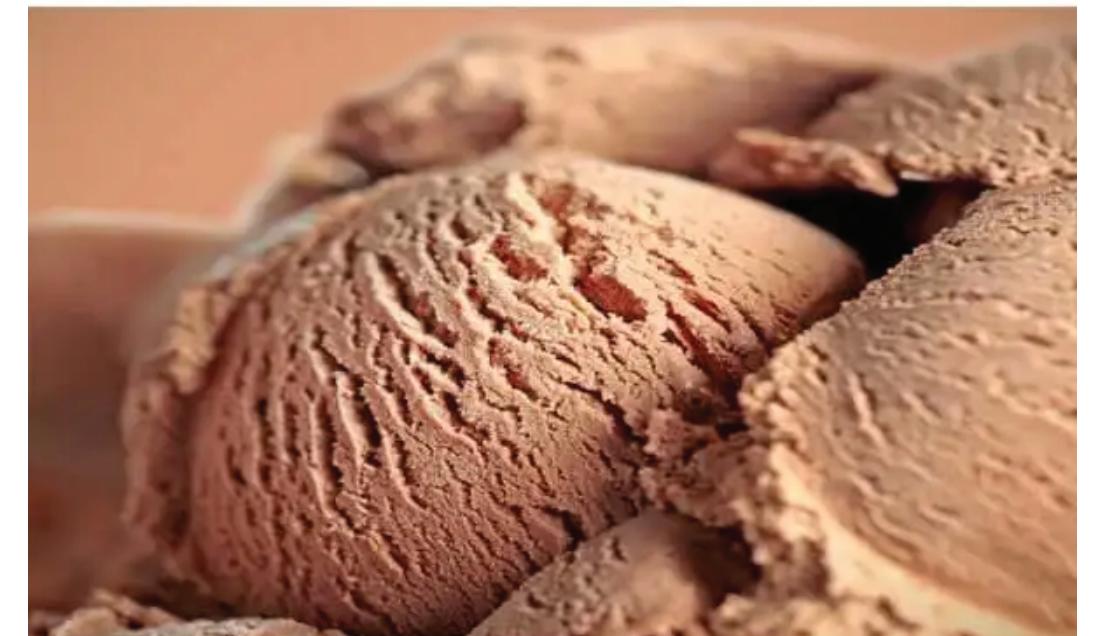




Ice Cream Maker Paleo CHOCOLATE ICE CREAM

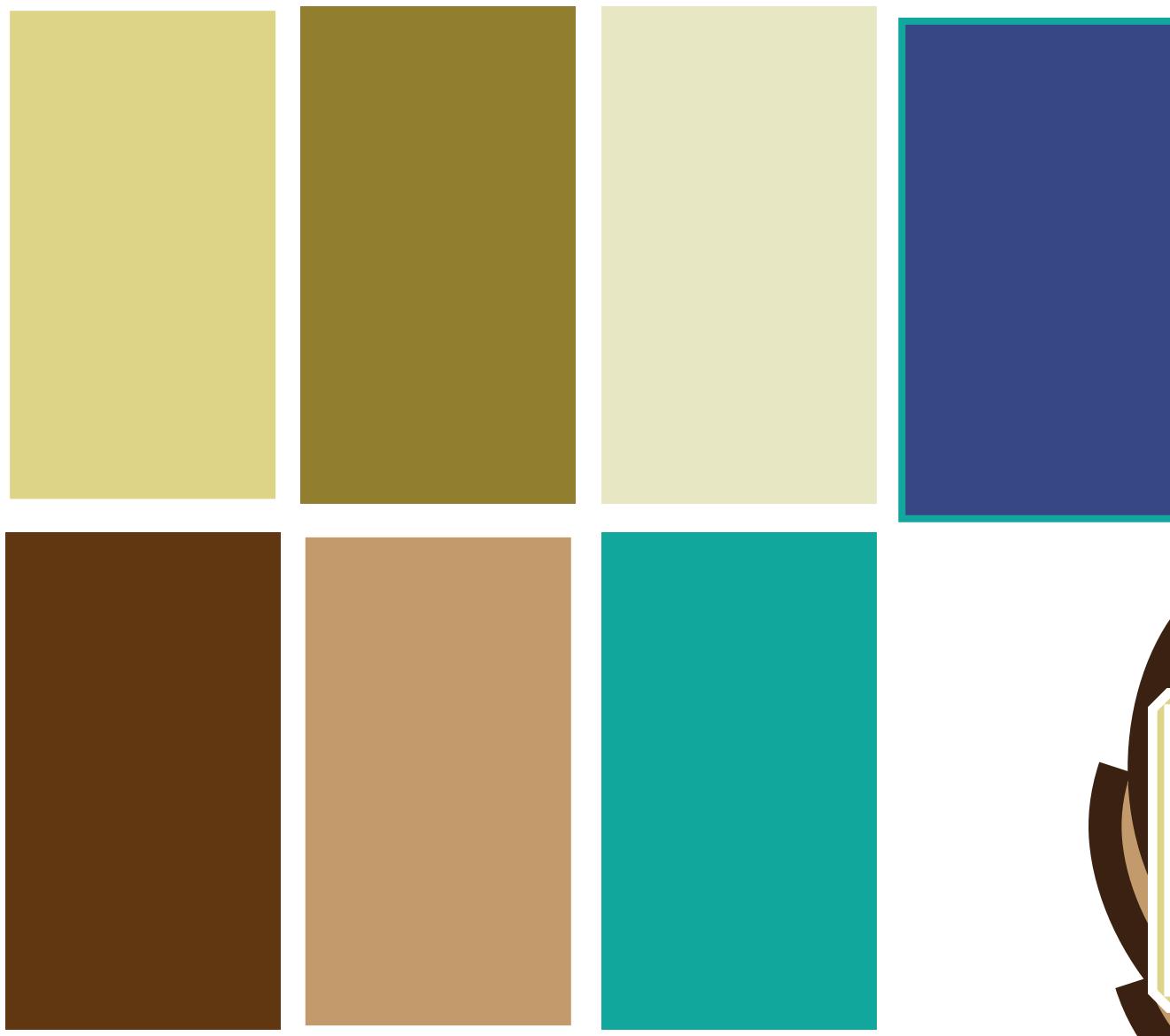


INGREDIENTS:

- * 3 Egg Whites
- * 3Tbsp Cocoa Powder
- * 2 Cans Coconut Milk
- * 1Tbsp Maple Syrup
- * 1Tbsp Honey

GET THE RECIPE AT RECIPETHIS.COM





Made with real ingredients

Made in Boulder County,
Colorado

1 pint (16 OZ)

Keep frozen

Certified Organic by Organic Certifiers

SantElla Script



*Vanilla
Mint Chip
Chocolate*

Ingredients: Milk,
Cream, Golf Balls,
Sugar, Tara Gum,
Video Games, Whey
Protein, Headphones,
Vanilla Bean Seeds

Allergen Alert:
Contains Milk, Wheat.
Product is Manufactured in a Facility That
Uses Eggs, Tree Nuts,
and Peanuts.



Nutrition Facts

Serving Size	1/2 cup
Amount Per Serving	
Calories	145
% Daily Values*	
Total Fat 7.92g	10%
Saturated Fat 4.889g	24%
Trans Fat -	
Polyunsaturated Fat 0.325g	
Monounsaturated Fat 2.138g	
Cholesterol 32mg	11%
Sodium 58mg	3%
Total Carbohydrate 16.99g	6%
Dietary Fiber 0.5g	2%
Sugars 15.28g	
Protein 2.52g	
Vitamin D 1mcg	3%
Calcium 92mg	7%
Iron 0.06mg	0%
Potassium 143mg	3%
Vitamin A 85mcg	9%
Vitamin C 0.4mg	0%

* The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.



ICE
Swierl's
CREAM

Vanilla

Ingredients: Milk, Cream, Golf Balls, Sugar, Tara Gum, Video Games, Whey Protein, Headphones, Vanilla Bean Seeds, Natural flavors

Allergen Alert: Contains Milk, Wheat. Product is Manufactured in a Facility That Uses Eggs, Tree Nuts, and Peanuts.


9 421023 610112

Certified Organic by
Organic Certifiers 

Made in and Distributed in
Boulder County

1 pint (16 OZ)
Keep frozen

Nutrition Facts

Serving Size	1/2 cup
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% Daily Values*	
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Total Carbohydrate	16.99g 6%
Dietary Fiber	0.5g 2%
Sugars	15.28g
Protein	2.52g
Vitamin D	1mcg 3%
Calcium	92mg 7%
Iron	0.06mg 0%
Potassium	143mg 3%
Vitamin A	85mcg 9%
Vitamin C	0.4mg 0%

* The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.



