

Hudson Valley Chiropractic Health Services P.C. 172

RANGE OF MOTION (ACTIVELY PERFORMED)	RANGE OF MOTION (VISUALLY ASSESSED)	UPON MINIMAL MOVEMENT	UPON EXREME MOVEMENT
Flexion 60-90			
Extension 50-70			
Right TL Rotation 80-90			
Left TL Rotation 80-90			
Right Lateral Flex 45-55			
Left Lateral Flex 45-55			
Symptomatic Muscles: <i>Scal, Pectorals, deep. AS/14</i>			Tenderness Grade: <i>3/5</i>
Muscular Spasm/Hyper tonus: None/ <u>Moderate</u> /Severe			<i>Lev Scap</i>

THORACIC SPINE

NORMAL RANGE OF MOTION (ACTIVELY PERFORMED)	MEASURED RANGE OF MOTION (VISUALLY ASSESSED)	PAIN NOTED UPON MINIMAL MOVEMENT	PAIN NOTED UPON EXREME MOVEMENT
Flexion 20-40	<i>20</i>		
Extension 25-35	<i>25</i>		
Symptomatic Muscles: <i>Deltoideus, Serratus anterior</i>			Tenderness Grade: <i>3/5</i>
Muscular Spasm/Hyper tonus: None/ <u>Moderate</u> /Severe			

LUMBAR SPINE

NORMAL RANGE OF MOTION (ACTIVELY PERFORMED)	MEASURED RANGE OF MOTION (VISUALLY ASSESSED)	PAIN NOTED UPON MINIMAL MOVEMENT	PAIN NOTED UPON EXREME MOVEMENT
Flexion 60-90	<i>60</i>		
Extension 20-35	<i>20</i>		
Right TL Rotation 35	<i>35</i>		
Left TL Rotation 35	<i>35</i>		
Right Lateral Flex 30	<i>30</i>		
Left Lateral Flex 30	<i>30</i>		
Symptomatic Muscles: <i>Quads, Iliotibial Band, Gluteus</i>			Tenderness Grade: <i>3/5</i>
Muscular Spasm/Hyper tonus: None/ <u>Moderate</u> /Severe			