

Hudson Valley Chiropractic Health Services P.C.  
172-17 Jamaica Avenue  
Jamaica, NY 11432

RANGE OF MOTION (ACTIVELY PERFORMED)	RANGE OF MOTION (VISUALLY ASSESSED)	UPON MINIMAL MOVEMENT	UPON EXREME MOVEMENT
Flexion 60-90			
Extension 50-70			
Right TL Rotation 80-90			
Left TL Rotation 80-90			
Right Lateral Flex 45-55			
Left Lateral Flex 45-55			
Symptomatic Muscles:	Tenderness Grade:		
Muscular Spasm/Hyper tonus:	None/Moderate/Severe		

THORACIC SPINE

NORMAL RANGE OF MOTION (ACTIVELY PERFORMED)	MEASURED RANGE OF MOTION (VISUALLY ASSESSED)	PAIN NOTED UPON MINIMAL MOVEMENT	PAIN NOTED UPON EXREME MOVEMENT
Flexion 20-40	20% ↓ Pain	P	
Extension 25-35		↓	
Symptomatic Muscles:		Lev Scap Rheltoirns traps	Tenderness Grade: 4/5
Muscular Spasm/Hyper tonus	None/Moderate/Severe	Roll or Cephon	

LUMBAR SPINE

NORMAL RANGE OF MOTION (ACTIVELY PERFORMED)	MEASURED RANGE OF MOTION (VISUALLY ASSESSED)	PAIN NOTED UPON MINIMAL MOVEMENT	PAIN NOTED UPON EXREME MOVEMENT
Flexion	60-90	P ↓	
Extension	20-35		
Right TL Rotation	35		
Left TL Rotation	35		
Right Lateral Flex	30		
Left Lateral Flex	30		
Symptomatic Muscles:	Tenderness Grade: 4/5		
Muscular Spasm/Hyper tonus:	None/Moderate/Severe		