

Personality & Identity

- Personality is the sum of observable traits or characteristics.
- Five-factor analysis of traits:
 1. Neuroticism (emotionally stressed/stable)
 2. Experimentality (open to ideas/rigid)
 3. Extraversion (outgoing/introverted)
 4. Conscientiousness (responsible/unreliable)
 5. Agreeableness (helpful/unkind)

- The five factors are indicative and not exhaustive. Other factors can be added.
- Each of the factors is a continuous variable and one can be situated anywhere in the range.

Identity

- There are many identity markers.
- Some of the significant ones are:

Gender

Class

Caste/Ethnicity

Religion

Linguistic

- These identity markers give us an inner sense of who we are.
- Identity characteristics can be ascribed (by birth, such as religion) or acquired (added, such as political).

- Personality and identity work together to produce the social self.

- A serious study of identity and personality can help the individual to move in the direction of a desirable configuration.

