



Date: 20/03/2022

Dr. Soumya Ray

MBBS, MD, DM (Cardiology)

R_x

Name: Shreyansh Doshi

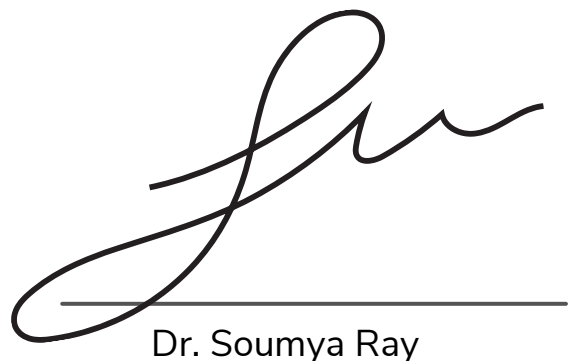
Age: 22

Weight: 70

Sex: M

- Carca 250 - take 2 tablets at a time - both morning and night
- Diator 10 - Take half tablet - both morning and night
- Brisk walk 40 mins daily.
- Lower sodium intake

Follow above instructions for a month. A revisit is suggested to check treatment and iterate on the prescribed medicines.



Dr. Soumya Ray