

# Aditya Hrudayam

dhyaanam  
 namassavitrE jagadEka chakShusE  
 jagatprasooti sthiti naaSahEtavE  
 trayeemayaaya triguNaatma dhaariNE  
 viriMchi naaraayaNa SaMkaraatmanE

tatO yuddha pariSraantaM samarE chiMtayaa sthitam |  
 raavaNaM chaagratO dRuShTvaa yuddhaaya samupasthitam || 1 ||

daivataiScha samaagamy draShTumabhyaagatO raNam |  
 upagamyaa braveedraamam agastyO bhagavaan RuShiH || 2 ||

raama raama mahaabaahO SRuNu guhyaM sanaatanam |  
 yEna sarvaanareen vatsa samarE vijayiShyasi || 3 ||

aaditya hRudayaM puNyaM sarvaSatru vinaaSanam |  
 jayaavahaM japEnnityam akShayyaM paramaM Sivam || 4 ||

sarvamaMgaLa maangaLyaM sarva paapa praNaaSanam |  
 chiMtaaSOka praSamanam aayurvedhana muttamam || 5 ||

raSmimaMtaM samudyantaM dEvaasura namaskRutam |  
 poojayasva vivasvantaM bhaaskaraM bhuvanESvaram || 6 ||

sarvadEvaatmakO hyESha tEjasvee raSmibhaavanaH |  
 ESha dEvaasura gaNaan IOkaan paati gabhastibhiH || 7 ||

ESha brahmaa cha viShNuScha SivaH skandaH prajaapatiH |  
 mahEndrO dhanadaH kaalO yamaH sOmO hyapaaM patiH || 8 ||

pitarO vasavaH saadhyaa hyaSvinau marutO manuH |  
 vaayurvahniH prajaapraaNaH Rutukartaa prabhaakaraH || 9 ||

aadityaH savitaa sooryaH khagaH pooShaa gabhastimaan |

suvarNasadRuSO bhaanuH hiraNyarEtaa divaakaraH || 10 ||

haridaSvaH sahasraarchiH saptasapti-rmareechimaan |  
timirOnmathanaH SaMbhuH tvaShTaa maartaaNDakOMSuman || 11 ||

hiraNyagarbhaH SiSiraH tapanO bhaaskarO raviH |  
agnigarbhOditEH putraH SankhaH SiSiranaaSanaH || 12 ||

vyOmanaatha stamObhEdee RugyajuHsaama-paaragaH |  
ghanaavRuShTi rapaaM mitrO vindhyaveethee plavangamaH || 13 ||

aatapee maMDalee mRutyuH pingaLaH sarvataapanaH |  
kavirviSvO mahaatEjaa raktaH sarvabhavOdbhavaH || 14 ||

nakShatra graha taaraaNam adhipO viSvabhaavanaH |  
tEjasaamapi tEjasvee dvaadaSaatman-namOstu tE || 15 ||

namaH poorvaaya girayE paSchimaayaadrayE namaH |  
jyOtirgaNaanaaM patayE dinaadhipatayE namaH || 16 ||

jayaaya jayabhadraaya haryaSvaaya namO namaH |  
namO namaH sahasraaMSO aadityaaya namO namaH || 17 ||

nama ugraaya veeraaya saarangaaya namO namaH |  
namaH padmaprabOdhaaya maartaaNDaaya namO namaH || 18 ||

brahmESaanaachyutESaaya sooryaayaaditya-varchasE |  
bhaasvatE sarvabhakShaaya raudraaya vapuShE namaH || 19 ||

tamOghnaaya himaghnaaya Satrugnaayaa mitaatmanE |  
kRutaghnaghnaaya dEvaaya jyOtiShaaM patayE namaH || 20 ||

tapta chaameekaraabhaaya vahnayE viSvakarmaNE |  
namastamObhi nighnaaya ruchayE lOkasaakShiNE || 21 ||

naaSayatyESha vai bhootaM tadEva sRujati prabhuH |  
paayatyESha tapatyESha varShatyESha gabhastibhiH || 22 ||

ESha suptEShu jaagarti bhootEShu pariniShThitaH |  
 ESha EvaagnihOtraM cha phalaM chaivaagni hOtriNaam || 23 ||

vEdaaScha kratavaSchaiva kratoonaaM phalamEva cha |  
 yaani kRutyaani lOkEShu sarva ESha raviH prabhuH || 24 ||

### **phalaSrutiH**

Ena maapatsu kRuchCrEShu kaantaarEShu bhayEShu cha |  
 keertayan puruShaH kaSchin-naavaSeedati raaghava || 25 ||

poojayasvaina mEkaagrO dEvadEvaM jagatpatim |  
 Etat triguNitaM japtvaa yuddhEShu vijayiShyasi || 26 ||

asmin kShaNE mahaabaahO raavaNaM tvaM vadhiShyasi |  
 Evamuktvaa tadaagastyO jagaama cha yathaagatam || 27 ||

EtachCrutvaa mahaatEjaaH naShTaSOObhavat-tadaa |  
 dhaarayaamaasa supreetO raaghavaH prayataatmavaan || 28 ||

aadityaM prEkShya japtvaa tu paraM harShamavaaptavaan |  
 triraachamya Suchirbhootvaa dhanuraadaaya veeryavaan || 29 ||

raavaNaM prEkShya hRuShTaatmaa yuddhaaya samupaagamat |  
 sarvayatnEna mahataa vadhE tasya dhRutObhavat || 30 ||

adha raviravadan-nireekShya raamaM muditamanaaH paramaM prahRuShyamaaNaH |  
 niSicharapati saMkShayaM viditvaa suragaNa madhyagatO vachastvarEti || 31 ||

ityaarShE SreemadraamaayaNE vaalmikeeyE aadikaavyE yuddakaaNDE panchaadhika Satatama  
 sargaH ||