Procedure of the code:

When the compilation begins at first the compiler asks for the order of the 2d array from the user

- Enter the size of array": 3 (from console)
- Thus the array, arr[3][3] is now declared.
- Now the compiler asks from the console to enter the elements in array and the elements are entered row-wise.

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- Now p will store n-1 i.e,3-1=2.
- Number = n*p/2=3*2/2=3[minimum number of zeros in a triangular matrix]
- Further compiler will ask console to input 1 or 2 for checking upper triangular and lower triangular matrix respectively.
- "Enter 1 for checking upper triangularity" or "enter 2 for checking lower triangularity": 1(by console)
- Further compiler will execute case no :1 of switch case

- For value of i=1,j will take values upto j=0,j=1,j=2 and simultaneously arr[0] [0],arr[0][1],arr[0][2] will for be check for value 0 for i=j or i>j accordingly and thus value of "c" and "f" will be updated for each iteration of inner loop
- Now if f=1,then the compiler will print
 "not a triangular matrix" and the compiler
 will come out of outer loop else i will be
 incremented to 1 and 2 and thus the
 other positions like arr[1][0],arr[1][1],arr[1]
 [2],arr[2][0],arr[2][1],arr[2][2] will be
 checked similarly and value of "c" and
 "f" will be updated.
- Finally it will check that value of c=number condition, if found true the it will print "it is a triangular matrix" else it will print "not a triangular matrix".