

# WHAT ARE YOUR STRENGTHS AND WEAKNESSES?



# THIS IS WHAT I WILL COVER

- Why the interviewer is asking you this question!
- How to structure your answer quickly to gain the **HIGHEST SCORES** possible!
- 3 *brilliant* example answers to help you!
- **A FULL MOCK INTERVIEW** to teach you how to pass your job interview!

# **“What Are Your Strengths and Weaknesses?”**

**(3 Example Answers)**

**#1. Regular Job Interviews.**

**#2. Freshers and those with zero experience.**

**#3. Manager and Team Leader interviews.**

**Why is the interviewer asking  
you the question...**

# **“What Are Your Strengths and Weaknesses?”**





# Why is the interviewer asking you this question!

- ✓ They want to assess whether you have **similar strengths** to those included in the job description!

# Why is the interviewer asking you this question!

✓ They want to hear about your

**“I am a perfectionist!”**

❑ Do you have any:

❑ Are you honest about them?

# **How to structure your answer to the interview question...**

**“What are your strengths  
and weaknesses?”**



# HOW TO STRUCTURE YOUR ANSWER...

#1

Give three or four strengths that are a match for the job you are applying for.

#2

Give one weakness that is not a match for the job you are applying for.

#3

Give brief details about how you are taking steps to improve on your weakness.

# **“What Are Your Strengths and Weaknesses?”**

**(3 Example Answers)**

- #1.** Regular Job Interview role.
- #2.** Freshers and those with zero experience.
- #3.** Manager and Team Leader roles.

**“What Are Your  
Strengths and  
Weaknesses?”**

**ANSWER OPTION #1**

**(Regular Job Interview role)**

## **“What Are Your Strengths and Weaknesses?” [REGULAR JOB INTERVIEW]**

**“My strengths include the fact I am disciplined; I am a loyal and trustworthy employee, and I will come into your organization and quickly add value through my knowledge and experience.**

I am disciplined because I focus intently on the tasks I need to complete, and I plan to make sure they are always done to a high standard.

**I am loyal and trustworthy, and I will take great pride representing your business when dealing with customers or clients.**

Over the years I have gained lots of experience in this industry, so you have the peace of mind you will get a good return on your investment.

**In respect of my weakness, this is the fact I find it difficult asking other people for help. I want to learn my own way, but of course I realize there is lots of talent within a team, and I need to start asking other people for guidance whenever I am unsure.**

Having said that, I am the type of person who is always open to improvement. I am conscious of this weakness and I am taking positive steps to change by being more mindful when this type of situation arises.”

**“What Are Your Strengths and Weaknesses?”**

**ANSWER OPTION #2**

**(Freshers and Zero Work Experience)**

## **“What Are Your Strengths and Weaknesses?” [FRESHERS / NO EXPERIENCE]**

**“My strengths include the fact I am a very fast learner, I am enthusiastic and hungry to learn, and I am great whilst dealing with people.**

Being a fast learner means you have the assurance that I will come into the team and learn the role quickly. You won't have to spend your valuable time training me up for weeks on end or endlessly supervising me.

**My enthusiasm and hunger to learn means I will always be self-motivated in the role. We spend a lot of time at work, and I want to do something worthwhile in my career and make progress year on year.**

Being someone who is good with people, I feel I can bring positivity to the team and I will be a great role model whilst representing the company brand.

**Undoubtedly, my weakness is the fact I am a work in progress. I have little work experience, but I am aware of that and by hiring me you will be getting someone who has no pre-conceived ideas or opinions, so you can develop me into the perfect, high-performing employee.”**

**“What Are Your  
Strengths and  
Weaknesses?”**

**ANSWER OPTION #3**

**(Manager and Team Leader roles)**



## **“What Are Your Strengths and Weaknesses?” [MANAGER & TEAM LEADER]**

**“My strengths include my leadership capabilities, my decisive decision making and problem-solving skills, and my ability to get the most out of a team.**

**I am strong leader who will take responsibility for everything within my remit. I am not afraid to make tough decisions and I will act quickly if there are problems to ensure the business continues to operate smoothly.**

**I am a good motivator which means everyone in my team will receive a performance review and I will help and guide them to achieve their full potential.**

**My weakness is the fact I used to **have a tendency to want to be liked by everyone**. Of course, I have realized that in order to be a great manager it's not possible to be liked all the time.**

**That is why whenever I come into a new team now, I will set the bar high, and I will let everyone know what is expected of them before detailing my vision for the team or the department.”**