

Medical Record

Patient Summary

Patient Name: John M. Doe

DOB: 1986-03-22

Patient ID: JD-457892

Gender: Male

Address: 123 Maple Drive, Bloomington, IN 47408

Physician: Dr. Sarah Nguyen, MD

Facility: Bloomington Family Health Clinic

Visit Summary

Visit Date: 2025-09-21

Chief Complaint: Persistent fatigue, mild dizziness

History of Present Illness: Patient reports ongoing fatigue for 3 months, worse in afternoons. No history of anemia or thyroid disorder. Denies chest pain or shortness of breath. Reports occasional insomnia.

Physical Examination:

BP: 122/78 mmHg

HR: 76 bpm

Temp: 98.2°F

Height: 5'10"

Weight: 171 lb (BMI 24.6)

General: Alert, oriented, no acute distress

Cardiac: Regular rhythm, no murmur

Lungs: Clear to auscultation

Abdomen: Soft, non-tender, no organomegaly

Assessment:

1. Fatigue, unspecified (R53.83)
2. Possible Vitamin D deficiency
3. Rule out anemia and thyroid dysfunction

Plan:

- Order CBC, CMP, TSH, Vitamin D25-OH
- Encourage sleep hygiene and hydration
- Follow-up in 2 weeks

Laboratory Report

Collected: 2025-09-21 09:30 AM Reported: 2025-09-22 11:45 AM

Laboratory: Midwest Diagnostics, Ref #MD-239874

Test Name	Result	Reference Range	Units	Flag
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Hemoglobin	12.7	13.5-17.5	g/dL	L
Hematocrit	38.4	41-53	%	L
WBC Count	6.2	4.0-10.5	x10 ³ /uL	
Platelets	259	150-400	x10 ³ /uL	
Glucose (Fasting)	94	70-99	mg/dL	
Calcium	9.4	8.5-10.5	mg/dL	
ALT (SGPT)	23	7-56	U/L	
AST (SGOT)	19	10-40	U/L	
TSH	1.84	0.4-4.2	uIU/mL	
Vitamin D, 25-OH	21	30-100	ng/mL	L

Interpretation: Mildly low hemoglobin and hematocrit suggest possible mild anemia. Low Vitamin D level — consistent with reported fatigue.

Imaging & Notes

Imaging: Chest X-ray (PA & lateral) – 2025-09-21

Findings: Lungs clear. No focal consolidation, effusion, or pneumothorax.

Impression: Normal chest radiograph.

Provider Notes: Patient informed of results via phone on 09-23-2025. Vitamin D supplement prescribed (Cholecalciferol 2000 IU daily). Encouraged dietary intake of iron-rich foods.

Next Appointment: 2025-10-10 10:00 AM (Follow-up & re-evaluation)

Electronic Signature: Dr. Sarah Nguyen, MD
Bloomington Family Health Clinic

Prescription Record

Date	Drug	Strength	Sig	Duration	Refills
2025-09-23	Cholecalciferol (Vitamin D3)	2000 IU	Take 1 capsule daily	60 days	0
2025-09-23	Ferrous Sulfate	325 mg	Take 1 tablet every morning with food	60 days	0

Pharmacy: Walgreens #02817 – Bloomington, IN
Provider Signature: Electronically Signed
Date: 2025-09-23