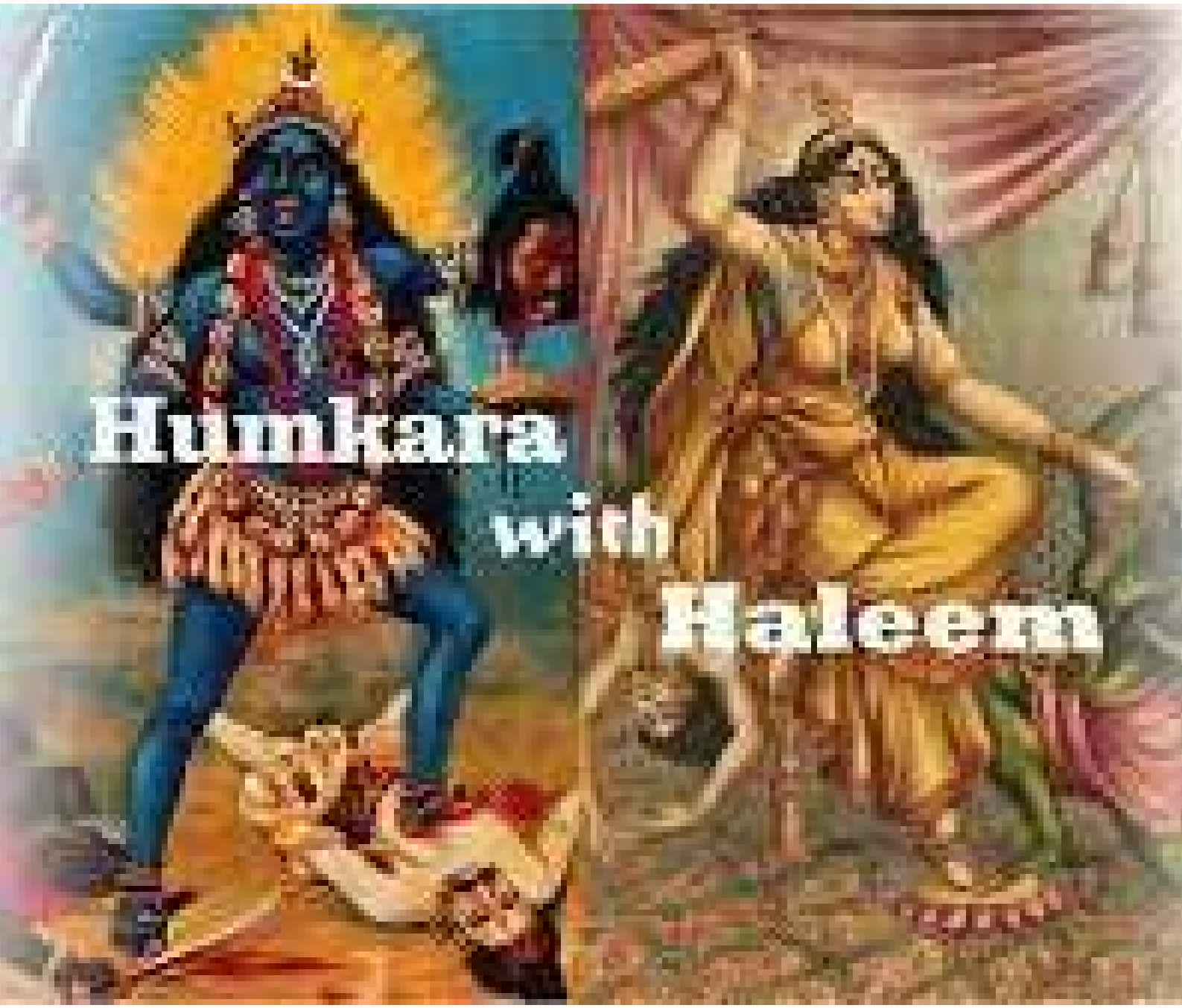
Blessings
HEALING HUBB



Blessings
HEALING HUBB

WITH 3 HEALING SYMBOLS

LAMA FERA

STANDALONE MODALITY

BOOK

NO. OF PAGES 60 + INDEX = 02 ... TOTAL = 62

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INTRODUCTION

Hũṃkāra with Haleem is a Powerful Healing Technique

- Simple
- Easy
- Quick

Hũṃkāra with Haleem Symbols (as claimed) are said to be made by combined Vibrations of Mantras -

- Hũṃkāra Symbol - 3,80,000 Mantras &
- Haleem Symbol - 134,000 Mantras

Hũṃkāra with Haleem Symbols when used create a Vortex OR Whirlpool of Vital Energy along The Breath Channels OR Nadis in turn releasing Positive Energy to remove all the Blockages loosening & undoing the knots of Negative Energy at various stages.

Hũṃkāra with Haleem has the Combined Power of

- Divine Energy
- Mantra Energy
- Symbol Energy

Which combines together Channelizing Powerful Healing Energies to transform all aspects of Human Body such as

- The Chakras
- Shushkam Nadis (Energy Pathways) &
- Subtle Body Energies

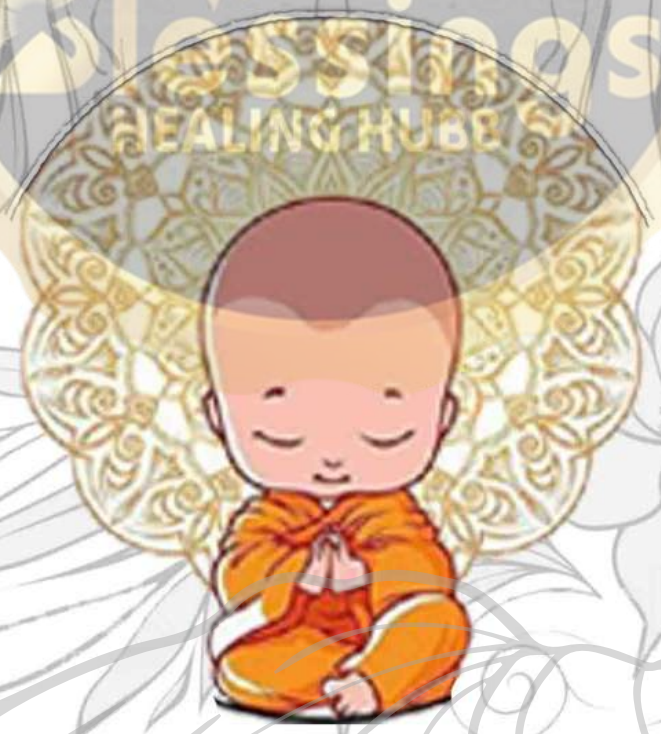
Blessings HEALING HUBB

IMPORTANCE

- Boost Mental capacity leading to increase in Memory Power (Brain Capacity - Farsightedness)
- Reconstruction of Damage Cells & start Auto Healing System of Body
- Increased Concentration
- Enhanced Productivity
- Achieving Targets
- Clarity in Thoughts
- Boosting of Communication Skills
- Creates Peace & Harmony in Relations
- Improve Health & Wellness leading to Improved Immunity & Protection against Diseases from Mental Stress TO get rid of (Release) Depression & Anxiety
- Remove / Release Karmic & Financial Blockages
- Remove Negative Energies such as Spirits OR Negative Entities (Psychic attacks)
- Cleaning / Clearing Aura
- Activation of Brahma Nadi

Blessings HEALING HUBB

- Balancing Mental, Physical, Emotional & Spiritual Level
- Balancing Vastu Energy of Place
- Calming of The Enemies
- Resolving Business Issues & Legal Cases
- Useful for all aspects of Learners, Students, CA's, Government Officers & Politicians



" The Power of Symbols "

(Healing Symbols)

Symbols have signified Healing. These Symbols represent Healing, and they have a Positive effect when you Visualize them. As time went by just seeing these Symbols brought about a Positive outlook for many people. Healing is something that everyone does at some time in their lives. These Healing Symbols invoke and instill Peace, Love and Tranquility within you. A single viewing of a Symbol can transform Consciousness, Behaviors, Understanding, and Wellbeing. Our ability to attain deep understanding from simply looking at Symbols and Geometric configurations we are forever changed by the Symbols we gaze upon. When you use a Symbol the resonance of that broad concept influences all Molecules to align with the Principles and become a carrier of that Power. These Symbols come from many Wisdom traditions and Honor the highest manifestations possible. We are surrounded by Symbols having a specific meaning and they guide us on our Journey and they Heal us.

The reaction to them is not always the same. They give out certain Vibrations that speak to us in a Transcendent way, engulfed by their strength in order to Heal a specific Ailment. These Symbols help us to support each other when words fail. Ritual and Symbol often help define and give meaning to our Professional work. The Symbols help center the patient. Each Symbol serves to point to something deeper than there are often words to express and connect with an understanding that resides in the deep recesses of the psyche.

" Mantra – Yantra – Tantra "

(The Sacred Power)

The Symbols Geometrical Formation is important. When Mantra – Sound Energy is used with Tantra – a Technique to form a Yantra – Diagram then you can accomplish a Desire or Desired Results. Thus all The Symbols in Hũṃkãra with Haleem are Yantra in themselves.

- Mantra (in Mind / Mental Affinity / Sound Energy)
- Yantra (is Body / Diagram)
- Tantra (in Heart / Technique)

Mantra - (is a phonic form)

Mantra is a sacred utterance, a numinous Sound, a Syllable, Word or Phonemes, or Group of words in Sanskrit believed by practitioners to have Psychological and / or Spiritual Powers. Some Mantras have a syntactic structure and literal meaning, while others do not. In the Tantric School the Universe is Sound. The Supreme (para) brings forth existence through the Word (Shabda). Creation consists of Vibrations at various Frequencies and Amplitudes giving rise to the phenomena of the world.

Mantra is when you have repeated it so much, so often, and so well that you hear it within your being.

Yantra - (a graphic form)

The word Yantra comes from the root word Yam, meaning to sustain. A Yantra is like a place holder, a fixed image which roots the divine into matter. The word Yantra also refers to an instrument or a device, something that can be used to perform an action more efficiently. The Yantra has around it several Concentric shapes, like Triangles, Circles, Petals and Squares which continue to expand or contract as precisely as the spiders web. It is mapping of the Human Body through a Sacred Geometry called Yantra. It is a Geometrical Shape or a Design through which by using a special Picture or Lines, we express the force of Powers & Energies of the Nature and those of our own thoughts. All these Pictures, Lines or Symbol are called Yantra. Yantra are usually associated with a particular Deity and are used for Specific Benefits, such as: for Meditation, Protection from Harmful Influences, development of particular Powers, Attraction of Wealth or Success.

Tantra - (a technique)

Tantra is a specific Process, Technique, Method or a System. Tantra is a combination of Shiva and Shakti, wherein Shiva is Cosmic Consciousness and Shakti is the Activating Power that generates the material world. (similar to that of Purusha-Prakriti) A systematic use of the Body (including the perceptual Mind) and its parts (Tattvas) for Self-Transformation and Self-Realization. Tantra is associated in two Sects The Right-Hand of God – which is related to the Positive side and The Left-Hand of God - used by Tantrics either through the medium of Sex and other objectionable means.

HEALING HUBS

Maa Kālī "The black one"

Hūṃkāra

Maa Kãlĩ - " The Black One "

- Affiliation : MahaKãlĩ , Parvati / Durga, Mahavidyas, Shakti
- Abode : Cremation grounds (but varies by interpretation) Manidvipa
- Weapon : Scimitar, Sword, Trishula (Trident)
- Festivals : Kãlĩ Puja, Navratri
- Consort : Bhadra, Mahakala (form of Shiva) nidvipa

The name MahaKãlĩ, when Kãlĩ is rendered to mean " Black ". Kãlĩ is worshiped as one of the 10 Mahavidya forms of Adi Parashakti. Kãlĩ also known as Kãlikã or Shyãmã Hindu Goddess. Kãlĩ is one of the 10 Mahavidysa, a list which combines Sakta and Buddhist Goddesses. Kãlĩ's earliest appearance is that of a destroyer of evil forces. She is the most powerful form of Shakti. Kãlĩ has been worshipped by devotional movements and Tantric Sects variously as the Divine Mother, Mother of the Universe, Adi Shakti, or Adi Parashakti Shakti Hindu and Tantric Sects additionally worship her

as the ultimate reality or Brahman. She is also seen as the Divine Protector and the one who bestows moksha, or liberation. Kālī is often portrayed standing or dancing on her consort, the Hindu god Shiva, who lies calm and prostrate beneath her. Kālī is the feminine form of " time " or " the fullness of time " with the masculine noun " kāla " and by extension, time as " changing aspect of nature that bring things to life or death. " Other names include Kālarātri (" the deep blue night "), and Kālikā (" the deep blue one "). The homonymous kāla, " appointed time, " is distinct from kāla " deep blue, " but became associated through popular etymology. The association is seen in a passage from the Mahābhārata, depicting a female figure who carries away the spirits of slain warriors and animals. She is called kālarātri (which translates as " night of death") and also kāli (which can be read here either as a proper name or as a description " the dark blue one "). Kāli is also the feminine form of Kālā, an epithet of Shiva, and thus the consort of Shiva. The word Kālī appears as early as the Atharva Veda. Kālī appears not explicitly as a goddess, but as the Dark Blue Tongue of the 7 Flickering Tongues of Agani, the Hindu God of Fire. She is often regarded as The Shakti of Shiva, and is closely associated with him in

various Puranas.
Kālī is portrayed mostly in two forms: the popular 4-Armed form and the 10-Armed Mahakālī form. In both of her forms, she is described as being Black in colour but is most often depicted as Blue in popular Indian art. Her eyes are described as red with intoxication and in absolute rage. Her hair is shown disheveled, small fangs sometimes protrude out of her mouth, and her tongue is lolling. She is often shown wearing a Skirt made of Human Arms and a Garland of Human Heads. She is also accompanied by Serpents and a jackal while standing on the calm and prostrate Shiva, usually Right Foot forward to Symbolize the more popular Dakshinamarga or Right-Handed Path (Right Hand of God), as opposed to the more infamous and transgressive Vamamarga or Left-Handed Path (Left Hand of God). In the 10-Armed form of Mahākalī she is depicted as Shining like a Blue Stone. She has 10 Faces, 10 Feet, and 3 Eyes for each Head. She has ornaments decked on all her Limbs.
There is no association with Shiva.
The Kālika Purana describes Kālī as possessing a soothing Dark complexion, as perfectly Beautiful, Riding a Lion, 4-Armed, holding a Sword and Blue Lotuses, her Hair

unrestrained, Body firm and youthful. In spite of her seemingly terrible form, Kālī Maa is often considered the kindest and most loving of all the Hindu goddesses, as she is regarded by her devotees as the Mother of the whole Universe. And because of her terrible form, she is also often seen as a great protector. She is often depicted Naked which Symbolizes her being beyond the covering of Maya since she is Pure (Nirguna) Being-Consciousness-Bliss and far above Prakriti. She is shown as very Dark as she is Brahman in its Supreme Unmanifest state. She has no permanent qualities - she will continue to exist even when the Universe ends. It is therefore believed that the concepts of Color, Light, Good, Bad do not apply to her.

DAKSHINAKĀLĪ

Is Lord of Death, who lives in the South (Dakshina). When Yama heard Kālī's name, he fled in terror, and so those who worship Kālī are said to be able to overcome Death itself. Dakshinakālī is typically shown with her Right Foot on Shiva's Chest.

VAMAKÃLĨ

Vamkãlĩ Is depicted as Kãlĩ with her left foot on Shiva's Chest and depict the even more fearsome Vamakãlĩ. Vamakãlĩ is usually worshipped by non-Householders.

SAMHARA KÃLĨ

Also called VamaKãlĩ, is the Embodiment of the Power of Destruction. Samhara Kãlĩ is the most dangerous and powerful form of Kãlĩ. Samhara Kãlĩ is the Chief Goddess of Tantric texts. It is said that if Kãlĩ steps out with the Left Foot and holds the Sword in her Right Hand, she is in the form of Samhara Kãlĩ. She is the Kãlĩ of Death, Destruction and is Worshiped by Tantrics. As Samhara Kali she gives Death and Liberation. According to the Mahakala Samhita, Samhara Kãlĩ is 2 Armed and Black in Complexion. She stands on a Corpse and holds a freshly Cut Head and a Plate to collect the dripping Blood. She is worshiped by Warriors, Tantrics – the followers of Tantra.

OTHER FORMS OF KALI POPULARLY WORSHIPPED INCLUDE

Raksha Kālī (form of Kālī worshipped for Protection against Epidemics and Drought)

- Bhadra Kālī
- Guhya Kālī

Kālī is said to have 8, 12, or 21 different Forms according to different traditions.

THE POPULAR FORMS ARE

- Adya Kālī
- Chintamani Kālī
- Sparshamani Kālī
- Sparshamani Kālī
- Santati Kālī
- Siddhi Kālī
- Dakshina Kālī
- Bhadra Kālī
- Smashana Kālī
- Adharvana Bhadra Kālī
- Kamakala Kālī
- Guhya Kālī
- Hamsa Kālī
- Kalasankarshini Kālī

At the dissolution of things, it is Kāla (Time) Who will devour all, and by reason of this He is called Mahakālā (an epithet of Lord Shiva), and since Thou devourest Mahakālā Himself, it is Thou who art the Supreme Primordial Kālika.

Hũṃkãra - Hũm of Maa Kãlĩ

(pronounced as Hoom)

Huṃkaãra or Huṃkaãra Tantra refers to one of the 28 Gaãruḍa Tantras, belonging to the Saktãgama (or Sakta Tantra) division of the Ãgama tradition. The Sãktãgamas represent the wisdom imparted by Devĩ to Ĩśvara & convey the idea that the Worship of Śakti is the means to attain Liberation. The Hũṃkãra belonging to the Gãruḍa class. A Sanskrit compound consisting of the terms hũm & kãra A Menacing Sound, Sound of Defiance (Roaring, Bellowing in general).

Thus Hũṃ is called Kurča-bĩja (the Kurča-mantra means to awaken the Kundalini). Kurča-mantra means the bĩja-mantra of Devi, the word Kurča meaning Head (Apte) and it falls under The Ether or Dkasa group which lies at the Head of all Wordly things. Hum is Kavača-bĩja = " May I be protected. "Hũṃ stands for Krodha its reverse, or dissolution (Laya). So-called " angry " Devatas are not angry in the ordinary sense, but are then in that aspect in which they are Lords of Dissolution, an aspect which seems angry or terrible to the worldly minded. It is said of the Tara-mantra that the Hũṃ in it is the sound of the Wind.

Mantra Hūṃ is used for raising Kundalini, combining The Mantra with The Breath and Fixing the gaze at Navel.

Hūṃ – Varma or Warrior and comes from Humkāra, a sound produced during the time of battle or fight.

Though a Mantra such as a Bīja-mantra may not convey its meaning on its face, the initiate knows that its meaning is the own form (Svarupa) of the particular Devata whose Mantra it is, and that the essence of the Bija is that which makes letters sound, and exists in all which we say or hear. Every Mantra is thus a particular sound form (Rupa) of the Brahman. There are a very large number of these short vocals' or Bījas.

Thus 3rd is Kālī Bija

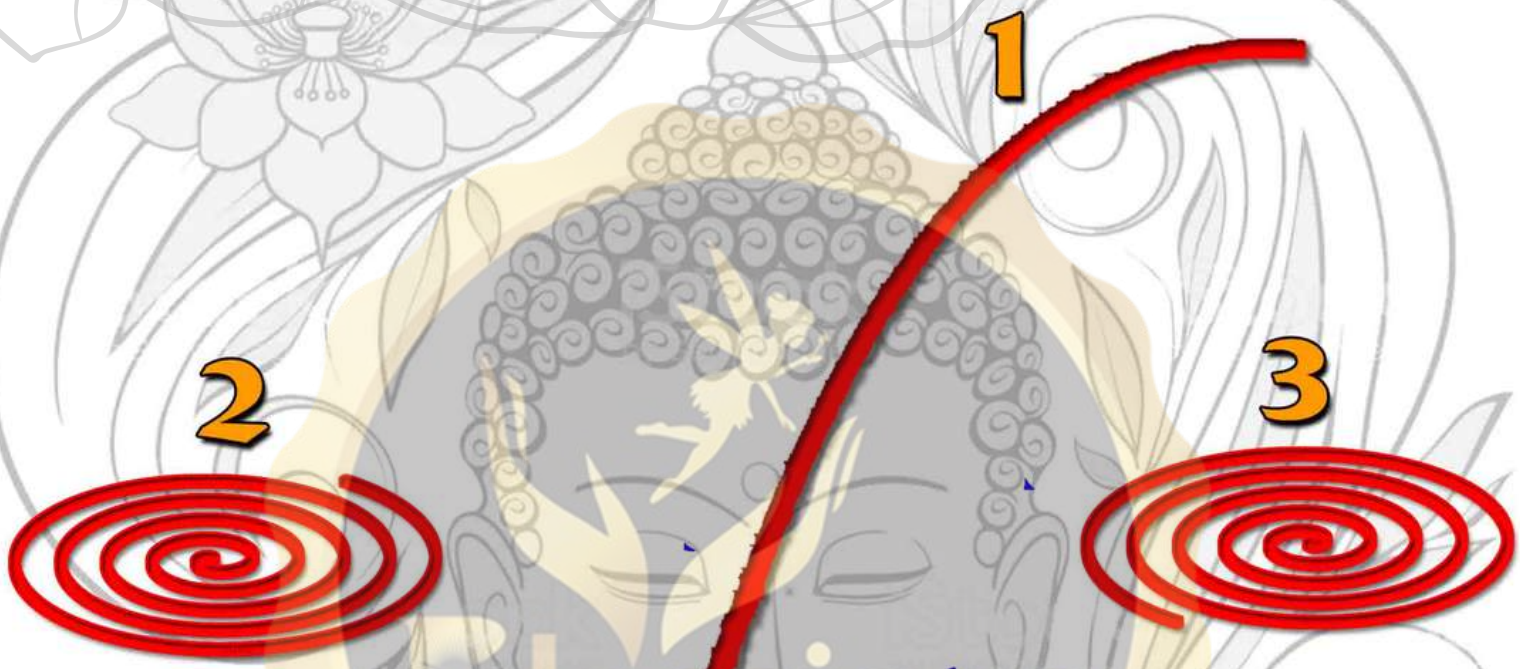
The 4th Kurča Bīja (head and fall under the ether group)

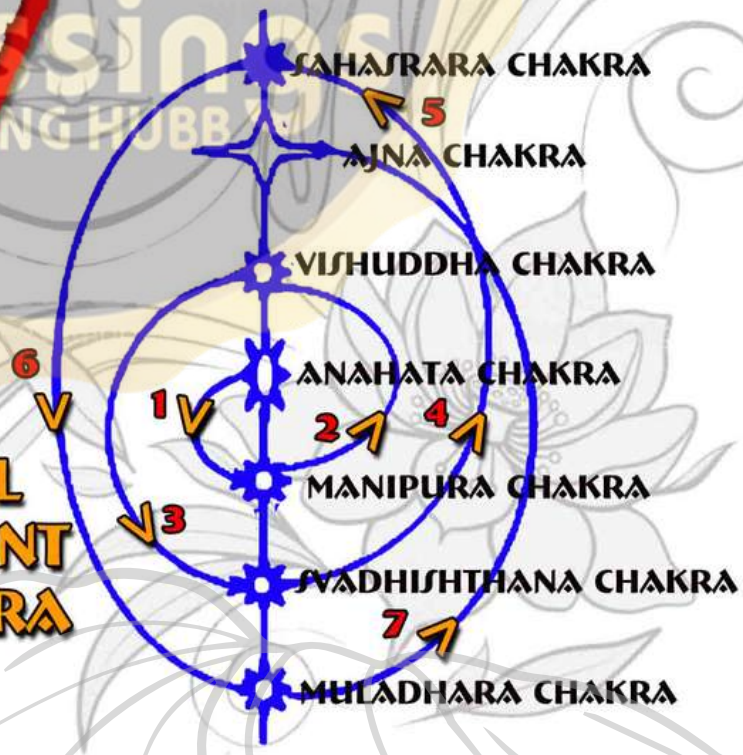
Thus Krimthe Kālī Bīja.

The Bīja is used in the worship of the Devata whose Mantra it is. Hūṃ (pronounced Hoom) is a Vedic Mantra of Agni or Fire. It is the Mantra used to make offerings into the Sacred Fire. It is also used to call or invoke the Fire and to make it Flame up more brilliantly.

Hũṃ is a Mantra of the inner Fire or The Orogenic Force (forces acting on the surface of the Earth). It represents the Soul hidden in The Body, the Divine immanent in the world. It both calls the Divine down into us and offers our Soul upward to the Divine for transformation in the sacred Fire of awareness.
Hum is a Shiva mantra : but it is also a Mantra of Chandi, the fierce form of Kãlĩ. It is used to destroy negativity and creates great Passion and Vitality. It governs the earth and the material sphere in general. Hum is a powerful Mantra; hence it should be used carefully. However, it can be used in a more gentle manner to invoke Divine Grace and Protection. Through it we can offer ourselves or our afflictions into the Divine for Purification and Transformation.

HŪṂKĀRA SYMBOL





SPIRAL MOVEMENT IN CHAKRA

Blessings HEALING HUBB

The Spirals in the form 3.5 Circles represent Kundalini. It reflects the Universal pattern of growth and Evolution and represents the Goddess, The Womb, Fertility and Life Force Energy. Reflected in the Natural World, the Spiral is found in Human Physiology, Plants, Minerals, Animals, Energy patterns, Weather, Growth and Death. It is a Sacred Symbol that reminds us of our evolving journey in Life. When used as a personal Talisman, the Spiral helps consciousness to accept the turnings and changes of Life as it evolves. It is drawn in one continuous line, suggesting a fluid movement of Time and Energy.

The meaning of The Spiral's Direction

There are 2 Spirals (Serial No. 2 & Serial No. 3)

Clockwise – Protons -Male

Clockwise – movement Downwards from Top (Serial No. 2)

Anti-Clockwise – Electrons - Female

Anti-Clockwise – movement from Bottom to Upwards (Serial No. 3)

The Spiral is the Symbol of the 5th Element of the Pentacle, Spirit, also referred to as" Akasha " meaning " Coming into Being ".

The Direction The Spiral turns has meaning, whether The Energy is from " Above " or from " Below ".

The Right- Circling Spiral (Serial No. 2) represents the Human's striving for re-birth from Below.
" Man into Spirit ".

The Left-circling Spiral (Serial No. 3) represents the Divine's influence, spiritually, descending from Above.
" Spirit into Man ".

These Clock-wise and Anti-Clockwise movements of Spirals is the movement of Kundalini Energy in the Front and Back Chakras. There is difference between Male and Female Energies. The difference in Energies is not to conflict but complement each other and help in process of Creation just like Nature. When Male and Female Energy complement each other they achive great heights in any field.

Blessings HEALING HUBB

The Male Energy is Protons and The Female Energy is Electrons. Shiv and Shakti are manifestation of Male and Female Energies on earth which is natural in form. The Chakras are constantly in a state of rotation. This is why are called " Chakras " which in Sanskrit means " Wheel ". It is their rotating which attracts Energy and Draws it in or gives it off, depending on the Direction of Rotation.

The Center curve in the Symbol in the form of " S " represents The Sushumna Nadi (Channel).

When we draw Hũmkãra Symbol it opens up The Sushumna Nadi and Prana Energy starts flowing in all the Chakras in a well balanced way.

When we draw Hũmkãra Symbol it opens up The Sushumna Nadi and Prana Energy starts flowing in all the Chakras in a well balanced way.

HŪṂKĀRA SYMBOL

(Benefits of Symbol)

- Activates Subconscious Mind and synchronizes the Right and Left Brain with each other.
- Brings about Expansion, Self-awareness, all round development.
- Increase Farsightedness and Intuitive Skills
- Builds a connection with Universal Energies and receive Channeled Energies
- Brings a balance in 3 Nãdis (Energy Channels) of the Body – Ida Nãdi is the Introverted, Lunar Nãdi (Comfort) and lies to the Left of the Spine, Pingala Nãdi is the Extroverted (Active) Solar Golden Nãdi, is to the Right side of the Spine and Sushumna Nãdi a very Gracious, Kind runs along the Spinal Cord in the Center, through the 7 Chakras connecting the Base Chakra to the Crown Chakra.
- Balances the 3 Shaktis – Iccha Shakti (The Energy of Will or Desire) Jnana Shakti (The Energy of Knowledge) and Kriya Shakti (The Energy of Action)

- Balances the Feminine and Masculine Qualities (Yin refers to the Feminine Energies in Life (Receiving is an action of our Divine Feminine) and Yang refers to the Masculine Energies in Life (Giving is an action of our Divine Masculine)
- Balances the Physical (The densest of the 7 Planes where we presently reside), Astral Plane - The 2nd Plane of Creation (Its medium is concrete Emotional Energy), Causal Plane - The 3rd Plane of Creation (Its medium is concrete Intellectual Energy), Akashic Plane - The Central, Neutral Plane of Creation that interconnects the other 6 (the distilled Knowledge of the Universe is recorded there), Mental Plane - The 5th Plane of Creation (or World of Thought, its medium is Abstract Intellectual Energy, emphasizing Truth), Messianic Plane - The 6th Plane of Creation (its medium is Abstract Emotional Energy, emphasizing Love), Buddhaic Plane - The Highest Plane of Creation (its medium is Pure or Abstract Kinetic Energy)

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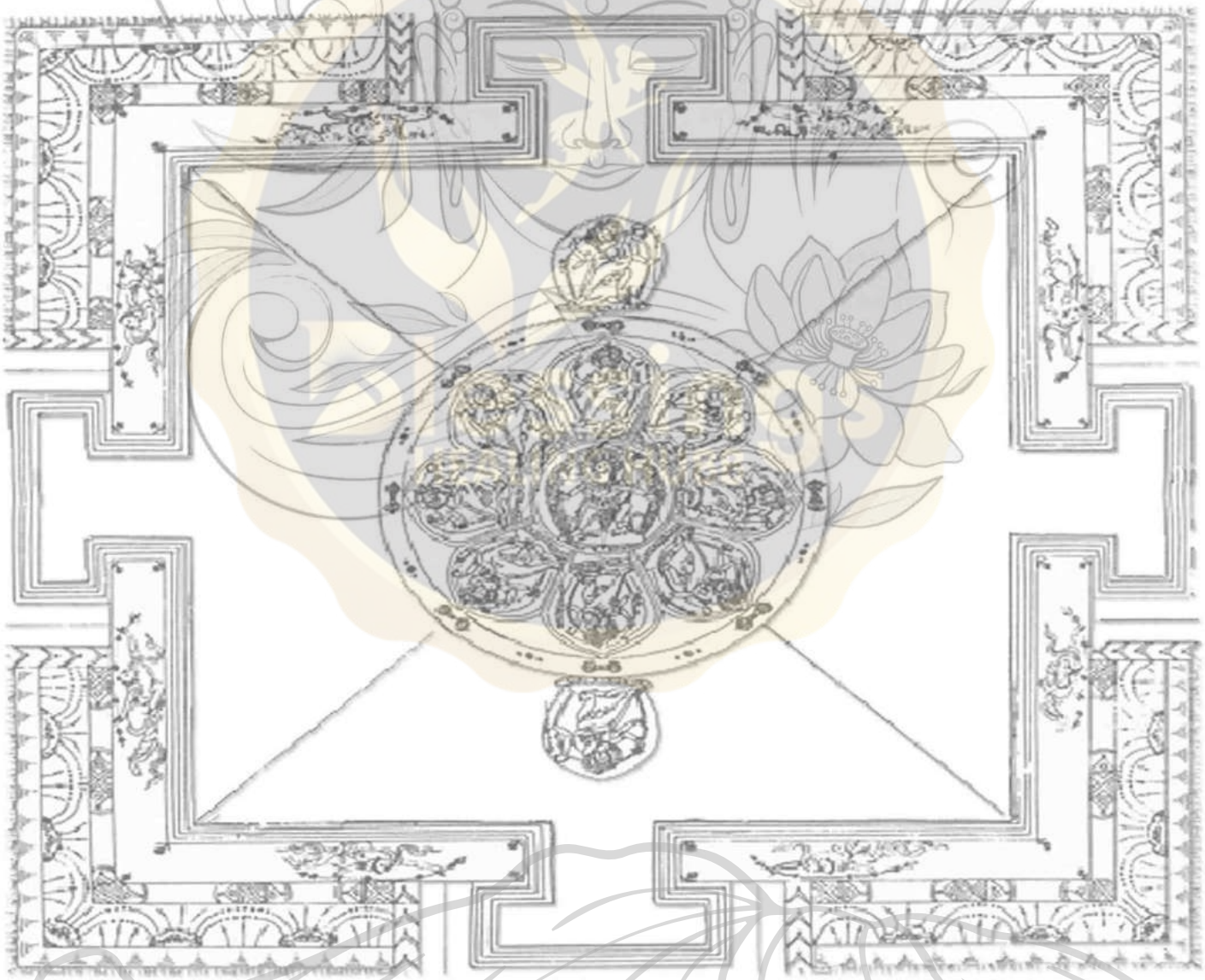
- Removes all the deep rooted Negativity and replaces it with Positive Energy bringing about stronger Concentration of the Mind.



Maa Bagalamukhi Devi

Maa Bagalamukhi Devi

Affiliation : Devi, Mahavidya, Adishakti, Parvati, and Saraswati

Abode : Haridra Sarovar (Turmeric Ocean)

Mantra : Om Hlreem Bagala-mukhi sarva dushtanam vacham mukham padam stambhay jeevhwam keelaye buddhim vinashaya hlreem om swaha

Weapon : Cudgel

Mount : Bagula or sarus crane

Consort : Shiva as Bagalamukha or Brahma

" Baglamukhi " or " Bagala " (Deanagari) is one of The Mahaidyas (great Wisdom / Science), a group of 10 Tantrik Deities in Hindusim. Devi Bagalamukhi smashes the devotee's misconceptions and delusions (or the Devotee's Enemies) with her cudgel. The word " Bagala " is derived from the word " Valga " (meaning – bridle or to rein in) which, became " Vagla " and then " Bagla ". The Devi has 108 different names (some others also call her by 1108 names). Bagalamukhi is commonly known as Pitambari Maa

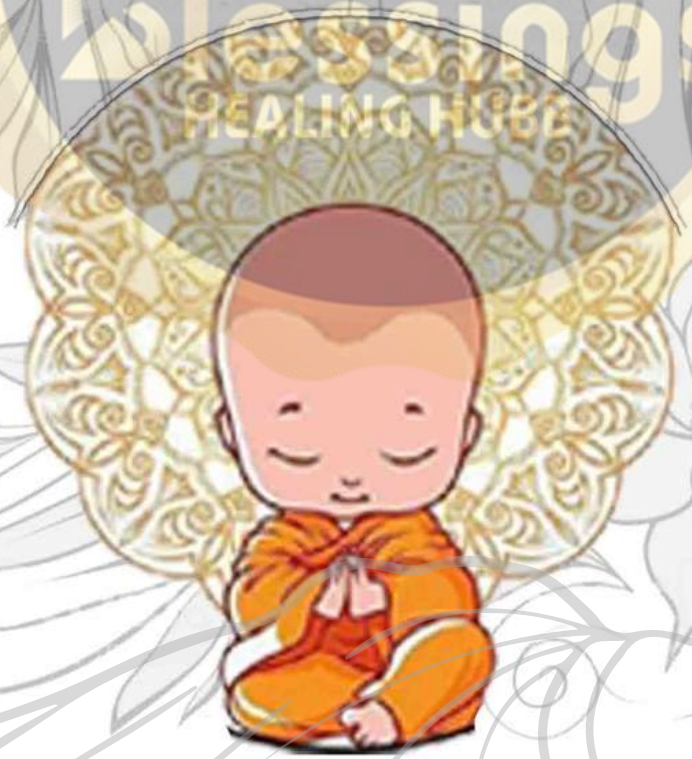
in North India. She rides on Bagula Bird. 8th in the hierarchy of The Dasa Mahavidyas, Bagalamukhi is the most powerful Vidhya for Upasana. She depicted with her Left Hand catching hold of the oponent's Tounge and striking him with a Mace in the Right Hand. Because of the striking nature, she is also known as Vakstambhanakari (paralyser of Enemy's Speech). Goddess Bagalamukhi loves Yellow Color. Hence her attire and ornaments are always either Yellow in Color or Golden.

In Kubjika Tantra interpretation of the meaning of the name ' Bagala ' - ' Ba ', the 1st letter of the name – ' Bagala ', means ' Baruni ' or ' She Who is filled with the intoxicating mood to vanquish the Demon '. 'Ga', The 2nd Letter, means ' She Who grants all kinds of Divine Powers or Siddhis and successes to Human Beings'. ' La ', The 3rd Letter, means ' She Who is the foundation of all kinds of sustaining Powers in the world like the Earth and is Consciousness Herself '.

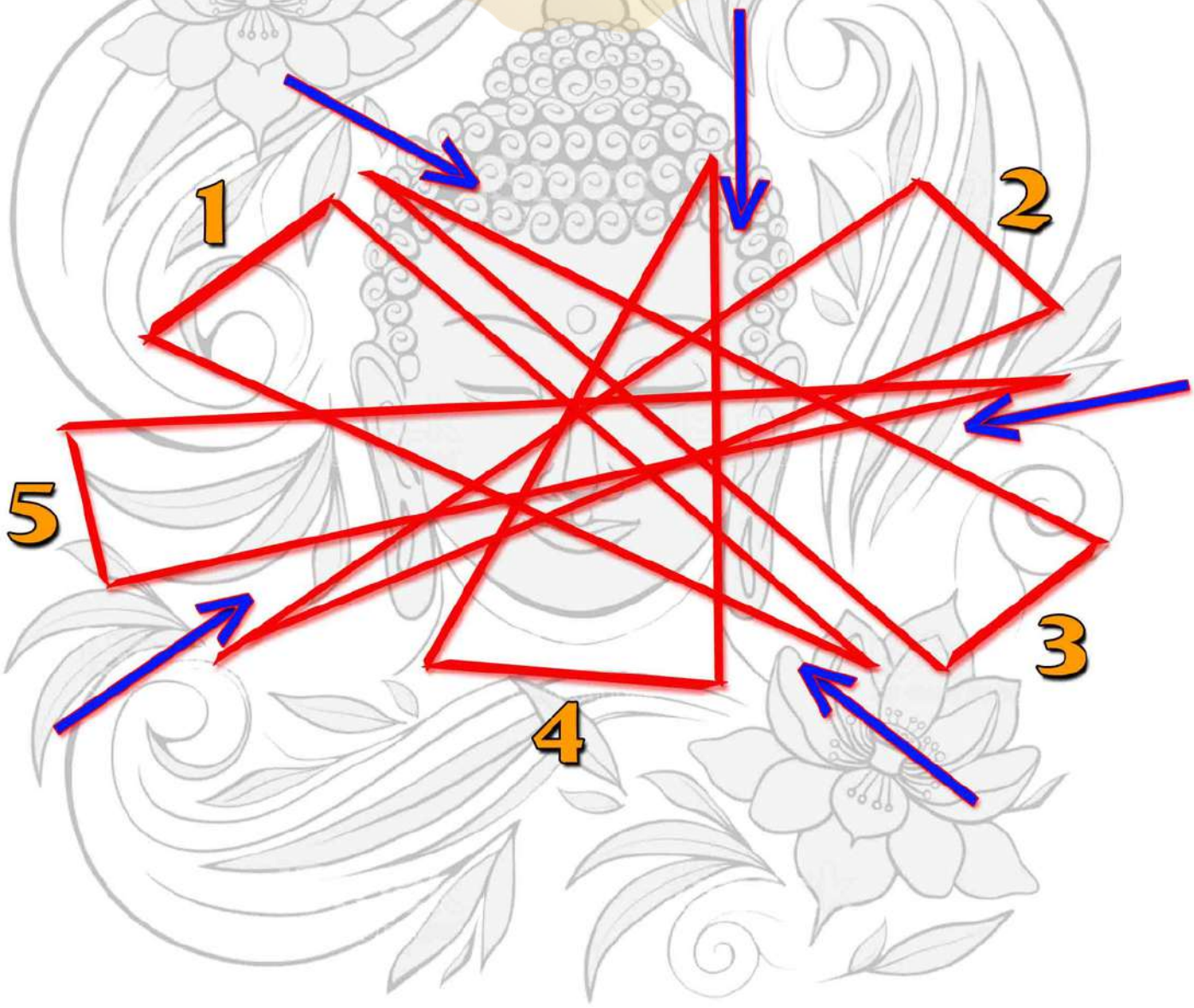
Bagalamukhi is one of the ten forms of the wise Devi, Symbolizing potent Female Primeval Force associated with Concentration, a Pearl of great Wisdom.

Bagalamukhi is praised as the giver of Supernatural Powers (Siddhis) or Magical Powers (Riddhis).

The main Temples dedicated to Bagalamukhi or Bagala Devi are located at Kamakhya Temple, Guwahati (Center of Tantricism), Assam and Kangra, Himachal Pradesh.



HALEEM SYMBOL



The 5 Triangles represent our 5 Senses and The Sides of The Triangles are 3 Gunas which are present in our Senses.

Haleem pronounced as Hleem is a Bīja, or One-Syllable Sound, Mantra associated with Bagalamukhi, one of the 10 Hindu Wisdom Goddesses and the Goddess of Hypnotic Power. She is considered a Protective Force. Bīja, or " Seed," Mantras typically have no literal meaning but provide a connection to Specific Energies or Spiritual principles, thereby accelerating Physical, Spiritual and Emotional Growth and Transformation.

In yoga practice, Bīja Mantras are chanted while performing poses or during Meditation to focus Concentration on one purpose and / or to quiet the Mind.

Hleem is considered a Shakti (Female Divine Energy) Mantra and is recited for its power to stop whatever bad or Evil Force is affecting the Yogi. It is also chanted for Power in General, Fame, Victory and the Elimination of Enemies. As a Shakti Mantra, Hleem contains The Vibratory " ee " Sound, which is the Primal Sound of Shakti; the consonant " l ," which has a Calming and Stabilizing effect; the " h " Sound, which indicates Prana.

Bīja Mantras can be chanted alone or as a part of a longer Mantra. Although some Mantras may be translatable, their meanings are less important than the Sound Vibrations they make, which provide the real benefit of the Mantras.

The Bīja Mantra of Goddess Bagalamukhi – Hleem (Original) + Ram (Fire) = Haleem

The Shakti of Goddess Bagalamukhi – Swaahaa

Important Note

Do Not Draw this Symbol on a Person in Coma OR Mentally Abnormal.

In many books the Bagalamukhi Bija (Seed) is given as Hleem – which is correct. However, the Bija Hleem is cursed and therefore, will only confer negative as well as opposing results. If we add Fire Bija (Seed) " Ram " with the original Bagalamukhi Bija, then it becomes positive (shubha) and gives extremely superior as well effective results. So it is recommended that one should chant The Mantra as Hlreem and not as Hleem. In the book Bagalamukhi Rahasyam (Secret of Bagalamukhi), The Bija and The Mantras are pronounced Hlreem.

Haleem ia an Arabic word meaning Temperance or Endurance.

Haleem Symbol has 5 Triangular Shapes intercepting each other. It is a Sharp and De-Cluttering Symbol, comprising (shape) of sharp pointed dagger. The 5 number is the number of balance as per Numerology. 5 is solely important to Humans due to our Anatomy and Culture. This Symbol works miraculously in Intense and Instant Clearance and Balancing.

HALEEM SYMBOL

(Benefits of Symbol)

- Relief from Mental Stress by removing Negative Thought patterns and the Habit of Over Thinking
- Removes Diseases due to Mental Stress and eliminating all types of Illusions and Delusions
- Acts as a Protection Shield against Negative Energies (Shielding and Protecting)
- When used on both the Front and Back Chakras there is intense relief because of instant Cord Cutting due to the Etheric Attachments to ones Aura that Bind or Connect one with a Person, Object or Situation, which create a sense of Stress and Strain in your being and may in turn also create Obsession and Obligation.
- Controls our 5 Vikãras – The 5 Demons of The Mind Kãma (Lust), Krodha (Anger), Lobha (Greed), Moha (Deep Emotional attachment, Stupidity), Mãtsarya (Envy) and Madã (Pride, Wantonness) are the vikãras of the Mind basically means – change of Form, change of Mind, Disease.

- By Clearing the above mentioned 5 Vikãras The Symbol balances The 3 Gunas called: Sttava (Goodness, Constructive, Harmonious), Rajas (Passion, Active, Confused), and Tamas (Darkness, Destructive, Chaotic)
- The Symbol works on 5 Pranas and Balances Flow of Pranic Energy (the Sanskrit word for Breath, " Life Force ", or " Vital Principle ") permeates reality on all levels including Inanimate Objects. Prana is sometimes described as originating from The Sun and connecting The Elements. The 5 Types of Prana, collectively known as the 5 Vãyus (" Winds ").

Prãṇa : Heart - Talking, Laughing, Singing, Dancing, Fighting, the Arts, Crafts, tasks

Apãna : (downward breath) : Anus - Lets Food and Drink enter Body, Waste move down and out of Body.

Udãna : (upward breath) : Throat - Sneezing, Hiccupping, Vomiting, Coughing.

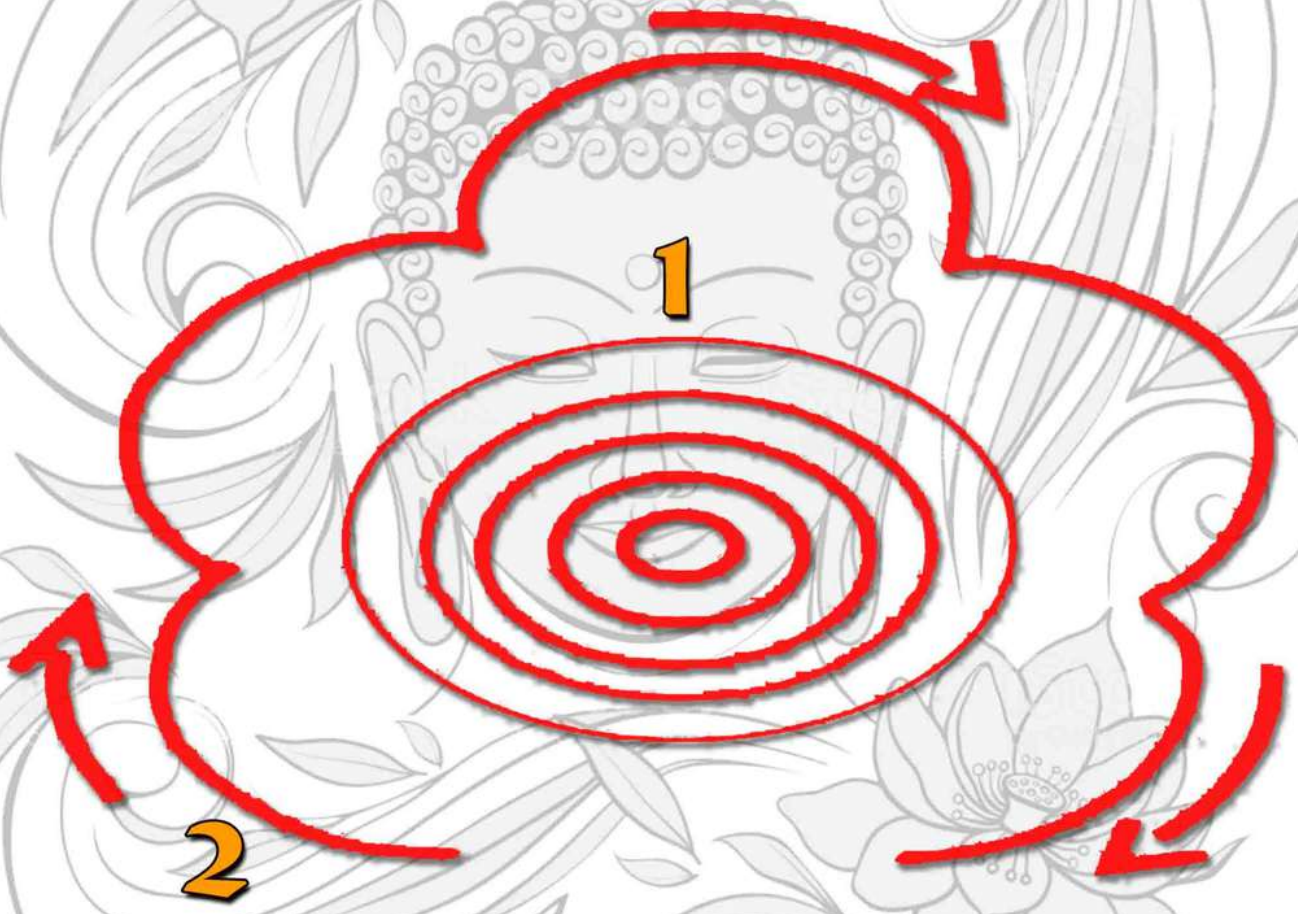
Samãna : Navel - Mixes what is Eaten and Drunk.

Vayna : All the Joints - Horripilation (Goosebumps), Sweating, Stomach pain, Bending of Limbs, sense of Touch.

- Horripilation (Goosebumps), Sweating, Stomach pain, Bending of Limbs, sense of Touch.

1. Annamaya kosha, " Food " Sheath (Anna)
2. Pranamaya kosha, " Energy " Sheath (Prana)
3. Manomaya kosha " Mind " Sheath (Manas)
4. Vijñ namaya kosha, " Discernment " Sheath (Vijnana)
5. Anandamaya kosha, " Bliss " Sheath (Ananda)

SÃDHYÃ - YOLE - BUDHIKARI - AGNIVEH SYMBOL



SÃDHYÃ - YOLE - BUDHIKARI - AGNIVESH SYMBOL

- This Symbol has 4 Names and has to be used according to the specific purpose.
- This Symbol has been taken from the " MRUGAL SANJEEVANI " and there are 7 Symbols part of " MRUGAL SANJEEVANI "

SÃDHYÃ SYMBOL

- The Outer Curve in The Symbol indicates Balance and Expansion.
- In Hindi it means that can be or that is to be Accomplished or Performed; Achievable, Practicable, Feasible: also Attainable, Acquirable, Manageable, that is within one's power (to get, Overcome, Subdue), Seeking Salvation.
- In logic - That is to be Inferred or Concluded.
- In law - That is to be Substantiated or Proved.
- The word is very generally, although incorrectly, used in the sense of Attained, Achieved, Accomplished, Effected.

- As the name suggests – Attainable or Executable used for Achieving Targets and helpful for Students, Professionals, appearing for Examinations or pursuing Mental Work.

This Symbol Clears -

- ones Aura, 5 Vikãras, 3 Gunas, 5 Pranas, 5 Vãyus, 5 Koshas, 5 Karmendriyas (Feet, Hands, Rectum, Genitals, Mouth) and 5 Gyanendriyas (Nose, Tongue, Eye, Skin, Ear)
- Helps in thinking Positively, removing Negativity to achieve Work effectively towards ones Goal and evolve in Life.

YOLE

- Is for various sentiments of, Well, Peace, Love, Unity, Harmony, Loyalty and Togetherness in Relationships.
- This Symbol represents Number 5 Astrologically.
- Number 5 Symbolizes Curiosity and Freedom and Change, and represents The 5 Senses of Humanity. 5 is the Pivotal Point between the Numbers 1 to 9 and represents a variety of experiences through its developed Senses, and offers many Opportunities for Choices and

- Decisions for the Future. Number 5 is a Symbol of Balance. It means that you have to keep balance between Material and Spiritual aspects in your life. It is important to live in Balance and Harmony because it is the only way to reach Happiness. Also known as Angel Number (Venus). Symbol of Love and Marriage.

BUDHIKARI

- The Symbol of Goddess of Knowledge, Saraswathi. This Symbol works on Mind by Creating Balance and helps a person to Work with Concentration of Mind (Ekagra) and Become the Master of His / Her Mind (Nirodhah).
- Used on Head Positions (Back of the Head), especially Back Position. Can also be put on 3rd Eye.
- Used for sharpening Intellect and Improvement off Memory as the name of The Symbol suggests.
- Useful for Slow Learners
- There are 5 States of Mind as per Yogasutra. In order from Not Desired to Desired State –

  Mudha - a Dull, Lethargic State of Mind

  Kshipta - a completely Distracted State of Mind

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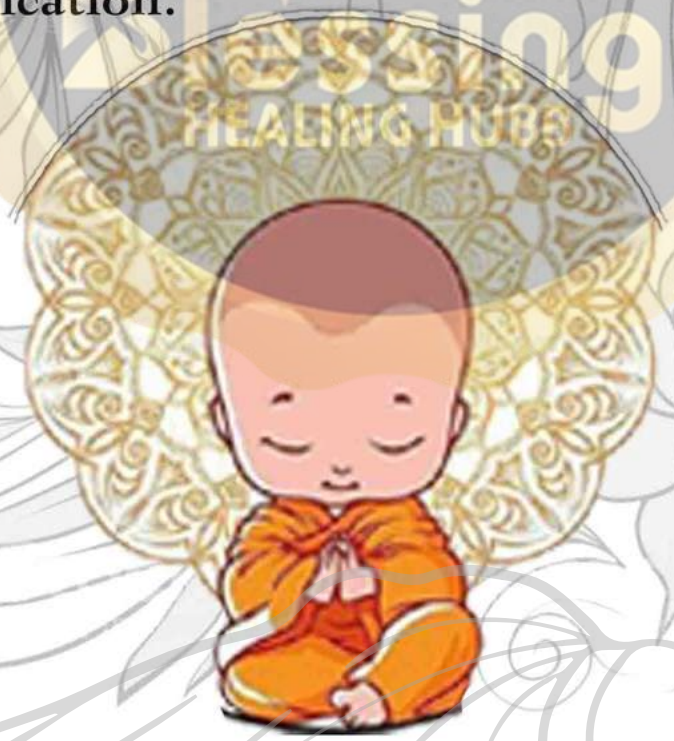
- Vikshipta - not Fully Concentrated, a Distracted State of Mind, with the opportunity to train the Mind to go to a Concentrated Mind (Ekagra)
- Ekagra - a Concentrated, One-Pointed State of Mind
  Nirodhah - Nirodhah is the 5th State of Mind. It is a state in which The Mind is Mastered.
- Nirodhah - Nirodhah is the 5th State of Mind. It is a state in which The Mind is Mastered.
- Yoga is the Nirodhah of all the Movements (Vrittis) of the Mind-Field (Chitta). You could say that Nirodhah is the Verb that makes Yoga happen. There is no direct English translation for Nirodhah. It contains the process of Regulating the Movements in the apparent field of Consciousness, Channeling these Movements, Gaining mastery over them, Integrating and Coordinating them, so that eventually they become Still and Quiet, so that they can be temporary set aside.

AGNIVESH SYMBOL

- Is used for Business related issues for Growth, Success and Expansion.
- Agnivesh is a Sanskrit name for Dhronacharya's Guru, Bright as The Fire.
- The 5 Circles of The Symbol are associated with The Planet Mercury. Mercury will be responsible for People being Rational and Practical. The Planet will Control the way People Think. The Planet of Intelligence, Logic, Awareness, Ideas and the Day-to-Day Expression and Communication.



THE HEALING PROCESS

Points to be kept in Mind before Healing

Ensure Not to Eat anything One Hour Before and After The Healing to ensure that The Energies work more freely and effectively.

Draw Hūmkāra with Haleem Symbol Once and say The Name of The Symbol 5 Times

Clear The Space with Haleem Symbol (can combine Lama Fera Symbols as per your discretion along with it)

- Make The Person Comfortable & Receptive with you for receiving Healing (Energies)
- Healing Session should only be started once the Person is ready

- Clear their Aura with Pranic Healing Technique of Sweeping The Aura. Aura Cleansing and the Cleansing of The Chakras should ideally be conducted before Energizing. The 2 Basic Principles : Cleansing and Energizing. Aura Cleansing, along with Cleansing of The Chakras is essential for Cleaning any Negative, Dirty and Detrimental Energy in The Etheric Body (also referred to as Prana). Cleansing hastens The Healing Process. Without Aura Cleansing and Cleaning of The Chakras, there is risk involved with regard to potential damage that can be caused to finer Energy Channels or Meridians. When The Aura and The Chakras have first been Cleansed, this risk is greatly reduced.
- Invoke The Universal Energies and Pray them to Guide and Protect you and The Receiver during The Process. Say the following Prayer –

  " I call upon Supreme Consciousness, Universal Cosmic Energy and Power of 5 Elements to be Present here now and help to Heal (take The Name of The Receiver here) for their Highest and greatest good by making me a Medium ".

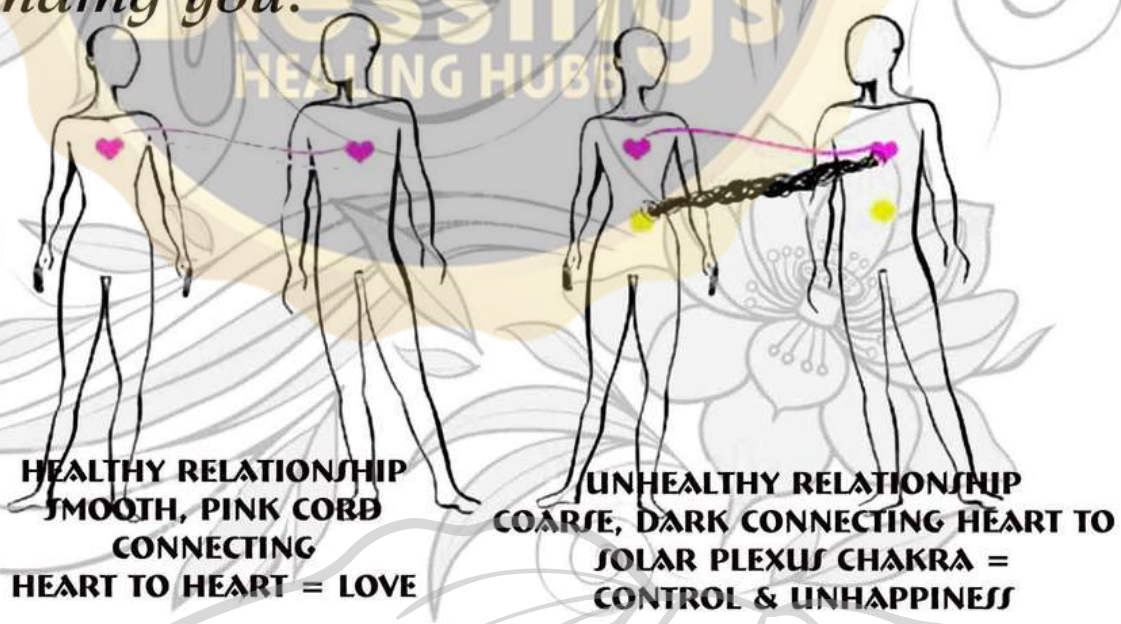
- Draw Hũmkãra Symbol on The Entire Body in Front and Back to Balance all The Chakras for smooth opening up of Blocked Channels and doing away with Diseased Energy so that the Healing Energy can work with Speed and Fluidity for the smooth Flow of Prana Energy.
- Draw Haleem Symbol on All The 7 Main Chakras in Front of The Body and 6 Main Chakras at The Back of The Body – EXCEPT Crown Chakra. This will instantly Cut all the unwanted Cords, Attachments, Addictions and Negative Energies.
- Draw The Hũmkãra Symbol on All The 7 Chakras in Front of The Body with the Intention that they are Cleansed, Balanced, Strengthened and Energized.
- Draw The 3rd Symbol – Sadhya-Yole –Budhikari–Agnivesh Symbol on The Ajna Chakra (The 3rd Eye Chakra), The Anahat Chakra (The Heart Chakra) and The Manipura Chakra (The Solar Plexus Chakra) with The Intention as required (Purpose) Repeating The Name of The Symbol.

- Draw Haleem Symbol on All 4 Sides of The Person – At The Top – Below The Feet to create a Protection Shield for 24 Hours from Negative and Detrimental Energy
  - In The End Gently Tap In The Forhead Of The Person.

(The Tapping helps Access Body's Energy and send Signals to the part of the Brain that controls stress. They Claim that Stimulating The Meridian Points through Tapping can reduce The Stress or Negative Emotion from Issue, ultimately restoring Balance to disrupted Energy – also know as Emotional Freedom Techniques – EFT effect).

Express Gratitude towards The Universal Energies, The Master Guide & Godly Energies for successful Healing Session and Cut The Cord by Repeating the following Prayer -

" Dear Spirit Guides, I call upon you to help me Heal, let go, and Cut any Etheric Cords that are no longer serving my higher purpose. I ask that all Cords attached to me that are not Aligned with Love, Light and Positive Attention be released. Help me to Release them and Surround me with a HealingLight to Protect me from Future Attachments. Thank You. " Close your Eyes and Visualize The Cords being released, as well as the Healing Light surrounding you.



INITIATION PROCESS

Points to be kept in Mind before Healing

Ensure Not to Eat anything One Hour Before and After The Healing to ensure that The Energies work more freely and effectively.

Be in a Relaxed and Calm State of Mind - free from any other thought process

- Make The Person Comfortable & Receptive with you for receiving Healing (Energies)
- Initiation Process should only be started once the Person is ready
- Invoke The Universal Energies and Pray them to Guide and Protect you and The Receiver during The Process. Say the following Prayer –

" I call upon Supreme Consciousness, Universal Cosmic Energy and Power of 5 Elements to be Present here now and help to Heal (take The Name of The Receiver here) for their Highest and greatest good by making me a Medium ".

- Open The Persons Aura to be Initiated. Aura to be Opened only on Backside with Hands from Up to Down and Outwards (similar to opening of The Zipper). Aura can be Cleaned with Pranic Healing Technique of Sweeping The Aura.(can combine Lama Fera Symbols as per your discretion along with it). Aura can be cleared with Hũmkãra Symbol Cleansing & the Cleansing of The Chakras should ideally be conducted before Energizing. The 2 Basic Principles : Cleansing and Energizing. Aura Cleansing, along with Cleansing of The Chakras is essential for Cleaning any Negative, Dirty and Detrimental Energy in The Etheric Body (also referred to as Prana). Cleansing hastens The Healing Process. Without Aura Cleansing & Cleaning of The Chakras, there is risk involved with regard to potential damage that can be caused to finer Energy Channels or Meridians. When The Aura & The Chakras have first been Cleansed, this risk is greatly reduced.

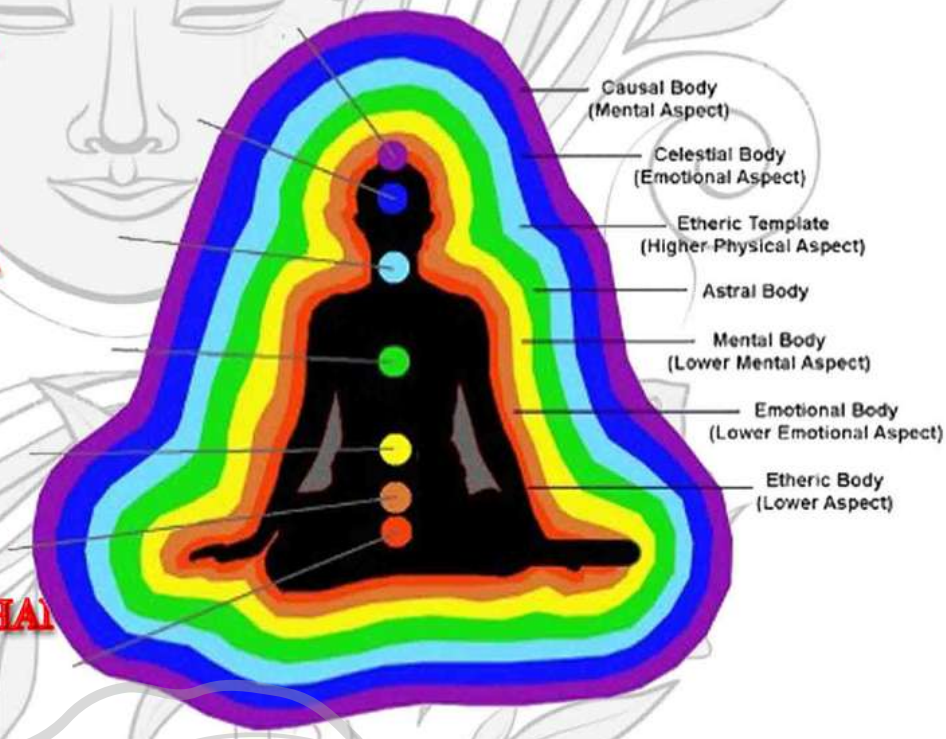
- Draw All the 3 Symbols on The Persons 3rd Eye (Guru Chakra) and then Tap 3 Times on The Forehead
- Draw All the 3 Symbols on - The Right Hand
  The Index Finger 1
  Middle - Ring Finger 2
  Little Finger 3
  Thumb 4
  The Point - near at the end of The Thumb in The Palm of The Hand 5
- Simlarly
  Draw All the 3 Symbols on - The Left Hand
- Draw All The Symbols on All The Chakras Top to Bottom
- Bless The Person to Work for The Betterment of Humanity thru this Modality
- Close The Aura from Behind - Down to Upwards and Inwards
- Draw Haleem Symbol on All 4 Sides of The Person – At The Top – Below The Feet to create a Protection Shield for 24 Hours from Negative and Detrimental Energy

Blessings HEALING HUBB

Draw All the 3 Symbols on - The Right Hand

The Index Finger 1
Middle - Ring Finger 2
Little Finger 3
Thumb 4
The Point - near at the end of The Thumb in The Palm of The Hand 5

Chakras & Auric Bodies



- In The End Gently Tap on The Forhead Of The Person.

(The Tapping helps Access Body's Energy and send Signals to the part of the Brain that controls stress. They Claim that Stimulating The Meridian Points through Tapping can reduce The Stress or Negative Emotion from Issue, ultimately restoring Balance to disrupted Energy – also know as Emotional Freedom Techniques – EFT effect).

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" Dear Spirit Guides, I call upon you to help me Heal, let go, and Cut any Etheric Cords that are no longer serving my higher purpose. I ask that all Cords attached to me that are not Aligned with Love, Light and Positive Attention be released. Help me to Release them and Surround me with a HealingLight to Protect me from Future Attachments. Thank You. " Close your Eyes and Visualize The Cords being released, as well as the Healing Light surrounding you.

SIDDHIKARAN PROCESS

Process to be done for 11 Days

Ensure Not to Eat anything One Hour Before and After The Healing to ensure that The Energies work more freely and effectively.

Be in a Relaxed and Calm State of Mind - free from any other thought process

- Chant The " Hoom " Beej Mantra for atleast 5 minutes focussing on The Navel and stay in that Vibrations for a while.

... increase The Time Duration of Chanting Day by Day

- Chant The " Hleem " Beej Mantra for atleast 5 minutes focussing on The Ajna Chakra and stay in that Vibrations for a while.

... increase The Time Duration of Chanting Day by Day

Relax and Stay in The Vibrations as long as one can absorb and feel comfortable.

- Note down any messages - Intuition, Channeling, Dreams that one receives.
- Invoke The Supreme Consciousness, Universal Cosmic Energy and Power of 5 Elements with the following Prayer - " I call upon Supreme Consciousness, Universal Cosmic Energy and Power of 5 Elements to be Present here now and help to Heal for their Highest and greatest good by making me a Medium ".
- Visualize The Hũmkãra Symbol on Front and Back side of your Body - see The Spirals Rotating (Clockwise and AntiClockwise simultaneously) faster and Clearing The Negativity and establishing the Positivity.

- Visualize The Haleem Symbol on All your Front and Back Chakras, with the Intention that its Cleaning all your Negative, Dirty and Detrimental Energy to help Heal you and let go, Cutting any Etheric Cords that are no longer serving you higher purpose. Feel that all Cords attached to you that are not Aligned with Love, Light and Positive Attention are released. Release them and Surround yourself with a Healing Light Protecting you from Future Attachments, Karmic Patterns, Oaths, Promises and Curses. Close your Eyes and Visualize The Cords being released, as well as the Healing Light surrounding you.
- Visualize The Hũmkãra Symbol on All The 7 Main Chakras from The Crown Chakra to The Root Chakra repeating the Name of The Symbol 5 Times on each Chakra. Visualize that the Spirals are Rotating fast and Clearing the Negativity from Left (represents The Past - Negativity) to Right (represents The Present - Positivity) moveing towards the Centre (the Present).
- Visualize The Haleem Symbol on All The 7 Main Chakras

- Visualize and repeat The Symbols Sadhya – Yole – Budhhikari – Agnivesh on all The 7 Main Chakras reciting their Names.
- Draw Haleem Symbol on All 4 Sides of The Person – At The Top – Below The Feet to create a Protection Shield for 24 Hours from Negative and Detrimental Energy

Express Gratitude towards The Universal Energies, The Master Guide & Godly Energies.

Parana Energy is projected & Directed in a Balanced & Systematic way to Re-Program & Re-Energize the 3 Body Layers –

(1). Physical Plane (2). Mental Plane (3). Spiritual Plane

– combined together as The 7 Major Aura Layers out of 12 Layers –

(1). The Etheric Layer (2). The Emotional Layer

(3). The Mental Layer (4). The Astral Layer (5). The Etheric Template

(6). The Celestial Body (7). The Causal / Ketheric Template Body

(8). Auric Body / Cosmic Plane – Memory Body (9). Soul Body

(10). Integrative Body (11). Auric Body / Universal Plane – Eternal Body

(12). Universal Mind Body

Humkara Symbols (as claimed) are said to be made by combining Vibrations of 3,80,000 Mantras & Haleem Symbol 134,000 Mantras.

Humkara & Haleem Symbol when used create a Vortex OR Whirlpool of Vital Energy along The Breath Channels OR Nadis in turn releasing Positive Energy to remove all the Blockages loosening & undoing the knots of Negative Energy.

in the Buddhist System of Natural Healing