

Learning Support:  
Successful Learning Series



**CodeClan**  
Bridging the digital skills gap

**Learning to Learn**

[www.codeclan.com](http://www.codeclan.com)



# Failure and Success\_



## Discuss...

What does the word failure mean?  
What does the word success mean?



## Think about...

What does failure mean to you?  
What does success mean to you?  
How do you become successful?

# Learning to Learn\_

## Focus for today:

- Understand what is meant by the term 'Growth Mindset'
- Be able to recognise the difference between a Fixed Mindset and a Growth Mindset
- Understand learning as a process and how to make the most of this process.

# **GROWTH MINDSET**

**WHAT IT IS | HOW IT WORKS**

**WHY IT MATTERS**

# GROWTH MINDSET

# KEY INGREDIENTS TO GROWTH

SKILLS ARE BUILT  
YOU CAN LEARN  
AND GROW

THE PROCESS  
GETTING BETTER

USEFUL - LEADS  
TO GROWTH

EMBRACE &  
PERSEVERE - FRAME  
AS AN OPPORTUNITY

USE THEM TO  
LEARN

APPRECIATE &  
USE IT

**BELIEFS**

**FOCUS**



SKILLS ARE BORN  
YOU CAN'T LEARN  
AND GROW

PERFORMANCE  
OUTCOMES  
NOT LOOKING BAD

NOT NECESSARY  
NOT USEFUL

BACK DOWN &  
AVOID - FRAME AS  
A THREAT

HATE THEM  
GET DISCOURAGED  
AVOID THEM

NOT HELPFUL  
GET DEFENSIVE  
TAKE IT PERSONAL

# FIXED MINDSET

## **Effort**

Part of active learning



## **Challenges**

Perseverance



**How can we practice a growth mindset? \_**

## **Mistakes**

Learning opportunities



## **Feedback**

Use it to improve





**Growth Mindset\_**

**“Difficulty just meant not yet”**

- Dr Carol Dweck

# Understanding the Process of Learning\_

- **Neuroplasticity:** The brain's ability to reorganize itself by forming new neural connections throughout life.
- Learning is a process - it is important to remember this
- There are things you can do to promote the efficiency of this process



## **‘Mrs Darwin’ by Carol Ann Duffy**

7 April 1852

Went to the zoo

I said to him -

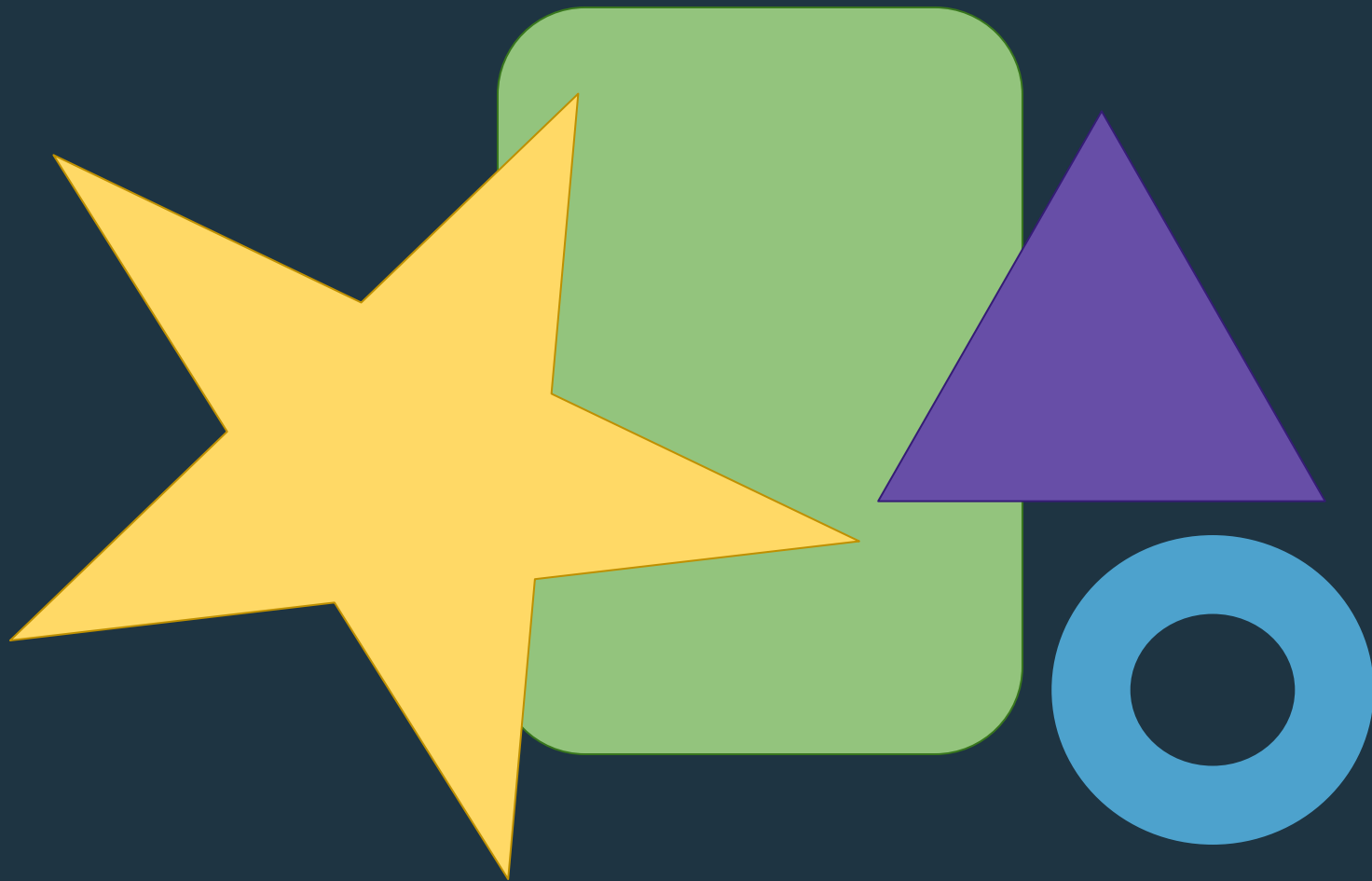
Something about that chimpanzee  
over there reminds me of you.

### **Remember: context is important to learning**

Contextualizing what you’re currently learning against what you’ve previously learned can be key to remembering new information.

## Draw what you hear\_

- Choose a navigator and a driver.
- Drivers face away from the board - no peeking!
- Navigators face the board and describe what you see.
- Drivers draw what you hear.
- Navigators must not look at the driver's drawing.



# Active Listening\_

People believe that they retain 50% of what they hear.

**Some studies show is actually 10% reducing to 1% after 24 hours.**

## **Active Listening Skills**

- Ask open-ended questions
- Request clarification
- Be attentive
- Summarize
- Paraphrase
- Be attuned to feelings
- Ask probing questions

## Celebrate Your Progress

- Take breaks
- Balance learning with other aspects of your life
- Celebrate your achievements



# Summary: Promoting Efficient Learning\_

- Practice a growth mindset  
(embrace effort, challenges, mistakes and feedback)
- Contextualize what you're currently learning
- Practice active listening skills
- Celebrate your progress

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# Learning Support: here to help\_

## Face to face

Monday Drop-in

## Slack

[Kat.kiernan](#) and [Maria B-W](#)

## Email

[learning.support@codeclan.com](mailto:learning.support@codeclan.com)



## Resources

### **Growth Mindset (video):**

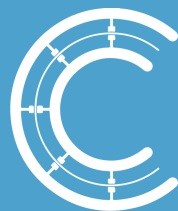
<https://www.youtube.com/watch?v=75GFzikmRY0>

### **Carol Dweck and Growth Mindset (video):**

<https://www.youtube.com/watch?v=hiiEeMN7vbQ>

### **25 Ways to Develop a Growth Mindset (article):**

[https://www.opencolleges.edu.au/informed/features/develop-a-growth-minds  
et/](https://www.opencolleges.edu.au/informed/features/develop-a-growth-mindset/)



Thanks\_