




PRAJAN SHRESTHA

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PROFILE

I'm a sustainable building engineering graduate and an experienced construction worker. I'm extremely motivated and dedicated to constantly broaden my professional and interpersonal skills to excel in the field of sustainable building construction. I am confident that my proactive working style with the experiences from internship, work, studies and fast learning skills makes me a perfect entry level structural engineer candidate at your company.



EDUCATION

BEng, Building Construction | Metropolia University of Applied Sciences

08.2014 – 11.2019

Obtained good command of Tekla and other BIM tools, and energy simulation tools. Studied concept of structural design and energy demand calculations. Worked as a project manager in number of school projects and innovation project. Completed internship as a site engineer and assistant project engineer.

Grade 4.25/5



WORK EXPERIENCE

Site Engineer | Paramount construction Ltd.

24.10.2018 – 15.03.2019

Project Scheduling, assisting the design team, sales representation, Managing site work activities, Onsite Safety inspections, documentation and communication. Materials acquisition and price negotiations.

Construction helper | Bolt Works | Rekrydiili Oy

03.08.2016 – 31.10.2019

Management of working spaces on site safety inspection. My ability to perform along the time line of the project has garnered good response and rehiring from our client companies.

Sales Person | SoundcareAB

17.06.2016 – 18.06.2016

B2C sales of costumers' experience enhancing products. Achieved 50% higher sales numbers. Exchanged my experiences and observations with my colleagues which was reflected in their sales figures.



SKILLS

- Technical use of Tekla structures
- HVAC design basics
- Design of energy efficient envelopes
- Hands on site work experience
- Scheduling in Tekla and Solibri.
- Performing Life cycle assessments
- Energy demand calculations
- Leadership and Team work skills



ACTIVITIES & AWARDS

Participant in The Baltic Sea Challenge. Enthusiast in lower energy building. Team leader in 10 days 100 Challenge 2018, HSY's challenge.

Metropolia Foundation Award for excellent thesis writing.



REFERENCES

Vesa Ryyänen, Vastaavamestari, Rakennus Oy Isotalo

Niko Partanen, Työman insinööri, Lehto Group Oyj.

Juuso Makila, Esimies Haaslahti Oy

**Contact details available on request.*