Hudra Valley Chiropractic Health Servas P.C. 108 Kenilworth Place Brooklyn, NY 11210 SPINAL RANGE OF MOTION TESTING

CERVICAL SPI		VEVOLDED	DANINGTED	BAININGTED	
	NORMAL OF MOTION	MEASURED RANGE OF MOTION	PAIN NOTED UPON MINIMAL	PAIN NOTED UPON EXREME	
	PERFORMED)	(VISUALLY ASSESSED)	MOVEMENT	MOVEMENT	
Flexion	60-90	60	X		
Extension	50-70	50			 -
Right TL Rotation	n 80-90	70			
Left TL Rotation	80-90	70			
Right Lateral Flex	x 45-55	40		<u>-</u>	
Left Lateral Flex	45-55	40			
Symptomatic Mu	uscles: IM (Yalen Ludy	Tenderness Grade	:_3/8_	
Muscular Spasm	/Hyper tonus: l	None/Moderate/Severe	risoq	•	
THORACIC SPI	<u>NE</u>				
RANGE	NORMAL OF MOTION PERFORMED)	MEASURED RANGE OF MOTION (VISUALLY ASSESSED)	PAIN NOTED UPON MINIMAL MOVEMENT	PAIN NOTED UPON EXREME MOVEMENT	
Flexion	20-40	10	\mathcal{G}		
	25-35	15			
Symptomatic Mu	iscles: <i>Gelh</i>	NOSTAS Iren	Tenderness Grade	:_3/5	
Symptomatic Muscles: Della Son Structure Tenderness Grade:					
LUMBAR SPINE					
RANGE	NORMAL OF MOTION PERFORMED)	MEASURED RANGE OF MOTION (VISUALLY ASSESSED)	PAIN NOTED UPON MINIMAL MOVEMENT	PAIN NOTED UPON EXREME MOVEMENT	
Flexion	60-90	50	8/		
Extension	20-35	10			
Right TL Rotation	n 35				_
Left TL Rotation	35	36			
Right Lateral Flex	30	25			_
Left Lateral Flex	30	26	\mathcal{V}		_
Symptomatic Mu	scles: Glub	Its Qual lens	Tenderness Grade	:	
Muscular Spasm/	Hyper tonus: N	None/Mode rate/ Severe			