

**Objective** - Identifying and tending bed sores, setting up dressing trolley for major dressing procedure, assisting in minor and major dressing, Able to give first aid without supervision

**UNIT - 1** Identifying and tending bed sores, Symptoms, Common sites of pressure sores, Causes, Risk factors, Complications, Prevention. Setting up dressing trolley for major dressing procedure, Bandaging, Aseptic technique.

**UNIT - 2** Assisting in minor and major dressing, Safety considerations, Skills in Minor Surgical Procedures, assisting in minor and major dressing, Able to give first aid without supervision.; Able to give first aid without supervision.

### **Recommended Books:**

- **Dr. Jensen's** Guide to Better Bowel Care: A Complete Program for Tissue Cleansing through Bowel by **Bernard Jensen**
- Detox Cleanse: The Ultimate Guide on the Detoxification: Cleansing Your Body for Weight Loss with the Detox Cleanse.
- Souping: The New Juicing - Detox, Cleanse & Weight Loss (Detox, Cleanse, Weight Loss, Juicing, Gluten Free, Gut Health, Souping) by **Susie Campbell**