Hudson Valley Chiropractic Health Services P.C. 108 Kenilworth Pl. Brooklyn, NY 11210

SPINAL RANGE OF MOTION TESTING

	<u>INE</u> NORMAL	MEASURED	PAIN NOTED	PAIN NOTED
	OF MOTION	RANGE OF MOTION	UPON MINIMAL	UPON EXREME
(ACTIVELY	PERFORMED) (VISUALLY ASSESSED)	MOVEMENT	MOVEMENT
Flexion	60-90	<u>b(0.</u>		
Extension	50-70	719 0	+4	
Right TL Rotatio	on 80-90			
Left TL Rotation	80-90		++	
Right Lateral Fle	x 45-55	10-15-2)		
Left Lateral Flex	45-55	<u> </u>	+	
Symptomatic M	uscles: \Pa	<u> </u>	Tenderness Grade	:
Muscular Spasn	n/Hyper tomus: No	ne/Moderate/Severe		
THORACIC SP	INE			
	NORMAL	MEASURED	PAIN NOTED	PAIN NOTED
	OF MOTION PERFORMED) (RANGE OF MOTION VISUALLY ASSESSED)	UPON MINIMAL MOVEMENT	UPON EXREME MOVEMENT
•			NO VENTENT	1110 1 1111111111
Flexion	20-40	···) 	
		/ // /	'	
Extension	25-35		/	
	25-35 uscles:		Tenderness Grade	
Symptomatic M	uscles:		Tenderness Grade	
Symptomatic M	uscles:		Tenderness Grade	
Symptomatic M Muscular Spasn LUMBAR SPIN	uscles:N/Hyper tonus: Nor E NORMAL	ne/Moderate/Severe MEASURED	PAIN NOTED	PAIN NOTED
Symptomatic M Muscular Spasn LUMBAR SPIN RANGE	uscles:N/Hyper tonus: Nor E NORMAL OF MOTION	ne/Moderate/Severe		
Symptomatic M Muscular Spasn LUMBAR SPIN RANGE	uscles:N/Hyper tonus: Nor E NORMAL OF MOTION	me/Moderate/Severe MEASURED RANGE OF MOTION	PAIN NOTED UPON MINIMAL	PAIN NOTED UPON EXREME
Symptomatic M Muscular Spasn LUMBAR SPIN RANGE (ACTIVELY	uscles:N/Hyper tonus: Nor E NORMAL OF MOTION PERFORMED) (me/Moderate/Severe MEASURED RANGE OF MOTION	PAIN NOTED UPON MINIMAL	PAIN NOTED UPON EXREME
Symptomatic M Muscular Spasn LUMBAR SPIN RANGE (ACTIVELY Flexion	NORMAL OF MOTION PERFORMED) (60-90 20-35	me/Moderate/Severe MEASURED RANGE OF MOTION	PAIN NOTED UPON MINIMAL	PAIN NOTED UPON EXREME
Symptomatic M Muscular Spasm LUMBAR SPIN RANGE (ACTIVELY Flexion Extension	NORMAL OF MOTION PERFORMED) (60-90 20-35 on 35	me/Moderate/Severe MEASURED RANGE OF MOTION	PAIN NOTED UPON MINIMAL	PAIN NOTED UPON EXREME
Symptomatic M Muscular Spasm LUMBAR SPIN RANGE (ACTIVELY Flexion Extension Right TL Rotation	NORMAL OF MOTION PERFORMED) (60-90 20-35 on 35 35	me/Moderate/Severe MEASURED RANGE OF MOTION	PAIN NOTED UPON MINIMAL	PAIN NOTED UPON EXREME MOVEMENT
Symptomatic M Muscular Spasn LUMBAR SPIN RANGE (ACTIVELY Flexion Extension Right TL Rotation Left TL Rotation	NORMAL OF MOTION PERFORMED) (60-90 20-35 on 35 35	me/Moderate/Severe MEASURED RANGE OF MOTION	PAIN NOTED UPON MINIMAL MOVEMENT (L) (L) (T)	PAIN NOTED UPON EXREME MOVEMENT
Symptomatic M Muscular Spasn LUMBAR SPIN RANGE (ACTIVELY Flexion Extension Right TL Rotation Left TL Rotation Right Lateral Fle	NORMAL OF MOTION PERFORMED) (60-90 20-35 on 35 x 30 30	me/Moderate/Severe MEASURED RANGE OF MOTION	PAIN NOTED UPON MINIMAL MOVEMENT (L) (L) (T)	PAIN NOTED UPON EXREME MOVEMENT
Symptomatic M Muscular Spasm LUMBAR SPIN RANGE (ACTIVELY) Flexion Extension Right TL Rotation Right TL Rotation Right Lateral Flex Symptomatic M	NORMAL OF MOTION PERFORMED) (60-90 20-35 on 35 x 30 uscles:	me/Moderate/Severe MEASURED RANGE OF MOTION	PAIN NOTED UPON MINIMAL MOVEMENT L L L L L L L L L L L L L L L L L L	PAIN NOTED UPON EXREME MOVEMENT