# **NEWSLETTER - BENEFITS OF FICTIONAL BOOKS**

on September 07, 2023



# 3 Interesting Facts About Fictional Books

Here are all the interesting facts about reading fictional books.

It disturbs You

It agitates the inner you and bring out the creative side as an axe to the frozen sea.





**Stress Buster** 



for 6 minutes a day has higher chances of stress relief.

**Teleportation** 

Fictional books takes you to a whole new world were you can assume the traits you want to be











NovelNook: today a reader, tomorrow a leader

DESCRIPTION: Reading is equally effective in boosting both our physical well being and our mental health and is appropriate for people of all ages. Because we know you're interested in finding out as much as possible about how your hobby can improve your life, you will find b ...



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