

Unique ID:

Date:

73. Supraclavicular nodes: ☐ Right ☐ Left ☐ Both ☐ Not palpable

a. Number of nodes: _____ b. Size: _____

c. Fixity: ☐ Yes ☐ No

74. Contralateral breast: ☐ Normal ☐ Diffuse mastitis ☐ Localised mastitis

75. 2nd lesion/contra-lateral breast? _____

76. Edema of arm: ☐ Right ☐ Left ☐ Both ☐ Not present

77. Arm circumference: Right: _____ cm Left: _____ cm

Right arm: Distance from the elbow: _____ cm Upper limb volume: _____ cc

Left arm: Distance from the elbow: _____ cm Upper limb volume: _____ cc

I. General Physical Examination:

78. Pulse: _____/min 79. BP: _____/_____ mm Hg 80. Respiratory rate: _____/min

81. CNS: _____

82. Cardiac: _____

83. Chest: _____

84. Abdomen: _____

J. Investigations:

85. Nipple cytology: ☐ Done ☐ Not done Date: _____ Number: _____

Report and interpretation: ☐ Normal ☐ Suspicious ☐ Diagnostic for cancer

86. Mammography: Diagnosis at: ☐ PCCM ☐ Outside

a. Is this the first mammography? ☐ Yes ☐ No

b. Number of mammographys undergone: _____

c. Last mammography done (date): _____

d. Report of previous mammography: _____

Mammography findings: ☐ Done ☐ Not done Date: _____ Number: _____

a. Location of lesion: ☐ Right ☐ Left ☐ Both

☐ UOQ ☐ UIQ ☐ LIQ ☐ LOQ ☐ CQ Position: _____ o clock

b. Shape: ☐ Oval ☐ Round ☐ Irregular

c. Size: ☐ <2cm ☐ 2-5 cm ☐ >5cm

d. Margins: ☐ Circumscribed ☐ Obscured ☐ Indistinct ☐ Spiculated

e. Density: ☐ High density ☐ Equal density ☐ Low density ☐ Fat-containing

f. Calcifications:

i. Typically benign ☐ Skin ☐ Vascular

☐ Coarse or popcorn like ☐ Large rod like ☐ Round ☐ Rim ☐ Dystrophic