

Sankalp Nritya Nirantara®

In collaboration with

Nrityarpana School Of Dance



Fun & Creative
Activities for Kids
Age 4 to 16 years

Presents



Value Based Summer Workshop 3

Activities

YOGA

- Pranayama
- Namaskara
- (Yoga Namaskara & Hanuma Namaskara)
- Aasanas



DANCE AND THEATRE

- Indian Dance
(Tribal, Folk and Classical)
- Theatre Games



ART AND CRAFT

- Eco Printing
- Katum Kutum Art



MUSIC

- Bhagavad Geethe
- Bhajans
- Desha Bhakti Geethe



"Special Guest Sessions – A Unique
Learning Experience!"

NEW!

April 16th to May 4th

@ Nrityarpana School of Dance, #117/1,
9th Cross, Malleshwaram, Bengaluru 560003

10 AM to 1 PM



Registration Fees - 3,700/-

For Early Bird Discount

Contact- 9110221603/

9686681048



A Summer of Culture, Creativity & Joyful Learning!

This summer, let's embark on a journey to celebrate Indian heritage, values, and artistic expression! The Value-Based Summer Workshop is a unique opportunity for children to explore Yoga, Dance, Music, Theatre, and Art, fostering a deeper connection with our rich traditions while having fun.

Let's give our children a refreshing break from routine academics and immerse them in an enriching journey of Indian heritage, values, and joyful learning. Our Value-Based Summer Workshop is designed to nurture creativity, confidence, and curiosity through a holistic approach to education.

★ A Unique Learning Experience Beyond Textbooks! ★

Designed and Led by Acharya Arathi Nair, Acharya Karthik Gowda H G, Acharya Rashmi M Hegde, and Acharya Sindhu Sathyanarayan, this program blends ancient wisdom with modern teaching methods to create a joyful and engaging learning environment.

Through an exciting blend of Yoga, Dance, Music, Theatre, Art, and more, children will:

- Develop Self-Confidence – Express themselves through movement, music, and creative arts
- Experience the Joy of Learning – Explore India's traditions through interactive sessions
- Build Emotional Strength & Resilience – Learn mindfulness, self-discipline, and focus
- Strengthen Cultural Roots – Discover timeless values through stories, theatre games, and artistic expression

Our unique approach encourages children to think beyond books, dream big, and find happiness in learning. Through Vedic methodologies, storytelling, movement, and creative play, we inspire young minds to embrace culture while having fun.

Join us for a transformative summer experience where every child learns, explores, and grows in a vibrant, joyful space!



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