

# **PAYER POLICY: Chronic Weight Management (Wegovy/Semaglutide)**

*OBESITY/ CHRONIC WEIGHT MANAGEMENT - NOT CV-RISK OR MASH PATHWAYS*

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## **Eligibility**

Adults  $\geq$  18 years

### **Obesity BMI $\geq$ 30 kg/m<sup>2</sup> with adult obesity diagnosis**

- BMI  $\geq$  30.0

Required diagnosis strings:

- Obesity
- obese
- clinical obesity
- Obese patient
- patient is obese
- BMI  $\geq$  30
- BMI > 30
- BMI 30–39.9
- Simple obesity
- unspecified obesity
- Obesity due to excess calories (E66.0)
- Obesity, unspecified (E66.9)
- Overweight and obesity (E66.x)
- Class 1 obesity
- class I obesity
- mild obesity
- Class 2 obesity
- class II obesity
- moderate obesity
- Class 3 obesity
- class III obesity
- Severe obesity
- severe obesity due to excess calories
- Extreme obesity
- morbid obesity
- morbid obesity due to excess calories
- Morbid (severe) obesity with alveolar hypoventilation
- Morbid (severe) obesity due to excess calories (E66.01)
- Other obesity due to excess calories (E66.09)

- Extreme obesity ( $\text{BMI} \geq 40$ ) (Z68.41–Z68.45)
- Obesity associated with type 2 diabetes
- Obesity-related hypertension
- obesity-related dyslipidemia
- Obesity hypoventilation syndrome

### **Overweight $\text{BMI} \geq 27 \text{ kg/m}^2$ with weight-related comorbidity**

- $\text{BMI} \geq 27.0$  and  $< 29.99$

Required diagnosis strings:

- Overweight
  - Overweight, adult
  - Overweight and obesity (E66.x)
  - BMI 27–29.9
  - Elevated BMI
  - BMI above normal
  - BMI  $> 27$
  - Overweight (E66.3)
  - BMI codes Z68.27–Z68.29 when present along with an overweight/obesity dx \*If BOTH 1) and 2) are met, treat the patient as qualifying under BOTH pathways.
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At least one weight-related comorbidity:

- HYPERTENSION / HIGH BLOOD PRESSURE
- TYPE 2 DIABETES MELLITUS
- DYSLIPIDEMIA / HYPERLIPIDEMIA
- OBSTRUCTIVE SLEEP APNEA (OSA)
- CARDIOVASCULAR DISEASE (ASCVD)

## **Diagnosis Strings**

### **Adult Obesity**

- Obesity
- obese
- clinical obesity
- Obese patient
- patient is obese
- $\text{BMI} \geq 30$
- $\text{BMI} > 30$
- BMI 30–39.9
- Simple obesity
- unspecified obesity
- Obesity due to excess calories (E66.0)
- Obesity, unspecified (E66.9)
- Overweight and obesity (E66.x)
- Class 1 obesity
- class I obesity
- mild obesity

- Class 2 obesity
- class II obesity
- moderate obesity
- Class 3 obesity
- class III obesity
- Severe obesity
- severe obesity due to excess calories
- Extreme obesity
- morbid obesity
- morbid obesity due to excess calories
- Morbid (severe) obesity with alveolar hypoventilation
- Morbid (severe) obesity due to excess calories (E66.01)
- Other obesity due to excess calories (E66.09)
- Extreme obesity (BMI  $\geq 40$ ) (Z68.41–Z68.45)
- Obesity associated with type 2 diabetes
- Obesity-related hypertension
- obesity-related dyslipidemia
- Obesity hypoventilation syndrome

### **Adult Excess Weight / Overweight**

- Overweight
  - Overweight, adult
  - Overweight and obesity (E66.x)
  - BMI 27–29.9
  - Elevated BMI
  - BMI above normal
  - BMI  $> 27$
  - Overweight (E66.3)
  - BMI codes Z68.27–Z68.29 when present along with an overweight/obesity dx \*If BOTH 1) and 2) are met, treat the patient as qualifying under BOTH pathways.
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### **Weight-Related Comorbidities**

#### **CARDIOVASCULAR DISEASE (ASCVD)**

- Coronary artery disease
- CAD
- coronary heart disease
- Ischemic heart disease
- chronic ischemic heart disease
- Stable angina
- unstable angina
- variant angina
- History of MI
- prior MI
- old myocardial infarction
- Myocardial infarction
- STEMI

- NSTEMI
- acute coronary syndrome
- Stroke
- CVA
- cerebrovascular accident
- Ischemic stroke
- hemorrhagic stroke
- Transient ischemic attack
- TIA
- Peripheral arterial disease
- PAD
- Peripheral vascular disease
- PVD
- Claudication
- Heart failure
- HF
- CHF
- congestive heart failure
- Systolic heart failure
- HFrEF
- Diastolic heart failure
- HFpEF
- Chronic heart failure
- acute on chronic heart failure
- Heart attack
- MI

## **DYSLIPIDEMIA / HYPERLIPIDEMIA**

- Dyslipidemia
- dyslipidaemia
- Hyperlipidemia
- hyperlipidaemia
- HLD
- Hypercholesterolemia
- high cholesterol
- Hypertriglyceridemia
- high triglycerides
- Mixed hyperlipidemia
- Familial hypercholesterolemia
- familial combined hyperlipidemia
- Lipid disorder
- elevated LDL
- elevated non-HDL cholesterol
- Pure hypercholesterolemia (E78.0)
- Mixed hyperlipidemia (E78.2)
- Other hyperlipidemia (E78.4)
- Hyperlipidemia, unspecified (E78.5)

## **HYPERTENSION / HIGH BLOOD PRESSURE**

- Hypertension
- HTN
- High blood pressure
- Essential hypertension
- benign essential hypertension
- Primary hypertension
- Secondary hypertension
- Hypertensive heart disease
- hypertensive kidney disease
- hypertensive heart and renal disease
- Hypertension (I10)
- Hypertensive heart disease (I11.x)
- Hypertensive kidney disease (I12.x)
- Hypertensive heart and chronic kidney disease (I13.x)

## **OBSTRUCTIVE SLEEP APNEA (OSA)**

- Obstructive sleep apnea
- OSA
- Sleep apnea
- Obstructive sleep apnea syndrome
- Sleep apnea on CPAP
- sleep apnea on BiPAP
- Severe OSA
- moderate OSA
- mild OSA
- Obstructive sleep apnea (G47.33)

## **TYPE 2 DIABETES MELLITUS**

- Type 2 diabetes mellitus
- type II diabetes mellitus
- Type 2 DM
- Type II DM
- T2DM
- DM2
- DMII
- Adult-onset diabetes mellitus
- Non-insulin-dependent diabetes mellitus
- Type 2 diabetes with nephropathy
- Type 2 diabetes with neuropathy
- Type 2 diabetes with retinopathy
- Type 2 diabetes with hyperglycemia
- Type 2 diabetes mellitus without complications (E11.9)
- Type 2 diabetes mellitus with [complication] (E11.x)
- E11
- Type 2 Diabetes
- Type II Diabetes

## **Safety Exclusions & Contraindications**

### **Personal or family history of Medullary Thyroid Carcinoma**

- Personal or family history of Medullary Thyroid Carcinoma
- Medullary Thyroid Carcinoma (MTC)
- MTC
- Medullary carcinoma of thyroid
- medullary thyroid cancer

### **Personal or family history of Multiple Endocrine Neoplasia syndrome type 2**

- Multiple Endocrine Neoplasia syndrome type 2
- MEN 2
- MEN2
- MEN-2
- MEN type 2
- MEN type II

### **Pregnant or currently nursing**

- Pregnant
- currently pregnant
- pregnancy
- Breastfeeding
- breast-feeding
- nursing mother
- nursing
- Lactating
- lactation
- Planned pregnancy while on Wegovy (needs discontinuation ≥2 months prior)

### **Prior serious hypersensitivity to semaglutide or Wegovy components**

- Serious hypersensitivity reaction to semaglutide
- Anaphylaxis to Wegovy/semaglutide
- Angioedema due to semaglutide
- Severe allergic reaction to Wegovy/semaglutide

### **No Concurrent GLP-1 or GLP-1/GIP Use**

- The patient cannot be on any other medication that is a GLP-1 receptor agonist or GLP-1/GIP agonist, including combination products.

### **Liraglutide**

- Liraglutide
- Victoza
- Saxenda
- Xultophy

### **Lixisenatide**

- Lixisenatide
- Adlyxin

- Soliqua

### **Semaglutide (other than Wegovy)**

- Ozempic
- Rybelsus
- semaglutide

### **Tirzepatide (GLP-1/GIP dual agonist)**

- Tirzepatide
- Mounjaro
- Zepbound

### **Other GLP-1 RAs (legacy/rare)**

- Albiglutide
- Tanzeum

### **Pancreatitis**

- History of pancreatitis
- prior acute pancreatitis
- Chronic pancreatitis
- Pancreatitis while on GLP-1

### **Suicidality (label-based precaution)**

- History of suicide attempt(s)
- Active suicidal ideation or self-harm behavior documented
- Explicit charted instruction to avoid GLP-1 / weight-loss meds due to suicidality
- self-harm behavior

### **Severe GI motility disorder (label-based precaution)**

- Severe gastroparesis
- major gi motility disorder

### **Drug Conflicts (No concurrent GLP-1 / GLP-1-GIP use)**

- Dulaglutide
- Trulicity
- Exenatide
- Byetta
- Bydureon
- Bydureon BCise

### **Documentation Requirements**

- Document current or baseline BMI; height/weight calculations are acceptable.
- Include adult obesity diagnosis text when BMI is  $\geq 30 \text{ kg/m}^2$ .
- For BMI 27–29.9, include adult excess-weight diagnosis text plus at least one weight-related comorbidity from the accepted list.

### **Ambiguities (policy-directed handling)**

sleep apnea → MANUAL REVIEW (Must specify obstructive or OSA to qualify.)

thyroid cancer → MANUAL REVIEW (Only medullary thyroid carcinoma is hard exclusion.)

papillary thyroid carcinoma → MANUAL REVIEW

follicular thyroid carcinoma → MANUAL REVIEW

thyroid carcinoma → MANUAL REVIEW

malignant tumor of thyroid → MANUAL REVIEW

type 1 diabetes → CONSERVATIVE DENY (Not a qualifying weight-related comorbidity for Wegovy BMI criteria.)

prediabetes → MANUAL REVIEW

pre-diabetes → MANUAL REVIEW

borderline diabetes → MANUAL REVIEW

impaired fasting glucose → MANUAL REVIEW

borderline hypertension → MANUAL REVIEW

Elevated BP → MANUAL REVIEW

elevated blood pressure → MANUAL REVIEW

## Notes

- Height/weight that clearly calculate to the thresholds below count the same as explicit BMI.
- Diagnosis strings include BOTH free-text labels and structured problem-list / ICD-based text.
- Isolated Type 1 diabetes mellitus (T1DM/IDDM) is not counted as the weight-related comorbidity for Wegovy BMI criteria.
- Isolated "Type 1 diabetes mellitus", "T1DM", "IDDM" alone is NOT counted as the