

A. SCENARIO METADATA SECTION (New)

Add hidden structured fields:

- Scenario ID (UUID)
- Cycle Day (1–28)
- Age group (optional)
- Historical trend flag (true/false)
- Stress level (1–10)
- Baseline cycle length
- Previous 3-day sleep average
- Previous 3-day symptom average

These allow reproducibility.

B. STATE VECTOR PANEL (Auto-Computed, Displayed)

Add a visible box showing:

Computed Biological State:

- Estrogen Influence:
- Progesterone Influence:
- Energy Stability:
- Emotional Volatility:
- Inflammation Likelihood:
- Cognitive Load Score (optional)

Display numeric values (0–1).

This is critical for research transparency.

C. MODEL CONFIGURATION PANEL (Missing)

Add:

- LLM Provider (Gemini / GPT / Local)
- Temperature
- Top-p
- Max tokens
- Seed (for reproducibility)

Without this, reviewers will reject for lack of control.

D. RESPONSE ANALYSIS PANEL (New)

After generation, auto-compute:

- Word count
- Readability score
- Sentiment polarity
- Embedding vector
- Constraint violation flag (true/false)

These support quantitative metrics.

E. AUTOMATED METRIC OUTPUT

Add:

- Semantic similarity vs baseline
- State-alignment score
- Recommendation category tags (rest / diet / exercise / emotional support)

This allows alignment frequency calculation.

2 Required Backend Architecture

Minimal research architecture:

Frontend (Antigravity UI)

→ API Gateway

→ Scenario Processor

→ State Vector Engine

→ Prompt Builder

→ LLM API

→ Response Analyzer

→ Database

3 APIs You Need

You need 4 categories of APIs.

1. LLM API

Gemini is fine for research-level conference submission.

Use:

- Gemini 1.5 Pro (if available)
- Or Gemini 1.0 Pro

It is good enough for:

- Structured reasoning
- Health explanation
- Controlled prompt injection

For publication:

Mention:

“Commercially available large language model (Gemini Pro).”

No issue.

2. Embedding API

For semantic differentiation metric:

You need embeddings.

Options:

- Gemini embeddings
- OpenAI embedding API
- Local model (e.g., sentence-transformers)

Embedding API required for:

Cosine similarity measurement.

3. Database API

Use:

- PostgreSQL (recommended)
- Supabase
- Firebase Firestore

You need persistent storage.

4. Statistical Processing

You can:

- Export CSV
- Use Python (SciPy, Pandas)
- Or integrate a small stats microservice

Not mandatory real-time.

4 Database Schema (Exact)

You need 5 tables.

Table 1: scenarios

- scenario_id (UUID)
 - phase
 - mood
 - energy
 - sleep
 - stress
 - symptoms_json
 - cycle_day
 - created_at
-

Table 2: state_vectors

- scenario_id
 - estrogen_influence
 - progesterone_influence
 - energy_stability
 - emotional_volatility
 - inflammation_likelihood
 - computed_at
-

Table 3: generations

- generation_id
 - scenario_id
 - strategy_type
 - model_name
 - temperature
 - prompt_text
 - output_text
 - word_count
 - created_at
-

Table 4: evaluations

- generation_id
 - evaluator_id
 - relevance_score
 - specificity_score
 - biological_grounding_score
 - personalization_score
 - safety_score
 - timestamp
-

Table 5: automated_metrics

- generation_id
- semantic_distance
- alignment_score
- violation_flag
- sentiment_score

This makes your research reproducible.

5 State Vector Computation Logic (Exact Version)

Normalize sliders:

$E = \text{energy} / 10$

$S = \text{sleep} / 10$

$St = \text{stress} / 10$

Symptom score:

Assign weights:

cramps = 0.3

back pain = 0.2

headache = 0.2

bloating = 0.1
others = 0.1

Inflammation = sum(weighted symptoms)

Energy Stability:

Energy_Stability = $0.6E + 0.4S - 0.3St$

Emotional Volatility:

Map mood:

Calm = 0.2

Neutral = 0.4

Irritable = 0.7

Severe mood swings = 0.9

Then:

Volatility = mood_score + $(1 - S) \cdot 0.3$

Hormonal influence:

Based on phase:

Menstrual:

Estrogen = 0.2

Progesterone = 0.2

Follicular:

Estrogen = 0.6

Progesterone = 0.3

Ovulatory:

Estrogen = 0.9

Progesterone = 0.2

Luteal:

Estrogen = 0.5

Progesterone = 0.8

All clipped between 0–1.

That is your deterministic biological state vector.

6 Exact Prompt Templates

Now the important part.

Strategy 1: Generic

System:

You are a general wellness assistant.

User:

User reports:

Mood: {mood}

Energy: {energy}/10

Sleep: {sleep}/10

Symptoms: {symptoms}

Provide helpful advice.

Strategy 2: Phase-Aware

System:

You are a menstrual health-aware AI assistant. Ground recommendations in hormonal physiology.

User:

Menstrual Phase: {phase}

Mood: {mood}

Energy: {energy}/10

Sleep: {sleep}/10

Symptoms: {symptoms}

Explain biological context briefly and give structured recommendations.

Strategy 3: Phase + Memory-Aware

System:

You are a menstrual health AI that considers historical patterns and hormonal cycles.

User:
Menstrual Phase: {phase}
Current State:
Mood: {mood}
Energy: {energy}/10
Sleep: {sleep}/10
Symptoms: {symptoms}

Historical Pattern:
{history_summary}

Provide biologically grounded and context-adaptive recommendations.

Strategy 4: Phase + State Vector (Confirmed Research Version)

System:
You are an advanced menstrual health AI system. Use the provided biological state profile quantitatively. Recommendations must align with the physiological indicators.

User:
Menstrual Phase: {phase}

Biological State Profile:
Estrogen Influence: {He}
Progesterone Influence: {Hp}
Energy Stability: {Es}
Emotional Volatility: {Ve}
Inflammation Likelihood: {Il}

Provide:

1. Brief physiological interpretation (2–3 sentences).
 2. Adaptive recommendations explicitly aligned with the state indicators.
 3. Avoid generic advice.
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7 Is Gemini Enough?

Yes.

For conference-level research:
Gemini Pro is sufficient.

You are evaluating prompting strategies,
not model architecture.

Model choice is not your novelty.

Just fix:

- Temperature = 0.4 (controlled)
 - Top_p = 0.9
 - Keep same config across strategies
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8 What Makes This Publishable

Your console must now:

- Log everything
- Store prompts
- Store outputs
- Store model config
- Store state vectors
- Allow CSV export
- Enable blind evaluation

Right now your UI is missing:

- State vector display
- Model configuration logging
- Automated metrics logging

Add those.