

Objective: Student will learn how to do basic nursing care and how to protect the unconscious Patient through the identification of any dangers within the surrounding, confirmation of the likeliness of any form of response, and assessment of the airway.

UNIT -1 First Aid 1: Definition of first aid, scope, principles and essentials, methods of approach and qualifications of a first aider. Wounds, Snake bite, bite by rabid animal, and stings of insects- first aid and treatment. Fractures- Varieties, general signs and symptoms, general rules for treatment, padding of splints, individual fractures and treatment.

UNIT -2 First Aid 2: Hemorrhage Varieties, arrest of external hemorrhage, arrest of hemorrhage from special regions, mouth, nose and ear. Artificial respiration, Asphyxia - Definition and causes. Poisons, classification, general rules for the treatment of poisoning, burn injury, Shock, Effects of heat and cold

Recommended Books:

- First Aid for the Emergency Medicine Board
- First Aid for the Basic Sciences General Principles (First Aid Series)