



*Saylor Academy awards*

**Shruti Gupta**

*this certificate of achievement for*

**PRDV005: Time and Stress Management**



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April 15, 2022

Issue Date

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49766715

Certificate ID



# PRDV005: Time and Stress Management

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<b>Started on</b>	Friday, April 15, 2022, 4:41 AM
<b>State</b>	Finished
<b>Completed on</b>	Friday, April 15, 2022, 4:48 AM
<b>Time taken</b>	7 mins 16 secs
<b>Points</b>	14.00/15.00
<b>Grade</b>	<b>9.33</b> out of 10.00 ( <b>93.33%</b> )

Question **1**

Correct

1.00 points out  
of 1.00

Doing which of the following tasks at night, rather than in the morning, will help you reduce unproductive time at the beginning of your day?

Select one: