

**Objectives** – student will learn about the Bed making procedures and Basic care procedures, Oral medications and Blood sampling techniques.

**UNIT - 1**      Bed making - making an unoccupied Bed, Changing an Occupied Bed, Making a Post Operative Bed, Operated hospital Bed and stretchers.

Performing oral Care, Assist the patient with oral Care, Providing Oral care of Dependent patient.

**UNIT - 2**      Performing Bed Bath, performing Back Care, Performing Hair washing Procedure, care of fingernails/ Toenails; Care of Nasal Gastric Tube- Inserting a nasal Gastric tube, Removal of nasal Gastric tube, administering a nasal Gastric tube feeding; Supplying Oxygen inhalation - Nasal Cannula method, Mask method - Simple Face mask.

**UNIT - 3**      Administration of Medication - Oral medications, Administering a oral medication through a nasal Gastric tube, Prevention of needle stick injuries, Giving an Intramuscular injection, Starting an Intravenous infusion, Maintenance of IV system, administering medications by Heparin Lock, Performing Nebulizer Therapy.

**UNIT - 4**      Porting of various samples including blood samples and histopathology, Cleaning, thermometer, discarding biomedical waste including empty IV bottles, needles, IV set and, intracath, fetching instruments including light torch, knee hammer, tape, stethoscope, sphygmomanometer and Glucometer, fetching dressing trolley, Fetching first aid kit.

### **Recommended Books:**

- Basic Nursing Procedure Manual and Essentials by **Thresyamma**.
- Essentials of Community Health Nursing by **K Park**.
- Clinical Nursing Procedures: The Art of Nursing Practice by **Annamma Jacob**.
- Fundamentals of Nursing: The Art and Science of Nursing Care by **Carol Lillis & Pamela Lynn**.