SMART KITCHEN COMPANION: AI RECIPE GENERATOR & MEAL PLANNER

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OUTLINE

- Problem Statement
- Proposed System/Solution
- System Development Approach (Technology Used)
- Algorithm & Deployment
- Result (Output Image)
- Conclusion
- Future Scope
- References



PROBLEM STATEMENT

- Current meal planning and cooking are often limited by the ingredients on hand, leading to food waste, inconvenience, or poor dietary choices.
- There is no intelligent solution to suggest recipes, substitutions, or dietary adaptations based on available kitchen items and restrictions (allergies, preferences) in real time.



PROPOSED SOLUTION

- The system addresses the challenge of suggesting smart, personalized recipes based on available ingredients, while considering dietary restrictions and minimizing food waste. It combines language models with real-time knowledge retrieval.
- Ingredient Collection:

Users input ingredients via text (future: voice/image).

Optional filters: diet type, allergies, cooking time.

Input Preprocessing:

Clean and map ingredients to standard formats.

Recognize ingredient categories (e.g., leafy greens).

Recipe Generation:

Suggests step-by-step instructions and smart substitutions.

Deployment:

Built using IBM watsonx Agent Lab and deployed as a REST API.

Usable via chatbot, web, or smart device interfaces.

Evaluation:

Based on user satisfaction, clarity, and ingredient match.

Improved with continuous feedback.

Result:

Smarter meal planning

Reduced waste

Cooking made easier and more inclusive



SYSTEM APPROACH

System Requirements:

IBM Cloud Lite account

watsonx.ai and Agent Lab

Cloud Object Storage

Technologies:

LangGraph

IBM Foundation Models (Mistral)

REST API

Methodology:

Low-code agent via GUI

Web/Knowledge tools

Deployable as reusable Al service



ALGORITHM & DEPLOYMENT

Data Input:

The agent takes input in various forms:

A list of available ingredients (entered as free text)

Optional dietary constraints (e.g., vegan, gluten-free, nut allergy)

Cooking preferences (e.g., quick recipes, no oven, Indian cuisine)

Future expansion may include:

Images of ingredients (via computer vision)

Voice input (for hands-free kitchen use)

Training Process:

No fine-tuning or supervised training is required as the agent uses pre-trained foundation models.

The system is enhanced with a curated set of retrieval tools: web search, Wikipedia, and internal recipe datasets.

Tools are connected via IBM watsonx Agent Lab using the LangGraph framework with the ReAct agent strategy.

Prediction Process:

When the user provides ingredients and constraints, the agent first performs knowledge retrieval using built-in tools.

The retrieved results are passed to the LLM, which generates a personalized, step-by-step recipe.

The agent also suggests smart substitutions (e.g., "Out of eggs? Try using yogurt or banana.") and highlights allergy considerations.

The model generates natural language output suitable for display in web/mobile apps.

Deployment:

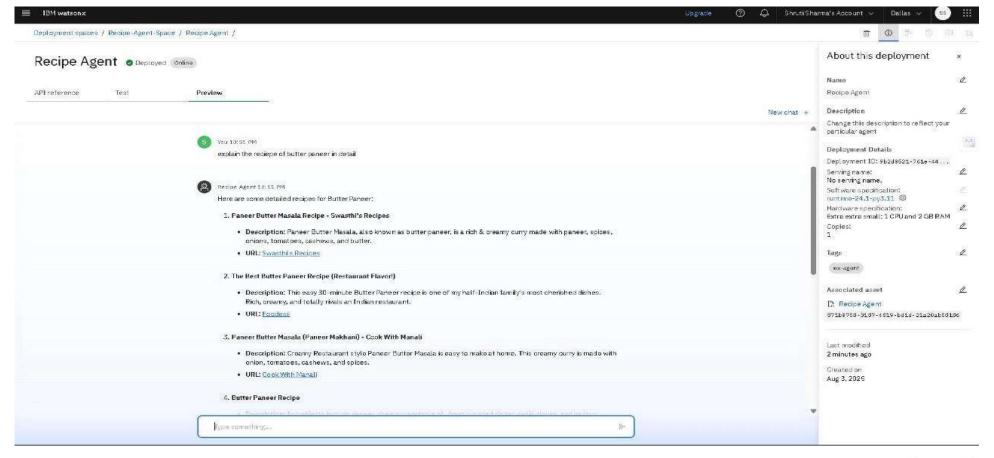
The system is deployed using the "Deploy as Al service" option in IBM watsonx Agent Lab.

A REST API is automatically generated, enabling integration with other applications (e.g., mobile app, smart fridge UI).

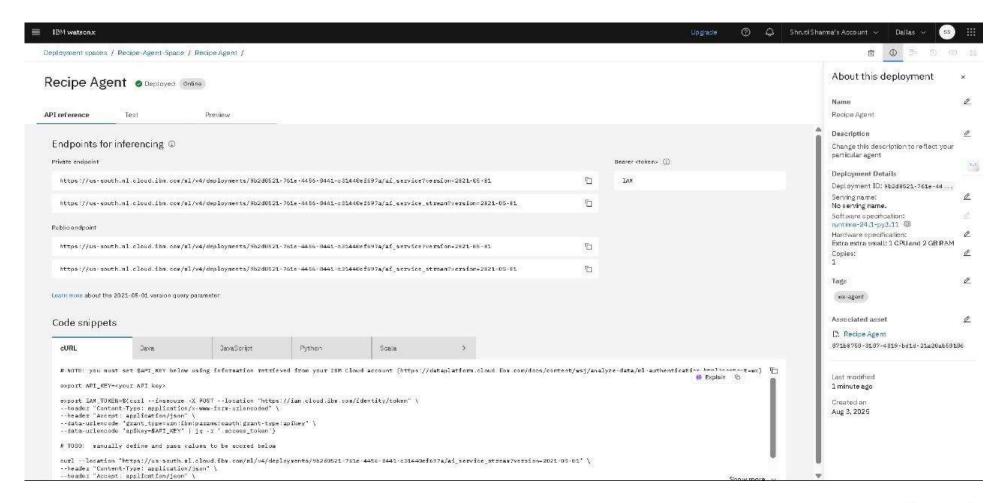
The deployment is scalable and can handle multiple concurrent users with low latency.



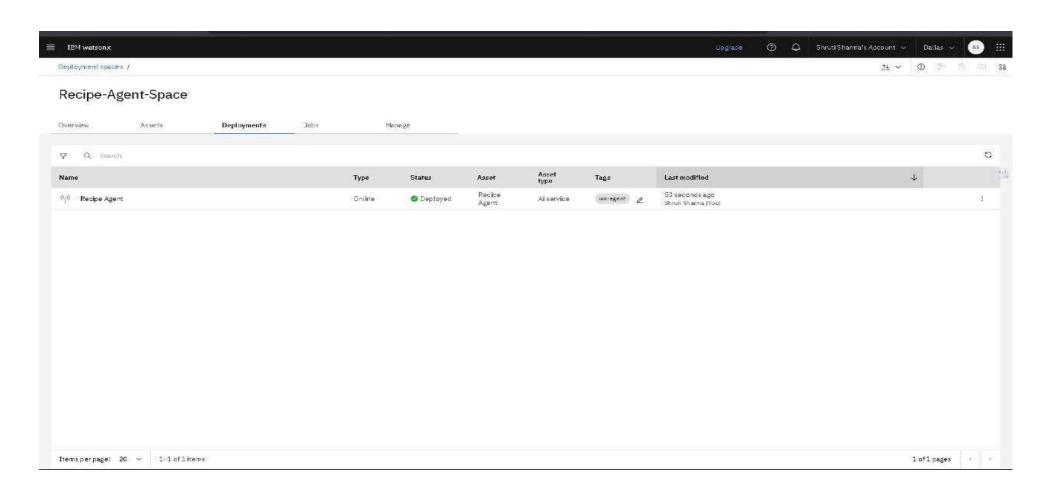
RESULT



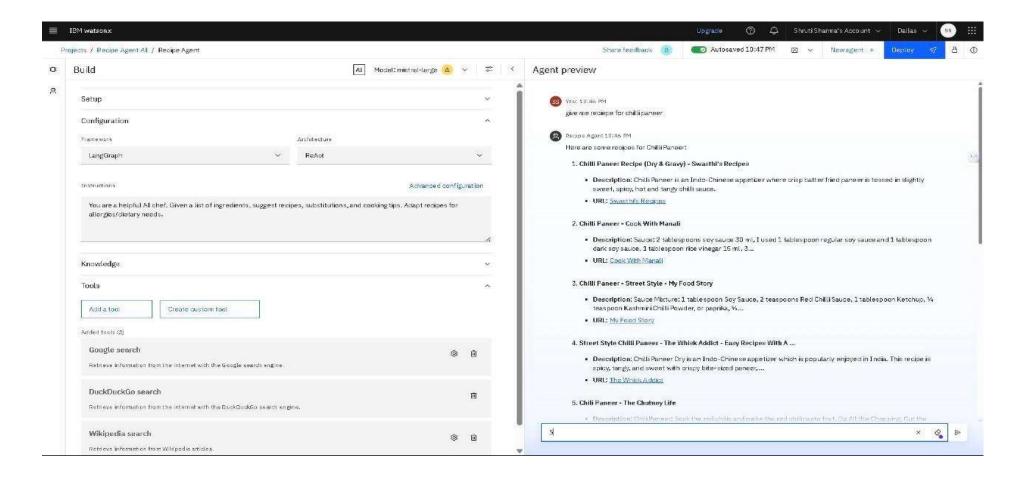




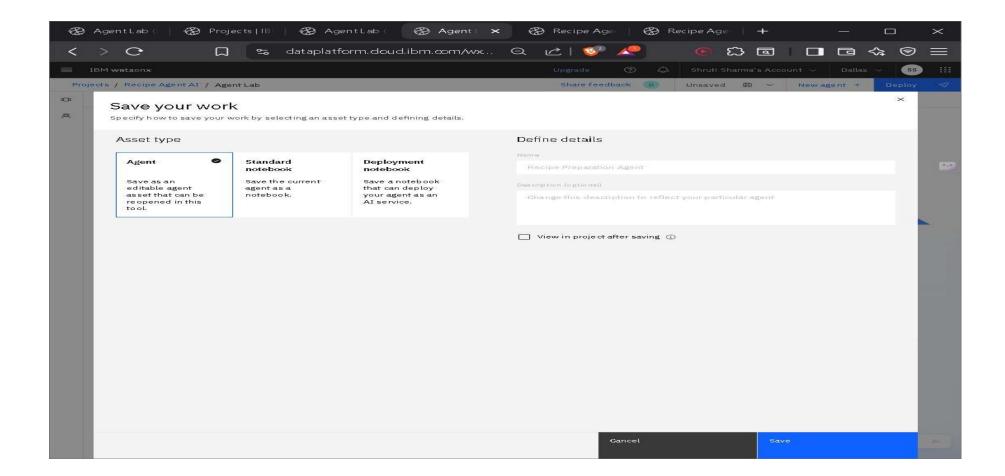




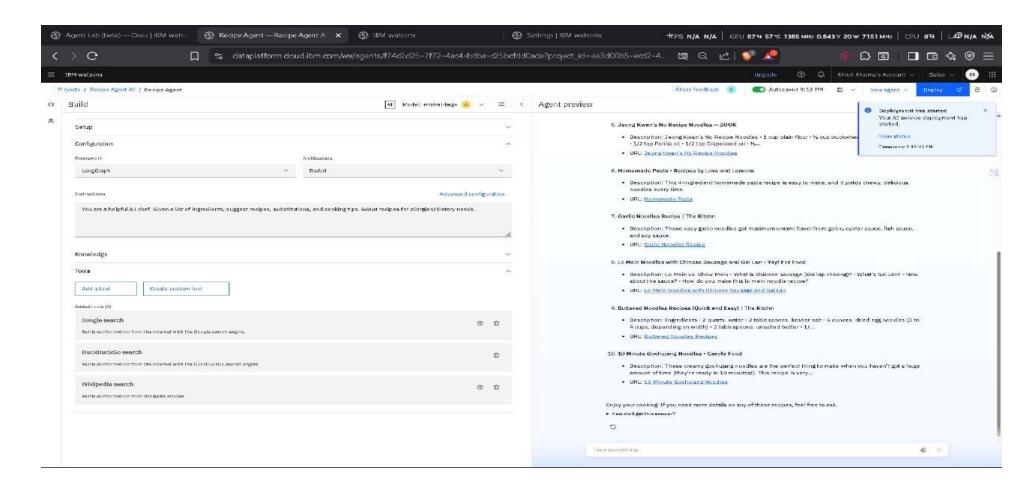




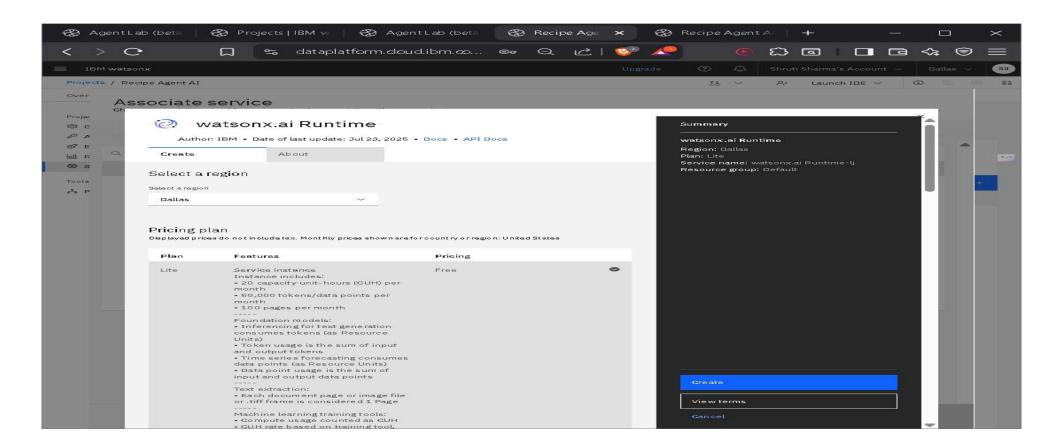




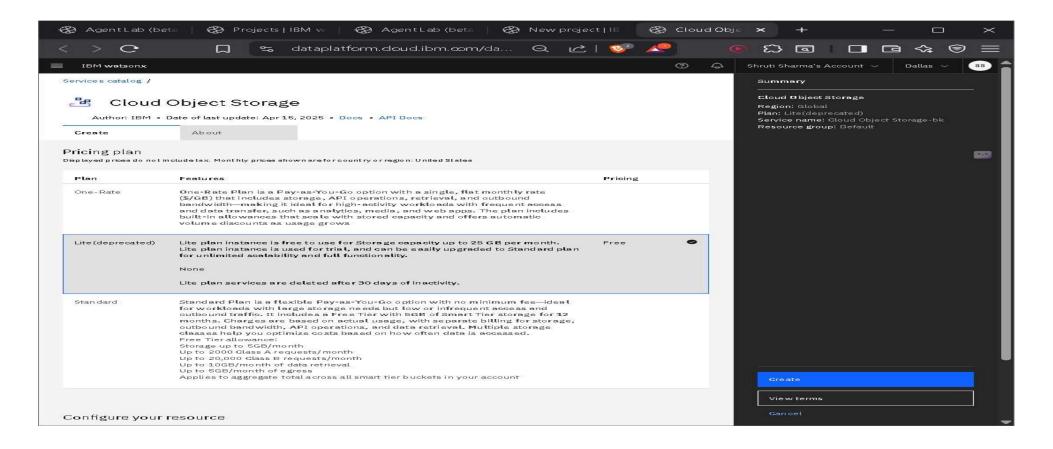














CONCLUSION

The Recipe Preparation Agent is a practical AI assistant for cooking.

Adapts to kitchen constraints

Reduces food waste

Promotes healthy eating

Scalable & easily integratable via IBM Cloud



FUTURE SCOPE

Smarter Data

Integrate nutritional info, grocery APIs, and user preferences.

Support regional and seasonal recipes.

Algorithm Improvements

Use advanced ML (e.g., reinforcement learning) for personalized suggestions.

Learn from user feedback and history.

Scalable Reach

Expand to support multiple cuisines, languages, and cities.

Adapt recipes to local ingredients and culture.

Emerging Tech

Add voice and image input for hands-free, visual cooking.

Enable offline use via edge computing.

Seamless Integration

Auto-generate shopping lists.

Recommend recipes using soon-to-expire items.



REFERENCES

- •IBM watsonx.ai documentation
- •IBM Cloud Lite Services
- •IBM SkillsBuild project.



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Completion date: 27 Jul 2025 (GMT)

Learning hours: 20 mins



THANK YOU

