

Shruti Shukla

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EDUCATION

07/2022 - Present	PhD Global Health at Technical University of Munich, Germany <i>Impact of Gender Transformative Interventions on Adolescent Maternal and Child Health in Low and Middle Income Countries</i>
09/2018 - 08/2019	MSc Global Health at Maastricht University, The Netherlands
07/2015 - 06/2016	PG Diploma Liberal Arts at Ashoka University, India
07/2010 - 05/2015	MSc Biotechnology at Savitribai Phule Pune University, India

WORK EXPERIENCE

Research Associate, Ludwig Maximilians Universität München 12/2022 – Present

- Project: Investigating the predictors and consequences of intimate partner violence in Tanzania

Research Associate, TUM School of Social Sciences and Technology 09/2021 – 11/2022

- Project: Impact of the COVID-19 Pandemic on Child Marriage, Sexual and Reproductive Health, and Domestic Violence in India and Zambia (COV-CSR)

Research Associate, TUM Department of Sport and Health Sciences 08/2020 – 03/2022

- Lecturer for master and bachelor courses in Global Health
- Coordinated a research internship based in Malindi, Kenya

Project Coordinator, MAHAN Trust and DHAN Foundation, India 10/2016 – 05/2018

- Implemented and Monitored an RSV pneumonia research project in 100 tribal villages in Melghat, Maharashtra, India
- Monitored a community healthcare project on anaemia among adolescent girls in six tribal locations in Tamil Nadu and Odisha, India

FIELD WORK AND DATA COLLECTION

ECОВI	11/2024 – Present
<ul style="list-style-type: none">– Role: Senior Researcher and Project Manager, Disentangling and Preventing Economic Violence against Women in India (ECОВI)– Stakeholder Workshop: 30 participants	
COV-CSRД	09/2021 – 10/2022
<ul style="list-style-type: none">– Role: Project Manager, Impact of COVID-19 on gender inequities among adolescent girls in India and Zambia– Data collection: India 3049 participants, Zambia 1600 participants	
Breastfeeding Policies in Nepal	04/2019 – 06/2019
<ul style="list-style-type: none">– Role: Qualitative researcher, Breastfeeding policies and practices in Nepal– Data collection: 15 key informant interviews with stakeholders at government, national and international organizations	

PUBLICATIONS

Shukla, Shruti, Aishwarya Kharade, Ines Böhret, Manzura Jumaniyazova, Sarah R. Meyer, Ibukun-Oluwa Omolade Abejirinde, Yulia Shenderovich, and Janina Steinert. "How do gender transformative interventions reduce adolescent pregnancy in low-and middle-income countries: a realist synthesis." *Journal of Global Health* 15 (2025): 04102.

Shruti Shukla, Neema R. Mosha, Sarah R. Meyer, Sheila Harvey, Shelley Lees, Gerry Mshana, and Heidi Stöckl. "Women's Informal Group Participation and Intimate Partner Violence in Mwanza, Tanzania: A Longitudinal Study." *Social Science and Medicine* (2024): 117513.

Steinert, Janina Isabel, **Shukla, Shruti**, Rucha Vasumati Satish. "Navigating Distress: Exploring Factors Affecting Adolescent Girls' Wellbeing during and after a Violence-Focused Survey in Maharashtra, India". *Child Abuse and Neglect* 152 (2024): 106779.

Shukla, Shruti, Ibukun-Oluwa Omolade Abejirinde, Meyer, Sarah R., Shenderovich, Yulia, Steinert, Janina Isabel. "Mechanisms behind gender transformative approaches targeting adolescent pregnancy in low and middle income countries: a realist synthesis protocol." *Systematic Reviews* 13, no. 1 (2024): 1-11

Shukla, Shruti, Andrés F. Castro Torres, Rucha Vasumati Satish, Yulia Shenderovich, Ibukun-Oluwa Omolade Abejirinde, and Janina Isabel Steinert. "Factors associated with adolescent pregnancy in Maharashtra, India: a mixed-methods study." *Sexual and Reproductive Health Matters* 31, no. 1 (2023): 2249284.

Shukla, Shruti, Jessy Amarachi Ezebuihe, and Janina Isabel Steinert. "Association between public health emergencies and sexual and reproductive health, gender-based violence, and early marriage among adolescent girls: a rapid review." *BMC Public Health* 23, no. 1 (2023): 1-14.

Steinert, Janina Isabel, Hannah Prince, Jessy Ezebuihe, and **Shruti Shukla**. "Violence against adolescent girls during the COVID-19 pandemic: quantitative evidence from rural and urban communities in Maharashtra, India." *Journal of Adolescent Health* (2023).

Meyer, Sarah R., Selina Hardt, Rebecca Brambilla, **Shruti Shukla**, and Heidi Stöckl. "Sociological theories to explain intimate partner violence: a systematic review and narrative synthesis." *Trauma, Violence, and Abuse* (2023): 15248380231210939.

WORK IN PROGRESS

Shukla, Shruti, Yulia Shenderovich, Choolwe Jacobs and Janina I. Steinert. "Pedalling Progress? Assessing the Long-term Impact of a Bicycle Intervention on Adolescent Maternal and Child Health in Zambia." [currently under Review at *Social Science and Medicine*]

Mounchid, Pascal, **Shukla, Shruti**, Steinert, Janina Isabel. "The Interplay of Economic Shocks and Cultural Practices on Child Marriage: Comparative Evidence from India and Zambia during COVID-19 Pandemic." [currently under Review at *World Development*].

Shruti Shukla, Neema R. Mosha, Janina Steinert, Joanna Krajewska, Sheila Harvey, Shelley Lees, Gerry Mshana, and Heidi Stöckl. "Women's Self-Employment, Business Acumen, and Emotional IPV: A Longitudinal Study in Tanzania". [currently under preparation]

Selina Hardt, Meyer, Sarah R., Rebecca Brambilla, **Shruti Shukla**, and Heidi Stöckl. "A systematic review and narrative synthesis of psychological theories on the causes of intimate partner violence". [currently under Review at *Trauma, Violence, and Abuse*]

Miruna, Bivol, Rocío Herrero Romero, **Shruti Shukla**, Laura Granizo González, Yulia Shenderovich. Mechanisms behind school-based interventions to improve migrant adolescents and youth's well-being through a whole-school approach: A Realist Review [Manuscript currently under preparation]

GRANTS AND SCHOLARSHIP

Elitenetzwerk Bayern	Travel grant valued at 2600 EUR to attend the SVRI conference in Cape Town, South Africa, October 2024
Marianne Plehn Program	Part-time position at LMU (25%) funded by the Elitenetzwerk Bayern for Feb 2023 – Jun 2025
SurveyCTO	Data collection grant valued at 2,376 USD for Jan 2022 – Dec 2022
Studenstiftung des Deutschen Volkes	Doctoral scholarship valued at 65,400 EUR for Jul 2022 – Dec 2025
Mother Teresa Fellowship	Scholarship for development leaders in India valued at 270,000 INR for Aug 2016 – Feb 2018
Ashoka University	Merit scholarship for PG Diploma studies valued at 200,000 INR for Jul 2015 – Jun 2016
Indian Academy of Sciences	Junior research scholarship valued at 7000 INR for May - Jul 2012

CONFERENCES

- 2024 European Association of Development Research and Training Institutes, PhD Workshop Online; SVRI Forum, Cape Town, South Africa; Nursing Network on Violence Against Women International Conference, Phuket, Thailand
- 2023 17th World Congress of Public Health, Rome, Italy; Global Forum for Adolescents, PMNCH, World Health Organization (WHO), Online; What Works South Asia Conference, New Delhi, India

RESEARCH VISITS

- June-July 2024 PhD Research Exchange. **Cardiff University, Wales, UK**
- May 2024 Research visit to develop a new initiative on population health. **New York University, Abu Dhabi, UAE**

CONSULTING AND ADVISORY BOARD

- 2024 - 2027 Expert Advisor, Global Action for Measurement of Adolescent Health (GAMA), WHO, Switzerland
- Sep - Nov 2024 Research Consultant, Center for Global Development, United States (CGDEV)
- Apr - Jul 2020 Research Consultant, CoronaNet Research Project hosted by TUM, Germany
- Jan - Mar 2020 Research Consultant, Center for Evaluation and Development (C4ED), Germany

TEACHING

- 2019-2020 Health Systems and Technology Transfer, Ludwig Maximilian University of Munich (Guest Lecture)
- 2020-2021 Health and Society, Technical University of Munich (MSc)
- 2021-2023 Global and local perspective on Maternal and Child Health, TUM School of Governance (Guest Lecture)
- 2021 Health, (Dis)ability and Participation in a Global Perspective (MSc), International strategies in health promotion and inclusive development (MSc), Healthcare in a global perspective (BSc), Community-based prevention and rehabilitation (BSc), Internationale präventive, rehabilitative und sozialpolitische Entwicklung (BSc), TUM Department of Sport and Health Sciences

REFEREEING ACTIVITY

2023 BMJ Open, BMJ Public Health, BMC Public Health, PLOS Global Public Health, Cogent Social Sciences

SKILLS

Software MaxQDA, Atlas.ti, NVivo, GitHub, SurveyCTO, STATA, R, MS Office, LATEX
Languages Hindi (native), English (C2), German (B1)