

## SECRET BOOK OF GENDAM Doa

Ilmu Gendam Bismillah intention ingsun amatek ajiku kemarang gowo kadyo gogrok ing mustiko. Imbar gadeg koyo tugu yaa jabbarut dark plot of saketi. The following is a complete explanation of the procedures for using gendam science: 1. Practice shaking hands: a) The first step when we shake hands with anyone, don't bend the elbow of our right hand, the position of the hand must be straight. b) At the same time as shaking hands, ask a question. For example, how are you or good afternoon and others. What you need to pay attention to is that the questions we ask must coincide with a handshake, don't ask then shake hands or shake hands then ask, that is not allowed. c) After the opponent answers our question, our left hand pats the back of the opponent's right palm while still shaking hands. d) And we should never let go of the handshake before the opponent withdraws first, if the opponent doesn't shake hands for a long time, our step is to clap the top of our right hand parallel to the nipple. Just one clap. e) Next we ask 3 free questions, the questions are free and not tied, and the opponent is required to answer 3 questions from us. the object answers the three questions we asked, after that we can carry out communication as usual. g) The knowledge of gendam has entered, we can convey our intentions to the intended object, in the middle of the conversation.

2. Practice cablek/pat gendam. The first thing we need to know is that when we do cablek/pat gendam, not all body parts when we cablek/pat gendam will act. There are several points on the body that if you tap/pat it, it doesn't react, namely: From the head, from the back to the buttocks, on the chest, stomach and thighs. But there are three points on the body where if we tap it, the stroke will quickly react to that point. are: The first is on the right and left shoulders. The second is on the right and left hand starting from the shoulder to the tip of the finger. The steps to do the cablek gendam or clapping are: a) The method is almost the same as the handshake gendam b) When we do the cablek gendam with our hands patting the opponent must be accompanied by a question, for example how are you, good morning or good afternoon, sorry for asking...? c) Don't pat then ask or ask then pat d) After successfully patting while asking, and after the opponent answers our greeting question, then we attack Again, the object is by asking 3 questions from us. ¶ If the object asks a question back, we are not allowed to answer the question unless the object has answered the three questions we asked. ¶ Next, please convey whatever your intentions are to the object.