

Shashikant R Kupekar,  
A.E.(Training) CTI & RC,  
23th March 2020

To,  
The Chief Engineer,  
CTI & RC

**Subject- Regarding COVID-19 Duties.**

Madam,

I am working in CTI & RC as A.E.(Training) from 28th January 2020. I am staying in Dahisar east which is very close to CTI & RC so it reduces traveling stress.

Recently i.e from 2/4/20 - 9/4/20 we have conducted Orientation course to handle and manage COVID-19 for approximately 1000 nurses, interns and 5th year medical students of Nair, LTMG, KEM, Cooper hospitals. Next training program for 1690 Resident Doctors of Nair, LTMG, KEM, Cooper hospitals was planned from 10/4/20 - 20/4/20. However the same was temporarily suspended. Looking at present difficult situations such types of training programs are required to be conducted for training more and more nurses, interns, doctors, students, etc. for which CTI and RC training staff will have to be ready and remain present in the CTI & RC office. Also I am involved in development of an e-training program initiated by Director General of MCMCR(Powai) Shri Bharat Bhushan. Further the work of upgradation of list of participants, faculties and planning of future training programs is going on. Accordingly I am attending the duties in the CTI & RC office as per the duty program prepared by us.

It is pertinent to mention here that I am completing 55 years shortly by July end and also I am having a couple of health issues as mentioned in detail below:-

**1. Fracture of Neck of Left Femur**

In 2016, I had an accident and my left hip ball was fractured, it was therefore operated by implanting three big nails(Reports at

page no 3&5). I was on bed rest for three months. Physically Disability certificate has been issued by Sir J.J. Hospital, Govt of Maharashtra (page 7). Now I am 55 years old and finding it difficult to travel for a long time. I am also finding it difficult to climb stairs. As per doctor's opinion any further injury to my hip ball may cause a permanent disability.

## **2. Heart Problem**

During 2D Echo Test carried out in Bhaktivedanta Bhayandar Hospital & TEE Test carried out in Glenmark Cardiac Centre, Dadar, it is observed that my Mitral valve leaflets are thickened and are redundant. There is prolapse of Mitral valve involving A2 with severe Mitral regurgitation (Grade III) (Reports at pg 27).

When I consulted cardiologist Dr. Vijay Surase in Jupiter Hospital, he said that in your case a simple infection to heart may lead to complications, including heart failure as in such a situation heart can't pump enough blood needed by the body and therefore he recommended a Mitral valve repair operation which involves major open heart surgery (Pg 29).

All the above doctors advised me to avoid exertion and avoid any kind of infection.

In view of the above circumstances, it is my humble request to allow me to work in CTI & RC itself and not to be deputed for COVID-19 Duties.

Thanking You,

Acc:- As Above

Yours faithfully,

(S.R.Kupekar)  
A.E.(Training) CTI & RC

