Hudsoi alley Chiropractic Health Service. C. 108 Kenilworth Place Brooklyn, NY 11210 SPINAL RANGE OF MOTION TESTING

CERVICAL SP				BALLANGTED	
DANCE	NORMAL OF MOTION	MEASURED RANGE OF MOTION	PAIN NOTED UPON MINIMAL	PAIN NOTED UPON EXREME	
	PERFORMED)	(VISUALLY ASSESSED)	MOVEMENT	MOVEMENT	
	60.00	50			
Flexion	60-90	<u> </u>	L 1		
Extension	50-70	40	7		
Right TL Rotatio	on 80-90	70,			_
Left TL Rotation	n 80-90	OS			_
Right Lateral Flo	ex 45-55	35/			_
Left Lateral Flex		35			
Symptomatic M	fuscles: () M	Scaleres Ms/m Len	√6√ Tenderness Grade	418	
Museular Spasn	n/Hyper tonus:	one/Moderate/Severe		·	
THORACIC SP	INE				
RANGE	NORMAL OF MOTION	MEASURED RANGE OF MOTION	PAIN NOTED UPON MINIMAL	PAIN NOTED UPON EXREME	
(ACTIVELY	PERFORMED)	(VISUALLY ASSESSED)	MOVEMENT	MOVEMENT	
Flexion	20-40				
Extension	25-35	20		7/8	
Symptomatic Muscles: Tenderness Grade: Tenderness Grade:					
Muscular Spasm/Hyper tonus: None/Moderate/Severe					
LUMBAR SPIN	<u> </u> E				· · · · ·
RANGE	NORMAL OF MOTION	MEASURED RANGE OF MOTION	PAIN NOTED UPON MINIMAL	PAIN NOTED UPON EXREME	
	PERFORMED)	(VISUALLY ASSESSED)	MOVEMENT	MOVEMENT	
(ACTIVELY	PERFORMED)	(VISUALLY ASSESSED)	MOVEMENT	MOVEMENT	
		55 20 ±+	MOVEMENT)	MOVEMENT	_
(ACTIVELY Flexion	60-90 20-35	55 20 + 4	MOVEMENT)	MOVEMENT	
(ACTIVELY Flexion Extension	20-35 on 35	55 20 ++ 30	MOVEMENT	MOVEMENT	
(ACTIVELY Flexion Extension Right TL Rotation	20-35 on 35	55 20 ++ 30	MOVEMENT	MOVEMENT	-
(ACTIVELY Flexion Extension Right TL Rotation Left TL Rotation	20-35 on 35 a 35 ex 30	30 30 30 30 30 30		MOVEMENT	
(ACTIVELY Flexion Extension Right TL Rotation Left TL Rotation Right Lateral Fle	PERFORMED) 60-90 20-35 on 35 a 35 ex 30 30	55 20 ++ 30			_