VPC-301 Personal Care

Objective -

- Student will learn about the Admission Criteria of patient in hospital.
- Write down the procedures sponge Bathing, Cutting nails, Combing Hair, Cleaning eyes
- Assistance in Changing clothes of patient excluding surgical and Orthopedic patients.
- **UNIT 1** Assistance in filling admission forms

Assistance in Discharge form.

Wearing Personal protection equipment (gloves and apron)

- **UNIT 2** Sponge Bathing and tub bathing (without supervision) Cutting nails, combing hair, cleaning eyes, nose and ears of stable patient excluding operated patients
- **UNIT 3** Assistance in changing clothes of patients excluding surgical and orthopaedic patients.

Putting incontinence pads

Help in putting patients clothes in laundry

Recommended Books:

- Basic Nursing Procedure Manual and Essentials by Thresyamma.
- Essentials of Community Health Nursing by K Park.
- Clinical Nursing Procedures: The Art of Nursing Practice by Annamma Jacob.
- Fundamentals of Nursing: The Art and Science of Nursing Care by Carol Lillis & Pamela Lynn.