## Project Breakdown

Your project has two main components:

- AI Model: A recommendation system that suggests cognitive activities based on the provided parameters.
- Backend API: A Flask-based RESTful API with PostgreSQL to serve activity recommendations.

# Project Documentation: Cognitive Activity System

## **Project Overview**

This project is an AI-powered Cognitive Activity Recommendation System that generates personalized cognitive activities based on user input (Cognitive Skills, Zone, and Age Range). It uses a fine-tuned T5 model for activity generation and stores results in a PostgreSQL database via a Flask REST API.

## Project Approach

#### Objective:

Convert raw cognitive activity data into a structured dataset suitable for fine-tuning a text-generation model (T5).

#### Actions Taken:

- 1. Loaded the dataset (cleaned cognitive activities.csv) using Pandas.
- 2. Extracted cognitive skills from Yes/No columns (Memory, Reasoning, etc.).
- 3. Generated input prompts for the model:

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"Generate an activity for Zone: Green, Age Range: 4-10, Cognitive Skills: Memory, Reasoning" Created structured output text in the format:

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Activity: Memory Puzzle

Description: A fun game that enhances memory skills.

Instructions: Step 1: Lay out cards face down. Step 2: Flip two cards at a time...

Materials Required: Cards, Paper

Time Required: 15 minutes

Zone: Green

Objective: Improve memory retention and recall.

4. Saved the final dataset in JSON format (activity dataset.json) for training.

# Step 2: Fine-Tuning the T5 Model

#### Objective:

Train the T5-small model to generate cognitive activities from structured prompts.

- Actions Taken:
  - 1. Loaded the dataset using datasets.load\_dataset().
  - 2. Tokenized input and output texts using T5Tokenizer.
  - 3. Fine-tuned the model with:
    - Batch size: 8
    - o Epochs: 3
    - Sequence length: 256 (input) & 512 (output)
    - Mixed precision (fp16) to optimize GPU usage.
  - 4. Saved the fine-tuned model (activity\_generator\_model) for deployment.

## Step 3: Testing the Model in Google Colab

### Objective:

Ensure the model generates correct activities before deployment.

## Actions Taken:

- 1. Loaded the trained model from activity\_generator\_model.
- 2. Generated test activities using: python
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  print(generate activity("Memory, Reasoning", "Green"))
- 3. Verified output format to match expectations.

## Step 4: Deploying the Model via Flask API

### Objective:

Create a REST API that accepts user input and returns AI-generated cognitive activities.

#### Actions Taken:

- 1. Set up a Flask API (app.py).
- 2. Loaded the fine-tuned T5 model inside Flask.
- 3. Created an API endpoint (/generate activity) that accepts POST requests with parameters:
  - o cognitive skills (required)
  - o zone (optional)
- 4. Generated new activities dynamically using the model.

```
Formatted the API response as JSON with:
json
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{
    "Activity": "Memory Puzzle",
    "Description": "A fun game that enhances memory skills.",
    "Instructions": "Step 1: Lay out cards face down. Step 2: Flip two cards at a time...",
    "Materials Required": "Cards, Paper",
    "Time Required": "15 minutes",
    "Zone": "Green",
    "Objective": "Improve memory retention and recall."
}
```

5. Tested the API with curl, Postman, and Python requests.

## Step 5: Connecting the API to PostgreSQL (Optional)

#### Objective:

Store and retrieve generated activities using PostgreSQL.

#### Actions Taken:

- 1. Created a PostgreSQL database (cognitive\_activities).
- 2. Defined a Flask SQLAlchemy model (Activity).
- 3. Stored generated activities in the database for future use.

## Step 6: How to Run.

- Run the Cleaning file to clean and restructure the dataset
- Run the ModelTraining on Google Colab with cleaned\_cognitive\_activities
- Run app.py at <u>127.0.0.1:5000/generate\_activity</u>

A curl command in CMD will give out the generated text: curl -X POST "http://127.0.0.1:5000/generate\_activity" -H "Content-Type: application/json" -d "{ \"cognitive\_skills\": \"Memory, Reasoning\" }"