4 hour intervals	Y	Verified
taking as directed	vitamin E 400 unit tablet	take 1 by Oral route every day 1 tab bid	Y	Verified
taking as directed	metoprolol tartrate 25 mg tablet	TAKE 1 TABLET BY MOUTH TWICE A DAY	N	Verified
taking as directed	albuterol sulfate 0.63 mg/3 mL solution for nebulization	inhale 1 by Inhalation route 3 times every	N	Verified
taking as directed	Calcium 500 mg (1,250 mg) + D3 125 unit tablet	take 1 by Oral route once 1 tab tid	Y	Verified
taking as directed	Ecotrin Low Strength 81 mg tablet,enteric coated	1 tab po QD	Y	Verified
taking as directed	clobetasol 0.05 % topical cream	apply by topical route 2 times every day a thin layer to the affected area(s)	N	Verified
taking as directed	Letairis 10 mg tablet	1 tab po qd	N	Verified
taking as directed	Revatio 20 mg tablet	1 tab po TID	N	Verified
taking as directed	Prolia 60 mg/mL subcutaneous syringe	take 1 by Subcutaneous route once	N	Verified
taking as directed	Lipitor 20 mg tablet	TAKE 1 TABLET BY MOUTH EVERY DAY	N	Verified

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taking as directed	prednisone 1 mg tablet	take 4 Tablet by oral route every day	N	Verified
taking as directed	folic acid 1 mg tablet	take 5 (5MG) by oral route every day	N	Verified
taking as directed	Imuran 50 mg tablet	TAKE 1 TABLET BY MOUTH TWICE A DAY	N	Verified
taking as directed	Norco 5 mg-325 mg tablet	take 1 tablet by oral route every 12 hours as needed for pain	N	Verified

Health Maintenance

The patient's health maintenance was reviewed today.

Physical Exam - 01/10/2018

BMP - 02/19/2019

Bone Density - 02/01/2018

CBC - 02/19/2019

Chemistry - 12/04/2013

Chest X-Ray - 09/11/2018

CPK - 02/06/2014

Creatinine - 02/19/2019

CRP - 02/19/2019

Dilated Eye Exam - 04/08/2008

Echocardiogram - 06/12/2018

EKG - 10/03/2008

Eye Exam - 01/09/2012

Flu Shot - 11/19/2018

HFP - 02/19/2019

Lipids - 01/11/2018

Mammogram - 11/22/2017

Microalbumin - 12/04/2013

Pneumovax - 12/23/2008

Breast Exam - 11/01/2002

PT/INR - 04/21/2010

Stress Test - 04/21/2016

Tetanus - 03/21/2017

Thyroid Profile - 10/23/2006

Urinalysis - 05/16/2019

uTSH - 01/11/2018

Patient's Preferred Specialists

Cardiology - Nwaukwa

Histories

Past Medical History

PAST MEDICAL/SURGICAL HISTORY

Disease/disorder	Onset Date	Management	Date
Hysterectomy, partial			

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Cholecystectomy
permanent 2008
Tracheostomy
spleen- biopsy

Chicken Pox
MI
Mumps
Rubeola/Measles
spleenomegaly -cause-?
Tracheoesophageal 2008
fistula

Social History

Ethnicity - Not Hispanic or Latino

Occupation - Disability

Sexuality - heterosexual

Marital Status - married

Tobacco Use

Smoking status: Never smoker.

Family History

Relationship	Family Member Name	Deceased	Age at Death	Condition	Onset Age	Cause of Death
				No family history of Depression		N
				No family history of Substance abuse		N
				Family history of Hypertension		N
				Family history of Diabetes mellitus type 2		N
				No family history of Hyperlipidemia		N
				No family history of Alcoholism		N
				No family history of Mental illness		N
				No family history of Endocrine Disorders		N
		N				N
Father		N				N
Father		N		Hypertension		N
Maternal Aunt		Y		Diabetes mellitus	62	N
Maternal Aunt		Y		Systemic lupus erythematosus	62	N
Mother		N		Rheumatoid arthritis		N

Mother	N	thrombocytopenia	N
--------	---	------------------	---

Review of Systems

Source of Information

Patient

General Comments

few hyperpigmented lesion on face and fore, + permanent tracheostomy.

Allergies

Description	Onset
Quinolone Anti-infectives	10/26/2000
Antihistamines (Topica, systemic)	10/26/2000
Metronidazole	10/26/2000
Penicillins; Cephalosporins; Carbapenem; Aztreonam	10/26/2000
Sulfonyl; Loop/TZ/CAI; Diazox; Sa cch; Cyclam	10/26/2000

Constitutional

Patient Confirms

Fatigue,

Patient Denies

Fever, Headache, Weakness, Weight loss, Weight gain,

Eyes

Visual Acuity

20 / 50 OS

20 / 50 OD

20 / 30 OU

Last Eye Exam - 01/09/2012

Last Dilated Eye Exam - 04/08/2008

Patient Confirms

Dryness, Feels like object in eye, Itching,

Patient Denies

Redness, Eye pain, Blurred vision, Diplopia, Acuity changes,

Head/Neck

Patient Denies

Headache,

Ears

Patient Denies

Difficulty hearing, Tinnitus,

Nose

Patient Denies

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Rhinorrhea, Dryness in nose, Epistaxis, Loss of smell

Oropharynx

Patient Confirms

Dry mouth,

Patient Denies

Hoarseness, Dysphagia, Loss of taste, Bleeding gums, Sore tongue,

Cardiac

Patient Confirms

Fatigue,

Patient Denies

Chest pain at rest, Chest pain with exertion, Irregular heart beat, Sudden changes in heart beat, Heart murmurs, Nausea, Cough,

Respiratory

Patient Denies

Difficulty breathing at night, Cough, Fever, Hemoptysis, Peripheral edema, Shortness of breath, Rhinorrhea, Wheezing

Gastrointestinal

Patient Denies

Nausea, Constipation, Diarrhea, Dysphagia, Heartburn, Jaundice, Weight loss, Weight gain, Stomach pain relieved by food or milk,

Female Genitourinary

Patient Denies

Dysuria, Hesitancy, Nocturia, Stress incontinence,

Musculoskeletal

Patient Confirms

Extremity pain

Joint pain

Patient Denies

Joint swelling, Muscle spasms, Weakness,

Integumentary

Patient Confirms

Rash,

Patient Denies

Color changes of extremities, Tendency to bruise, Redness, Sun sensitivity, Alopecia, Tightness, Hives, Nodules/bumps,

Neurologic

Patient Denies

Dizziness, Headache, Loss of consciousness, Memory loss,

Psychiatric

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Patient Confirms

PM Insomnia,

Patient Denies

Anxiety, Apprehension, Depression, Combative, Aggressive, AM Insomnia,

Endocrine

Patient Denies

Polydipsia, Weight loss, Weight gain, Fainting, Nausea,

Hematologic

Patient Confirms

Anemia,

Patient Denies

Bleeding tendencies, Blood transfusions, Lymph node enlargement, Tender lymph nodes,

Physical Exam

Vital Signs

HEIGHT

Time	ft	in	cm	Last Measured	Height Position	%
12:17 PM	5.0		152.40	03/21/2017		

WEIGHT/BSA/BMI

Time	lb	oz	kg	Context	%	BMI kg/m2	BSA m2
12:17 PM	185.00		83.915	dressed without shoes		36.13	1.88

BLOOD PRESSURE

Time	BP mm/Hg	Position	Side	Site	Method	Cuff Size
12:17 PM	137/72	sitting	left	brachial	automatic	adult

Mid-Arm Circumference - 0.0 inches

TEMPERATURE/PULSE/RESPIRATION

Time	Temp F	Temp C	Temp Site	Pulse/min	Pattern	Resp/ min
12:17 PM				78		20

PULSE OXIMETRY/FIO2

Time	Pulse Ox (Rest %)	Pulse Ox (Amb %)	O2 Sat	O2 LPM	Timing	FiO2 %	L/min	Delivery Method
12:17 PM	93		RA					

PAIN SCALE

Time	Pain Score	Method
12:17 PM	4/10	Numeric Pain Intensity Scale

MEASURED BY

Time	Measured by
------	-------------

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12:17 PM Wendy Smith

Body Fat - 25 %

BMR - 2006 kcal/day

Protein Requirement - 100 grams/day

Circumferences (Performed 05/16/2019)

Abdomen - 33 inches

Chest - 38.50 inches

Visual Acuity

With Glasses

OS - 20 / 50

OD - 20 / 50

OU - 20 / 30

Constitutional

Level of Consciousness - Normal

Orientation - Normal

Level of Distress - Normal

Nourishment - moderately obese

Head/Face

Hair and Scalp - Normal

Skull - Normal

Facial Features - Normal

TM Joint - Normal

Eyes

General

Right - Normal

Left - Normal

External

Right - Normal

Left - Normal

Visual Acuity

With Glasses

OS 20 / 50

OD 20 / 50

OU 20 / 30

Last Dilated Eye Exam - 04/08/2008

Last Eye Exam - 01/09/2012

Ears

External Ear

Inspection

Patient: Flowers , Sandra

Visit Date: 05/16/19

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Right - Normal

Left - Normal

Palpation

Right - Normal

Left - Normal

Nasopharynx

Nose and Sinuses

External Nose - Normal

Nares

Right - Normal

Left - Normal

Mucosa - Normal

Mouth

Tongue - Normal

Buccal Mucosa - Normal

Comments

Permanent tracheostomy in good position, Salivary gland- parotid and sub-mandibular gland not enlarged , non- tender.

Neck

Inspection - Normal

Palpation - +paraspinal muscle tenderness

Lymph Nodes - Normal

Thyroid Gland - Normal

Range of motion without resistance.

Flexion

40 degrees

Extension

40 degrees

Rotation

Left - 60 degrees

Right - 60

Lateral Flexion

Left - 30 degrees

Right - 30

Reflexes

Triceps

Left - 2+

Right - 2+

Bicipes

Left - 2+

Right - 2+

Comments

permanent Tracheostomy

Respiratory

Inspection - Normal

Auscultation - Normal

Cough - Absent

Comments

Permanent tracheostomy in good position,

Cardiovascular

Auscultation - Normal

Murmurs - Absent

JVP - Normal

Abdomen

Inspection - surgical scars

Back

Inspection

No skin abnormalities

No muscle spasm present

No spine abnormalities present

Shoulder Height - symmetric

Palpation

Pain on palpation

L4L5

soft tissues musculoskeletal lumbo-sacral

SI Joint - tender

No sensorimotor abnormalities

Range of Motion Standing

Flexion forward 30 degrees without pain

Extension, arching back approximately 10 degrees without pain

Right lateral flexion approximately 30 degrees without pain

Left lateral flexion approximately 30 degrees without pain

Right rotation approximately 20 degrees without pain

Left rotation approximately 20 degrees without pain

Range of Motion Sitting

Reflexes

Patellar, Left - +2 - average; normal

Patellar, Right - +2 - average; normal

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Achilles, Left - +1 - diminished; low normal

Achilles, Right - +1 - diminished; low normal

Range of Motion Lying

SLRT

Left - 60 degrees

Right - 60 degrees

Musculoskeletal

Comments

MUSCULOSKELETAL EXAMINATION- SHOULDER- no supraspinatus wasting, no swelling, no lat. and ant. Joint tenderness, + tenderness over AC joint, ROM-rt- abd- 145, Rotation- Int- 70, Ext-70. Lt- abd- 145, Rotation- Int- 70, Ext-70

ELBOW- no deformity, no swelling, + lateral epicondyle tenderness, no effusion, ROM-0-120.

WRIST- no deformity, no swelling, no synovitis, no dorsal tenderness ROM- DF -60, PF- 60.

HAND- no deformity, no swelling, no synovitis, + mild tenderness of pip joints, dip and mcp joint non-tender, + tenderness over 1st carpometacarpal joint, moderate hand grip.

HIP- no fixed flexion deformity, no swelling, - ant. joint line tenderness, + Trochanteric tenderness- rt > lt, ROM- rt-fle- 90, abd- 40, add- 20, rotation- Int- 20, ext- 30, Lt- fle- 90, abd- 40, add- 20, rotation- Int- 20, ext- 40

KNEE- no deformity, - quadriceps wasting, no swelling, no effusion, no synovitis, + tenderness over patellofemoral joint and medial joint line-ROM- 0-90

ANKLE, FEET and LEG- no swelling, + tenderness of sub-talar and 1st MTP joint, mid-tarsal and ankle joint non-tender, ROM- df-20, pf -40

Neurological

Mental Status

Cognitive Abilities - Normal

Emotional Stability - Normal

Sensory Function

Balance and Gait - Normal

Integumentary

Palpation - Normal

Hair - Normal

Nails - Normal

Comments

few hyperpigmented lesion on face and forehead

Pain Assessment

On a scale from 0 to 10, the patient reports a pain level of 4 (Moderate) today.

Screening and Opioid Assessment for Patients with Pain (SOAPP)

Plan

Active Medications

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Start Date	Brand	Dose	Sig Desc
05/16/2019	PREDNISONE	1 mg	take 4 Tablet by oral route every day
05/16/2019	FOLIC ACID	1 mg	take 5 (5MG) by oral route every day
05/16/2019	IMURAN	50 mg	TAKE 1 TABLET BY MOUTH TWICE A DAY
05/16/2019	NORCO	5 mg-325 mg	take 1 tablet by oral route every 12 hours as needed for pain
05/13/2019	LIPITOR	20 mg	TAKE 1 TABLET BY MOUTH EVERY DAY
02/19/2019	ALBUTEROL SULFATE	0.63 mg/3 mL	inhale 1 by Inhalation route 3 times every
02/19/2019	CLOBETASOL PROPIONATE	0.05 %	apply by topical route 2 times every day a thin layer to the affected area(s)
02/19/2019	LETAIRIS	10 mg	1 tab po qd
02/19/2019	REVATIO	20 mg	1 tab po TID
02/19/2019	PROLIA	60 mg/mL	take 1 by Subcutaneous route once
12/04/2018	METOPROLOL TARTRATE	25 mg	TAKE 1 TABLET BY MOUTH TWICE A DAY
	ECOTRIN	81 mg	1 tab po QD
	CALCIUM 500 + VITAMIN D	500 mg calcium (1,250 mg)-125 unit	take 1 by Oral route once 1 tab tid
	TYVASO	1.74 mg/2.9 mL (0.6 mg/mL)	inhale 0.09 milliliter by inhalation route 4 times every day via nebulizer at approximately 4 hour intervals
	VITAMIN E	400 unit	take 1 by Oral route every day 1 tab bid

Lab

BMP

C3

C4

CBC

CRP

ESR

Hepatic Function Panel

Urinalysis

Urine Drug Screen - Opiates Only

Diagnostics

Status	Priority	Order
ordered	Routine	Bone Density

Evaluation and Management

99214 - Established Patient, Detailed Problem

Follow Up

Acute

Document note on 05/16/2019 11:00 AM for Sandra O Flowers

Patient: Flowers , Sandra

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Follow - up

3 month(s)

Approved by Vijay Kumar MD 05/16/19

Southeast Texas Medical Associates, LLP



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Chart Note - 02/19/19 SETMA II

Patient Sandra Flowers
Date of Birth 07/24/1959
Age 59 Years
Race Black or African American
Preferred Language English
Sex F
Visit Type Follow - up
Medical Record 4962

Acute Diagnoses

	Status
Mixed connective tissue disease	Stable
Postmenopausal osteoporosis	Persistent
Lumbosacral spondylosis without myelopathy	Control, fair
Trochanteric bursitis of both hips	Control, fair
Opioid use, unspecified, uncomplicated	
High risk medication use	Needs further assessment
Body mass index (BMI) 36.0-36.9, adult	

Chief Complaints

pain
pain
pain
pain
pain
pain

Chronic Conditions

Document note on 02/19/2019 10:30 AM for Sandra O Flowers

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Old MI (myocardial infarction)
Diffuse large cell lymphoma in remission
Long term current use of systemic steroids
Cardiomegaly
Aortic arch atherosclerosis
Fredrickson type 4 hyperlipoproteinemia
Mixed connective tissue disease
Interstitial lung disease
Severe obesity (BMI 35.0-39.9) with comorbidity
Pulmonary hypertension, primary
Postmenopausal osteoporosis
Benign essential hypertension
Opioid dependence, uncomplicated
Mixed collagen vascular disease
Sarcoidosis
Atherosclerosis of coronary artery bypass graft
High risk medication use
CKD (chronic kidney disease) stage 3, GFR 30-59 ml/min
Cataract, nuclear sclerotic senile
Leukocytoclastic vasculitis
Trochanteric bursitis of both hips
Lumbosacral spondylosis without myelopathy
Supplemental oxygen dependent
Aortic dilatation
Tracheostomy complication
Stenosis of trachea
Anemia of other chronic disease
Chronic sinusitis

Chief Complaint 1 - pain

Location - Hands and wrist
Onset - gradual
Radiation - fingers
Quality - aching
Frequency - frequently
Duration - year(s)
Severity - 03/10
Change - relief, intermittently
Aggravated By - activity
Relieved By - medication

Associated Symptoms

stiffness

Comments

Prolia inj. 08/23/2018....ws,lvn

Chief Complaint 2 - pain

Location - elbows

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Onset - gradual

Radiation - forearm

Quality - aching

Frequency - frequently

Duration - year(s)

Severity - 02/10

Change - relief, intermittently

Aggravated By - bending

Relieved By - medication

Associated Symptoms

stiffness

Chief Complaint 3 - pain

Location - neck

Onset - gradual

Radiation - shoulder

Quality - aching

Frequency - frequently

Severity - 04/10

Change - relief, intermittently

Aggravated By - bending

Relieved By - medication

Associated Symptoms

stiffness

Chief Complaint 4 - pain

Location - back - lower

Onset - gradual

Radiation - posterior thigh

Quality - aching

Frequency - frequently

Duration - year(s)

Severity - 05/10

Change - no change

Aggravated By - bending

Relieved By - medication

Associated Symptoms

stiffness

Chief Complaint 5 - pain

Location - hips

Onset - gradual

Radiation - thigh

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Quality - aching

Frequency - frequently

Duration - year(s)

Severity - rt- 06/10., lt-05/10

Change - no change

Aggravated By - walking,standing

Relieved By - medication

Associated Symptoms

stiffness

Chief Complaint 6 - pain

Location - knees

Onset - gradual

Radiation - both legs

Quality - aching

Frequency - frequently

Duration - year(s)

Severity - 04/10

Change - no change

Aggravated By - standing

Relieved By - medication

Associated Symptoms

stiffness

Nursing

Medications (active prior to today)

Medication Name	Sig Desc	Start Date	Stop Date	Refilled	Elsewhere
Tyvaso 1.74 mg/2.9 mL (0.6 mg/mL) solution for nebulization	inhale 0.09 milliliter by inhalation route 4 times every day via nebulizer at approximately 4 hour intervals	//			Y
Hyper-Sal 3.5 % solution for nebulization		//			Y
vitamin E 400 unit tablet	take 1 by Oral route every day 1 tab bid	//			Y
clobetasol 0.05 % topical cream	apply by topical route 2 times every day a thin layer to the affected area(s)	03/21/2017	02/19/2019	02/19/2019	N
Revatio 20 mg tablet	1 tab po TID	03/21/2017	02/19/2019	02/19/2019	N
albuterol sulfate 0.63 mg/3 mL solution for nebulization	inhale 1 by Inhalation route 3 times every	03/21/2017	02/19/2019	02/19/2019	N
Calcium 500 mg (1,250 mg) + D3 125 unit tablet	take 1 by Oral route once 1 tab tid	03/21/2017	02/19/2019	02/19/2019	N
Letairis 10 mg tablet	1 tab po qd	03/21/2017	02/19/2019	02/19/2019	N

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Ecotrin Low Strength 81 mg tablet,enteric coated	1 tab po QD	03/21/2017	02/19/2019	02/19/2019	N
Pennsaid 20 mg/gram/actuation (2 %) topical soln in metered-dose pump	apply 2 pump by topical route 2 times every day to the affected knee(s)	03/21/2017	02/19/2019	02/19/2019	N
Prolia 60 mg/mL subcutaneous syringe	take 1 by Subcutaneous route once	02/15/2018	02/19/2019	02/19/2019	N
Lipitor 20 mg tablet	TAKE 1 TABLET BY MOUTH EVERY DAY	02/26/2018		02/26/2018	N
Nasonex 50 mcg/actuation Spray	spray 2 spray by intranasal route every day in each nostril	08/29/2018	02/22/2019	08/29/2018	N
Norco 5 mg-325 mg tablet	take 1 tablet by oral route every 12 hours as needed for pain	11/19/2018	02/19/2019	02/19/2019	N
metoprolol tartrate 25 mg tablet	TAKE 1 TABLET BY MOUTH TWICE A DAY	12/04/2018		12/04/2018	N
tobramycin 0.3 %-dexamethasone 0.1 % eye drops,suspension	instill 5 drops via trache 2 times every day for 10days when needed	12/04/2018		12/04/2018	N
FOLIC ACID 1 MG TABLET	TAKE 5 (5MG) BY ORAL ROUTE EVERY DAY	02/11/2019	02/19/2019	02/19/2019	N
AZATHIOPRINE 50 MG TABLET	TAKE 1 TABLET BY MOUTH TWICE A DAY	02/12/2019	02/19/2019	02/19/2019	N
PREDNISONE 1 MG TABLET	TAKE 4 TABLETS BY MOUTH EVERY DAY	02/13/2019	02/19/2019	02/19/2019	N
Calcium 500 mg (1,250 mg) + D3 125 unit tablet	take 1 by Oral route once 1 tab tid	//		02/19/2019	Y
Ecotrin Low Strength 81 mg tablet,enteric coated	1 tab po QD	//		02/19/2019	Y

Medication Reconciliation

Medications reconciled today.

Medication Reviewed

Adherence	Medication Name	Sig Desc	Elsewhere	Status
taking as directed	Tyvaso 1.74 mg/2.9 mL (0.6 mg/mL) solution for nebulization	inhale 0.09 milliliter by inhalation route 4 times every day via nebulizer at approximately 4 hour intervals	Y	Verified
taking as directed	Hyper-Sal 3.5 % solution for nebulization		Y	Verified
taking as directed	vitamin E 400 unit tablet	take 1 by Oral route every day 1 tab bid	Y	Verified
taking as directed	Nasonex 50 mcg/actuation Spray	spray 2 spray by intranasal route every day in each nostril	N	Verified
taking as directed	Lipitor 20 mg tablet	TAKE 1 TABLET BY MOUTH EVERY DAY	N	Verified
taking as directed	metoprolol tartrate 25 mg tablet	TAKE 1 TABLET BY MOUTH TWICE A DAY	N	Verified
taking as directed	tobramycin 0.3 %-dexamethasone 0.1 % eye drops,suspension	instill 5 drops via trache 2 times every day for 10days when needed	N	Verified
taking as directed	Imuran 50 mg tablet	TAKE 1 TABLET BY MOUTH TWICE A DAY	N	Verified
taking as directed	folic acid 1 mg tablet	take 5 (5MG) by oral route every day	N	Verified

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taking as directed	prednisone 1 mg tablet	take 4 Tablet by oral route every day	N	Verified
taking as directed	Norco 5 mg-325 mg tablet	take 1 tablet by oral route every 12 hours as needed for pain	N	Verified
taking as directed	albuterol sulfate 0.63 mg/3 mL solution for nebulization	inhale 1 by Inhalation route 3 times every	N	Verified
taking as directed	clobetasol 0.05 % topical cream	apply by topical route 2 times every day a thin layer to the affected area(s)	N	Verified
taking as directed	Calcium 500 mg (1,250 mg) + D3 125 unit tablet	take 1 by Oral route once 1 tab tid	Y	Verified
taking as directed	Ecotrin Low Strength 81 mg tablet,enteric coated	1 tab po QD	Y	Verified
taking as directed	Letairis 10 mg tablet	1 tab po qd	N	Verified
taking as directed	Pennsaid 20 mg/gram/actuation (2 %) topical soln in metered-dose pump	apply 2 pump by topical route 2 times every day to the affected knee(s)	N	Verified
taking as directed	Revatio 20 mg tablet	1 tab po TID	N	Verified
taking as directed	Prolia 60 mg/mL subcutaneous syringe	take 1 by Subcutaneous route once	N	Verified

Health Maintenance

The patient's health maintenance was reviewed today.

Physical Exam - 01/10/2018

BMP - 11/19/2018

Bone Density - 02/01/2018

CBC - 11/19/2018

Chemistry - 12/04/2013

Chest X-Ray - 09/11/2018

CPK - 02/06/2014

Creatinine - 11/19/2018

CRP - 11/19/2018

Dilated Eye Exam - 04/08/2008

Echocardiogram - 06/12/2018

EKG - 10/03/2008

Eye Exam - 01/09/2012

Flu Shot - 11/19/2018

HFP - 11/19/2018

Lipids - 01/11/2018

Mammogram - 11/22/2017

Microalbumin - 12/04/2013

Pneumovax - 12/23/2008

Breast Exam - 11/01/2002

PT/INR - 04/21/2010

Stress Test - 04/21/2016

Tetanus - 03/21/2017

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Thyroid Profile - 10/23/2006
Urinalysis - 02/19/2019
uTSH - 01/11/2018

Patient's Preferred Specialists
Cardiology - Nwaukwa

Histories

Past Medical History

PAST MEDICAL/SURGICAL HISTORY

Disease/disorder	Onset Date	Management	Date
		Hysterectomy, partial Cholecystectomy permanent Tracheostomy spleen- biopsy	2008
Chicken Pox			
MI			
Mumps			
Rubeola/Measles			
spleenomegaly -cause-?			
Tracheoesophageal fistula	2008		

Social History

Ethnicity - Not Hispanic or Latino
Occupation - Disability
Sexuality - heterosexual
Marital Status - married
Tobacco Use
Smoking status: Never smoker.

Family History

Relationship	Family Member Name	Deceased	Age at Death	Condition	Onset Age	Cause of Death
				No family history of Depression		N
				No family history of Substance abuse		N
				Family history of Hypertension		N
				Family history of Diabetes mellitus type 2		N
				No family history of Hyperlipidemia		N

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		No family history of Alcoholism	N
		No family history of Mental illness	N
			N
		No family history of Endocrine Disorders	N
	N		N
Father	N		N
Father	N	Hypertension	N
Maternal	Y	Diabetes mellitus	N
Aunt			
Maternal	Y	Systemic lupus erythematosus	N
Aunt			
Mother	N	Rheumatoid arthritis	N
Mother	N	thrombocytopenia	N

Review of Systems

Source of Information

Patient

General Comments

few hyperpigmented lesion on face and fore, + permanent tracheostomy.

Allergies

Description	Onset
Quinolone Anti-infectives	10/26/2000
Antihistamines (Topica, systemic)	10/26/2000
Metronidazole	10/26/2000
Penicillins; Cephalosporins; Carbapenem; Aztreonam	10/26/2000
Sulfonyl;Loop/TZ/CAI;Diazox;Sa cch;Cyclam	10/26/2000

Constitutional

Patient Confirms

Fatigue,

Patient Denies

Fever, Headache, Weakness, Weight loss, Weight gain,

Eyes

Visual Acuity

20 / 50 OS

20 / 50 OD

20 / 30 OU

Last Eye Exam - 01/09/2012

Last Dilated Eye Exam - 04/08/2008

Patient Confirms

Dryness, Feels like object in eye, Itching,

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Patient Denies

Redness, Eye pain, Blurred vision, Diplopia, Acuity changes,

Head/Neck

Patient Denies

Headache,

Ears

Patient Denies

Difficulty hearing, Tinnitus,

Nose

Patient Denies

Rhinorrhea, Dryness in nose, Epistaxis, Loss of smell

Oropharynx

Patient Confirms

Dry mouth,

Patient Denies

Hoarseness, Dysphagia, Loss of taste, Bleeding gums, Sore tongue,

Cardiac

Patient Confirms

Fatigue,

Patient Denies

Chest pain at rest, Chest pain with exertion, Irregular heart beat, Sudden changes in heart beat, Heart murmurs, Nausea, Cough,

Respiratory

Patient Denies

Difficulty breathing at night, Cough, Fever, Hemoptysis, Peripheral edema, Shortness of breath, Rhinorrhea, Wheezing

Gastrointestinal

Patient Denies

Nausea, Constipation, Diarrhea, Dysphagia, Heartburn, Jaundice, Weight loss, Weight gain, Stomach pain relieved by food or milk,

Female Genitourinary

Patient Denies

Dysuria, Hesitancy, Nocturia, Stress incontinence,

Musculoskeletal

Patient Confirms

Extremity pain

Joint pain

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Patient Denies

Joint swelling, Muscle spasms, Weakness,

Integumentary

Patient Confirms

Rash,

Patient Denies

Color changes of extremities, Tendency to bruise, Redness, Sun sensitivity, Alopecia, Tightness, Hives, Nodules/bumps,

Neurologic

Patient Denies

Dizziness, Headache, Loss of consciousness, Memory loss,

Psychiatric

Patient Confirms

PM Insomnia,

Patient Denies

Anxiety, Apprehension, Depression, Combative, Aggressive, AM Insomnia,

Endocrine

Patient Denies

Polydipsia, Weight loss, Weight gain, Fainting, Nausea,

Hematologic

Patient Confirms

Anemia,

Patient Denies

Bleeding tendencies, Blood transfusions, Lymph node enlargement, Tender lymph nodes,

Physical Exam

Vital Signs

HEIGHT

Time	ft	in	cm	Last Measured	Height Position	%
11:01 AM	5.0	0.00	152.40	03/21/2017		

WEIGHT/BSA/BMI

Time	lb	oz	kg	Context	%	BMI kg/m2	BSA m2
11:01 AM	185.00		83.915	dressed without shoes		36.13	

BLOOD PRESSURE

Time	BP mm/Hg	Position	Side	Site	Method	Cuff Size
11:01 AM	132/77	sitting	left	brachial	automatic	adult

Mid-Arm Circumference - 0.0 inches

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TEMPERATURE/PULSE/RESPIRATION

Time	Temp F	Temp C	Temp Site	Pulse/min	Pattern	Resp/ min
11:01 AM				93		20

PULSE OXIMETRY/FIO2

Time	Pulse Ox (Rest %)	Pulse Ox (Amb %)	O2 Sat	O2 LPM	Timing	FiO2 %	L/min	Delivery Method
11:01 AM	98		RA					

PAIN SCALE

Time	Pain Score	Method
11:01 AM	5/10	Numeric Pain Intensity Scale

MEASURED BY

Time	Measured by
11:01 AM	Wendy Smith

Body Fat - 25 %

BMR - 2006 kcal/day

Protein Requirement - 100 grams/day

Circumferences (Performed 02/19/2019)

Abdomen - 33 inches

Chest - 38.50 inches

Visual Acuity

With Glasses

OS - 20 / 50

OD - 20 / 50

OU - 20 / 30

Constitutional

Level of Consciousness - Normal

Orientation - Normal

Level of Distress - Normal

Nourishment - moderately obese

Head/Face

Hair and Scalp - Normal

Skull - Normal

Facial Features - Normal

TM Joint - Normal

Eyes

General

Right - Normal

Left - Normal

External

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Right - Normal

Left - Normal

Visual Acuity

With Glasses

OS 20 / 50

OD 20 / 50

OU 20 / 30

Last Dilated Eye Exam - 04/08/2008

Last Eye Exam - 01/09/2012

Ears

External Ear

Inspection

Right - Normal

Left - Normal

Palpation

Right - Normal

Left - Normal

Nasopharynx

Nose and Sinuses

External Nose - Normal

Nares

Right - Normal

Left - Normal

Mucosa - Normal

Mouth

Tongue - Normal

Buccal Mucosa - Normal

Comments

Permanent tracheostomy in good position, Salivary gland- parotid and sub-mandibular gland not enlarged , non- tender.

Neck

Inspection - Normal

Palpation - +paraspinal muscle tenderness

Lymph Nodes - Normal

Thyroid Gland - Normal

Range of motion without resistance.

Flexion

40 degrees

Extension

40 degrees

Rotation

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Left - 60 degrees

Right - 60

Lateral Flexion

Left - 30 degrees

Right - 30

Reflexes

Triceps

Left - 2+

Right - 2+

Biceps

Left - 2+

Right - 2+

Comments

permanent Tracheostomy

Respiratory

Inspection - Normal

Auscultation - Normal

Cough - Absent

Comments

Permanent tracheostomy in good position,

Cardiovascular

Auscultation - Normal

Murmurs - Absent

JVP - Normal

Abdomen

Inspection - surgical scars

Back

Inspection

No skin abnormalities

No muscle spasm present

No spine abnormalities present

Shoulder Height - symmetric

Palpation

Pain on palpation

L4L5

soft tissues musculoskeletal lumbo-sacral

SI Joint - tender

No sensorimotor abnormalities

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Range of Motion Standing

Flexion forward 30 degrees without pain

Extension, arching back approximately 10 degrees without pain

Right lateral flexion approximately 30 degrees without pain

Left lateral flexion approximately 30 degrees without pain

Right rotation approximately 20 degrees without pain

Left rotation approximately 20 degrees without pain

Range of Motion Sitting

Reflexes

Patellar, Left - +2 - average; normal

Patellar, Right - +2 - average; normal

Achilles, Left - +1 - diminished; low normal

Achilles, Right - +1 - diminished; low normal

Range of Motion Lying

SLRT

Left - 60 degrees

Right - 60 degrees

Musculoskeletal

Comments

MUSCULOSKELETAL EXAMINATION- SHOULDER- no supraspinatus wasting, no swelling, no lat. and ant. Joint tenderness, + tenderness over AC joint, ROM-rt- abd- 145, Rotation- Int- 70, Ext-70. Lt- abd- 145, Rotation- Int- 70, Ext-70

ELBOW- no deformity, no swelling, + mild lateral epicondyle tenderness, no effusion, ROM-0-120.

WRIST- no deformity, no swelling, no synovitis, no dorsal tenderness ROM- DF -60, PF- 60.

HAND- no deformity, no swelling, no synovitis, + mild tenderness of pip joints, dip and mcp joint non-tender, + tenderness over 1st carpometacarpal joint, moderate hand grip.

HIP- no fixed flexion deformity, no swelling, - ant. joint line tenderness, ++ Trochanteric tenderness- rt > lt, ROM- rt-fle- 90, abd- 40, add- 20, rotation- Int- 20, ext- 30, Lt- fle- 90, abd- 40, add- 20, rotation- Int- 20, ext- 40

KNEE- no deformity, - quadriceps wasting, no swelling, no effusion, no synovitis, + tenderness over patellofemoral joint and medial joint line-ROM- 0-90

ANKLE, FEET and LEG- no swelling, + tenderness of sub-talar and 1st MTP joint, mid-tarsal and ankle joint non-tender, ROM- df-20, pf -40

Neurological

Mental Status

Cognitive Abilities - Normal

Emotional Stability - Normal

Sensory Function

Balance and Gait - Normal

Integumentary

Palpation - Normal

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Hair - Normal

Nails - Normal

Comments

few hyperpigmented lesion on face and forehead

Pain Assessment

On a scale from 0 to 10, the patient reports a pain level of 5 (Moderate) today.

Screener and Opioid Assessment for Patients with Pain (SOAPP)

Plan

Active Medications

Start Date	Brand	Dose	Sig Desc
02/22/2019	FLUTICASONE PROPIONATE	50 mcg/actuation	spray 2 spray by intranasal route every day each nostril prn
02/19/2019	CLOBETASOL PROPIONATE	0.05 %	apply by topical route 2 times every day a thin layer to the affected area(s)
02/19/2019	LETAIRIS	10 mg	1 tab po qd
02/19/2019	PENNSAID	20 mg/gram per actuation (2 %)	apply 2 pump by topical route 2 times every day to the affected knee(s)
02/19/2019	REVATIO	20 mg	1 tab po TID
02/19/2019	PROLIA	60 mg/mL	take 1 by Subcutaneous route once
02/19/2019	IMURAN	50 mg	TAKE 1 TABLET BY MOUTH TWICE A DAY
02/19/2019	FOLIC ACID	1 mg	take 5 (5MG) by oral route every day
02/19/2019	NORCO	5 mg-325 mg	take 1 tablet by oral route every 12 hours as needed for pain
02/19/2019	PREDNISONE	1 mg	take 4 Tablet by oral route every day
02/19/2019	ALBUTEROL SULFATE	0.63 mg/3 mL	inhale 1 by Inhalation route 3 times every
12/04/2018	METOPROLOL TARTRATE	25 mg	TAKE 1 TABLET BY MOUTH TWICE A DAY
12/04/2018	TOBRAMYCIN-DEXAME THASONE	0.3 %-0.1 %	instill 5 drops via trache 2 times every day for 10days when needed
02/26/2018	LIPITOR	20 mg	TAKE 1 TABLET BY MOUTH EVERY DAY
	ECOTRIN	81 mg	1 tab po QD
	TYVASO	1.74 mg/2.9 mL (0.6 mg/mL)	inhale 0.09 milliliter by inhalation route 4 times every day via nebulizer at approximately 4 hour intervals
	HYPER-SAL	3.5 %	
	VITAMIN E	400 unit	take 1 by Oral route every day 1 tab bid
	CALCIUM 500 + VITAMIN D	500 mg calcium (1,250 mg)-125 unit	take 1 by Oral route once 1 tab tid

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BMP

C3

C4

CBC

CRP

ESR

Hepatic Function Panel

Urinalysis

Urine Drug Screen - Opiates Only

Comments

NO COMMENTS IN BOX ///CM

Evaluation and Management

99214 - Established Patient, Detailed Problem

Follow Up

Acute

Follow - up

3 month(s)

Approved by Vijay Kumar MD 02/19/19
Southeast Texas Medical Associates, LLP



SETMA I - 2929 Calder, Suite 100

SETMA II - 3570 College, Suite 200

Mark Wilson Clinic - 2010 Dowlen

Lumberton - 137B LHS Drive

Nederland/Port Arthur - 2400 Highway 365, Suite 201

Orange - 610 Strickland Drive, Suite 140

(409) 833-9797

www.setma.com

Chart Note - 02/19/19 SETMA II

Patient Sandra Flowers
Date of Birth 07/24/1959
Age 59 Years
Race Black or African American
Preferred Language English
Sex F
Visit Type Follow - up
Medical Record 4962

Acute Diagnoses

	Status
Mixed connective tissue disease	Stable
Postmenopausal osteoporosis	Persistent
Lumbosacral spondylosis without myelopathy	Control, fair
Trochanteric bursitis of both hips	Control, fair
Opioid use, unspecified, uncomplicated	
High risk medication use	Needs further assessment
Body mass index (BMI) 36.0-36.9, adult	

Chief Complaints

pain
pain
pain
pain
pain
pain

Chronic Conditions

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Old MI (myocardial infarction)
Diffuse large cell lymphoma in remission
Long term current use of systemic steroids
Cardiomegaly
Aortic arch atherosclerosis
Fredrickson type 4 hyperlipoproteinemia
Mixed connective tissue disease
Interstitial lung disease
Severe obesity (BMI 35.0-39.9) with comorbidity
Pulmonary hypertension, primary
Postmenopausal osteoporosis
Benign essential hypertension
Opioid dependence, uncomplicated
Mixed collagen vascular disease
Sarcoidosis
Atherosclerosis of coronary artery bypass graft
High risk medication use
CKD (chronic kidney disease) stage 3, GFR 30-59 ml/min
Cataract, nuclear sclerotic senile
Leukocytoclastic vasculitis
Trochanteric bursitis of both hips
Lumbosacral spondylosis without myelopathy
Supplemental oxygen dependent
Aortic dilatation
Tracheostomy complication
Stenosis of trachea
Anemia of other chronic disease
Chronic sinusitis

Chief Complaint 1 - pain

Location - Hands and wrist
Onset - gradual
Radiation - fingers
Quality - aching
Frequency - frequently
Duration - year(s)
Severity - 03/10
Change - relief, intermittently
Aggravated By - activity
Relieved By - medication

Associated Symptoms

stiffness

Comments

Prolia inj. 08/23/2018....ws,lvn

Chief Complaint 2 - pain

Location - elbows

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Onset - gradual
Radiation - forearm
Quality - aching
Frequency - frequently
Duration - year(s)
Severity - 02/10
Change - relief, intermittently
Aggravated By - bending
Relieved By - medication
Associated Symptoms
stiffness

Chief Complaint 3 - pain

Location - neck
Onset - gradual
Radiation - shoulder
Quality - aching
Frequency - frequently
Severity - 04/10
Change - relief, intermittently
Aggravated By - bending
Relieved By - medication
Associated Symptoms
stiffness

Chief Complaint 4 - pain

Location - back - lower
Onset - gradual
Radiation - posterior thigh
Quality - aching
Frequency - frequently
Duration - year(s)
Severity - 05/10
Change - no change
Aggravated By - bending
Relieved By - medication
Associated Symptoms
stiffness

Chief Complaint 5 - pain

Location - hips
Onset - gradual
Radiation - thigh

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Quality - aching

Frequency - frequently

Duration - year(s)

Severity - rt- 06/10., lt-05/10

Change - no change

Aggravated By - walking,standing

Relieved By - medication

Associated Symptoms

stiffness

Chief Complaint 6 - pain

Location - knees

Onset - gradual

Radiation - both legs

Quality - aching

Frequency - frequently

Duration - year(s)

Severity - 04/10

Change - no change

Aggravated By - standing

Relieved By - medication

Associated Symptoms

stiffness

Nursing

Medications (active prior to today)

Medication Name	Sig Desc	Start Date	Stop Date	Refilled	Elsewhere
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Hyper-Sal 3.5 % solution for nebulization		//			Y
vitamin E 400 unit tablet	take 1 by Oral route every day 1 tab bid	//			Y
clobetasol 0.05 % topical cream	apply by topical route 2 times every day a thin layer to the affected area(s)	03/21/2017	02/19/2019	02/19/2019	N
Revatio 20 mg tablet	1 tab po TID	03/21/2017	02/19/2019	02/19/2019	N
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tobramycin 0.3 %-dexamethasone 0.1 % eye drops,suspension	instill 5 drops via trache 2 times every day for 10days when needed	12/04/2018		12/04/2018	N
FOLIC ACID 1 MG TABLET	TAKE 5 (5MG) BY ORAL ROUTE EVERY DAY	02/11/2019	02/19/2019	02/19/2019	N
AZATHIOPRINE 50 MG TABLET	TAKE 1 TABLET BY MOUTH TWICE A DAY	02/12/2019	02/19/2019	02/19/2019	N
PREDNISONE 1 MG TABLET	TAKE 4 TABLETS BY MOUTH EVERY DAY	02/13/2019	02/19/2019	02/19/2019	N
Calcium 500 mg (1,250 mg) + D3 125 unit tablet	take 1 by Oral route once 1 tab tid	//		02/19/2019	Y
Ecotrin Low Strength 81 mg tablet,enteric coated	1 tab po QD	//		02/19/2019	Y

Medication Reconciliation

Medications reconciled today.

Medication Reviewed

Adherence	Medication Name	Sig Desc	Elsewhere	Status
taking as directed	Tyvaso 1.74 mg/2.9 mL (0.6 mg/mL) solution for nebulization	inhale 0.09 milliliter by inhalation route 4 times every day via nebulizer at approximately 4 hour intervals	Y	Verified
taking as directed	Hyper-Sal 3.5 % solution for nebulization		Y	Verified
taking as directed	vitamin E 400 unit tablet	take 1 by Oral route every day 1 tab bid	Y	Verified
taking as directed	Nasonex 50 mcg/actuation Spray	spray 2 spray by intranasal route every day in each nostril	N	Verified
taking as directed	Lipitor 20 mg tablet	TAKE 1 TABLET BY MOUTH EVERY DAY	N	Verified
taking as directed	metoprolol tartrate 25 mg tablet	TAKE 1 TABLET BY MOUTH TWICE A DAY	N	Verified
taking as directed	tobramycin 0.3 %-dexamethasone 0.1 % eye drops,suspension	instill 5 drops via trache 2 times every day for 10days when needed	N	Verified
taking as directed	Imuran 50 mg tablet	TAKE 1 TABLET BY MOUTH TWICE A DAY	N	Verified
taking as directed	folic acid 1 mg tablet	take 5 (5MG) by oral route every day	N	Verified

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taking as directed	prednisone 1 mg tablet	take 4 Tablet by oral route every day	N	Verified
taking as directed	Norco 5 mg-325 mg tablet	take 1 tablet by oral route every 12 hours as needed for pain	N	Verified
taking as directed	albuterol sulfate 0.63 mg/3 mL solution for nebulization	inhale 1 by Inhalation route 3 times every	N	Verified
taking as directed	clobetasol 0.05 % topical cream	apply by topical route 2 times every day a thin layer to the affected area(s)	N	Verified
taking as directed	Calcium 500 mg (1,250 mg) + D3 125 unit tablet	take 1 by Oral route once 1 tab tid	Y	Verified
taking as directed	Ecotrin Low Strength 81 mg tablet,enteric coated	1 tab po QD	Y	Verified
taking as directed	Letairis 10 mg tablet	1 tab po qd	N	Verified
taking as directed	Pennsaid 20 mg/gram/actuation (2 %) topical soln in metered-dose pump	apply 2 pump by topical route 2 times every day to the affected knee(s)	N	Verified
taking as directed	Revatio 20 mg tablet	1 tab po TID	N	Verified
taking as directed	Prolia 60 mg/mL subcutaneous syringe	take 1 by Subcutaneous route once	N	Verified

Health Maintenance

The patient's health maintenance was reviewed today.

Physical Exam - 01/10/2018

BMP - 11/19/2018

Bone Density - 02/01/2018

CBC - 11/19/2018

Chemistry - 12/04/2013

Chest X-Ray - 09/11/2018

CPK - 02/06/2014

Creatinine - 11/19/2018

CRP - 11/19/2018

Dilated Eye Exam - 04/08/2008

Echocardiogram - 06/12/2018

EKG - 10/03/2008

Eye Exam - 01/09/2012

Flu Shot - 11/19/2018

HFP - 11/19/2018

Lipids - 01/11/2018

Mammogram - 11/22/2017

Microalbumin - 12/04/2013

Pneumovax - 12/23/2008

Breast Exam - 11/01/2002

PT/INR - 04/21/2010

Stress Test - 04/21/2016

Tetanus - 03/21/2017

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Thyroid Profile - 10/23/2006
Urinalysis - 02/19/2019
uTSH - 01/11/2018

Patient's Preferred Specialists
Cardiology - Nwaukwa

Histories

Past Medical History

PAST MEDICAL/SURGICAL HISTORY

Disease/disorder	Onset Date	Management	Date
		Hysterectomy, partial Cholecystectomy permanent Tracheostomy spleen- biopsy	2008
Chicken Pox			
MI			
Mumps			
Rubeola/Measles			
spleenomegaly -cause-?			
Tracheoesophageal fistula	2008		

Social History

Ethnicity - Not Hispanic or Latino
Occupation - Disability
Sexuality - heterosexual
Marital Status - married
Tobacco Use
Smoking status: Never smoker.

Family History

Relationship	Family Member Name	Deceased	Age at Death	Condition	Onset Age	Cause of Death
				No family history of Depression		N
				No family history of Substance abuse		N
				Family history of Hypertension		N
				Family history of Diabetes mellitus type 2		N
				No family history of Hyperlipidemia		N

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		No family history of Alcoholism	N
		No family history of Mental illness	N
			N
		No family history of Endocrine Disorders	N
	N		N
Father	N		N
Father	N	Hypertension	N
Maternal	Y	Diabetes mellitus	62 N
Aunt			
Maternal	Y	Systemic lupus erythematosus	62 N
Aunt			
Mother	N	Rheumatoid arthritis	N
Mother	N	thrombocytopenia	N

Review of Systems

Source of Information

Patient

General Comments

few hyperpigmented lesion on face and fore, + permanent tracheostomy.

Allergies

Description	Onset
Quinolone Anti-infectives	10/26/2000
Antihistamines (Topica, systemic)	10/26/2000
Metronidazole	10/26/2000
Penicillins; Cephalosporins; Carbapenem; Aztreonam	10/26/2000
Sulfonyl; Loop/TZ/CAI; Diazox; Sa cch; Cyclam	10/26/2000

Constitutional

Patient Confirms

Fatigue,

Patient Denies

Fever, Headache, Weakness, Weight loss, Weight gain,

Eyes

Visual Acuity

20 / 50 OS

20 / 50 OD

20 / 30 OU

Last Eye Exam - 01/09/2012

Last Dilated Eye Exam - 04/08/2008

Patient Confirms

Dryness, Feels like object in eye, Itching,

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Patient Denies

Redness, Eye pain, Blurred vision, Diplopia, Acuity changes,

Head/Neck

Patient Denies

Headache,

Ears

Patient Denies

Difficulty hearing, Tinnitus,

Nose

Patient Denies

Rhinorrhea, Dryness in nose, Epistaxis, Loss of smell

Oropharynx

Patient Confirms

Dry mouth,

Patient Denies

Hoarseness, Dysphagia, Loss of taste, Bleeding gums, Sore tongue,

Cardiac

Patient Confirms

Fatigue,

Patient Denies

Chest pain at rest, Chest pain with exertion, Irregular heart beat, Sudden changes in heart beat, Heart murmurs, Nausea, Cough,

Respiratory

Patient Denies

Difficulty breathing at night, Cough, Fever, Hemoptysis, Peripheral edema, Shortness of breath, Rhinorrhea, Wheezing

Gastrointestinal

Patient Denies

Nausea, Constipation, Diarrhea, Dysphagia, Heartburn, Jaundice, Weight loss, Weight gain, Stomach pain relieved by food or milk,

Female Genitourinary

Patient Denies

Dysuria, Hesitancy, Nocturia, Stress incontinence,

Musculoskeletal

Patient Confirms

Extremity pain

Joint pain

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Patient Denies

Joint swelling, Muscle spasms, Weakness,

Integumentary

Patient Confirms

Rash,

Patient Denies

Color changes of extremities, Tendency to bruise, Redness, Sun sensitivity, Alopecia, Tightness, Hives, Nodules/bumps,

Neurologic

Patient Denies

Dizziness, Headache, Loss of consciousness, Memory loss,

Psychiatric

Patient Confirms

PM Insomnia,

Patient Denies

Anxiety, Apprehension, Depression, Combative, Aggressive, AM Insomnia,

Endocrine

Patient Denies

Polydipsia, Weight loss, Weight gain, Fainting, Nausea,

Hematologic

Patient Confirms

Anemia,

Patient Denies

Bleeding tendencies, Blood transfusions, Lymph node enlargement, Tender lymph nodes,

Physical Exam

Vital Signs

HEIGHT

Time	ft	in	cm	Last Measured	Height Position	%
11:01 AM	5.0	0.00	152.40	03/21/2017		

WEIGHT/BSA/BMI

Time	lb	oz	kg	Context	%	BMI kg/m2	BSA m2
11:01 AM	185.00		83.915	dressed without shoes		36.13	

BLOOD PRESSURE

Time	BP mm/Hg	Position	Side	Site	Method	Cuff Size
11:01 AM	132/77	sitting	left	brachial	automatic	adult

Mid-Arm Circumference - 0.0 inches

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TEMPERATURE/PULSE/RESPIRATION

Time	Temp F	Temp C	Temp Site	Pulse/min	Pattern	Resp/ min
11:01 AM				93		20

PULSE OXIMETRY/FIO2

Time	Pulse Ox (Rest %)	Pulse Ox (Amb %)	O2 Sat	O2 LPM	Timing	FiO2 %	L/min	Delivery Method
11:01 AM	98		RA					

PAIN SCALE

Time	Pain Score	Method
11:01 AM	5/10	Numeric Pain Intensity Scale

MEASURED BY

Time	Measured by
11:01 AM	Wendy Smith

Body Fat - 25 %

BMR - 2006 kcal/day

Protein Requirement - 100 grams/day

Circumferences (Performed 02/19/2019)

Abdomen - 33 inches

Chest - 38.50 inches

Visual Acuity

With Glasses

OS - 20 / 50

OD - 20 / 50

OU - 20 / 30

Constitutional

Level of Consciousness - Normal

Orientation - Normal

Level of Distress - Normal

Nourishment - moderately obese

Head/Face

Hair and Scalp - Normal

Skull - Normal

Facial Features - Normal

TM Joint - Normal

Eyes

General

Right - Normal

Left - Normal

External

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Right - Normal

Left - Normal

Visual Acuity

With Glasses

OS 20 / 50

OD 20 / 50

OU 20 / 30

Last Dilated Eye Exam - 04/08/2008

Last Eye Exam - 01/09/2012

Ears

External Ear

Inspection

Right - Normal

Left - Normal

Palpation

Right - Normal

Left - Normal

Nasopharynx

Nose and Sinuses

External Nose - Normal

Nares

Right - Normal

Left - Normal

Mucosa - Normal

Mouth

Tongue - Normal

Buccal Mucosa - Normal

Comments

Permanent tracheostomy in good position, Salivary gland- parotid and sub-mandibular gland not enlarged , non- tender.

Neck

Inspection - Normal

Palpation - +paraspinal muscle tenderness

Lymph Nodes - Normal

Thyroid Gland - Normal

Range of motion without resistance.

Flexion

40 degrees

Extension

40 degrees

Rotation

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Left - 60 degrees

Right - 60

Lateral Flexion

Left - 30 degrees

Right - 30

Reflexes

Triceps

Left - 2+

Right - 2+

Biceps

Left - 2+

Right - 2+

Comments

permanent Tracheostomy

Respiratory

Inspection - Normal

Auscultation - Normal

Cough - Absent

Comments

Permanent tracheostomy in good position,

Cardiovascular

Auscultation - Normal

Murmurs - Absent

JVP - Normal

Abdomen

Inspection - surgical scars

Back

Inspection

No skin abnormalities

No muscle spasm present

No spine abnormalities present

Shoulder Height - symmetric

Palpation

Pain on palpation

L4L5

soft tissues musculoskeletal lumbo-sacral

SI Joint - tender

No sensorimotor abnormalities

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Range of Motion Standing

Flexion forward 30 degrees without pain

Extension, arching back approximately 10 degrees without pain

Right lateral flexion approximately 30 degrees without pain

Left lateral flexion approximately 30 degrees without pain

Right rotation approximately 20 degrees without pain

Left rotation approximately 20 degrees without pain

Range of Motion Sitting

Reflexes

Patellar, Left - +2 - average; normal

Patellar, Right - +2 - average; normal

Achilles, Left - +1 - diminished; low normal

Achilles, Right - +1 - diminished; low normal

Range of Motion Lying

SLRT

Left - 60 degrees

Right - 60 degrees

Musculoskeletal

Comments

MUSCULOSKELETAL EXAMINATION- SHOULDER- no supraspinatus wasting, no swelling, no lat. and ant. Joint tenderness, + tenderness over AC joint, ROM-rt- abd- 145, Rotation- Int- 70, Ext-70. Lt- abd- 145, Rotation- Int- 70, Ext-70

ELBOW- no deformity, no swelling, + mild lateral epicondyle tenderness, no effusion, ROM-0-120.

WRIST- no deformity, no swelling, no synovitis, no dorsal tenderness ROM- DF -60, PF- 60.

HAND- no deformity, no swelling, no synovitis, + mild tenderness of pip joints, dip and mcp joint non-tender, + tenderness over 1st carpometacarpal joint, moderate hand grip.

HIP- no fixed flexion deformity, no swelling, - ant. joint line tenderness, ++ Trochanteric tenderness- rt > lt, ROM- rt-fle- 90, abd- 40, add- 20, rotation- Int- 20, ext- 30, lt- fle- 90, abd- 40, add- 20, rotation- Int- 20, ext- 40

KNEE- no deformity, - quadriceps wasting, no swelling, no effusion, no synovitis, + tenderness over patellofemoral joint and medial joint line-ROM- 0-90

ANKLE, FEET and LEG- no swelling, + tenderness of sub-talar and 1st MTP joint, mid-tarsal and ankle joint non-tender, ROM- df-20, pf -40

Neurological

Mental Status

Cognitive Abilities - Normal

Emotional Stability - Normal

Sensory Function

Balance and Gait - Normal

Integumentary

Palpation - Normal

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Hair - Normal

Nails - Normal

Comments

few hyperpigmented lesion on face and forehead

Pain Assessment

On a scale from 0 to 10, the patient reports a pain level of 5 (Moderate) today.

Screener and Opioid Assessment for Patients with Pain (SOAPP)

Plan

Active Medications

Start Date	Brand	Dose	Sig Desc
02/22/2019	FLUTICASONE PROPIONATE	50 mcg/actuation	spray 2 spray by intranasal route every day each nostril prn
02/19/2019	CLOBETASOL PROPIONATE	0.05 %	apply by topical route 2 times every day a thin layer to the affected area(s)
02/19/2019	LETAIRIS	10 mg	1 tab po qd
02/19/2019	PENNSAID	20 mg/gram per actuation (2 %)	apply 2 pump by topical route 2 times every day to the affected knee(s)
02/19/2019	REVATIO	20 mg	1 tab po TID
02/19/2019	PROLIA	60 mg/mL	take 1 by Subcutaneous route once
02/19/2019	IMURAN	50 mg	TAKE 1 TABLET BY MOUTH TWICE A DAY
02/19/2019	FOLIC ACID	1 mg	take 5 (5MG) by oral route every day
02/19/2019	NORCO	5 mg-325 mg	take 1 tablet by oral route every 12 hours as needed for pain
02/19/2019	PREDNISONE	1 mg	take 4 Tablet by oral route every day
02/19/2019	ALBUTEROL SULFATE	0.63 mg/3 mL	inhale 1 by Inhalation route 3 times every
12/04/2018	METOPROLOL TARTRATE	25 mg	TAKE 1 TABLET BY MOUTH TWICE A DAY
12/04/2018	TOBRAMYCIN-DEXAME THASONE	0.3 %-0.1 %	instill 5 drops via trache 2 times every day for 10days when needed
02/26/2018	LIPITOR	20 mg	TAKE 1 TABLET BY MOUTH EVERY DAY
	ECOTRIN	81 mg	1 tab po QD
	TYVASO	1.74 mg/2.9 mL (0.6 mg/mL)	inhale 0.09 milliliter by inhalation route 4 times every day via nebulizer at approximately 4 hour intervals
	HYPER-SAL	3.5 %	
	VITAMIN E	400 unit	take 1 by Oral route every day 1 tab bid
	CALCIUM 500 + VITAMIN D	500 mg calcium (1,250 mg)-125 unit	take 1 by Oral route once 1 tab tid

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BMP

C3

C4

CBC

CRP

ESR

Hepatic Function Panel

Urinalysis

Urine Drug Screen - Opiates Only

Comments

NO COMMENTS IN BOX ///CM

Evaluation and Management

99214 - Established Patient, Detailed Problem

Follow Up

Acute

Follow - up

3 month(s)

Approved by Vijay Kumar MD 02/19/19
Southeast Texas Medical Associates, LLP