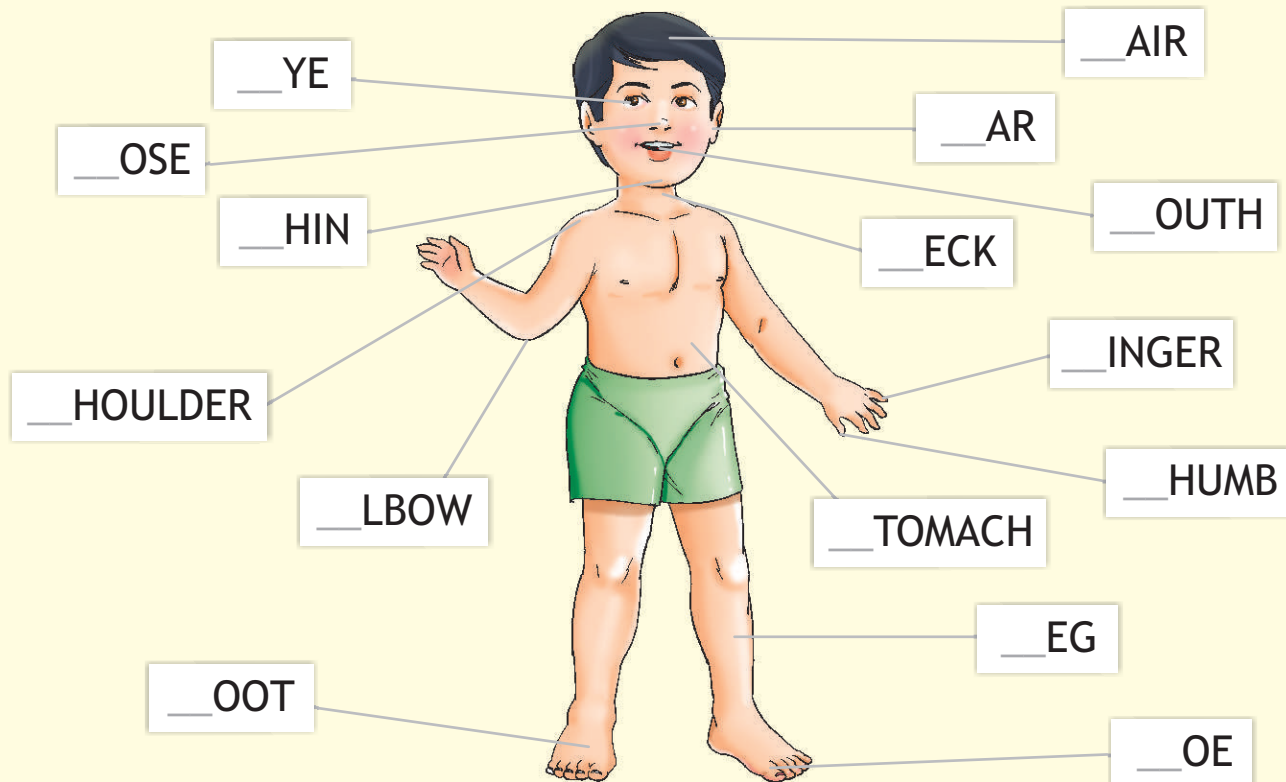


BEFORE WE START, LET'S CHECK

What you already know

Complete the names of the body parts by writing their first letter.



What you will know

What are some of our main body parts?



How are they helpful to us?



Why don't we fit into our old clothes?



Our body is made up of many parts.
Each part of our body has a different name.

Hands

We have two hands.

We do many things with our hands.



write



eat



hold



comb



BRAINSTORM

Name an activity in which we use both our hands.

Clue: The word rhymes with 'FLAP'.

Legs

We also have two legs.

We use our legs for many things.



walk



run



kick



climb



BRAINSTORM

Name an action in which both the legs and hands are used.

To find the word, rearrange the given jumbled letters.

W S I M

SENSE ORGANS

Eyes, ears, the nose, the tongue and skin are the five important parts of our body.

With their help, we 'sense' or know about the things around us.

They are called sense organs.

Eyes

We have two eyes.
We **see** with our eyes.



Ears

We have two ears.
We **hear** with our ears.



Nose

We have one nose.
We **smell** with our nose.



Tongue

We have one tongue.
We **taste** with our tongue.



Write answers



Look around. Name two things that you see.

FIND OUT



Do as shown in the pictures and listen to the sounds made by the things. Then write 'S' for a **soft** sound and 'L' for a **loud** sound.



BRAINSTORM

Which of the following gives a **sweet** smell and which gives a **foul** smell?



garbage



flowers



BRAINSTORM

Which of the following tastes **sweet** and which tastes **salty**?



potato chips



chocolate

Skin

The skin covers our whole body.
We **feel** and **touch** with our skin.



BRAINSTORM

Which of the following feels **soft** and which feels **hard**?



table



teddy bear

KNOW A FACT



The skin is the largest organ in our body.

GROWING UP

You were very small a few years back.
You will not fit into the clothes you used to wear then.
Do you know why?
Because you grew up. But your clothes did not grow.
All living things grow with age.



baby boy



boy



young man



old man



baby girl



girl



young woman



old woman

Words to Remember

- sense** – feeling the surroundings, through seeing, hearing, smelling, tasting and touching
- organ** – a part of the body doing some specific work

Points to Recall _____

- ✿ Our body is made up of many parts.
- ✿ Each part has a different name.
- ✿ We do many things with our hands and legs.
- ✿ Eyes, ears, nose, tongue and skin are our five sense organs.
- ✿ We see, hear, smell, taste and feel with our sense organs.
- ✿ We grow with age.

Exercises

A. Tick (✓) the correct option.

1. Which activity do you not do with your hands?

(a) draw ☐ (b) clap ☐ (c) run ☐

2. Which activity do you do with your legs?

(a) eat ☐ (b) walk ☐ (c) write ☐

3. Which of these is not a sense organ?

(a) hair ☐ (b) nose ☐ (c) ear ☐

4. What do we do with our tongue?

(a) hear ☐ (b) smell ☐ (c) taste ☐

5. What do we do with our skin?

(a) touch ☐ (b) feel ☐ (c) both (a) and (b) ☐

B. Tick (✓) the correct statements and cross (X) the incorrect ones.

1. All body parts have the same name.



2. We do many things with our hands.



3. We have six sense organs.













4. Skin covers our whole body.



5. An old man grows and becomes a young man.



C. Match the following.

- | | | | |
|----|---|------------|---|
| 1. |  | (a) ear | (i)  |
| 2. |  | (b) tongue | (ii)  |
| 3. |  | (c) eye | (iii)  |
| 4. |  | (d) skin | (iv)  |
| 5. |  | (e) nose | (v)  |

D. Answer the following questions.

- How many hands and legs do we have? _____
- Which organ helps us to hold things? _____
- What is the largest organ of our body? _____
- Will you fit in your old clothes? If not, why? _____



BRAINSTORM

A. Which sense organ will you use for:

- listening to a rock band?
- watching a movie?
- tasting a new dish?
- smelling a flower?
- finding out if the water is cold or warm?

B. Think and fill in the blanks.

- If eye is to see , then ear is to _____ .

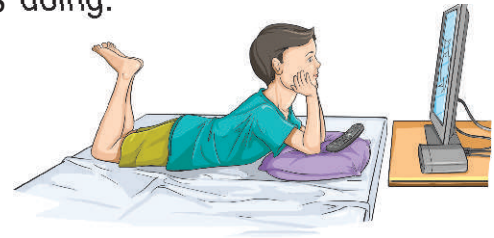
2. If nose is to smell , then skin is to _____ .
3. If hand is to finger , then leg is to _____ .
4. If jump is to leg , then write is to _____ .

Creative Skills



TELL YOUR TEACHER

Our sense organs are very important. We should take care of them. Tell your teacher what wrong or right thing the child in each picture is doing.



Fun and Learn

Now tell us something about yourself.

1. The colour of my hair is
brown ☐ black ☐
2. The colour of my eyes is
black ☐ brown ☐
3. The number of fingers on my hands is
eight ☐ ten ☐ six ☐
4. The length of my hair is
long ☐ short ☐

How will your face look like when you are of your father's age?
Draw it here.



Activity Time

Do with friends

- 🍃 Tie a piece of cloth over the eyes of one of your classmates.
- 🍃 Now give him / her the following things one by one—a comb, a spoon, a crayon, a sharpener and an orange.
- 🍃 Your friend has to identify each thing by touching and feeling it.

