

Adopted Levels, Gammas

Type	Author	History
Full Evaluation	M. S. Basunia	Citation
		NDS 107,791 (2006)

$Q(\beta^-) = -3.21 \times 10^3$ 3; $S(n) = 8165.9$ 18; $S(p) = 6699.9$ 9; $Q(\alpha) = 2252.8$ 16 [2012Wa38](#)

Note: Current evaluation has used the following Q record $-3.21E+03$ 308165.0 186695.8 82257.9 15 [2003Au03](#).

Isotope shifts: [2000Bo03](#), [1999Le11](#), [1994BoZR](#), [1994An14](#), [1994An09](#), [1992Ri04](#), [1992Be07](#), [1992An17](#), [1987Au07](#), [1970Ca10](#).

Giant dipole resonance: [1994Zi04](#), [1994Ji07](#), [1994Ca11](#), [1993Br09](#).

 ^{176}Hf Levels**Cross Reference (XREF) Flags**

A	^{176}Ta ε decay	G	$^{176}\text{Hf}(n,n'\gamma)$	M	$^{178}\text{Hf}(p,t):^{178}\text{Hf}(31\text{ y})$
B	^{176}Lu β^- decay	H	$^{181}\text{Ta}(\pi^-, 5n\gamma)$	N	$^{176}\text{Hf}(\gamma, \gamma')$
C	^{176}Lu β^- decay (3.664 h)	I	$^{176}\text{Lu}(p,ny)$	O	$^{186}\text{W}(n,2p9ny)$
D	$^{174}\text{Yb}(\alpha, 2n\gamma)$	J	$^{178}\text{Hf}(p,t)$	P	$^{130}\text{Te}(^{48}\text{Ca}, 2n\gamma)$
E	$^{176}\text{Yb}(\alpha, 4n\gamma)$	K	$^{175}\text{Lu}(\alpha, t), (^3\text{He}, d)$		
F	Coulomb excitation	L	$^{177}\text{Hf}(d,t)$		

E(level) [†]	J^π	$T_{1/2}$	XREF	Comments
0.0 ^f	0 ⁺	stable	ABCDEFGHIJ L NO	$J^\pi: L=0$ in (p,t). $\Delta <r^2>(^{176}\text{Hf}) = -0.084$ 2 fm ² (1999Le11), charge radii normalized to $\Delta <r^2>(^{178}\text{Hf}, ^{180}\text{Hf}) = 0.098$ fm ² (1994Zi04), a 10% systematic normalization error is not included. Other: 2002Ca47 .
88.349 ^f 24	2 ⁺	1.43 ns 4	ABCDEFGHIJ L NO	$\mu = +0.539$ 4I; $Q = -2.10$ 2 $T_{1/2}$: weighted average of 1.39 ns 4 from β^- ce(t) (1963Fo02) and 1.47 ns 4 Coul. ex. $J^\pi: 88.3\gamma$ E2 to 0 ⁺ state.
290.18 ^f 3	4 ⁺		ABCDEFGHIJ L NO	$\mu: Coul. ex.$ (1968Be04 , 1989Ra17). $\mu: \mu = +0.63$ 6, integral perturbed angular correlations (1996Al20). $Q: Meson hfs$ (1984Ta10 , 1989Ra17).
596.82 ^f 5	6 ⁺		B DE GHIJ L NO	$\mu = 1.34$ 15
997.73 ^f 6	8 ⁺		B DE GH O	$J^\pi: 201.8\gamma$ E2 to 2 ⁺ state.
1149.94 ^g 6	0 ⁺		A CD G J	$\mu: Integral perturbed angular correlations$ (1996Al20).
1226.63 ^g 5	2 ⁺	0.8 ps I	A CD FG J	$J^\pi: 306.8\gamma$ E2 to 4 ⁺ state.
1247.70 ^h 4	2 ^{-#}	4.66 ns 17	A CD G L	$J^\pi: 401.0\gamma$ E2 to 6 ⁺ state.
1293.12 ^j 8	0 ⁺		A CD G J	$J^\pi: 1150\gamma$ E0 to 0 ⁺ state. $L=0$ in (p,t).
1313.31 ^h 4	3 ^{-#}		A D FG J	$T_{1/2}$: from Coulomb excitation.
1333.07 ^p 7	6 ^{+ab}	9.6 μs 3	DE G I KL N	$J^\pi: 1138\gamma$ E0+E2 to 2 ⁺ state.
1341.31 ⁱ 4	2 ⁺	0.29 ps 3	A D FG J N	$T_{1/2}$: from ^{176}Ta ε decay.
1362 10			J	$J^\pi: 1247\gamma$ M2 to 0 ⁺ state.
1379.38 ^j 5	2 ⁺		A D G J	$J^\pi: 1293\gamma$ E0 to 0 ⁺ state. $L=0$ in (p,t).
				$J^\pi: 1023\gamma$ E1 to 4 ⁺ state, 1225γ E1 to 2 ⁺ state.
				$J^\pi: 1043\gamma$ E2 to 4 ⁺ state.
				$T_{1/2}$: weighted average of 9.5 μs 2 from ($\alpha, 2n\gamma$) (1973Kh02), and 10.5 μs 7 from (γ, n) (1964Br27). Other value: 13.0 μs 5 from (p,ny) (1967B008).
				$T_{1/2}$: from Coulomb excitation.
				$J^\pi: 1341\gamma$ E2 to 0 ⁺ state.
				XREF: J(1387).
				$J^\pi: 1291\gamma$ (E2+E0) to 2 ⁺ state.

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Adopted Levels, Gammas (continued)

 ^{176}Hf Levels (continued)

E(level) [†]	J [‡]	T _{1/2}	XREF	Comments
1390.19 ^g 14	4 ⁺		D G	$J^\pi: 1100\gamma$ E0+E2(+M1) to 4 ⁺ state.
1404.56 ^h 4	4 ^{-#}		A D G	$J^\pi: 157\gamma$ E2 to 2 ⁻ state, 1115 γ E1 to 4 ⁺ state.
1412.93 8			A	
1445.79 ⁱ 5	3 ⁺		A D G	$J^\pi: 1155.5\gamma$ M1 to 4 ⁺ state, 1357.5 M1+E2 to 2 ⁺ state.
1481.06 ^f 8	10 ⁺		DE H O	$J^\pi: 483.3\gamma$ E2 to 8 ⁺ state.
1505.81 ^p 8	7 ^{+a}		DE KL	$J^\pi: 172.7\gamma$ (M1+E2) to 6 ⁺ state. 53.5 γ (E1) from 8 ⁻ state.
1508.61 ^h 7	5 ^{-#}		D G J	$J^\pi: 912\gamma$ E1 to 6 ⁺ state.
1532.6 5			D	
1540.3 ⁱ 4	(4 ⁺)		D G J	$J^\pi: 1250\gamma$ (M1+E2) to 4 ⁺ state.
1559.31 ^q 9	8 ^{-b}	9.9 μs 2	DE I K	$J^\pi: 226.2\gamma$ M2 to 6 ⁺ state. T _{1/2} : weighted average of 9.8 μs 2 from (α ,2n γ) (1973Kh02), and 10.3 μs 5 from (γ ,n) (1967Bo08).
1577.61 ^k 5	(3 ⁺) [@]		A D G L	
1591.51 ^j 5	(4 ⁺)		A D G	$J^\pi: 1301.1\gamma$ (E2) to 4 ⁺ state.
1609.3			D J	
1628.55 ^g 14	6 ⁺		D	$J^\pi: 1031.7\gamma$ E0+E2(+M1) to 6 ⁺ state.
1643.43 ^l 5	1 ⁻		A D G N	$J^\pi: 1555\gamma$ E1 to 2 ⁺ state, 1643 γ E1 to 0 ⁺ state.
1653.11 ^h 6	(6) ^{-#}		D	$J^\pi: 248.6\gamma$ E2 to (4) ⁻ state, 1056 γ to 6 ⁺ state.
1672.34 ^m 4	(1) ⁺		A G	$J^\pi: 1584\gamma$ M1+E2 to 2 ⁺ state.
1675.96 ^k 16	(4 ⁺)		D G J L	$J^\pi: 1385.7\gamma$ (E2) to 4 ⁺ state. Band assignment.
1692.0 10	(2 ⁺) ^e		N	
1699.92 8	(8 ⁺)		D	$J^\pi: 194\gamma$ (M1) to (7 ⁺) state.
1704.60 ^m 6	(2 ⁺)		A D G L N	$J^\pi: 1616\gamma$ (M1) to 2 ⁺ state, 1705 γ (E2) to 0 ⁺ state.
1710.44 ^l 5	(3 ⁻)		A D G	$J^\pi: 1420\gamma$ (E1) to 4 ⁺ state.
1722.05 5	1 ⁻		A G L N	$J^\pi: 1722\gamma$ E1 to 0 ⁺ state.
1727.80 ⁱ 19	(5 ⁺)		D L	$J^\pi:$ Band assignment.
1732.46 10	(5 ^{+,6⁺,7⁺)}		D	$J^\pi: 399.4\gamma$ (M1) to 6 ⁺ state.
1749 10	0 ⁺		J	$J^\pi: L=0$ in (p,t).
1761.47 ^s 10	(6 ⁺) ^a		D K	$J^\pi: 428\gamma$ (M1) to 6 ⁺ state. Band assignment.
1766.89 21	(3,4,5) ⁺		D L	$J^\pi: 1476.7\gamma$ M1+E2 to 4 ⁺ state.
1767.52 7	2 ^{-,3⁻}		A	$J^\pi: 679\gamma$ E1 to 2 ⁺ state, 362.7 γ to (4) ⁻ state.
1783.79 ^h 9	(7) ^{-#}		D	$J^\pi: 1188\gamma$ E1 to 6 ⁺ state, 787 γ E1 to 8 ⁺ state.
1785.09 ^q 12	9 ⁻		DE K	XREF: D(1785.15). $J^\pi: L=4.5$ in (³ He,d), 226 γ (M1) to 8 ⁻ state.
1786.11 9			A J	
1793.61 5			A J	
1797.99 ^t 9	(7) ⁻		D	XREF: D(1798.05). $J^\pi: 464.9\gamma$ (E1) to 6 ⁺ state. Band assignment.
1798.5 ^k 6	(5 ⁺) [@]		D L	XREF: D(1798.4).
1815.2 5			D	
1818.92 ^l 6	(0) ⁻		A	$J^\pi: 175.5\gamma$ M1 to 1 ⁻ state.
1830.4	5		D L	XREF: L(1828).
1853.96 7	(3 ^{+,4^{+,5⁺)}}		A D J L	$J^\pi: 1563\gamma$ (M1+E2) to 4 ⁺ state.
1856.99 ^l 5	(2) ⁻		A J	$J^\pi: 213\gamma$ M1(+E2) to 1 ⁻ state, 146.7 γ M1(+E2) to (3) ⁻ state.
1860.08 ^r 11	(8) ⁻		DE K	XREF: K(1860). $J^\pi: 300.8\gamma$ (M1) to 8 ⁻ state.
1862.0 ⁱ 5	(6 ⁺)		D	$J^\pi: 1571.6\gamma$ (E2) to 4 ⁺ state. Band assignment.
1862.80 ⁿ 4	1 ⁺		A JK	XREF: K(1860). $J^\pi: 1862.7\gamma$ M1(+E2) to 0 ⁺ state, 1774.6 γ M1(+E2) to 2 ⁺ state.
1866.6 5			D J	
1878? 1	(5 ^{+,6^{+,7⁺)}}		D	$J^\pi: 1281\gamma$ (M1+E2) to 6 ⁺ state.

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Adopted Levels, Gammas (continued) **^{176}Hf Levels (continued)**

E(level) [†]	J^π [‡]	XREF	Comments
1886 3		L	
1902.28 9	(3 ⁻ ,4 ⁻ ,5 ⁻)	D	J^π : 1614.2 γ (E1) to 4 ⁺ state.
1912.02 ^b 4	2 ⁺	A	J^π : 239.6 γ M1 to (1) ⁺ state, 1823.7 γ M1 to 2 ⁺ state.
1914.13 9	(9 ⁺)	D	J^π : 214 γ (M1+E2) to (8 ⁺) state.
1924.56 5	(2,3) ⁻	A D	J^π : 611 γ M1 to 3 ⁻ state, 1836 γ (E1) to 2 ⁺ state.
1926.68 ^s 11	(7 ⁺) ^a	D K	J^π : 421 γ (M1) to (7 ⁺) state. Band assignment.
1930.78 ^f 9	(8 ⁻)	D	J^π : 425 γ (E1) to (7 ⁺) state. Band assignment.
1932.78 ^g 3	(8) ⁺	D	J^π : 934.8 γ E0+E2(+M1) to 8 ⁺ state.
1944.48 ^k 16	(6 ⁺)	D L	XREF: L(1938). J^π : 1347.4 γ (M1+E2) to 6 ⁺ state. Band assignment.
1949.71 5		A J	
1958.18 5	2 ⁻	A J L	J^π : 236 γ M1(+E2) to 1 ⁻ state, 644.9 γ M1 to 3 ⁻ state. Possible member of a $K^\pi=2$ -band.
1964.2 3	(5,6,7) ⁻	D J L	J^π : 311 γ M1 to (6) ⁻ state.
1977.0? 6		D	
1978.0 10	(1) ^e	N	
1984 3	(6 ⁺)	L	J^π : From theoretical and experimental cross section comparison and rotational structure in (d,t).
1992.70 ^h 10	(8) ⁻ #	D	J^π : 339.6 γ E2 to (6) ⁻ state.
2014.27 ^r 13	(9) ⁻	DE K	J^π : 229 γ (M1) to (9) ⁻ state.
2023.92 21	(+)	D L	XREF: L(2018). J^π : 1427 γ (M1+E2) to 6 ⁺ state.
2031.05 ^q 12	10 ⁻	DE	J^π : 246 γ (M1) to (9) ⁻ state.
2034.66 ^f 13	(12 ⁺)	DE H O	J^π : Band assignment. J^π : 1956.5 γ (M1,E2) to 2 ⁺ state, 2045 γ (M1,E2) to 0 ⁺ state.
2044.78 6	(1 ⁺)	A J N	J^π : 337 γ (M1+E2) to (3 ⁻) state.
2048.48 8	(2,3,4) ⁻	D J	XREF: J(2069). J^π : 1978 γ (M1,E2) to 2 ⁺ state.
2066.25 7	(1,2,3) ⁺	A J	J^π : Band assignment.
2085.68 ^t 10	(9 ⁻)	D	J^π : Band assignment.
2085.83 20	(5,6,7) ⁺	D J	XREF: D(2086.01)J(2089). J^π : 1489 γ M1+E2 to 6 ⁺ state.
2096.8 5	(5,6,7) ⁺	D J L	XREF: J(2089). J^π : 1500 γ (M1) to 6 ⁺ state.
2106.5 ⁱ 5	(7) ⁺	D L	J^π : Band assignment.
2112.89 ^s 20	(8 ⁺) ^a	D	J^π : Band assignment.
2116.8 ^k 3	(7 ⁺)	D	J^π : Band assignment.
2136.42 ^h 24	(9) ⁻ #	D J I	XREF: l(2142). J^π : 1139.4 γ E1 to 8 ⁺ state, 655.3 γ to (10) ⁺ state.
2147.62 11	(10 ⁺)	D I	XREF: l(2142). J^π : 233.5 γ (M1+E2) to (9 ⁺) state.
2160.5 6		D	
2172.9? 6		D	
2173.8 8	(7 ⁺)	D I	XREF: l(2175). J^π : From theoretical and experimental cross section comparison and rotational structure in (d,t).
2194.02 ^r 20	(10 ⁻)	DE K	J^π : 409 γ (M1) to (9) ⁻ state.
2258.7 5	(6 ⁻ ,7 ⁻ ,8 ⁻)	D	J^π : 460.7 γ to (7) ⁻ state.
2261.55 ^t 12	(10 ⁻)	D	J^π : 330 γ (E2) to (8 ⁻) state. Band assignment.
2265.27 5	(2) ⁻	A D	J^π : 924 γ E1 to 2 ⁺ state, 543 γ to 1 ⁻ , 861 γ to (4) ⁻ state.
2280.83 10	(2) ^e	A J L N	XREF: J(2286). J^π : Band assignment.
2284.8 ⁱ 5	(8 ⁺)	D	J^π : Band assignment.
2293.85 ^q 14	11 ⁻	DE	J^π : 263 γ (M1) to 10 ⁻ state. Band assignment.
2294.8 ^g 3	(10) ⁺	D	XREF: D(2295.0).

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Adopted Levels, Gammas (continued) **^{176}Hf Levels (continued)**

E(level) [†]	J^π [‡]	T _{1/2}	XREF	Comments
2304.7 <i>k</i> 8	(8 ⁺)		D	J^π : 813.8 γ E0+E2(+M1) to (10) ⁺ state.
2307.76 6			A	Band assignment.
2308.34 5	1 ⁻ ,2 ⁻ ,3 ⁻		A	XREF: J(2304).
2318.7 <i>s</i> 5	(9 ⁺) <i>a</i>		D	J^π : 350 γ M1(+E2) to 2 ⁻ state.
2361.0 10	(1) <i>e</i>		D	J^π : Band assignment.
2389 10			J	XREF: J(2348).
2398.97 13	(11 ⁺)		D	E(level): possible doublet in (p,t).
2399.01 <i>r</i> 19	(11 ⁻)		DE	XREF: D(2399.03).
2405.35 7	1 <i>e</i>		A	XREF: D(2399.06).
2415 10			J	
2432.34 7	-		A D	J^π : 508 γ M1 to (2,3) ⁻ state.
2446.9 6			D j	XREF: j(2448).
2452.47 10			A j	XREF: j(2448).
2470.84 5	2 ⁻		A	J^π : 1223 γ E2+M1+E0 to 2 ⁻ state.
2482.87 6	(1) <i>e</i>		A	XREF: N(2484).
2514.0 7	1(⁺) <i>e</i>			
2530.0 7	1 <i>e</i>			
2540.9? <i>s</i> 5	(10 ⁺) <i>a</i>		D	J^π : Band assignment.
2548.0 7	1 <i>e</i>			
2563.54 <i>g</i> 22	12 ⁻		DE	XREF: D(2563.60).
2568.45 22			D	J^π : Band assignment.
2602.16 9			A	
2638.1 <i>r</i> 5	(12 ⁻)		DE	J^π : Band assignment.
2646.6 <i>f</i> 4	(14 ⁺)		DE H	J^π : Band assignment.
2690.0 7	1 <i>e</i>			
2722.0 7	1(⁺) <i>e</i>		N	
2762.51 8			A	
2791.62 7			A	
2817.55 5	(2) ⁺		A	J^π : 1476 γ E2 to 2 ⁺ state, log ft=6.4 from ^{176}Ta ($J^\pi=1^-$).
2827.0 <i>g</i> 5	13 ⁻		DE	J^π : Band assignment.
2831.0 10	1 <i>e</i>			
2865.8 <i>u</i> 7	14 ⁻ <i>c</i>	401 μ s 6	E P	J^π : Band assignment. 38.7 γ (M1) to 13 ⁻ state. T _{1/2} : from (α ,4n γ) (1975Kh04).
2878.21 7			A	
2885.52 7	1(⁺) <i>e</i>		A	
2905.67 7			A	
2912.26 <i>o</i> 6	(0) ⁻ &		A	J^π : 1190 γ M1 to 1 ⁻ state.
2920.26 <i>o</i> 7	1-&		A	J^π : 2920 γ E1 to 0 ⁺ state.
2921.03 8	1 ⁺ ,2 ⁺		A	J^π : 1580 γ M1+E2 to 2 ⁺ state, log ft=5.9 from ^{176}Ta ($J^\pi=1^-$).
2940.0 7	1(⁺) <i>e</i>		N	
2944.17 5	2 ⁻		A	J^π : 1630 γ M1 to 3 ⁻ state, 1696 γ M1 to 2 ⁻ state. log ft \leq 6.2 from ^{176}Ta ($J^\pi=1^-$) ε decay. Possible member of a $K^\pi=2^-$ band.
2969.07 <i>o</i> 6	(2 ⁻)&		A	
2994.0 7	1(⁺) <i>e</i>			
3044.0 7	1(-) <i>e</i>			
3059.0 10	1 <i>e</i>			
3080.2 12	15 ⁺	0.20 ns +12-8	E P	T _{1/2} : Measured in (α ,2n γ) (1982Ko08). J^π : 214 γ E1 to 14 ⁻ . Level energy agrees with predicted

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Adopted Levels, Gammas (continued) **^{176}Hf Levels (continued)**

E(level) [†]	J [‡]	XREF	Comments
3098.0 10	(1) ^e	N	
3107.0 7	1 ⁽⁺⁾ ^e	N	
3115.0 7	1 ⁽⁻⁾ ^e	N	
3159.0 7	1 ⁽⁺⁾ ^e	N	
3160.5 ^u 10	15 ⁻ ^c	E P	J ^π : Band assignment. 294.7γ (M1+E2) to 14^- state.
3200.0 10	1 ^e	N	
3218.0 10	1 ^e	N	
3222.0 7	1 ⁽⁺⁾ ^e	N	
3232.0 7	1 ⁽⁺⁾ ^e	N	
3261.0 7	1 ⁽⁺⁾ ^e	N	
3266.2 ^v 14	16 ⁺ ^d	E M P	J ^π : L=0 in ^{178}Hf (31 y, $J^\pi=16^+$)(p,t). 186.0γ M1 to (15^+) state in $(\alpha,4n\gamma)$.
3306.0 10	(1) ^e	N	
3307.7 ^f 11	(16 ⁺)	E	J ^π : 661γ E2 to (14^+) state. Band assignment.
3322.0 10	1 ^e	N	
3343.0 7	1 ^e	N	
3361.0 7	1 ⁽⁻⁾ ^e	N	
3372.0 7	1 ⁽⁻⁾ ^e	N	
3385.0 7	1 ^e	N	
3406.0 10	(1) ^e	N	
3438.0 10	1 ^e	N	
3454.0 10	1 ^e	N	
3467.4 ^u 10	16 ⁻ ^c	E P	J ^π : Band assignment.
3485.0 7	1 ^e	N	
3490.0 10	1 ^e	N	
3519.0 10	(1) ^e	N	
3540.1 ^v 16	17 ⁺ ^d	E P	J ^π : 274γ M1+E2 to 16^+ state.
3550.0 7	1 ⁽⁺⁾ ^e	N	
3580.0 10	(1) ^e	N	
3602.0 7	1 ^e	N	
3608.0 10	1 ^e	N	
3627.0 7	1 ⁽⁺⁾ ^e	N	
3662.0 7	1 ⁽⁺⁾ ^e	N	
3671.0 7	1 ⁽⁺⁾ ^e	N	
3689.0 10	(1) ^e	N	
3695.0 10	(2) ^e	N	
3722.0 10	(1) ^e	N	
3746.0 7	1 ^e	N	
3767.0 7	1 ⁽⁺⁾ ^e	N	
3774.0 10	1 ^e	N	
3787.1 ^u 12	17 ⁻ ^c	E P	J ^π : Band assignment. 319.7γ (M1+E2) to 16^- state.
3805.0 7	1 ⁽⁺⁾ ^e	N	
3816.0 7	1 ⁽⁺⁾ ^e	N	
3824.0 10	(1) ^e	N	
3838.0 7	1 ⁽⁻⁾ ^e	N	
3844.0 10	(1) ^e	N	
3847.4 ^v 16	18 ⁺ ^d	E P	J ^π : Band assignment. 307.2γ (M1+E2) to 17^+ state.
3856.0 10	(1) ^e	N	
3916.0 10	(1) ^e	N	

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Adopted Levels, Gammas (continued) **^{176}Hf Levels (continued)**

E(level) [†]	J [‡]	T _{1/2}	XREF	Comments	
4010.5 ^f 15	(18 ⁺)		E	J ^π : 702.8γ E2 to (16 ⁺) state. Band assignment.	
4120.3 ^u 14	18 ⁻ ^c		E	J ^π : Band assignment. 333.2γ (M1+E2) to 17 ⁻ state.	
4179.3 ^v 17	19 ⁺ ^d		P	J ^π : 331.8γ (M1+E2) to 18 ⁺ state. Band assignment.	
4376.6 16	(19) ⁺	34 ns	E	T _{1/2} : From (α ,4ny) (1976Kh03). E(level): K ^π =19 ⁺ in (⁴⁸ Ca,2ny) [2001Ch89]. J ^π : 529.1γ (M1) to (18) ⁺ state. T _{1/2} =34 ns suggests K forbiddenness. Possible K ^π =19 ⁺ six-quasiparticle configuration=((π 7/2[404])(π 9/2[514]) (ν 7/2[514])(ν 9/2[624])(ν 5/2[512])(ν 1/2[521])) is predicted at ≈4600 keV (1976Kh03).	
4466.6 ^u 16	(19 ⁻) ^c		E	P	J ^π : Band assignment.
4532.2 ^v 20	20 ⁺ ^d		E	P	J ^π : Band assignment.
4766.4 16	(20) ⁻		E	P	E(level): K ^π =20 ⁻ in (⁴⁸ Ca,2ny) [2001Ch89]. J ^π : 389.8γ E1 decay through 4376.7 (J ^π =K ^π =(19) ⁺) level, instead of through the energetically favored 4179.4 (J ^π =(19) ⁺ , K ^π =16 ⁺) level, is consistent with a K ^π =(20) ⁻ assignment. A possible K ^π =20 ⁻ six-quasiparticle configuration=((π 7/2[404])(π 9/2[514]) (ν 7/2[514])(ν 9/2[624])(ν 7/2[633])(ν 1/2[521])) is predicted at ≈5000 keV (1976Kh03).
4826.4 ^u 15	(20 ⁻) ^c		E	P	J ^π : Band assignment.
4863.5 16	(22) ⁻	43 μ s	E	P	T _{1/2} : from (α ,4ny) (1976Kh03). E(level): K ^π =22 ⁻ in (⁴⁸ Ca,2ny) [2001Ch89]. J ^π : 97.1γ E2 to (20) ⁻ . Possible K ^π =22 ⁻ six-quasiparticle configuration=((π 7/2[404])(π 9/2[514]) (ν 7/2[514])(ν 9/2[624])(ν 7/2[633])(ν 5/2[512])). T _{1/2} =43 μ s may be explained in terms of the 97-keV ν 5/2[512] to ν 1/2[521] single-particle E2 transition, which has been observed to be slow in neighboring odd-A hafnium nuclei.

[†] Deded by evaluator from a least-squares fit to adopted γ-ray energies.

[‡] J, K, and π assignments are mostly based on rotational band structure, and on γ-ray multipolarities and decay patterns. This includes comparisons of experimental branching ratios with theoretical values predicted by Alaga rules. Specific arguments, as well as quasiparticle configuration assignments, are given with individual levels.

Member of a K^π=2⁻ octupole-vibrational band. Assignment was based on a comparison between experimental and theoretical B(E1) values for the transitions to the g.s. (K^π=0⁺) rotational band (1973Kh03).

@ Assignment based on a comparison between experimental and theoretical cross sections in ¹⁷⁷Hf(d,t).

& Assignment agrees with Alaga rules for log ft values from ¹⁷⁶Ta ε decay to the J^π=0, 1, and 2 members of this band.

^a Intraband transitions between the bands built on 1333 keV and 1761 keV suggest configuration mixing. The following admixtures were deduced from particle transfer reactions and γ-ray decay rates: 61% proton configuration and 39% neutron configuration for the band built on 1333 keV; 39% proton configuration and 61% neutron configuration for the band built on 1761 keV.

^b J^π=6⁺ and 8⁻ for the 1333- and 1559-keV levels, respectively, are based on (³He,d) transfers of L=2 for the 1333-keV level, and L=5,(4) for the 1559-keV level, and on the 226γ M2 between these levels.

^c Deded intrinsic g-factor of 0.57 4 agrees with configuration assignment (1976Kh03).

^d Deded intrinsic g-factor of 0.54 5 agrees with configuration assignment (1976Kh03). Members of this band up to J=20 become yrast.

^e From angular distribution in ¹⁷⁶Hf(γ,γ').

^f Band(A): K^π=0⁺ g.s. rotational band. Rotational parameters: A=14.4, B=-8.7. Spin members of the band used in the fit: 0 to 14.

^g Band(B): K^π=0⁺ β-vibrational band. Rotational parameters: A=11.8, B=-13.5. Spin members of the band used in the fit: 0 to 10.

^h Band(C): K^π=2⁻ octupole-vibrational band.

ⁱ Band(D): K^π=2⁺ mixed γ-vibrational band.

^j Band(E): K^π=0⁺ band. Rotational parameters: A=14.1, B=40.7. Spin members of the band used in the fit: 0 to 4.

^k Band(F): K^π=(3⁺) band. Rotational parameters: A=12.5, B=-4.6. Spin members of the band used in the fit: 3 to 8.

Adopted Levels, Gammas (continued) **^{176}Hf Levels (continued)**

^l Band(G): $K^\pi=(0^-)$ band: Possible configuration= $\nu 7/2[633]-\nu 7/2[514]$ 93% wave function ([2005Gr21](#)).

^m Band(H): $K^\pi=1^+$ band.

ⁿ Band(I): $K^\pi=(1^+)$ band.

^o Band(J): $K^\pi=(0^-)$ band: Possible Configuration= $(\pi 7/2[404]-\nu 5/2[512]) - (\pi 9/2[514]-\nu 7/2[514])$ ([2005Gr21](#)).

^p Band(K): $K^\pi=6^+$ band. configuration=61%((p, $7/2[404]$)(p, $5/2[402]$))+39%((n, $7/2[514]$)(n, $5/2[512]$)). Rotational parameters: A=12.9, B=-6.3. Spin members of the band used in the fit: 6 to 11.

^q Band(L): $K^\pi=8^-$ Coriolis-mixed band. configuration=98-38%((p, $7/2[404]$)(p, $9/2[514]$))+ 2-62%((n, $7/2[514]$)(n, $9/2[624]$)). Rotational parameters: A=15.1, B=-13.8. Spin members of the band used in the fit: 8 to 13.

^r Band(M): $K^\pi=7^-, 8^-$ Coriolis-mixed band. Configuration=(($\pi 7/2[404]$) $(\pi 9/2[514]) + (\nu 7/2[514])$ ($\nu 7/2[633]$)+($\nu 7/2[514]$) $(\nu 9/2[624])$). 20-50% mixture of the $K^\pi=7^-$ mixture to $K^\pi=8^-$. Rotational parameters: A=6.8, B=10.7. Spin members of the band used in the fit: 8 to 12.

^s Band(N): $K^\pi=6^+$ band. configuration=39%((p, $7/2[404]$)(p, $5/2[402]$))+61%((n, $7/2[514]$)(n, $5/2[512]$)). Rotational parameters: A=12.4, B=-5.8. Spin members of the band used in the fit: 6 to 9.

^t Band(O): $K^\pi=6^-, 7^-$ band. Configuration=(($\nu 7/2[633]$) $(\nu 5/2[512]) + (\nu 9/2[624])$ ($\nu 5/2[512]$)). Rotational parameters: A=7.1, B=9.5. Spin members of the band used in the fit: 7 to 9.

^u Band(P): $K^\pi=(14^-)$ band. Configuration=(($\pi 7/2[404]$) $(\pi 9/2[514])$ ($\nu 7/2[514]$) $(\nu 5/2[512])$).

^v Band(Q): $K^\pi=(16^+)$ band. Configuration=(($\pi 7/2[404]$) $(\pi 9/2[514])$ ($\nu 7/2[514]$) $(\nu 9/2[624])$).

Adopted Levels, Gammas (continued) $\gamma(^{176}\text{Hf})$

$E_i(\text{level})$	J_i^π	E_γ^\dagger	I_γ^\dagger	E_f	J_f^π	Mult.	δ^k	a^i	$I_{(\gamma+ce)}$	Comments
88.349	2 ⁺	88.34 [‡] 3	100	0.0	0 ⁺	E2 ^f		5.86		B(E2)(W.u.)=183 7
290.18	4 ⁺	201.83 [‡] 3	100	88.349	2 ⁺	E2 ^f		0.282		
596.82	6 ⁺	306.78 [‡] 4	100	290.18	4 ⁺	E2 ^g		0.0747		
997.73	8 ⁺	400.99 [‡] 4	100	596.82	6 ⁺	E2 ^g		0.0347		
1149.94	0 ⁺	1061.61 [‡] 9	100	88.349	2 ⁺	E2 ^f				
		1150.00 [‡] 10		0.0	0 ⁺	E0 ^f				
1226.63	2 ⁺	936.41 [‡] 8	82 7	290.18	4 ⁺	E2 ^f				B(E2)(W.u.)=5.7 10
		1138.26 [‡] 8	100 8	88.349	2 ⁺	E0+E2 ^f				α : experimental value from ^{176}Ta ε decay.
		1226.89 [‡] 24	54 7	0.0	0 ⁺	(E2) ^g				B(E2)(W.u.)=0.98 19
1247.70	2 ⁻	957.40 [‡] 8	2.31 18	290.18	4 ⁺	M2+E3 ^f		≥ 1.87	0.0115 16	B(M2)(W.u.)<0.0014; B(E3)(W.u.)>2.9 δ : from 1972Lo03 .
		1159.28 [‡] 9	100 8	88.349	2 ⁺	E1+M2+E3 ^f				Additional information 1. B(E1)(W.u.)=2.01×10 ⁻⁸ 16; B(M2)(W.u.)=0.0088 19; B(E3)(W.u.)=9.6 20
8		1247.68 [‡] 15	1.86 20	0.0	0 ⁺	M2 ^f			0.0119	α : experimental value from ^{176}Ta ε decay. Mult.: $\delta(M2/E1)=0.36$ 5, $\delta(E3/E1)=0.53$ 7 (1972Lo03). B(M2)(W.u.)=0.00124 17 $\Delta J=0.1$ transitions from members of the octupole band ($K^\pi=2^-$) to those of the g.s. rotational band ($K^\pi=0^+$) are expected to have a significant E3 multipolarity component (1972Lo03).
		1293.12	0 ⁺	1204.85 [‡] 10	100 8	88.349 2 ⁺				
				1292.9 [‡] 3		0.0 0 ⁺	E0 ^f			
1313.31	3 ⁻	1023.05 [‡] 7	47 4	290.18	4 ⁺	E1 ^f				30 5 I _{γ} : not reported.
				1224.93 [‡] 7	100 8	88.349 2 ⁺	E1 ^f			
1333.07	6 ⁺	736.20 ^{&} 7	100 ^{&}	596.82	6 ⁺	E2 ^g				B(E2)(W.u.)=2.82×10 ⁻⁶ 9
		1043.0 ^{&} 1	64 ^{&}	290.18	4 ⁺	E2 ^g				B(E2)(W.u.)=3.16×10 ⁻⁷ 10
1341.31	2 ⁺	1051.03 [‡] 11	3.2 3	290.18	4 ⁺					
		1252.87 [‡] 10	93 7	88.349	2 ⁺	M1+E2 ^f				
		1341.33 [‡] 10	100 8	0.0	0 ⁺	E2 ^f				
		1379.38	2 ⁺	1089.06 10	14.8 12	290.18 4 ⁺				
				1290.97 [‡] 9	100 8	88.349 2 ⁺	(E2+E0) ^f			
				1379.29 15	4.0 12	0.0 0 ⁺				
		1390.19	4 ⁺	793.5 ^{&} 3	36 ^{&}	596.82 6 ⁺				
										α : experimental value from ^{176}Ta ε decay.

Adopted Levels, Gammas (continued)

 $\gamma(^{176}\text{Hf})$ (continued)

$E_i(\text{level})$	J_i^π	E_γ^\dagger	I_γ^\dagger	E_f	J_f^π	Mult.	a^i	Comments
1390.19	4 ⁺	1099.9 ^{&} 3	100 ^{&}	290.18	4 ⁺	E0+E2(+M1) ^g	≈0.03	α : experimental value from ¹⁷⁴ Yb(α ,2n γ).
		1301.8 3	81	88.349	2 ⁺	(E2) ^g		
1404.56	4 ⁻	91.19 [‡] 25	17 1	1313.31	3 ⁻	E2(+M1) ^f	5.27 11	
		156.83 [‡] 3	100 8	1247.70	2 ⁻	E2 ^f	0.671	
		1114.2 ^{m‡} 1	85 ^m 7	290.18	4 ⁺	E1 ^g		I_γ : from ¹⁷⁴ Yb(α ,2n γ). Doublet in ¹⁷⁶ Ta ε decay.
1412.93		1122.80 9	100 16	290.18	4 ⁺			
		1412.84 ^l 11	≤111 ^l	0.0	0 ⁺			
1445.79	3 ⁺	198.07 12	1.9 4	1247.70	2 ⁻			
		1155.52 [‡] 18	32 4	290.18	4 ⁺	M1 ^g		
		1357.52 [‡] 10	100 8	88.349	2 ⁺	M1+E2 ^g		
1481.06	10 ⁺	483.33 [@] 5	100	997.73	8 ⁺	E2 ^g	0.0212	
1505.81	7 ⁺	172.73 [@] 4	100	1333.07	6 ⁺	(M1+E2) ^g	0.67 20	
1508.61	5 ⁻	196.0 ^{&} 5	≈4 ^{&}	1313.31	3 ⁻			
		911.8 ^{&} 3	36 ^{&}	596.82	6 ⁺	E1 ^g		
		1218.4 ^{&} 1	100 ^{&}	290.18	4 ⁺			
1532.6		935.8 [@] 5	100	596.82	6 ⁺			
1540.3	(4 ⁺)	1250.1 [@] 4	100	290.18	4 ⁺	(M1+E2) ^g		
1559.31	8 ⁻	53.49 ^{&} 7	100 ^{&}	1505.81	7 ⁺	(E1) ^g		$B(E1)(\text{W.u.})=6.2\times10^{-8}$ 5
		226.25 ^{&} 6	31 ^{&} 6	1333.07	6 ⁺	M2 ^g	1.99	$B(M2)(\text{W.u.})=0.023$ 5
1577.61	(3 ⁺)	173.00 7	2.1 3	1404.56	4 ⁻			
		264.08 [‡] 24	10.4 8	1313.31	3 ⁻			
		1287.38 ^m 12	13 ^{me} 1	290.18	4 ⁺			
		1489.30 [‡] 10	100 8	88.349	2 ⁺	(E2) ^f		
1591.51	(4 ⁺)	1301.2 [‡] 5	100	290.18	4 ⁺	(E2) ^g		
1609.3		611.4 ^{@n} 4	100	997.73	8 ⁺			
1628.55	6 ⁺	238.36 ^{&} 7	18 ^{&}	1390.19	4 ⁺			
		630.7 ^{&} 3	11.1 ^{&}	997.73	8 ⁺			
		1031.7 ^{&} 3	78 ^{&}	596.82	6 ⁺	E0+E2(+M1) ^g	0.04	α : experimental value from ¹⁷⁴ Yb(α ,2n γ).
		1338.6 ^{&} 4	100 ^{&}	290.18	4 ⁺	(E2) ^g		
1643.43	1 ⁻	1555.08 [‡] 13	100 8	88.349	2 ⁺	E1 ^f		
		1643.43 [‡] 10	59 5	0.0	0 ⁺	E1 ^f		I_γ : 68.6 in (γ, γ') deduced from Rexp.
1653.11	(6) ⁻	144.45 ^{&} 7	4.5 ^{&}	1508.61	5 ⁻			
		248.58 ^{&} 4	100 ^{&}	1404.56	4 ⁻	E2 ^g	0.143	
		1055.8 ^{&} 5	8.1 ^{&}	596.82	6 ⁺			

Adopted Levels, Gammas (continued)

 $\gamma(^{176}\text{Hf})$ (continued)

E _i (level)	J ^π _i	E _γ [†]	I _γ [†]	E _f	J ^π _f	Mult.	a ⁱ	Comments
1672.34	(1) ⁺	292.88 <i>10</i>	0.75 7	1379.38	2 ⁺			
		424.48 <i>15</i>	0.94 <i>10</i>	1247.70	2 ⁻			
		445.52 <i>8</i> ^l	≤1.0 ^l	1226.63	2 ⁺			
		1584.02 <i>10</i>	100 8	88.349	2 ⁺	M1+E2 ^f		
		1672.32 <i>12</i>	22.5 <i>18</i>	0.0	0 ⁺			
		271.8 & <i>3</i>	4.3 &	1404.56	4 ⁻			
		1385.7 & <i>3</i>	100 &	290.18	4 ⁺	(E2) ^g		Mult.: measured (E1,E2) multipolarity. Level scheme requires (E2).
		1588.3 & <i>5</i>	28 &	88.349	2 ⁺			
		1692.0 #	100	0.0	0 ⁺			
1699.92	(8) ⁺	194.09 & <i>4</i>	100 &	1505.81	7 ⁺	(M1) ^g	0.629	
		366.87 & <i>5</i>	50 &	1333.07	6 ⁺			
1704.60	(2) ⁺	1616.18 <i>10</i>	92 7	88.349	2 ⁺	(M1) ^f		
		1704.70 <i>12</i>	100 8	0.0	0 ⁺	(E2) ^f		
1710.44	(3) ⁻	118.93 <i>2</i>	2.6 5	1591.51	(4 ⁺)			
		1420.04 <i>10</i>	100 8	290.18	4 ⁺	(E1) ^g		
1722.05	1 ⁻	1621.87 <i>m</i> <i>10</i>	80 <i>m</i> 21	88.349	2 ⁺			
		428.85 <i>20</i>	0.44 7	1293.12	0 ⁺			
1727.80	(5) ⁺	1633.74 <i>10</i>	89.6 7	88.349	2 ⁺	E1 ^f		
		1722.04 <i>13</i>	100 8	0.0	0 ⁺	E1 ^f		
1732.46	(5 ^{+,6^{+,7⁺}})	1130.4 & <i>5</i>	31 &	596.82	6 ⁺			Mult.: Reported as (E2) from conversion electron measurement in ¹⁷⁴ Yb($\alpha,2n\gamma$), level scheme requires (M1+E2). M.
		1437.7 & <i>2</i>	100 &	290.18	4 ⁺	(M1+E2) ^g		
1761.47	(6) ⁺	226.9 & <i>5</i>	13 &	1505.81	7 ⁺			
		399.38 & <i>7</i>	100 &	1333.07	6 ⁺	(M1) ^g	0.089	
1766.89	(3,4,5) ⁺	428.40 @ <i>7</i>	100	1333.07	6 ⁺	(M1) ^g	0.0740	
		1476.7 @ <i>2</i>	100	290.18	4 ⁺	M1+E2 ^g		
1767.52	2 ^{-,3⁻}	362.7 <i>3</i>	1.7 4	1404.56	4 ⁻			
		388.06 <i>20</i>	2.55 22	1379.38	2 ⁺			
1783.79	(7) ⁻	1679.18 <i>11</i>	100 8	88.349	2 ⁺	E1 ^f		
		276.4 & <i>3</i>	3.5 &	1508.61	5 ⁻			
		787.14 & <i>15</i>	25 &	997.73	8 ⁺	E1,E2 ^g		Mult.: level scheme requires E1.
1785.09	9 ⁻	1188.1 & <i>2</i>	100 &	596.82	6 ⁺	E1 ^g		
		225.74 @ <i>10</i>	100	1559.31	8 ⁻	(M1) ^g	0.414	
1786.11		1495.85 <i>15</i>	58 5	290.18	4 ⁺			

Adopted Levels, Gammas (continued)

 $\gamma(^{176}\text{Hf})$ (continued)

E _i (level)	J _i ^π	E _γ [†]	I _γ [†]	E _f	J _f ^π	Mult.	δ ^k	a ⁱ	Comments
1786.11		1697.8 2	100 3	88.349	2 ⁺				
1793.61		216.00 7	100 8	1577.61	(3 ⁺)				
		414.34 15	64 5	1379.38	2 ⁺				
		452.18 ^l 10	<20.5 ^l	1341.31	2 ⁺				
		1503.7	≤91	290.18	4 ⁺				
		≈1705.4	≤136	88.349	2 ⁺				
1797.99	(7) ⁻	464.92 ^{@n} 7	100	1333.07	6 ⁺	(E1) ^g			
1798.5	(5 ⁺)	289.6 ^{&n}	5.5 ^{&}	1508.61	5 ⁻				
		1201.8 ^{&} 7	20 ^{&}	596.82	6 ⁺				
		1508 ^{&} 1	100 ^{&}	290.18	4 ⁺				
1815.2		1218.4 ^{&} 8	100 ^{&}	596.82	6 ⁺				
		1525.0 ^{&} 5	80 ^{&}	290.18	4 ⁺				
1818.92	(0) ⁻	175.50 7	100 8	1643.43	1 ⁻	M1 ^f		0.833	Measured M1(+E2) multipolarity. Level scheme requires M1.
		571.30 9	63 5	1247.70	2 ⁻				
1830.4	5	1540.2 ^{@n} 5	100	290.18	4 ⁺				E _γ : from ($\alpha, 2n\gamma$).
1853.96	(3 ⁺ ,4 ⁺ ,5 ⁺)	474.64 ^l 8	<18.2 ^l	1379.38	2 ⁺				
		1563.53 13	41 7	290.18	4 ⁺	(M1+E2) ^g			
		1765.75 15	100 8	88.349	2 ⁺				
1856.99	(2) ⁻	146.74 5	50 4	1710.44	(3 ⁻)	M1(+E2) ^f	0.74	1.19	
		213.50 6	100 19	1643.43	1 ⁻	M1(+E2) ^f	0.87	0.376	
		452.18 ^l 10	<5.8 ^l	1404.56	4 ⁻				
		609.25 9	18 3	1247.70	2 ⁻				
1860.08	(8) ⁻	300.78 [@] 6	100	1559.31	8 ⁻	(M1) ^g		0.189	
1862.0	(6 ⁺)	1265.2 ^{&} 5	75 ^{&}	596.82	6 ⁺				
		1571.6 ^{&} 8	100 ^{&}	290.18	4 ⁺	(E2) ^g			
1862.80	1 ⁺	158.19 7	5.7 4	1704.60	(2 ⁺)	M1 ^f		1.12	
		190.36 7	10.3 8	1672.34	(1) ⁺	M1+E2 ^f	0.72	0.554	
		483.28 9	0.68 8	1379.38	2 ⁺				
		521.6 1	≈61	1341.31	2 ⁺				
		569.77 11	2.8 4	1293.12	0 ⁺				
		615.22 9	2.6 4	1247.70	2 ⁻				
		1774.56 15	39 3	88.349	2 ⁺	M1(+E2) ^f			
		1862.74 15	100 8	0.0	0 ⁺	M1 ^f			Measured M1(+E2) multipolarity. Level scheme requires M1.
1866.6		462.0 [@] 5	100	1404.56	4 ⁻				
1878?	(5 ^{+,6⁺,7⁺)}	1281 ^{@n} 1	100	596.82	6 ⁺	(M1+E2) ^g			
1902.28	(3 ⁻ ,4 ⁻ ,5 ⁻)	1306.8 ^{&} 2	100 ^{&}	596.82	6 ⁺	E1,E2 ^g			

Adopted Levels, Gammas (continued)

 $\gamma(^{176}\text{Hf})$ (continued)

E _i (level)	J _i ^π	E _γ [†]	I _γ [†]	E _f	J _f ^π	Mult.	α^i
1902.28	(3 ⁻ ,4 ⁻ ,5 ⁻)	1614.2 & _n 3	77 &	290.18	4 ⁺	(E1) ^g	
1912.02	2 ⁺	125.4 10	\leq 4.8	1786.11			
		207.5	\leq 1.8	1704.60	(2 ⁺)		
		239.62 6	12.0 10	1672.34	(1) ⁺	M1 ^f	0.352
		466.16 7	24.7 20	1445.79	3 ⁺	M1 ^f	0.0593
		532.54 11	5.4 8	1379.38	2 ⁺		
		570.76 ^l 10	<10 ^l	1341.31	2 ⁺		
		598.6 2	0.55 10	1313.31	3 ⁻		
		685.55 8	2.64 21	1226.63	2 ⁺	M1 ^f	0.0221
		1621.87 ^m 10	5 ^m 2	290.18	4 ⁺		
		1823.70 15	100 8	88.349	2 ⁺	M1 ^f	
		1911.6 3	0.29 6	0.0	0 ⁺		
1914.13	(9 ⁺)	214.22 & 4	83 &	1699.92	(8 ⁺)	(M1+E2) ^g	0.35 13
		408.3 & 2	100 &	1505.81	7 ⁺		
1924.56	(2,3) ⁻	131.0 ^l 15	<1.7 ^l	1793.61			
		346.9 2	8.9 7	1577.61	(3 ⁺)		
		519.7 2	26 2	1404.56	4 ⁻		
		583.5 2	1.03 17	1341.31	2 ⁺		
		611.16 8	100 8	1313.31	3 ⁻	M1 ^f	0.0296
		677.09 ^l 8	<25.2 ^l	1247.70	2 ⁻		
		1836.34 16	17.1 13	88.349	2 ⁺	(E1) ^f	
1926.68	(7 ⁺)	420.86 & 8	100 &	1505.81	7 ⁺	(M1) ^g	0.0775
		594 & 1	23 &	1333.07	6 ⁺		
1930.78	(8 ⁻)	132.80 & 7	11.4 &	1797.99	(7) ⁻		
		424.96 ^l 6	100 &	1505.81	7 ⁺	(E1) ^g	
1932.7	(8) ⁺	934.8 & 5	55 &	997.73	8 ⁺	E0+E2(+M1) ^g	^j
		1335.9 & 4	100 &	596.82	6 ⁺	(E2) ^g	
1944.48	(6 ⁺)	268.61 & 12	15 &	1675.96	(4 ⁺)		
		1347.4 & 2	100 &	596.82	6 ⁺	(M1+E2) ^g	
1949.71		131.0 ^l 15	<8.3 ^l	1818.92	(0) ⁻		
		636.6 ^l 1	<19.8 ^l	1313.31	3 ⁻		
		701.96 9	27.1 22	1247.70	2 ⁻		
		723.10 8	50 4	1226.63	2 ⁺		
		1861.15 25	100 25	88.349	2 ⁺		
		1949.80 17	50 10	0.0	0 ⁺		

Adopted Levels, Gammas (continued)

 $\gamma(^{176}\text{Hf})$ (continued)

E_i (level)	J_i^π	E_γ^\dagger	I_γ^\dagger	E_f	J_f^π	Mult.	δ^k	α^i	Comments
1958.18	2 ⁻	236.19 7 380.48 20 512.3 2 553.5 2 579.08 15 616.79 8 644.86 8 710.50 8 1869.78 16	1.5 1 2.4 2 7.4 7 0.40 6 1.10 9 19 2 18 1 100 8 1.5 1	1722.05 1577.61 (3 ⁺) 1445.79 3 ⁺ 1404.56 4 ⁻ 1379.38 2 ⁺ 1341.31 2 ⁺ 1313.31 3 ⁻ 1247.70 2 ⁻ 88.349 2 ⁺	1 ⁻ 	M1(+E2) ^f E1(+M2) ^f	0.87	0.281 0.18 18	
1964.2	(5,6,7) ⁻	311.1 @ 3	100	1653.11 (6) ⁻		M1 ^g		0.173	
1977.0?		191.6 @ ⁿ 5	100	1785.09 9 ⁻					
1978.0	(1)	1978#	100	0.0 0 ⁺					
1992.70	(8) ⁻	339.59 @ 8	100	1653.11 (6) ⁻		E2 ^g		0.0554	
2014.27	(9) ⁻	155.0 ^{l&} 5 229.15 ^{&} 7 455.1 ^{&} 2	<14 ^{l&} 100 ^{&} 60 ^{l&}	1860.08 (8) ⁻ 1785.09 9 ⁻ 1559.31 8 ⁻		(M1) ^g		0.397	
2023.92	(+)	1427.1 @ 2	100	596.82 6 ⁺		(M1+E2) ^g			
2031.05	10 ⁻	245.97 ^{&} 4 471.6 ^{&} 2	100 ^{&} 13 ^{&}	1785.09 9 ⁻ 1559.31 8 ⁻		(M1) ^g		0.327	
2034.66	(12 ⁺)	553.6 ^{&} 1	100 ^{&}	1481.06 10 ⁺					
2044.78	(1 ⁺)	401.44 20 1956.48 15 2044.87 15	1.44 16 64 4 100 8	1643.43 1 ⁻ 88.349 2 ⁺ 0.0 0 ⁺		(M1,E2) ^f (M1,E2) ^f			I_γ : 58 7 in (γ, γ') deduced from R_{exp} .
2048.48	(2,3,4) ⁻	146.28 ^{&} 5 265.15 ^{&} 7 337.23 ^{&} 8	39 ^{&} 65 ^{&} 100 ^{&}	1902.28 (3 ⁻ ,4 ⁻ ,5 ⁻) 1783.79 (7) ⁻ 1710.44 (3 ⁻)		(M1+E2) ^g			
2066.25	(1,2,3) ⁺	361.76 20 474.64 ^l 8 1977.85 15 2066.28 16	3.9 6 10.0 ^l 6 100 6 \leq 8.1	1704.60 (2 ⁺) 1591.51 (4 ⁺) 88.349 2 ⁺ 0.0 0 ⁺		(M1+E2) ^g		0.10 5	
2085.68	(9 ⁻)	155.0 ^{l&} 5 287.69 ^{&} 2 386.3 ^{&} 6	\leq 91 ^{l&} \leq 182 ^{&} 100 ^{&}	1930.78 (8 ⁻) 1797.99 (7) ⁻ 1699.92 (8 ⁺)					
2085.83	(5,6,7) ⁺	1088.1 ^{&} 2	45 ^{&}	997.73 8 ⁺					

Adopted Levels, Gammas (continued)

 $\gamma(^{176}\text{Hf})$ (continued)

E _i (level)	J _i ^π	E _γ [†]	I _γ [†]	E _f	J _f ^π	Mult.	a ⁱ	Comments
2085.83	(5,6,7) ⁺	1489.0 & 5	100 &	596.82	6 ⁺	M1+E2 ^g		
2096.8	(5,6,7) ⁺	1100 & 1	30 &	997.73	8 ⁺			
		1499.8 & 5	100 &	596.82	6 ⁺	(M1) ^g		
2106.5	(7) ⁺	1108.7 & 5	42 &	997.73	8 ⁺	^g		Mult.: E1,E2 in ($\alpha,2n\gamma$). Level scheme requires (M1+E2).
		1509.7 & 8	100 &	596.82	6 ⁺	(M1+E2) ^g		
2112.89	(8 ⁺)	412.9 & 2	100 &	1699.92	(8 ⁺)			
		607.5 & 5	87 &	1505.81	7 ⁺			
2116.8	(7 ⁺)	1520.0 @ 3	100	596.82	6 ⁺			Mult.: E1 deduced in ($\alpha,2n\gamma$) is not consistent with J ^π =(7 ⁺) for 2116.8 level.
2136.42	(9) ⁻	352.4 & 3	≈18 &	1783.79	(7) ⁻			
		655.3 & 5	≈14 &	1481.06	10 ⁺			
		1139.4 & 5	100 & 20	997.73	8 ⁺	E1 ^g		
2147.62	(10 ⁺)	233.54 & 10	40 &	1914.13	(9 ⁺)	(M1+E2) ^g	0.28 11	
		447.66 & 9	100 &	1699.92	(8 ⁺)	(E2) ^g	0.0258	
2160.5		196.3 @ 5	100	1964.2	(5,6,7) ⁻			
2172.9?		667.1 <i>n</i> 5	100	1505.81	7 ⁺			
2173.8	(7 ⁺)	1577.0 @ 8	100	596.82	6 ⁺			
2194.02	(10 ⁻)	163.0 & 2	20 &	2031.05	10 ⁻	(M1+E2) ^g	0.81 22	
		180 & 1	12.0 &	2014.27	(9) ⁻			
		334.3 & 5	20 &	1860.08	(8) ⁻			
		408.7 & 3	100 &	1785.09	9 ⁻	(M1) ^g	0.084	
2258.7	(6 ⁻ ,7 ⁻ ,8 ⁻)	460.7 @ 5	100	1797.99	(7) ⁻	(M1) ^g	0.0612	
2261.55	(10 ⁻)	330.77 @ 8	100	1930.78	(8 ⁻)	(E2) ^g	0.0598	
2265.27	(2) ⁻	315.50 15	10.7 14	1949.71				
		467.4 @ <i>n</i> 3		1797.99	(7) ⁻			
		479.14 10	3.9 5	1786.11				
		543.18 11	10.7 7	1722.05	1 ⁻			
		555.2 2	1.9 4	1710.44	(3 ⁻)			
		819.49 10	34 3	1445.79	3 ⁺			
		861 <i>l</i> 1	≤5.4 <i>l</i>	1404.56	4 ⁻			
		923.94 8	100 7	1341.31	2 ⁺	E1 ^f		
		951.86 10	9.3 14	1313.31	3 ⁻			
		1017.58 11	15.7 21	1247.70	2 ⁻			
2280.83	(2)	2192.33 20	100 8	88.349	2 ⁺			
		2280.6 2	79 6	0.0	0 ⁺			I _γ : 69 25 in (γ,γ') deduced from R _{exp} .

Adopted Levels, Gammas (continued) **$\gamma(^{176}\text{Hf})$ (continued)**

E _i (level)	J _i ^π	E _γ [†]	I _γ [†]	E _f	J _f ^π	Mult.	δ ^k	a ⁱ	Comments
2284.8	(8 ⁺)	1287.1 <i>m@</i> 5	100 <i>me</i>	997.73	8 ⁺				
2293.85	11 ⁻	100 ^a	0.9 ^a	2194.02	(10 ⁻)				
		262.78 & 6	100 ^{&}	2031.05	10 ⁻	(M1) ^g		0.273	
		508.9 & 5	39 ^{&}	1785.09	9 ⁻				
2294.8	(10) ⁺	361.9 & 8	20 ^{&}	1932.7	(8) ⁺				
		813.8 & 3	60 ^{&}	1481.06	10 ⁺	E0+E2(+M1) ^g		<i>j</i>	
		1297.2 & 8	100 ^{&}	997.73	8 ⁺				
2304.7	(8 ⁺)	1307.0 <i>@</i> 8	100	997.73	8 ⁺	<i>g</i>			Mult.: Reported (E1,E2) in ($\alpha,2n\gamma$). Level scheme requires (E2).
2307.76		450.94 13	5.7 9	1856.99	(2) ⁻				
		540.27 13	20 4	1767.52	2 ⁻ ,3 ⁻				
		994.46 ^l 12	$\leq 18.5^l$	1313.31	3 ⁻				
		2219.49 20	100 8	88.349	2 ⁺				
		2307.7 2	69 6	0.0	0 ⁺				
2308.34	1 ⁻ ,2 ⁻ ,3 ⁻	350.18 20	63 5	1958.18	2 ⁻	M1(+E2) ^f	0.56	0.108	
		358.72 20	75 6	1949.71					
		383.6 2	40 4	1924.56	(2,3) ⁻				
		445.52 ^l 8	<42 ^l	1862.80	1 ⁺				
		665.01 12	46 13	1643.43	1 ⁻				
		730.7 1	25 3	1577.61	(3 ⁺)				
		967.06 9	100 13	1341.31	2 ⁺				
2318.7	(9 ⁺)	404.7 & 6	80 ^{&}	1914.13	(9 ⁺)				
		618.5 & 8	100 ^{&}	1699.92	(8 ⁺)				
2361.0	(1)	2361 <i>#@</i>	100	0.0	0 ⁺				
2398.97	(11 ⁺)	251.36 & 10	53 ^{&}	2147.62	(10 ⁺)				
		484.8 & 2	100 ^{&}	1914.13	(9 ⁺)				
2399.01	(11 ⁻)	105.0 & 2	25 ^{&}	2293.85	11 ⁻				
		368.1 & 2	100 ^{&}	2031.05	10 ⁻				
		385.1 ^a	9.9 ^a	2014.27	(9) ⁻				
2405.35	1	480.83 9	5.9 8	1924.56	(2,3) ⁻				
		551.4 2	3.8 7	1853.96	(3 ⁺ ,4 ⁺ ,5 ⁺)				
		1178.5 2	7.7 13	1226.63	2 ⁺				
		2317.0 2	51 4	88.349	2 ⁺				
		2405.2 2	100 8	0.0	0 ⁺				
2432.34	-	507.79 15	100 8	1924.56	(2,3) ⁻	M1 ^f		0.0477	
		638.83 8	13.9 11	1793.61					

Adopted Levels, Gammas (continued)

 $\gamma(^{176}\text{Hf})$ (continued)

E _i (level)	J _i ^π	E _γ [†]	I _γ [†]	E _f	J _f ^π	Mult.	α ⁱ	Comments
2432.34	-	647.0 @ ⁿ 8		1785.09	9 ⁻			
		1052.7 2	3.7 4	1379.38	2 ⁺			
		1090.94 13	5.2 7	1341.31	2 ⁺			
		1184.55 13	7.5 11	1247.70	2 ⁻			
2446.9		1448.0 @ ⁿ 6	100	997.73	8 ⁺			
2452.47		861.0 ^l 1	<104 ^l	1591.51	(4 ⁺)			
		2162.1 2	100 11	290.18	4 ⁺			
2470.84	2 ⁻	521.3 1	8 4	1949.71				
		546.53 10	15.6 13	1924.56	(2,3) ⁻	(M1) ^f	0.0395	
		677.09 ^l 8	<9.4 ^l	1793.61				
		760.4 2	0.49 8	1710.44	(3 ⁻)			
		798.5 2	1.38 24	1672.34	(1) ⁺			
		893.3 2	0.76 19	1577.61	(3 ⁺)			
		1066.20 9	18.9 15	1404.56	4 ⁻			
		1157.41 10	100 8	1313.31	3 ⁻	M1 ^f		
		1222.95 10	59 5	1247.70	2 ⁻	E2+M1+E0 ^f	0.042	α: experimental value from ¹⁷⁶ Ta ε decay.
2482.87	(1)	533.23 16	52 17	1949.71				
		570.76 ^l 10	<370 ^l	1912.02	2 ⁺			
		626.1 2	13 2	1856.99	(2) ⁻			
		664.07 10	70 9	1818.92	(0) ⁻			
		1333.1 2	30 8	1149.94	0 ⁺			
		2394.6 2	100 8	88.349	2 ⁺			
		2482.8 2	70 6	0.0	0 ⁺			
2514.0	1 ⁽⁺⁾	2425.6 ^c	33 ^c 8	88.349	2 ⁺			
		2514 ^c	100 ^c	0.0	0 ⁺			
2530.0	1	2441.6 ^c	84 ^c 19	88.349	2 ⁺			
		2530 ^c	100 ^c	0.0	0 ⁺			
2540.9?	(10 ⁺)	626.8 @ ⁿ 5	100	1914.13	(9 ⁺)			I _γ : complex.
2548.0	1	2459.6 ^c	100 ^c 24	88.349	2 ⁺			
		2548 ^c	88 ^c	0.0	0 ⁺			
2563.54	12 ⁻	164.3 ^a	16 ^a	2399.01	(11 ⁻)			
		269.64& 18	100&	2293.85	11 ⁻			
		369.9 ^a	8.5 ^a	2194.02	(10 ⁻)			
		533.1& 7	91&	2031.05	10 ⁻			
2568.45		537.4& 2	100&	2031.05	10 ⁻			
		554.3& 5	100&	2014.27	(9) ⁻			
		783& 1	57&	1785.09	9 ⁻			
2602.16		196.82 14	3.7 10	2405.35	1			

Adopted Levels, Gammas (continued)

 $\gamma(^{176}\text{Hf})$ (continued)

E _i (level)	J _i ^π	E _γ [†]	I _γ [†]	E _f	J _f ^π	Mult.	α ⁱ	Comments
2602.16		2513.82 20	100 8	88.349	2 ⁺			
		2602.15 20	52 6	0.0	0 ⁺			
2638.1	(12 ⁻)	238.8 ^a	5.3 ^a	2399.01	(11 ⁻)			
		344.3 [@] 5	100	2293.85	11 ⁻			
		444.4 ^a	14.9 ^a	2194.02	(10 ⁻)			
		607.1 ^a	18.4 ^a	2031.05	10 ⁻			
2646.6	(14 ⁺)	611.9 [@] 3	100	2034.66	(12 ⁺)			
2690.0	1	2601.6 ^c	94 ^c 14	88.349	2 ⁺			
		2690 ^c	100 ^c	0.0	0 ⁺			
2722.0	1 ⁽⁺⁾	2633.6 ^c	41 ^c 5	88.349	2 ⁺			
		2722 ^c	100 ^c	0.0	0 ⁺			
2762.51		454.63 9	9.4 15	2307.76				
		1612.63 12	94 8	1149.94	0 ⁺			
		2674.2 2	100 8	88.349	2 ⁺			
		2762.8 2	26 4	0.0	0 ⁺			
2791.62		386.1 2	6.7 7	2405.35	1			
		833.5 ^l 1	<20.9 ^l	1958.18	2 ⁻			
		841.5 2	12 3	1949.71				
		1148.3 2	12.7 22	1643.43	1 ⁻			
		1346.08 25	19 4	1445.79	3 ⁺			
		1450.4 1	100 8	1341.31	2 ⁺			
		1543.73 15	70 6	1247.70	2 ⁻			
2817.55	(2) ⁺	960.77 12	10.0 14	1856.99	(2) ⁻			
		1112.9 2	6.7 7	1704.60	(2 ⁺)			
		1174.17 10	27.1 22	1643.43	1 ⁻			
		1239.86 ^l 12	<15.0 ^l	1577.61	(3 ⁺)			
		1371.75 12	20.0 16	1445.79	3 ⁺			
		1412.84 ^l 11	<15.0 ^l	1404.56	4 ⁻			
		1438.1 3	3.9 9	1379.38	2 ⁺			
		1476.18 10	63 5	1341.31	2 ⁺	E2 ^f		
		1504.24 10	100 14	1313.31	3 ⁻			
2827.0	13 ⁻	189.0 ^a calc	18.2 ^a	2638.1	(12 ⁻)			
		263.4 ^a calc	7.2 ^a	2563.54	12 ⁻			
		427.7 ^a calc	33 ^a	2399.01	(11 ⁻)			
		533.1 ^a 7	100 ^a	2293.85	11 ⁻			
2831.0	1	2831 [#]		0.0	0 ⁺			
2865.8	14 ⁻	38.7 ^a	11.4 ^a	2827.0	13 ⁻	(M1) ^h		B(M1)(W.u.)=6.1×10 ⁻⁸ 6
		227.9 ^a	22.2 ^a	2638.1	(12 ⁻)	(E2) ^h	0.189	B(E2)(W.u.)=4.97×10 ⁻⁶ 18

Adopted Levels, Gammas (continued)

 $\gamma(^{176}\text{Hf})$ (continued)

E _i (level)	J _i ^π	E _γ [†]	I _γ [†]	E _f	J _f ^π	Mult.	a ⁱ	Comments
2865.8	14 ⁻	302.2 ^a	100 ^a	2563.54	12 ⁻	(E2) ^h	0.0781	B(E2)(W.u.)=5.33×10 ⁻⁷ I7
2878.21		833.5 ^l 1	≤18.4 ^l	2044.78	(1 ⁺)			
		1021.0 5	9 4	1856.99	(2) ⁻			
		1432.56 11	21.1 17	1445.79	3 ⁺			
		1536.62 11	93 8	1341.31	2 ⁺			
		1564.95 11	100 8	1313.31	3 ⁻			
2885.52	1 ⁽⁺⁾	577.3 1	31 3	2308.34	1 ⁻ ,2 ⁻ ,3 ⁻			
		604.6 ^l 1	≤17.8 ^l	2280.83	(2)			
		1213.20 11	100 8	1672.34	(1) ⁺			
		1637.60 18	56 11	1247.70	2 ⁻			
		2797.14 20	44 4	88.349	2 ⁺			
		2885.55 22	74 6	0.0	0 ⁺			I _γ : 72 13 in (γ, γ') deduced from R _{exp} .
2905.67		303.55 15	32 3	2602.16				
		434.85 10	68 7	2470.84	2 ⁻			
		839.25 11	100 15	2066.25	(1,2,3) ⁺			
		861.0 ^l 1	<58 ^l	2044.78	(1 ⁺)			
		981.0 3	71 27	1924.56	(2,3) ⁻			
		2817.0 4	65 9	88.349	2 ⁺			
		2905.7 4	31 5	0.0	0 ⁺			
2912.26	(0) ⁻	604.6 ^l 1	<0.57 ^l	2307.76				
		867.4 1	0.75 10	2044.78	(1 ⁺)			
		962.74 ^l 14	<1.19 ^l	1949.71				
		1190.22 10	100 8	1722.05	1 ⁻	M1 ^f		
		1239.86 ^l 12	<2.50 ^l	1672.34	(1) ⁺			
		1268.78 10	29.3 23	1643.43	1 ⁻	M1 ^f		Measured E2+M1 multipolarity. Level scheme requires M1.
		2823.6 4	1.19 24	88.349	2 ⁺			
2920.26	1 ⁻	1198.15 11	1.49 25	1722.05	1 ⁻			
		1540.82 11	8.1 6	1379.38	2 ⁺			
		1693.7 2	11.9 9	1226.63	2 ⁺			
		2832.0 2	100 8	88.349	2 ⁺	E1 ^f		
		2920.41 20	50 4	0.0	0 ⁺	E1 ^f		
2921.03	1 ^{+,2⁺}	318.8 3	2.5 5	2602.16				
		962.74 ^l 14	≤12.0 ^l	1958.18	2 ⁻			
		1064.03 12	19.3 24	1856.99	(2) ⁻			
		1579.9 2	63 6	1341.31	2 ⁺	M1+E2 ^f		
		1673.40 16	100 24	1247.70	2 ⁻			
2940.0	1 ⁽⁺⁾	2851.6 ^c	37 ^c 6	88.349	2 ⁺			
		2940 ^c	100 ^c	0.0	0 ⁺			

Adopted Levels, Gammas (continued)

 $\gamma(^{176}\text{Hf})$ (continued)

E_i (level)	J^π_i	E_γ^\dagger	I_γ^\dagger	E_f	J^π_f	Mult.	a^i	Comments
2944.17	2 ⁻	461.41 8	1.28 23	2482.87	(1)			
		473.21 7	5.9 5	2470.84	2 ⁻			
		636.6 ^b 1	<1.10 ^b	2307.76				
		678.85 8	4.4 4	2265.27	(2) ⁻	M1 ^f	0.0226	
		994.46 ^b 12	<1.17 ^b	1949.71				
		1366.49 11	4.7 4	1577.61	(3) ⁺			
		1630.83 10	38 3	1313.31	3 ⁻	M1 ^f		
		1696.55 13	100 8	1247.70	2 ⁻	M1 ^f		
		2856.1 5	0.26 10	88.349	2 ⁺			
		660.67 8	33 3	2308.34	1 ⁻ ,2 ⁻ ,3 ⁻			
2969.07	(2) ⁻	1011.1 3	9 3	1958.18	2 ⁻			
		1115.0 ^m 9	<137 ^m	1853.96	(3 ⁺ ,4 ⁺ ,5 ⁺)			
		1201.48 10	100 7	1767.52	2 ⁻ ,3 ⁻			
19		1258.75 11	52 7	1710.44	(3 ⁻)			
		1325.67 13	22 3	1643.43	1 ⁻			
		1721.3		1247.70	2 ⁻			
		2994.0	1 ⁽⁺⁾	62 ^c 11	88.349 2 ⁺			
3044.0	1 ⁽⁻⁾	2994 ^c		100 ^c	0.0 0 ⁺			
		3059.0	1 ⁽⁺⁾	100 ^c 15	88.349 2 ⁺			
		3044 ^c		46 ^c	0.0 0 ⁺			
3080.2	15 ⁺	3059 [#]	100		0.0 0 ⁺			
		214.4 ^b	100	2865.8	14 ⁻	E1 ^h	0.0496	B(E1)(W.u.)=0.00010 +5-7
3098.0	(1)	3098 [#]	100		0.0 0 ⁺			
		3018.6 ^c	49 ^c 8	88.349	2 ⁺			
3107.0	1 ⁽⁺⁾	3107 ^c	100 ^c		0.0 0 ⁺			
		3115.0	1 ⁽⁻⁾	100 ^c 12	88.349 2 ⁺			
		3026.6 ^c		56 ^c	0.0 0 ⁺			
3159.0	1 ⁽⁺⁾	3070.6 ^c	51 ^c 8	88.349	2 ⁺			
		3159 ^c	100 ^c		0.0 0 ⁺			
3160.5	15 ⁻	294.7 ^b	100	2865.8	14 ⁻	(M1+E2) ^b	0.14 6	
		3200.0	1	3200 [#]	100			
3218.0	1	3218 [#]	100		0.0 0 ⁺			
		3133.6 ^c	61 ^c 17	88.349	2 ⁺			
3222.0	1 ⁽⁺⁾	3222 ^c	100 ^c		0.0 0 ⁺			
		3143.6 ^c	59 ^c 16	88.349	2 ⁺			

Adopted Levels, Gammas (continued)

 $\gamma(^{176}\text{Hf})$ (continued)

$E_i(\text{level})$	J_i^π	E_γ^\dagger	I_γ^\dagger	E_f	J_f^π	Mult.	a^i
3232.0	$1^{(+)}$	3232 ^c	100 ^c	0.0	0^+		
3261.0	$1^{(+)}$	3172.6 ^c	71 ^c 8	88.349	2^+		
		3261 ^c	100 ^c	0.0	0^+		
3266.2	16^+	186.0 ^b	100	3080.2	15^+	M1 ^h	0.708
3306.0	(1)	3306 [#]	100	0.0	0^+		
3307.7	(16^+)	661.1 ^b	100	2646.6	(14^+)	E2 ^h	0.0100
3322.0	1	3322 [#]	100	0.0	0^+		
3343.0	1	3254.6 ^c	100 ^c 20	88.349	2^+		
		3343 ^c	98 ^c	0.0	0^+		
3361.0	$1^{(-)}$	3272.6 ^c	100 ^c 16	88.349	2^+		
		3361 ^c	54 ^c	0.0	0^+		
3372.0	$1^{(-)}$	3283.6 ^c	100 ^c 21	88.349	2^+		
		3372 ^c	61 ^c	0.0	0^+		
3385.0	1	3296.6 ^c	74 ^c 18	88.349	2^+		
		3385 ^c	100 ^c	0.0	0^+		
3406.0	(1)	3406 [#]	100	0.0	0^+		
3438.0	1	3438 [#]	100	0.0	0^+		
3454.0	1	3454 [#]	100	0.0	0^+		
3467.4	16^-	307.0 ^b		3160.5	15^-		
		601.6 ^b		2865.8	14^-		
3485.0	1	3396.6 ^c	100 ^c 22	88.349	2^+		
		3485 ^c	77 ^c	0.0	0^+		
3490.0	1	3490 [#]	100	0.0	0^+		
3519.0	(1)	3519 [#]	100	0.0	0^+		
3540.1	17^+	274.0 ^b	100	3266.2	16^+	M1+E2 ^h	0.17 7
3550.0	$1^{(+)}$	3461.6 ^c	44 ^c 7	88.349	2^+		
		3550 ^c	100 ^c	0.0	0^+		
3580.0	(1)	3580 [#]	100	0.0	0^+		
3602.0	1	3513.6 ^c	71 ^c 18	88.349	2^+		
		3602 ^c	100 ^c	0.0	0^+		
3608.0	1	3608 [#]	100	0.0	0^+		
3627.0	$1^{(+)}$	3538.6 ^c	57 ^c 14	88.349	2^+		
		3627 ^c	100 ^c	0.0	0^+		
3662.0	$1^{(+)}$	3573.6 ^c	30 ^c 6	88.349	2^+		
		3662 ^c	100 ^c	0.0	0^+		
3671.0	$1^{(+)}$	3582.6 ^c	41 ^c 9	88.349	2^+		

Adopted Levels, Gammas (continued) **$\gamma(^{176}\text{Hf})$ (continued)**

E _i (level)	J _i ^π	E _γ [†]	I _γ [†]	E _f	J _f ^π	Mult.	a ⁱ
3671.0	1 ⁽⁺⁾	3671 ^c	100 ^c	0.0	0 ⁺		
3689.0	(1)	3689 [#]	100	0.0	0 ⁺		
3695.0	(2)	3695 [#]		0.0	0 ⁺		
3722.0	(1)	3722 [#]	100	0.0	0 ⁺		
3746.0	1	3657.6 ^c	78 ^c 21	88.349	2 ⁺		
		3746 ^c	100 ^c	0.0	0 ⁺		
3767.0	1 ⁽⁺⁾	3678.6 ^c	55 ^c 9	88.349	2 ⁺		
		3767 ^c	100 ^c	0.0	0 ⁺		
3774.0	1	3774 [#]	100	0.0	0 ⁺		
3787.1	17 ⁻	319.7 ^b		3467.4	16 ⁻	(M1+E2) ^h	0.11 5
		626.6 ^b		3160.5	15 ⁻		
3805.0	1 ⁽⁺⁾	3716.6 ^c	48 ^c 11	88.349	2 ⁺		
		3805 ^c	100 ^c	0.0	0 ⁺		
3816.0	1 ⁽⁺⁾	3727.6 ^c	36 ^c 7	88.349	2 ⁺		
		3816 ^c	100 ^c	0.0	0 ⁺		
3824.0	(1)	3824 [#]	100	0.0	0 ⁺		
3838.0	1 ⁽⁻⁾	3749.6 ^c	100 ^c 21	88.349	2 ⁺		
		3838 ^c	66.6 ^c	0.0	0 ⁺		
3844.0	(1)	3844 [#]	100	0.0	0 ⁺		
3847.4	18 ⁺	307.2 ^b		3540.1	17 ⁺	(M1+E2) ^h	0.13 6
		581.2 ^b		3266.2	16 ⁺		
3856.0	(1)	3856 [#]	100	0.0	0 ⁺		
3916.0	(1)	3916 [#]	100	0.0	0 ⁺		
4010.5	(18 ⁺)	702.8 ^b	100	3307.7	(16 ⁺)	E2 ^h	
4120.3	18 ⁻	333.2 ^b		3787.1	17 ⁻	(M1+E2) ^h	0.10 5
		653.0 ^{bn}		3467.4	16 ⁻		
4179.3	19 ⁺	331.8 ^b		3847.4	18 ⁺	(M1+E2) ^h	0.10 5
		639.2 ^b		3540.1	17 ⁺		
4376.6	(19) ⁺	529.1 ^b		3847.4	18 ⁺	(M1) ^h	0.0429
		836.5 ^b		3540.1	17 ⁺		
4466.6	(19 ⁻)	346.4 ^b		4120.3	18 ⁻		
		679.7 ^{bn}		3787.1	17 ⁻		
4532.2	20 ⁺	352.9 ^b	100	4179.3	19 ⁺		
4766.4	(20) ⁻	389.8 ^b	100	4376.6	(19) ⁺	E1 ^h	0.0115

Adopted Levels, Gammas (continued) $\gamma(^{176}\text{Hf})$ (continued)

E _i (level)	J _i ^π	E _γ [†]	I _γ [†]	E _f	J _f ^π	Mult.	a ⁱ	Comments
4826.4	(20 ⁻)	360.0 ^b	100	4466.6 (19 ⁻)				
		706 ^d		4120.3 18 ⁻				I _γ : not reported. B(E2)(W.u.)=1.44 20
4863.5	(22) ⁻	37 ^d	100	4826.4 (20 ⁻)	[E2]			I _γ : From (⁴⁸ Ca,2n γ) [2001Ch89].
		97.1 ^b	25	4766.4 (20) ⁻	E2 ^h	4.02		B(E2)(W.u.)=0.00289 17
								I _γ : From (⁴⁸ Ca,2n γ) [2001Ch89].

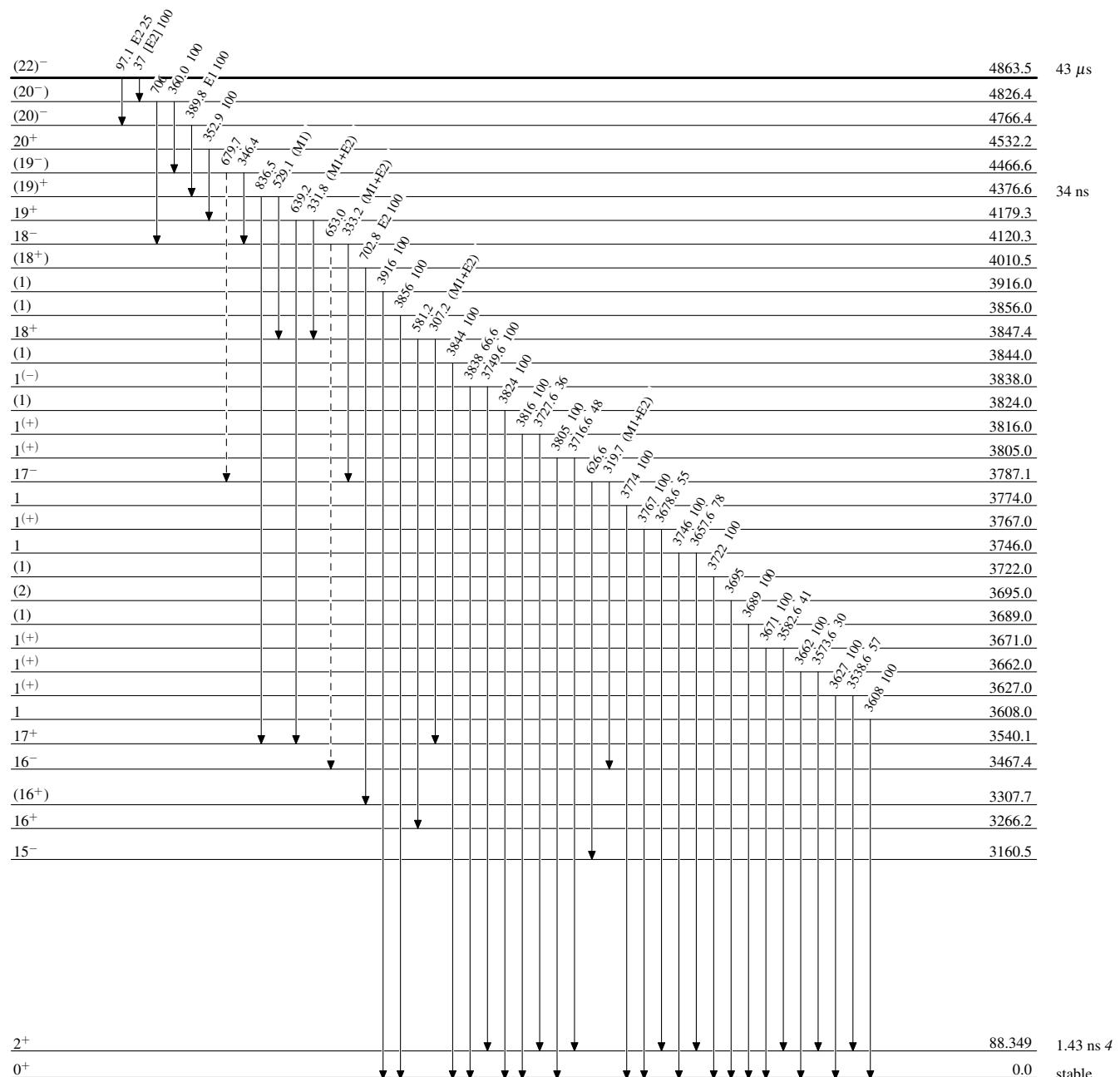
[†] From ¹⁷⁶Ta ε decay, except otherwise noted.[‡] Weighted averages from ¹⁷⁶Ta ε decay and ¹⁷⁴Yb(α ,2n γ).[#] From ¹⁷⁶Hf(γ , γ').[@] From ¹⁷⁴Yb(α ,2n γ).[&] From ¹⁷⁴Yb(α ,2n γ).^a From ¹⁷⁶Yb(α ,4n γ).^b From ¹⁷⁶Yb(α ,4n γ).^c From ¹⁷⁶Hf(γ , γ'), I_γ deduced from R_{exp}.^d From ¹³⁰Te(⁴⁸Ca,2n γ).^e Doublet in ¹⁷⁴Yb(α ,2n γ). I_γ from ¹⁷⁶Ta ε decay suggests that most of the intensity deexcites the 1577 level.^f From conversion electron data measured in ¹⁷⁶Ta ε decay.^g From conversion electron data measured in ¹⁷⁴Yb(α ,2n γ).^h From directly measured conversion electron data, conversion coefficients deduced from transition intensity balances, and $\gamma(\theta)$ in ¹⁷⁶Yb(α ,4n γ).ⁱ Conversion coefficients for γ -rays with mixed multipolarities and no δ given are average values for the individual multipolarities, unless otherwise specified.^j Experimental value from ¹⁷⁴Yb(α ,2n γ).^k Estimated by evaluator from the deduced $\alpha(K)\exp$ in ¹⁷⁶Ta ε decay.^l Multiply placed with undivided intensity.^m Multiply placed with intensity suitably divided.ⁿ Placement of transition in the level scheme is uncertain.

Adopted Levels, Gammas

Legend

Level Scheme

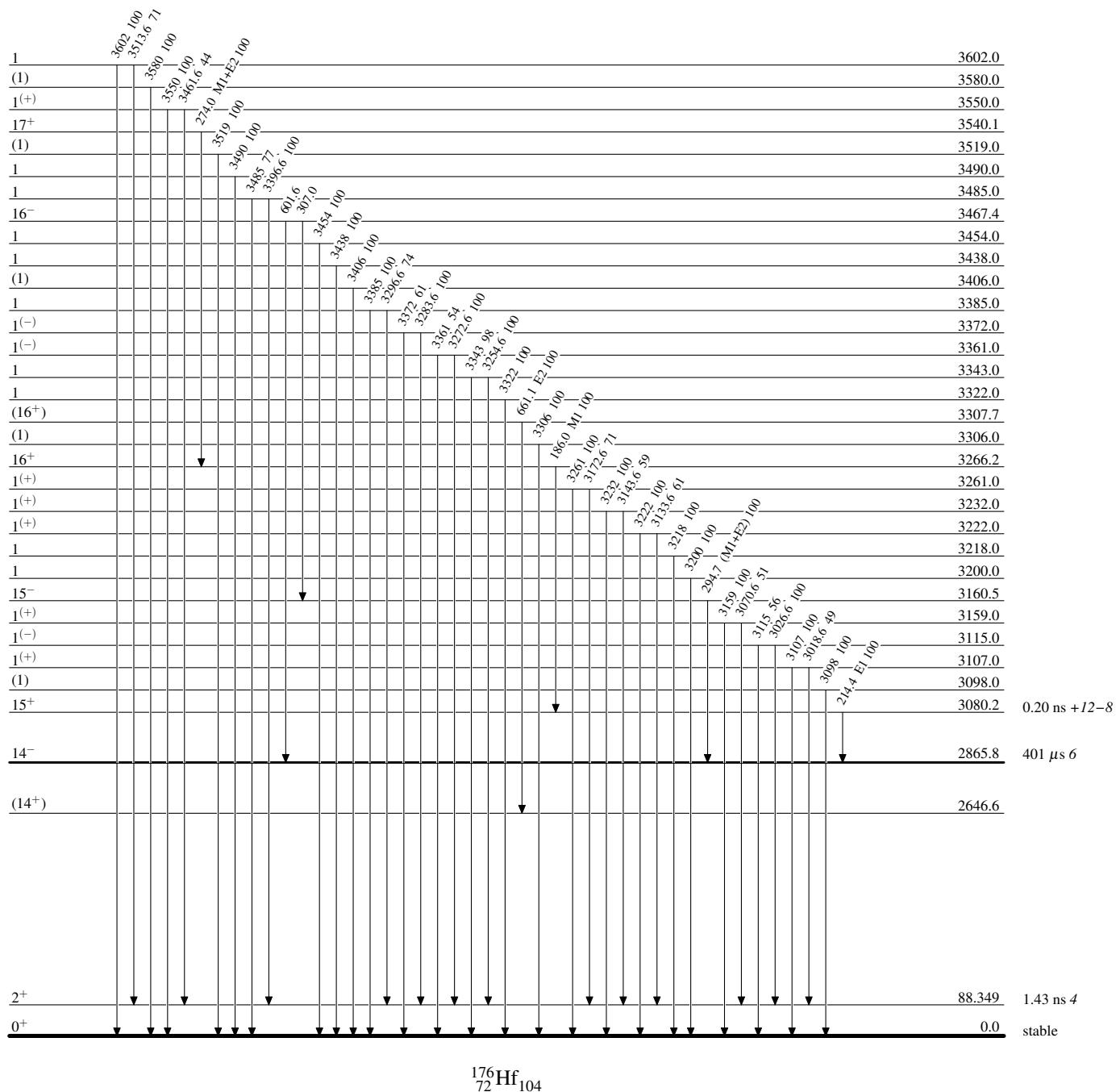
Intensities: Relative photon branching from each level

- - - - - ► γ Decay (Uncertain)

Adopted Levels, Gammas

Level Scheme (continued)

Intensities: Relative photon branching from each level

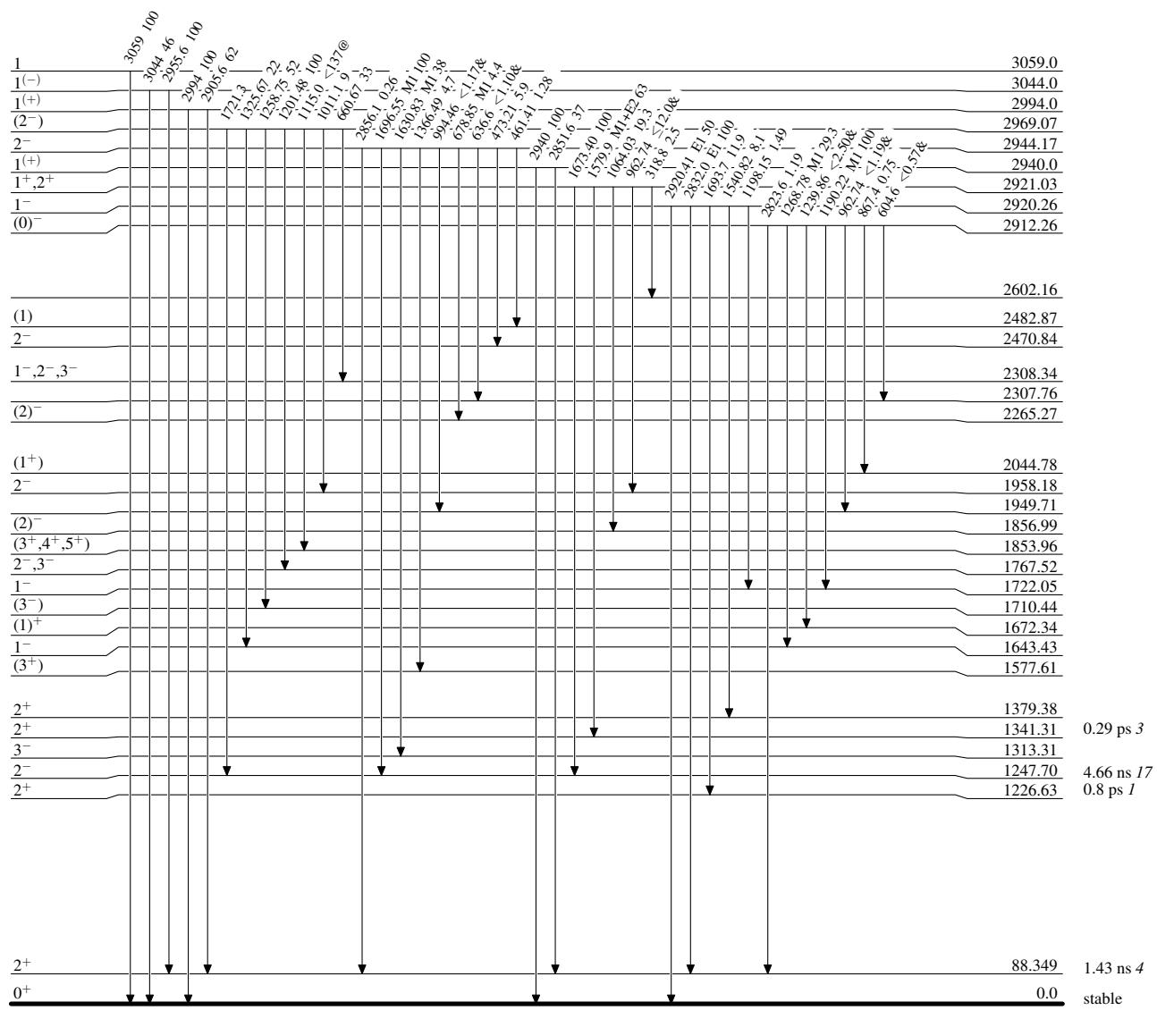


Adopted Levels, Gammas**Level Scheme (continued)**

Intensities: Relative photon branching from each level

& Multiply placed: undivided intensity given

@ Multiply placed: intensity suitably divided

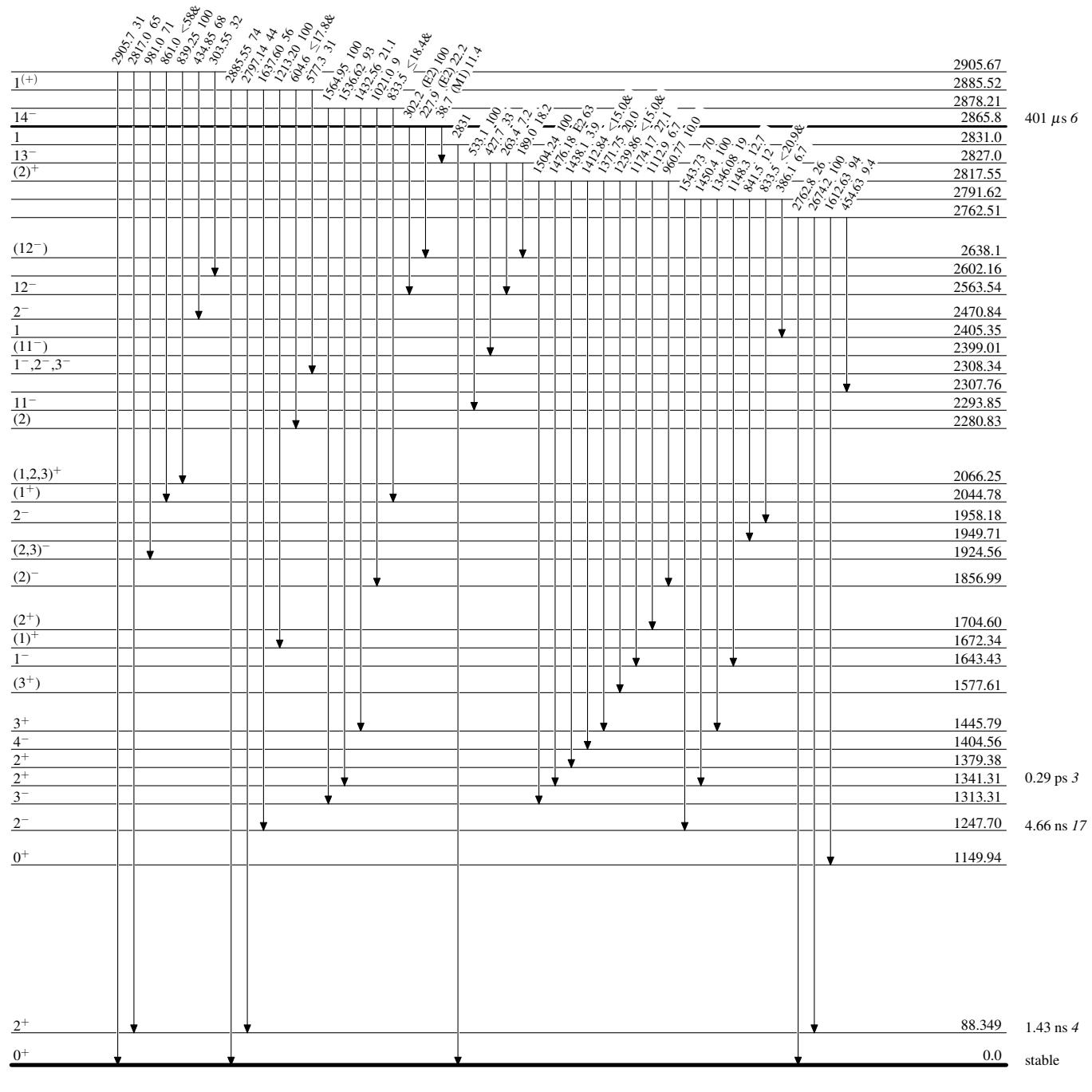
 $^{176}_{72}\text{Hf}_{104}$

Adopted Levels, GammasLevel Scheme (continued)

Intensities: Relative photon branching from each level

& Multiply placed: undivided intensity given

@ Multiply placed: intensity suitably divided



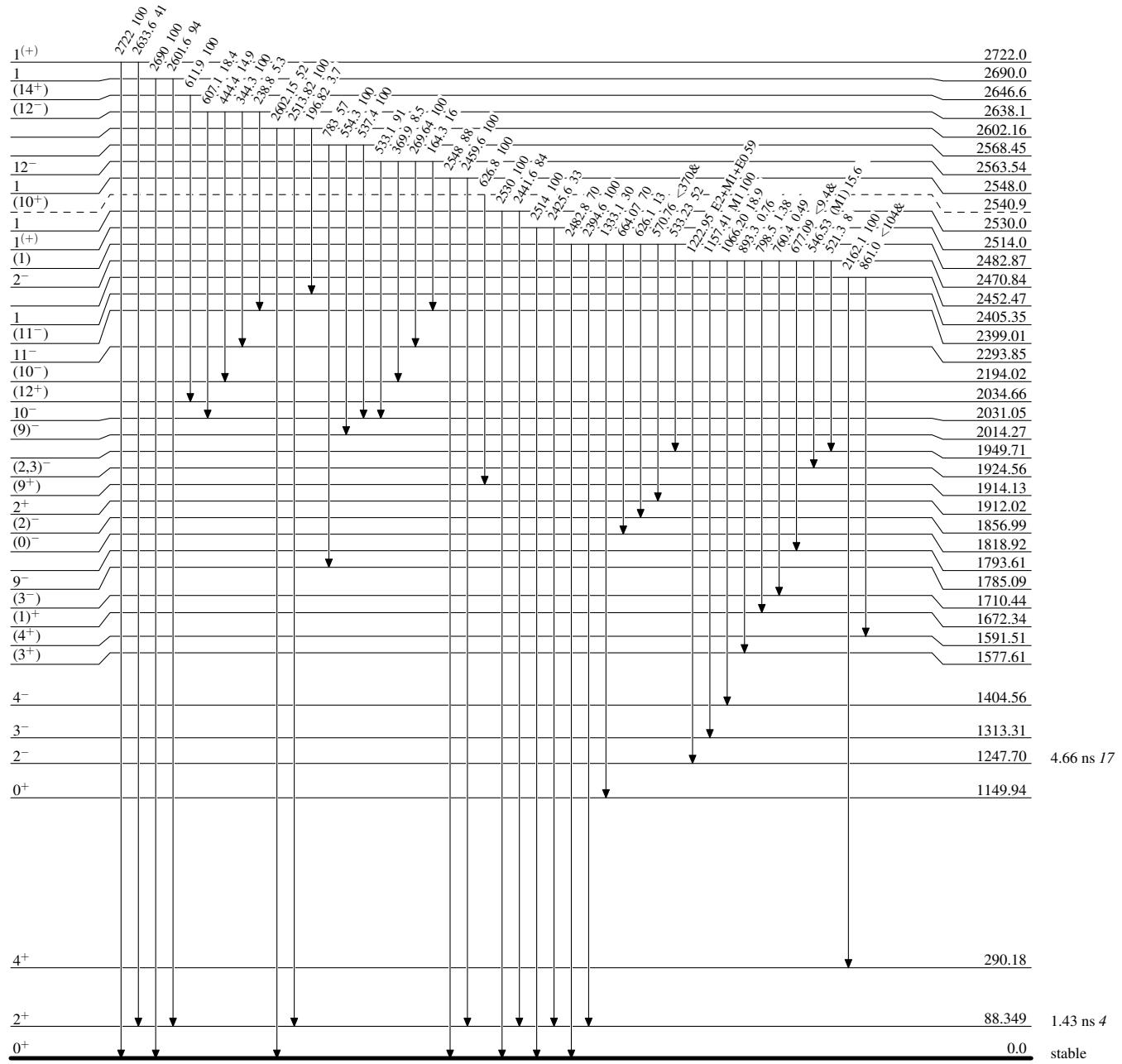
Adopted Levels, Gammas

Level Scheme (continued)

Intensities: Relative photon branching from each level

& Multiply placed: undivided intensity given

@ Multiply placed: intensity suitably divided

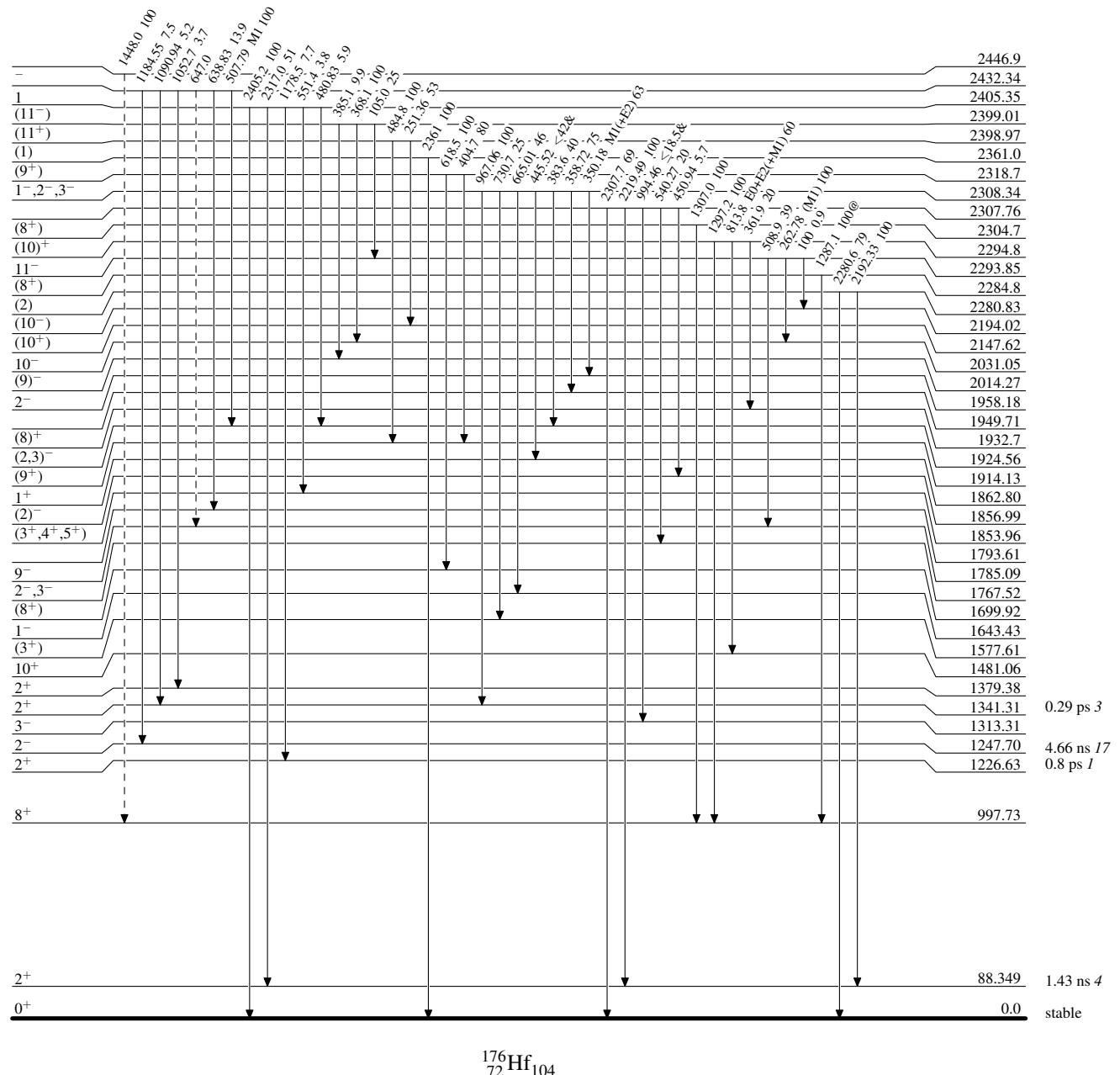


Adopted Levels, Gammas

Level Scheme (continued)

Legend

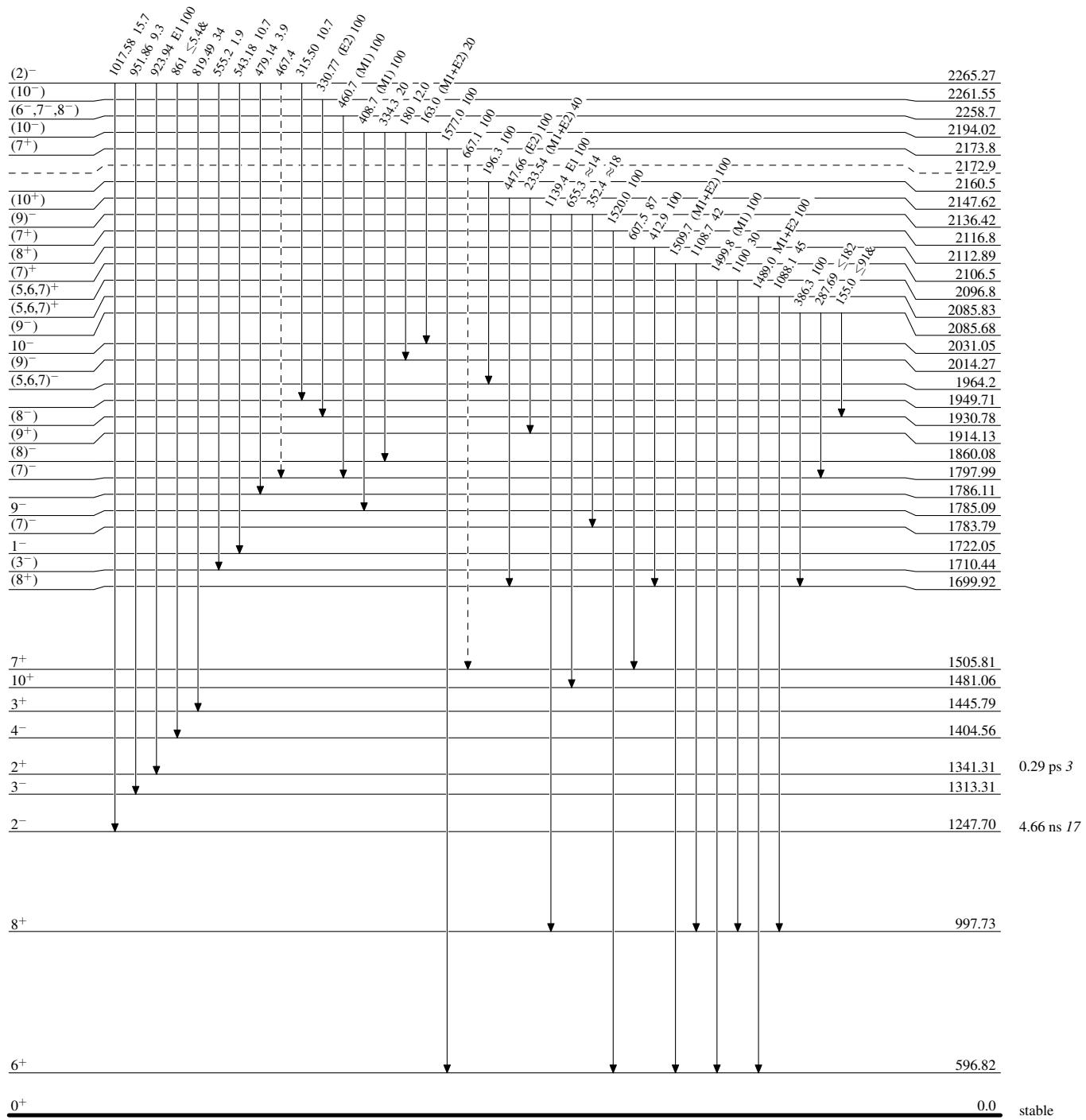
Intensities: Relative photon branching from each level
 & Multiply placed: undivided intensity given
 @ Multiply placed: intensity suitably divided



Adopted Levels, Gammas**Level Scheme (continued)**

Legend

Intensities: Relative photon branching from each level
 & Multiply placed: undivided intensity given
 @ Multiply placed: intensity suitably divided



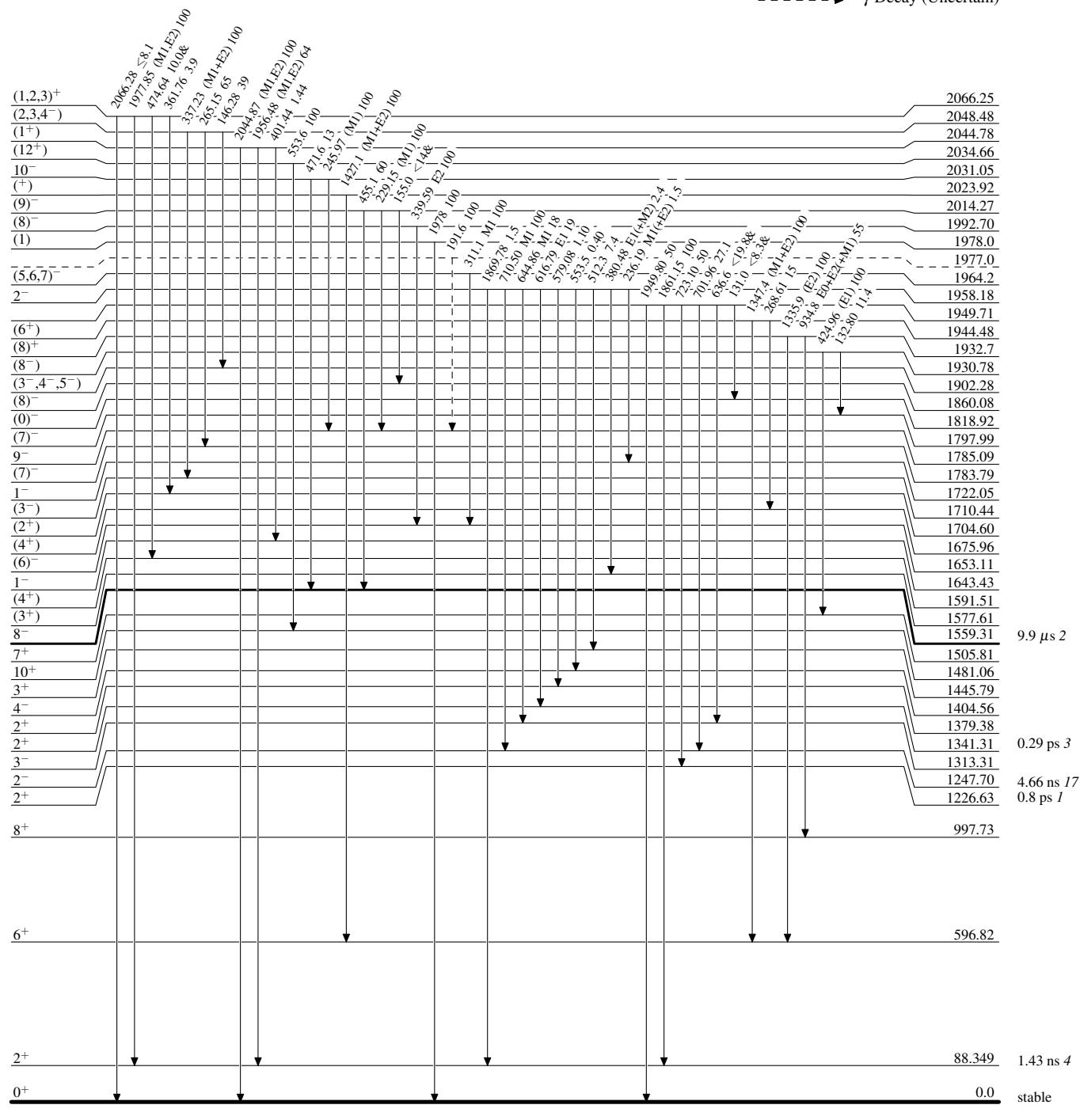
Adopted Levels, Gammas

Level Scheme (continued)

Legend

- Intensities: Relative photon branching from each level
- & Multiply placed: undivided intensity given
- @ Multiply placed: intensity suitably divided

→ γ Decay (Uncertain)



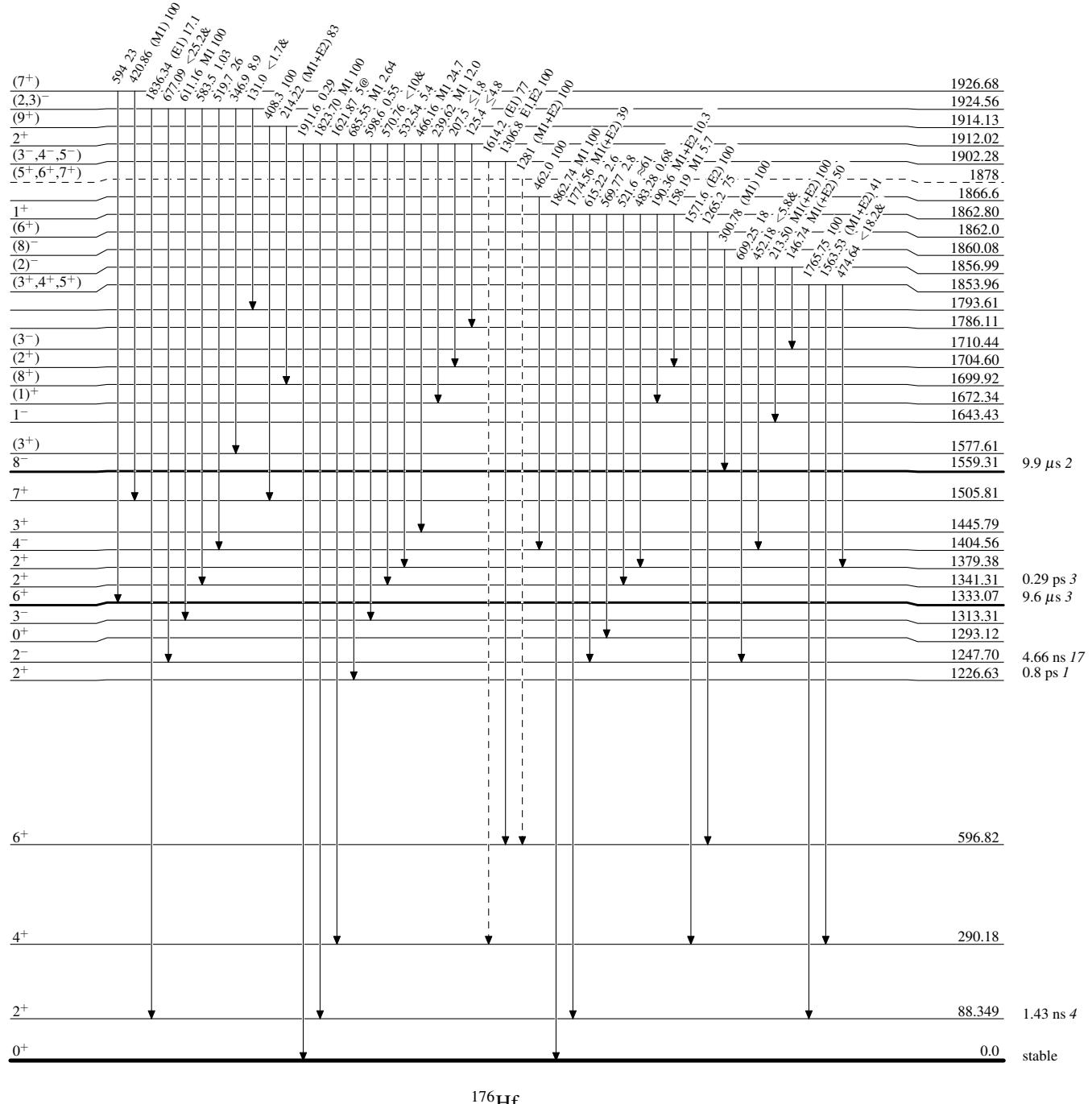
Adopted Levels, GammasLevel Scheme (continued)

Legend

Intensities: Relative photon branching from each level

& Multiply placed: undivided intensity given

@ Multiply placed: intensity suitably divided

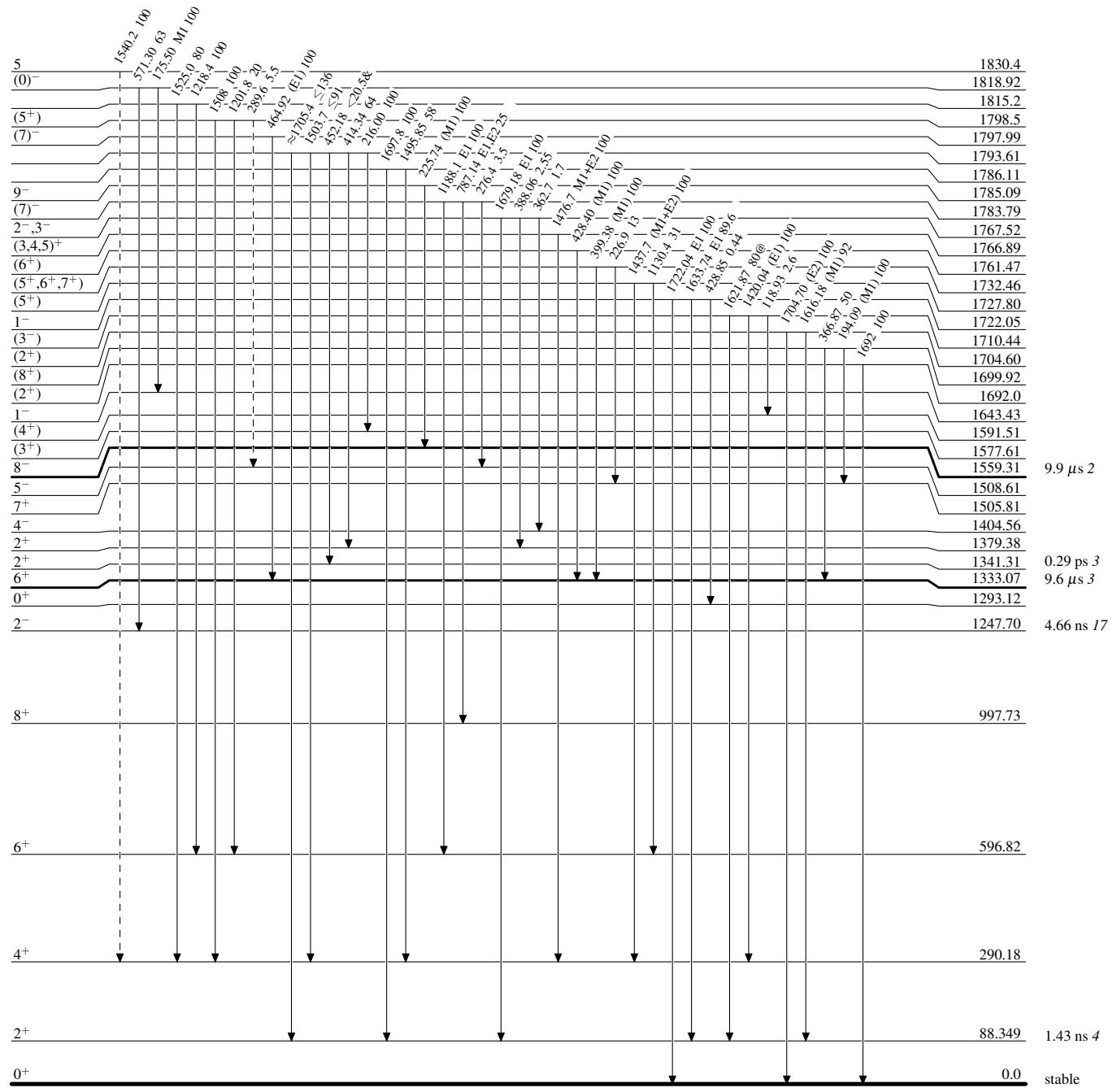
- - - - - γ Decay (Uncertain)

Adopted Levels, GammasLevel Scheme (continued)

Legend

Intensities: Relative photon branching from each level
 & Multiply placed: undivided intensity given
 @ Multiply placed: intensity suitably divided

-----► γ Decay (Uncertain)



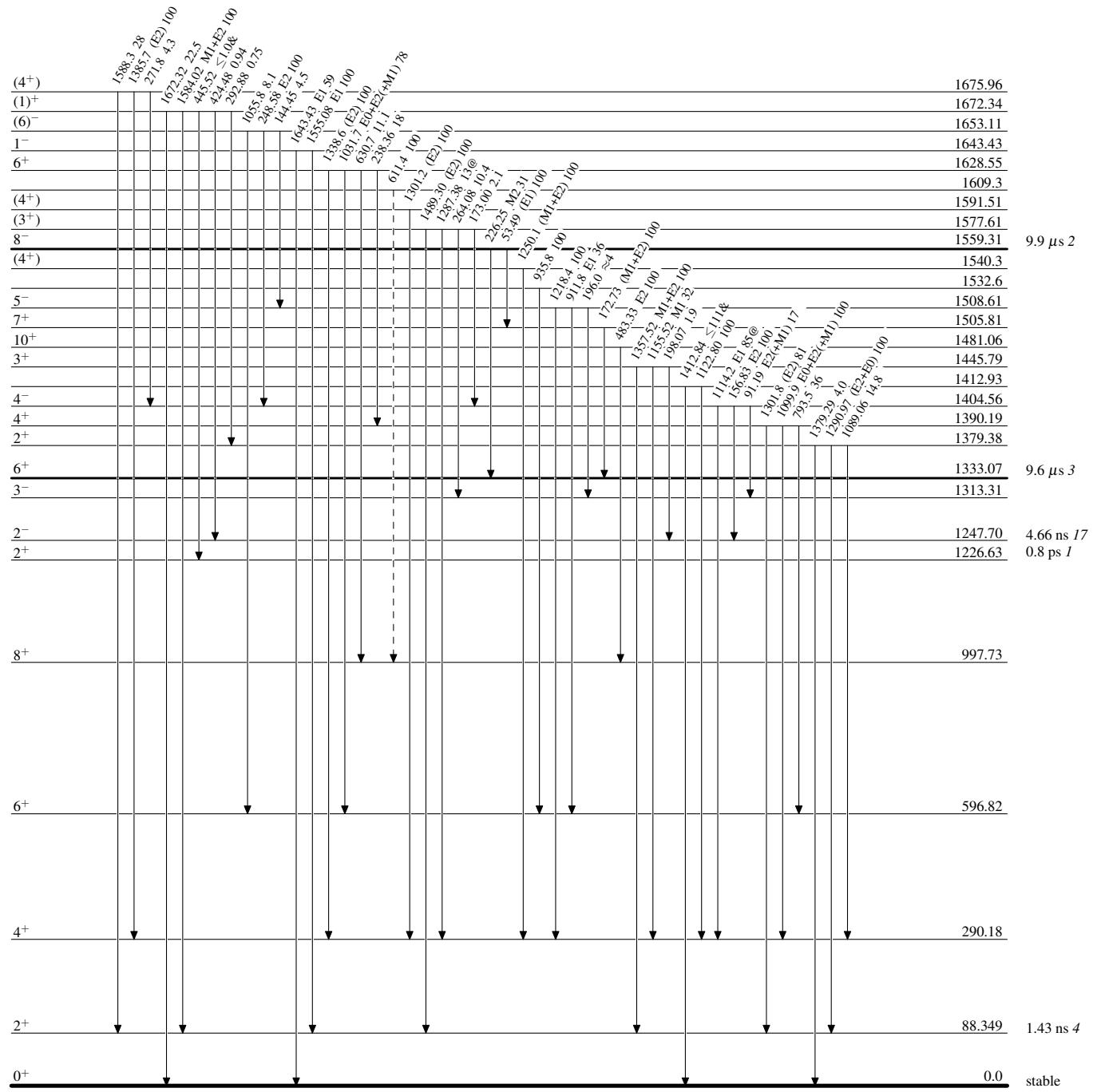
Adopted Levels, Gammas**Level Scheme (continued)**

Legend

Intensities: Relative photon branching from each level

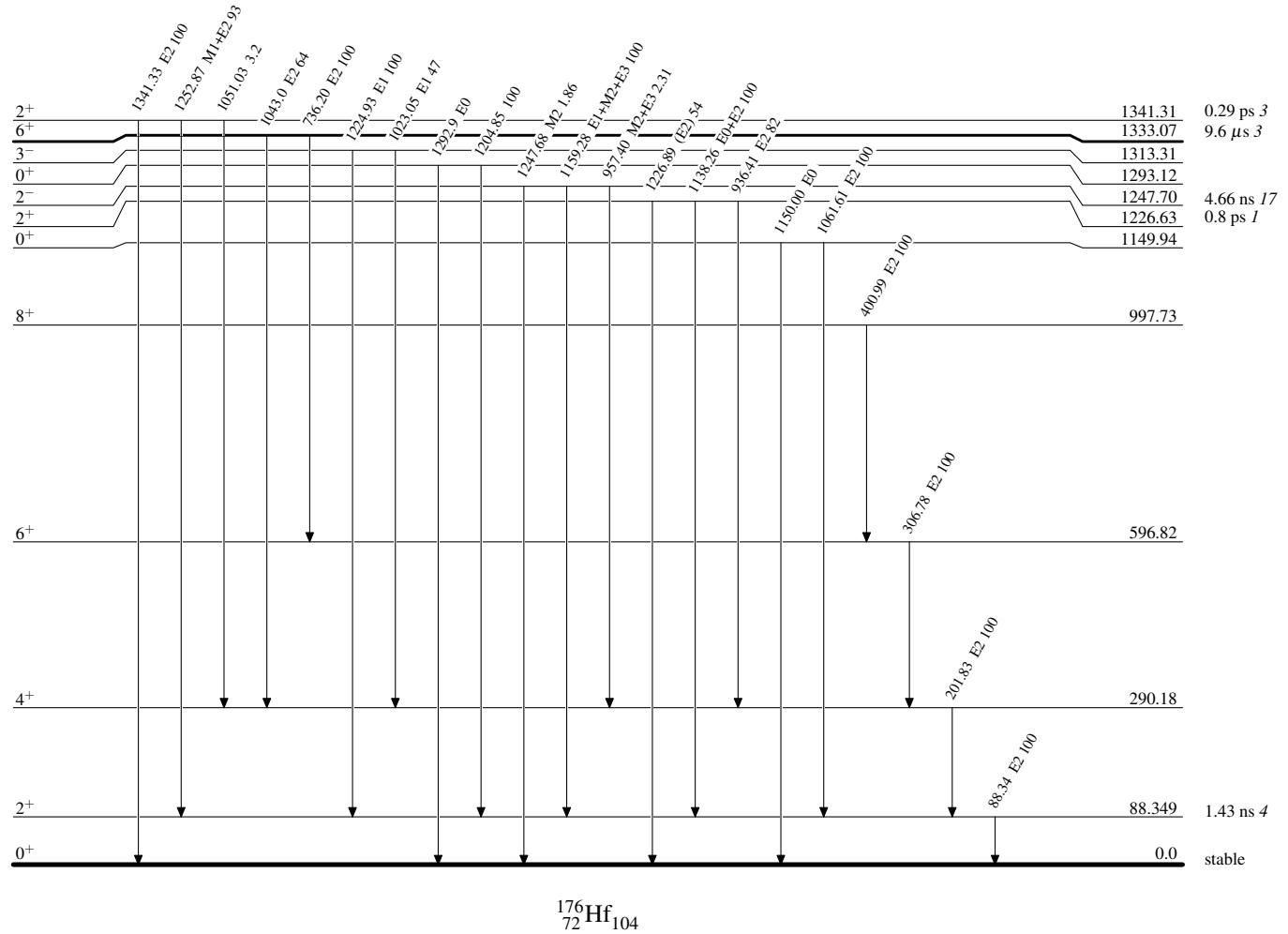
& Multiply placed: undivided intensity given

@ Multiply placed: intensity suitably divided

- - - - - ► γ Decay (Uncertain)

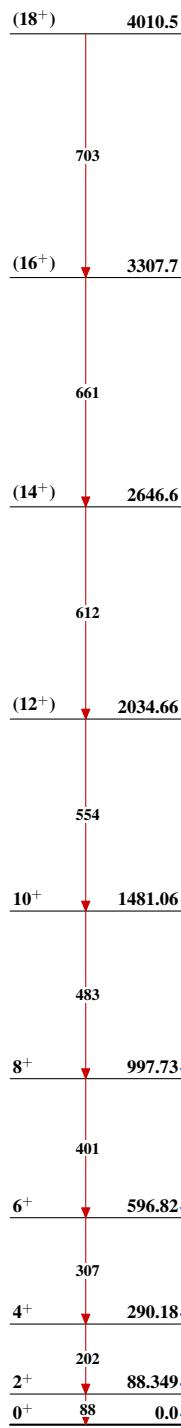
Adopted Levels, Gammas**Level Scheme (continued)**

Intensities: Relative photon branching from each level
 & Multiply placed: undivided intensity given
 @ Multiply placed: intensity suitably divided

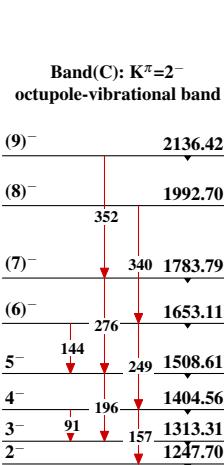


Adopted Levels, Gammas

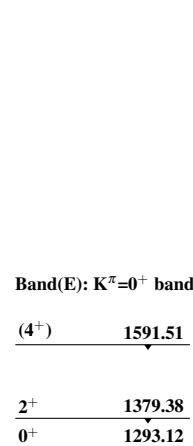
Band(A): $K^\pi=0^+$ g.s.
rotational band



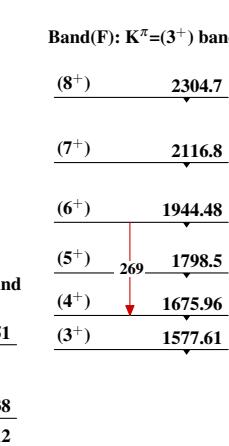
Band(B): $K^\pi=0^+$
 β -vibrational band



Band(D): $K^\pi=2^+$ mixed
 γ -vibrational band



Band(F): $K^\pi=(3^+)$ band



Adopted Levels, Gammas (continued)

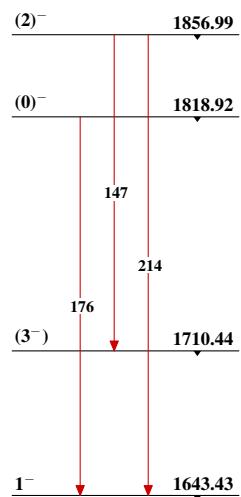
Band(J): $K^\pi=(0^-)$
 band: Possible
 Configuration= $(\pi 7/2[404]-\nu 5/2[512])-(\pi 9/2[514]-\nu 7/2[514])$
 $(2005\text{Gr}21)$

(2^-) 2969.07

$\frac{1^-}{(0^-)}$ 2920.26
2912.26

Band(I): $K^\pi=(1^+)$ band

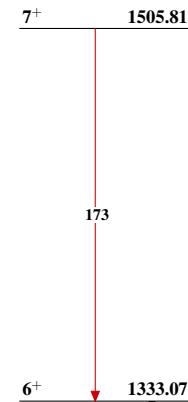
Band(G): $K^\pi=(0^-)$ band: Possible
 configuration= $\nu 7/2[633]-\nu 7/2[514]$
 93% wave function (2005Gr21)

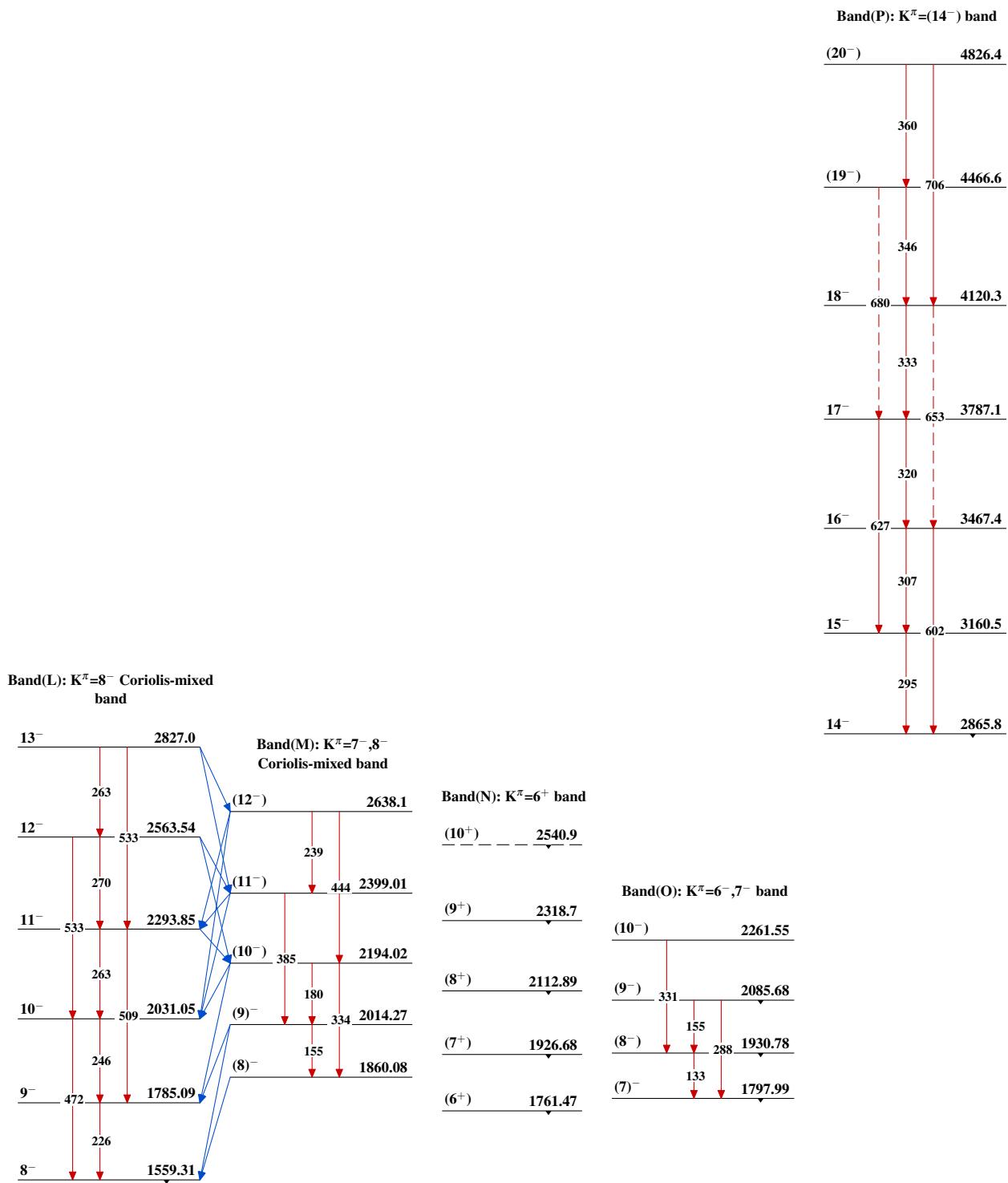


Band(H): $K^\pi=1^+$ band
 (2^+) 1704.60
 $(1)^+$ 1672.34

2^+ 1912.02

1^+ 1862.80

Band(K): $K^\pi=6^+$ band

Adopted Levels, Gammas (continued)

Adopted Levels, Gammas (continued)Band(Q): $K^\pi=(16^+)$ band