

Objective - Its aim is to understand the fundamental chemical principles that govern complex biological systems. The program is an interdepartmental major between biology and chemistry that emphasizes the importance of a solid foundation in the natural sciences

- UNIT – 1** Carbohydrates- General introduction, classification of carbohydrates, Glucose; fructose; galactose; lactose; sucrose; starch and glycogen (properties and tests, Structure and function), Metabolism of carbohydrate, glucose metabolism, glycolysis, gluconeogenesis, TCA cycle; Proteins -Introduction, Amino acids, classification, peptides, and proteins (general properties & tests with a few examples like glycine, tryptophan, glutathione, albumin, hemoglobin, collagen)
- UNIT – 2** Lipids- Fatty acids, saturated and unsaturated, cholesterol and triacylglycerol, phospholipids and plasma membrane; Vitamins -General introduction, classification and emphasis on Vitamin A, B2, C, E and inositol (requirements, assimilation and properties); Minerals--Na, K, Ca, P, Fe, Cu and Se (requirements, availability and properties).; Enzymes -- Definition, Cofactor (Coenzyme, Activator), Proenzyme. Classification with examples, Factors effecting enzyme activity, Enzyme inhibition and significance, Iso enzymes, Diagnostic enzymology (clinical significance of enzymes)
- UNIT – 3** Acid-Base balance- Acids, bases and buffers, ph. Buffer systems of the body, bicarbonate buffer system Role of lungs and kidneys in acid base balance, Acid base imbalance, Water balance- Water distribution in the body, Body water, water turn over, Regulation of water balance: role of ADH and thirst center., Electrolyte balance- Osmolarity (Distribution of electrolytes). Role of aldosterone, rennin angiotensin system and ANF.
- UNIT – 4** Clinical Biochemistry- Normal levels of blood and urine constituents, Relevance of blood and urine levels of Glucose, Urea, Uric acid, Creatinine, Calcium, Phosphates, pH and Bicarbonate.

Recommended Books:

- Biochemistry by U.Satyanaranya,
- Biochemistry for medical by DM Vasudevan