73. Supraclavicular nodes: ☐ Right ☐ Left ☐ Both ☐ Not palpable

    a. Number of nodes: _____   b. Size: _____

    c. Fixity: ☐ Yes ☐ No

_____

74. Contralateral breast: ☐ Normal ☐ Diffuse mastitis ☐ Localised mastitis

75. 2nd lesion/contra-lateral breast? _____

_____

_____

76. Edema of arm: ☐ Right ☐ Left ☐ Both ☐ Not present

77. Arm circumference: Right: _____ cm   Left: _____ cm

    Right arm: Distance from the elbow: _____ cm   Upper limb volume: _____ cc

    Left arm: Distance from the elbow: _____ cm   Upper limb volume: _____ cc

I.   **General Physical Examination:**

78. Pulse: _____/min   79. BP: ____/____ mm Hg   80. Respiratory rate: _____/min

81. CNS: _____

82. Cardiac: _____

83. Chest: _____

84. Abdomen: _____

J.   **Investigations:**

85. **Nipple cytology:** ☐ Done ☐ Not done   Date: _____   Number: _____

    Report and interpretation: ☐ Normal ☐ Suspicious ☐ Diagnostic for cancer

_____

86. **Mammography:**   Diagnosis at: ☐ PCCM ☐ Outside

    a. Is this the first mammography? ☐ Yes ☐ No

    b. Number of mammographys undergone: _____

    c. Last mammography done (date): _____

    d. Report of previous mammography: _____

_____

    Mammography findings: ☐ Done ☐ Not done   Date: _____   Number: _____

    a. Location of lesion: ☐ Right ☐ Left ☐ Both

        ☐ UOQ ☐ UIQ ☐ LIQ ☐ LOQ ☐ CQ

    b. Shape: ☐ Oval ☐ Round ☐ Irregular

    c. Size: ☐ <2cm ☐ 2-5 cm ☐ >5cm

    d. Margins: ☐ Circumscribed ☐ Obscured ☐ Indistinct ☐ Spiculated

    e. Density: ☐ High density ☐ Equal density ☐ Low density ☐ Fat-containing

    f. Calcifications:

        i. *Typically benign* ☐ Skin ☐ Vascular

        ☐ Coarse or popcorn like ☐ Large rod like ☐ Round ☐ Rim ☐ Dystrophic